



WEEK 30 Sunday, 19 July 2026 Saturday, 25 July 2026

| Date       | Start Time | Genre           | Title                                   |
|------------|------------|-----------------|-----------------------------------------|
| 19/07/2026 | 500        | News - Overseas | Al Jazeera News Hour                    |
| 19/07/2026 | 600        | News - Overseas | TRT World News                          |
| 19/07/2026 | 630        | News - Overseas | France 24 Africa News                   |
| 19/07/2026 | 650        | News - Overseas | France 24 Feature                       |
| 19/07/2026 | 700        | Cycling         | Tour de France 2026 AM Highlights       |
| 19/07/2026 | 800        | News - Overseas | FBC News Fiji                           |
| 19/07/2026 | 830        | News - Overseas | Euronews                                |
| 19/07/2026 | 840        | News - Overseas | DW Global Us                            |
| 19/07/2026 | 910        | News - Overseas | CBC The National                        |
| 19/07/2026 | 1000       | News - Overseas | PBS News Horizons                       |
| 19/07/2026 | 1030       | News - Overseas | France 24 English News                  |
| 19/07/2026 | 1050       | Motorsport      | Superbike World Championship 2026       |
| 19/07/2026 | 1150       | Cycling         | UCI BMX Racing World Championships 2026 |
| 19/07/2026 | 1400       | Cycling         | Tour de France 2026 PM Highlights       |
| 19/07/2026 | 1500       | Cycling         | Tour de France 2026 AM Highlights       |

EASTERN MARKETS (NSW, ACT, VIC, TAS)

| Episode Title                   | Series | Episode | TV Guide Text                                                                                                                                                                                                                                                                         | Country of Origin | Language    | Year | Repeat | Classification | Consumer Advice | Closed Captions | Subtitles | Audio Description |
|---------------------------------|--------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------|------|--------|----------------|-----------------|-----------------|-----------|-------------------|
| Al Jazeera News Hour            |        | 0       | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                      | QATAR             | English-100 | 2024 |        | NC             |                 |                 |           |                   |
| TRT World News                  | 2026   | 0       | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                                                  | TURKEY            | English-100 | 2026 |        | NC             |                 |                 |           |                   |
| France 24 Africa News           | 2025   | 0       | Join France24's Georgi Calvin-Smith for a round up of the week's cultural and current affairs stories from across the African continent. Delivered via satellite from Paris, in English, no subtitles. Watch on SBS VICELAND at 06:30am every Sunday, also available on SBS OnDemand. | FRANCE            | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| France 24 Feature First Edition | 2025   | 0       | News feature in English from France 24, Paris.                                                                                                                                                                                                                                        | FRANCE            | English-100 | 2025 |        | NC             |                 |                 | Y         |                   |
| Stage 14                        | 2026   | 14      | Daily highlights from Stage 14 of the 2026 Tour de France, as the peloton takes on a 155 km route starting in Mulhouse and finishing in Le Markstein Fellingering.                                                                                                                    | FRANCE            |             | 2026 |        | NC             |                 |                 | Y         |                   |
| FBC News Fiji                   | 2026   | 0       | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                       | FJI               | English-100 | 2026 |        | NC             |                 |                 |           |                   |
| Euronews                        | 0      | 0       | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                   | BELGIUM           | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| DW Global Us                    | 2025   | 0       | Deutsche Welle's news magazine looks at the issues that are moving us today and shows how people are living with the opportunities and risks of globalisation.                                                                                                                        | GERMANY           | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| Cbc The National                | 2026   | 0       | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                           | CANADA            | English-100 | 2026 |        | NC             |                 |                 |           |                   |
| PBS News Horizons               | 2026   | 0       | Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham.                                                                                                                                   | USA               | English-100 | 2026 |        | NC             |                 |                 | Y         |                   |
| France 24 Eng. 1000 Viceland    | 0      | 0       | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                              | FRANCE            | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| Round 8, Prosecco Doc UK Round  | 2026   | 9       | The World Superbike Championship returns to the UK and the historic Donnington Park circuit in Derby for Round 8 of the season.                                                                                                                                                       |                   |             | 2026 |        | NC             |                 |                 | Y         |                   |
| Day 2                           | 2026   | 2       | All the action from Day 2 of the 2026 UCI BMX Racing World Championships from Brisbane, Queensland.                                                                                                                                                                                   | AUSTRALIA         |             | 2026 | LIVE   |                |                 |                 |           |                   |
| Stage 13                        | 2026   | 13      | Evening highlights from Stage 13 of the 2026 Tour de France, as the peloton takes on a 205 km route starting in Dole and finishing in Belfort.                                                                                                                                        | FRANCE            |             | 2026 | RPT    | NC             |                 |                 | Y         |                   |
| Stage 14                        | 2026   | 14      | Daily highlights from Stage 14 of the 2026 Tour de France, as the peloton takes on a 155 km route starting in Mulhouse and finishing in Le Markstein Fellingering.                                                                                                                    | FRANCE            |             | 2026 | RPT    | NC             |                 |                 | Y         |                   |

|            |      |                      |                                       |                                                   |      |     |                                                                                                                                                                                                                                                                                                      |                |             |      |     |    |       |  |   |   |   |   |
|------------|------|----------------------|---------------------------------------|---------------------------------------------------|------|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-------|--|---|---|---|---|
| 19/07/2026 | 1600 | Nature & Environment | Bamay                                 | Larrakia & Wulwulam Country                       | 2    | 12  | A slow TV showcase of the stunning landscapes found in Larrakia and Wulwulam Country.                                                                                                                                                                                                                | AUSTRALIA      | English-100 | 2020 | RPT | G  |       |  |   |   |   |   |
| 19/07/2026 | 1620 | News - Overseas      | France 24 International News          | France 24 International News                      | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                             | FRANCE         | English-100 | 2024 |     | NC |       |  |   |   |   |   |
| 19/07/2026 | 1650 | News - Overseas      | PBS Washington Week With The Atlantic | PBS Washington Week With The Atlantic             | 0    | 0   | PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic. | USA            | English-100 | 2023 |     | NC |       |  |   |   | Y |   |
| 19/07/2026 | 1715 | News - Overseas      | PBS News Compass Points               | PBS News Compass Points                           | 2026 | 0   | Join PBS News Hour's Nick Schiffrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.                                            | USA            | English-100 | 2026 |     | NC |       |  |   |   | Y |   |
| 19/07/2026 | 1745 | Culture & Society    | The Food That Built The World         | Colonel, The                                      | 5    | 10  | It's 1935 and a hot-headed Kentucky gas station owner named Harland Sanders develops a new method for making fried chicken, drawing customers from far and wide. Soon, tough times force him to take his secret recipe on the road, as he works to establish franchises across the country.          | USA            | English-100 | 2023 | RPT | PG | a l v |  |   |   |   |   |
| 19/07/2026 | 1835 | History              | Abandoned Engineering                 | Myth & Legend                                     | 10   | 7   | A castle-like ruin in full view of Manhattan; vestiges of a national transformation; and a picturesque bay that hides a vast mountain complex. Each haunted shell ready to tell its own story.                                                                                                       | UNITED KINGDOM | English-100 | 2023 | RPT | PG | a v   |  |   | Y |   | Y |
| 19/07/2026 | 1930 | History              | Abandoned Engineering                 | Heif's Waiting Room                               | 12   | 6   | In Memphis, a building intended to protect, corrupted by its chief.                                                                                                                                                                                                                                  | USA            | English-100 | 2024 |     | PG | a v   |  |   | Y |   |   |
| 19/07/2026 | 2030 | Variety              | Cup Fever!                            | Day 33. Sunday July 19                            | 1    | 33  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Clauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                                                                   | AUSTRALIA      | English-100 | 2026 |     | M  |       |  |   | Y |   |   |
| 19/07/2026 | 2100 | Thriller             | The Expanse                           | Static                                            | 2    | 3   | Holden and Miller butt heads about how the raid was handled.                                                                                                                                                                                                                                         | CANADA         | English-100 | 2017 |     | MA | a v   |  | Y |   |   | Y |
| 19/07/2026 | 2155 | Thriller             | The Expanse                           | Godspeed                                          | 2    | 4   | To stop the protomolecule, Miller proposes stealing the Nauvoo and targeting Eros. Holden, Fred and the Rocinante crew reluctantly agree as Avasarala uncovers the truth.                                                                                                                            | CANADA         | English-100 | 2017 |     | M  | a l s |  | Y |   |   | Y |
| 19/07/2026 | 2250 | Culture & Society    | Lee Lin Chin's Fashionista            | Stylist, The                                      | 2    | 4   | This ten-minute fashion newflash tells what's cutting edge in the world of Australian fashion. With SBS TV's iconic fashion guru, Lee Lin Chin.                                                                                                                                                      | AUSTRALIA      | English-100 | 2004 | RPT | PG |       |  | Y |   |   |   |
| 19/07/2026 | 2300 | Football             | FIFA World Cup 2026                   | FIFA World Cup 2026: 3rd Place Playoff: Match 103 | 2026 | 103 | All the action from the FIFA World Cup 2026 Third place play-off match between TBC and TBC at Miami Stadium.                                                                                                                                                                                         | USA            | English-100 | 2026 | RPT | NC |       |  | Y |   |   |   |
| 19/07/2026 | 2600 | News - Overseas      | NHK World English News                | NHK World English News                            | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                        | JAPAN          | English-100 | 2026 |     | NC |       |  |   |   |   |   |
| 20/07/2026 | 500  | News - Overseas      | Al Jazeera News Hour                  | Al Jazeera News Hour                              |      | 0   | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                     | QATAR          | English-100 | 2024 |     | NC |       |  |   |   |   |   |

