Program Guide

SBS a world of difference

WEEK 28 **Sunday, 5 July 2026** **Saturday, 11 July 2026**

EASTERN MARKETS (NSW, ACT, VIC, TAS)

Date	Start Time	Genre	Title		Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
5/07/2026	500	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y		
5/07/2026	515	News - Overseas	**Euronews**		Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC				
5/07/2026	530	Current Affairs	**ANC Philippines The World Tonight**		ANC Philippines The World Tonight	2026	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES		2026		NC		Y		
5/07/2026	600	News - Overseas	**DW English News**		DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
5/07/2026	630	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 89	2026	90	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Philadelphia Stadium.	USA	English-100	2026	LIVE	NC		Y		
5/07/2026	930	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 32: Match 83	2026	84	All the action from the FIFA World Cup 2026 Round of 32 match between TBC and TBC at Toronto Stadium.	USA	English-100	2026	RPT	NC		Y		
5/07/2026	1230	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 32: Match 85	2026	85	All the action from the FIFA World Cup 2026 Round of 32 match between TBC and TBC at BC Place Vancouver.	USA	English-100	2026	RPT	NC		Y		
5/07/2026	1530	News - Overseas	**PBS Washington Week With The Atlantic**		PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		
5/07/2026	1555	Current Affairs	**Point: Road To Referendum History Bites**		1960s Freedom Ride, The	2023	5	Gomeroi man Uncle Wayne Nean reflects on the day he met a remarkable group of students who had driven to regional NSW to stand up to racism: The Freedom Riders.	AUSTRALIA	English-100	2023	RPT	NC		Y		
5/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 24	2026	24	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y		
5/07/2026	1630	Culture & Society	**Building The Snowy**		Idea, The	1	1	This three-part series tells the remarkable story of 'The Snowy' from the original idea in the aftermath of the Second World War to the present with Snowy 2.0. The first episode focuses on the challenges involved in building such mighty projects. The political manoeuvres that were necessary to get the idea off the drawing board, the problems posed by the land and the climate, and the solutions found for a country that, at the time, lacked both the people and the machinery to get the job done.	AUSTRALIA	English-100	2022	RPT	G		Y		Y
5/07/2026	1730	Cycling	**Tour de France 2026 PM Highlights**		Stage 1	2026	1	Evening highlights from the opening stage of the 2026 Tour de France, as the race begins with a 19 km Team time-trial starting and finishing in Barcelona, Spain.	FRANCE		2026				Y		
5/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 186	2026	186	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
5/07/2026	1935	History	**Eiffel Tower: Life Behind The Scenes**		Part 1	1	1	From the Eiffel Tower becoming taller to the process of opening it to the public every morning, we meet the operations manager, the reception agents, the store manager and the lighthouse technicians, to live a day with them at the Eiffel Tower.	FRANCE	English-50; French-50	2023						
5/07/2026	2035	History	**Paris Hotel De Ville: A Masterpiece**		Unexpected Masterpiece In The City Of Light		0	Built on the banks of the Seine, the Hotel de Ville in Paris, emblem of the French capital is twice the size of the White House. Home of decision-making for the daily life of 2 million Parisians, the Hotel de Ville is also reception location of an international scale. Many well-known names, such as Queen Elizabeth or Nelson Mandela, have been received there.	FRANCE	English-60; French-40	2023	RPT	G		Y	Y	
5/07/2026	2135	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 2	2026	2	All the action from Stage 2 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Tarragone and finishing in Barcelona, Spain.	FRANCE	English-100	2026	LIVE			Y		
