

ABC Entertains Program Guide Week 28

Sunday, 5 July 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Popularity Papers (CC,Repeat,G)
4:45am	We Bare Bears (CC,Repeat,G)
4:55am	We Bare Bears (CC,Repeat,G)
5:05am	We Bare Bears (CC,Repeat,G)
5:15am	We Bare Bears (CC,Repeat,PG,Parental Guidance Recommended)
5:30am	We Bare Bears (CC,Repeat,G)
5:40am	We Baby Bears (CC,Repeat,G)
5:50am	Shaun The Sheep (AD,Repeat,G)
6:00am	Shaun The Sheep (AD,Repeat,G)
6:05am	Coop Troop (CC,Repeat,G)
6:20am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:40am	Slugterra Ascension (Repeat,PG,Parental Guidance Recommended)
6:50am	The Amazing World Of Gumball (G)
7:00am	My Little Pony: Friendship Is Magic (CC,Repeat,G)
7:20am	Adventure Time (CC,Repeat,G)
7:35am	Adventure Time (CC,Repeat,G)
7:45am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,PG,Parental Guidance Recommended)
8:10am	High Hoops (CC,G)
8:35am	200% Wolf (CC,Repeat)

- 10:15am Harry Potter: Wizards Of Baking: Platform 9 3/4 Part 2**
(CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
The bakers create an edible 2-foot-tall showpiece with a magical effect. Part 2.
- 11:00am Phil Spencer: Secret Agent: St Leonards on Sea**
(CC,Repeat,G)
It seems nobody wants to buy Ken and Tricia Bolton's house on the south coast despite its incredible views of the Channel. So Phil steps in to find out what's been stopping this house from selling for a whopping 18 months.
- 11:50am Movie: The Talented Mr. Ripley**
(CC,Repeat,1999,M,Adult Themes, Coarse Language, Violence)
In late 1950s New York, Tom Ripley, a young underachiever, is sent to Italy to retrieve a rich and spoiled millionaire playboy, named Dickie Greenleaf. But when the errand fails, Ripley takes extreme measures.
- 2:05pm ER: No Place to Hide**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Abby becomes suspicious when a woman and her young granddaughter are brought into the ER, while Sam's imprisoned ex-husband is admitted with stomach pains. Pratt lands in Darfur and witnesses the scope of the horror there.
- 2:50pm triple j's Like A Version: Ethel Cain**
(CC,Repeat,PG)
Ethel Cain covers Drive-By Truckers' 'Angels and Fuselage' for Like A Version.
- 3:00pm My Family: Dentally Unstable**
(CC,Repeat,PG)
With Ben away on a two-week conference, Janey starts an affair with a married replacement dentist whose charm captivates the rest of the Harper women. Meanwhile, Michael sells the family address for a tidy profit.
- 3:35pm QI: Cummingtonite**
(CC,Repeat,PG)
Stephen Fry is joined by guests Arthur Smith, Andy Hamilton, Doon Mackichan and Alan Davies.
- 4:05pm Would I Lie To You?: Bob Mortimer, Gabby Logan, Katherine Parkinson & Steve Backshall**
(CC,Repeat,PG)
Hosted by Rob Brydon, David Mitchell and Lee Mack lead two teams trying to hoodwink each other with absurd facts and plausible lies. This week's guests are Bob Mortimer, Gabby Logan, Katherine Parkinson and Steve Backshall.

- 4:35pm MythBusters: Penny Drop / Microwave Madness / Radio Tooth**
(CC,Repeat,PG,Adult Themes)
Would a penny dropped from the top of the Empire State Building embed in the concrete below? Is it possible to pick up radio signals through tooth fillings? Plus Jamie and Adam test several myths surrounding microwave ovens.
- 5:25pm Phil Spencer: Secret Agent: Newcastle**
(CC,Repeat,G)
Phil steps in to help sell a house for a family of horse-fans in Newcastle. Graham and Jane Hughes' five-bed is situated in Gosforth - but despite its desirable postcode it's been on the market for more than a year.
- 6:15pm Grand Designs New Zealand: Concrete Californian**
(CC,AD,Repeat,G)
Mark and Cheryl Rice are an ambitious, well-resourced and capable couple building a four-storey modernist-style concrete, steel and glass home overlooking Mairangi Bay on Auckland's North Shore.
- 7:00pm Spicks And Specks: Suggs (Madness), Jade Macrae, Stephen K Amos & Steve Coogan.**
(CC,Repeat,PG)
Adam, Myf and Alan are joined by Suggs (Madness), Jade Macrae, Stephen K Amos and Steve Coogan.
- 7:30pm QI: Sick**
(CC,Repeat,M,Coarse Language, Sexual References)
Join Sandi Toksvig for a well sick episode of QI with Alan Davies, Maisie Adam, Jo Brand and Lee Mack.
- 8:00pm Would I Lie To You?: Josh Jones, Shazia Mirza, Matt Morsia & Rosie Ramsey**
(CC,Repeat,PG)
Rob Brydon is back as host with team captains Lee Mack and David Mitchell. Sorting the fact from the fiction this week are guests Josh Jones, Shazia Mirza, Matt Morsia and Rosie Ramsey.
- 8:30pm George Clarke's Amazing Spaces**
(CC,AD,G)
A life-changing camper van for a tetraplegic mum and her son, with cerebral palsy, a deliciously clever build inspired by a cupcake and George visits three eco builds and Portugal's thinnest house.
- 9:20pm Race Around The World**
(CC,AD,Repeat)
The ABC's original 90s documentary reality show returns with a new generation of filmmakers. Six storytellers. Ten films. One winner. Hosted by Zan Rowe with original 90s Racer John Safran, it's a ride you don't want to miss.