|            |      |                   |                                      |                                              |      |    |                                                                                                                                                                                                                                                                              |                |             |      |     |    |       |   |
|------------|------|-------------------|--------------------------------------|----------------------------------------------|------|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-------|---|
| 20/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                               | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Türkiye, in English.                                                                                                                                                                                         | TURKEY         | English-100 | 2026 |     | NC |       |   |
| 20/07/2026 | 630  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition              | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                                               | FRANCE         | English-100 | 2025 |     | NC |       | Y |
| 20/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature Second Edition             | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                                               | FRANCE         | English-100 | 2025 |     | NC |       |   |
| 20/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 15                                     | 2026 | 15 | Daily highlights from Stage 15 of the 2026 Tour de France, as the peloton takes on a 184 km route starting in Champagnole and finishing in Plateau de Solaison.                                                                                                              | FRANCE         |             | 2026 |     | NC |       | Y |
| 20/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                                | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                              | FJI            | English-100 | 2026 |     | NC |       |   |
| 20/07/2026 | 815  | News - Overseas   | Euronews                             | Euronews                                     | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                          | BELGIUM        | English-100 | 2025 |     | NC |       |   |
| 20/07/2026 | 835  | News - Overseas   | DW English News                      | DW English News Morning                      | 2025 | 0  | News and analysis of the top international and European news and current affairs from Berlin, in English.                                                                                                                                                                    | GERMANY        | English-100 | 2025 |     | NC |       | Y |
| 20/07/2026 | 905  | News - Overseas   | DW Euromaxx                          | DW Euromaxx 2025                             | 2025 | 0  | Magazine programs Euromaxx, Sports Life and other features as broadcast by DW News in Berlin, Germany.                                                                                                                                                                       | GERMANY        | English-100 | 2025 |     | NC |       |   |
| 20/07/2026 | 955  | News - Overseas   | PBS News Horizons                    | PBS News Horizons                            | 2026 | 0  | Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham.                                                                                                                          | USA            | English-100 | 2026 |     | NC |       | Y |
| 20/07/2026 | 1025 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland                 | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                     | FRANCE         | English-100 | 2025 |     | NC |       |   |
| 20/07/2026 | 1055 | Documentary       | Beautiful Game Changers              | Ted Nguyen: Building Belonging               | 1    | 2  | Ted Nguyen came to Australia as a refugee and helped build Westnam United in Perth, growing it from a football club into a community hub for migrants, refugees and families.                                                                                                | AUSTRALIA      | English-100 | 2026 | RPT | G  |       | Y |
| 20/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 33                                  | 2026 | 33 | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                     | USA            | English-100 | 2026 | RPT | NC |       | Y |
| 20/07/2026 | 1130 | Culture & Society | Front Up 2000                        | Front Up 2000 Series 7 Ep 11                 | 7    | 11 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Philip Georgiadis, Nicky Georgiadis, Damien Gunby, Yvonne Gunby, Emmanuel Efsthathiou, Sarina Efsthathiou, Andrew Thompson, and Tina Thompson. | AUSTRALIA      | English-100 | 1999 | RPT | PG |       |   |
| 20/07/2026 | 1200 | News - Overseas   | France 24 English News               | France 24 English News Morning First Edition | 2025 | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                     | FRANCE         | English-100 | 2025 |     | NC |       | Y |
| 20/07/2026 | 1230 | Animation         | Ten Year Old Tom                     | Skipping School; Cooking The Books           | 1    | 7  | Tom, Nelson and Dakota skip school in search of some old-fashioned fun. Tom finds himself ill-prepared for the job when he's elected class treasurer and purchases a gelato stand with illicit funds.                                                                        | UNITED KINGDOM | English-100 | 2021 | RPT | M  | a l s | Y |
| 20/07/2026 | 1300 | Sport General     | Inside The Huddle                    | Inside The Huddle Ep 19                      | 2026 | 19 | What is it like to be a footballer? Candid conversations, laughs, and insights that go beyond the game and into the outer.                                                                                                                                                   | AUSTRALIA      | English-100 | 2026 | RPT | NC |       |   |
| 20/07/2026 | 1330 | Sport General     | Over The Black Dot                   | Over The Black Dot 2026 Ep 20                | 2026 | 20 | In 2026, Over the Black Dot becomes a digital-first Rugby League yarn free-flowing conversations on footy, culture and community, with panellists and guests sharing authentic Indigenous stories.                                                                           | AUSTRALIA      | English-100 | 2026 | RPT | NC |       |   |
| 20/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights    | Stage 14                                     | 2026 | 14 | Evening highlights from Stage 14 of the 2026 Tour de France, as the peloton takes on a 155 km route starting in Mulhouse and finishing in Le Markstein Fellingring.                                                                                                          | FRANCE         |             | 2026 | RPT | NC |       | Y |
| 20/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights    | Stage 15                                     | 2026 | 15 | Daily highlights from Stage 15 of the 2026 Tour de France, as the peloton takes on a 184 km route starting in Champagnole and finishing in Plateau de Solaison.                                                                                                              | FRANCE         |             | 2026 | RPT | NC |       | Y |