5/07/2026	2610	Culture & Society	**A Certain Mother**		Certain Mother, A		0	From the Dandenong Ranges, through rural pastures, to Sydney's northern beaches - a single day unfolds for four women in the throes of motherhood. Whilst tending to the relentless demands of the day, they are determined to rise above the struggles that parenthood had brought close to them.	AUSTRALIA	English-100	2022	RPT	PG	a n	Y		Y
5/07/2026	2730	History	**Tommy Fleming: 30 Years Of Song**		Tommy Fleming: 30 Years Of Song		0	A reflection of 30 years in the music industry expertly compiled by Tommy Fleming, Ireland's premier male performer. The program features live concert recordings from the last three decades, including 'Morning has Broken' and many other classic songs.	IRELAND	English-100	2022	RPT	G		Y		

6/07/2026	500	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y				
6/07/2026	515	News - Overseas	**Euronews**		Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC						
6/07/2026	530	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 91	2026	91	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at New York New Jersey Stadium.	USA	English-100	2026	LIVE	NC		Y				
6/07/2026	830	News - Overseas	**PBS News Horizons**		PBS News Horizons	2026	0	Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham.	USA	English-100	2026		NC		Y				
6/07/2026	900	News - Overseas	**DW English News**		DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y				
6/07/2026	930	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 92	2026	92	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Mexico City Stadium.	USA	English-100	2026	LIVE	NC		Y				
6/07/2026	1230	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 89	2026	90	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Philadelphia Stadium.	USA	English-100	2026	RPT	NC		Y				
6/07/2026	1530	History	**Such Was Life: The Yanks Are Coming**		Yanks Are Coming, The	2	7	In the Museum of the Great Southern, is a memento of the time in WW2 when the American submarine fleet was based in Albany. The US servicemen proved to be popular as true romances blossomed.	AUSTRALIA	English-100	2023	RPT	G		Y				
6/07/2026	1540	News - Overseas	**BBC News At Ten**		BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y				
6/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 25	2026	25	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y				
6/07/2026	1630	Travel	**The Cook Up With Adam Liaw**		One Pan Spicy Beef Mince	8	19	Adam, culinary pro Marion Grasby and comedy pro Becky Lucas have three delicious recipes for one pan spicy beef night on The Cook Up!	AUSTRALIA	English-100	2025	RPT	PG		Y				
6/07/2026	1700	Cycling	**Tour de France 2026 PM Highlights**		Stage 2	2026	2	Evening highlights from Stage 2 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Tarragone and finishing in Barcelona, Spain.	FRANCE		2026				Y				
6/07/2026	1800	Quiz	**Mastermind**		Episode 66	8	66	Kicking off the week with Flight of the Concords, Skyhooks, the Geography of North Africa and the British Raj.	AUSTRALIA	English-100	2026		G						
6/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 187	2026	187	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y				
6/07/2026	1935	Culture & Society	**Michael Palin In Venezuela**		Episode 2	1	2	Michael explores beautiful Los Roques Caribbean islands before a 1000-mile mainland road trip. Visiting a rum distillery's prisoner rugby project, he's detained by feared SEBIN officers in Chavez's hometown, releases wild anaconda in Los Llanos, and rides the world's tallest cable car in Merida.	UNITED KINGDOM	English-95; Spanish-5	2025	RPT	PG	a w	Y	Y	Y
6/07/2026	2030	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 3	2026	3	All the action from Stage 3 of the 2026 Tour de France, as the peloton takes on a 196 km route starting in Granollers and finishing in Les Angles.	FRANCE	English-100	2026	LIVE			Y				
6/07/2026	2540	Entertainment	**Daniel O Donnell: Home To Donegal**		Daniel O Donnell: Home To Donegal		0	Recorded before a live audience at the Millennium Forum in Derry in April 2023, this show features some of Daniel's most memorable hits, among them such classics as 'Sonny's Dream', 'My Shoes Keep Walking Back To You', 'Home To Donegal' and so much more.	IRELAND	English-100	2022	RPT	PG		Y				
