



WEEK 28 Sunday, 5 July 2026 Saturday, 11 July 2026

| Date      | Start Time | Genre             | Title                                |
|-----------|------------|-------------------|--------------------------------------|
| 5/07/2026 | 530        | News - Overseas   | Al Jazeera News Hour                 |
| 5/07/2026 | 600        | News - Overseas   | TRT World News                       |
| 5/07/2026 | 630        | News - Overseas   | France 24 Africa News                |
| 5/07/2026 | 650        | News - Overseas   | France 24 Feature                    |
| 5/07/2026 | 700        | Cycling           | Tour de France 2026 AM Highlights    |
| 5/07/2026 | 800        | News - Overseas   | FBC News Fiji                        |
| 5/07/2026 | 830        | News - Overseas   | Euronews                             |
| 5/07/2026 | 840        | News - Overseas   | DW Global Us                         |
| 5/07/2026 | 910        | News - Overseas   | CBC The National                     |
| 5/07/2026 | 1000       | News - Overseas   | PBS News Horizons                    |
| 5/07/2026 | 1030       | News - Overseas   | France 24 English News               |
| 5/07/2026 | 1100       | Football          | FIFA World Cup 2026: Highlights Show |
| 5/07/2026 | 1130       | Culture & Society | Front Up 1999                        |
| 5/07/2026 | 1200       | Culture & Society | Dark Side Of The 90s                 |
| 5/07/2026 | 1255       | Quiz              | Jeopardy!                            |

EASTERN MARKETS (NSW, ACT, VIC, TAS)

| Episode Title                   | Series | Episode | TV Guide Text                                                                                                                                                                                                                                                                                                                                                                | Country of Origin | Language    | Year | Repeat | Classification | Consumer Advice | Closed Captions | Subtitles | Audio Description |
|---------------------------------|--------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------|------|--------|----------------|-----------------|-----------------|-----------|-------------------|
| Al Jazeera News Hour            |        | 0       | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                                             | QATAR             | English-100 | 2024 |        | NC             |                 |                 |           |                   |
| TRT World News                  | 2026   | 0       | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                                                                                                                                         | TURKEY            | English-100 | 2026 |        | NC             |                 |                 |           |                   |
| France 24 Africa News           | 2025   | 0       | Join France24's Georgia Calvin-Smith for a round up of the week's cultural and current affairs stories from across the African continent. Delivered via satellite from Paris, in English, no subtitles. Watch on SBS VICELAND at 06:30am every Sunday, also available on SBS OnDemand.                                                                                       | FRANCE            | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| France 24 Feature First Edition | 2025   | 0       | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                               | FRANCE            | English-100 | 2025 |        | NC             |                 |                 | Y         |                   |
| Stage 1                         | 2026   | 1       | Daily highlights from the opening stage of the 2026 Tour de France, as the race begins with a 19 km Team time-trial starting and finishing in Barcelona, Spain.                                                                                                                                                                                                              | FRANCE            |             | 2026 |        |                |                 |                 | Y         |                   |
| FBC News Fiji                   | 2026   | 0       | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                              | FJI               | English-100 | 2026 |        |                |                 |                 |           |                   |
| Euronews                        | 0      | 0       | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                          | BELGIUM           | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| DW Global Us                    | 2025   | 0       | Deutsche Welle's news magazine looks at the issues that are moving us today and shows how people are living with the opportunities and risks of globalisation.                                                                                                                                                                                                               | GERMANY           | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| Cbc The National                | 2026   | 0       | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                                                  | CANADA            | English-100 | 2026 |        | NC             |                 |                 |           |                   |
| PBS News Horizons               | 2026   | 0       | Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham.                                                                                                                                                                                                                          | USA               | English-100 | 2026 |        | NC             |                 |                 | Y         |                   |
| France 24 Eng. 1000 Viceland    | 0      | 0       | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                     | FRANCE            | English-100 | 2025 |        | NC             |                 |                 |           |                   |
| Matchday 23                     | 2026   | 23      | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                                                                                                                     | USA               | English-100 | 2026 | RPT    | NC             |                 |                 | Y         |                   |
| Front Up 1999 Series 6          | 6      | 22      | This is a meet the people program where Andrew Urban interviews the average person in the street about their lives, relationships, careers, and future. Today, Andrew speaks with Steve about his travels, his son, relationship, and his life.                                                                                                                              | AUSTRALIA         | English-100 | 1999 | RPT    | PG             |                 |                 |           |                   |
| Arseniooo Hall!                 | 2      | 1       | Dark Side of the '90s takes a deep dive into the decade's untold history, revealing secrets, perspectives, and first-hand accounts like you've never seen before. In this episode, Arsenio Hall carves out a niche in the white, late-night world by showcasing hip hop artists and emerging talent. Despite his success, Arsenio becomes a casualty in the late-night wars. | USA               | English-100 | 2022 | RPT    | M              | I v             | Y               |           | Y                 |
| Jeopardy Series 41 Ep 206       | 41     | 206     | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                                        | USA               | English-100 | 2024 | RPT    | G              |                 |                 | Y         |                   |

|           |      |                      |                                       |                                                  |      |     |                                                                                                                                                                                                                                                                                                          |                |             |      |     |    |     |     |
|-----------|------|----------------------|---------------------------------------|--------------------------------------------------|------|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-----|-----|
| 5/07/2026 | 1320 | Quiz                 | Jeopardy!                             | Jeopardy Series 41 Ep 207                        | 41   | 207 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                    | USA            | English-100 | 2024 | RPT | G  |     | Y   |
| 5/07/2026 | 1345 | Quiz                 | Jeopardy!                             | Jeopardy Series 41 Ep 208                        | 41   | 208 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                    | USA            | English-100 | 2024 | RPT | G  |     | Y   |
| 5/07/2026 | 1410 | Quiz                 | Jeopardy!                             | Jeopardy Series 41 Ep 209                        | 41   | 209 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                    | USA            | English-100 | 2024 | RPT | G  |     | Y   |
| 5/07/2026 | 1435 | Quiz                 | Jeopardy!                             | Jeopardy Series 41 Ep 210                        | 41   | 210 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                    | USA            | English-100 | 2024 | RPT | G  |     | Y   |
| 5/07/2026 | 1500 | Cycling              | Tour de France 2026 AM Highlights     | Stage 1                                          | 2026 | 1   | Daily highlights from the opening stage of the 2026 Tour de France, as the race begins with a 19 km Team time-trial starting and finishing in Barcelona, Spain.                                                                                                                                          | FRANCE         |             | 2026 | RPT |    |     | Y   |
| 5/07/2026 | 1600 | Nature & Environment | Bamay                                 | Murrumbidgee River - Wiradjuri & Ngarigo Country | 2    | 1   | A slow TV showcase of the stunning landscapes found in Wiradjuri and Ngarigo Country along the waters of the Murrumbidgee River.                                                                                                                                                                         | AUSTRALIA      | English-100 | 2020 | RPT | G  |     | Y   |
| 5/07/2026 | 1620 | News - Overseas      | France 24 International News          | France 24 International News                     | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                 | FRANCE         | English-100 | 2024 |     |    | NC  |     |
| 5/07/2026 | 1650 | News - Overseas      | PBS Washington Week With The Atlantic | PBS Washington Week With The Atlantic            | 0    | 0   | PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.     | USA            | English-100 | 2023 |     |    | NC  | Y   |
| 5/07/2026 | 1720 | News - Overseas      | PBS News Compass Points               | PBS News Compass Points                          | 2026 | 0   | Join PBS News Hour's Nick Schiffrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.                                                | USA            | English-100 | 2026 |     |    | NC  | Y   |
| 5/07/2026 | 1750 | Culture & Society    | The Food That Built The World         | Planet Mars                                      | 5    | 8   | After being kicked out of the family business by his father, Forrest Mars scratches and claws his way back to create a multi-sector global empire, Mars Inc. Today that empire is worth over \$47 billion dollars and a family dynasty that is the 3rd wealthiest in America worth nearly \$100 billion. | USA            | English-100 | 2023 | RPT | G  |     |     |
| 5/07/2026 | 1840 | History              | Abandoned Engineering                 | Rediscovery Of Archaeopolis, The                 | 10   | 5   | A country estate ravaged by revolution; a haunted hospital in a Japanese forest; and a tranquil island said to have inspired a musical legend. Each haunted shell ready to tell its own story.                                                                                                           | UNITED KINGDOM | English-100 | 2023 | RPT | PG | a v | Y Y |
| 5/07/2026 | 1935 | Biography            | Nicolas Cage: Hollywood's Mad Genius  | Nicolas Cage: Hollywood's Mad Genius             | 0    | 0   | Sheds light on the life and career of American actor Nicolas Cage, from his acting experiments teetering that propelled him to the top to his brutal downfall, and his ultimate rebirth.                                                                                                                 | FRANCE         | English-100 | 2025 |     |    |     |     |
| 5/07/2026 | 2035 | Variety              | Cup Fever!                            | Cup Fever Series 1 Ep 24                         | 1    | 24  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Clauro and Ed Kavalier recap the biggest moments with humour, insight and football passion.                                                                                                                                      | AUSTRALIA      | English-100 | 2026 |     | M  |     | Y   |
| 5/07/2026 | 2105 | History              | The Death Coast                       | Unfinished Business                              | 1    | 8   | With time running out, Jeff's team return to Le Chateau for its elusive stern. New finds disrupt their plan, forcing a final push to recover its remaining fortune and finish his father's mission.                                                                                                      | USA            | English-100 | 2025 |     | M  | I   | Y   |

