



**WEEK 13**      **Sunday, 22 March 2026**      Saturday, 28 March 2026

**EASTERN MARKETS (NSW, ACT, VIC, TAS)**

Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
22/03/2026	500	News - Overseas	<b>NHK World English News Morning</b>	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
22/03/2026	515	News - Overseas	<b>Euronews</b>	Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC				
22/03/2026	530	News - Overseas	<b>ANC Philippines The World Tonight</b>	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
22/03/2026	600	News - Overseas	<b>DW English News</b>	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
22/03/2026	630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
22/03/2026	700	News - Overseas	<b>PBS News Horizons</b>	PBS News Horizons	2026	0	Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham, with in-depth discussions featuring leading experts and professionals.	USA	English-100	2026		NC		Y		
22/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
22/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
22/03/2026	900	Travel	<b>Destination Flavour Japan Bitesize</b>	Okinawa	1	10	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y		
22/03/2026	910	History	<b>Paul O'Grady For The Love Of Dogs</b>	Murphy	11	3	Battersea Dogs and Cats Home is absolutely full of spaniels. Most of them are full of energy, but Paul meets one who was found tied up and has lost all hope.	UNITED KINGDOM	English-100	2023	RPT	PG		Y	Y	Y
22/03/2026	940	History	<b>Paul O'Grady For The Love Of Dogs</b>	Freddie	11	4	There's an emergency arrival at Battersea this week - a beautiful lurcher with a terrible injury in need of urgent surgery. Paul is on hand when he arrives to help calm him down and comfort him.	UNITED KINGDOM	English-100	2023	RPT	PG		Y		Y
22/03/2026	1010	Nature & Environment	<b>Vintage Voltage</b>	Land Rover Series 2a	2023	4	The Land Rover series 2A from 1970 is a high-profile classic car, a global icon of rough-tough engineering. But its' owner is keen to keep a low profile and wants to bankroll the project from afar, giving Moggy and the team free rein to turn this much-loved offroad, working car into a 21st century four by four with a long future ahead of it.	UNITED KINGDOM	English-100	2023	RPT	G		Y		
22/03/2026	1100	Culture & Society	<b>Peter Andre's Greek Odyssey</b>	Vilho Bay	1	3	Peter Andre jumps ship and sets off on a solo diving adventure whilst Dimitri discovers the cause of the dying palm trees round the Mediterranean. The 'taste off' is replaced by a cook off that threatens to be a washout but, having shopped 'til she dropped, Charlotte is determined it will go ahead.	UNITED KINGDOM	English-100	2017				Y		
22/03/2026	1130	Culture & Society	<b>Peter Andre's Greek Odyssey</b>	Spartochori	1	4	En route to Spartochori the crew circumnavigate Skorpios - a small Island with a big past. Sparochori is a very traditional small Greek village perched high above Porto Spilia. With only one restaurant worthy of the name they pitted the owner against his chef in the Taste-off Challenge. Charlotte and Peter test balance and courage by trying to hoverboard - do they succeed and who will be the best?	UNITED KINGDOM	English-100	2017				Y		
22/03/2026	1200	News - Overseas	<b>PBS News Compass Points</b>	PBS News Compass Points	2026	0	Join PBS News Hour's Nick Schifrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.	USA	English-100	2026		NC		Y		
22/03/2026	1230	News - Overseas	<b>PBS Washington Week With The Atlantic</b>	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		

22/03/2026	1255	Current Affairs	<b>Point: Road To Referendum History Bites</b>		Mutawintji Festival - Celebrating Culture	2023	12	The Mutawintji National Park in far west NSW has been a significant meeting place for thousands of years.	AUSTRALIA	English-100	2023	RPT	NC		Y	
22/03/2026	1300	Cycling	<b>Provelo Super League 2026</b>	LIVE	Round 6, Q Tour Mount Mee	2026	7	All the action from the Queen's Stage of the Q Tour in the sixth and final round of the 2026 ProVelo Super League season, Australia's elite road racing league.	AUSTRALIA		2026	LIVE	NC		Y	
22/03/2026	1700	Nature & Environment	<b>Going Places With Ernie Dingo</b>		Granite Belt	4	8	Guest host Aaron Fa'aofo takes a trip into the abundant Granite Belt where he conquers a mountain with a ranger, visits a family-owned apple orchard and catches up with music legend Kev Carmody.	AUSTRALIA	English-100	2020	RPT	G		Y	
22/03/2026	1730	History	<b>Berlin: Stories Of The City</b>		Cold War, The	1	2	After Germany's defeat in the Second World War, Berlin was divided at the historic Potsdam conference in 1945 and its division would become a symbol for the Cold War. The division would last almost half a century, symbolised by the construction of the Berlin Wall.	UNITED KINGDOM	English-100	2024					
22/03/2026	1830	News - Overseas	<b>SBS World News</b>		SBS World News 2026 Ep 81	2026	81	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
22/03/2026	1930	Archaeology	<b>The Race For Ancient Egypt In Colour</b>		Revolution And The Boy King	1	1	For decades, Western explorers and archaeologists had dominated the search for Egypt's ancient past. But in 1919, a nationwide uprising led by Saad Zaghloul reshaped the country's future. Britain granted Egypt limited independence in 1922, sparking new demands for control over its own heritage. In the midst of this political upheaval, British archaeologist Howard Carter uncovered the tomb of Tutankhamun - an extraordinary find that became a global sensation and transformed Egyptology overnight.	UNITED KINGDOM	English-100	2025					
22/03/2026	2025	Archaeology	<b>The Race For Ancient Egypt In Colour</b>		Fight For Egypt's Past, The	1	2	Carter returns to Tutankhamun's tomb, where the unveiling of the coffins and the death mask captivates the world. But his return comes with new conditions - Egypt insists that all treasures remain in the country, an important nationalist victory. But foreign archaeologists continue to control most major digs.	UNITED KINGDOM	English-100	2025					
22/03/2026	2125	Biography	<b>Leonardo Da Vinci</b>		Disciple Of Experience Part Two, The	1	2	Later, in Milan, Da Vinci joins Duke Sforza's court, begins writing treatises, and paints a monumental fresco depicting the Last Supper.	USA	English-100	2025	RPT	PG		Y	Y
22/03/2026	2225	Archaeology	<b>Lost Treasures of Egypt</b>		Hunting Egypt's Lost Treasures Series 3 Ep 2	3	2	Archaeologists hunt for clues to how the queens of ancient Egypt ruled in a society dominated by men. They enter an unexplored pyramid in search of the burial chamber of a mysterious queen who lived 4500 years ago. They investigate how one of the few women to ever rule as a Pharaoh rose to power, and uncover the surprising role queen Nefertari played in the reign of Ramses the Great.	UNITED KINGDOM	English-100	2021	RPT	PG		Y	Y
22/03/2026	2320	History	<b>History Of The Sitcom</b>		Family Matter, A	1	1	This episode explores how sitcoms evolve to reflect the changing face of the fundamental social unit that is the family. From I Love Lucy to the blended Brady Bunch, from working class families in All In The Family, Good Times, One Day At A Time, from the groundbreaking Black-ish to Fresh Off The Boat, sitcom humour has helped broaden our horizons and open our minds to what a modern family can be.	USA	English-100	2022	RPT	MA	I	Y	
22/03/2026	2405	History	<b>History Of The Sitcom</b>		Sex & The Sitcom	1	5	This episode explores the revolution of sex in sitcoms. Since America has long found it easier to laugh about sex than talk seriously about it, sitcom humour has had a critical role ushering in a new era of openness, not just towards sex, but toward women's rights and gender identity.	USA	English-100	2022	RPT	MA	s	Y	
22/03/2026	2455	History	<b>History Of The Sitcom</b>		Just Friends	1	3	Friends, Seinfeld, Living Single. So many of us know the characters in these shows better than most of our real friends. By the 90s, these 'hanging out with friends' sitcoms became the vital force driving the genre and, in many ways, pop culture. But it's earlier shows like The Odd Couple, Happy Days, Laverne, and Golden Girls that set the stage for peak sitcom, and its iconic follow-ups like Curb Your Enthusiasm, Community, and How I Met Your Mother, that bring that form into the new millennium.	USA	English-100	2022	RPT	M	a I	Y	
22/03/2026	2545	History	<b>History Of The Sitcom</b>		Working For Laughs	1	2	The workplace is a rich source of comedy as it binds vastly different people together with laughter. From The Mary Tyler Moore Show to Murphy Brown, from WKRP to 30 Rock, from Barney Miller to Brooklyn 99, as America's relationship with their jobs changes - and especially as women break through countless workplace barriers - sitcoms evolve in endlessly humorous ways.	USA	English-100	2022	RPT	M	a I	Y	
22/03/2026	2630	Culture & Society	<b>The Sculpture</b>		Sculpture, The		0	A philanthropist Basil Sellers and an artist Terrance Plowright come together to create an impressive, multimillion dollar public sculpture symbolic of Australia's Indigenous and migrant heritage. However, in a world where public art is both admired and scorned, both are pushed to the limit as many obstacles threaten to derail their good intentions.	AUSTRALIA	English-100	2022	RPT	PG	a v	Y	
22/03/2026	2755	Entertainment	<b>Food, Sail, Love</b>		Chioggia		1	Narelle and Patrick are in the small fishing town of Chioggia, preparing the yacht for its voyage. Located at the southern end of the Venice Lagoon, we'll be shown around this lovely town and be introduced to some of the colourful people they have come to know here over the years. Then they visit the local commercial fish auction to meet up with a buyer who selects produce for one of the town's finest restaurants.	AUSTRALIA	English-95; Italian-5	2016	RPT	PG		Y	Y
22/03/2026	2830	Culture & Society	<b>Bamay</b>		Anangu Country, Uluru Kata Tjuta Pt 1	5	1	Series 5 kicks off with one of the most iconic places on the planet: Uluru Kata Tjuta National Park. A two-part episode showcases the breathtaking and ancient landscape.	AUSTRALIA	English-100	2024	RPT	G			