6/07/2026	2630	Culture & Society	**Osher Gunsberg: Australia Uncovered**		Osher Gunsberg: A Matter Of Life And Death		0	Australia is often thought of as 'the lucky country'. So why is it that eight people a day die from suicide? The situation is nothing short of a national crisis. Yet the experts agree that there are ways we can be better dealing with the issues. This documentary provides a comprehensive portrait of suicide in Australia today. Through the prism of Osher Gunsberg's own mental health experience, he'll investigate why suicide rates remain high in Australia, and feature what is being done to mitigate the problem.	AUSTRALIA	English-100	2019	RPT	M	a	Y		Y
6/07/2026	2800	Popular Music / Jazz	**Tradfest: The Dublin Castle Sessions**		Haon, A	1	1	An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. 'Trad without Frontiers' is the festival motto which inspired this series.	IRELAND	English-100	2021	RPT	G		Y				

6/07/2026	2830	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 93	2026	93	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Dallas Stadium.	USA	English-100	2026	LIVE	NC		Y			
7/07/2026	730	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y			
7/07/2026	800	Current Affairs	**ANC Philippines The World Tonight**		ANC Philippines The World Tonight	2026	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES		2026		NC		Y			
7/07/2026	830	News - Overseas	**DW English News**		DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y			
7/07/2026	900	News - Overseas	**BBC News At Six**		BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
7/07/2026	930	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 94	2026	94	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Seattle Stadium.	USA	English-100	2026	LIVE	NC		Y			
7/07/2026	1230	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 91	2026	91	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at New York New Jersey Stadium.	USA	English-100	2026	RPT	NC		Y			
7/07/2026	1530	News - Overseas	**BBC News At Ten**		BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
7/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 26	2026	26	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y			
7/07/2026	1630	Travel	**Adam Liaw's North American Fan Feasts**		Vancouver	1	1	Adam Liaw kicks off his North American journey in Vancouver, exploring Canada's multicultural food and sporting culture. He makes Canadian poutine at Granville Island Market, discovers contemporary First Nations cuisine at Salmon 'n' Bannock, and joins Vancouver Whitecaps fans on match day at Canada's most heated football rivalry.	AUSTRALIA	English-100	2026	RPT						
7/07/2026	1700	Cycling	**Tour de France 2026 PM Highlights**		Stage 3	2026	3	Evening highlights from Stage 3 of the 2026 Tour de France, as the peloton takes on a 196 km route starting in Granollers and finishing in Les Angles.	FRANCE		2026				Y			
7/07/2026	1800	Quiz	**Mastermind**		Episode 67	8	67	More fun facts than you can poke a stick at: the Jurgen Klopp era at Liverpool, Best Picture Academy Award Winners, the Acts of the Apostles and The Phantom Comics.	AUSTRALIA	English-100	2026		G					
7/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 188	2026	188	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
7/07/2026	1935	Culture & Society	**Portugal with Michael Portillo**		Porto	1	1	Michael Portillo's journey discovering the real Portugal, begins in the country's cosmopolitan and vibrant second city, Porto. Situated on the lofty banks of the Douro River, Porto lies 170 miles north of the capital Lisbon and attracts 3 million visitors every year, almost as many as the Algarve.	UNITED KINGDOM	English-100	2025	RPT	PG	a w	Y	Y	Y	
7/07/2026	2030	Current Affairs	**Insight**		Sex Recession?	2026	19	Is Australia's libido waning? Or are we redefining sex and intimacy. With singledom on the rise, technology replacing interaction, and partner standards reaching new heights, Insight explores what's going on in the nation's bedroom.	AUSTRALIA	English-100	2026		NC		Y			
7/07/2026	2130	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 4	2026	4	All the action from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.	FRANCE	English-100	2026	LIVE			Y			