|           |      |                   |                                      |                                              |      |    |                                                                                                                                                                                                                                                         |           |             |      |     |    |   |   |   |
|-----------|------|-------------------|--------------------------------------|----------------------------------------------|------|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-------------|------|-----|----|---|---|---|
| 5/07/2026 | 2155 | Thriller          | The Americans                        | Echo                                         | 2    | 13 | No one is safe as Philip and Elizabeth evacuate their children while trying to complete the mission. Stan holds Nina's future in his hands.                                                                                                             | USA       | English-100 | 2014 | MA  | v  | Y | Y | Y |
| 5/07/2026 | 2250 | Culture & Society | Lee Lin Chin's Fashionista           | Markets                                      | 1    | 17 | Lee Lin talks to Angela Burdett-Coutts about her work: cutting, sewing, pinning and painting fabric and clothes, which started out as a hobby, painting and transforming clothes. She then used markets to expand her 'art on clothes' into a business. | AUSTRALIA | English-100 | 2003 | RPT | G  |   | Y |   |
| 5/07/2026 | 2300 | Football          | FIFA World Cup 2026                  | FIFA World Cup 2026: Round Of 32: Match 85   | 2026 | 85 | All the action from the FIFA World Cup 2026 Round of 32 match between TBC and TBC at BC Place Vancouver.                                                                                                                                                | USA       | English-100 | 2026 | RPT | NC |   | Y |   |
| 5/07/2026 | 2600 | News - Overseas   | NHK World English News               | NHK World English News                       | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                           | JAPAN     | English-100 | 2026 |     |    |   |   |   |
| 6/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                 | Al Jazeera News Hour                         |      | 0  | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                        | QATAR     | English-100 | 2024 |     | NC |   |   |   |
| 6/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                               | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                    | TURKEY    | English-100 | 2026 |     | NC |   |   |   |
| 6/07/2026 | 630  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition              | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                          | FRANCE    | English-100 | 2025 |     | NC |   | Y |   |
| 6/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature Second Edition             | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                          | FRANCE    | English-100 | 2025 |     | NC |   |   |   |
| 6/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 2                                      | 2026 | 2  | Daily highlights from Stage 2 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Tarragone and finishing in Barcelona, Spain.                                                                                               | FRANCE    |             | 2026 |     |    |   | Y |   |
| 6/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                                | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                         | FJI       | English-100 | 2026 |     |    |   |   |   |
| 6/07/2026 | 815  | News - Overseas   | Euronews                             | Euronews                                     | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                     | BELGIUM   | English-100 | 2025 |     | NC |   |   |   |
| 6/07/2026 | 835  | News - Overseas   | DW English News                      | DW English News Morning                      | 2025 | 0  | News and analysis of the top international and European news and current affairs from Berlin, in English.                                                                                                                                               | GERMANY   | English-100 | 2025 |     | NC |   | Y |   |
| 6/07/2026 | 905  | News - Overseas   | DW Euromaxx                          | DW Euromaxx 2025                             | 2025 | 0  | Magazine programs Euromaxx, Sports Life and other features as broadcast by DW News in Berlin, Germany.                                                                                                                                                  | GERMANY   | English-100 | 2025 |     | NC |   |   |   |
| 6/07/2026 | 955  | News - Overseas   | PBS News Horizons                    | PBS News Horizons                            | 2026 | 0  | Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham.                                                                                                     | USA       | English-100 | 2026 |     | NC |   | Y |   |
| 6/07/2026 | 1025 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland                 | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                | FRANCE    | English-100 | 2025 |     | NC |   |   |   |
| 6/07/2026 | 1055 | Documentary       | Beautiful Game Changers              | Labin Gurung: Looking Out For Players        | 1    | 11 | At Sagarmatha FC, Labin Gurung helps Nepali players in Sydney stay connected, settle in, and get support when loneliness or gambling become a problem.                                                                                                  | AUSTRALIA | English-100 | 2026 |     | G  |   | Y |   |
| 6/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 24                                  | 2026 | 24 | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                | USA       | English-100 | 2026 | RPT | NC |   | Y |   |
| 6/07/2026 | 1130 | Culture & Society | Front Up 1999                        | Front Up 1999 Series 6                       | 6    | 24 | Interviews with people in the streets from all walks of life, telling of their success, failings, ambitions and experiences. This week features Aphrodite Nichles, Leif Hinchliffe, Caroline Eade, Gary MacLennan, and Maria Metropoulos.               | AUSTRALIA | English-100 | 1999 | RPT | PG |   |   |   |
| 6/07/2026 | 1200 | News - Overseas   | France 24 English News               | France 24 English News Morning First Edition | 2025 | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                | FRANCE    | English-100 | 2025 |     | NC |   | Y |   |

|           |      |                   |                                      |                                               |      |     |                                                                                                                                                                                                                                                                 |                |                     |      |     |    |       |   |
|-----------|------|-------------------|--------------------------------------|-----------------------------------------------|------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|---------------------|------|-----|----|-------|---|
| 6/07/2026 | 1230 | Animation         | Ten Year Old Tom                     | Tom Urinates On Boston; First Responder       | 1    | 5   | Tom's thrust into the spotlight of Red Sox nation when he accidentally urinates on Babe Ruth's mitt. Tom becomes a local hero after he stages a rescue mission, but the diner that tries to reward him for his bravery suffers permanent damage in the process. | UNITED KINGDOM | English-100         | 2021 | RPT | M  | a 1 s | Y |
| 6/07/2026 | 1300 | Sport General     | Inside The Huddle                    | Inside The Huddle Ep 17                       | 2026 | 17  | What is it like to be a footballer? Candid conversations, laughs, and insights that go beyond the game and into the outer.                                                                                                                                      | AUSTRALIA      | English-100         | 2026 | RPT | NC |       |   |
| 6/07/2026 | 1330 | Sport General     | Over The Black Dot                   | Over The Black Dot 2026 Ep 18                 | 2026 | 18  | In 2026, Over the Black Dot becomes a digital-first Rugby League yarn free-flowing conversations on footy, culture and community, with panellists and guests sharing authentic Indigenous stories.                                                              | AUSTRALIA      | English-100         | 2026 | RPT | NC |       |   |
| 6/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights    | Stage 1                                       | 2026 | 1   | Evening highlights from the opening stage of the 2026 Tour de France, as the race begins with a 19 km Team time-trial starting and finishing in Barcelona, Spain.                                                                                               | FRANCE         |                     | 2026 | RPT |    |       | Y |
| 6/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights    | Stage 2                                       | 2026 | 2   | Daily highlights from Stage 2 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Tarragone and finishing in Barcelona, Spain.                                                                                                       | FRANCE         |                     | 2026 | RPT |    |       | Y |
| 6/07/2026 | 1600 | Documentary       | Beautiful Game Changers              | Sulaiman Zandinan: Against The Odds           | 1    | 5   | Yazidi refugee Sulaiman Zandinan survived IS captivity and rebuilt his life in Australia, where football gave him purpose, community and a path to refereeing.                                                                                                  | AUSTRALIA      | English-100         | 2026 |     | G  |       | Y |
| 6/07/2026 | 1605 | News - Overseas   | BBC News At Ten                      | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                          | UNITED KINGDOM | English-100         | 2026 |     | NC |       | Y |
| 6/07/2026 | 1635 | News - Overseas   | France 24 International News         | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                        | FRANCE         | English-100         | 2024 |     | NC |       |   |
| 6/07/2026 | 1705 | News - Overseas   | PBS News Compass Points              | PBS News Compass Points                       | 2026 | 0   | Join PBS News Hour's Nick Schiffrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.       | USA            | English-100         | 2026 |     | NC |       | Y |
| 6/07/2026 | 1735 | News - Overseas   | Al Jazeera News Viceland Afternoon   | Al Jazeera News Viceland Afternoon            | 0    | 0   | News via satellite from Al Jazeera Satellite Network, Qatar, in English.                                                                                                                                                                                        | QATAR          | English-100         | 2025 |     | NC |       |   |
| 6/07/2026 | 1805 | Culture & Society | Alone Netherlands                    | Loneliness, The                               | 1    | 5   | Hoping to catch more fish, the adventurers build wooden fishing structures. As hunger and loneliness take their toll, some thrive while others struggle to carry on.                                                                                            | USA            | Dutch-96; English-4 | 2025 |     |    |       | Y |
| 6/07/2026 | 1905 | Quiz              | Jeopardy!                            | Jeopardy Series 41 Ep 171                     | 41   | 171 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                           | USA            | English-100         | 2024 | RPT | G  |       | Y |
| 6/07/2026 | 1930 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 121 | 2026 | 121 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                      | AUSTRALIA      | English-100         | 2026 |     | NC |       |   |
| 6/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown      | 8 Out Of 10 Cats Does Countdown Series 6 Ep 5 | 6    | 5   | It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring special guests Romesh Ranganathan, Johnny Vegas and Josie Long.                                                                | UNITED KINGDOM | English-100         | 2015 | RPT | M  | a 1 s | Y |
| 6/07/2026 | 2030 | Variety           | Cup Fever!                           | Cup Fever Series 1 Ep 25                      | 1    | 25  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Cilauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                             | AUSTRALIA      | English-100         | 2026 |     | M  |       | Y |
| 6/07/2026 | 2100 | History           | Mysteries Unearthed With Danny Trejo | Powerful Discoveries                          | 2    | 16  | From Mussolini's hidden bunker, to a warship built to dominate, and coins bearing Henry VIII's authority, these discoveries reveal how power leaves its mark long after its rulers are gone.                                                                    | USA            | English-100         | 2025 |     | M  | a     | Y |