- 10:20pm** **ER: There Are No Angels Here**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Pratt is mortified by the swarm of people needing care in Darfur as he works alongside Carter and his colleagues. Surrounded by armed militants, Pratt takes a pregnant woman on a perilous journey to a hospital in El Fashir.
- 11:05pm** **Offsiders**
(CC,Repeat)
Abbey Gelmi and the panel cover the latest from the FIFA World Cup, the Super Netball Grand Final, the Wallabies Test against Ireland, preparations for State of Origin Game 3, Round 1 of the NRLW, Wimbledon, the AFL and more.
- 11:35pm** **My Family: Dentally Unstable**
(CC,Repeat,PG)
With Ben away on a two-week conference, Janey starts an affair with a married replacement dentist whose charm captivates the rest of the Harper women. Meanwhile, Michael sells the family address for a tidy profit.
- 12:10am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:10am** **Movie: The Impossible**
(CC,AD,Repeat,2012,M,Adult Themes, Nudity)
The unforgettable account of a family caught, with thousands of strangers, in one of the worst natural catastrophes of our time - the 2004 tsunami. But the terror is tempered by unexpected displays of compassion and courage.
- 2:55am** **QI: Kings**
(CC,Repeat,PG)
QI Master Stephen Fry is joined by guest panellists Alan Davies, Bill Bailey, Jimmy Carr and Jeremy Clarkson as they consider the subject of kings.
- 3:30am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am** **QI: Cummingtonite**
(CC,Repeat,PG)
Stephen Fry is joined by guests Arthur Smith, Andy Hamilton, Doon Mackichan and Alan Davies.

Monday, 6 July 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Popularity Papers (CC,Repeat,G)
4:45am	We Bare Bears (CC,Repeat,G)
4:55am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
5:20am	The Inbestigators (CC,Repeat,G)
5:35am	The Inbestigators (CC,Repeat,G)
5:50am	Shaun The Sheep (AD,Repeat,G)
6:00am	Coop Troop (CC,Repeat,G)
6:10am	My Little Pony: Friendship Is Magic: Friendship Is Magic (Repeat,G)
6:50am	Total Drama Island (CC,Repeat,PG,Parental Guidance Recommended)
7:15am	The Amazing World Of Gumball (G)
7:25am	Submarine Jim (CC,G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
8:00am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
8:25am	GG: Spawn Squad (CC,G)
8:40am	Pokemon the Series: Ruby and Sapphire (PG,Parental Guidance Recommended)
9:00am	Be Cool, Scooby-Doo! (PG,Parental Guidance Recommended)
9:25am	The Amazing World Of Gumball (Repeat,PG,Parental Guidance Recommended)
9:35am	Submarine Jim (CC,Repeat,G)
9:45am	Super Happy Magic Forest (CC,AD,Repeat,G)
9:55am	Summer Camp Island (Repeat,PG,Parental Guidance Recommended)
10:10am	Summer Camp Island (Repeat,G)

10:20am	The Inbestigators (CC,Repeat,G)
10:35am	Caper Crew (CC,AD,Repeat,G)
11:00am	Phil Spencer: Secret Agent (CC,Repeat,G)
11:50am	My Family (CC,Repeat,PG)
12:20pm	Douglas Is Cancelled (CC,AD,Repeat,M,Coarse Language)
1:05pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
1:55pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:40pm	Abbott Elementary (CC,Repeat,PG,Parental Guidance Recommended)
3:00pm	QI (CC,Repeat,PG)
3:30pm	Would I Lie To You? (CC,Repeat,PG)
4:00pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Phil Spencer: Secret Agent (CC,Repeat,G)
5:40pm	Grand Designs New Zealand (CC,AD,Repeat,PG)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Nish Kumar, Clara Amfo, Anneka Rice and Al Murray test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Kram, Pete Smith, Rusty Berther, Gina Riley (CC,Repeat,PG) Adam, Myf and Alan are joined by Kram, Pete Smith, Rusty Berther, Gina Riley and Spooky Mens Chorale.
7:30pm	QI: Opposites (CC,Repeat,PG) Sara Pascoe, Colin Lane and Jimmy Carr join regular panellist Alan Davies and host Sandi Toksvig for an unconventional look at the theme 'Opposites'.