7/07/2026	2530	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 95	2026	95	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Atlanta Stadium.	USA	English-100	2026	LIVE	NC		Y			
7/07/2026	2830	Popular Music / Jazz	**Tradfest: The Dublin Castle Sessions**		Tri, A	1	3	Host Fiachna O Braonain breaks musical bread with his guests and uses Irish traditional music as a starting point that leads to many unexpected places.	IRELAND	English-100	2021	RPT	G		Y			
8/07/2026	500	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y			

8/07/2026	530	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Round Of 16: Match 96	2026	96	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at BC Place Vancouver.	USA	English-100	2026	LIVE	NC		Y			
8/07/2026	830	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 92	2026	92	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Mexico City Stadium.	USA	English-100	2026	RPT	NC		Y			
8/07/2026	1130	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 93	2026	93	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Dallas Stadium.	USA	English-100	2026	RPT	NC		Y			
8/07/2026	1430	News - Overseas	**PBS Newshour**		PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
8/07/2026	1530	News - Overseas	**BBC News At Ten**		BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
8/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 27	2026	27	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y			
8/07/2026	1630	Cooking	**The Cook Up With Adam Liaw**		Fishing Around	9	61	Host Nornie Bero is celebrating NAIDOC Week with a feast, and she's gathered proud Malyangapa Barkindji woman BARKAA and proud Kamilaroi man Matty Mills for a spot of fishing around!	AUSTRALIA	English-100	2025	RPT	G		Y			
8/07/2026	1700	Cycling	**Tour de France 2026 PM Highlights**		Stage 4	2026	4	Evening highlights from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.	FRANCE		2026				Y			
8/07/2026	1800	Quiz	**Mastermind**		Episode 68	8	68	Tonight: Richard Hannay novels, The North Sydney Bears, Anna Karenina and the life of Marilyn Monroe. Spies, tries, romantic ties and a life of timeless glamour.	AUSTRALIA	English-100	2026		G		Y			
8/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 189	2026	189	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
8/07/2026	1930	Culture & Society	**Australia's Greatest Conman?**		No-Person, The	1	2	The dramatic conclusion of the mystery of John Friedrich. Is he just a conman or secret agent in disguise? Marc Fennell uncovers the truth of a man who fooled a nation in the scam of a century.	AUSTRALIA	English-80; German-20	2025	RPT	PG	a l	Y	Y		Y
8/07/2026	2025	Culture & Society	**The Great Killer Smog**		Episode 2	1	2	In December 1952 one of the deadliest tragedies struck in London. A yellow smog smothered the city. In this final episode, Doctor Xand Van Tulleken and Raksha Dave uncover the tragic events.	UNITED KINGDOM	English-100	2022	RPT	M	a	Y			Y
8/07/2026	2120	Thriller	**Coldwater**		Episode 5	1	5	Fiona reconsiders her marriage to John when some unsettling truths come to light. John steels himself to face the consequences for his actions before news reaches of another death.	UNITED KINGDOM	English-100	2025		M	a l v	Y			Y
8/07/2026	2220	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 5	2026	5	All the action from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.	FRANCE	English-100	2026	LIVE			Y			
8/07/2026	2615	History	**Kirby At War**		Kirby At War		0	This documentary examines the work of comic book artist Jack Kirby, who created superheroes like Black Panther, the Avengers, Thor, and Iron Man in the 1960s, which today dominate box office cinema.	FRANCE	English-70; French-30	2017	RPT	PG	a v	Y	Y		
8/07/2026	2715	History	**The D-Day Superhero: Jack Kirby**		D-Day Superhero: Jack Kirby, The		0	Jack Kirby, creator of superheroes like the Avengers and co-creator with Stan Lee of Marvel mythology, drew World War II and D-Day before he landed in Normandy in 1944. With his grandson Jeremy, we follow in the footsteps of this 20th century art giant, from his beginnings to his entry into the war.	FRANCE	English-98; French-2	2020	RPT	PG		Y	Y		