|           |      |                   |                                      |                                            |      |    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                |             |      |     |    |       |   |   |
|-----------|------|-------------------|--------------------------------------|--------------------------------------------|------|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-------|---|---|
| 6/07/2026 | 2150 | Thriller          | Reckless                             | Episode 1                                  | 1    | 1  | After accidentally killing an elderly man in a late-night hit-and-run, sharp-tongued lawyer June and her soft-hearted brother Charlie stage his death to look natural and flee the scene. When the man's niece Sharne arrives from London for the funeral, she begins to question the circumstances in which her uncle died. As Charlie buckles under guilt and unexpectedly falls for Sharne, June scrambles to contain the truth, protect her career, and keep their secret buried. | AUSTRALIA      | English-100 | 2025 | RPT | M  | d f s | Y | Y |
| 6/07/2026 | 2255 | Documentary       | Beautiful Game Changers              | Allira Toby: Representation Matters        | 1    | 1  | Allira Toby grew up rarely seeing Indigenous faces in football. Now the proud Kanolu and Gangulu woman is helping create pathways for the next generation.                                                                                                                                                                                                                                                                                                                            | AUSTRALIA      | English-100 | 2026 |     | G  |       | Y |   |
| 6/07/2026 | 2300 | Football          | FIFA World Cup 2026                  | FIFA World Cup 2026: Round Of 16: Match 89 | 2026 | 90 | All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Philadelphia Stadium.                                                                                                                                                                                                                                                                                                                                                                            | USA            | English-100 | 2026 | RPT | NC |       | Y |   |
| 6/07/2026 | 2600 | News - Overseas   | NHK World English News               | NHK World English News                     | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                                                                                                                                                         | JAPAN          | English-100 | 2026 |     |    |       |   |   |
| 7/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                 | Al Jazeera News Hour                       |      | 0  | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                                                                                                                                                      | QATAR          | English-100 | 2024 |     | NC |       |   |   |
| 7/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                             | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                                                                                                                                                                                                                                                  | TURKEY         | English-100 | 2026 |     | NC |       |   |   |
| 7/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition            | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                                                                                                                                        | FRANCE         | English-100 | 2025 |     | NC |       | Y |   |
| 7/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 3                                    | 2026 | 3  | Daily highlights from Stage 3 of the 2026 Tour de France, as the peloton takes on a 196 km route starting in Granoliers and finishing in Les Angles.                                                                                                                                                                                                                                                                                                                                  | FRANCE         |             | 2026 |     |    |       | Y |   |
| 7/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                              | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                                                                                                                                       | FJI            | English-100 | 2026 |     |    |       |   |   |
| 7/07/2026 | 830  | News - Overseas   | Euronews                             | Euronews                                   | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                                                                                                                                   | BELGIUM        | English-100 | 2025 |     | NC |       | Y |   |
| 7/07/2026 | 840  | News - Overseas   | NHK Newsline                         | NHK Newsline Viceland                      | 0    | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                                                                                                                                                                                                                                          | JAPAN          | English-100 | 2026 |     |    |       |   |   |
| 7/07/2026 | 910  | News - Overseas   | CBC The National                     | Cbc The National                           | 2026 | 0  | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                                                                                                                                                           | CANADA         | English-100 | 2026 |     | NC |       |   |   |
| 7/07/2026 | 1000 | News - Overseas   | BBC News At Six                      | BBC News At Six                            | 2026 | 0  | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                                                                | UNITED KINGDOM | English-100 | 2026 |     | NC |       | Y |   |
| 7/07/2026 | 1030 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland               | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                                                              | FRANCE         | English-100 | 2025 |     | NC |       |   |   |
| 7/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 25                                | 2026 | 25 | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                                                                                                                                                                                                                              | USA            | English-100 | 2026 | RPT | NC |       | Y |   |
| 7/07/2026 | 1130 | Culture & Society | Lee Lin Chin's Fashionista           | Tigerlily                                  | 1    | 18 | Ten minutes of what's what in the world of Australian fashion with SBS TV's iconic, fashion guru, Lee Lin Chin. This week, Tigerlily.                                                                                                                                                                                                                                                                                                                                                 | AUSTRALIA      | English-100 | 2003 | RPT | PG |       | Y |   |
| 7/07/2026 | 1140 | News - Overseas   | DW The Day                           | DW The Day 2025                            | 0    | 0  | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                                                                                                                                                                                                                                              | GERMANY        | English-100 | 2025 |     | NC |       |   |   |
| 7/07/2026 | 1210 | Crime             | Homicide: Life On The Street         | Case Of Do Or Die, A                       | 7    | 14 | The death of a successful soon-to-be-married woman leaves Ballard and Bayliss and the entire Homicide squad searching for what transpired. The case strikes a cord with Ballard who flashes back to an all-to-familiar story of her own.                                                                                                                                                                                                                                              | USA            | English-100 | 1998 | RPT | M  | a     | Y |   |