22/03/2026	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 10	1	10	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G	Y		
23/03/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC	Y		
23/03/2026	515	News - Overseas	Euronews	Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025		NC			
23/03/2026	530	News - Overseas	PBS News Horizons	PBS News Horizons	2026	0	Dive into the world of science, health, technology and environmental issues making headlines each week, hosted by PBS News Hour's William Brangham, with in-depth discussions featuring leading experts and professionals.	USA	English-100	2026		NC	Y		
23/03/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC	Y		
23/03/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Y		
23/03/2026	700	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC	Y		
23/03/2026	725	Current Affairs	Point: Road To Referendum History Bites	Mutawintji Festival - Celebrating Culture	2023	12	The Mutawintji National Park in far west NSW has been a significant meeting place for thousands of years.	AUSTRALIA	English-100	2023	RPT	NC	Y		
23/03/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC	Y		
23/03/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC	Y		
23/03/2026	900	Current Affairs	Point: Road To Referendum History Bites	Letters Patent	2023	13	SA's founding document, written almost 200 years ago under the seal of British monarch King William IV, recognises Aboriginal peoples' land rights but the Letters Patent was never honoured.	AUSTRALIA	English-100	2023	RPT	NC	Y		
23/03/2026	905	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 5	1	5	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G	Y		
23/03/2026	915	History	My Unique B&B	Rebecca And Ralph's Bender	2	15	In Dorset, musicians Ralph and Dizzy live on a farm with extended family and run woodland workshops in their bender, a simple shelter made from hazel sticks. They want to make the existing structure more attractive to paying customers and have asked Simon and his team to help build it.	UNITED KINGDOM	English-100	2022	RPT	G	Y	Y	
23/03/2026	950	Culture & Society	Bolshoi System: Ballet, Power & Politics	Bolshoi System: Ballet, Power & Politics, The	0	0	Step into one of the most famous theatres in the world - the Bolshoi, and get an exclusive glimpse of what happens behind the curtain. The Bolshoi Theatre is the most important theatre in Russia and one of the most famous musical theatres in the world. It is the symbol of tradition and embodiment of Russian high culture. Often an instrument of politics, scandals and yet a symbol of the highest artistic achievements and sacrifices.	GERMANY	Russian-95; English-5	2023		PG	I	Y	Y
23/03/2026	1120	Culture & Society	Inside Oxford Street	Episode 4	1	4	Christmas is coming, and Oxford Street is gearing up for the 5.2 million visitors expected every week in December. Shops set up massive and complex Christmas displays, cops target pickpockets and shoplifters, and pop band Busted are making a comeback at the 100 Club.	UNITED KINGDOM	English-100	2019	RPT	G	Y	Y	Y
23/03/2026	1210	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC	Y		
23/03/2026	1230	News - Overseas	France 24 International SBS Midday	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y		

23/03/2026	1300	News - Overseas	<b>PBS News Compass Points</b>	PBS News Compass Points	2026	0	Join PBS News Hour's Nick Schifrin and a panel of experts each week analysing prominent international affairs topics and America's role in a shifting world, breaking down global conflicts, rising tensions, and their implications for U.S. interests.	USA	English-100	2026		NC		Y	
23/03/2026	1330	News - Overseas	<b>Al Jazeera News Hour</b>	Al Jazeera News Second Edition	0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Y	
23/03/2026	1400	Current Affairs	<b>Point: Road To Referendum History Bites</b>	Understanding The 1967 Referendum	2023	1	We look back on the historic 1967 referendum, where more than 90 per cent of Australians voted yes to amend the Constitution.	AUSTRALIA	English-100	2023	RPT	NC		Y	
23/03/2026	1405	Archaeology	<b>Lost Cities Of The Bible</b>	Mystery Of The Great Flood	1	1	6000 years ago, a people called the Sumerians built the world's first cities in Southern Iraq, great metropolises like Uruk and Ur. The first westerners to explore these ruined cities were inspired by stories about them in the Bible - but what was the world of Genesis really like?	UNITED KINGDOM	English-98; Arabic-2	2022	RPT	G		Y	Y
23/03/2026	1505	Nature & Environment	<b>Going Places With Ernie Dingo</b>	Winton	4	9	Ernie escapes to the charming town of Winton, where he meets the founder of a dinosaur museum, takes flight above the outback with a pilot, and spends an afternoon painting with a skilled artist.	AUSTRALIA	English-100	2020	RPT	G		Y	
23/03/2026	1535	Travel	<b>The Cook Up With Adam Liaw</b>	Celebrating Eid	8	6	Adam and his guests, cookbook author Amina Elshafei and Olympic boxer Tina Rahimi, are celebrating Eid with a feast of grand proportions.	AUSTRALIA	English-100	2025	RPT	G		Y	
23/03/2026	1605	History	<b>The Real Spies Among Friends</b>	Real Spies Among Friends, The		0	The real story behind the hit drama series A Spy Among Friends starring Damian Lewis and Guy Pearce - this stand-alone documentary on Kim Philby and his fellow traitors who met at Cambridge reveals the worst spy ring in British history.	UNITED KINGDOM	English-100	2022	RPT	PG	a l v	Y	
23/03/2026	1705	Quiz	<b>Jeopardy!</b>	Jeopardy Series 42 Ep 38	42	38	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G			
23/03/2026	1730	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 4 Ep 32	4	32	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y	
23/03/2026	1800	Quiz	<b>Mastermind</b>	Mastermind Series 4 Ep 31	4	31	In this round, the specialty subjects are the Gorillaz, Futurama (seasons 1-4), 1984 by George Orwell (book and film), and Terminator (film 1 and 2).	AUSTRALIA	English-100	2022	RPT	G		Y	
23/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 82	2026	82	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
23/03/2026	1930	History	<b>Inside The Tower Of London</b>	Episode 3	8	3	As the Tower prepares a vast VE Day poppy installation, a risky test build pushes the ancient fortress to the edge. New Ravenmaster Barney welcomes rare chicks, while historian Tracy Borman uncovers explosive evidence that challenges everything we thought we knew about Elizabeth I and the Tudors.	UNITED KINGDOM	English-100	2025		PG			
23/03/2026	2030	Entertainment	<b>8 Out Of 10 Cats Does Countdown</b>	Episode 8	16	8	Jimmy Carr hosts a brand new episode of 8 Out of 10 Cats Does Countdown. Sarah Millican and Gary Delaney take on Alan Carr and Munya Chawawa in the classic words and numbers quiz. Ciaran Dowd joins Susie Dent in Dictionary Corner, while Rachel Riley looks after the numbers.	UNITED KINGDOM	English-100	2023		M			
23/03/2026	2125	Quiz	<b>Never Mind The Buzzcocks</b>	Ashnikko, Jordan Stephens, Phil Wang	3	8	Greg Davies, Noel Fielding, Daisy May Cooper and Jamali Maddix return with more music-industry mayhem. Guests Phil Wang, Jordan Stephens and rising star Ashnikko debate notorious rock'n'roll blow-ups, from Johnny Cash to Mark E Smith, before taking on the ID Parade.	UNITED KINGDOM	English-100	2023		M			
23/03/2026	2205	News - Overseas	<b>SBS World News Late</b>	SBS World News Late 2026 Ep 46	2026	46	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
23/03/2026	2235	Crime	<b>Other People's Money</b>	Stronger Together	1	7	Investigative journalists Liholt and Fromm deceive Akram and get a first impression of the shocking extent of the Cum-Ex scandal. Together with journalists from 16 countries, they publish their research. As a result, a committee of inquiry is set up in Denmark. Fromm discovers questionable meetings with Olaf Scholz in the diaries of Kargus boss Albert.	GERMANY	Danish-40; German-40; English-20	2025		PG	a l	Y	Y
23/03/2026	2330	Crime	<b>Gomorra</b>	Gomorra Series 1 Ep 1	1	1	Ciro Di Marzio, right hand man of clan boss Pietro Savastano, and Ciro's fatherly friend Attilio set fire to rival Salvatore Conte's home to cut Salvatore down to size. When Conte not only manages to escape but, in revenge, sprays a local bar frequented by the Savastanos with bullets and grenades, this means all-out war for Ciro's boss Pietro, whatever the cost.	ITALY	Italian-100	2014	RPT	MA	a v		Y

