



WEEK 19 Saturday, 3 May 2025 Friday, 9 May 2025

Date	Start Time	Genre	Title
3/05/2026	500	News - Overseas	NHK World English News Morning
3/05/2026	515	News - Overseas	Euronews
3/05/2026	530	News - Overseas	ANC Philippines The World Tonight
3/05/2026	600	News - Overseas	DW English News
3/05/2026	630	News - Overseas	Al Jazeera News
3/05/2026	700	News - Overseas	PBS News Horizons
3/05/2026	730	News - Overseas	France 24 English News
3/05/2026	800	News - Overseas	DD India News Hour
3/05/2026	900	Cooking	Destination Flavour China Bitesize
3/05/2026	905	Culture & Society	The Bee Whisperer
3/05/2026	1000	Culture & Society	Lap Of Luxury: Escapes Down Under
3/05/2026	1030	Culture & Society	Lap Of Luxury: Escapes Down Under
3/05/2026	1100	Culture & Society	The Isle Of Rum
3/05/2026	1200	News - Overseas	PBS News Compass Points
3/05/2026	1230	News - Overseas	PBS Washington Week With The Atlantic
3/05/2026	1255	Current Affairs	Point: Road To Referendum History Bites
3/05/2026	1300	Motorsport	Australian Superbikes 2026
3/05/2026	1600	Cycling	Liege-Bastogne-Liege Women's Race 2026

EASTERN MARKETS

Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC				
ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
PBS News Horizons	2026	0	Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Branham, with in-depth discussions featuring leading experts and professionals.	USA	English-100	2026		NC		Y		
France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
Shanghai Style Wonton Soup	1	8	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y		
Yankee Bees		8	It's a full circle adventure for Charlie to close the season as he travels back to his childhood summer home of Berkshire County in Massachusetts, where he's welcomed by old and new faces alike. Charlie meets local beekeeper Curtis Miraz, who shows Charlie the subtle differences of beekeeping up north in a colder climate.	USA	English-100	2023	RPT	PG	a d	Y	Y	Y
Episode 1	3	1	Lap of Luxury explores three of New Zealand's finest lodges, including the stunning refined wilderness of Flockhill in Canterbury's Craigieburn Valley.	NEW ZEALAND	English-100	2022	RPT	G		Y		
Episode 2	3	2	We head south to Annandale on the Banks Peninsula and indulge in history and tranquility at Annandale. Further south, in New Zealand's Glenorchy, we take on the majestic architecture of Lodge Lorien, surrounded by nature's finest displays of colour and then its north to Gisborne on the east coast, to spend some time sitting atop one of the finest beaches in New Zealand, at The Blackhouse.	NEW ZEALAND	English-100	2022	RPT	G		Y		
Isle Of Rum, The	0	0	Two hours from the Scottish mainland lies Rum, a rugged island home to just 25 people. This beautifully filmed documentary follows harbour master David, restaurateur Kim, and rum-maker Fergus as they balance solitude, creativity, and community on a place once known as the 'Forbidden Island'.	SCOTLAND	English-100	2022	RPT	PG	a w	Y		Y
PBS News Compass Points	2026	0	Join PBS News Hour's Nick Schifrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.	USA	English-100	2026		NC		Y		
PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		
Remembering A Trailblazer	2023	11	A tribute to Neville Bonner, the first Indigenous Australian to enter Federal Parliament.	AUSTRALIA	English-100	2023	RPT	NC		Y		
Round 3, The Bend	2026	3	The 2026 Australian Superbike Championship heads to South Australia and to Tailem Bend for round three at The Bend Motorsport Park.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
Highlights	2026	2	All the highlights from the 2026 Liege-Bastogne-Liege Women's race, on the 156 km route through Belgium.	BELGIUM	English-100	2026		NC		Y		

3/05/2026	1700	Gymnastics	World Gymnastics Rhythmic World Cup 2026	Baku, Azerbaijan - Highlights, Part 1	2026	1	All the best moments from the 2026 World Gymnastics Rhythmic World Cup Series from Baku, Azerbaijan - Part 1			2026								
3/05/2026	1730	Travel	Plat Du Tour	Fork Belly With Apples And Cider	2	5	Laval, the capital of the Mayenne region, also known as apple country. Today Guillaume meets with Jo-Anne Fahey from Darkes Glenbernie Orchard to try her award winning cider. He then shows us how to easy it is to make his delicious pork belly and apple dish.	AUSTRALIA	English-97; French-3	2021	RPT	G						
3/05/2026	1735	History	Cold War Spies	Double Agents	1	3	The only thing worse than losing a spy, is losing a spy to the other side. This episode tells the stories of several intelligence operatives who, for a range of reasons, took the high risk high stakes path of betraying their country to spy for the enemy.	UNITED KINGDOM	English-100	2025		PG		Y	Y	Y		
3/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 123	2026	123	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y				
3/05/2026	1930	History	Anne Boleyn & Elizabeth: Prisoner Queens	Anne Boleyn And Elizabeth I: Prisoner Queens	0	0	Anne Boleyn was executed before her daughter turned three, yet her influence never faded. Historian Tracy Borman and actor Jason Watkins explore how Elizabeth I, declared illegitimate by her own father, overcame the odds to become England's greatest monarch, and uncover the remarkable bond between a mother and daughter separated by the most brutal of circumstances.	UNITED KINGDOM	English-100	2026				Y				Y
3/05/2026	2025	Archaeology	Bettany Hughes' Lost Worlds: Nabataeans	Episode 2	1	2	Bettany Hughes is on a mission to understand the secret behind the success of the Nabataeans. The glorious tombs of their cities like Ancient Hegra in AlUla, Saudi Arabia are proof of a rich kingdom. Following ancient routes from Oman, across the Red Sea, into Greece and Italy, Bettany discovers their ancient monopoly on a prized luxury: incense.	UNITED KINGDOM	English-99; Turkish-1	2024	RPT	PG		Y	Y	Y		
3/05/2026	2125	History	History's Greatest Mysteries	Hindenburg Disaster, The	5	1	For decades, experts believed they knew what caused the Hindenburg disaster: that leaking hydrogen ignited - causing the airship to burst into flames. But there may be more to this story. What caused the Hindenburg Disaster?	USA	English-100	2023	RPT	M	a w	Y	Y			
3/05/2026	2215	Archaeology	Lost Treasures of Egypt	Tut's Unsolved Secrets	3	8	Archaeologists are on the trail of Tutankhamun. To piece together his story they search his tomb for secrets missed by the first explorers. Near the site of his quarry, they find evidence of a temple he restored to worship the crocodile god, Sobek. And beneath a mysterious fortress in the Eastern Desert, they unearth clues to how he amassed enough gold to fill his tomb with unimaginable treasures.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y			
3/05/2026	2310	History	Frogmore House: Royal Retreat	Frogmore House: Royal Retreat	0		For hundreds of years, the idyllic royal estate of Frogmore has been the private escape for generations of royals. The estate contains Frogmore House, Frogmore Cottage and the Royal Mausoleum. Recently, Frogmore was thrust into the limelight when Harry and Meghan moved into Frogmore Cottage for what turned out to be a short and controversial stay. This program reveals that Frogmore - the Windsors' pleasure palace - has also been the harbour of dark secrets over the last three centuries.	UNITED KINGDOM	English-100	2023	RPT	PG	a	Y			Y	
3/05/2026	2425	Culture & Society	My Rembetika Blues	My Rembetika Blues	0		This documentary film is about love, life, and the soul of human experience. Rembetika or Greek Blues is a music born of exile and the streets. Filmmaker M. Zournazi traces the journey of its roots and how the genre tells the foremost musical accounts of the migrant experience, and urban blues.	AUSTRALIA	English-75; Greek-25	2022	RPT	PG	a d l	Y	Y			
3/05/2026	2600	Culture & Society	Matched	Virginia And Lopeti + Manpreet And Manpreet	2	4	Princess Virginia prepares to marry Lopeti in the grandest Tongan wedding ever to be held in New Zealand but how will Her Royal Highness cope with marriage when she has never cooked or cleaned in her life? And Kiwi-Sikh Manpreet travels back to India for his arranged wedding to a woman with his same name but will they have anything else in common?	NEW ZEALAND	English-94; Punjabi-5; Tongan-1	2020	RPT	PG		Y	Y	Y		
3/05/2026	2650	Culture & Society	Mountain Vets	Episode 5	3	5	It's Summer in the Mourmes and temperatures are the highest on record. For the mountain vets the heat brings a new set of challenges - including overheated dogs, dehydrated calves and hot badgers.	UNITED KINGDOM	English-100	2022	RPT	M	a	Y			Y	
3/05/2026	2755	Culture & Society	Legacy List With Matt Paxton	No Country For Old Things	5	8	A woman about to retire must clear out her entire house before moving to France. Matt helps with the downsize and keeps an eye out for a handful of items she won't leave home without.	UNITED KINGDOM	English-100	2023	RPT	PG		Y				
3/05/2026	2830	Nature & Environment	Bamay	Darumbal, Ngaro, Guugu Yimithirr, Tiwi & Bathurst Island Country	2	11	A slow TV showcase of the stunning landscapes found in Darumbal, Ngaro, Guugu Yimithirr, Tiwi and Bathurst Island Country.	AUSTRALIA	English-100	2020	RPT	G						
4/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y				
4/05/2026	515	News - Overseas	Euronews	Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC						
4/05/2026	530	News - Overseas	PBS News Horizons	PBS News Horizons	2026	0	Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Branham, with in-depth discussions featuring leading experts and professionals.	USA	English-100	2026		NC		Y				
4/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y				
4/05/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News	0		News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y				