8/07/2026	2815	Popular Music / Jazz	**Tradfest: The Dublin Castle Sessions**		Ceathair, A	1	4	Host Fiachna O Braonain uses Irish traditional music as a starting point that leads to many unexpected places. Guest includes Steve and Joe Wall from The Stunning with Sive and Eleanor McEvoy.	IRELAND	English-100	2021	RPT	G		Y			
8/07/2026	2845	Drama	**Leopard**				0	A Lebanese Australian teenager struggles with coming out to his childhood best friend and cousin on his sixteenth birthday. A coming of age drama about toxic masculinity, peer pressure, friendship and being true to yourself.	AUSTRALIA	English-100	2021		M	a l s	Y	Y		
9/07/2026	500	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y			
9/07/2026	530	Current Affairs	**ANC Philippines The World Tonight**		ANC Philippines The World Tonight	2026	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES		2026		NC		Y			

9/07/2026	600	News - Overseas	**DW English News**	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y			
9/07/2026	630	News - Overseas	**Al Jazeera News**	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y			
9/07/2026	700	News - Overseas	**BBC News At Six**	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
9/07/2026	730	News - Overseas	**France 24 English News**	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y			
9/07/2026	800	Cycling	**Tour de France 2026 AM Highlights**	Stage 5	2026	5	Daily highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.	FRANCE		2026	RPT			Y			
9/07/2026	900	News - Overseas	**DD India News Hour**	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y			
9/07/2026	1000	Documentary	**Mei Mei, Speak More Chinese**			0	Born in Chicago and raised in Hong Kong, Bon-Wai's family has roots in Far North Queensland dating back to the gold rush. 'Mei-Mei, speak more Chinese' is her first short film as writer/producer. The story explores her complex Australian Chinese heritage, including her relationship with her mother and her journey as a blended fourth-generation Australian Chinese migrant.	AUSTRALIA	English-100	2023	RPT	G		Y			
9/07/2026	1010	Culture & Society	**Europe's Waterways**	Holland And Belgium	1	5	Always upstream, today's journey takes us to the Netherlands and Belgium. From the North Sea and the port city of Rotterdam we travel along the Maas. Passing Venlo, Maastricht and Liege, the route follows the Ourthe river into the Belgian Ardennes.	FRANCE	English-68; Dutch-18; French-14	2020	RPT	PG	a w	Y	Y	Y	
9/07/2026	1100	Cycling	**Tour de France 2026 PM Highlights**	Stage 4	2026	4	Evening highlights from Stage 4 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Carcassonne and finishing in Foix.	FRANCE		2026	RPT			Y			
9/07/2026	1200	Cycling	**Tour de France 2026 AM Highlights**	Stage 5	2026	5	Daily highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.	FRANCE		2026	RPT			Y			
9/07/2026	1300	News - Overseas	**BBC News At Ten**	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
9/07/2026	1330	News - Overseas	**France 24 International SBS Midday**	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y			
9/07/2026	1355	News - Overseas	**PBS Newshour**	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
9/07/2026	1455	Current Affairs	**Living Black**	Kutcha Edwards - Becoming One	2026	12	In a special NAIDOC Week episode of Living Black, singer-songwriter Kutcha Edwards sits down with Karla Grant for a deeply personal conversation and shares what he thinks it means to be 'deadly'.	AUSTRALIA	English-100	2026	RPT	NC		Y			
9/07/2026	1530	Cooking	**The Cook Up With Adam Liaw**	Auntie's Cooking	9	62	On the menu for NAIDOC Week: Auntie's cooking, courtesy of host Nornie Bero and her guests, award-winning Yolgnu rapper Baker Boy and proud Gamilaroi woman and journalist Brooke Boney.	AUSTRALIA	English-100	2025	RPT	G		Y			
9/07/2026	1600	Politics & Current Affairs	**Land Wars**	Land Wars	2022	0	This television special brings together some of our leading Indigenous experts to discuss the colonial conflicts between the First Nations peoples and the British here in this great southern land.	AUSTRALIA	English-100	2022	RPT	NC		Y			
9/07/2026	1700	Cycling	**Tour de France 2026 PM Highlights**	Stage 5	2026	5	Evening highlights from Stage 5 of the 2026 Tour de France, as the peloton takes on a 158 km route starting in Lannemezan and finishing in Pau.	FRANCE		2026				Y			