8:00pm	Would I Lie To You?: Rhod Gilbert, Vernon Kay, Dara O'Briain & Denise Van Outen (CC,Repeat,G) Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This episode's guests are Rhod Gilbert, Vernon Kay, Dara O'Briain and Denise Van Outen.
8:30pm	The Outlaws (CC,AD,M,Coarse Language, Sexual References, Violence) The outlaws unmask a traitor. Whilst reconciling their personal battles, they plan an audacious heist to steal evidence and take down the Dean.
9:30pm	Elementary: All My Exes Live in Essex (CC) When Holmes and Watson investigate the murder of a fertility lab technician, they discover the woman had a secret personal life that leads them to multiple suspects.
10:15pm	ER: The Gallant Hero & The Tragic Victor (CC,Repeat,M,Adult Themes, Medical Procedures) Pratt struggles to get a straight story from two abused boys who came into the ER with their injured father. Clemente's behaviour spirals out of control along with his paranoia about Bobby. Neela receives devastating news.
10:55pm	My Family: Living The Dream (CC,Repeat,PG) Ben is yearning for a boat, but the idea is immediately dismissed by Susan, who has other priorities. When they join the 'Pyramus' money-making scheme, the Harpers have high hopes that all their dreams will be fulfilled.
11:30pm	rage (MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence) Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
12:30am	The Cry (CC,AD,Repeat,M,Adult Themes, Coarse Language) We flashback to Joanna and Alistair's journey from Melbourne to Wilde Bay on the day they arrived in Australia.
1:30am	Douglas Is Cancelled (CC,AD,Repeat,M,Coarse Language) When Madeline Crow and Douglas Bellows met for the first time, the encounter took an unexpected turn. Now, three years later, there are explosive consequences.

- 2:10am** **QI: Noble Rot**
(CC,Repeat,M,Coarse Language, Sexual References)
Sandi Toksvig invites Jason Manford, Sara Pascoe, Jeremy Clarkson and Alan Davies to answer questions on the subject of 'noble rot'.
- 2:45am** **If You're Listening: This deeply strange man owns all our data**
(CC,Repeat)
Alex Karp, the bizarre CEO of surveillance tech company Palantir, has long believed that his work is preserving democracy. But could the unprecedented power he is handing the US government cause more harm than good?
- 3:05am** **Abbott Elementary: Fundraiser**
(CC,Repeat,PG,Parental Guidance Recommended)
Barbara organises a fundraiser to raise money for a school field trip to the science museum.
- 3:30am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am** **QI: Electricity**
(CC,Repeat,PG)
Joining QI master Stephen Fry for this electric episode are Sean Lock, Rich Hall, Jo Brand and Alan Davies. This episode is themed around electricity. The panellists' buzzers are all electrical noises.

4:00am	Adventure Time (CC,Repeat,G)
4:15am	We Bare Bears (CC,Repeat,PG,Parental Guidance Recommended)
4:25am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:35am	Scooby-Doo and Guess Who? (Repeat,G)
5:00am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
5:20am	Silverpoint: Focus (CC,AD,Repeat,PG,Parental Guidance Recommended) Louis, Meg, Glen and Kaz discover they're one of four groups, each with their own alien Artefact and part of a game to save the world.
5:45am	The Inbestigators: The Case of the Missing Solar System (CC,Repeat,G) Pixie is horrified when her space diorama goes missing and Miss Tan falsely accuses her of not doing her homework.
6:00am	Coop Troop (CC,Repeat,G)
6:10am	My Little Pony: Friendship Is Magic: The Return Of Harmony (Repeat,G)
6:50am	Total Drama Island (CC,Repeat,PG,Parental Guidance Recommended)
7:15am	The Amazing World Of Gumball (G)
7:25am	Submarine Jim (CC,G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
8:00am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
8:20am	GG: Spawn Squad (CC,G,This program may contain reviews of games that have PG material.)
8:40am	Pokemon the Series: Ruby and Sapphire (G)
9:00am	Be Cool, Scooby-Doo! (PG,Parental Guidance Recommended)
9:25am	The Amazing World Of Gumball (Repeat,PG,Parental Guidance Recommended)
9:35am	Submarine Jim (CC,Repeat,G)
9:45am	Super Happy Magic Forest (CC,AD,Repeat,G)

10:00am	Summer Camp Island (Repeat,G)
10:10am	Summer Camp Island (Repeat,G)
10:20am	The Inbestigators (CC,Repeat,G)
10:35am	Caper Crew (CC,AD,Repeat,G)
11:10am	Phil Spencer: Secret Agent (CC,Repeat,G)
11:55am	My Family (CC,Repeat,PG)
12:25pm	Douglas Is Cancelled (CC,AD,Repeat,M,Coarse Language) Final
1:15pm	Elementary (CC,Repeat)
1:55pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:40pm	Abbott Elementary (CC,Repeat,PG,Parental Guidance Recommended)
3:00pm	QI (CC,Repeat,PG,PG - Adult Themes, Coarse Language, Sexual References)
3:30pm	Would I Lie To You? (CC,Repeat,G)
4:00pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Phil Spencer: Secret Agent (CC,Repeat,G)
5:40pm	Grand Designs New Zealand (CC,AD,Repeat,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Nish Kumar, Clara Amfo, Anneka Rice and Al Murray test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Guy Pratt, Taryn Fiebig, Dave Hughes, Meschel Laurie, Salmon (CC,Repeat,PG) Adam, Myf and Alan are joined by Guy Pratt, Tarryn Fiebig, Dave Hughes, Meshel Laurie and Salmon.
7:30pm	QI: Killers (CC,Repeat,M,Coarse Language, Sexual References) QI Master Stephen Fry presents a killer edition of the quiz about quite interesting facts. Guest panellists include Alan Davies, Jason Manford, Trevor Noah and Sandi Toksvig.