23/03/2026	2435	Crime	<b>Gomorra</b>	Gomorra Series 1 Ep 2	1	2	Ciro knows the time for revenge has not yet come, for the next major problem he has to deal with is always waiting around the corner. Like the bust of the Savastano cocaine shipment at the port of Naples where the whistleblower must be found. Or like Pietro's son Genny's initiation, that Giro has to mentor.	ITALY	Italian-100	2014	RPT	MA	a v	Y	
23/03/2026	2540	Crime	<b>Gomorra</b>	Gomorra Series 1 Ep 3	1	3	Ciro's turn hasn't come quite yet, for Pietro manages to hold on to the reins from inside the prison. Even being behind bars won't stop him sending Giro and his men to eliminate the Nigerian crack-dealers in a brutal massacre. And among the inmates Pietro is the undisputed top dog. Meanwhile, Genny finally succeeds in impressing Noemi, the girl he had set his sight on, by surprising her with Alesso - her favourite Italian singer.	ITALY	Italian-100	2014	RPT	MA	a	Y	
23/03/2026	2640	History	<b>Charles I: To Kill A King</b>	Twelve Days Of Christmas, The	1	1	Christmas 1648, the Puritan government has banned all celebrations and King Charles I is imprisoned at Windsor Castle. During Christmastide, the King would ordinarily feast and celebrate but instead he spends Christmas Day alone, in anticipation of what his future holds as King of England.	UNITED KINGDOM	English-100	2019	RPT	PG		Y	
23/03/2026	2745	Entertainment	<b>Food, Sail, Love</b>	Venice		2	When arriving in Venice, Narelle visits an old friend who is the head chef at the hotel Cipriani in Casanova's gardens. Renato invites Narelle to join him in his kitchen and we learn how to cook some of his favourite Venetian dishes. Patrick and Narelle also visit the island of Murano to visit an art studio run by Gianfranco, whose vision is to attract the artists of the world back to Venice.	AUSTRALIA	English-95; Italian-5	2016	RPT	G		Y	Y
23/03/2026	2820	Culture & Society	<b>Bamay</b>	Anangu Country, Uluru-Kata Tjuta Pt 2	5	2	Series 5 kicks off with one of the most iconic places on the planet: Uluru Kata Tjuta National Park. A two-part episode showcases the breathtaking and ancient landscape.	AUSTRALIA	English-100	2024	RPT	G			
23/03/2026	2845	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 1	1	1	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
23/03/2026	2850	Cooking	<b>Destination Flavour China Bitesize</b>	Shandong Roast Chicken	1	10	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
24/03/2026	500	News - Overseas	<b>NHK World English News Morning</b>	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
24/03/2026	530	News - Overseas	<b>ANC Philippines The World Tonight</b>	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
24/03/2026	600	News - Overseas	<b>DW English News</b>	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
24/03/2026	630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
24/03/2026	700	News - Overseas	<b>BBC News At Six</b>	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
24/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
24/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
24/03/2026	900	Current Affairs	<b>Point: Road To Referendum History Bites</b>	Looking Back At The Landmark Mabo Decision	2023	2	We reflect on the life and legacy of Eddie Koiki Mab who took up the fight for land rights, and won.	AUSTRALIA	English-100	2023	RPT	NC		Y	
24/03/2026	905	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 6	1	6	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
24/03/2026	910	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 7	1	7	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
24/03/2026	920	Culture & Society	<b>My Dream Green Home</b>	Chloe & Oscar	1	1	Chloe and Oscar are a young couple, juggling their two daughters, Stella and Sura. They wish for a healthier and more comfortable lifestyle that they can raise their children in. With dreams of a sustainable bathroom makeover and functional backyard their family can enjoy. Despite recent floods ravaging their 800 sq. metre backyard, the couple remains resilient. With creativity and shared vision, they make bold decisions to create a self-sufficient haven.	NEW ZEALAND	English-100	2024		G		Y	

24/03/2026	1015	History	<b>Inside The Steam Train Museum</b>	Christmas	1	4	Staff member Phil struggles when driving a vintage fire engine covered in Christmas lights to the local market town's Christmas event. We follow Chris and the 'track team' as they replace a long stretch of railway line in the woods. Manager Al has to take over the role of Father Christmas in the grotto and Brian cooks a roast chicken in a steam engine as they celebrate the end of the year at The Steam Museum.	UNITED KINGDOM	English-100	2020	RPT	PG		Y		Y
24/03/2026	1110	Culture & Society	<b>Inside Oxford Street</b>	Episode 1	2	1	In this episode we follow Oxford Street's night workers, busy pulling a late one whilst we're safely tucked up in bed. Our cameras are out after hours with the Street's very own volunteer emergency service as they deal with a concerning case of a violent assault.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y	Y
24/03/2026	1200	News - Overseas	<b>BBC News At Ten</b>	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
24/03/2026	1230	News - Overseas	<b>France 24 International SBS Midday</b>	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
24/03/2026	1300	News - Overseas	<b>PBS Newshour</b>	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
24/03/2026	1400	Current Affairs	<b>Point: Road To Referendum History Bites</b>	World's Longest-Running Indigenous Protest, The	2023	3	We reflect on the legacy of the Aboriginal Tent Embassy in Canberra, set up by four young men in a protest outside Parliament House.	AUSTRALIA	English-100	2023	RPT	NC		Y		
24/03/2026	1405	Archaeology	<b>Lost Cities Of The Bible</b>	Secrets Of Nineveh And Babylon	1	2	Nineveh and Babylon were two superpowers of the ancient world but for the writers of the Bible they were the cities of sin. Why do they have such poor reputations in the Old Testament and what were these cities really like?	UNITED KINGDOM	English-92; Arabic-8	2022	RPT	PG		Y	Y	
24/03/2026	1500	Culture & Society	<b>Trail Towns</b>	Nannup, Collie And Dwellingup, WA Part 1	3	2	Vandy and Deetz travel to the south-west of Western Australia where change is afoot. Having gone from industry towns to bonafide trail towns, Nannup and Collie now lay claim to some of the best MTB hotspots in Australia.	AUSTRALIA	English-100	2023	RPT	PG		Y		Y
24/03/2026	1535	Cooking	<b>Plat Du Tour</b>	Moules-Frites And Mayonnaise	6	1	For the Tour de France riders, the rubber hits the road for the first time in 2025 in the northern city of Lille, close to the Belgian border. Guillaume Brahimi creates the favoured dish of these parts, Moules Frites - which both the French and the Belgians lay claim to inventing.	AUSTRALIA	English-99; French-1	2025	RPT	G		Y		
24/03/2026	1540	Cooking	<b>The Cook Up With Adam Liaw</b>	Nuts For Nuts	9	16	If you're nuts for nuts, you'll love the recipes Adam and his guests, fine dining chef Alan Stuart and champion swimmer turned Macadamia farmer Giaan Rooney go nuts for tonight.	AUSTRALIA	English-100	2025	RPT	G		Y		
24/03/2026	1610	History	<b>Secrets of The Tower Of London</b>	Inside The Tower Of London Series 5 Ep 1	5	1	It's September 2021 and the Tower is planning its most ambitious installation ever. It's the fortress's first Platinum Jubilee in 1000 years and it's transforming its historic moat into a glorious flower meadow installation to celebrate the Queen's 70 year reign, called Superbloom.	UNITED KINGDOM	English-100	2022	RPT	PG		Y		
24/03/2026	1705	Quiz	<b>Jeopardy!</b>	Jeopardy Series 42 Ep 39	42	39	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
24/03/2026	1730	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 4 Ep 33	4	33	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
24/03/2026	1800	Quiz	<b>Mastermind</b>	Mastermind Series 4 Ep 32	4	32	In this round, the specialty subjects are the 1947 Independence Of India, Christopher Reeve's Superman (1 and 2), the formation of Australian Federation, and the Rivers Of London (books 1-3).	AUSTRALIA	English-100	2022	RPT	G		Y		
24/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 83	2026	83	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
24/03/2026	1930	History	<b>Great Continental Railway Journeys</b>	Myrdal To Heddal/ Larvik To Holsstebro	8	4	Michael journeys along Norway's Bergen Line through glaciers and tunnels to Oslo, exploring wartime heroism at Telemark and medieval heritage in Heddal. In Larvik, he discovers Larvikite stone before ferrying to Denmark, visiting Skagen's artists and touring the Lurpak butter factory.	UNITED KINGDOM	English-100	2020	RPT	G		Y		Y