4/05/2026	700	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		
4/05/2026	725	Current Affairs	Point: Road To Referendum History Bites	Remembering A Trailblazer	2023	11	A tribute to Neville Bonner, the first Indigenous Australian to enter Federal Parliament.	AUSTRALIA	English-100	2023	RPT	NC		Y		
4/05/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
4/05/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
4/05/2026	900	Nature & Environment	Going Places With Ernie Dingo	Nimiluk - Katherine Gorge	2	10	In this episode Ernie visits Katherine and meets up with a visionary, a landscape photographer and a river guide who shares stories of the world famous Nimiluk Gorge.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
4/05/2026	930	Culture & Society	Matched	Ashleen And Shafee	3	2	Ashleen and Shafee fell in love in their early twenties. Since then, it's been a decade of drama and heartbreak. Former bad boy Shafee has turned his life around and won back his true love but it's not just Ashleen he has to prove himself to. Without Ashleen's mother Nisha's approval, their love story ends, and they will go their separate ways.	NEW ZEALAND	English-100	2022	RPT	PG		Y	Y	Y
4/05/2026	1020	Culture & Society	Hidden Beauty Of Northern France	From The Somme To Flanders	1	2	It is a rich region with a stunning coastline and diverse landscapes and wildlife: Northern France, the area between Belgium and the English Channel, has so much to offer.	GERMANY	English-61; French-39	2023	RPT	G		Y	Y	
4/05/2026	1120	History	Along Ancient Tracks	By Train Around Mount Etna	2	2	Sicily's last narrow-gauge railway has circled the slopes of Mount Etna since the 1930s, connecting isolated villages through landscapes of extraordinary contrast - moon-like lava fields, pistachio plantations, citrus groves, and the dramatic Alcantara Gorge. The line from Adriano to Riposto carries both history and beauty in equal measure.	GERMANY	English-73; Italian-27	2024		G		Y	Y	
4/05/2026	1210	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
4/05/2026	1230	News - Overseas	France 24 International SBS MIDDAY	France 24 International SBS MIDDAY	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
4/05/2026	1300	News - Overseas	PBS News Compass Points	PBS News Compass Points	2026	0	Join PBS News Hour's Nick Schifrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.	USA	English-100	2026		NC		Y		
4/05/2026	1330	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition	0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Y		
4/05/2026	1400	Culture & Society	For Her, With Her	For Her, With Her	0	0	This documentary charts the course of Women's Legal Service Queensland, from a small but courageous group of young lawyers and social workers banding together in a hostile political climate to an organisation that has helped over 150,000 women and children suffering domestic violence.	AUSTRALIA	English-100	2025						
4/05/2026	1450	Culture & Society	A Murmuration	Murmuration, A	2022	0	A Murmuration speaks to the impact we can have when creativity, community and education intersect. It looks at the power of taking young people's learning into their community, and the healing that comes from connection and sharing our stories.	AUSTRALIA	English-100	2022	RPT	PG	a	Y	Y	Y
4/05/2026	1540	Travel	The Cook Up With Adam Liaw	Dinner Hits	8	2	Extraordinary entertainer Emma Watkins and French food icon Guillaume Brahimi join Adam to release some memorable dinner delights.	AUSTRALIA	English-100	2025	RPT	G		Y	Y	
4/05/2026	1615	Archaeology	Lost Treasures of Egypt	Mystery Of Tut's Tomb, The	3	4	Archaeologists investigate the mystery of Tutankhamun's small and poorly decorated tomb. Tutankhamun's reign was shaped by the life of his father, a pharaoh who led the greatest revolution in Egyptian religious history. Was this revolution, and the political intrigue that followed, the cause of Tutankhamun's banishment to a tomb unfit for a Pharaoh?	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y	
4/05/2026	1705	Quiz	Jeopardy!	Jeopardy Series 42 Ep 68	42	68	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
4/05/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 4 Ep 62	4	62	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serra and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
4/05/2026	1800	Quiz	Mastermind	Episode 21	8	21	Tonight, the Red Rising trilogy, Labrador Retrievers, the works of John Lennon and the art of Jackson Pollock, in a battle of generations. Labs are guaranteed to stay neutral and adorable. Contenders: Pandelis Raptis, Angela Wong, Mark Siliato, Ida Kusz	AUSTRALIA	English-100	2026		G				