- 8:00pm** **Would I Lie To You?: Greg Davies, Alex Jones, John Cooper Clarke & Rick Edwards**
(CC,Repeat,PG)
Rob Brydon hosts the award-winning comedy panel show with David Mitchell and Lee Mack as the lightning-quick team captains. Tonight's guests are Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards.
- 8:30pm** **Small Prophets**
(CC,AD,M,Coarse Language)
Michael witnesses a crime and is questioned by the police. Meanwhile, Clive is obsessing about a black rabbit and Kacey visits Marvin Gardens and is shocked by what she sees.
- 9:00pm** **Ground Up: Boundaries**
(CC,AD,Repeat,M,Coarse Language)
The Symphony Orchestra is unhappy with the proximity of the new stadium to their concert hall, the relocation of a waste treatment plant stalls, and a feel-good hospital visit by a player goes south.
- 9:35pm** **Elementary: The Games Underfoot**
(CC)
Holmes attempts to rebuild his life in the wake of his attack on Oscar and subsequent relapse. Due to his violent actions, Sherlock's partnership with Watson and their consultancy with the NYPD are in jeopardy.
- 10:15pm** **ER: Twenty-One Guns**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Chaos reigns as two convicts planning a violent escape are brought into the ER. Their drastic actions place one doctor in harm's way, and force one nurse to become a tool in their plan as gunshots ring out in the ER. (Final)
- 11:00pm** **My Family: An Embarrassment Of Susans**
(CC,Repeat,PG)
Ben decides to buy the property next door and turn it over for a profit, but circumstance... and Ben... get in the way. To make matters worse, Michael is dating a girl who looks exactly like his mother.
- 11:30pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

- 12:35am Double Parked**
(CC,Repeat,M,Coarse Language)
Nat announces she has booked a babymoon for one last couple's weekend. On arrival, it's not what Steph was expecting and the argument that's been simmering for weeks comes to a head.
- 12:55am Double Parked**
(CC,Repeat,M,Coarse Language)
Nat is rushed to hospital ahead of schedule, seemingly in labour. Steph meets her there and is also in labour. Johnny and Lily spend the night together and are exploring what a flat-relationship would look like. (Final)
- 1:20am Douglas Is Cancelled**
(CC,AD,Repeat,M,Coarse Language)**Final**
The practice interview is underway. Douglas is faced with a woman who understands him better than even he suspected and a battle of wills and words begins. (Final)
- 2:05am Grand Designs New Zealand: Lake Tahoe**
(CC,AD,Repeat,G)
Cindy Hall and her husband Jamin Halberstadt moved from the US to Dunedin in the 1990s. For their build, Cindy is influenced by the Mountain Modern architectural style she'd seen in houses surrounding Lake Tahoe in Nevada.
- 2:50am Abbott Elementary: Valentine's Day**
(CC,Repeat,PG,Parental Guidance Recommended)
On Valentine's Day, the Abbott teachers discuss their relationships and plans for the holiday.
- 3:10am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:15am QI: Flotsam**
(CC,Repeat,PG,PG - Adult Themes, Coarse Language, Sexual References)
Stephen Fry is joined by Charlie Higson, Rob Brydon, Andy Hamilton and Alan Davies.

Wednesday, 8 July 2026

4:00am	Adventure Time (CC,Repeat,G)
4:15am	We Bare Bears (CC,Repeat,PG,Parental Guidance Recommended)
4:25am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:35am	Scooby-Doo and Guess Who? (Repeat,PG,Parental Guidance Recommended)
5:00am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
5:20am	Silverpoint: Little Sister (CC,AD,Repeat,PG,Parental Guidance Recommended)
5:45am	The Inbestigators (CC,Repeat,G)
6:00am	Coop Troop (CC,Repeat,G)
6:10am	My Little Pony: Friendship Is Magic: A Canterlot Wedding (Repeat,G)
6:50am	Summer Camp Island
7:05am	The Amazing World Of Gumball (G)
7:15am	Submarine Jim (CC,G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:50am	100% Wolf: Legend Of The Moonstone (CC,Repeat,PG,Parental Guidance Recommended)
8:10am	GG: Spawn Squad (CC,G,This program may contain reviews of games that have PG material.)
8:25am	Pokemon the Series: Ruby and Sapphire (G)
8:50am	Be Cool, Scooby-Doo! (G)
9:15am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:25am	The Amazing World Of Gumball (Repeat,G)
9:35am	Submarine Jim (CC,Repeat,G)
9:45am	Super Happy Magic Forest (CC,AD,Repeat,G)
10:00am	Summer Camp Island (Repeat,G)

