

ABC Entertains Program Guide Week 11

Sunday, 8 March 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:50am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:00am	The Strange Chores (CC,Repeat,G)
5:10am	Hardball (CC,Repeat,G)
5:35am	Spooky Files (CC,AD,Repeat,G)
6:00am	Total DramaRama (Repeat,G)
6:10am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:20am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:40am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:05am	The Amazing World Of Gumball (Repeat,G)
7:15am	Space Nova (CC,AD,Repeat,G)
7:40am	Summer Camp Island (G)
7:50am	My Little Pony: Friendship Is Magic (CC,Repeat,G)
8:15am	My Adventures With Superman (CC,Repeat,PG,Parental Guidance Recommended)
8:35am	Storks (CC)
10:05am	Malory Towers (CC,AD,G)
10:35am	A Kind Of Spark (CC,AD,Repeat,G)
11:00am	Car S.O.S: Rolls Royce 1929 Doctor's Coupe (CC,Repeat,G) Tim and Fuzz take on the embodiment of a once luxurious era: a 1929 Rolls Royce Doctor's Coupe. Handed down to mother of five, Emily, she didn't know what to do with this leviathan and it ended up rotting away in her garage.

- 11:50am** **Movie: The Perfect Storm**
(CC,Repeat,2000,M,Adult Themes, Coarse Language)
A veteran skipper of a fishing boat is on a collision course with fate in this best selling book based on a true story.
- 2:00pm** **ER: Piece Of Mind**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Mark undergoes experimental brain surgery in New York with Elizabeth by his side. A father injured in a car crash is more worried about his son's health than his own. The gang members who killed Benton's nephew are sentenced.
- 3:00pm** **Not Going Out: Holiday Share**
(CC,Repeat,PG)
Can Lee and Lucy's friendship with Toby and Anna survive a long weekend in a cottage in the New Forest? The beautiful countryside is quickly forgotten as they squabble over bedrooms, day trips, cooking and cleaning.
- 3:30pm** **QI: Bombs**
(CC,Repeat,PG)
This episode covers bombs, bats and the Marx Brothers. Panellists are Alan Davies, Rich Hall, Clive Anderson and Phill Jupitus.
- 4:05pm** **Would I Lie To You?: John Bishop, Joanna Page, Chris Addison & Patsy Palmer**
(CC,Repeat,PG)
David Mitchell is joined by John Bishop and Joanna Page, while Lee Mack is joined by Chris Addison and Patsy Palmer.
- 4:35pm** **MythBusters: Inverted Underwater Car**
(CC,Repeat,PG,Adult Themes)
Jamie bravely risks Adam's life to find out how easy it is to escape a car that has crashed into water and flipped over, but not all goes to plan.
- 5:25pm** **Car S.O.S: Peugeot 106 Rallye**
(CC,Repeat,G,Adult Themes)
Tim and Fuzz head to Norfolk where a once sporty French hot hatch awaits: a 1997 Peugeot 106 Rallye. This lightweight pocket rocket belongs to 21-year-old student Senna, who comes from a family of petrol heads.
- 6:15pm** **Portrait Artist Of The Year UK: Semi Final: Elaine Paige**
(CC,G)
Transformed for today's challenge is a stunning backdrop - adorned with lush velvet and festoon lights - which frames our celebrity sitter, the First Lady of musical theatre, Elaine Paige.