4/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 124	2026	124	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC	Y		
4/05/2026	1930	Culture & Society	Robson Green's Weekend Escapes	Richard Coles	4	1	Reverend Richard Coles joins Robson to explore the Northumberland coastline. They take a Canadian canoe trip along the river Coquet, visit the hidden gem of Walkworth's secret Hermitage and, after a night in the calm of the countryside, make an early-morning crossing to the Holy Island of Lindisfarne where the pair have take part in a photography class and have a go at rope work.	UNITED KINGDOM	English-100	2024					
4/05/2026	2005	Culture & Society	Robson Green's Weekend Escapes	JJ Chalmers	4	2	Robson is joined by Invictus Games Gold medal winner JJ Chalmers. The pair head to Killcrankie where they zip wire across the River Garry before heading to their digs for the night. The following day, the pair take a sled ride through stunning countryside before heading to the Blackruthven Estate where they're given a dry stone walling lesson.	UNITED KINGDOM	English-100	2024					
4/05/2026	2040	Entertainment	8 Out Of 10 Cats Does Countdown	Episode 14	16	14	Jimmy Carr hosts the second of two compilation episodes of 8 Out of 10 Cats Does Countdown. Packed with memorable moments from Ion Richardson, Richard Ayoade, Alan Carr, Danny Dyer, Joe Lycett and Sarah Millican, alongside Susie Dent in Dictionary Corner and Rachel Riley on numbers.	UNITED KINGDOM	English-100	2023		M			
4/05/2026	2135	Quiz	Never Mind The Buzzcocks	Perrie, Bradley Simpson, Duncan James, Sam Campbell	4	5	Perrie Edwards steps in as captain, teaming up with Blue's Duncan James and Edinburgh Comedy Award winner Sam Campbell. Noel Fielding and Jamai Maddix are joined by The Vamps' Bradley Simpson. The teams tackle absurd boy and girl band trivia and must identify Gill Thang and Irish boyband D-Side in the ID Parade. Plus, there's a special look at Aerosmith's Steven Tyler and his infamously odd feet. Expect laughs, chaos, and plenty of pop nostalgia.	UNITED KINGDOM	English-100	2024		M			
4/05/2026	2230	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 76	2026	76	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC	Y		
4/05/2026	2300	Crime	Sambre: Anatomy of a Crime	Christine (The Victim)	1	1	1988. Christine wakes on a roadside path with no clear memory of what has happened to her. When she reports it, the response she receives is far from reassuring. Meanwhile, a young new police recruit is finding his feet, reluctant to question the methods around him. Inside the station, a pattern is beginning to form, but those who could act are choosing to look the other way.	FRANCE	French-100	2023		M	d s v	Y	
4/05/2026	2415	Crime	Gomorra	Gomorra Series 2 Ep 7	2	7	Smart young Camorrista O' Principe rises to power among Ciro's men, his pop star attitude soon provoking a fair amount of envy.	ITALY	Italian-100	2016	RPT	MA	s v	Y	
4/05/2026	2510	Crime	Gomorra	Gomorra Series 2 Ep 8	2	8	Don Pietro's efforts in stirring disorder and confusion bear fruit, as Ciro's closest aide finds himself in a death trap. But the old don's campaign of vengeance has only just begun.	ITALY	Italian-100	2016	RPT	M	a l s v	Y	
4/05/2026	2605	Crime	Gomorra	Gomorra Series 2 Ep 9	2	9	Ciro is on a mission to keep the members of his alliance in line. However, whatever measures he takes, his men are crazed by envy. And even the "weaker" sex now smells blood.	ITALY	Italian-100	2016	RPT	MA	d s v	Y	
4/05/2026	2700	Culture & Society	Mountain Vets	Episode 6	3	6	Vet Nigel discovers a worrying growth on much loved cow Florence, but will she have a second chance? Vet Gillian must perform surgery on dog Bailey so that he can be rehomed.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y	Y
4/05/2026	2805	Culture & Society	Colors Of The Islands: The Caribbean	Waters Of Bimini	1	1	Ep. 1: Waters of Bimini - Master underwater photographer Andre Mugrove is challenged to re-envision the island of Bimini through his lens. He decided to take the team underwater to show magnificent shipwrecks, wildlife and visuals while photographing master free diver Sophia Palvachinni in these locations.	USA	English-100	2021	RPT	M	a l w	Y	
4/05/2026	2840	Nature & Environment	Bamay	Arrente Country - Mparntwe Alice Springs	2	17	This episode of Bamay showcases beautiful Arrente and Warlpiri Country, with locations such as Mparntwe Alice Springs and the Eltery Creek Big Hole.	AUSTRALIA	English-100	2020	RPT	G			
5/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
5/05/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
5/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
5/05/2026	630	News - Overseas	AJ Jazeera News	AJ Jazeera News	0	0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
5/05/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
5/05/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
5/05/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	