|            |      |                   |                                    |                                               |      |     |                                                                                                                                                                                                                                                                                                                      |                |             |      |     |    |       |   |   |
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| 20/07/2026 | 1600 | Culture & Society | Lee Lin Chin's Fashionista         | Donna-May B.                                  | 2    | 1   | Donna-May Bollinger has attempted to move beyond designing shoes, to incorporate a feminist history in her work, in this case, the biography of an early 20th century circus artiste. With SBS TV's iconic fashion guru, Lee Lin Chin.                                                                               | AUSTRALIA      | English-100 | 2004 | RPT | G  |       | Y |   |
| 20/07/2026 | 1610 | News - Overseas   | BBC News At Ten                    | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                               | UNITED KINGDOM | English-100 | 2026 |     | NC |       | Y |   |
| 20/07/2026 | 1640 | News - Overseas   | France 24 International News       | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                             | FRANCE         | English-100 | 2024 |     | NC |       |   |   |
| 20/07/2026 | 1710 | News - Overseas   | PBS News Compass Points            | PBS News Compass Points                       | 2026 | 0   | Join PBS News Hour's Nick Schifrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.                                                             | USA            | English-100 | 2026 |     | NC |       | Y |   |
| 20/07/2026 | 1740 | News - Overseas   | Al Jazeera News Viceland Afternoon | Al Jazeera News Viceland Afternoon            | 0    | 0   | News via satellite from Al Jazeera Satellite Network, Qatar, in English.                                                                                                                                                                                                                                             | QATAR          | English-100 | 2025 |     | NC |       |   |   |
| 20/07/2026 | 1810 | Archaeology       | Mysteries From Above               | Mysteries Of The Misplaced                    | 3    | 3   | The view from above reveals; a perplexing pyramid in the Netherlands with a connection to Europe's most infamous Emperor; an enormous metallic sphere in the Russian wilderness; a gigantic likeness of a lion etched in the English countryside; and an unexplained 'swath' cut deep into a remote Austrian forest. | CANADA         | English-100 | 2024 | RPT | PG |       |   |   |
| 20/07/2026 | 1905 | Quiz              | Jeopardy!                          | Jeopardy Series 41 Ep 181                     | 41   | 181 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                | USA            | English-100 | 2024 | RPT | G  |       | Y |   |
| 20/07/2026 | 1930 | News - Domestic   | NITV News Update                   | NITV News Update 2026 Viceland Version Ep 131 | 2026 | 131 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                           | AUSTRALIA      | English-100 | 2026 |     | NC |       |   |   |
| 20/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown    | 8 Out Of 10 Cats Does Countdown Series 8 Ep 2 | 8    | 2   | It's Letters and Numbers with a whole bunch of comedians. Hosted by Jimmy Carr, Rachel Riley and Susie Dent. Featuring special guests Danny Dyer, Joe Wilkinson and Bill Bailey.                                                                                                                                     | UNITED KINGDOM | English-100 | 2016 | RPT | M  | I     | Y |   |
| 20/07/2026 | 2030 | Culture & Society | Sports Gone Wrong                  | Fan Interference                              | 1    | 4   | A pumped-up crowd can act like an extra player on the field. But there's a line they're not supposed to cross - literally - and these fans just couldn't help themselves.                                                                                                                                            | USA            | English-100 | 2025 |     | M  | a l n | Y |   |
| 20/07/2026 | 2100 | Thriller          | The Expanse                        | Home                                          | 2    | 5   | As an asteroid hurtles towards Earth, the Rocinante races against time to stop it. Avastara learns Holden is alive and the ship may be Earth's only hope.                                                                                                                                                            | CANADA         | English-100 | 2017 |     | M  | a l   | Y | Y |
| 20/07/2026 | 2155 | Thriller          | The Expanse                        | Paradigm Shift                                | 2    | 6   | Earth and Mars search for answers in the aftermath of the asteroid collision.                                                                                                                                                                                                                                        | CANADA         | English-100 | 2017 |     | MA | v     | Y | Y |
| 20/07/2026 | 2250 | Culture & Society | Lee Lin Chin's Fashionista         | Jason Chetcuti                                | 2    | 2   | Lee Lin Chin talks to Jason Chetcuti about his work on denim as a wearable canvas. Jason speaks about his influences from rock culture to big stars, and his technique. With the participation of Aunty Dee Dee.                                                                                                     | AUSTRALIA      | English-100 | 2004 | RPT | G  |       | Y |   |
| 20/07/2026 | 2300 | Football          | FIFA World Cup 2026                | FIFA World Cup 2026: Final: Match 104         | 2026 | 104 | All the action from the FIFA World Cup 2026 Final between TBC and TBC at New York New Jersey Stadium.                                                                                                                                                                                                                | USA            | English-100 | 2026 | RPT | NC |       | Y |   |
| 20/07/2026 | 2500 | News - Overseas   | NHK World English News             | NHK World English News                        | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                        | JAPAN          | English-100 | 2026 |     | NC |       |   |   |
| 21/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour               | Al Jazeera News Hour                          |      | 0   | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                     | QATAR          | English-100 | 2024 |     | NC |       |   |   |

|            |      |                   |                                      |                                          |      |    |                                                                                                                                                                                                                                                                                                                                                                                            |                |             |      |     |    |     |   |   |
|------------|------|-------------------|--------------------------------------|------------------------------------------|------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-----|---|---|
| 21/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                           | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkey, in English.                                                                                                                                                                                                                                                                                                        | TURKEY         | English-100 | 2026 |     | NC |     |   |   |
| 21/07/2026 | 650  | News - Overseas   | Indian Country Today News            | Indian Country Today News                | 0    | 0  | Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.                                                                                                                                                                                                                                                         | USA            | English-100 | 2026 |     | NC |     |   |   |
| 21/07/2026 | 720  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                            | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                                            | FJI            | English-100 | 2026 |     | NC |     |   |   |
| 21/07/2026 | 750  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition          | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                                             | FRANCE         | English-100 | 2025 |     | NC |     | Y |   |
| 21/07/2026 | 800  | News - Overseas   | Euronews                             | Euronews                                 | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                                        | BELGIUM        | English-100 | 2025 |     | NC |     | Y |   |
| 21/07/2026 | 810  | News - Overseas   | NHK Newsline                         | NHK Newsline Viceland                    | 0    | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                                                                                                                                               | JAPAN          | English-100 | 2026 |     | NC |     |   |   |
| 21/07/2026 | 840  | News - Overseas   | CBC The National                     | Cbc The National                         | 2026 | 0  | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                                                                | CANADA         | English-100 | 2026 |     | NC |     |   |   |
| 21/07/2026 | 930  | News - Overseas   | BBC News At Six                      | BBC News At Six                          | 2026 | 0  | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                     | UNITED KINGDOM | English-100 | 2026 |     | NC |     | Y |   |
| 21/07/2026 | 1000 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland             | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                   | FRANCE         | English-100 | 2025 |     | NC |     |   |   |
| 21/07/2026 | 1030 | Culture & Society | Front Up 2000                        | Front Up 2000 Series 7 Ep 12             | 7    | 12 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Sylvana Iacono, Paul Keller, Alex Hackett and Shaaron Hackett.                                                                                                                                                                                               | AUSTRALIA      | English-100 | 1999 | RPT | PG |     |   |   |
| 21/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 34                              | 2026 | 34 | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                                                                                                                                   | USA            | English-100 | 2026 | RPT | NC |     | Y |   |
| 21/07/2026 | 1130 | Culture & Society | Front Up 2000                        | Front Up 2000 Series 7 Ep 13             | 7    | 13 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Brian Wigley, Jill Matejan and Team Henderson.                                                                                                                                                                                                               | AUSTRALIA      | English-100 | 1999 | RPT | PG |     |   |   |
| 21/07/2026 | 1200 | News - Overseas   | DW The Day                           | DW The Day 2025                          | 0    | 0  | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                                                                                                                                                   | GERMANY        | English-100 | 2025 |     | NC |     |   |   |
| 21/07/2026 | 1230 | Crime             | Homicide: Life On The Street         | Self Defence                             | 7    | 18 | A member of Baltimore's affluent community is shot several times sending Falsone and Sivers to an unfamiliar neighbourhood, the "wealthy" part of town. The detectives quickly learn who the suspect is, but find that the difficult part isn't closing the case, but appeasing the political players involved.                                                                            | USA            | English-100 | 1998 | RPT | M  | a v | Y |   |
| 21/07/2026 | 1325 | Crime             | Homicide: Life On The Street         | Identity Crisis                          | 7    | 19 | When detectives Falsone and Lewis begin investigating the murder of a neighbourhood's "habitué barbeque", they soon find themselves on a door-to-door search for the killer. This time, Falsone's knowledge of the Italian culture may be the link that leads them to the suspect. Ballard and Gharty investigate a robbery that leaves only a victim and a trail of high-heel footprints. | USA            | English-100 | 1998 | RPT | M  | a v | Y |   |
| 21/07/2026 | 1420 | Culture & Society | Where Are You Really From?           | Where Are You Really From? Series 1 Ep 1 | 1    | 1  | Chinese people migrated to regional Victoria in the late 1800s in search of gold. Instead they often found persecution and violence. Today, Bendigo is a city of contrasts.                                                                                                                                                                                                                | AUSTRALIA      | English-100 | 2018 | RPT | PG |     | Y | Y |
| 21/07/2026 | 1450 | Cooking           | Food Lovers' Guide To Australia      | Food Lovers Guide To Australia Series 1  | 1    | 10 | Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode: diving for abalone; a shop that imports goods from overseas; a visit to Maggie Beer in SA; and a Samoan feast in Sydney.                                                                                                                                                            | AUSTRALIA      | English-100 | 1996 | RPT | G  |     | Y |   |
| 21/07/2026 | 1520 | Cooking           | Food Lovers' Guide To Australia      | Food Lovers Guide To Australia Series 1  | 1    | 11 | Maeve O'Meara and Joanna Savill continue to explore the best food and produce around. In this episode: fishing for sardines and anchovies; a look at an electric samovar; bakers Keith Fehner and his sons; tasting udon noodles; and a visit to a Brazilian churrascaria.                                                                                                                 | AUSTRALIA      | English-100 | 1996 | RPT | G  |     | Y | Y |