10:10am	Summer Camp Island (Repeat,G)
10:20am	The Inbestigators (CC,Repeat,G)
10:35am	Caper Crew (CC,AD,Repeat,G)
11:10am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:00pm	My Family (CC,Repeat,PG)
12:30pm	Father Brown (CC,AD,Repeat,M,Violence)
1:15pm	Elementary (CC,Repeat)
1:55pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:40pm	Abbott Elementary (CC,Repeat,PG,Parental Guidance Recommended)
3:00pm	QI (CC,Repeat,PG)
3:30pm	Would I Lie To You? (CC,Repeat,PG)
4:00pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Phil Spencer: Secret Agent (CC,Repeat,G)
5:40pm	Grand Designs New Zealand (CC,AD,Repeat,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Nish Kumar, Clara Amfo, Anneka Rice and Al Murray test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Kate Miller-Heidke, Bart Willoughby, Mike Keats and Hamish Blake. (CC,Repeat,PG) Adam, Myf and Alan are joined by Kate Miller-Heidke, Bart Willoughby, Mike Keats and Hamish Blake.
7:30pm	QI: Next (CC,Repeat,M,Sexual References) Host Sandi Toksvig is joined by special guests Lucy Porter, Frankie Boyle, Ross Noble and regular panellist Alan Davies to contemplate the theme 'next'.

- 8:00pm** **Would I Lie To You?: Frank Skinner, Bill Oddie, Jon Richardson, Sarah Millican**
(CC,Repeat,G)
Frank Skinner, Bill Oddie, Jon Richardson and Sarah Millican join team captains David Mitchell and Lee Mack to bluff about their deepest secrets.
- 8:30pm** **Beyond Paradise**
(CC,AD,Repeat,PG)
When a priest at a Catholic boarding school goes missing, Humphrey's team explores a connection between his disappearance and an ancient local legend.
- 9:30pm** **Elementary: The Cost of Doing Business**
(CC)
Holmes attempts to rebuild his life in the wake of his attack on Oscar and subsequent relapse. Due to his violent actions, Sherlock's partnership with Watson and their consultancy with the NYPD are in jeopardy.
- 10:10pm** **ER: Bloodline**
(CC,Repeat,M,Adult Themes, Medical Procedures)
ER staff work frantically to try to save Jerry and a pregnant Abby, who were both critically injured during the shootout that left the ER in shambles. Meanwhile, Sam suffers a terrifying ordeal at the hands of her ex-husband.
- 10:55pm** **My Family: And Other Animals**
(CC,Repeat,PG)
Susan is feeling deserted with Michael joining the army, Abi staying at Roger's and Janey moving back to her flat. She adopts a stray dog to fill the void, but unfortunately, the hound chooses to be Ben's best friend.
- 11:25pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:25am** **Father Brown: The Winds Of Change**
(CC,AD,Repeat,M,Violence)
Father Brown discovers that a murderer is using Kembleford's new model village to plan their attacks. He also needs to find a new secretary following Mrs McCarthy's departure.
- 1:15am** **The Outlaws**
(CC,AD,Repeat,M,Coarse Language, Sexual References, Violence)
The outlaws unmask a traitor. Whilst reconciling their personal battles, they plan an audacious heist to steal evidence and take down the Dean.

- 2:10am** **Live At The Apollo**
(CC,Repeat,M,Coarse Language, Sexual References)
This episode, the brilliant Nabil Abdulrashid hosts and introduces comedians Jake Lambert and Rachel Fairburn to the stage.
- 3:00am** **QI: Theatrical**
(CC,Repeat,PG)
Sandi Toksvig comes over all theatrical with Ed Byrne, Cally Beaton, Jack Dee and Alan Davies.
- 3:30am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am** **QI: G-Animals**
(CC,Repeat,PG)
Award-winning host Stephen Fry wrangles a stellar panel of comedians in the world's most impossible quiz show. This episode features Bill Bailey, Sean Lock, Sandi Toksvig, Alan Davies and John Hodgman.

4:00am	Adventure Time (CC,Repeat,G)
4:15am	We Bare Bears (CC,Repeat,PG,Parental Guidance Recommended)
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7:50am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
8:10am	GG: Spawn Squad (CC,G)
8:25am	Pokemon the Series: Ruby and Sapphire (G)
8:50am	Be Cool, Scooby-Doo! (PG,Parental Guidance Recommended)
9:15am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:25am	The Amazing World Of Gumball (Repeat,PG,Parental Guidance Recommended)
9:35am	Submarine Jim (CC,Repeat,G)
9:45am	Super Happy Magic Forest (CC,AD,Repeat,G)
10:00am	Summer Camp Island (Repeat,PG,Parental Guidance Recommended)

10:10am	Summer Camp Island (Repeat,G)
10:20am	The Inbestigators (CC,Repeat,G)
10:35am	Caper Crew (CC,AD,Repeat,G)
11:10am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:00pm	My Family (CC,Repeat,PG)
12:30pm	Father Brown (CC,AD,Repeat,M,Violence)
1:15pm	Elementary (CC,Repeat)
1:55pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:40pm	Abbott Elementary (CC,Repeat,PG,Parental Guidance Recommended)
3:00pm	QI (CC,Repeat,PG)
3:30pm	Would I Lie To You? (CC,Repeat,G)
4:00pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Phil Spencer: Secret Agent (CC,Repeat,G)
5:40pm	Grand Designs New Zealand (CC,AD,Repeat,PG)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Nish Kumar, Clara Amfo, Anneka Rice and Al Murray test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Katarina Krosnakova, Scott Edgar, Judith Lucy, Alan Zavod, Stephen Curry (CC,Repeat,PG) Adam, Myf and Alan are joined by Speech from Arrested Development, Katarina Krosnakova, Scott Edgar, Judith Lucy, Alan Zavod and Stephen Curry.
7:30pm	QI: Picnics (CC,Repeat,PG) Regulars Sandi Toksvig and Alan Davies are joined by guests Romesh Ranganathan, Rachel Parris and Richard Osman to discuss Picnics.