- 7:00pm Spicks And Specks: Mary Schneider, Rusty Berther, Carl Cox & Meshel Laurie**
(CC,Repeat,G)
Joining Adam, Myf and Alan are Mary Schneider, Rusty Berther from the Scared Weird Little Guys, Carl Cox and Meshel Laurie.
- 7:30pm QI: Past Times**
(CC,Repeat,M,Coarse Language, Sexual References)
Regulars Sandi Toksvig and Alan Davies are joined by guests Joe Lycett, Phil Wang and Ellie Taylor to discuss Past Times.
- 8:00pm Would I Lie To You?: Gabby Logan, Chris McCausland, Angela Scanlon & John Simm**
(CC,Repeat,PG)
The guests joining Lee Mack and David Mitchell in this edition are Gabby Logan, Chris McCausland, Angela Scanlon and John Simm.
- 8:30pm The Piano UK**
(CC,G)Final
The final concert has arrived. Which amateur pianist will Mika and Jon Batiste award the coveted Performance of the Night? (Final)
- 9:30pm Muster Dogs**
(CC,AD,Repeat,PG)Final
After a year-long experiment and a crash course in training a Muster Dog, our six rookies face their final tests. The competition is tight, but one exceptional dog claims the title of Champion Muster Dog. (Final)
- 10:30pm ER: Rock, Paper, Scissors**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Benton tries to move Kynesha into a foster home. A bishop takes an interest in a gloomy Luka. Elizabeth receives news about her malpractice suit. Carter treats a female drug smuggler who swallowed a condom full of cocaine.
- 11:15pm Offsiders**
(CC,Repeat)
Abbey Gelmi and the panel discuss the week in sport including the Matildas at the Women's Asian Cup, AFL Opening Round, the NRL, Melbourne Formula 1 Grand Prix plus the Men's T20 World Cup Final and more.
- 11:45pm Not Going Out: Holiday Share**
(CC,Repeat,PG)
Can Lee and Lucy's friendship with Toby and Anna survive a long weekend in a cottage in the New Forest? The beautiful countryside is quickly forgotten as they squabble over bedrooms, day trips, cooking and cleaning.

- 12:15am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:15am** **A Wild Year On Earth: July - August: A Time of Migration**
(AD,Repeat,G)
In July, the Arctic ice sheets thaw and crash as ice moves towards the shore and sees migrating seabirds revel in rich ice-melt waters. Summer in Alaska triggers one of the planet's greatest seasonal migration events.
- 2:05am** **A Wild Year On Earth: September - October: A Time of Activation**
(AD,Repeat,PG)
In September, seasonal swings activate change across the world. The heat rises in Southern Africa as the dry season deepens. New love in the rainforests of Colombia where a single Golden Dart Frog sings to entice a mate.
- 2:55am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:00am** **A Wild Year On Earth: November - December: Full Circle**
(AD,Repeat,PG)**Final**
In November, millions of migrating Monarch butterflies converge in the forests of Mexico for the winter. In dry Southern Africa the rains finally return and are welcomed by nesting Masked Weaver Birds. (Final)

Monday, 9 March 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Lagging (CC,Repeat,PG,Parental Guidance Recommended)
4:45am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:55am	The Strange Chores (CC,Repeat,G)
5:10am	Hardball (CC,Repeat,G)
5:30am	Spooky Files (CC,AD,Repeat,G)
5:50am	Shaun The Sheep (Repeat,G)
6:00am	Total DramaRama (Repeat,G)
6:10am	The Powerpuff Girls (CC,Repeat,G)
6:20am	My Little Pony: Friendship Is Magic (CC,G)
6:40am	Super Happy Magic Forest (CC,AD,Repeat,G)
6:55am	The Amazing World Of Gumball (Repeat,G)
7:05am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,Parental Guidance Recommended)
7:30am	Teen Titans Go! (CC,Repeat,G)
7:40am	Teen Titans Go! (CC,Repeat,G)
7:50am	Iyanu (CC,Repeat,PG,Parental Guidance Recommended)
8:15am	TBA
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (G)
9:10am	Odd Squad (Repeat,G)
9:20am	Maddie's Do You Know? (CC,Repeat,G)
9:25am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)

9:55am	Know It Alls: Science (CC,Repeat,G)
10:05am	Bitesize Daily (CC,Repeat,G)
10:25am	Teenage Boss: Next Level (CC,AD,Repeat,G)
10:50am	Elevator Pitch (CC,Repeat,G)
11:10am	Car S.O.S (CC,Repeat,G,Adult Themes)
12:00pm	Portrait Artist Of The Year UK (CC,Repeat,G)
12:45pm	Not Going Out (CC,Repeat,PG,Sexual References)
1:15pm	The Piano UK (CC,Repeat,G)Final
2:15pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
3:00pm	QI (CC,Repeat,PG)
3:30pm	Would I Lie To You? (CC,Repeat,PG)
4:05pm	MythBusters (CC,Repeat,PG)
4:55pm	Car S.O.S (CC,Repeat,G)
5:40pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.
7:00pm	Spicks And Specks: Kate DeAraugo, Adam Richard, Peter Brocklehurst & Dave O'Neil (CC,Repeat,G) Joining Adam, Myf and Alan tonight are Kate DeAraugo, Adam Richard, Peter Brocklehurst and Dave O'Neil.
7:30pm	QI: Lenses (CC,Repeat,PG) Stephen Fry considers lenses, lungs, legs and other parts of the body beginning with L, with Jo Brand, Josh Widdicombe, Phill Jupitus and Alan Davies.