|           |      |                   |                                      |                                                 |      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |             |      |     |    |           |   |   |
|-----------|------|-------------------|--------------------------------------|-------------------------------------------------|------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-----------|---|---|
| 7/07/2026 | 1305 | Crime             | Homicide: Life On The Street         | Sideshow                                        | 7    | 15  | The New York and Baltimore detectives pry further into the investigation of a sex-scandal cover up, and locate a key witness who divulges new evidence. When States Attorney's McCoy and Danvers come close to uncovering the truth, they run into legal problems with independent Counsel Dell who fights them every step of the way.                                                                                                                                                            | USA            | English-100 | 1998 | RPT | M  | a v       | Y |   |
| 7/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights    | Stage 2                                         | 2026 | 2   | Evening highlights from Stage 2 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Tarragone and finishing in Barcelona, Spain.                                                                                                                                                                                                                                                                                                                                       | FRANCE         |             | 2026 | RPT |    |           | Y |   |
| 7/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights    | Stage 3                                         | 2026 | 3   | Daily highlights from Stage 3 of the 2026 Tour de France, as the peloton takes on a 196 km route starting in Granollers and finishing in Les Angles.                                                                                                                                                                                                                                                                                                                                              | FRANCE         |             | 2026 | RPT |    |           | Y |   |
| 7/07/2026 | 1600 | Documentary       | Beautiful Game Changers              | Alison Todd & Tracey Atkinson: The Trailblazers | 1    | 12  | Alison Todd and Tracey Atkinson were among the women who founded the Flying Bats in 1985. Today, the club describes itself as the world's biggest LGBTQIA+ women's and non-binary football club.                                                                                                                                                                                                                                                                                                  | AUSTRALIA      | English-100 | 2026 |     | G  |           | Y |   |
| 7/07/2026 | 1605 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 121   | 2026 | 121 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                                                                        | AUSTRALIA      | English-100 | 2026 | RPT | NC |           |   |   |
| 7/07/2026 | 1610 | News - Overseas   | BBC News At Ten                      | BBC News At Ten                                 | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                                                                            | UNITED KINGDOM | English-100 | 2026 |     | NC |           | Y |   |
| 7/07/2026 | 1640 | News - Overseas   | France 24 International News         | France 24 International News                    | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                                                                          | FRANCE         | English-100 | 2024 |     | NC |           |   |   |
| 7/07/2026 | 1710 | News - Overseas   | PBS Newshour                         | PBS Newshour                                    | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                                                                                                                                                                 | USA            | English-100 | 2023 |     | NC |           | Y |   |
| 7/07/2026 | 1810 | Culture & Society | Alone Netherlands                    | Hunger, The                                     | 1    | 6   | Checking fishing nets in icy waters pushes the participants to their limits. Despite building rafts to fish safely, food remains scarce and hunger becomes increasingly difficult to endure.                                                                                                                                                                                                                                                                                                      | USA            | English-100 | 2025 |     |    |           |   |   |
| 7/07/2026 | 1905 | Quiz              | Jeopardy!                            | Jeopardy Series 41 Ep 172                       | 41   | 172 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                                                                                                                                                             | USA            | English-100 | 2024 | RPT | G  |           | Y |   |
| 7/07/2026 | 1930 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 122   | 2026 | 122 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                                                                        | AUSTRALIA      | English-100 | 2026 |     | NC |           |   |   |
| 7/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown      | 8 Out Of 10 Cats Does Countdown Series 6 Ep 6   | 6    | 6   | It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring special guests Vic Reeves, Bob Mortimer and Jack Whitehall.                                                                                                                                                                                                                                                                                                      | UNITED KINGDOM | English-100 | 2015 | RPT | M  | a l n s w | Y |   |
| 7/07/2026 | 2030 | Variety           | Cup Fever!                           | Cup Fever Series 1 Ep 26                        | 1    | 26  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Cilauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                                                                                                                                                                                                                                                               | AUSTRALIA      | English-100 | 2026 |     | M  |           | Y |   |
| 7/07/2026 | 2100 | History           | Mysteries Unearthed With Danny Trejo | Big & Bad                                       | 2    | 17  | History's biggest discoveries aren't always its best, a diamond heist ends in a ditch, a blazing 'Gateway to Hell' burns on, and an island swarms with deadly vipers.                                                                                                                                                                                                                                                                                                                             | USA            | English-100 | 2025 |     | M  | a v       |   |   |
| 7/07/2026 | 2150 | Thriller          | Reckless                             | Episode 2                                       | 1    | 2   | June finds herself blackmailed by Valda and has to manipulate an old flame in her efforts to erase evidence and get the upper hand. But when P.I. Rusty unearths incriminating CCTV footage of the hit and run, Valda tightens her grip. June is forced to seek help from some shady criminal associates, jeopardising her marriage just as Kate seeks another shot at motherhood. Meanwhile, Charlie's new romance with Sharnie fails to launch when he discovers she may not be who she claims. | AUSTRALIA      | English-100 | 2025 | RPT | M  | d i s     | Y | Y |

|           |      |                   |                                       |                                 |         |      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                               |                                             |             |      |      |       |   |   |
|-----------|------|-------------------|---------------------------------------|---------------------------------|---------|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|-------------|------|------|-------|---|---|
| 7/07/2026 | 2250 | Culture & Society | Myths: Greatest Mysteries Of Humanity | Flood, The                      | 2       | 3    | A gigantic flood known as the Great Flood engulfs the globe, destroying all life on Earth. The Book of Genesis describes a catastrophe of biblical proportions. Noah is commanded to save himself, his family and the animal kingdom by taking refuge on an ark. Did this flood take place? And if so, what caused it? Researchers around the world are searching for evidence of the largest flood of all time. New findings from the fields of archaeology and geology help to unlock the mystery of the Great Flood. | GERMANY                                                                                                                                       | English-80; German-10; Bulgarian-5; Dutch-5 | 2022        | RPT  | PG   | a     | Y | Y |
| 7/07/2026 | 2355 | Culture & Society | Myths: Greatest Mysteries Of Humanity | Ghosts And Spectres             | 2       | 4    | Since the dawn of time, people have believed in life after death, ancestors coming back to visit us, and unfortunate souls lingering between two worlds. But is it actually possible to come back to Earth as an ethereal spirit? Researchers from all over the world are attempting to add some tangibility to this seemingly incomprehensible notion. Are encounters between humans and supernatural creatures real, or are our senses just playing tricks on us?                                                     | GERMANY                                                                                                                                       | English-80; German-20                       | 2022        | RPT  | M    | a h v | Y | Y |
| 7/07/2026 | 2500 | Culture & Society | The Story Of Because I Got High       | Because I Got High - Afroman    | 2       | 1    | After years of trying to get his rap career off the ground, Joseph Foreman (aka Afroman) struck gold with a cautionary tale about the consequences of excessive weed smoking. 'Because I Got High' began gaining traction throughout the South but once it made its way onto Napster, it became an unlikely mainstream hit.                                                                                                                                                                                             | USA                                                                                                                                           | English-100                                 | 2022        | RPT  | MA   | d     |   |   |
| 7/07/2026 | 2530 | Cycling           | Tour de France 2026 Full Stages       | LIVE                            | Stage 4 | 2026 | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | All the action from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix. | FRANCE                                      | English-100 | 2026 | LIVE |       | Y |   |
| 7/07/2026 | 2605 | News - Overseas   | NHK World English News                | NHK World English News          | 2026    | 0    | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                                                                                                                                                                                           | JAPAN                                                                                                                                         | English-100                                 | 2026        |      |      |       |   |   |
| 8/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                  | Al Jazeera News Hour            |         | 0    | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                                                                                                                                                                                        | QATAR                                                                                                                                         | English-100                                 | 2024        |      | NC   |       |   |   |
| 8/07/2026 | 600  | News - Overseas   | TRT World News                        | TRT World News                  | 2026    | 0    | The latest news from around the globe from TRT World, Istanbul, Turkey, in English.                                                                                                                                                                                                                                                                                                                                                                                                                                     | TURKEY                                                                                                                                        | English-100                                 | 2026        |      | NC   |       |   |   |
| 8/07/2026 | 650  | News - Overseas   | France 24 Feature                     | France 24 Feature First Edition | 2025    | 0    | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | FRANCE                                                                                                                                        | English-100                                 | 2025        |      | NC   | Y     |   |   |
| 8/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights     | Stage 4                         | 2026    | 4    | Daily highlights from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.                                                                                                                                                                                                                                                                                                                                                                         | FRANCE                                                                                                                                        |                                             | 2026        |      |      | Y     |   |   |
| 8/07/2026 | 800  | News - Overseas   | FBC News Fiji                         | FBC News Fiji                   | 2026    | 0    | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                                                                                                                                                                         | FJI                                                                                                                                           | English-100                                 | 2026        |      |      |       |   |   |
| 8/07/2026 | 830  | News - Overseas   | Euronews                              | Euronews                        | 0       | 0    | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                                                                                                                                                                     | BELGIUM                                                                                                                                       | English-100                                 | 2025        |      | NC   | Y     |   |   |
| 8/07/2026 | 840  | News - Overseas   | NHK Newsline                          | NHK Newsline Viceland           | 0       | 0    | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                                                                                                                                                                                                                                                                            | JAPAN                                                                                                                                         | English-100                                 | 2026        |      |      |       |   |   |
| 8/07/2026 | 910  | News - Overseas   | CBC The National                      | Cbc The National                | 2026    | 0    | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                                                                                                                                                                                             | CANADA                                                                                                                                        | English-100                                 | 2026        |      | NC   |       |   |   |
| 8/07/2026 | 1000 | News - Overseas   | BBC News At Six                       | BBC News At Six                 | 2026    | 0    | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                                                                                                  | UNITED KINGDOM                                                                                                                                | English-100                                 | 2026        |      | NC   | Y     |   |   |
| 8/07/2026 | 1030 | News - Overseas   | France 24 English News                | France 24 Eng. 1000 Viceland    | 0       | 0    | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                                                                                                | FRANCE                                                                                                                                        | English-100                                 | 2025        |      | NC   |       |   |   |
| 8/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show  | Matchday 26                     | 2026    | 26   | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                                                                                                                                                                                                                                                                | USA                                                                                                                                           | English-100                                 | 2026        | RPT  | NC   |       | Y |   |
| 8/07/2026 | 1130 | Culture & Society | Front Up 1999                         | Front Up 1999 Series 6          | 6       | 25   | Interviews with people in the streets from all walks of life, telling of their success, failings, ambitions, and experiences. This week features Chris Hudson, Erin Hudson, Ben Lomberger, Willem Bekkema, Marianne Bekkema, and Kelvin Rycroft.                                                                                                                                                                                                                                                                        | AUSTRALIA                                                                                                                                     | English-100                                 | 1999        | RPT  | PG   |       |   |   |
| 8/07/2026 | 1200 | News - Overseas   | DW The Day                            | DW The Day 2025                 | 0       | 0    | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                                                                                                                                                                                                                                                                                | GERMANY                                                                                                                                       | English-100                                 | 2025        |      | NC   |       |   |   |