5/05/2026	900	Cooking	Destination Flavour China Bitesize	Cattail Milk Soup	1	9	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG		Y	Y	
5/05/2026	910	Culture & Society	Matched	Jilsh And Farheem	3	3	Twenty three-year-old Farheem and celebrity DJ Jilsh are both playing the dating game. The complexity of modern dating isn't the only challenge they have to overcome as they are forced to confront cultural expectations in order to find a lifelong commitment.	NEW ZEALAND	English-100	2022	RPT	PG		Y		Y
5/05/2026	1000	Culture & Society	Hidden Beauty Of Spain	Mediterranean Coast, The	1	1	Rough rocks, salt lagoons and fine sandy beaches - Spain's east coast is diverse. The Costa Brava in the far north is fascinating.	GERMANY	English-64; Spanish-35; Catalan-1	2022	RPT	G		Y	Y	
5/05/2026	1100	Biography	Van Gogh: The Real Story	Dutch Master (In The Making)	1	1	Begin by tying together several fascinating facts about Van Gogh's life, which then propel you to ask questions that lead to the uncovering of mysteries: which parts of his life influenced his work?	UNITED KINGDOM	English-100	2023	RPT	PG	a	Y		
5/05/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
5/05/2026	1230	News - Overseas	France 24 International SBS MIDDAY	France 24 International SBS MIDDAY	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
5/05/2026	1255	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
5/05/2026	1355	Culture & Society	What Does Australia Really Think About	What Does Australia Really Think About Obesity?	1	3	Casey Donovan investigates what Australia really thinks about obesity through emotional personal stories, confronting social experiments, covert filming and an in-depth nationwide survey.	AUSTRALIA	English-100	2019	RPT	M	a I	Y	Y	Y
5/05/2026	1455	Culture & Society	Seeds: Planting Hope Through Education	Seeds: Planting Hope Through Education	0	0	SEEDS: Planting Hope Through Education' is a grassroots documentary which transports you to Uganda and spotlights the crucial importance of education in eradicating poverty. The documentary takes viewers on an emotional and uplifting journey following Annabelle, Joseph and Brenda - three remarkable women on a mission to provide the most vulnerable children in Uganda with a quality education.	AUSTRALIA	English-99; Swahili-1	2023	RPT	PG		Y	Y	
5/05/2026	1540	Cooking	The Cook Up With Adam Liaw	Crispy Business	9	34	This one's for the crisp takers. Adam, hatted chef Will Houa and the Wolf of Wok Street Vincent Lim are all about their crispy business.	AUSTRALIA	English-100	2025	RPT			Y		
5/05/2026	1610	Archaeology	Lost Treasures of Egypt	Legend Of The Pyramid Kings	3	5	Archaeologists hunt for clues to the mysterious kings of Egypt's Pyramid Age. They search the tunnels of the Great Pyramid; unearth a new tomb among the pyramids of three later kings; find evidence of a Pharaoh's temple, lost for more than four thousand years; and shed new light on the legacy of the most powerful rulers in the history of Ancient Egypt.	UNITED KINGDOM	English-100	2021	RPT	G		Y	Y	
5/05/2026	1705	Quiz	Jeopardy!	Jeopardy Series 42 Ep 69	42	69	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
5/05/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 4 Ep 63	4	63	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serra and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
5/05/2026	1800	Quiz	Mastermind	Episode 22	8	22	Tonight - Australian red wine, Swedish band Roxette and The Elder Scrolls and Critical Role: Exandria Unlimited. Contesters: Taryn Gorton, Megan Baehrnisch, Paula Brougham, Mark Allen	AUSTRALIA	English-100	2026		G				
5/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 125	2026	125	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
5/05/2026	1930	History	Great Continental Railway Journeys	Bayeux To Argentan/ Lisieux To Giverny	8	10	In Bayeux, Michael Portillo admires the famous tapestry and reflects on D-Day at Gold Beach and the war cemetery. He visits France's national stud at Haras du Pin, samples Calvados brandy in Normandy orchards, meets a knight at Chateau Gallard, and explores Monet's iconic gardens in Giverny.	UNITED KINGDOM	English-100	2020	RPT	PG		Y	Y	Y
5/05/2026	2030	Current Affairs	Insight	Rat Race, The	2026	10	As post-COVID attitudes towards work-life balance continue to change, some of us are questioning our role in the rat race and opting out. For others, the choice is hampered by housing and cost-of-living pressures. Insight explores how Australians are balancing a desire to clock-off, with their need to pay the bills.	AUSTRALIA	English-100	2026		NC		Y		
5/05/2026	2130	News And Current Affairs	Dateline	Chateaux For Sale	2026	10	Kumi Taguchi travels to France to meet the people saving its castles. With many properties cheaper than an average Aussie home, Dateline investigates the real cost of keeping them alive.	AUSTRALIA	English-50; French-50	2026		NC		Y		
5/05/2026	2200	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 77	2026	77	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		

5/05/2026	2230	Current Affairs	Living Black	Living Black Series 33 Ep 3	2026	3	Karla Grant travels to Western Australia to meet the rappers behind 'Banksia Beats', a hip-hop therapy program that's helping young detainees at Banksia Hill and Unit 18 find their voice through rap.	AUSTRALIA	English-100	2026	RPT	NC			Y	
5/05/2026	2305	Thriller	Exit	When The World Disappears	3	6	Tensions simmer at a dinner where not everything is as it seems, while hidden alliances and dangerous plans quietly gather pace. Adam remains unaware of the forces manoeuvring against him, and Hermine takes bold steps to secure her future. Henrik's evening takes a deeply disturbing and unexpected turn.	NORWAY	Norwegian-60; English-20; Swedish-15; Danish-5	2023		MA	a v	Y	Y	
5/05/2026	2400	Thriller	Breaking Point	Georg	1	1	Shots are fired in the Sunshine City shopping centre. It is pure coincidence that these people are here. In one of them, a long-fermenting insult leads to a violent outburst.	GERMANY	German-100	2022	RPT	MA	a			Y
5/05/2026	2450	Thriller	Breaking Point	Mira	1	2	Four days before shots are fired in the Sunshine City shopping centre. There is a lot at stake in Mira's job today. But her boss, with whom she is having an affair, threatens to betray her.	GERMANY	German-100	2022	RPT	M	a s v			Y
5/05/2026	2545	Thriller	Breaking Point	Sarah	1	3	Three days before shots are fired in Sunshine City shopping centre. Doctor Sarah is at her wit's end. She wears herself out between worrying about her children and her work.	GERMANY	German-100	2022	RPT	M	l s v			Y
5/05/2026	2635	Culture & Society	Giving Back: Students Who Returned	Giving Back: Students Who Returned As Teachers		0	This heart-warming documentary follow the journey of former students in Dandenong North Primary School who came back to become teachers. To 'give back' and make a difference to the next generations, while welcoming all children and families with open arms.	AUSTRALIA	English-100	2022	RPT	PG	a l			Y
5/05/2026	2800	Culture & Society	Finding Your Roots	Hollywood Royalty: Isabella Rossellini, Anjelica Huston, Mia Farrow	6	1	Henry Louis Gates, Jr. helps actors Isabella Rossellini, Anjelica Huston and Mia Farrow unearth surprising new revelations about their family histories, taking them generations beyond their famous cinematic forebears.	USA	English-100	2020	RPT	PG				Y
6/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC				Y
6/05/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC				Y
6/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC				Y
6/05/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC				Y
6/05/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC				Y
6/05/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC				Y
6/05/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC				Y
6/05/2026	900	Cooking	Destination Flavour China Bitesize	Shandong Roast Chicken	1	10	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G			Y	Y
6/05/2026	910	Culture & Society	Matched	Sonam And Jatin	3	4	Putting heartbreak behind her, Sonam begins the search for a new life partner. But when she comes up against the stigma that accompanies divorce, Sonam finds she must follow her own path away from her parents' expectations. Divorced from his childhood sweetheart, Jatin is nervously dating for the first time in his life. On paper he's a catch, all that's missing is the confidence to go with it.	NEW ZEALAND	English-100	2022	RPT	PG			Y	Y
6/05/2026	1005	Culture & Society	Hidden Beauty Of Spain	Wild Andalusia	1	2	The journey begins in the Parque Nacional de Doñana. The Unesco World Heritage Site is located on the Costa de la Luz and is one of the most diverse wetlands in Europe.	GERMANY	English-69; Spanish-31	2022	RPT	PG	a w		Y	Y
6/05/2026	1105	Biography	Van Gogh: The Real Story	Vincent Discovers Colour	1	2	In many ways, it is in Antwerp that Vincent begins the remarkable evolution that will ultimately make him one of the most important painters in modern art.	UNITED KINGDOM	English-100	2023	RPT	PG				Y
6/05/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC				Y