9/07/2026	1800	Quiz	**Mastermind**	Episode 69	8	69	Tonight a show to really sink your teeth into with the Jaws films, The Classic Mini, the revolutionary Che Guevara and singer songwriter Kelsea Ballerini.	AUSTRALIA	English-100	2026		G					
9/07/2026	1830	News - Overseas	**SBS World News**	SBS World News 2026 Ep 190	2026	190	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			

9/07/2026	1935	Culture & Society	**Spain With Michael Portillo**		Barcelona	1	1	His journey begins at an extraordinary house designed over 140 years ago by Barcelona's most famous son, the architect Antoni Gaudi. Casa Vicens, in the little-known Gracia district, was Gaudi's first major commission and became the blueprint for his later designs. Today it's open to visitors, without the lengthy queues of his other buildings.	UNITED KINGDOM	English-93; Spanish-7	2026		PG	a w	Y	Y	Y
9/07/2026	2030	Culture & Society	**Eva Longoria: Searching For France**		Paris Pastry	1	2	Paris is home to more award-winning pastry chefs than anywhere else in the world. Here the day revolves around patisserie. Morning begins with the buttery flakes of a croissant. At midday a baguette tucked under the arm signals lunch. And by the afternoon, the ritual if le gouter arrives, where mouthwatering sweet treats are savoured like miniature works of art. Resistance is futile and Eva is seduced by the Paris Brest, a rum baba, the macaron, a mango cake and dahlia to name just a few.	USA	English-90; French-10	2026				Y	Y	
9/07/2026	2120	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 6	2026	6	All the action from Stage 6 of the 2026 Tour de France, as the peloton takes on a 186 km route starting in Pau and finishing in Gavarnie-Gedre.	FRANCE	English-100	2026	LIVE			Y			
9/07/2026	2600	Culture & Society	**Kate And Larapinta**		Kate And Larapinta	0	0	Kate Leeming embarks on a 700km solo cycle along Australia's remote Finke River. Battling searing heat, mechanical failures and exhaustion, she confronts physical limits and inner ghosts, turning her epic journey into a meditation on purpose, resilience, and what it takes to keep going.	AUSTRALIA	English-100	2025	RPT	M	a	Y			Y
9/07/2026	2630	Health, Science & Technology	**It Takes A Village**		It Takes A Village		0	This documentary shines a light on a very different way of caring for people living with dementia. Korongee, a new facility in a northern suburb of Hobart, combines the world's best dementia care practices with new and revolutionary ideas. Including a focus on individuals and their life experiences, as the basis for their care. Korongee's guiding philosophy is that a person living with dementia is an individual with a rich and unique personality.	AUSTRALIA	English-100	2022	RPT	M	a	Y	Y		
9/07/2026	2730	Culture & Society	**Giving Back: Students Who Returned**		Giving Back: Students Who Returned As Teachers		0	This heart-warming documentary follow the journey of former students in Dandenong North Primary School who came back to become teachers. To 'give back' and make a difference to the next generations, while welcoming all children and families with open arms.	AUSTRALIA	English-100	2022	RPT	PG	a l	Y			
10/07/2026	500	News - Overseas	**NHK World English News Morning**		NHK World English News Morning	2026	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2026				Y			
10/07/2026	530	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Quarter-Final: Match 97	2026	97	All the action from the FIFA World Cup 2026 Quarter-Final match between TBC and TBC at Boston Stadium.	USA	English-100	2026	LIVE	NC		Y			
10/07/2026	830	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 94	2026	94	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Seattle Stadium.	USA	English-100	2026	RPT	NC		Y			
10/07/2026	1130	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 95	2026	95	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at Atlanta Stadium.	USA	English-100	2026	RPT	NC		Y			
10/07/2026	1430	News - Overseas	**BBC News At Ten**		BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