|           |      |                   |                                       |                                                |      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                |                     |      |     |    |       |   |
|-----------|------|-------------------|---------------------------------------|------------------------------------------------|------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|---------------------|------|-----|----|-------|---|
| 8/07/2026 | 1230 | Figure Skating    | Isu Figure Skating 2025/26 Highlights | European Championships, United Kingdom, Part 2 | 2025 | 7   | All the best moments from the 2026 ISU Figure Skating European Championships from Sheffield, United Kingdom - Part 2.                                                                                                                                                                                                                                                                                                                               |                |                     | 2025 | RPT | NC |       | Y |
| 8/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights     | Stage 3                                        | 2026 | 3   | Evening highlights from Stage 3 of the 2026 Tour de France, as the peloton takes on a 196 km route starting in Granoliers and finishing in Les Angles.                                                                                                                                                                                                                                                                                              | FRANCE         |                     | 2026 | RPT |    |       | Y |
| 8/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights     | Stage 4                                        | 2026 | 4   | Daily highlights from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.                                                                                                                                                                                                                                                                                                     | FRANCE         |                     | 2026 | RPT |    |       | Y |
| 8/07/2026 | 1600 | News - Domestic   | NITV News Update                      | NITV News Update 2026 Viceland Version Ep 122  | 2026 | 122 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                          | AUSTRALIA      | English-100         | 2026 | RPT | NC |       |   |
| 8/07/2026 | 1605 | News - Overseas   | BBC News At Ten                       | BBC News At Ten                                | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                              | UNITED KINGDOM | English-100         | 2026 |     | NC |       | Y |
| 8/07/2026 | 1635 | News - Overseas   | France 24 International News          | France 24 International News                   | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                            | FRANCE         | English-100         | 2024 |     | NC |       |   |
| 8/07/2026 | 1705 | News - Overseas   | PBS Newshour                          | PBS Newshour                                   | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                                                                                                                   | USA            | English-100         | 2023 |     | NC |       | Y |
| 8/07/2026 | 1810 | Culture & Society | Alone Netherlands                     | Exhaustion, The                                | 1    | 7   | The lack of food takes its toll as survival in the wilderness becomes ever harder. Homesickness grows, and participants begin to question how much longer they can endure.                                                                                                                                                                                                                                                                          | USA            | Dutch-96; English-4 | 2025 |     |    |       |   |
| 8/07/2026 | 1905 | Quiz              | Jeopardy!                             | Jeopardy Series 41 Ep 173                      | 41   | 173 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                                                                                                               | USA            | English-100         | 2024 | RPT | G  |       | Y |
| 8/07/2026 | 1930 | News - Domestic   | NITV News Update                      | NITV News Update 2026 Viceland Version Ep 123  | 2026 | 123 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                          | AUSTRALIA      | English-100         | 2026 |     | NC |       |   |
| 8/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown       | 8 Out Of 10 Cats Does Countdown Series 6 Ep 7  | 6    | 7   | It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring guests Jason Manford, Jonathan Ross, Bill Bailey and Sarah Millican.                                                                                                                                                                                                                                               | UNITED KINGDOM | English-100         | 2015 | RPT | M  | 1s    | Y |
| 8/07/2026 | 2030 | Variety           | Cup Fever!                            | Cup Fever Series 1 Ep 27                       | 1    | 27  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Cilauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                                                                                                                                                                                                                 | AUSTRALIA      | English-100         | 2026 |     | M  |       | Y |
| 8/07/2026 | 2100 | History           | Mysteries Unearthed With Danny Trejo  | Grave Secrets                                  | 2    | 18  | From a hidden cache of bones, to an ancient tomb shrouded in mystery, and even a rare sports car dug up in a backyard... these eerie revelations prove that some secrets refuse to stay buried.                                                                                                                                                                                                                                                     | USA            | English-100         | 2025 | RPT | M  | a v   |   |
| 8/07/2026 | 2150 | Thriller          | Reckless                              | Episode 3                                      | 1    | 3   | June's plan to extricate Charlie and his record store from her criminal associates hits a terrifying snag when she meets the kingpin who threatens her family if she steps out of line. Meanwhile, Roddy pulls himself together and goes on the offensive, uncovering June's involvement in George's death. Sharne stumbles onto evidence that Valda was poisoning George in his final days and uses it to shake her down for a larger cut of cash. | AUSTRALIA      | English-100         | 2025 | RPT | M  | a l v | Y |
| 8/07/2026 | 2250 | Documentary       | Beautiful Game Changers               | Satinder Sanghera: A Life In Football          | 1    | 3   | Football coach Satinder Sanghera has spent nearly four decades shaping football in Melbourne's Sikh community and at the Australian Sikh Games.                                                                                                                                                                                                                                                                                                     | AUSTRALIA      | English-100         | 2026 |     | G  |       | Y |
| 8/07/2026 | 2300 | Football          | FIFA World Cup 2026                   | FIFA World Cup 2026: Round Of 16: Match 92     | 2026 | 92  | All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Mexico City Stadium.                                                                                                                                                                                                                                                                                                                                           | USA            | English-100         | 2026 | RPT | NC |       | Y |
| 8/07/2026 | 2600 | News - Overseas   | NHK World English News                | NHK World English News                         | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                                                                                                                       | JAPAN          | English-100         | 2026 |     |    |       |   |

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|-----------|------|-------------------|--------------------------------------|-----------------------------------------------|------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|---------|---|---|
| 9/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                 | Al Jazeera News Hour                          | 0    | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English. | QATAR                                                                                                                                                                                                                                                    | English-100    | 2024        | NC   |     |    |         |   |   |
| 9/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                                | 2026 | 0                                                                                | The latest news from around the globe from TRT World, Istanbul, Turkey, in English.                                                                                                                                                                      | TURKEY         | English-100 | 2026 | NC  |    |         |   |   |
| 9/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition               | 2025 | 0                                                                                | News feature in English from France 24, Paris.                                                                                                                                                                                                           | FRANCE         | English-100 | 2025 | NC  |    |         | Y |   |
| 9/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 5                                       | 2026 | 5                                                                                | Daily highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.                                                                                                            | FRANCE         |             | 2026 |     |    |         | Y |   |
| 9/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                                 | 2026 | 0                                                                                | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                          | FJI            | English-100 | 2026 |     |    |         |   |   |
| 9/07/2026 | 830  | News - Overseas   | Euronews                             | Euronews                                      | 0    | 0                                                                                | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                      | BELGIUM        | English-100 | 2025 | NC  |    |         | Y |   |
| 9/07/2026 | 840  | News - Overseas   | NHK Newsline                         | NHK Newsline Viceland                         | 0    | 0                                                                                | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                             | JAPAN          | English-100 | 2026 |     |    |         |   |   |
| 9/07/2026 | 910  | News - Overseas   | CBC The National                     | Cbc The National                              | 2026 | 0                                                                                | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                              | CANADA         | English-100 | 2026 | NC  |    |         |   |   |
| 9/07/2026 | 1000 | News - Overseas   | BBC News At Six                      | BBC News At Six                               | 2026 | 0                                                                                | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                   | UNITED KINGDOM | English-100 | 2026 | NC  |    |         | Y |   |
| 9/07/2026 | 1030 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland                  | 0    | 0                                                                                | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                 | FRANCE         | English-100 | 2025 | NC  |    |         |   |   |
| 9/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 27                                   | 2026 | 27                                                                               | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                 | USA            | English-100 | 2026 | RPT | NC |         | Y |   |
| 9/07/2026 | 1130 | News - Overseas   | Euronews The Ring                    | Euronews The Ring                             | 0    | 0                                                                                | The Ring is Euronews' weekly political debate. In each episode, two political representatives from across the EU propose a diversity of opinions and conversations around the most important issues of EU affairs and the wider European political life. | BELGIUM        | English-100 | 2025 | NC  |    |         |   |   |
| 9/07/2026 | 1200 | News - Overseas   | DW The Day                           | DW The Day 2025                               | 0    | 0                                                                                | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                 | GERMANY        | English-100 | 2025 | NC  |    |         |   |   |
| 9/07/2026 | 1230 | Culture & Society | Dark Side Of The 90s                 | Mtv & The Real World                          | 2    | 2                                                                                | MTV's 'The Real World' is television with something to say - with a soap opera twist. But when MTV gets rich from reality TV, they trade in realism for toilet humour and hot tubs.                                                                      | USA            | English-100 | 2022 | RPT | M  | a l s v | Y | Y |
| 9/07/2026 | 1325 | Current Affairs   | Framed                               | Framed Episode 4                              | 1    | 4                                                                                | The rumours start to bite. A chain reaction has now been set in motion. A series of unintended consequences reveal the true legacy of the theft of the Weeping Woman.                                                                                    | AUSTRALIA      | English-100 | 2021 | RPT | PG | a l     | Y |   |
| 9/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights    | Stage 4                                       | 2026 | 4                                                                                | Evening highlights from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.                                                                                                        | FRANCE         |             | 2026 | RPT |    |         | Y |   |
| 9/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights    | Stage 5                                       | 2026 | 5                                                                                | Daily highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.                                                                                                            | FRANCE         |             | 2026 | RPT |    |         | Y |   |
| 9/07/2026 | 1600 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 123 | 2026 | 123                                                                              | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                               | AUSTRALIA      | English-100 | 2026 | RPT | NC |         |   |   |