24/03/2026	2030	Current Affairs	Insight	Trans Medicine	2026	4	Few areas of medicine are more divided than care for transgender children and teens. And as medical pathways for trans minors in parts of Australia - and around the world - become restricted, Insight asks members of the trans community whether we have the balance right.	AUSTRALIA	English-100	2026		NC						
24/03/2026	2130	News And Current Affairs	Dateline	Slay Queens Of South Africa	2026	4	A new generation of young women in South Africa known as 'slay queens' is monetising dating, and inspiring others to do the same. Behind the glitz Dateline uncovers the dangerous reality.	AUSTRALIA	English-100	2026		NC					Y	
24/03/2026	2200	Culture & Society	Rock Legends	Foreigner	9	9	Foreigner is an English-American rock band, originally formed in New York City in 1976 by veteran English musician Mick Jones ex-Spooky Tooth and fellow Briton and ex-King Crimson member Ian McDonald along with American vocalist Lou Gramm.	UNITED KINGDOM	English-100	2018		PG					Y	
24/03/2026	2230	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 47	2026	47	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC					Y	
24/03/2026	2300	Thriller	Exit	Masquerade Ball	2	6	It's the day after. Hermine gets her friend Louise to beat her up, and takes pictures of herself, to finally get Adam. She sends the fabricated pictures to the police, and Adam is called in for questioning.	NORWAY	English-50; Norwegian-50	2021	RPT	MA	a d v				Y	
24/03/2026	2355	Thriller	Wolf	Scary Man	1	3	Jack's mission to find Bear's owners makes him confront the Donkey Pitch case head on. Honey and Molina begin to suspect that they are not the only ones playing games. Stars Ukweli Roach, Sacha Dhawan and Iwan Rheon.	UNITED KINGDOM	English-100	2022	RPT	M	a l s				Y	Y
24/03/2026	2500	Thriller	Wolf	Night Terror	1	4	As he probes further, Jack is convinced the Donkey Pitch killer is still at large. The evidence just isn't stacking up. At the Anchor-Ferrers, Honey grows increasingly paranoid. Stars Ukweli Roach, Iwan Rheon and Sacha Dhawan.	UNITED KINGDOM	English-100	2022	RPT	M	a l s v				Y	Y
24/03/2026	2610	History	Charles I: To Kill A King	Enemy Of The People	1	2	Tuesday 9th of January, 1649, crowds gather in Cheapside London as a proclamation is read out. King Charles I will be put on public trial at Westminster Hall in ten days' time; it sends shockwaves through the City. On the 10th of January, commissioners - senior judges from around the country- gather to prepare for the unprecedented trial of the King.	UNITED KINGDOM	English-100	2019	RPT	PG					Y	
24/03/2026	2715	Entertainment	Food, Sail, Love	Kekova	3	3	In this episode, Patrick and Narelle will sail to southern Turkey and visit the picturesque village of Kalekoy in the Kekova area. They will explore the village and its ancient culture where the inhabitants still live in the 2500 year old dwellings of their ancestors. Narelle and Patrick will introduce us to a local family who run the Likya restaurant, and serve simple delicious Turkish food.	AUSTRALIA	English-95; Italian-5	2016	RPT	G					Y	
24/03/2026	2745	Entertainment	Food, Sail, Love	Rhodes	4	4	After visiting Kastellorizo, Patrick and Narelle arrive in Lindos in time to celebrate their wedding anniversary. They will take us to the mediaeval church where they were married and then catch a Lindos taxi (Donkey) through the narrow streets, up to the Acropolis to check up on the ongoing restoration work. Then they will take in the magnificent views of one of the Mediterranean's finest natural harbours.	AUSTRALIA	English-95; Italian-5	2016	RPT	G					Y	
24/03/2026	2820	Culture & Society	Bamay	Nyungar Country, Esperance Pt 1	5	3	Bamay is back! See more stunning and diverse Australian locations from the Australian skies.	AUSTRALIA	English-100	2024	RPT	G						
24/03/2026	2850	Cooking	Destination Flavour China Bitesize	Shanghai Style Wonton Soup	1	8	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G					Y	
24/03/2026	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 6	1	6	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G					Y	
25/03/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC					Y	
25/03/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC					Y	
25/03/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC					Y	
25/03/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC					Y	

25/03/2026	700	News - Overseas	<b>BBC News At Six</b>	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
25/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
25/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
25/03/2026	900	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 8	1	8	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
25/03/2026	905	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 9	1	9	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
25/03/2026	915	Culture & Society	<b>My Dream Green Home</b>	Latesha & Rikki	1	2	Parents to Arlo, Kyla and newborn Sadie are Latesha and Rikki. They are a young couple who have purchased an ex-rental in rural Morrinsville. But like many first home buyers in New Zealand, Latesha and Rikki have some home renovations that need doing. Priority number one is their damp and cold lounge space which doesn't bode well for their young children.	NEW ZEALAND	English-100	2024		G		Y	
25/03/2026	1010	History	<b>Inside The Steam Train Museum</b>	60 Years Of Steam	2	1	To celebrate 60 years since the collection began, the museum is preparing for their anniversary steam gala event, however, they encounter a few problems along the way. Engineer, Brian has his hands full trying to keep the Museum's largest engine on track mid-event. We meet volunteer Dan who has wanted to drive the engines at Bressingham since he was a small boy and has now achieved his dream.	UNITED KINGDOM	English-100	2020	RPT	G		Y	Y
25/03/2026	1105	Culture & Society	<b>Inside Oxford Street</b>	Episode 2	2	2	In this episode we have exclusive access to a Michelin starred restaurant. It's a busy service and the team are short staffed but there can be no excuses at this award-winning establishment.	UNITED KINGDOM	English-100	2021	RPT	M	I	Y	Y
25/03/2026	1200	News - Overseas	<b>BBC News At Ten</b>	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
25/03/2026	1230	News - Overseas	<b>France 24 International SBS Midday</b>	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
25/03/2026	1300	News - Overseas	<b>PBS Newshour</b>	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
25/03/2026	1400	News And Current Affairs	<b>Dateline</b>	Slay Queens Of South Africa	2026	4	A new generation of young women in South Africa known as 'slay queens' is monetising dating, and inspiring others to do the same. Behind the glitz Dateline uncovers the dangerous reality.	AUSTRALIA	English-100	2026	RPT	NC		Y	
25/03/2026	1435	Current Affairs	<b>Insight</b>	Trans Medicine	2026	4	Few areas of medicine are more divided than care for transgender children and teens. And as medical pathways for trans minors in parts of Australia - and around the world - become restricted, Insight asks members of the trans community whether we have the balance right.	AUSTRALIA	English-100	2026	RPT	NC		Y	
25/03/2026	1535	Cooking	<b>Plat Du Tour</b>	Coquille St Jacques With Tarragon Butter	6	2	Our favourite French chef shows us a brilliant recipe for cooking Coquille St Jacques in the best way possible, lightly cooked with tarragon butter, and the result would revive all the saints. A simple yet heavenly recipe.	AUSTRALIA	English-99; French-1	2025	RPT	G		Y	
25/03/2026	1540	Cooking	<b>The Cook Up With Adam Liaw</b>	Crispy Bites	9	17	Adam has assembled the cracking combo of host-chef Khanh Ong plus, comedian-actor Ting Lim to make the cracking combo of crispy bites.	AUSTRALIA	English-100	2025	RPT	G		Y	
25/03/2026	1615	History	<b>Secrets of The Tower Of London</b>	Inside The Tower Of London Series 5 Ep 2	5	2	It's March 2022 and the Tower is continuing work on its most ambitious installation ever - the transformation of the moat into a huge floral display to celebrate the Queen's Platinum Jubilee. Known as Superbloom, the installation has been three years in the planning and is the most complex operation the Tower has ever undertaken.	UNITED KINGDOM	English-100	2022	RPT	PG	a v	Y	Y