6/05/2026	1230	News - Overseas	France 24 International SBS Midday	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
6/05/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
6/05/2026	1400	News And Current Affairs	Dateline	Chateaux For Sale	2026	10	Kumi Taguchi travels to France to meet the people saving its castles. With many properties cheaper than an average Aussie home, Dateline investigates the real cost of keeping them alive.	AUSTRALIA	English-50; French-50	2026	RPT	NC		Y		
6/05/2026	1430	Current Affairs	Insight	Rat Race, The	2026	10	As post-COVID attitudes towards work-life balance continue to change, some of us are questioning our role in the rat race and opting out. For others, the choice is hampered by housing and cost-of-living pressures. Insight explores how Australians are balancing a desire to clock-off, with their need to pay the bills.	AUSTRALIA	English-100	2026	RPT	NC		Y		
6/05/2026	1530	Travel	Plat Du Tour	Tarte Aux Poireaux (Leek Tart)	2	6	Loire Valley is known as the Garden of France. To celebrate the earthy delights on offer, Guillaume is making a vegetarian version of the quiche Lorraine which uses his favourite Autumn vegetable – the leek. He shares some of his mum's secret tips to create a savoury dish to share with the whole family.	AUSTRALIA	English-97; French-3	2021	RPT	G		Y		
6/05/2026	1535	Travel	Plat Du Tour	Daube A L'orange	2	7	A crossroads of trade, the cuisine of Burgundy also has influences from Northern Europe and the Mediterranean, so what better way to celebrate than by making a rich red wine and beef stew with a surprise twist of orange.	AUSTRALIA	English-97; French-3	2021	RPT	G		Y		
6/05/2026	1540	Cooking	The Cook Up With Adam Liaw	Sweet Citrus	9	35	Adam and his guests, chef Kay-Lete Tan and writer Benjamin Law work wonders with sweet citrus.	AUSTRALIA	English-100	2025	RPT			Y		
6/05/2026	1610	Archaeology	Lost Treasures of Egypt	Cleopatra, Egypt's Last Pharaoh	3	6	Archaeologists hunt for clues to the dramatic downfall of Egypt's legendary last pharaoh – Cleopatra. They unravel the true story behind Cleopatra's famous relationships with Julius Caesar and Marc Anthony. They discover a 2000-year-old painting in the heart of the desert dating from her reign. And they hunt for her lost tomb in a secret tunnel beneath an ancient temple near Alexandria.	UNITED KINGDOM	English-100	2021	RPT	PG	a v	Y	Y	
6/05/2026	1705	Quiz	Jeopardy!	Jeopardy Series 42 Ep 70	42	70	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
6/05/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 4 Ep 64	4	64	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serra and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
6/05/2026	1800	Quiz	Mastermind	Episode 23	8	23	Tonight, Aunty Donna's Web and TV series, Douglas MacArthur, Freaks and Geeks and the life of ballet dancer Nijinsky. They should keep you on your toes. Contenders: Joshua Downham, Mitch Opie, Klaudia Budzyn, Pauline Ryan	AUSTRALIA	English-100	2026		G				
6/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 126	2026	126	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
6/05/2026	1930	History	Chernobyl: Chronology Of A Disaster	Chernobyl: Chronology Of A Nuclear Disaster	0	0	It has taken almost forty years, but at last the truth behind the Chernobyl disaster has leaked into the open and can now be told, free from disinformation and spin. This is the story of those crucial minutes on April 26, 1986, and the aftermath still unfolding.	FRANCE	English-65; French-35	2025						
6/05/2026	2030	Biography	The Trial Of Michael Jackson	Saving The King Of Pop	1	1	Drawing on unseen footage, private audio tapes and exclusive interviews, this series offers an unprecedented look at the events behind Michael Jackson's 2005 trial. Those closest to him speak candidly, while hours of recorded confessions reveal a deeply troubled inner world and a sequence of decisions that would prove catastrophic.	UNITED KINGDOM	English-100	2025				Y	Y	Y
6/05/2026	2125	Contemporary	The Audacity	Vanitas	1	4	As Silicon Valley and its overlords veer into AI-fuelled peak depravity, a would-be tech titan and his ethically challenged therapist try to find a fortune, and happiness, for themselves.	USA	English-100	2025		M		Y	Y	
6/05/2026	2225	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 78	2026	78	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
6/05/2026	2255	Period	Rise Of The Raven	Episode 6	1	6	Pope Eugenius declares a Holy Crusade against the Ottoman Empire, entrusting his papal envoy Cardinal Cesarini with a critical mission – to recruit Hunyadi, whose fearless reputation and brilliant tactical mind made him a legend at the battle of Vaskapu, to lead the Christian forces into war.	GERMANY	German-20; Hungarian-20; Italian-20; Serbian-20; Turkish-20	2025		MA	s v		Y	
6/05/2026	2405	Crime	Blue Lights	Fear, The	1	3	A paramilitary style assault case has Grace determined to bring the McIntyres to their knees. When Gordy pulls away from Angela, she becomes desperate for help.	UNITED KINGDOM	English-100	2023	RPT	MA	a		Y	Y
6/05/2026	2505	Crime	Blue Lights	Full Moon Fever	1	4	The Police Ombudsman investigates the team after a disastrous night shift. Helen uncovers a scandal, while a crisis at home has Grace doubling her career choice.	UNITED KINGDOM	English-100	2023	RPT	M	a Iv		Y	Y