|            |      |                   |                                      |                                               |      |     |                                                                                                                                                                                                                                                                                                                                                                                                                       |                |             |      |     |    |     |   |
|------------|------|-------------------|--------------------------------------|-----------------------------------------------|------|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|-----|---|
| 9/07/2026  | 1605 | News - Overseas   | BBC News At Ten                      | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                | UNITED KINGDOM | English-100 | 2026 |     | NC |     | Y |
| 9/07/2026  | 1635 | News - Overseas   | France 24 International News         | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                              | FRANCE         | English-100 | 2024 |     | NC |     |   |
| 9/07/2026  | 1705 | News - Overseas   | PBS Newshour                         | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                                                                                     | USA            | English-100 | 2023 |     | NC |     | Y |
| 9/07/2026  | 1810 | Culture & Society | Alone Netherlands                    | Winter, The                                   | 1    | 8   | Temperatures at remote Salvatnet Lake in Norway drop rapidly, forcing participants to insulate shelters. With empty stomachs, staying warm and pushing on becomes increasingly difficult.                                                                                                                                                                                                                             | USA            | English-100 | 2025 |     |    |     |   |
| 9/07/2026  | 1905 | Quiz              | Jeopardy!                            | Jeopardy Series 41 Ep 174                     | 41   | 174 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                                                                                                                                                                                 | USA            | English-100 | 2024 | RPT | G  |     | Y |
| 9/07/2026  | 1930 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 124 | 2026 | 124 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                            | AUSTRALIA      | English-100 | 2026 |     | NC |     |   |
| 9/07/2026  | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown      | 8 Out Of 10 Cats Does Countdown Series 6 Ep 8 | 6    | 8   | It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, tonight featuring guests Bill Bailey, Sarah Millican, Nina Conti and Rob Delaney.                                                                                                                                                                                                                      | UNITED KINGDOM | English-100 | 2015 | RPT | M  | 1s  | Y |
| 9/07/2026  | 2030 | Culture & Society | The Truth About Temu                 | Truth About Temu, The                         | 0    | 0   | Ellie Flynn investigates the rapid rise of the retail app Temu. Is it too good to be true?                                                                                                                                                                                                                                                                                                                            | UNITED KINGDOM | English-100 | 2024 | RPT | PG | a   | Y |
| 9/07/2026  | 2100 | History           | Mysteries Unearthed With Danny Trejo | Strange Finds                                 | 2    | 19  | Some discoveries defy explanation, Jurassic fossilised vomit, a pulsing sewer blob, and a long-lost toy in a lung. These freaky finds prove reality is stranger than fiction.                                                                                                                                                                                                                                         | USA            | English-100 | 2025 |     | M  | a w |   |
| 9/07/2026  | 2150 | Thriller          | Reckless                             | Episode 4                                     | 1    | 4   | June races against time to save her brother Charlie from gangland captors, striking a risky business deal with a criminal kingpin to buy his freedom. Meanwhile, Sharne prepares to flee town with her payout from Valda, but a botched robbery by bumbling Rex brings everything crashing down. With Sharne arrested and Charlie confessing to George's death, June's cover up of the hit and run is disintegrating. | AUSTRALIA      | English-100 | 2025 | RPT | MA | l   | Y |
| 9/07/2026  | 2255 | Documentary       | Beautiful Game Changers              | Fatima Yousufi: Unbreakable Hope              | 1    | 4   | From Kabul to Australia, Fatima Yousufi is using football to make sure Afghan women and girls are not forgotten.                                                                                                                                                                                                                                                                                                      | AUSTRALIA      | English-100 | 2026 |     | G  |     | Y |
| 9/07/2026  | 2300 | Football          | FIFA World Cup 2026                  | FIFA World Cup 2026: Round Of 16: Match 93    | 2026 | 93  | All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Dallas Stadium.                                                                                                                                                                                                                                                                                                                  | USA            | English-100 | 2026 | RPT | NC |     | Y |
| 9/07/2026  | 2600 | News - Overseas   | NHK World English News               | NHK World English News                        | 2026 | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                                                                                         | JAPAN          | English-100 | 2026 |     |    |     |   |
| 10/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                 | Al Jazeera News Hour                          |      | 0   | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                                                                                      | QATAR          | English-100 | 2024 |     | NC |     |   |
| 10/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                                | 2026 | 0   | The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.                                                                                                                                                                                                                                                                                                                                  | TURKEY         | English-100 | 2026 |     | NC |     |   |
| 10/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition               | 2025 | 0   | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                                                                        | FRANCE         | English-100 | 2025 |     | NC |     | Y |
| 10/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 6                                       | 2026 | 6   | Daily highlights from Stage 6 of the 2026 Tour de France, as the peloton takes on a 186 km route starting in Pau and finishing in Gavarnie-Geaube.                                                                                                                                                                                                                                                                    | FRANCE         |             | 2026 |     |    |     | Y |
| 10/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                                 | 2026 | 0   | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                                                                       | FJI            | English-100 | 2026 |     |    |     |   |
| 10/07/2026 | 830  | News - Overseas   | Euronews                             | Euronews                                      | 0    | 0   | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                                                                   | BELGIUM        | English-100 | 2025 |     | NC |     | Y |