25/03/2026	1705	Quiz	<b>Jeopardy!</b>	Jeopardy Series 42 Ep 40	42	40	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G				
25/03/2026	1730	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 4 Ep 34	4	34	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
25/03/2026	1800	Quiz	<b>Mastermind</b>	Mastermind Series 4 Ep 33	4	33	In this round, the specialty subjects are INXS, the Yom Kippur War, Derek (TV series), and South Park (seasons 22-23).	AUSTRALIA	English-100	2022	RPT	G	I	Y		
25/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 84	2026	84	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
25/03/2026	1930	Culture & Society	<b>Sandi Toksvig's Great Riviera Rail Trip</b>	Nice To Cap-Ferrat	1	3	Sandi explores the Riviera's heart in Nice. She strolls the Promenade des Anglais, learns how Queen Victoria and the English community shaped the city, meets two local artists inspired by its light, stays in a luxury hotel, and visits two stunning villas on Cap Ferrat, the Cape of Billionaires.	UNITED KINGDOM	English-100	2025				Y		Y
25/03/2026	2025	Culture & Society	<b>Mysteries Of Loch Ness</b>	Episode 1	1	1	This episode delves into the origins of the Loch Ness Monster legend, tracing its roots back to ancient folklore and the first modern sighting in the 1930s. We'll meet passionate Nessie hunters who dedicate their lives to finding the elusive creature.	UNITED KINGDOM	English-100	2024	RPT	PG		Y	Y	Y
25/03/2026	2120	Contemporary	<b>Prisoner 951</b>	Episode 4	1	4	Gabriella turns 5, it's time for her to go back to the UK. Nazanin makes the ultimate sacrifice and bids her daughter a bittersweet farewell. Gabriella and Richard learn to be a family again. When Nazanin's sentence finally ends, another is handed down. Covid strikes, bringing Nazanin an uncertain furlough. With her ordeal unending, Richard launches one last desperate protest.	UNITED KINGDOM	English-50; Farsi-50	2025		M		Y	Y	
25/03/2026	2225	News - Overseas	<b>SBS World News Late</b>	SBS World News Late 2026 Ep 48	2026	48	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
25/03/2026	2255	Thriller	<b>Face To Face</b>	Kingdom, The	3	7	Holger visits the morgue to say a final goodbye to Markus, confessing the death was an accident. Overwhelmed by emotion, he confronts feelings he has long suppressed. As he walks with Camilla, she reveals a deeply held secret she has kept private for years, changing everything between them.	DENMARK	Danish-100	2022		M	a l		Y	
25/03/2026	2320	Thriller	<b>Face To Face</b>	Family Mansion, The	3	8	Holger arrives at the family mansion to find his mother Elisabeth and stepfather Henrik hunting in the forest. Tensions explode as accusations fly, secrets are laid bare, and at gunpoint Elisabeth proves her innocence. In a final showdown, Holger uncovers a shocking truth and faces a decision that will alter his life forever.	DENMARK	Danish-100	2022		M	a l v		Y	
25/03/2026	2355	Crime	<b>Darkness: Those Who Kill</b>	Episode 6	3	6	Louise and Frederik discover a connection between Bjorn and Alberte, who both grew up on the Breidablik commune. Louise moves into the commune, undercover, in order to assist the police in their investigation and quickly notices the charismatic leader, Jon, who has a special relationship with Alberte.	DENMARK	Danish-100	2023		MA	s v		Y	
25/03/2026	2450	Crime	<b>Darkness: Those Who Kill</b>	Episode 7	3	7	Louise tries to get closer to Jon and notices his son, Frej. Alberte becomes jealous at their budding relationship and Louise's cover gets challenged. Meanwhile, Frederik discovers that one of Jon's old friends, who also owned Breidablik, perished in a mysterious fire.	DENMARK	Danish-100	2023		M	a l s v		Y	
25/03/2026	2545	Crime	<b>Darkness: Those Who Kill</b>	Episode 8	3	8	Louise and Frederik push Jon to take responsibility for his actions, but once again he takes advantage of his relationship with Alberte. Louise faces the past and finds peace.	DENMARK	Danish-100	2023		M	a l		Y	
25/03/2026	2635	History	<b>Charles I: To Kill A King</b>	Murderer Or Martyr	1	3	On the 23rd of January 1649, the third day of King Charles' trial, Charles continues to publicly dispute the High Court's legitimacy. There is no choice other than to move forward and enforce the charge against him, with the help of witnesses. After two days of hearing witness testimonies concerning the King's presence in battle, the evidence against him is overwhelming.	UNITED KINGDOM	English-100	2019	RPT	PG		Y		
25/03/2026	2740	Entertainment	<b>Food, Sail, Love</b>	Aegean, The		5	In this episode, Patrick and Narelle sail into the beautiful amphitheatrical harbour of Symi at sunrise. It is one of the Dodecanese Islands in the Aegean. This harbour displays its distinctive neo classical architecture, very specific to this particular corner of the Aegean. While Narelle prepares the local delicacy of Symi shrimps, she shares special memories.	AUSTRALIA	English-95; Italian-5	2016	RPT	G		Y		
25/03/2026	2815	Culture & Society	<b>Bamay</b>	Nyungar Country, Esperance Pt 3	5	5	Bamay is back! See more stunning and diverse Australian locations from the Australian skies.	AUSTRALIA	English-100	2024	RPT	G				
25/03/2026	2845	Nature & Environment	<b>Bamay</b>	Larrakia & Wulwulam Country	2	12	A slow TV showcase of the stunning landscapes found in Larrakia and Wulwulam Country.	AUSTRALIA	English-100	2020	RPT	G				

26/03/2026	500	News - Overseas	<b>NHK World English News Morning</b>	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC	Y	
26/03/2026	530	News - Overseas	<b>ANC Philippines The World Tonight</b>	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC	Y	
26/03/2026	600	News - Overseas	<b>DW English News</b>	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC	Y	
26/03/2026	630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Y	
26/03/2026	700	News - Overseas	<b>BBC News At Six</b>	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC	Y	
26/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC	Y	
26/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC	Y	
26/03/2026	900	Cooking	<b>Destination Flavour Down Under Bitesize</b>	Destination Flavour Down Under Bitesize Series 1 Ep 10	1	10	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G	Y	
26/03/2026	910	Cooking	<b>Destination Flavour Singapore Bitesize</b>	Hainanese Chicken	1	1	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	
26/03/2026	915	Culture & Society	<b>My Dream Green Home</b>	Sam & Kate	1	3	Sam and Kate, a healthcare professional couple residing in Henderson, Auckland, navigate the complexities of family life with their two young children, a 2 yr old, and a 5 month old. Kate works as a nurse at Auckland Hospital, while Sam serves as a lecturer at AUT. Their journey together began during the onset of the COVID-19 pandemic, and they've been living in a century-old bungalow for the past two years.	NEW ZEALAND	English-100	2024		G	Y	
26/03/2026	1010	History	<b>Inside The Steam Train Museum</b>	Steam Obsession, The	2	2	The gallopers roundabout receives some much-needed attention as the roof is replaced and the organ repaired before the start of the open season. Volunteer Mark passes a steam test on his miniature traction engine and he takes it out on a road run to celebrate.	UNITED KINGDOM	English-100	2020	RPT	PG	Y	Y
26/03/2026	1105	Culture & Society	<b>Inside Oxford Street</b>	Episode 3	2	3	Only when the shops are closed and Oxford street is quiet, can the team from Thames Water come out at night to look for underground water leaks.	UNITED KINGDOM	English-100	2021	RPT	PG	Y	Y
26/03/2026	1200	News - Overseas	<b>BBC News At Ten</b>	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC	Y	
26/03/2026	1230	News - Overseas	<b>France 24 International SBS Midday</b>	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y	
26/03/2026	1300	News - Overseas	<b>PBS Newshour</b>	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC	Y	
26/03/2026	1400	Current Affairs	<b>Point: Road To Referendum History Bites</b>	Roelands Mission's Healing Transformation	2023	4	The former children's mission at Roelands in Western Australia used to house generations of Aboriginal children stolen from their families. Now the community is working to transform the site into a place of healing.	AUSTRALIA	English-100	2023	RPT	NC	Y	