10/07/2026	1500	News - Domestic	**NITV News: Nula**		NITV News: Nula 2026 Ep 24	2026	24	The latest news from the oldest living culture, join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
10/07/2026	1530	Travel	**The Cook Up With Adam Liaw**		Tropical Traditions	8	51	Captivating comedian Jay Wymarra and bestselling author Samantha Martin AKA Bush Tukka Woman join NAIDOC Week host Nornie Bero to share their tasty tropical traditions.	AUSTRALIA	English-98; Meriam Mir-1; Torres Strait Creole-1	2025	RPT	G		Y	Y		
10/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 28	2026	28	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y			
10/07/2026	1630	Cooking	**The Cook Up With Adam Liaw**		Mob Feasts	9	63	Tonight, proud Arrernte actor Sherry-Lee Watson, Nagarrindjeri comedian Kevin Kropinyeri and NAIDOC Week host Nornie Bero are making a masterful mob feast.	AUSTRALIA	English-100	2025	RPT	G		Y			
10/07/2026	1700	Cycling	**Tour de France 2026 PM Highlights**		Stage 6	2026	6	Evening highlights from Stage 6 of the 2026 Tour de France, as the peloton takes on a 186 km route starting in Pau and finishing in Gavarnie-Gedre.	FRANCE		2026				Y			
10/07/2026	1800	Quiz	**Mastermind**		Episode 70	8	70	Our weekly winners are back with two minutes of general knowledge, plus the dreaded slow burn round. Tonight's slow burn topics are a Discovery, a Sport, a Franchise and a Musician.	AUSTRALIA	English-100	2026		G					
10/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 191	2026	191	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
10/07/2026	1935	Culture & Society	**Journey Home, David Gulpilil**		Journey Home, David Gulpilil	0	0	In this last chapter of David Gulpilil's extraordinary story, Yolngu culture-keepers, senior men and women, family and clan to David Gulpilil, lead the Bunggul and Manikay that guides this story.	AUSTRALIA	English-95; Yolngu Matha-5	2025	RPT	M	l q	Y	Y	Y	

10/07/2026	2120	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 7	2026	7	All the action from Stage 7 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Hagetmau and finishing in Bordeaux.	FRANCE	English-100	2026	LIVE			Y			
10/07/2026	2555	Culture & Society	**Great British Railway Journeys**		Tewkesbury To Filton	14	15	Michael Portillo is on the last leg of his journey from the train-building in Derby to the aircraft manufacturing base of Filton. From Tewkesbury in Gloucestershire, he heads to the fairy tale castle of Eastnor.	UNITED KINGDOM	English-100	2022	RPT	G		Y			Y
10/07/2026	2630	Entertainment	**Mirusia - Live In Concert**		Mirusia - Live In Concert	2021	0	On a balmy summer's evening in Mirusia's hometown of Brisbane, a special musical event took place at the Redland Performing Arts Centre. Mirusia returned to the stage for her first concert of 2021 performing to a hometown crowd of music lovers. An intimate concert of songs joined by fine musicians and singers alike delivering what can only be described as a vocal tour de force by Australia's songbird, Mirusia.	AUSTRALIA	English-100	2021	RPT	G		Y			
10/07/2026	2800	Popular Music / Jazz	**Tradfest: The Dublin Castle Sessions**		Cuig, A	1	5	An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. 'Trad without Frontiers' is the festival motto which inspired this series.	IRELAND	English-100	2021	RPT	G		Y			
10/07/2026	2830	Football	**FIFA World Cup 2026**	LIVE	FIFA World Cup 2026: Quarter-Final: Match 98	2026	98	All the action from the FIFA World Cup 2026 Quarter-Final match between TBC and TBC at Los Angeles Stadium.	USA	English-100	2026	LIVE	NC		Y			
11/07/2026	730	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Round Of 16: Match 96	2026	96	All the action from the FIFA World Cup 2026 Round of 16 match between TBC and TBC at BC Place Vancouver.	USA	English-100	2026	RPT	NC		Y			
11/07/2026	1030	Football	**FIFA World Cup 2026**		FIFA World Cup 2026: Quarter-Final: Match 97	2026	97	All the action from the FIFA World Cup 2026 Quarter-Final match between TBC and TBC at Boston Stadium.	USA	English-100	2026	RPT	NC		Y			
11/07/2026	1330	News - Overseas	**Al Jazeera News**		Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y			
11/07/2026	1400	News - Overseas	**BBC News At Ten**		BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