|            |      |                   |                                   |                                               |      |     |                                                                                                                                                                                                                                                               |                |             |      |     |   |       |   |
|------------|------|-------------------|-----------------------------------|-----------------------------------------------|------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|---|-------|---|
| 10/07/2026 | 840  | News - Overseas   | NHK Newsline                      | NHK Newsline Viceland                         | 0    | 0   | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                  | JAPAN          | English-100 | 2026 |     |   |       |   |
| 10/07/2026 | 910  | News - Overseas   | CBC The National                  | Cbc The National                              | 2026 | 0   | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                   | CANADA         | English-100 | 2026 |     |   | NC    |   |
| 10/07/2026 | 1000 | News - Overseas   | BBC News At Six                   | BBC News At Six                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                        | UNITED KINGDOM | English-100 | 2026 |     |   | NC    | Y |
| 10/07/2026 | 1030 | News - Overseas   | France 24 English News            | France 24 Eng. 1000 Viceland                  | 0    | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                      | FRANCE         | English-100 | 2025 |     |   | NC    |   |
| 10/07/2026 | 1100 | Culture & Society | Front Up 1999                     | Front Up 1999 Series 6                        | 6    | 26  | Interviews with people in the streets from all walks of life, telling of their success, failings, ambitions and experiences. This week features Tom Gibbs, Maggie Lawson, Lea Baonza, and Lindsay Garity.                                                     | AUSTRALIA      | English-100 | 1999 | RPT |   | PG    |   |
| 10/07/2026 | 1135 | Culture & Society | Front Up 1999                     | Front Up 1999 Series 6: Sixties Special       | 6    | 27  | Interviews with people in the streets from all walks of life, telling of their success, failings, ambitions, and experiences. This week features Jan McCarthy, Chris McCarthy, Louise Short, Viet Nguyen, Raisa Darnell, Sirleng Gooden, and Clarence Gooden. | AUSTRALIA      | English-100 | 1999 | RPT |   | PG    |   |
| 10/07/2026 | 1205 | News - Overseas   | DW The Day                        | DW The Day 2025                               | 0    | 0   | DW The Day is a news show that helps you understand emerging stories from Europe, the US and across the globe, in English, no subtitles.                                                                                                                      | GERMANY        | English-100 | 2025 |     |   | NC    |   |
| 10/07/2026 | 1235 | Culture & Society | Dark Side Of The 90s              | Black Sitcoms' Last Laugh                     | 2    | 7   | Black comedies explode in the '90s, with sitcoms written and produced by Black creators, featuring Black casts. But no culture is immune to the toxicity of fame and power.                                                                                   | USA            | English-100 | 2022 | RPT | M | a l s | Y |
| 10/07/2026 | 1330 | Culture & Society | The Grudge                        | Shaq VS Kobe                                  | 1    | 1   | When Shaq and Kobe joined the Lakers, a dynasty seemed certain. But clashing egos, contrasting styles, and Hollywood pressure made their partnership a ticking time bomb.                                                                                     | USA            | English-100 | 2025 | RPT | M | I     | Y |
| 10/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights | Stage 5                                       | 2026 | 5   | Evening highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.                                                                                                               | FRANCE         |             | 2026 | RPT |   |       | Y |
| 10/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights | Stage 6                                       | 2026 | 6   | Daily highlights from Stage 6 of the 2026 Tour de France, as the peloton takes on a 186 km route starting in Pau and finishing in Gavarnie-Gedrie.                                                                                                            | FRANCE         |             | 2026 | RPT |   |       | Y |
| 10/07/2026 | 1600 | News - Domestic   | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 124 | 2026 | 124 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                    | AUSTRALIA      | English-100 | 2026 | RPT |   | NC    |   |
| 10/07/2026 | 1605 | News - Overseas   | BBC News At Ten                   | BBC News At Ten                               | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                        | UNITED KINGDOM | English-100 | 2026 |     |   | NC    | Y |
| 10/07/2026 | 1635 | News - Overseas   | France 24 International News      | France 24 International News                  | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                      | FRANCE         | English-100 | 2024 |     |   | NC    |   |
| 10/07/2026 | 1705 | News - Overseas   | PBS Newshour                      | PBS Newshour                                  | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                             | USA            | English-100 | 2023 |     |   | NC    | Y |
| 10/07/2026 | 1805 | Sport General     | Inside The Huddle                 | Inside The Huddle Ep 18                       | 2026 | 18  | What is it like to be a footballer? Candid conversations, laughs, and insights that go beyond the game and into the outer.                                                                                                                                    | AUSTRALIA      | English-100 | 2026 | RPT |   | NC    |   |
| 10/07/2026 | 1835 | Sport General     | Over The Black Dot                | Over The Black Dot 2026 Ep 19                 | 2026 | 19  | In 2026, Over the Black Dot becomes a digital-first Rugby League yarn free-flowing conversations on footy, culture and community, with panellists and guests sharing authentic Indigenous stories.                                                            | AUSTRALIA      | English-100 | 2026 | RPT |   | NC    |   |
| 10/07/2026 | 1905 | Quiz              | Jeopardy!                         | Jeopardy Series 41 Ep 175                     | 41   | 175 | Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.                                                                                                                                         | USA            | English-100 | 2024 | RPT | G |       | Y |
| 10/07/2026 | 1930 | News - Domestic   | NITV News Update                  | NITV News Update 2026 Viceland Version Ep 125 | 2026 | 125 | NITV News recaptures the highlights of Indigenous news around the country.                                                                                                                                                                                    | AUSTRALIA      | English-100 | 2026 | RPT |   | NC    |   |

|            |      |                   |                                      |                                               |      |    |                                                                                                                                                                                                                                                                                                                                                                                                                       |                |             |      |     |    |         |   |
|------------|------|-------------------|--------------------------------------|-----------------------------------------------|------|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|------|-----|----|---------|---|
| 10/07/2026 | 1935 | Quiz              | 8 Out Of 10 Cats Does Countdown      | 8 Out Of 10 Cats Does Countdown Series 7 Ep 2 | 7    | 2  | It's Letters and Numbers with a whole bunch of comedians. The UK's funniest quiz show is hosted by Jimmy Carr, and tonight features special guests Rhod Gilbert, Sara Pascoe and Johnny Vegas.                                                                                                                                                                                                                        | UNITED KINGDOM | English-100 | 2015 | RPT | M  | a l s   | Y |
| 10/07/2026 | 2030 | Variety           | Cup Fever!                           | Cup Fever Series 1 Ep 28                      | 1    | 28 | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Clauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                                                                                                                                                                                    | AUSTRALIA      | English-100 | 2026 |     | M  |         | Y |
| 10/07/2026 | 2100 | History           | Mysteries Unearthed With Danny Trejo | Most Valuable Finds                           | 2    | 20 | From a \$4 flea market frame hiding the Declaration of Independence to a lost Faberge egg and a priceless comic book found in a wall, these discoveries turned forgotten items into fortunes.                                                                                                                                                                                                                         | USA            | English-100 | 2025 |     | PG | a d v w |   |
| 10/07/2026 | 2150 | Culture & Society | Wogball: Australia's Beautiful Game  | Wogball: Australia's Beautiful Game           | 0    | 0  | Presented by Aussie Hollywood star Anthony LaPaglia, Wogball tells the remarkable, emotional story of how football overcame racism, media hostility and fierce competition to become one of modern Australia's greatest success stories. Packed with surprising revelations, nostalgia and moments of pure joy, this is a passionate celebration of the beautiful game and the perfect warm-up to the 2026 World Cup. | AUSTRALIA      | English-100 | 2026 | RPT | PG | a l     |   |
| 10/07/2026 | 2250 | Culture & Society | Lee Lin Chin's Fashionista           | Alistair Trung                                | 1    | 21 | Lee Lin Chin talks to Sydney-based designer Alistair Trung about his Vietnamese origins and influences and about his wish for everyone to wear sarongs and pareos. His use of traditional fabric and techniques gives tradition a new meaning.                                                                                                                                                                        | AUSTRALIA      | English-100 | 2003 | RPT | G  |         | Y |
| 10/07/2026 | 2300 | Football          | FIFA World Cup 2026                  | FIFA World Cup 2026: Round Of 16: Match 94    | 2026 | 94 | All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Seattle Stadium.                                                                                                                                                                                                                                                                                                                 | USA            | English-100 | 2026 | RPT | NC |         | Y |
| 10/07/2026 | 2600 | News - Overseas   | NHK World English News               | NHK World English News                        | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                                                                                                                                                                                                                                                         | JAPAN          | English-100 | 2026 |     |    |         |   |
| 11/07/2026 | 500  | News - Overseas   | Al Jazeera News Hour                 | Al Jazeera News Hour                          |      | 0  | In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.                                                                                                                                                                                                                                                                                                                                      | QATAR          | English-100 | 2024 |     | NC |         |   |
| 11/07/2026 | 600  | News - Overseas   | TRT World News                       | TRT World News                                | 2026 | 0  | The latest news from around the globe from TRT World, Istanbul, Turkey, in English.                                                                                                                                                                                                                                                                                                                                   | TURKEY         | English-100 | 2026 |     | NC |         |   |
| 11/07/2026 | 650  | News - Overseas   | France 24 Feature                    | France 24 Feature First Edition               | 2025 | 0  | News feature in English from France 24, Paris.                                                                                                                                                                                                                                                                                                                                                                        | FRANCE         | English-100 | 2025 |     | NC |         | Y |
| 11/07/2026 | 700  | Cycling           | Tour de France 2026 AM Highlights    | Stage 7                                       | 2026 | 7  | Daily highlights from Stage 7 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Hagetmau and finishing in Bordeaux.                                                                                                                                                                                                                                                                      | FRANCE         |             | 2026 |     |    |         | Y |
| 11/07/2026 | 800  | News - Overseas   | FBC News Fiji                        | FBC News Fiji                                 | 2026 | 0  | Local, world, sport and entertainment news in English from FBC News, Suva Fiji.                                                                                                                                                                                                                                                                                                                                       | Fiji           | English-100 | 2026 |     |    |         |   |
| 11/07/2026 | 830  | News - Overseas   | Euronews                             | Euronews                                      | 0    | 0  | Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.                                                                                                                                                                                                                                                                                                                   | BELGIUM        | English-100 | 2025 |     | NC |         | Y |
| 11/07/2026 | 840  | News - Overseas   | NHK Newsline                         | NHK Newsline Viceland                         | 0    | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news                                                                                                                                                                                                                                                                          | JAPAN          | English-100 | 2026 |     |    |         |   |
| 11/07/2026 | 910  | News - Overseas   | CBC The National                     | Cbc The National                              | 2026 | 0  | CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.                                                                                                                                                                                                                                                                                           | CANADA         | English-100 | 2026 |     | NC |         |   |
| 11/07/2026 | 1000 | News - Overseas   | BBC News At Six                      | BBC News At Six                               | 2026 | 0  | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                | UNITED KINGDOM | English-100 | 2026 |     | NC |         | Y |
| 11/07/2026 | 1030 | News - Overseas   | France 24 English News               | France 24 Eng. 1000 Viceland                  | 0    | 0  | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                              | FRANCE         | English-100 | 2025 |     | NC |         |   |
| 11/07/2026 | 1100 | Football          | FIFA World Cup 2026: Highlights Show | Matchday 28                                   | 2026 | 28 | All the best action from the latest Matchday at the FIFA World Cup 2026.                                                                                                                                                                                                                                                                                                                                              | USA            | English-100 | 2026 | RPT | NC |         | Y |