|            |      |                   |                                   |                                               |      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                |                                               |      |     |    |       |   |   |
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| 21/07/2026 | 1550 | Current Affairs   | Vegan Vigilantes                  | Vegan Vigilantes                              | 0    | 0   | A secretive group of animal rights activists is on a mission to 'liberate' animals by any means necessary. Farmers say they're being unfairly targeted. The Feed investigates the vegan underground.                                                                                                                                                                                                                                                                             | AUSTRALIA      | English-100                                   | 2024 | RPT | NC |       | Y |   |
| 21/07/2026 | 1605 | News - Domestic   | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 131 | 2026 | 131 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                                                       | AUSTRALIA      | English-100                                   | 2026 | RPT | NC |       |   |   |
| 21/07/2026 | 1610 | News - Overseas   | BBC News At Ten                   | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                                                           | UNITED KINGDOM | English-100                                   | 2026 |     | NC |       | Y |   |
| 21/07/2026 | 1640 | News - Overseas   | France 24 International News      | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                                                         | FRANCE         | English-100                                   | 2024 |     | NC |       |   |   |
| 21/07/2026 | 1710 | News - Overseas   | PBS Newshour                      | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                                                                                                                                                | USA            | English-100                                   | 2023 |     | NC |       | Y |   |
| 21/07/2026 | 1810 | Archaeology       | Mysteries From Above              | Ancient Mysteries                             | 3    | 4   | The view from above reveals; a puzzling and perturbing circle of stone in the Golan Heights; a mysterious mountain of decapitated statues in Eastern Turkey; a 'Lonely Castle' abandoned in a vast, Saudi Arabian desert; and cutting-edge technology shines a 'new' light on an 'ancient' secret in the wilds of Peru.                                                                                                                                                          | CANADA         | English-100                                   | 2024 | RPT | PG | a     |   |   |
| 21/07/2026 | 1905 | Quiz              | Jeopardy!                         | Jeopardy Series 41 Ep 182                     | 41   | 182 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                                                                                                                                            | USA            | English-100                                   | 2024 | RPT | G  |       | Y |   |
| 21/07/2026 | 1930 | News - Domestic   | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 132 | 2026 | 132 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                                                       | AUSTRALIA      | English-100                                   | 2026 |     | NC |       |   |   |
| 21/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown   | 8 Out Of 10 Cats Does Countdown Series 8 Ep 3 | 8    | 3   | It's Letters and Numbers with a whole bunch of comedians. Hosted by Jimmy Carr, Rachel Riley and Susie Dent. Featuring special guests Johnny Vegas, Rob Beckett and Vic Reeves.                                                                                                                                                                                                                                                                                                  | UNITED KINGDOM | English-100                                   | 2016 | RPT | M  | 1s    | Y |   |
| 21/07/2026 | 2030 | History           | History's Greatest Mysteries      | Area 51                                       | 7    | 1   | Hidden in the Nevada desert, Area 51 is one of America's most secretive military sites. From experimental aircraft to alien technology, what secrets are being kept from the world?                                                                                                                                                                                                                                                                                              | USA            | English-100                                   | 2026 |     | PG | a v   |   |   |
| 21/07/2026 | 2120 | History           | The UnBelievable With Dan Aykroyd | Strange Sightings                             | 3    | 1   | They say seeing is believing, but these sightings will make you question everything.                                                                                                                                                                                                                                                                                                                                                                                             | USA            | English-100                                   | 2025 |     | M  | a     |   |   |
| 21/07/2026 | 2210 | Thriller          | The Expanse                       | Seventh Man, The                              | 2    | 7   | Preparations for the Earth/Mars peace conference tighten the tension on Errinwright.                                                                                                                                                                                                                                                                                                                                                                                             | CANADA         | English-100                                   | 2017 |     | MA | v     | Y | Y |
| 21/07/2026 | 2305 | Thriller          | The Expanse                       | Pyre                                          | 2    | 8   | Naomi tracks down signs of the protomolecule. Fred Johnson's control over the OPA collapses.                                                                                                                                                                                                                                                                                                                                                                                     | CANADA         | English-100                                   | 2017 |     | MA | v     | Y | Y |
| 21/07/2026 | 2400 | Period            | While The Men Are Away            | Get Behind The Girl He Left Behind!           | 1    | 1   | It's 1940s Australia and the men are off fighting in World War II. Now, it's the women who suddenly find themselves running the show. Frankie, who is left in charge of her suffering farm, enlists Gwen and Esther, city dwellers who are part of the Women's Land Army, to join herself, local Indigenous farmhand Kathleen, and certified coward Robert on the land. Gwen and Esther soon discover that their limited knowledge of agriculture is the least of their worries. | AUSTRALIA      | English-97; Italian-1; Wiradjuri-1; Yiddish-1 | 2022 | RPT | MA | s     | Y | Y |
| 21/07/2026 | 2430 | Period            | While The Men Are Away            | Furrowing The Fuhrer's Brow!                  | 1    | 2   | It's a few weeks later, and it's all hands on-deck trying to protect the apple crop from an insect infestation. Frankie runs into a series of obstacles trying to secure pesticide, highlighting the fact that the men might be away, but the boys club is still alive and well. To add insult to injury, Frankie's denied access to Harry's bank account by Herbie, the 12-year-old acting bank teller, and she can't find the key to Harry's impenetrable money safe.          | AUSTRALIA      | English-97; Italian-1; Wiradjuri-1; Yiddish-1 | 2022 | RPT | MA | s     | Y | Y |
| 21/07/2026 | 2505 | Culture & Society | Dark Side Of The Ring             | Pillman Part 1                                | 3    | 1   | Brian Pillman clawed his way to infamy with a ground-breaking performance that blurred the lines between fact and fiction until it led to his ultimate destruction.                                                                                                                                                                                                                                                                                                              | USA            | English-100                                   | 2020 | RPT | M  | a 1 v | Y | Y |

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| 21/07/2026 | 2600 | News - Overseas   | NHK World English News             | NHK World English News             | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                  | JAPAN          | English-100 | 2026 |     |   |    | NC |   |
| 22/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour               | Al Jazeera News Hour               |      | 0  | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                               | QATAR          | English-100 | 2024 |     |   |    | NC |   |
| 22/07/2026 | 600  | News - Overseas   | TRT World News                     | TRT World News                     | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                           | TURKEY         | English-100 | 2026 |     |   |    | NC |   |
| 22/07/2026 | 650  | News - Overseas   | APTN National News Weekend Edition | APTN National News Weekend Edition | 2025 | 0  | News week in review from Canada's Indigenous broadcaster APTN.                                                                                                                                                                                 | CANADA         |             | 2025 |     |   |    | NC |   |
| 22/07/2026 | 720  | News - Overseas   | FBC News Fiji                      | FBC News Fiji                      | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                | FJI            | English-100 | 2026 |     |   |    | NC |   |
| 22/07/2026 | 750  | News - Overseas   | France 24 Feature                  | France 24 Feature First Edition    | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                 | FRANCE         | English-100 | 2025 |     |   |    | NC | Y |
| 22/07/2026 | 800  | News - Overseas   | Euronews                           | Euronews                           | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                            | BELGIUM        | English-100 | 2025 |     |   |    | NC | Y |
| 22/07/2026 | 850  | News - Overseas   | NHK Newsline                       | NHK Newsline Viceland              | 0    | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                   | JAPAN          | English-100 | 2026 |     |   |    | NC |   |
| 22/07/2026 | 840  | News - Overseas   | CBC The National                   | Cbc The National                   | 2026 | 0  | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                    | CANADA         | English-100 | 2026 |     |   |    | NC |   |
| 22/07/2026 | 990  | News - Overseas   | BBC News At Six                    | BBC News At Six                    | 2026 | 0  | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                         | UNITED KINGDOM | English-100 | 2026 |     |   |    | NC | Y |
| 22/07/2026 | 1000 | News - Overseas   | France 24 English News             | France 24 Eng. 1000 Viceland       | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                       | FRANCE         | English-100 | 2025 |     |   |    | NC |   |
| 22/07/2026 | 1030 | Culture & Society | Front Up 2000                      | Front Up 2000 Series 7 Ep 14       | 7    | 14 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features John Lewis, Veruschka Uzenko, Stephen Day, and Edward James.                                                     | AUSTRALIA      | English-100 | 1999 | RPT |   | PG |    |   |
| 22/07/2026 | 1100 | Culture & Society | Front Up 2000                      | Front Up 2000 Series 7 Ep 15       | 7    | 15 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Veselin Vesko Gas, Jean Francois Beaudiment, Andrew Georgio, Liza Georgio, Sarah Richardson and Patrick Johnson. | AUSTRALIA      | English-100 | 1999 | RPT |   | PG |    |   |
| 22/07/2026 | 1130 | Culture & Society | Front Up 2000                      | Front Up 2000 Series 7 Ep 16       | 7    | 16 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Graham Staples, Jan Press, Rigden, Byron Winsurn-Clarke, and Zoe Weldon.                                         | AUSTRALIA      | English-100 | 1999 | RPT |   | PG |    |   |
| 22/07/2026 | 1200 | News - Overseas   | DW The Day                         | DW The Day 2025                    | 0    | 0  | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                       | GERMANY        | English-100 | 2025 |     |   |    | NC |   |
| 22/07/2026 | 1230 | Culture & Society | Land Of The Giants: Titans Of Tech | Facebook                           | 1    | 1  | By prioritising growth over all else, did Mark Zuckerberg create a platform for disinformation and divisiveness?                                                                                                                               | USA            | English-100 | 2022 | RPT | M | a  |    | Y |
| 22/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights  | Stage 15                           | 2026 | 15 | Evening highlights from Stage 15 of the 2026 Tour de France, as the peloton takes on a 184 km route starting in Champagnole and finishing in Plateau de Solaison.                                                                              | FRANCE         |             | 2026 | RPT |   | NC |    | Y |
| 22/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights  | Stage 16                           | 2026 | 16 | Daily highlights from Stage 16 of the 2026 Tour de France, as the peloton takes on a 26 km Individual time trial starting in Evian-les-Bains and finishing in Thonon-les-Bains.                                                                | FRANCE         |             | 2026 | RPT |   | NC |    | Y |