26/03/2026	1405	History	<b>1945: The Year That Changed History</b>	1945: The Year That Changed History	0	0	It was the year that made a mark on the 20th century; the stage of the final conflicts in World War 2. Relive 1945 through the exceptional archive footage from some of the most renowned experts.	FRANCE	English-66; German-15; Russian-11; French-8	2022	RPT	PG	a v	Y	Y	Y	
26/03/2026	1505	Nature & Environment	<b>Going Places With Ernie Dingo</b>	Coorong, The	4	10	In southeast SA where the Murray River meets the ocean, Ernie kayaks the Coorong and connects with the Ngarrindjeri people, meeting a world-renowned weaver and visiting the community of David Unaipon.	AUSTRALIA	English-100	2020	RPT	G		Y			
26/03/2026	1535	Cooking	<b>Plat Du Tour</b>	Le Carpeaux De Valenciennes	6	3	Today the tour begins in Valenciennes, where Guillaume creates a favourite local dessert named in honour of local artist and sculptor, Jean Baptiste Carpeaux. Le Carpeaux Valenciennes is a mouth-watering creation of almond and cream that has outlived the original works of the artist and is so tempting that none of the riders will even look at a slice.	AUSTRALIA	English-99; French-1	2025	RPT	G		Y			
26/03/2026	1540	Cooking	<b>The Cook Up With Adam Liaw</b>	Fire & Spice	9	18	Outback chef Tom Forrest and MasterChef winner Nat Thaipun join Adam in the kitchen to play with all things fire and spice.	AUSTRALIA	English-100	2025	RPT	G		Y			
26/03/2026	1615	History	<b>Secrets of The Tower Of London</b>	Inside The Tower Of London Series 5 Ep 3	5	3	It's April 2022 at the Tower and only five weeks to go until Superbloom, the Tower's transformation of its historic moat into a vast floral installation to celebrate the Platinum Jubilee, is due to open to the public. But one of the UK's driest springs has wreaked havoc on the 20 million flower seeds sown in the moat for the display - the ones that have germinated are weeks behind and large areas are still completely bare. Professor Nigel Dunnet, the horticultural expert in charge of Superbloom's planting scheme, has been watering for weeks to try to avert disaster but it's clear more drastic measures will have to be taken.	UNITED KINGDOM	English-100	2022	RPT	PG	a v	Y			
26/03/2026	1705	Quiz	<b>Jeopardy!</b>	Jeopardy Series 42 Ep 41	42	41	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025		G					
26/03/2026	1730	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 4 Ep 35	4	35	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y			
26/03/2026	1800	Quiz	<b>Mastermind</b>	Mastermind Series 4 Ep 34	4	34	In this round, the specialty subjects are The Departed (film), The Lord of the Rings books, The Thick Of It (seasons 3-4), and the Book Of Mormon (musical).	AUSTRALIA	English-100	2022	RPT	G		Y			
26/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 85	2026	85	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
26/03/2026	1935	Archaeology	<b>Treasures with Bettany Hughes</b>	Uzbekistan: The Golden Road	5	2	Bettany Hughes travels across Uzbekistan to uncover layers of forgotten history. From Alexander the Great near Termez to Zoroastrian rituals in Khorasmia, she follows Silk Road merchants, reveals Sogdian art in Bukhara, and explores Samarkand to uncover the powerful women behind Timur.	UNITED KINGDOM	English-100	2025				Y	Y	Y	
26/03/2026	2030	Health, Science & Technology	<b>Our Medicine</b>	Our Medicine S2	2	1	Series 2 returns with paramedic George and cadet Rob helping a stroke patient and medical student Keisha conducts her first practical medical check.	AUSTRALIA	English-100	2025	RPT	PG	a	Y	Y	Y	
26/03/2026	2105	Health, Science & Technology	<b>Our Medicine</b>	Our Medicine S2	2	2	Paramedic George and cadet Rob help a recovering 73 year old tracheotomy patient; at Deadly Vision Centre, a routine cataract surgery goes off plan.	AUSTRALIA	English-100	2025	RPT	PG	a w	Y	Y	Y	
26/03/2026	2140	Period	<b>A Spy Among Friends</b>	No Man's Land	1	6	Past and present collide as old loyalties are tested and hard truths surface. Elliott and Lily face the price of friendship, class and power, as hidden hands shape events. In a world of spies and secrets, trust fractures and the future of British intelligence hangs in the balance forever and always.	UNITED KINGDOM	English-100	2023		MA		Y	Y	Y	
26/03/2026	2245	News - Overseas	<b>SBS World News Late</b>	SBS World News Late 2026 Ep 49	2026	49	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026		NC		Y			
26/03/2026	2315	Thriller	<b>In Memoriam</b>	Ep 6	1	6	With Judith trying to locate Arnaud, Julien having become unpredictable, and Lucile campaigning to stop the game, Mathieu takes control of the situation to ensure he gets what he wants. He tries to convince Andrew to ease the tension between him and Julien, but Murielle offers new insights into past events.	CANADA	French Canadian-98; English-2	2024		M	a d l s	Y	Y		
26/03/2026	2410	Thriller	<b>Blackwater</b>	Blackwater Series 1 Ep 3	1	3	Annie and Mia try to settle at the commune. Annie is still upset by the tent murders and needs to talk about it, but Petrus says that it is none of their concern. The police turn their investigation to Birger, the doctor, which has consequences for his relationship to his wife.	SWEDEN	Swedish-99; English-1	2023	RPT	MA	a s		Y		

26/03/2026	2520	Thriller	<b>Blackwater</b>	Blackwater Series 1 Ep 4	1	4	The police show up at the Stjarnberg commune and interview Dan about the tent murders. Annie begins to suspect that Dan is lying about his whereabouts Midsummer's Eve.	SWEDEN	Swedish-99; English-1	2023	RPT	MA	a n s	Y	
26/03/2026	2625	Thriller	<b>Silent Road</b>	Separate Ways	1	12	One arrest threatens to dismantle the entire abduction; Thalia concludes her investigation and reveals the shocking truth.	GREECE	Greek-100	2022	RPT	M	a v	Y	
26/03/2026	2720	Thriller	<b>Silent Road</b>	Manhunt	1	13	A series of revelations emerge and expose the orchestrator's identity, but the police still need to capture them.	GREECE	Greek-100	2022	RPT	M	a v	Y	
26/03/2026	2815	Entertainment	<b>Food, Sail, Love</b>	Corinth To Liguria		6	Narelle and Patrick sail through the Corinth Canal and into the Gulf of Corinth, where they will be literally escorted into Delphi by Delphini (Dolphins). Here they will take us to a 'yachtie' hideaway for a magnificent breakfast with Chrissoula, at the hotel Ganimede. After an ouzo and a game of backgammon, they will continue sailing toward Italy, and as a tribute to Greece, Narelle will prepare a Moussaka in the galley.	AUSTRALIA	English-95; Italian-5	2016	RPT	G		Y	Y
26/03/2026	2850	Travel	<b>Destination Flavour Japan Bitesize</b>	Hokkaido	1	1	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y	Y
27/03/2026	500	News - Overseas	<b>NHK World English News Morning</b>	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
27/03/2026	530	News - Overseas	<b>ANC Philippines The World Tonight</b>	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
27/03/2026	600	News - Overseas	<b>DW English News</b>	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
27/03/2026	630	News - Overseas	<b>Al Jazeera News</b>	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
27/03/2026	700	News - Overseas	<b>BBC News At Six</b>	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
27/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
27/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
27/03/2026	900	Current Affairs	<b>Point: Road To Referendum History Bites</b>	1960s Freedom Ride, The	2023	5	Gomerol man Uncle Wayne Nean reflects on the day he met a remarkable group of students who had driven to regional NSW to stand up to racism: The Freedom Riders.	AUSTRALIA	English-100	2023	RPT	NC		Y	
27/03/2026	905	Cooking	<b>Destination Flavour Singapore Bitesize</b>	Hari Kaya	1	2	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Y	
27/03/2026	915	Cooking	<b>Destination Flavour Singapore Bitesize</b>	Lamb Kebabs	1	3	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Y	
27/03/2026	925	Culture & Society	<b>My Dream Green Home</b>	Sarah & Aaron	1	4	Sarah and Aaron, are first home buyers residing in Avondale. They're embarking on an exciting journey towards self-sustainability and community engagement with a backyard makeover and an improved kitchen. Sarah who has had much experience as a Greenpeace activist is seeking to have a more environmentally friendly lifestyle. They encounter challenges in their home with limited storage space in their kitchen and wanting to expand their current vegetable garden.	NEW ZEALAND	English-100	2024		PG	I	Y	