- 8:00pm Would I Lie To You?: Joan Bakewell, Warwick Davis, Paul Hollywood & Jason Manford**
(CC,Repeat,G)
Lee and David are joined by Joan Bakewell, Warwick Davis, Paul Hollywood and Jason Manford. Rob Brydon is host.
- 8:30pm Penn And Teller: Fool Us: Dan Quayle Gets Shot by a T-Shirt Cannon**
(CC,Repeat,G)
Magicians Kimoon Do, Matt The Mind Noodler, Brielle, and Bruno Tarnecci try to fool the veteran duo with their illusions.
- 9:15pm Whose Line Is It Anyway?: Greg Proops**
(CC,Repeat,M,Coarse Language)
Aisha Tyler hosts another laugh-out-loud episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Greg Proops.
- 9:35pm Elementary**
(CC,Repeat,M,Violence)
Holmes and Watson travel to London to track down an old mentor and investigate an unsolved mystery. Meanwhile, Mycroft Holmes, Sherlock's estranged brother, reunites with Sherlock and reveals some secrets of his own.
- 10:20pm ER: Surrender**
(CC,Repeat,M,Adult Themes, Medical Procedures)
A workplace tragedy results in injuries and deaths among illegal immigrants. Elizabeth overcomes her fears after freezing again during surgery. Abby treats two horny old men, while Kerry finds comfort with her new lover, Kim.
- 11:05pm Not Going Out: Facts of Life**
(CC,Repeat,PG,Sexual References)
Lee thinks the twins are too young to be taught about sex at school and that their teacher is too stuck up to teach it. He commits to tell his kids the facts of life himself but learns that his knowledge is somewhat limited.
- 11:35pm rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am Gavin And Stacey**
(CC,Repeat,PG)
Gavin and Stacey fight over where they should live, with Gavin not even considering Barry, and Bryn is panicking over a surprise birthday party he is planning for Gwen.

- 1:05am** **Gavin And Stacey**
(CC,Repeat,M,Coarse Language)
Gavin and Stacey are still living apart after falling out at Gwen's surprise birthday party, and Smithy organises some relationship therapy.
- 1:35am** **Louis Theroux: Law & Disorder in Philadelphia**
(CC,Repeat,M,Adult Themes, Coarse Language, Violence)
Louis Theroux signs up for his most dangerous assignment - patrolling the crime-ridden streets of Philadelphia with local law enforcement - to find out why crime and violence in the city is so bad.
- 2:35am** **QI: 'S' Animals**
(CC,Repeat,M,Sexual References)
Join Sandi Toksvig, Alan Davies, Cally Beaton, Jamali Maddix and Josh Widdicombe for a look at animals which begin with the letter S.
- 3:05am** **If You're Listening: Is Putin a master manipulator or a very smart guy?**
(CC,Repeat)
US Peace Envoy Steve Witkoff has met with Vladimir Putin to try and negotiate a ceasefire. We don't know what happened in those meetings, and it appears that Witkoff didn't know what was happening in those meetings either.
- 3:25am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am** **Richard Osman's House Of Games**
(CC,Repeat,G)
Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.