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| 22/07/2026 | 1600 | News - Domestic | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 132 | 2026 | 132 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                                 | AUSTRALIA      | English-100            | 2026 | RPT | NC |      |   |   |
| 22/07/2026 | 1605 | News - Overseas | BBC News At Ten                   | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                     | UNITED KINGDOM | English-100            | 2026 |     | NC |      | Y |   |
| 22/07/2026 | 1635 | News - Overseas | France 24 International News      | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                   | FRANCE         | English-100            | 2024 |     | NC |      |   |   |
| 22/07/2026 | 1705 | News - Overseas | PBS Newshour                      | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                          | USA            | English-100            | 2023 |     | NC |      | Y |   |
| 22/07/2026 | 1810 | Archaeology     | Mysteries From Above              | Extraordinarily Out Of The Ordinary           | 3    | 5   | The view from above reveals, a spinning island amid a massive marsh in Argentina; a perfectly giant geometric triangle emerging from the scrub in the Arizona Desert; mysterious multi-coloured pools littering the landscape in Northern Ethiopia; and a humungous human figure hidden in the remote, Australian outback. | CANADA         | English-100            | 2024 | RPT | PG |      | Y |   |
| 22/07/2026 | 1905 | Quiz            | Jeopardy!                         | Jeopardy Series 41 Ep 183                     | 41   | 183 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                      | USA            | English-100            | 2024 | RPT | G  |      | Y |   |
| 22/07/2026 | 1930 | News - Domestic | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 133 | 2026 | 133 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                                 | AUSTRALIA      | English-100            | 2026 |     | NC |      |   |   |
| 22/07/2026 | 1935 | Quiz            | 8 Out Of 10 Cats Does Countdown   | 8 Out Of 10 Cats Does Countdown Series 8 Ep 4 | 8    | 4   | It's Letters and Numbers with a whole bunch of comedians. Hosted by Jimmy Carr, Rachel Riley and Susie Dent. Featuring special guests Mel Giedroyc, Lee Mack and Adam Buxton.                                                                                                                                              | UNITED KINGDOM | English-100            | 2016 | RPT | M  | 1s   | Y |   |
| 22/07/2026 | 2030 | History         | History's Greatest Mysteries      | Hunt For Adolf Eichmann: Case Closed, The     | 7    | 2   | After World War II, Holocaust architect Adolf Eichmann evaded capture for 15 years. How was one of history's most wanted Nazis finally tracked down and brought to justice?                                                                                                                                                | USA            | English-100            | 2026 |     | M  | a v  |   |   |
| 22/07/2026 | 2120 | History         | The Unbelievable With Dan Aykroyd | Freak Accidents                               | 3    | 2   | Accidents happen all the time, but every so often, a few defy logic and leave the world stunned.                                                                                                                                                                                                                           | USA            | English-100            | 2025 |     | M  | a    |   |   |
| 22/07/2026 | 2210 | Thriller        | The Expanse                       | Weeping Somnambulist, The                     | 2    | 9   | Bobbie becomes a political pawn in the struggle between Earth and Mars.                                                                                                                                                                                                                                                    | CANADA         | English-100            | 2017 |     | MA | v    | Y | Y |
| 22/07/2026 | 2305 | Thriller        | The Expanse                       | Cascade                                       | 2    | 10  | Holden and his crew navigate the failing Ganymede Station. Avasarala's relationship with Erinwright is changed forever, while Bobbie's understanding of Earth is shaken.                                                                                                                                                   | CANADA         | English-100            | 2017 |     | MA | v    | Y | Y |
| 22/07/2026 | 2400 | Romance         | Threesome (Sweden)                | Episode 1                                     | 2    | 1   | David now knows that Siri has been cheating on him. The betrayal is unbearable, and behind Siri's back he tries to piece together the puzzle: who is John and what really happened between him and Siri? When the truth is revealed, David's world comes crashing down.                                                    | SWEDEN         | Swedish-60; English-40 | 2023 | RPT | MA | s    | Y | Y |
| 22/07/2026 | 2430 | Romance         | Threesome (Sweden)                | Episode 2                                     | 2    | 2   | David confronts Siri, who realises that the lie has now caught up with her. Devastated, she tries to explain and win David's forgiveness, but to no avail. David packs his bag, leaves the apartment and seeks comfort from Mario.                                                                                         | SWEDEN         | Swedish-60; English-40 | 2023 | RPT | M  | d 1s | Y | Y |
| 22/07/2026 | 2500 | News - Overseas | NHK World English News            | NHK World English News                        | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                              | JAPAN          | English-100            | 2026 |     | NC |      |   |   |
| 23/07/2026 | 500  | News - Overseas | Al Jazeera News Hour              | Al Jazeera News Hour                          |      | 0   | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                           | QATAR          | English-100            | 2024 |     | NC |      |   |   |
| 23/07/2026 | 600  | News - Overseas | TRT World News                    | TRT World News                                | 2026 | 0   | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                                                                                       | TURKEY         | English-100            | 2026 |     | NC |      |   |   |
| 23/07/2026 | 650  | News - Overseas | Te Ao With Moana                  | Te Ao With Moana                              | 2025 | 0   | A weekly current affairs show that examines New Zealand and international stories through a Maori lens.                                                                                                                                                                                                                    | NEW ZEALAND    | English-50; Maori-50   | 2025 |     | NC |      |   |   |