27/03/2026	1015	History	<b>Inside The Steam Train Museum</b>	Steamboats And Steampunk	2	3	Engineer Brian has to repaint an engine ahead of the upcoming steampunk event where bizarre costumes and unusual activities descend upon the museum for a day of 'Victorian retro-futurism'. Office manager Julie learns to operate a steam engine for the first time, and the museum take their new steamboat exhibit for its maiden voyage on the Norfolk broads.	UNITED KINGDOM	English-100	2020	RPT	G		Y		Y
27/03/2026	1110	Culture & Society	<b>Inside Oxford Street</b>	Episode 4	2	4	In this episode, we shadow a team of twenty night workers who close Oxford street to install the Christmas lights. They're challenged with fitting panels 30 feet in the air which get heavier each year, whilst navigating metres of wires tangled overhead.	UNITED KINGDOM	English-100	2021	RPT	PG		Y		Y
27/03/2026	1200	News - Overseas	<b>BBC News At Ten</b>	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026				Y		
27/03/2026	1230	News - Overseas	<b>France 24 International SBS Midday</b>	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024				Y		
27/03/2026	1300	News - Overseas	<b>PBS Newshour</b>	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023				Y		
27/03/2026	1400	Current Affairs	<b>Point: Road To Referendum History Bites</b>	Hope Vale's Gamba Gamba Artists	2023	6	A group of extraordinary senior women, known as Gamba Gamba, regularly meet at an art group in Queensland's Hope Vale sharing stories and friendship.	AUSTRALIA	English-100	2023	RPT	NC		Y		
27/03/2026	1405	History	<b>Windsor Castle Fire: The Untold Story</b>	Windsor Castle Fire: The Untold Story		0	Using newly discovered footage and dramatic personal stories from the firefighters who attended the Windsor Castle fire on 20th November 1992 this documentary creates a minute-by-minute account of the battle to save this iconic building. Many who were there that day reveal what really happened behind the castle walls. From an apprentice decorator, one of the first to see the fire, and his fearless actions to rescue priceless works of art, to the numerous firefighters who risked their lives to fight the blaze, including one who witnessed a man trapped in a roof collapse and another who thought two of his colleagues had died in a fireball.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y	Y	Y
27/03/2026	1500	News - Domestic	<b>NITV News: Nula</b>	NITV News: Nula 2026 Ep 9	2026	9	The latest news from the oldest living culture, join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
27/03/2026	1530	Cooking	<b>Plat Du Tour</b>	Camembert Aux Truffles	6	4	As the peloton weaves from Amiens to Rouen, it passes through a little-known village called Camembert. Fromage is no joking matter in this neck of the woods so Guillaume takes it to luxurious new heights with the addition of the 'black diamond' truffle. He visits special guest Guy Smillie at his Melbourne restaurant Marmont, to find the perfect beverage to accompany this deluxe offering of Camembert aux Truffles.	AUSTRALIA	English-99; French-1	2025	RPT	G		Y		
27/03/2026	1535	Cooking	<b>Plat Du Tour</b>	Tripes A La Mode De Caen	6	5	Today the riders are racing against the clock at the time trials in Caen, an area famous for its apple cider and Calvados brandy. And Guillaume is being put to the test in the kitchen too as he is working with one of the most challenging ingredients of all, tripe. Luckily this area has a famous recipe, Tripes a la mode de Caen, that makes the experience of eating offal very pleasant, and is a fantastic way to use the entirety of the animal to ensure nothing goes to waste.	AUSTRALIA	English-99; French-1	2025	RPT	G		Y		
27/03/2026	1540	Cooking	<b>The Cook Up With Adam Liaw</b>	Bread	7	78	Tonight, Adam and his guests, brilliant bakers Grego Montalban Sanchez and Hayley Thorncraft, rise to the challenge of making incredible bread recipes.	AUSTRALIA	English-100	2024	RPT	G		Y		
27/03/2026	1615	History	<b>Secrets of The Tower Of London</b>	Inside The Tower Of London Series 5 Ep 4	5	4	It's spring 2022, and Deputy Governor Debbie Whittingham and Yeoman Gaoler Rob Fuller have spotted an impressive visitor berthed across the river from the Tower - it's a Japanese warship that's on a world tour, stopping off in the capital. The sight of it brings back happy memories for Debbie of her naval career when she would show the crews of foreign ships the iconic London sights, including a visit to the Tower.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y	Y	
27/03/2026	1705	Quiz	<b>Jeopardy!</b>	Jeopardy Series 42 Ep 42	42	42	Ken Jennings hosts Jeopardy! Where the answers are revealed, and the contestants must guess the appropriate questions.	USA	English-100	2025				G		
27/03/2026	1730	Quiz	<b>Letters And Numbers</b>	Letters And Numbers Series 4 Ep 36	4	36	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y		
27/03/2026	1800	Quiz	<b>Mastermind</b>	Mastermind Series 4 Ep 35	4	35	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2022	RPT	G		Y		
27/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 86	2026	86	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		

27/03/2026	1930	Entertainment	Going Places With Ernie Dingo	Karratha	7	6	Brooke meets the marine life of the Dampier archipelago and has a crack at roping with a rodeo champion in Karratha. Ernie visits the world's largest sites of rock art engravings.	AUSTRALIA	English-100	2025		PG		Y	
27/03/2026	2030	History	Titanic In Colour	Episode 1	1	1	The first episode takes us from the Titanic's construction in Belfast to the final photograph of the ship. One of the archive treasures unearthed is film of the unfinished Titanic in Belfast.	UNITED KINGDOM	English-100	2024	RPT	G		Y	Y
27/03/2026	2125	History	Titanic In Colour	Episode 2	1	2	Witness an auction of Titanic memorabilia in the South of England. The artefacts on sale include a rare Titanic deck blanket, a first class dinner menu, and a promotional calendar.	UNITED KINGDOM	English-100	2024	RPT	PG	a	Y	Y
27/03/2026	2220	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 50	2026	50	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
27/03/2026	2250	Period	Sisi	Episode 5	4	5	Sisi works to uphold a high-stakes agreement amid rivalries and personal challenges. As long-held secrets and covert relationships surface, she must balance loyalty, ambition and heart, while unexpected developments prompt journeys that will test her determination and resolve.	GERMANY	German-100	2024		M	a		Y
27/03/2026	2350	Crime	Babylon Berlin	Babylon Berlin Series 3 Episode 5	3	5	Rath, Charlotte, and Bohm go to Rot's mysterious event. Nyssen visits Helga, Greta arrives in court for sentencing.	GERMANY	German-50; Russian-50	2020	RPT	MA	a		Y
27/03/2026	2445	Crime	Babylon Berlin	Babylon Berlin Series 3 Episode 6	3	6	Nazi thugs storm the Tempo offices looking for Katelbach. Gereon investigates the list, Lotte comes to a startling realisation about Vera.	GERMANY	German-50; Russian-50	2020	RPT	M	a v		Y
27/03/2026	2540	Thriller	El Immortal - Gangs Of Madrid	Traitor, The	1	7	JA and Rober meet with Fabio but when they arrive, he is being arrested. Correa warns JA that the police is onto him and that he must leave the business for a while.	SPAIN	Spanish-100	2022	RPT	MA	v		Y
27/03/2026	2635	Thriller	El Immortal - Gangs Of Madrid	Locked Up	1	8	While the core of the gang is in prison, Fausti takes control of the business. Correa agrees with JA that Isabel must bring the money to Switzerland.	SPAIN	Spanish-100	2022	RPT	M	a l n s v		Y
27/03/2026	2730	Entertainment	Food, Sail, Love	Portofino		7	Narelle and Patrick sail into beautiful harbour of Portofino, to meet some local friends and discover how to make more Ligurian specialities. We visit the legendary Hotel Splendido to be treated to a lesson from the hotel's maitre de cuisine - chef Corrado. He shows Narelle the correct way to make pesto and celebrate the local ingredients.	AUSTRALIA	English-95; Italian-5	2016	RPT	PG		Y	Y
27/03/2026	2805	Culture & Society	Bamay	Nyungar Country, Esperance Pt 3	5	5	Bamay is back! See more stunning and diverse Australian locations from the Australian skies.	AUSTRALIA	English-100	2024	RPT	G			
27/03/2026	2835	Nature & Environment	Bamay	Walpiri Country - Tanami Desert	2	18	This episode of Bamay showcases beautiful Arrernte and Warlpiri Country - with locations such as Mparntwe Alice Springs and the Ellery Creek Big Hole.	AUSTRALIA	English-100	2020	RPT	G			
27/03/2026	2855	Cooking	Destination Flavour Singapore Bitesize	Hainanese Chicken	1	1	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Y	
28/03/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
28/03/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
28/03/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
28/03/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	