|            |      |                   |                                      |                                                       |      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                |                                            |      |     |    |       |   |   |
|------------|------|-------------------|--------------------------------------|-------------------------------------------------------|------|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|--------------------------------------------|------|-----|----|-------|---|---|
| 11/07/2026 | 1130 | Culture & Society | Front Up 2000                        | Front Up 2000 Series 7 Ep 1                           | 7    | 1   | Interviews with Hazel and Evelyn, Cindy, John and Tracey, and Helen.                                                                                                                                                                                                                                                                                                                                                                                                                                     | AUSTRALIA      | English-100                                | 1999 | RPT | PG | a     |   |   |
| 11/07/2026 | 1200 | Culture & Society | Instagram: A Life Under Filter       | Instagram: A Life Under Filter                        |      | 0   | Instagram claims more than a billion users on the planet, and more than 100 million photos posted every day. But what does this usage reveal about ourselves and our society? Instagram shapes our lives, it fills our brains with images that are supposed to bring us pleasure, to the point of overflowing, sometimes even depression. Young teenagers in search of recognition on the platform can get lost in this frantic quest for notoriety. Until they lose their sanity. Sometimes their life. | FRANCE         | English-75; French-20; Arabic-3; Spanish-2 | 2022 | RPT | M  | a n   |   | Y |
| 11/07/2026 | 1300 | Culture & Society | Cryptoland                           | Ransomware Is Everywhere. Can It Be Stopped?          | 1    | 6   | All over the world criminals are locking up important computer systems and demanding crypto as a ransom. So-called ransomware is officially an epidemic, and cryptocurrencies sit at the nexus of the crisis. In this episode of Cryptoland, we sift through the fallout of a ransomware attack at schools in Affton, Missouri, and our panelists discuss the history and current role of crypto in this booming type of cyber-crime.                                                                    | USA            | English-100                                | 2022 | RPT | PG | a d l |   |   |
| 11/07/2026 | 1330 | Culture & Society | Cryptoland                           | How Bitcoin Mines Were Airlifted From China To The Us | 1    | 7   | The Chinese government has long tried to stamp out cryptocurrencies in the country with varying levels of success. In 2021, a ban on mining finally sent firms packing and seeking countries like Kazakhstan with friendlier stances toward crypto mining. They've also found homes in towns all over the US, where companies are encountering both support and criticism from locals, as well as politicians at the state and federal levels.                                                           | USA            | English-100                                | 2022 | RPT | PG | l     |   | Y |
| 11/07/2026 | 1400 | Cycling           | Tour de France 2026 PM Highlights    | Stage 6                                               | 2026 | 6   | Evening highlights from Stage 6 of the 2026 Tour de France, as the peloton takes on a 186 km route starting in Pau and finishing in Gavarnie-Gedre.                                                                                                                                                                                                                                                                                                                                                      | FRANCE         |                                            | 2026 | RPT |    |       | Y |   |
| 11/07/2026 | 1500 | Cycling           | Tour de France 2026 AM Highlights    | Stage 7                                               | 2026 | 7   | Daily highlights from Stage 7 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Hagetmau and finishing in Bordeaux.                                                                                                                                                                                                                                                                                                                                                         | FRANCE         |                                            | 2026 | RPT |    |       | Y |   |
| 11/07/2026 | 1600 | News - Domestic   | NITV News Update                     | NITV News Update 2026 Viceland Version Ep 125         | 2026 | 125 | NITV News recaptures the highlights of indigenous news around the country.                                                                                                                                                                                                                                                                                                                                                                                                                               | AUSTRALIA      | English-100                                | 2026 | RPT | NC |       |   |   |
| 11/07/2026 | 1605 | News - Overseas   | BBC News At Ten                      | BBC News At Ten                                       | 2026 | 0   | The latest national and international news stories from the BBC News team from London, UK, in English.                                                                                                                                                                                                                                                                                                                                                                                                   | UNITED KINGDOM | English-100                                | 2026 |     | NC |       | Y |   |
| 11/07/2026 | 1630 | News - Overseas   | France 24 International News         | France 24 International News                          | 2024 | 0   | International news and current affairs television from Paris, offering a French perspective on world events, in English.                                                                                                                                                                                                                                                                                                                                                                                 | FRANCE         | English-100                                | 2024 |     | NC |       |   |   |
| 11/07/2026 | 1700 | News - Overseas   | PBS Newshour                         | PBS Newshour                                          | 2023 | 0   | Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.                                                                                                                                                                                                                                                                                                                                                        | USA            | English-100                                | 2023 |     | NC |       | Y |   |
| 11/07/2026 | 1800 | Culture & Society | Lee Lin Chin's Fashionista           | Alexandra Nea                                         | 1    | 22  | This episode is about designer Alexandra Nea Graham and takes a look at the Mercedes Australian Fashion Week, through her collection. They talk of Alexandra's love for fine fabric and perfect finitions, and her interest in cutting in the bias for silk.                                                                                                                                                                                                                                             | AUSTRALIA      | English-100                                | 2003 | RPT | G  |       | Y |   |
| 11/07/2026 | 1810 | Quiz              | Mastermind                           | Episode 26                                            | 6    | 26  | Tonight's specialty subjects are: The Films of Steven Spielberg, August: Osage County, Green Day and the Zodiac Academy Book 1 to 3. Contenders: Luis Sanchez, Bianca Reynolds, Lachlan Willacy, Luisa Di Pompo.                                                                                                                                                                                                                                                                                         | AUSTRALIA      | English-100                                | 2024 | RPT | G  |       | Y |   |
| 11/07/2026 | 1840 | Culture & Society | The Mega-Brands That Built The World | Wipe Out The Competition                              | 3    | 9   | Before toilet paper, Americans used anything they could find-until the Scott brothers turned a mistake into the toilet roll, sparking a billion-pound industry and everyday paper products.                                                                                                                                                                                                                                                                                                              | USA            | English-100                                | 2024 | RPT | PG | a l n |   |   |
| 11/07/2026 | 1935 | History           | Abandoned Americana                  | America's Hidden Training Camp                        | 4    | 8   | Abandoned Americana seeks to tell the hidden history of the United States through its forgotten ruins and those who know their stories.                                                                                                                                                                                                                                                                                                                                                                  | USA            | English-100                                | 2024 |     | M  |       | Y | Y |
| 11/07/2026 | 2030 | Variety           | Cup Fever!                           | Cup Fever Series 1 Ep 29                              | 1    | 29  | Streaming nightly during the FIFA World Cup 2026, Cup Fever! sees Santo Cilauro and Ed Kavalee recap the biggest moments with humour, insight and football passion.                                                                                                                                                                                                                                                                                                                                      | AUSTRALIA      | English-100                                | 2026 |     | M  |       | Y |   |
| 11/07/2026 | 2100 | Thriller          | The Expanse                          | Dukinea                                               | 1    | 1   | James Holden and his crew investigate a distress call. Detective Miller searches for a missing heiress.                                                                                                                                                                                                                                                                                                                                                                                                  | CANADA         | English-100                                | 2016 |     | MA | a s   | Y | Y |
| 11/07/2026 | 2155 | Thriller          | The Expanse                          | Big Empty, The                                        | 1    | 2   | Holden and crew are trapped in badly damaged shuttle. On Ceres Miller uncovers clues to Julie Mao. Crisjen Avasarala questions a terrorist.                                                                                                                                                                                                                                                                                                                                                              | CANADA         | English-100                                | 2016 |     | M  | a     | Y | Y |

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| 11/07/2026 | 2250 | Documentary     | Beautiful Game Changers | Fangchen Liu: Creating Connection          | 1    | 6  | When Fangchen Liu could not find a football group for Chinese students in Sydney, he started one, creating a place for international students to connect, play and feel at home.      | AUSTRALIA | English-100 | 2026 | G   | Y  |   |
| 11/07/2026 | 2255 | Documentary     | Beautiful Game Changers | Gel Freire: Keeping Brazil Close           | 1    | 7  | At Canarinhos, Gel Freire helps keep alive a Sunday football tradition where Brazilians in Sydney find friendship, community and a lasting connection to home for more than 50 years. | AUSTRALIA | English-100 | 2026 | G   | Y  |   |
| 11/07/2026 | 2300 | Football        | FIFA World Cup 2026     | FIFA World Cup 2026: Round Of 16: Match 95 | 2026 | 95 | All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Atlanta Stadium.                                                                                 | USA       | English-100 | 2026 | RPT | NC | Y |
| 11/07/2026 | 2600 | News - Overseas | NHK World English News  | NHK World English News                     | 2026 | 0  | English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.                                         | JAPAN     | English-100 | 2026 |     |    |   |