4:00am	The Next Step (CC,Repeat,G)
4:20am	Lagging (CC,Repeat,G)
4:45am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:55am	The Strange Chores (CC,Repeat,G)
5:05am	Hardball (CC,Repeat,G)
5:30am	Spooky Files (CC,AD,Repeat,G)
5:50am	Shaun The Sheep (Repeat,G)
6:10am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:25am	My Little Pony: Friendship Is Magic (CC,G)
6:45am	Summer Camp Island (Repeat,PG,Parental Guidance Recommended)
6:55am	The Amazing World Of Gumball (Repeat,G)
7:05am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
7:30am	Teen Titans Go! (CC,Repeat,G)
7:40am	Teen Titans Go! (CC,Repeat,G)
7:50am	Iyanu (CC,Repeat,PG,Parental Guidance Recommended)
8:10am	TBA
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (G)
9:10am	Odd Squad (Repeat,G)
9:20am	Maddie's Do You Know? (CC,Repeat,G)
9:35am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	BTN (CC,AD)

10:25am	Science Max! Experiments At Large (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
10:45am	Collisions (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,G)
11:50am	Portrait Artist Of The Year UK (CC,Repeat,G)
12:35pm	Not Going Out (CC,Repeat,PG)
1:05pm	Elementary (CC,Repeat,M,Violence)
1:45pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:35pm	A Bite To Eat With Alice (CC,Repeat,G)
3:05pm	QI (CC,Repeat,PG)
3:35pm	Would I Lie To You? (CC,Repeat,PG)
4:05pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Car S.O.S (CC,Repeat,G)
5:40pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.
7:00pm	Spicks And Specks: Kate Miller-Heidke, Hamish Blake, Tony Sheldon & Ross Noble (CC,Repeat,G) Joining Adam, Myf and Alan tonight are Kate Miller-Heidke, Hamish Blake, Tony Sheldon and Ross Noble.
7:30pm	QI: Miscellany (CC,Repeat,M,Sexual References) Stephen Fry returns for his final season as host of the quiz show with a difference. Tonight's guests are Cariad Lloyd, Noel Fielding and Rhod Gilbert, joining regular panellist Alan Davies.

- 8:00pm Would I Lie To You?: Rhod Gilbert, Miranda Hart, Hugh Fearnley-Whittingstall & Rufus Hound**
(CC,Repeat,G)
Rob Brydon and team captains David Mitchell and Lee Mack are joined by Rhod Gilbert and Miranda Hart, Hugh Fearnley-Whittingstall and Rufus Hound.
- 8:30pm Fisk: Gal Pal O'Clock**
(CC,AD,Repeat,M,Coarse Language)**Final**
When Ray brokers a deal for Furstenburg Gray to buy out Gruber & Fisk, Helen is plunged into crisis. (Final)
- 9:00pm Dog Park: Dog's Breakfast**
(CC,AD,Repeat,M,Coarse Language)**Final**
It's the day of Samantha and Steve's wedding. Roland is thrilled to have Mia home again but distracted by his growing feelings for Samantha. (Final)
- 9:35pm Elementary**
(CC,Repeat,M,Violence)
When a mathematician is found dead, Holmes and Watson set out to solve a murder and the purpose of the equation he was trying to decipher. Watson is conflicted when the son of a former patient approaches her for a loan.
- 10:15pm ER: Thy Will Be Done**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Kerry calls for an official evaluation of Mark's competency. Luka realises that Bishop Stewart has a terrible disease. Abby has a disastrous encounter with her ex-husband and his young girlfriend at a charity function.
- 11:00pm Not Going Out: Schooling**
(CC,Repeat,PG)
When Charlie's school gets a bad Ofsted rating, Lee and Lucy start looking around for alternative schools. Geoffrey and Wendy offer to pay to send Charlie to private school, which presents Lee and Lucy with a moral dilemma.
- 11:30pm triple j's Like A Version**
triple j's legendary Like A Version segment hosts the greatest local and international acts, performing a cover of a song they love, and one of their own.
- 11:35pm rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

- 12:35am Breeders: No Baby**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
As Ally contemplates her pregnancy, a new piece of information blows her world apart. A worried Ava tries to help her mum, while Luke regrets lying about his anxiety.
- 12:55am Breeders: No Choice**
(CC,AD,Repeat,M,Coarse Language)
Ally is under huge pressure, but no-one seems to want to listen to her. Jim and Jackie are excited about a possible move to the coast and, much to Paul's surprise, so is he.
- 1:20am MythBusters: The Search: Shooting Blind**
(CC,Repeat,PG,Adult Themes)
The final eight contestants are tasked with building and racing two full-sized boats made completely from cardboard, and then test their gun skills in the movie myth of "shooting blind".
- 2:10am MythBusters: The Search: Revenge of the Needle in a Haystack**
(CC,Repeat,PG,Adult Themes)
The Magnificent Seven remain in the hunt and the competition cranks up with an age-old adage, Needle in a Haystack, and a classic Hollywood Handcuff cliché.
- 3:00am QI: Unsavoury**
(CC,Repeat,M,Coarse Language)
Join Sandi Toksvig for a thoroughly Unsavoury episode of QI with Gyles Brandreth, Judi Love, Kiri Pritchard-McLean, and Alan Davies.
- 3:30am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am Richard Osman's House Of Games**
(CC,Repeat,G)
Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.