6/05/2026	2605	Thriller	Classified	Zero Value	2	1	In the remote region of Ghanim in the Maghreb, two Quebec engineers are taken hostage; Rachel supervises, on orders from Ottawa, an unsuccessful attempt to capture Robin Denard, a French mercenary passing through Montreal.	CANADA	French Canadian-98; English-2	2022	RPT	M	1 v	Y		
6/05/2026	2655	Thriller	Classified	Voice Match	2	2	The hunt for Denard gains momentum, but the latter thwarts it and taunts the SSC; Thomasin, who is investigating the hostage taking, consults Philip Miller, who has fallen into disgrace.	CANADA	French Canadian-98; English-2	2022	RPT	M	a 1 v	Y		
6/05/2026	2745	Culture & Society	Finding Your Roots	Off The Farm: Melissa McCarthy, Eric Stonestreet	6	2	Henry Louis Gates, Jr. explores the humble roots of comedic actors Melissa McCarthy and Eric Stonestreet, retracing the ancestral journeys that laid the groundwork for their success.	USA	English-100	2020	RPT	PG		Y		
6/05/2026	2845	Cooking	Destination Flavour China Bitesize	Seared Oysters With Garlic, Ginger And Crab Tomalley	1	19	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG	a w	Y	Y	
6/05/2026	2850	Cooking	Destination Flavour China Bitesize	Wenchang Chicken	1	20	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y		
7/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
7/05/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
7/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
7/05/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
7/05/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
7/05/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
7/05/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
7/05/2026	900	Cooking	Destination Flavour China Bitesize	Bai-Style Grilled Pork	1	11	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
7/05/2026	910	Culture & Society	Matched	Hargreet & Sahil, And Rajwinder & Gurvinder	3	5	A mother's wish surprises everyone when she proposes her daughter Hargreet have an arranged marriage to her flat mate Sahil. Unexpectedly, Sahil agrees to sacrifice his dream Hindu wedding to transform himself into a Sikh groom. And for Rajwinder and Gurvinder, an arranged marriage is the way they thought they would find love.	NEW ZEALAND	English-95; Punjabi-5	2022	RPT	G		Y	Y	Y
7/05/2026	1005	Culture & Society	Hidden Beauty Of Spain	Green North, The	1	3	The route leads from San Sebastian in the Basque Country to the unique wooden terraces of the Anana salt flats. Particularly pure salt has been harvested here for thousands of years.	GERMANY	English-64; Spanish-36	2022	RPT	PG		Y	Y	
7/05/2026	1105	Biography	Van Gogh: The Real Story	Final Years, The	1	3	Perhaps the most well-known fact about Vincent's troubled life is that he cuts his ear. Dive into the horrifying story of what it is that inspires him to do something so drastic.	UNITED KINGDOM	English-100	2023	RPT	PG	a	Y		
7/05/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
7/05/2026	1230	News - Overseas	France 24 International SBS MIDDAY	France 24 International SBS MIDDAY	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
7/05/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		

7/05/2026	1400	Travel	Destination Flavour Japan BiteSize	Osaka	1	8	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y	Y	
7/05/2026	1410	Culture & Society	The Cotswolds With Pam Ayres	Gloucestershire Warwickshire Steam Railway	1	3	Pam heads to North Gloucestershire and the village of Toddington. Next stop is to a potter's workshop in the village of Winchcombe, and then to Cotswold Farm Park to meet Adam Henson, one of the UK's best-known farmers.	UNITED KINGDOM	English-100	2022	RPT	G		Y		
7/05/2026	1500	Current Affairs	Living Black	Living Black Series 33 Ep 3	2026	3	Karla Grant travels to Western Australia to meet the rappers behind 'Bankia Beats', a hip-hop therapy program that's helping young detainees at Bankia Hill and Unit 18 find their voice through rap.	AUSTRALIA	English-100	2026	RPT	NC		Y		
7/05/2026	1535	Travel	Pâté Du Tour	Legumes Farcis A La Provençale	2	8	Auvergne-Rhône-Alpes, is a farming region that celebrates pork in all its glory, from hams, to sausages, to the pork mince that Guillaume will use to stuff some beautiful vegetables. This rustic dish uses colourful, seasonal produce to highlight a dish that is full of delicious provincial flavours.	AUSTRALIA	English-97; French-3	2021	RPT	G		Y		
7/05/2026	1540	Cooking	The Cook Up With Adam Liaw	Dinner Saves	9	36	Matthias legends Elise Kellond-Knight and Lydia Williams join Adam to make some dinner saves that are destined for the highlights reel.	AUSTRALIA	English-100	2025	RPT			Y		
7/05/2026	1610	Archaeology	Lost Treasures of Egypt	Pyramid Tomb Raiders	3	7	Archaeologists reveal how robbers looted the pyramids and tombs of ancient Egypt, and the clues they left behind. In a necropolis for the elite, they investigate a lavish sunken tomb, raided and reused for centuries. They explore one of the ancient world's most audacious robberies, a daring heist on a giant and heavily protected mastaba tomb. And at Egypt's oldest pyramid, they reveal how builders constructed elaborate defences to protect the treasures within.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y	
7/05/2026	1705	Quiz	Jeopardy!	Jeopardy Series 42 Ep 71	42	71	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
7/05/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 4 Ep 65	4	65	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serra and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
7/05/2026	1800	Quiz	Mastermind	Episode 24	8	24	Tonight, generations collide over studio albums of Halsey, Shakespeare's Comedies, Ross and Rachel from friends and the Legend of Zelda. Contenders: Priyanjali Pratagiri, Adam Burt, Lara Evans, Michelle Brooker	AUSTRALIA	English-100	2026		G				
7/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 127	2026	127	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
7/05/2026	1930	Culture & Society	Rick Stein's Australia	Central Coast, The	1	2	Rick Stein explores the Central Coast, on Sydney's northern fringes, meeting chefs, foragers, and producers who reveal how the outdoors shapes their approach to food.	AUSTRALIA	English-100	2025		PG	a v	Y	Y	
7/05/2026	2035	Biography	American Prince: JFK Jr	Boy Who Would Be King, The	1	1	With the weight of the Kennedy legacy on his shoulders, the young man America once called 'John-John' attempts to find his own path. As his plans for the future begin to take shape, John F. Kennedy Jr. loses his beloved mother before becoming engaged to Carolyn Bessette and ultimately deciding to launch a new kind of political magazine.	USA	English-100	2025	RPT	M	l	Y	Y	
7/05/2026	2125	Contemporary	Riot Women	Episode 6	1	6	Beth does everything she can to reconcile Tom and Kitty, but everyone's still struggling. Holly finds a clever way to deal with Rudy, and when the Riot Women make their first proper recording, she gets an eye-popping surprise. Kitty finally goes to court for trashing Gavin's Jag, and former gangland boss, Keith Eckersley, makes an unexpected appearance, with life-changing news for Kitty.	UNITED KINGDOM	English-100	2025		MA	l	Y	Y	Y
7/05/2026	2240	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 79	2026	79	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
7/05/2026	2310	Crime	Under The Bridge	Beautiful British Columbia	1	4	In 1979, Suman and Manjit fall in love, setting into motion a series of events that will change their lives forever. In 1997, the Seven Oaks girls come to the Virk house for a dinner to remember, leading to the shocking revelation of Manjit's secret.	USA	English-100	2024		M	l	Y	Y	Y
7/05/2026	2355	Crime	The Unusual Suspects	Unusual Suspects Series 1 Ep 3, The	1	3	The Unusual Suspects plot a foolproof plan to lift the \$16 million necklace in an elaborate heist, but once the plan is put into action at Roxanne's kids' extravagant birthday party, things start to derail - fast.	AUSTRALIA	English-90; Filipino-10	2019	RPT	M	d l	Y	Y	Y
7/05/2026	2450	Crime	The Unusual Suspects	Unusual Suspects Series 1 Ep 4, The	1	4	Things go from bad to worse when the Unusual Suspects are double crossed and, as the police close in, they're forced to find a scapegoat on which to pin the crime.	AUSTRALIA	English-95; Filipino-5	2019	RPT	MA	l	Y	Y	Y
7/05/2026	2550	Thriller	Beyond Signs	Ep 6	1	6	When Diego's visions lead to the location of the bodies of several missing people, Romain and his team are put back on the investigation to hunt down a serial killer.	FRANCE	French-100	2022	RPT	MA	a v		Y	
7/05/2026	2650	Culture & Society	Finding Your Roots	Italian Roots: Jimmy Kimmel, Marisa Tomei, John Turturro	6	3	Henry Louis Gates, Jr. explores the roots of talk show-host Jimmy Kimmel and actors Marisa Tomei and John Turturro, introducing them to ancestors who made immense sacrifices to bring their families from Italy to America.	USA	English-100	2020	RPT	PG		Y		