11/07/2026	1430	News - Overseas	**France 24 International SBS Midday**		France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y			
11/07/2026	1500	News - Overseas	**PBS Newshour**		PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
11/07/2026	1600	Football	**FIFA World Cup 2026: Highlights Show**		Matchday 29	2026	29	All the best action from the latest Matchday at the FIFA World Cup 2026.	USA	English-100	2026		NC		Y			
11/07/2026	1630	Culture & Society	**Grand Tours Of Scotland's Rivers**		Quietly Flows The Don	3	1	The River Don rises in wild land, high on the moors of the Grampian mountains. Paul follows its easterly flow from famous Cock Bridge, where he encounters the Lonach Highlanders and a clan chief with two feathers in his cap carrying relics of the Battle of Culloden.	UNITED KINGDOM	English-100	2023	RPT	G		Y			Y
11/07/2026	1700	Culture & Society	**Grand Tours Of Scotland's Rivers**		From Gold Mountain To The Silvery Tay	3	2	On this Grand Tour, Paul explores the upper reaches of the mighty River Tay, beginning with a flight in a microlight over the river's source, high above Ben Lui. Returning to earth, Paul goes underground to explore an active gold mine beside the river.	UNITED KINGDOM	English-100	2023	RPT	G		Y			Y
11/07/2026	1730	Cycling	**Tour de France 2026 PM Highlights**		Stage 7	2026	7	Evening highlights from Stage 7 of the 2026 Tour de France, as the peloton takes on a 175 km route starting in Hagetmau and finishing in Bordeaux.	FRANCE		2026				Y			
11/07/2026	1830	News - Overseas	**SBS World News**		SBS World News 2026 Ep 192	2026	192	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
11/07/2026	1930	Culture & Society	**Jewels of the Mediterranean**		Hvar	1	14	In this episode, we visit Hvar, the longest island in Croatia. A famous fish restaurant leaves celebs coming back for more, we sail over to the Pakleni Islands, and a festival in the Arsenal building wows tourists.	UNITED KINGDOM	English-97; Croatian-3	2025		PG	a w	Y	Y		
11/07/2026	2025	Culture & Society	**National Parks From Above: Ireland**		Wicklow Mountains & Glenveagh	1	3	Wicklow Mountains and Glenveagh - narrated by Dara O Briain. In this episode, we take to the skies over Ireland's two largest landlocked parks. Sitting on Dublin's doorstep, Wicklow Mountains draws in the crowds and offers something for everyone to enjoy, while for those after a something quieter, hidden away in County Donegal in the north of the country, Glenveagh sits on the land of a former hunting estate within a stunning mountain wilderness.	UNITED KINGDOM	English-100	2025	RPT	G		Y			
11/07/2026	2120	Cycling	**Tour de France 2026 Full Stages**	LIVE	Stage 8	2026	8	All the action from Stage 8 of the 2026 Tour de France, as the peloton takes on a 182 km route starting in Perigueux and finishing in Bergerac.	FRANCE	English-100	2026	LIVE			Y			

11/07/2026	2600	Thriller	**Snowpiercer**	Last Stop	4	10	Nima launches the rocket, but Melanie and Alex sabotage it. The Gemini fails, and control is restored. The team returns to New Eden, reflecting on the future as hope blooms in the mountains.	USA	English-100	2024	RPT	MA	v	Y			Y
11/07/2026	2655	Biography	**Los Hermanos: The Brothers**	Los Hermanos: The Brothers	1	0	Virtuoso Afro-Cuban-born brothers, violinist Ilmar and pianist Aldo, live on opposite sides of a geopolitical chasm a half-century wide. Tracking their parallel lives in New York and Havana, their poignant reunion, and their momentous first performances together, 'Los Hermanos - The Brothers' offers a nuanced, often startling view of estranged nations through the lens of music and family.	USA	English-50; Spanish-50	2021	RPT	PG		Y	Y		
11/07/2026	2820	Popular Music / Jazz	**Tradfest: The Dublin Castle Sessions**	Se, A	1	6	An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. 'Trad without Frontiers' is the festival motto which inspired this series.	IRELAND	English-100	2021	RPT	G		Y			
11/07/2026	2850	Culture & Society	**Primitive Medium**	Primitive Medium	0	0	Primitive Medium follows sculptor Rush Drayton as he works on his latest piece 'Animal Selves'. The film explores Rush's artistic process and the interrelationship between humans and the natural world.	AUSTRALIA	English-100	2023	RPT	G		Y			