28/03/2026	700	News - Overseas	<b>BBC News At Six</b>	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
28/03/2026	730	News - Overseas	<b>France 24 English News</b>	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
28/03/2026	800	News - Overseas	<b>DD India News Hour</b>	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
28/03/2026	900	History	<b>Paul O'Grady For The Love Of Dogs</b>	Tara	11	5	Paul and the team are left baffled by a mystery illness which is making a young lurcher pup desperately ill. He also meets a gorgeous staffie who is too scared to leave her kennel.	UNITED KINGDOM	English-100	2023	RPT	PG		Y	
28/03/2026	930	History	<b>Paul O'Grady For The Love Of Dogs</b>	Bea	11	6	Paul meets some beautiful dogs but who are all still struggling to find a home. Two of the dogs have already been returned to Battersea once and just don't seem cut out for normal homes.	UNITED KINGDOM	English-100	2023	RPT	PG		Y	Y
28/03/2026	1000	Nature & Environment	<b>Vintage Voltage</b>	Volkswagen Type 2 Camper	2023	5	The VW type 2 Camper is a global icon. The challenge now for Moggy and his team is to retain as much of the personality of this 1960s Volkswagen as possible while converting it to be a fully functioning electric vehicle.	UNITED KINGDOM	English-100	2023	RPT	G		Y	
28/03/2026	1055	Culture & Society	<b>Peter Andre's Greek Odyssey</b>	Vasiliki	1	5	Peter Andre confronts his fear of heights with a thrilling mountain-top leap, safely attached to a parachute and instructor. Dimitri discovers the delights of Greek wine, while Charlotte learns trapeze skills aboard a catamaran. Back on land, the taste off dishes are varied and challenging, and Peter fights to climb back up the scoreboard.	UNITED KINGDOM	English-100	2017				Y	
28/03/2026	1125	Culture & Society	<b>Peter Andre's Greek Odyssey</b>	Sivota	1	6	In the final episode of this series we discover who wins the taste off challenge. Dimitri looks at the history of olive oil and Peter Andre and Charlotte learn how to sail a 10 m yacht. Their newfound skills stand them in good stead in the Ionian Regatta where they race against over 100 other yachts. Peter can't resist a final stage performance at the after race party - 'thank you very much'.	UNITED KINGDOM	English-100	2017				Y	
28/03/2026	1200	News - Overseas	<b>BBC News At Ten</b>	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
28/03/2026	1230	News - Overseas	<b>France 24 International SBS Midday</b>	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
28/03/2026	1300	News - Overseas	<b>PBS Newshour</b>	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
28/03/2026	1400	Cycling	<b>Milan-San Remo Men's Race 2026</b>	Highlights	2026	2	All the best moments from the 2026 Men's edition of the longest one-day race in professional cycling, the Milan-San Remo.	ITALY		2026			Y		
28/03/2026	1500	Sport	<b>Stories From The Cities</b>	Boston	2026	6	Stories from the Cities journeys across Canada, Mexico, and the United States, exploring the host cities of the FIFA World Cup 2026. In this episode, we discover the footballing spirit of Boston through its people, neighbourhoods, culture, and the everyday moments that define the city.		English-100	2026		PG			
28/03/2026	1530	Nature & Environment	<b>Going Places With Ernie Dingo</b>	Ikara	2	2	Ernie travels to Ikara as known as Wilpena Pound in the spectacular Macdonald Ranges and meets an Adnyamathanha Elder, a passionate cultural guide, a young pilot, and a National Park's ranger.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
28/03/2026	1630	History	<b>Gestapo: Hitler's Secret Police</b>	Gestapo: Hitler's Secret Police		0	How did Hitler's small militia become such a relentless and efficient state apparatus in just a few years? How did it manage to create a climate of fear and doubt by adapting to the various times and countries? Why was the Gestapo put in charge of the Final Solution and death camps, becoming the ultimate extermination tool?	FRANCE	English-60; French-20; German-20	2022	RPT	PG	a v w	Y	Y

28/03/2026	1735	History	<b>Orphans Of WW2</b>	Part 1	1	1	The film aims to reveal the complex history of how children were instrumentalised during and after the war. The common thread is the odyssey of a group of Polish orphans who, at the end of hostilities, found themselves in a refugee camp in Tanzania. From their deportation to Siberia to their reception in Canada, their fate was determined by the shifting tides of the post-war era and the early days of the Cold War.	FRANCE	English-100	2024		PG	a w	Y		Y	
28/03/2026	1830	News - Overseas	<b>SBS World News</b>	SBS World News 2026 Ep 87	2026	87	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
28/03/2026	1930	Culture & Society	<b>Jewels of the Mediterranean</b>	Majorca: Part 3	1	4	Across this series, narrated by Joanna Lumley, we uncover the Jewels of the Med. In this episode we are in Majorca visiting chef Marc Fosh and learning the importance of a seagrass called posidonia.	UNITED KINGDOM	English-95; Spanish-5	2025		PG					
28/03/2026	2025	Contemporary	<b>Homebodies</b>	Homebodies	0	0	Darcy returns home to look after his estranged mother and discovers her unusual housemate: the teenage ghost of his pre-transition self. Darcy must face the past or risk losing himself completely.	AUSTRALIA	English-100	2025							
28/03/2026	2125	Culture & Society	<b>The Hostages' Story</b>	Hostages' Story, The	0	0	With exclusive access to Nazanin Zaghari Ratcliffe and other former detainees, this film exposes the human cost of state hostage taking. It follows their struggle to rebuild their lives and examines how authoritarian regimes use foreign nationals as leverage, asking what justice means and how future abuses can be stopped.	UNITED KINGDOM	English-100	2025		M	a l	Y	Y	Y	
28/03/2026	2305	Thriller	<b>Snowpiercer</b>	Access Is Power	1	3	Layton (Daveed Diggs) descends into Snowpiercer's black market with Till (Mickey Sumner), searching for both the killer and a valuable commodity for his revolution. Melanie (Jennifer Connelly) stages a prize fight to distract the passengers from mounting class tension.	USA	English-100	2020	RPT	MA	v	Y		Y	
28/03/2026	2355	Thriller	<b>Snowpiercer</b>	Without Their Maker	1	4	A shocking twist in the murder investigation brings Layton (Daveed Diggs) and Till's (Mickey Sumner) manhunt to a cat-and-mouse climax. But Layton is getting too close to Melanie's (Jennifer Connelly) big secret, which may prove the most dangerous game of all.	USA	English-100	2020	RPT	MA	v	Y		Y	
28/03/2026	2450	Thriller	<b>Snowpiercer</b>	Justice Never Boarded	1	5	Tensions between Third Class and First Class are boiling as Melanie (Jennifer Connelly) stages the trial of the Snowpiercer killer. Third Class threatens a work stoppage, demanding representation on the jury, and Melanie makes a fateful decision about which side to favour.	USA	English-100	2020	RPT	MA	s v	Y		Y	