7/05/2026	2750	Culture & Society	Colors Of The Islands: The Caribbean	Nassau	1	2	Ep. 2: Nassau - Two trending photographers, vogue fashion photographer Robyn Damianos and master portrait photographer Scharad Lightbourne select their muse to film their concepts of 'Creative Nassau'. From fashion on the beach, to and artist studios, to a fashionista Nasa engineer on the rocks of Nassau beaches, the island shows off the very best creatives today.	USA	English-100	2021	RPT	PG	a w	Y		
7/05/2026	2825	Nature & Environment	Bamay	Murrumbidgee River - Madi Madi, Dadi Dadi & Nganguruku Country	2	6	A slow TV showcase of the stunning landscapes found in Madi Madi, Dadi Dadi and Nganguruku Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G				
8/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
8/05/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
8/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
8/05/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
8/05/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
8/05/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
8/05/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
8/05/2026	900	Cooking	Destination Flavour China Bitesize	Tibetan Yak Belly Stew	1	12	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
8/05/2026	910	Culture & Society	Matched	Atui & Manolata, And Prem	3	6	Atui and Manolata met on a matrimonial website. After a year of dating in secret, love has struck, but not everyone believes they are a good match. Manolata's family doubt Atui's intentions, putting the wedding in jeopardy. And happy-go-lucky Prem is approaching a deadline, find a wife in New Zealand or return to India for an arranged marriage.	NEW ZEALAND	English-99; Gujarati-1	2022	RPT	PG		Y	Y	Y
8/05/2026	1005	Culture & Society	Hidden Beauty Of Spain	Unknown West, The	1	4	The journey leads into the heart of Spain. Extremadura stretches between the Portuguese border and the capital Madrid.	GERMANY	English-55; Spanish-45	2022	RPT	PG	a w	Y	Y	
8/05/2026	1105	History	Wonderland: Lewis Carol To JRR Tolkien	Wonderland: Lewis Carroll To Jrr Tolkien Series 1 Ep 1	1	1	In one remarkable 75-year period, unforgettable children's literature was created in Britain. An extraordinary range of writers turned to a form of writing where they created 'Wonderlands' and 'Neverlands'. Writers like Lewis Carroll, Arthur Ransome and A.A. Milne used their creativity to attempt to overcome their own adversity through writing - and to share it through the medium of children's literature.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y	Y	
8/05/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
8/05/2026	1230	News - Overseas	France 24 International SBS MIDDAY	France 24 International SBS MIDDAY	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
8/05/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
8/05/2026	1400	Travel	Destination Flavour Japan Bitesize	Shikoku And Kyushu	1	9	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y	Y	
8/05/2026	1410	Culture & Society	The Cotswolds With Pam Ayres	Cotswold Wildlife Park	1	4	Pam starts with a walk on the wild side in the Oxfordshire town of Burford. She's here to go behind the scenes of the Cotswold Wildlife Park, a place she's been visiting for decades. She gets the chance to feed some of the endangered lemurs who call the park home before locking horns with one of the mightiest residents - a rhino named Mods.	UNITED KINGDOM	English-100	2022	RPT	G		Y		
8/05/2026	1500	News - Domestic	NITV News: Nula	NITV News: Nula 2026 Ep 15	2026	15	The latest news from the oldest living culture, join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA	English-100	2026	LIVE	NC		Y		