- 8:00pm Would I Lie To You?: Bruno Tonioli, Adam Buxton, Kirsty Wark & Rob Beckett**
(CC,Repeat,G)
Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This week's guests are Bruno Tonioli, Adam Buxton, Kirsty Wark and Rob Beckett.
- 8:30pm Would I Lie To You?: The Unseen Bits**
(CC,PG)
Rob Brydon, Lee Mack and David Mitchell return for an episode of previously unseen material from the hit comedy panel show "Would I Lie To You?".
- 9:00pm Gruen**
(CC,Repeat)
Australia's favourite multi-award winning, multi-award losing, longest running, and most importantly, the only show about advertising is back for our 18th season.
- 9:40pm That Blackfella Show**
(CC,Repeat)
That Blackfella Show is back in celebration of NAIDOC week, featuring some of Australia's amazing first nations talent. Featuring hosts Jess Mauboy and Ian Zaro.
- 10:40pm Shaun Micallef's Eve of Destruction: Felicity Ward and Adam Liaw**
(CC,Repeat,PG)
Another hilarious episode of Shaun Micallef's Eve of Destruction, with celebrity guests Felicity Ward and Adam Liaw.
- 11:20pm ER: Graduation Day**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Abby's mother comforts her and Luka as their newborn son's life hangs in the balance. Sam returns to Chicago fearing that police won't believe her claims of self-defense. Gates makes a risky decision with an overdosed teen.
- 12:00am My Family: The Art Of Being Susan**
(CC,Repeat,PG)
Susan starts a new job and immediately gets into hot water. Grace invades the house in Ben's absence. Roger is trying to propose to Abi, but she can't see where his constant stuttering is leading. (Final)
- 12:30am rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

- 1:35am** **Father Brown: The Company Of Men**
(CC,AD,Repeat,M,Violence)
Lady Felicia's impromptu visit coincides with Father Brown helping out a friend at an exclusive gentlemen's club.
- 2:20am** **Grand Designs New Zealand: Loburn Lifestyle**
(CC,AD,Repeat,PG)
Semi-retired couple Garry and Fiona Learmonth are moving from Auckland to the small rural community of Loburn on the North Canterbury plains where they plan to build a home designed by Garry and modelled on a Stealth Bomber.
- 3:05am** **Abbott Elementary: Fire**
(CC,Repeat,PG,Parental Guidance Recommended)
Barbara's candle accidentally starts a small fire in the teacher's lounge.
- 3:25am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am** **QI: Birds**
(CC,Repeat,PG)
Lining up to tackle the tricky questions on birds, bills and brothers are Alan Davies, Jo Brand, Rich Hall and Phil Kay.

Friday, 10 July 2026

4:00am	Adventure Time (CC,Repeat,G)
4:15am	We Bare Bears (CC,Repeat,G)
4:25am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:35am	Scooby-Doo and Guess Who? (Repeat,PG,Parental Guidance Recommended)
5:00am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
5:20am	Silverpoint (CC,AD,Repeat,PG,Parental Guidance Recommended)
5:45am	The Inbestigators (CC,Repeat,G)
6:00am	Coop Troop (CC,Repeat,G)
6:10am	My Little Pony: Friendship Is Magic: Princess Twilight Sparkle (Repeat,G)
6:50am	Summer Camp Island
7:05am	The Amazing World Of Gumball (G)
7:15am	Submarine Jim (CC,G)
7:25am	Miraculous World: Shanghai, Lady Dragon (CC,Repeat,PG,Parental Guidance Recommended)
8:20am	GG: Spawn Squad (CC,G)
8:35am	Pokemon the Series: Ruby and Sapphire (G)
9:00am	Be Cool, Scooby-Doo! (PG,Parental Guidance Recommended)
9:20am	The Amazing World Of Gumball (Repeat,G)
9:30am	Submarine Jim (CC,Repeat,G)
9:45am	Super Happy Magic Forest (CC,AD,Repeat,G)
9:55am	Summer Camp Island (Repeat,G)
10:05am	Summer Camp Island (Repeat,G)
10:15am	The Inbestigators (CC,Repeat,G)