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| 23/07/2026 | 720  | News - Overseas   | FBC News Fiji                      | FBC News Fiji                                 | 2026 | 0   | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                          | Fiji           | English-100 | 2026 |     | NC |   |   |
| 23/07/2026 | 750  | News - Overseas   | France 24 Feature                  | France 24 Feature First Edition               | 2025 | 0   | News feature in English from France 24, Paris.                                                                                                                                                                                                           | FRANCE         | English-100 | 2025 |     | NC |   | Y |
| 23/07/2026 | 800  | News - Overseas   | Euronews                           | Euronews                                      | 0    | 0   | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                      | BELGIUM        | English-100 | 2025 |     | NC |   | Y |
| 23/07/2026 | 810  | News - Overseas   | NHK Newsline                       | NHK Newsline Viceland                         | 0    | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                             | JAPAN          | English-100 | 2026 |     | NC |   |   |
| 23/07/2026 | 840  | News - Overseas   | CBC The National                   | Cbc The National                              | 2026 | 0   | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                              | CANADA         | English-100 | 2026 |     | NC |   |   |
| 23/07/2026 | 930  | News - Overseas   | BBC News At Six                    | BBC News At Six                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                   | UNITED KINGDOM | English-100 | 2026 |     | NC |   | Y |
| 23/07/2026 | 1000 | News - Overseas   | France 24 English News             | France 24 Eng. 1000 Viceland                  | 0    | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                 | FRANCE         | English-100 | 2025 |     | NC |   |   |
| 23/07/2026 | 1030 | News - Overseas   | Euronews The Ring                  | Euronews The Ring                             | 0    | 0   | The Ring is Euronews' weekly political debate. In each episode, two political representatives from across the EU propose a diversity of opinions and conversations around the most important issues of EU affairs and the wider European political life. | BELGIUM        | English-100 | 2025 |     | NC |   |   |
| 23/07/2026 | 1100 | Culture & Society | Front Up 2000                      | Front Up 2000 Series 7 Ep 17                  | 7    | 17  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features David Byers, Sal Stark, Nick Stark and Neil Colley.                                                                        | AUSTRALIA      | English-100 | 1999 | RPT | PG |   |   |
| 23/07/2026 | 1130 | Culture & Society | Front Up 2000                      | Front Up 2000 Series 7 Ep 18                  | 7    | 18  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features John Dickson, Gary Coombe, Peter Morrissey, and Kim Cantrell.                                                              | AUSTRALIA      | English-100 | 1999 | RPT | PG |   |   |
| 23/07/2026 | 1200 | News - Overseas   | DW The Day                         | DW The Day 2025                               | 0    | 0   | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                 | GERMANY        | English-100 | 2025 |     | NC |   |   |
| 23/07/2026 | 1230 | Culture & Society | Land Of The Giants: Titans Of Tech | Apple                                         | 1    | 2   | Apple's products have rewired our brains and remade society. This is the story of how Steve Jobs took the company to new heights and died with the status of icon.                                                                                       | USA            | English-100 | 2022 | RPT | M  | I | Y |
| 23/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights  | Stage 16                                      | 2026 | 16  | Evening highlights from Stage 16 of the 2026 Tour de France, as the peloton takes on a 26 km individual time trial starting in Evian-les-Bains and finishing in Thonon-les-Bains.                                                                        | FRANCE         |             | 2026 | RPT | NC |   | Y |
| 23/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights  | Stage 17                                      | 2026 | 17  | Daily highlights from Stage 17 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Chambéry and finishing in Voiron.                                                                                                          | FRANCE         |             | 2026 | RPT | NC |   | Y |
| 23/07/2026 | 1600 | News - Domestic   | NITV News Update                   | NITV News Update 2026 Viceland Version Ep 133 | 2026 | 133 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                               | AUSTRALIA      | English-100 | 2026 | RPT | NC |   |   |
| 23/07/2026 | 1605 | News - Overseas   | BBC News At Ten                    | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                   | UNITED KINGDOM | English-100 | 2026 |     | NC |   | Y |
| 23/07/2026 | 1635 | News - Overseas   | France 24 International News       | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                 | FRANCE         | English-100 | 2024 |     | NC |   |   |

|            |      |                   |                                   |                                               |      |     |                                                                                                                                                                                                                                                                                                                                                         |                |             |      |     |    |         |   |   |   |
|------------|------|-------------------|-----------------------------------|-----------------------------------------------|------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|---------|---|---|---|
| 23/07/2026 | 1705 | News - Overseas   | PBS Newshour                      | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                       | USA            | English-100 | 2023 | NC  |    | Y       |   |   |   |
| 23/07/2026 | 1810 | Archaeology       | Mysteries From Above              | Deep Blue                                     | 3    | 6   | The view from above reveals; an ancient and tragic sunken city off the coast of Italy; a puzzling underwater cemetery in the shallow waters of the Florida Keys; an aquatic 'yellow brick' road to nowhere in the depths of the north Pacific; and a strange collection of rocky constructions from the distant past occupying the waters of Australia. | CANADA         | English-100 | 2024 | RPT | PG |         |   |   |   |
| 23/07/2026 | 1905 | Quiz              | Jeopardy!                         | Jeopardy Series 41 Ep 184                     | 41   | 184 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                   | USA            | English-100 | 2024 | RPT | G  |         | Y |   |   |
| 23/07/2026 | 1930 | News - Domestic   | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 134 | 2026 | 134 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                                                                                                              | AUSTRALIA      | English-100 | 2026 | RPT | NC |         |   |   |   |
| 23/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown   | 8 Out Of 10 Cats Does Countdown Series 8 Ep 5 | 8    | 5   | It's Letters and Numbers with a whole bunch of comedians. Hosted by Jimmy Carr, Rachel Riley and Susie Dent. Featuring special guests Bill Bailey, Roisin Conaty and Freddie Flintoff.                                                                                                                                                                  | UNITED KINGDOM | English-100 | 2016 | RPT | M  | 1s      | Y |   |   |
| 23/07/2026 | 2030 | History           | History's Greatest Mysteries      | Legend Of The Werewolf, The                   | 7    | 3   | Werewolves have haunted human imagination for centuries. Could real events, diseases and folklore explain the enduring legends of people transforming into beasts?                                                                                                                                                                                      | USA            | English-100 | 2026 |     | M  | a d h v |   |   |   |
| 23/07/2026 | 2120 | History           | The Unbelievable With Dan Aykroyd | Shocking Missions                             | 3    | 3   | History is full of legendary missions, but some are so bizarre, they sound like fiction. These are the strange but true missions that defy logic.                                                                                                                                                                                                       | USA            | English-100 | 2025 |     | M  | a v     |   |   |   |
| 23/07/2026 | 2210 | Culture & Society | Alone Australia                   | Episode 3                                     | 4    | 3   | With the cold settling in, the remaining participants battle injury, hunger, and the slow creep of isolation. One risky move on the water could mean the difference between resilience and rescue.                                                                                                                                                      | AUSTRALIA      | English-100 | 2025 | RPT | M  | l       | Y | Y | Y |
| 23/07/2026 | 2320 | Thriller          | The Expanse                       | Here There Be Dragons                         | 2    | 11  | A shocking discovery confronts the Rocinante crew with an incomprehensible danger. Meanwhile, Bobbie changes the course of her life and Avasarala tracks down Jules-Pierre Mao.                                                                                                                                                                         | CANADA         | English-100 | 2017 |     | MA | v       | Y |   | Y |
| 23/07/2026 | 2415 | Thriller          | The Expanse                       | Monster And The Rocket, The                   | 2    | 12  | Naomi and Holden are driven apart by a disturbing discovery that divides the Rocinante crew. Meanwhile, Avasarala and Bobbie undertake a dangerous rendezvous.                                                                                                                                                                                          | CANADA         | English-100 | 2017 |     | M  | a l v   | Y |   | Y |
| 23/07/2026 | 2510 | News - Overseas   | NHK World English News            | NHK World English News                        | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                           | JAPAN          | English-100 | 2026 |     | NC |         |   |   |   |
| 24/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour              | Al Jazeera News Hour                          |      | 0   | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                        | QATAR          | English-100 | 2024 |     | NC |         |   |   |   |
| 24/07/2026 | 600  | News - Overseas   | TRT World News                    | TRT World News                                | 2026 | 0   | The latest news from around the globe from TRT World, Istanbul, Turkey, in English.                                                                                                                                                                                                                                                                     | TURKEY         | English-100 | 2026 |     | NC |         |   |   |   |
| 24/07/2026 | 650  | News - Overseas   | DW English News                   | DW English News Morning                       | 2025 | 0   | News and analysis of the top international and European news and current affairs from Berlin, in English.                                                                                                                                                                                                                                               | GERMANY        | English-100 | 2025 |     | NC |         | Y |   |   |
| 24/07/2026 | 720  | News - Overseas   | FBC News Fiji                     | FBC News Fiji                                 | 2026 | 0   | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                         | FJI            | English-100 | 2026 |     | NC |         |   |   |   |
| 24/07/2026 | 750  | News - Overseas   | France 24 Feature                 | France 24 Feature First Edition               | 2025 | 0   | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                          | FRANCE         | English-100 | 2025 |     | NC |         | Y |   |   |
| 24/07/2026 | 800  | News - Overseas   | Euronews                          | Euronews                                      | 0    | 0   | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                     | BELGIUM        | English-100 | 2025 |     | NC |         | Y |   |   |
| 24/07/2026 | 810  | News - Overseas   | NHK Newsline                      | NHK Newsline Viceland                         | 0    | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                                                                                                            | JAPAN          | English-100 | 2026 |     | NC |         |   |   |   |
| 24/07/2026 | 840  | News - Overseas   | CBC The National                  | Cbc The National                              | 2026 | 0   | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                             | CANADA         | English-100 | 2026 |     | NC |         |   |   |   |