8/05/2026	1530	Current Affairs	Point: Road To Referendum History Bites	Letters Patent	2023	13	SA's founding document, written almost 200 years ago under the seal of British monarch King William IV, recognises Aboriginal peoples' land rights but the Letters Patent was never honoured.	AUSTRALIA	English-100	2023	RPT	NC		Y	
8/05/2026	1535	Travel	Plat Du Tour	Tour De Potato	2	9	The most popular dishes are made with potato in the mountainous Auvergne-Rhône-Alpes region. Guillaume meets the Hill Family from the Southern Highlands to source the perfect spuds for three mouth-watering potato dishes. This is French comfort food at its best.	AUSTRALIA	English-97; French-3	2021	RPT	G		Y	
8/05/2026	1540	Travel	Plat Du Tour	Vaihona Chocolate Tart With Vanilla Bean Ice Cream	2	10	Guillaume shows us how to make the greatest chocolate tart in the world using Australian made chocolate from Gelato Messina, in a special recipe he learned first-hand from legendary French chef Joel Robuchon.	AUSTRALIA	English-97; French-3	2021	RPT	G		Y	
8/05/2026	1545	Travel	The Cook Up With Adam Liaw	Living On The Veg	8	4	Two of the nation's biggest veg-heads, comedy megastar Kithy Flanagan and plant-based maestro Katie White, are here to show Adam how they live on the veg.	AUSTRALIA	English-100	2025	RPT	G		Y	
8/05/2026	1615	Archaeology	Lost Treasures of Egypt	Tut's Unsolved Secrets	3	8	Archaeologists are on the trail of Tutankhamun. To piece together his story they search his tomb for secrets missed by the first explorers. Near the site of his quarry, they find evidence of a temple he restored to worship the crocodile god, Sobek. And beneath a mysterious fortress in the Eastern Desert, they unearth clues to how he amassed enough gold to fill his tomb with unimaginable treasures.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y
8/05/2026	1705	Quiz	Jeopardy!	Jeopardy Series 42 Ep 72	42	72	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G			
8/05/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 4 Ep 66	4	66	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serra and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y	
8/05/2026	1800	Quiz	Mastermind	Episode 25	8	25	Weekly Final - Our weekly winners are back with two minutes of general knowledge, plus the dreaded slow burn round. Tonight's slow burn topics are a Film Director, a Franchise, an Event and a Song.	AUSTRALIA	English-100	2026		G			
8/05/2026	1830	News - Overseas	SBS World News	SBS World News 2026 Ep 128	2026	128	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
8/05/2026	1930	Entertainment	Going Places With Ernie Dingo	Red Centre, The	7	12	Brooke trains with one of Australia's most accomplished First Nations marathon runners and learns from a local skateboarding icon. Ernie gets up close and personal with local wildlife.	AUSTRALIA	English-100	2025		PG		Y	
8/05/2026	2030	Archaeology	Mystery Of The First Temple	Mystery Of The First Temple Series 1, The Ep 1	1	1	Surprising evidence at the world's oldest temple overturns our understanding of human history. The latest excavations at the 12,000 year-old Gobekli Tepe in Turkey are making archaeologists rethink the roots of civilisation.	USA	English-100	2026					
8/05/2026	2130	Archaeology	Mystery Of The First Temple	Mystery Of The First Temple Series 1, The Ep 2	1	2	Surprising evidence at the world's oldest temple overturns our understanding of human history. The latest excavations at the 12,000 year-old Gobekli Tepe in Turkey are making archaeologists rethink the roots of civilisation.	USA	English-100	2026					
8/05/2026	2230	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 80	2026	80	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
8/05/2026	2300	Thriller	The King	Episode 5	1	5	Laura receives the data from the trojan in Bruno's phone. His entire devastated life is there, but nothing to nail him. The corpse of a Jihad leader killed in a raid is found in the Middle East: the date coincides with Lactovic's attempted breakout. The cultural mediator Ibrahim, who helped Bruno decipher the message in the book, is killed.	ITALY	Italian-100	2022		M	a d l s v	Y	
8/05/2026	2355	Crime	Babylon Berlin	Babylon Berlin Series 4 Episode 5	4	5	Weintraub investigates boxing match betting fraud; Rath confesses to Charlotte, who asks him to find out more about Benn's death.	GERMANY	German-50; Russian-50	2022	RPT	M	a v	Y	
8/05/2026	2450	Crime	Babylon Berlin	Babylon Berlin Series 4 Episode 6	4	6	Rath brings Moritz to the castle; Charlotte tells a lawyer about the deaths among street children; Goldstein takes drastic measures.	GERMANY	German-50; Russian-50	2022	RPT	M	a s v	Y	
8/05/2026	2545	Biography	Brian Cox: How The Other Half Live	Brian Cox: How The Other Half Live Series 1 Ep 1	1	1	Miami - playground of the rich, where Brian is meeting two women whose lives have been upended by the recent property boom. Senada, who used to work for Donald Trump, makes millions on every luxury house she sells, while Elsa is being evicted to make way for luxury condos. Brian is trying to come to grips with how the growing wealth gap is polarising us. And for him it is a personal journey.	UNITED KINGDOM	English-100	2022	RPT	M	l	Y	
8/05/2026	2635	Biography	Brian Cox: How The Other Half Live	Brian Cox: How The Other Half Live Series 1 Ep 2	1	2	Brian Cox turns his lens on his adopted country, America. He wants to find out whether the American dream - that anyone can make it big if they work hard enough - is a myth or a reality.	UNITED KINGDOM	English-100	2022	RPT	M	l	Y	Y

8/05/2026	2730	Culture & Society	Finding Your Roots	Criminal Kind: Laura Linney, Lisa Ling, Soledad O'Brien	6	4	Henry Louis Gates, Jr. explores the roots of actor, Laura Linney, and journalists, Lisa Ling, and Soledad O'Brien - telling their stories of tricksters, soundreels and outright criminals, who nevertheless laid the groundwork for their success.	USA	English-100	2020	RPT	PG	Y	
8/05/2026	2830	Culture & Society	Bamay	Anangu Country, Uluru Kata Tjuta Pt 1	5	1	Series 5 kicks off with one of the most iconic places on the planet: Uluru Kata Tjuta National Park. A two-part episode showcases the breathtaking and ancient landscape.	AUSTRALIA	English-100	2024	RPT	G		
8/05/2026	2855	Cooking	Destination Flavour Singapore Bitesize	Hainanese Chicken	1	1	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	
9/05/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC	Y	
9/05/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC	Y	
9/05/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC	Y	
9/05/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News	0	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Y	
9/05/2026	700	Cycling	Giro d'Italia 2026 Highlights	Stage 1	2026	1	Highlights from the opening stage of the 2026 Giro d'Italia, as the race begins with a 147 km route starting in Nesebar and finishing in Burgas, Bulgaria.	ITALY		2026				
9/05/2026	800	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC	Y	
9/05/2026	830	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC	Y	
9/05/2026	900	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC	Y	
9/05/2026	1000	Culture & Society	Lap Of Luxury: Escapes Down Under	Episode 3	3	3	Visit the historical Ben Nevis station. Once a small town, now a luxury getaway, where refined adventure has been reimagined to incorporate all manner of experiences. Then its off to the jewel of the Hauraki Gulf to experience absolute grandeur on Waiteke Island, before finishing at Nest Treehouses in the isolated Hakataramea Valley of the South Island.	NEW ZEALAND	English-100	2022	RPT	G	Y	
9/05/2026	1030	Culture & Society	Lap Of Luxury: Escapes Down Under	Episode 4	3	4	We head to the hills above Lake Hayes where the unique, artisan-crafted Stoneridge Estate sits pride of place. Then it's off to Waiteke Island to Earl and Jo Mee's hilltop hideaway with its own Irish pub and exquisite interior design. Historical tranquility in the heart of Nelson is our last stop, at Pihopa Retreat, where manicured gardens meets Kahurangi and Abel Tasman National Parks.	NEW ZEALAND	English-100	2022	RPT	G	Y	
9/05/2026	1100	Culture & Society	Wild Prague	Wild Prague	0	0	Prague is one of the greatest tourist attractions the world has to offer. Whether it be the medieval atmosphere or the Kafka-esque spirit, The 'Mother of all Cities' also has a hidden aspect - within sight of the Old Town Square's Astronomical Clock and Charles Bridge live hundreds of rare species you'd hardly expect to find here.	FRANCE	English-100	2022	RPT	PG	a	Y
9/05/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC	Y	
9/05/2026	1230	News - Overseas	France 24 International SBS MIDDAY	France 24 International SBS MIDDAY	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y	
9/05/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC	Y	
9/05/2026	1400	Gymnastics	World Gymnastics Rhythmic World Cup 2026	Baku, Azerbaijan - Highlights, Part 2	2026	2	All the best moments from the 2026 World Gymnastics Rhythmic World Cup Series from Baku, Azerbaijan - Part 2			2026				
9/05/2026	1500	Sport	Stories From The Cities	Atlanta	2026	12	Stories from the Cities journeys across Canada, Mexico, and the United States, exploring the host cities of the FIFA World Cup 2026. In this episode, we discover the footballing spirit of Atlanta through its people, neighbourhoods, culture, and the everyday moments that define the city.		English-100	2026		PG		