10:35am	Caper Crew (CC,AD,Repeat,G)
11:00am	Phil Spencer: Secret Agent (CC,Repeat,G)
11:45am	My Family: The Heart Of Christmas (CC,Repeat,PG)
12:35pm	Beyond Paradise (CC,AD,Repeat,PG)
1:35pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:20pm	Father Brown (CC,AD,Repeat,PG)
3:05pm	QI (CC,Repeat,PG)
3:35pm	Would I Lie To You? (CC,Repeat,PG)
4:05pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Phil Spencer: Secret Agent (CC,Repeat,G)
5:45pm	Grand Designs New Zealand (CC,AD,Repeat,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Who will be taking home the coveted House of Games trophy at the end of the show - Nish Kumar, Clara Amfo, Anneka Rice or Al Murray?
7:00pm	Spicks And Specks: Chris Bailey, Silvie Palladino, Shane Jacobson & Dave O'Neil (CC,Repeat,PG) Adam, Myf and Alan are joined by Chris Bailey (The Saints), Silvie Palladino, Shane Jacobson, Dave O'Neil, and The Kurts.
7:30pm	QI: Telling Tails (CC,Repeat,PG) Sandi Toksvig tells you about tails (and tales) with Rob Beckett, Daliso Chaponda, Sarah Millican and Alan Davies.
8:00pm	Would I Lie To You?: Fern Britton, Reginald D Hunter, Ken Livingstone & Stephen Mangan (CC,Repeat,PG) Fern Britton, Stephen Mangan, Ken Livingstone and Reginald D Hunter join team captains David Mitchell and Lee Mack to hoodwink their opponents with absurd facts and plausible lies about themselves.

- 8:30pm** **Movie: The Terminal**
(CC,2004,PG,Adult Themes)
After arriving at New York's JFK airport, Viktor Navorski gets unwittingly caught in bureaucratic glitches that make it impossible for him to return to his home country or enter the U.S.
- 10:40pm** **ER: Somebody to Love**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Gates' first patient is a closeted older man with congestive heart failure, whose gay partner fights with the man's family to keep him alive. New surgical chief, Dustin Crenshaw, plans to make Neela's life a living hell.
- 11:20pm** **My Family: The Heart Of Christmas**
(CC,Repeat,PG)
Ben isn't looking forward to Christmas and tries to convince Susan of a mystery illness in an effort to escape the festive season. Susan calls his bluff and drags him to the doctors, only for Ben to be admitted into hospital.
- 12:10am** **triple j's Like A Version**
(CC)
triple j's legendary Like A Version segment hosts the greatest local and international acts, performing a cover of a song they love, and one of their own.
- 12:15am** **rage**
(CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:20am** **Father Brown: The Gardeners of Eden**
(CC,AD,Repeat,PG)
When a famous florist returns to Kembelford for her final days, she brings glamour but also gains Father Brown's interest after the suspicious death of an angry neighbour.
- 2:05am** **Grand Designs New Zealand: Whanganui Mid-Century**
(CC,AD,Repeat,G)
Ex-bricklayer Dave Poppe is determined to build one last house for wife Jan and himself. He has just the spot for it too - one with commanding views from Mt Taranaki in the north to the South Island in the south. (Final)
- 2:50am** **QI: Sick**
(CC,Repeat,M,Coarse Language, Sexual References)
Join Sandi Toksvig for a well sick episode of QI with Alan Davies, Maisie Adam, Jo Brand and Lee Mack.

3:20am

ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:25am

QI: Aquatic Animals

(CC,Repeat,PG)

Lining up to tackle the tricky questions on this episode are Clive Anderson, Bill Bailey, Alan Davies and Meera Syal.

4:00am	Adventure Time (CC,Repeat,G)
4:15am	We Bare Bears (CC,Repeat,PG,Parental Guidance Recommended)
4:25am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:35am	Scooby-Doo and Guess Who? (Repeat,G)
4:55am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
5:20am	Silverpoint (CC,AD,Repeat,PG,Parental Guidance Recommended)
5:40am	The Inbestigators (CC,Repeat,G)
6:00am	Coop Troop (CC,Repeat,G)
6:10am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:30am	Mechamato (CC,Repeat,PG,Parental Guidance Recommended)
6:55am	The Amazing World Of Gumball (G)
7:05am	The Inbestigators (CC,Repeat,G)
7:20am	Caper Crew (CC,AD,Repeat,G)
7:45am	Do Not Watch This Show (CC,AD,Repeat,G)
8:00am	Submarine Jim (CC,Repeat)
8:10am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
8:35am	Steven Universe (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	UniKitty! (CC)
9:10am	UniKitty! (CC)
9:20am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:35am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)

9:45am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:55am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
10:20am	Pokemon Horizons: The Series (CC,Repeat,G)
10:40am	Pokemon Horizons: The Series (CC,Repeat,G)
11:00am	Phil Spencer: Secret Agent: Reading (CC,Repeat,G) In Tilehurst, dad Dan and son Chester are failing to impress the yummy mummies with their very blokey three-bed. After six months on the market, Phil steps in to help them find their feminine side.
11:50am	Movie: The Perfect Storm (CC,Repeat,2000,M,Adult Themes, Coarse Language) A veteran skipper of a fishing boat is on a collision course with fate in this best selling book based on a true story.
1:55pm	ER: Somebody to Love (CC,Repeat,M,Adult Themes, Medical Procedures) Gates' first patient is a closeted older man with congestive heart failure, whose gay partner fights with the man's family to keep him alive. New surgical chief, Dustin Crenshaw, plans to make Neela's life a living hell.
2:40pm	My Family: Ego Has Landed (CC,Repeat,PG) An unusual request from a couple whom Susan and Ben met on holiday leads to chaos for the Harpers, and Susan finally discovers who Kenzo's father is.
3:10pm	Whose Line Is It Anyway? (CC,Repeat,PG) Aisha Tyler hosts another unforgettable special made up of previously unseen out-takes from the last decade of the legendary improv show. Featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie and guest performers.
3:30pm	QI: Discoveries (CC,Repeat,PG) Joining QI master Stephen Fry are Vic Reeves, Arthur Smith, Clive Anderson and Alan Davies for the D theme of discoveries.