|            |      |                   |                                     |                                                   |      |     |                                                                                                                                                                                                                                                                                                                                    |                |             |      |     |    |       |   |
|------------|------|-------------------|-------------------------------------|---------------------------------------------------|------|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-------|---|
| 24/07/2026 | 930  | News - Overseas   | BBC News At Six                     | BBC News At Six                                   | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                             | UNITED KINGDOM | English-100 | 2026 |     | NC |       | Y |
| 24/07/2026 | 1000 | News - Overseas   | France 24 English News              | France 24 Eng. 1000 Viceland                      | 0    | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                           | FRANCE         | English-100 | 2025 |     | NC |       |   |
| 24/07/2026 | 1030 | Culture & Society | Front Up 2000                       | Front Up 2000 Series 7 Ep 19                      | 7    | 19  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Brian Dunne, Victor Stadnyk, Lyn Stadnyk, Ali Lavis, and Margaret Walas.                                                                                                                             | AUSTRALIA      | English-100 | 1999 | RPT | PG | a     |   |
| 24/07/2026 | 1100 | Culture & Society | Front Up 2000                       | Front Up 2000 Series 7 Ep 20                      | 7    | 20  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Helen Birkens, Alex Birkens, Kevin White and Paul Osei.                                                                                                                                              | AUSTRALIA      | English-100 | 1999 | RPT | G  |       |   |
| 24/07/2026 | 1130 | Culture & Society | Front Up 2000                       | Front Up 2000 Series 7 Ep 21                      | 7    | 21  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Gary Atkinson, Carin Doyle, Ian Singleton and Sue Daley.                                                                                                                                             | AUSTRALIA      | English-100 | 1999 | RPT | M  | a l   |   |
| 24/07/2026 | 1200 | News - Overseas   | DW The Day                          | DW The Day 2025                                   | 0    | 0   | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                                                                                           | GERMANY        | English-100 | 2025 |     | NC |       |   |
| 24/07/2026 | 1230 | Culture & Society | Land Of The Giants: Titans Of Tech  | Google                                            | 1    | 3   | Google has arguably become the most powerful company the world has ever known. But what does Google know about us, and what is it doing with that information?                                                                                                                                                                     | USA            | English-100 | 2022 | RPT | M  | a     | Y |
| 24/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights   | Stage 17                                          | 2026 | 17  | Evening highlights from Stage 17 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Chambéry and finishing in Voiron.                                                                                                                                                                                  | FRANCE         |             | 2026 | RPT | NC |       | Y |
| 24/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights   | Stage 18                                          | 2026 | 18  | Daily highlights from Stage 18 of the 2026 Tour de France, as the peloton takes on a 185 km route starting in Voiron and finishing in Orcières-Merlette.                                                                                                                                                                           | FRANCE         |             | 2026 | RPT | NC |       | Y |
| 24/07/2026 | 1600 | News - Domestic   | NITV News Update                    | NITV News Update 2026 Viceland Version Ep 134     | 2026 | 134 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                         | AUSTRALIA      | English-100 | 2026 | RPT | NC |       |   |
| 24/07/2026 | 1605 | News - Overseas   | BBC News At Ten                     | BBC News At Ten                                   | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                             | UNITED KINGDOM | English-100 | 2026 |     | NC |       | Y |
| 24/07/2026 | 1635 | News - Overseas   | France 24 International News        | France 24 International News                      | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                           | FRANCE         | English-100 | 2024 |     | NC |       |   |
| 24/07/2026 | 1705 | News - Overseas   | PBS Newshour                        | PBS Newshour                                      | 2023 | 0   | Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                  | USA            | English-100 | 2023 |     | NC |       | Y |
| 24/07/2026 | 1805 | Sport General     | Inside The Huddle                   | Inside The Huddle Ep 20                           | 2026 | 20  | What is it like to be a footballer? Candid conversations, laughs, and insights that go beyond the game and into the outer.                                                                                                                                                                                                         | AUSTRALIA      | English-100 | 2026 | RPT | NC |       |   |
| 24/07/2026 | 1835 | Sport General     | Over The Black Dot                  | Over The Black Dot 2026 Ep 21                     | 2026 | 21  | In 2026, Over the Black Dot becomes a digital-first Rugby League yarn free-flowing conversations on footy, culture and community, with panellists and guests sharing authentic Indigenous stories.                                                                                                                                 | AUSTRALIA      | English-100 | 2026 | RPT | NC |       |   |
| 24/07/2026 | 1905 | Quiz              | Jeopardy!                           | Jeopardy Series 41 Ep 185                         | 41   | 185 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                              | USA            | English-100 | 2024 | RPT | G  |       | Y |
| 24/07/2026 | 1930 | News - Domestic   | NITV News Update                    | NITV News Update 2026 Viceland Version Ep 135     | 2026 | 135 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                         | AUSTRALIA      | English-100 | 2026 |     | NC |       |   |
| 24/07/2026 | 1935 | Entertainment     | Big Fat Quiz Best Bits: Dream Teams | Big Fat Quiz Best Bits: Ultimate Dream Teams, The | 0    | 0   | The biggest laughs, with the dreamiest teams from 20 years of Big Fat Quizting. Question master Jimmy Carr is joined by James Corden, Sarah Millican, Rose Matafeo, Michael McIntyre, Jack Whitehall, Richard Ayoade, Miranda Hart, Judi Love, Katherine Ryan, Sean Lock, Chelsea Peretti, Jonathan Ross, James Acaster, and more. | UNITED KINGDOM | English-100 | 2024 | RPT | M  | a l s | Y |
| 24/07/2026 | 2030 | History           | History's Greatest Mysteries        | Theft Of The Mona Lisa: Case Closed, The          | 7    | 4   | When the Mona Lisa vanishes in a bold theft, a worldwide hunt begins. As suspects emerge, the mystery deepens: who stole the world's most famous painting?                                                                                                                                                                         | USA            | English-100 | 2026 | RPT | PG |       |   |

|            |      |                   |                                   |                                 |      |    |                                                                                                                                                                                                                         |                |             |      |     |       |   |   |
|------------|------|-------------------|-----------------------------------|---------------------------------|------|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|-------|---|---|
| 24/07/2026 | 2120 | History           | The Unbelievable With Dan Aykroyd | Astonishing Feats               | 3    | 4  | Extraordinary real-life feats defy belief, from lone wartime liberations to daring heists and extreme strength stunts like pulling trucks with an ear.                                                                  | USA            | English-100 | 2025 | M   | a v w |   |   |
| 24/07/2026 | 2210 | Thriller          | The Expanse                       | Caliban's War                   | 2    | 13 | An unexpected enemy shatters the Roc's hard-won escape, forcing the crew into battle. Trapped and isolated, Avasarala depends on Bobbie to stay alive.                                                                  | CANADA         | English-100 | 2017 | MA  | a v   | Y | Y |
| 24/07/2026 | 2300 | Thriller          | The Expanse                       | Fight Or Flight                 | 3    | 1  | The Rocinante crew deals with the fallout over Naomi's betrayal while caught in the middle of the war between Earth and Mars. Avasarala and Bobbie hatch an escape plan.                                                | CANADA         | English-100 | 2018 | MA  | v     |   | Y |
| 24/07/2026 | 2350 | History           | Vikings: The Rise And Fall        | Road To Lindisfarne, The        | 1    | 1  | An attack on a small religious community on the holy island of Lindisfarne in AD 793 heralded the start of the Viking Age of conquest and expansion but before this, we look at the Vikings' beginnings in Scandinavia. | GERMANY        | English-100 | 2021 | RPT | M     | v | Y |
| 24/07/2026 | 2445 | History           | Vikings: The Rise And Fall        | Great Heathen Army, The         | 1    | 2  | The Siege of York occurred from 866 when the Great Heathen Army laid claim to the Northumbrian capital of York. We look at the major battles, players and strongholds in 9th Century England.                           | GERMANY        | English-100 | 2021 | RPT | M     | v | Y |
| 24/07/2026 | 2540 | News - Overseas   | NHK World English News            | NHK World English News          | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                           | JAPAN          | English-100 | 2026 | NC  |       |   |   |
| 25/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour              | Al Jazeera News Hour            |      | 0  | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                        | QATAR          | English-100 | 2024 | NC  |       |   |   |
| 25/07/2026 | 600  | News - Overseas   | TRT World News                    | TRT World News                  | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                    | TURKEY         | English-100 | 2026 | NC  |       |   |   |
| 25/07/2026 | 650  | News - Overseas   | DW English News                   | DW English News Morning         | 2025 | 0  | News and analysis of the top international and European news and current affairs from Berlin, in English.                                                                                                               | GERMANY        | English-100 | 2025 | NC  |       | Y |   |
| 25/07/2026 | 720  | News - Overseas   | FBC News Fiji                     | FBC News Fiji                   | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                         | FJI            | English-100 | 2026 | NC  |       |   |   |
| 25/07/2026 | 750  | News - Overseas   | France 24 Feature                 | France 24 Feature First Edition | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                          | FRANCE         | English-100 | 2025 | NC  |       | Y |   |
| 25/07/2026 | 800  | News - Overseas   | Euronews                          | Euronews                        | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                     | BELGIUM        | English-100 | 2025 | NC  |       | Y |   |
| 25/07/2026 | 810  | News - Overseas   | NHK Newsline                      | NHK Newsline Viceland           | 0    | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                            | JAPAN          | English-100 | 2026 | NC  |       |   |   |
| 25/07/2026 | 840  | News - Overseas   | CBC The National                  | Cbc The National                | 2026 | 0  | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                             | CANADA         | English-100 | 2026 | NC  |       |   |   |
| 25/07/2026 | 930  | News - Overseas   | BBC News At Six                   | BBC News At Six                 | 2026 | 0  | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                  | UNITED KINGDOM | English-100 | 2026 | NC  |       | Y |   |
| 25/07/2026 | 1000 | News - Overseas   | France 24 English News            | France 24 Eng. 1000 Viceland    | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                | FRANCE         | English-100 | 2025 | NC  |       |   |   |
| 25/07/2026 | 1030 | Culture & Society | Front Up 2000                     | Front Up 2000 Series 7 Ep 22    | 7    | 22 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Sonya Hush, Barry Nelson, Rona Nelson, Peter Connell, and Paul Hatch.                     | AUSTRALIA      | English-100 | 1999 | RPT | PG    |   |   |
| 25/07/2026 | 1100 | Culture & Society | Front Up 2000                     | Front Up 2000 Series 7 Ep 23    | 7    | 23 | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Morgan Levitt and Greg Miller.                                                            | AUSTRALIA      | English-100 | 1999 | RPT | G     |   |   |