- 4:00pm Would I Lie To You?: Rhod Gilbert, Vernon Kay, Dara O'Briain & Denise Van Outen**
(CC,Repeat,G)
Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This episode's guests are Rhod Gilbert, Vernon Kay, Dara O'Briain and Denise Van Outen.
- 4:30pm MythBusters: Chicken Gun / Octopus Pregnancy / Killer Laundry**
(CC,Repeat,PG,Adult Themes)
Can bird carcasses fired at windscreens cause explosive impact? Can a human give birth to an octopus? And, could a man be fatally assaulted and killed by his dirty laundry and washing machine?
- 5:20pm Phil Spencer: Secret Agent: Watford**
(CC,Repeat,G)
Phil travels to Watford where Arancha Burnell has been trying to sell her house for two years. Phil finds dated decor, a bedroom that looks like a Swedish sauna and an attic conversion with anything but lofty aspirations.
- 6:10pm Grand Designs: The Streets: Carlos & Maite**
(CC,AD,Repeat,PG)
At Graven Hill in Oxfordshire, Carlos and Maite have ambitious plans to build a bold, Spanish-inspired home. But with creative differences and a tight budget, will they get to realise their vision?
- 7:00pm Spicks And Specks: Ross Wilson, Sophie Koh, Mark Trevorrow, Cal Wilson**
(CC,Repeat,PG)
Remembering Cal Wilson: 1970-2023. Adam, Myf and Alan are joined by Cal, Ross Wilson, Sophie Koh and Mark Trevorrow.
- 7:30pm QI: R Animals**
(CC,Repeat,M,Coarse Language, Sexual References)
Sandi Toksvig asks questions on animals beginning with the letter R, with Tom Allen, Ed Gamble, Maggie Aderin-Pocock and Alan Davies trying to come up with interesting answers - while avoiding the most obvious ones.
- 8:00pm Would I Lie To You?: More Unseen Bits**
(CC,Repeat,PG)
Rob Brydon, Lee Mack and David Mitchell return for an episode of previously unseen material. Among the guests are Johnny Marr, Shazia Mirza, Craig Charles, Kimberley Walsh, Frankie Boyle and Amy Gledhill. (Final)
- 8:30pm Live At The Apollo**
(CC,Repeat,M,Coarse Language, Sexual References)
This episode of the award winning Live at the Apollo is hosted by the inimitable Ria Lina as she introduces comedians Lucy Beaumont and Josh Pugh to the stage.

- 9:15pm** **Arrested Development: Meat The Veals**
(CC,Repeat,M,Drug Use, Sexual References)
Michael thinks George Michael's dating standards are far too low, so he organises a meeting between Ann's extremely conservative parents and his family, hoping it might split them up.
- 9:35pm** **Arrested Development: Spring Breakout**
(CC,Repeat,M,Coarse Language, Sexual References)
Gob tries to get equal with the producers of 'Girls With Low Self Esteem' and Michael decides it's time to get Lucille into rehab.
- 10:00pm** **Arrested Development: The Righteous Brothers**
(CC,Repeat,M,Sexual References)
Michael decides George Sr has to leave the attic where he's been hiding. (Final)
- 10:20pm** **ER: Parenthood**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Morris is wrongfully accused of being a child molester. Pratt has a trial-by-fire when he must handle the ER alone. A chainsaw accident injures a grandfather and grandson. Neela mentors a new med student assigned to surgery.
- 11:05pm** **My Family: Ego Has Landed**
(CC,Repeat,PG)
An unusual request from a couple whom Susan and Ben met on holiday leads to chaos for the Harpers, and Susan finally discovers who Kenzo's father is.
- 11:35pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am** **Small Prophets**
(CC,AD,Repeat,M,Coarse Language)
Michael witnesses a crime and is questioned by the police. Meanwhile, Clive is obsessing about a black rabbit and Kacey visits Marvin Gardens and is shocked by what she sees.
- 1:10am** **QI: Opposites**
(CC,Repeat,PG)
Sara Pascoe, Colin Lane and Jimmy Carr join regular panellist Alan Davies and host Sandi Toksvig for an unconventional look at the theme 'Opposites'.

- 1:40am** **Grand Designs: The Streets: Carlos & Maite**
(CC,AD,Repeat,PG)
At Graven Hill in Oxfordshire, Carlos and Maite have ambitious plans to build a bold, Spanish-inspired home. But with creative differences and a tight budget, will they get to realise their vision?
- 2:25am** **Grand Designs New Zealand: Tennis Court**
(CC,AD,Repeat,G)
Bridget and Graeme Clarke's to-do list is long and complicated: they're selling a house, repairing a house and building a house all at the same time, within a very hopeful 12 month period.
- 3:15am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:20am** **QI: Discoveries**
(CC,Repeat,PG)
Joining QI master Stephen Fry are Vic Reeves, Arthur Smith, Clive Anderson and Alan Davies for the D theme of discoveries.