|            |      |                              |                                      |                                               |      |     |                                                                                                                                                                                                     |                |                       |      |     |    |       |  |   |   |   |   |
|------------|------|------------------------------|--------------------------------------|-----------------------------------------------|------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-----------------------|------|-----|----|-------|--|---|---|---|---|
| 25/07/2026 | 1130 | Culture & Society            | Front Up 2000                        | Front Up 2000 Series 7 Ep 24                  | 7    | 24  | Andrew Urban conducts his interviews on the streets of Australia with people randomly selected on the day. This week features Floo Bason, Colin Draper, John Michael and Promis Michael.            | AUSTRALIA      | English-100           | 1999 | RPT | G  |       |  |   |   |   |   |
| 25/07/2026 | 1200 | Culture & Society            | The Real Stories Of Basketball       | Pistol Pete                                   | 1    | 2   | Pete Maravich mesmerized fans with his innovative style. With a repertoire of scoring, dribbling, and passing skills far beyond his era, he shaped the game for generations.                        | USA            | English-100           | 2024 | RPT | M  | a     |  |   |   | Y |   |
| 25/07/2026 | 1255 | Culture & Society            | The Real Stories Of Basketball       | Nba Jam                                       | 1    | 3   | NBA Jam grossed one billion in revenue in its first year. Relive the making of a surprise smash hit video game that rocked pop culture and changed sports gaming forever.                           | USA            | English-100           | 2024 | RPT | M  | v     |  |   |   | Y |   |
| 25/07/2026 | 1350 | Culture & Society            | Lee Lin Chin's Fashionista           | Vivienne Westwood                             | 2    | 11  | This episode of Fashionista features the hip brother and sister design team Camilla and Marc. Hosted by iconic fashion guru, Lee Lin Chin.                                                          | AUSTRALIA      | English-100           | 2004 | RPT | M  | I     |  |   |   | Y |   |
| 25/07/2026 | 1400 | Cycling                      | Tour de France 2026 PM Highlights    | Stage 18                                      | 2026 | 18  | Evening highlights from Stage 18 of the 2026 Tour de France, as the peloton takes on a 185 km route starting in Voiron and finishing in Orcieres-Merlette.                                          | FRANCE         |                       | 2026 | RPT | NC |       |  |   |   | Y |   |
| 25/07/2026 | 1500 | Cycling                      | Tour de France 2026 AM Highlights    | Stage 19                                      | 2026 | 19  | Daily highlights from Stage 19 of the 2026 Tour de France, as the peloton takes on a 128 km route starting in Gap and finishing in Alpe d'Huez.                                                     | FRANCE         |                       | 2026 | RPT | NC |       |  |   |   | Y |   |
| 25/07/2026 | 1600 | News - Domestic              | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 135 | 2026 | 135 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                          | AUSTRALIA      | English-100           | 2026 | RPT | NC |       |  |   |   |   |   |
| 25/07/2026 | 1605 | News - Overseas              | BBC News At Ten                      | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                              | UNITED KINGDOM | English-100           | 2026 |     | NC |       |  |   |   | Y |   |
| 25/07/2026 | 1635 | News - Overseas              | France 24 International News         | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                            | FRANCE         | English-100           | 2024 |     | NC |       |  |   |   |   |   |
| 25/07/2026 | 1705 | News - Overseas              | PBS Newshour                         | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                   | USA            | English-100           | 2023 |     | NC |       |  |   |   | Y |   |
| 25/07/2026 | 1805 | Quiz                         | Mastermind                           | Episode 27                                    | 6    | 27  | Tonight's speciality subjects are: Frank Sidebottom, The Involvement of Cambodia in the Vietnam war, The History of Insulin and Bob's Burgers, Seasons 4 to 7.                                      | AUSTRALIA      | English-100           | 2024 | RPT | G  |       |  |   |   | Y |   |
| 25/07/2026 | 1840 | Culture & Society            | The Mega-Brands That Built The World | Reinventing The Wheel                         | 3    | 10  | Harvey Firestone races a rival to bring car tyres to the nation, forging two iconic brands, driving innovation, and reshaping American travel.                                                      | USA            | English-100           | 2024 |     | PG | a l v |  |   |   |   |   |
| 25/07/2026 | 1930 | Health, Science & Technology | Record-Breaking Submarines           | Record-Breaking Submarines                    | 0    | 0   | Today's submarines are the pinnacle of technology, the most sophisticated constructions in shipbuilding ever.                                                                                       | FRANCE         | English-70; French-30 | 2024 |     |    |       |  |   | Y |   | Y |
| 25/07/2026 | 2035 | Entertainment                | Icons Unearthed: Harrison Ford       | Dr. Jones I Presume?                          | 12   | 1   | Harrison Ford, already known from Star Wars, steps into the role of Indiana Jones after Tom Selleck drops out of Raiders of the Lost Ark and proves he can carry the franchise.                     | USA            | English-100           | 2025 |     | M  | a l v |  |   |   |   |   |
| 25/07/2026 | 2130 | Mystery / Crime              | Crossing Over                        |                                               |      | 0   | An Immigration official (Harrison Ford) and his associates become personally involved in the lives of many people who try to cross the border into the United States.                               | USA            | English-100           | 2009 | RPT | MA | I s   |  | Y |   | Y | Y |
| 25/07/2026 | 2330 | Thriller                     | The Expanse                          | Iff                                           | 3    | 2   | The crew of the Rocinante respond to a distress signal, while Bobbie and Avasarala are hunted by an unknown enemy. Amid rising war tensions, Sorrento-Gillis seeks counsel from an old ally.        | CANADA         | English-100           | 2018 |     | M  | a l v |  |   |   |   | Y |
| 25/07/2026 | 2420 | Thriller                     | The Expanse                          | Assured Destruction                           | 3    | 3   | Earth strategizes a costly ploy to gain advantage in the war against Mars. Anna struggles to convince Sorrento-Gillis to do the right thing. Avasarala and Bobbie seek refuge aboard the Rocinante. | CANADA         | English-100           | 2018 |     | M  | a l v |  | Y |   |   | Y |

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| 25/07/2026 | 2515 | Sport           | WWE Legends            | Stone Cold' Steve Austins Last Match | 4    | 7 | With the opportunity to end his career where it began in Dallas, Texas, 'Stone Cold' Steve Austin is lured out of retirement to compete in one last match, against Kevin Owens in the main event of WrestleMania 38 from AT&T Stadium. | USA   | English-100 | 2023 | RPT | M  | I v | Y |
| 25/07/2026 | 2610 | News - Overseas | NHK World English News | NHK World English News               | 2026 | 0 | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                          | JAPAN | English-100 | 2026 |     | NC |     |   |