Wednesday, 11 March 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Lagging (CC,Repeat,G)
4:45am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:00am	The Strange Chores (CC,Repeat,G)
5:10am	Hardball (CC,Repeat,G)
5:35am	Spooky Files (CC,AD,Repeat,G)
6:00am	Total DramaRama (Repeat,G)
6:10am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:20am	My Little Pony: Friendship Is Magic (CC,G)
6:45am	Summer Camp Island (Repeat,G)
6:55am	The Amazing World Of Gumball (Repeat,PG,Parental Guidance Recommended)
7:05am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,Parental Guidance Recommended)
7:30am	Teen Titans Go! (CC,Repeat,G)
7:40am	Teen Titans Go! (CC,Repeat,G)
7:50am	Iyanu (CC,Repeat,PG,Parental Guidance Recommended)
8:10am	TBA
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (G)
9:10am	Odd Squad (Repeat,G)
9:20am	Maddie's Do You Know? (CC,Repeat,G)
9:30am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	Horrible Science (CC,AD,PG,Parental Guidance Recommended)

10:25am	Show Me The Honey! (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
10:50am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,G)
11:50am	Portrait Artist Of The Year UK (CC,Repeat,G)
12:35pm	Not Going Out (CC,Repeat,PG)
1:05pm	Elementary (CC,Repeat,M,Violence)
1:45pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:30pm	A Bite To Eat With Alice (CC,Repeat,G)
3:00pm	QI (CC,Repeat,PG)
3:35pm	Would I Lie To You? (CC,Repeat,PG)
4:05pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Car S.O.S (CC,Repeat,G)
5:40pm	Portrait Artist Of The Year UK (CC,PG)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.
7:00pm	Spicks And Specks: Richard Gill, Eddie Perfect, Tony Allen & Fiona O'Loughlin (CC,Repeat,G) Joining Adam, Myf and Alan tonight are Richard Gill, Eddie Perfect, Tony Allen and Fiona O'Loughlin.
7:30pm	QI: Smorgasbord (CC,Repeat,PG,Sexual References) Sandi Toksvig invites you to enjoy a QI smorgasbord with Jen Brister, Jimmy Carr, Chris McCausland and Alan Davies.

- 8:00pm** **Would I Lie To You?: Richard Hammond, Sean Lock, Judy Murray, & Trevor Noah**
(CC,Repeat,PG)
Rob Brydon hosts the award-winning comedy panel show with David Mitchell and Lee Mack as the lightning-quick team captains. Tonight's guests are Richard Hammond, Sean Lock, Judy Murray and Trevor Noah.
- 8:30pm** **Death In Paradise**
(CC,AD,Repeat,M,Violence)
We take a trip down memory lane as commissioner Selwyn Patterson celebrates 50 years of police service at the Yacht Club, but the day takes a turn when he is shot and rushed to hospital.
- 9:30pm** **Elementary**
(CC,Repeat,M,Adult Themes)
When Holmes and Watson set out to track down a civil contractor who leaked classified information, their lives are disrupted when they are targeted by the group of cyber-activists protecting him.
- 10:15pm** **ER: A Walk In The Woods**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Mark is furious when his competency is questioned. Chen and Carter confront anti-vaxxer parents of a boy with measles. Kerry feels out of place amongst Kim's lesbian friends. Luka cares for the terminally ill Bishop Stewart.
- 11:00pm** **Not Going Out: Memory**
(CC,Repeat,PG)
Lee ruins Lucy's evening, joining her on the sofa to interrupt her favourite TV show by talking loudly over the dialogue. But when Lee suddenly can't remember the name of the lead actor, he thinks he may have dementia.
- 11:30pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:30am** **Movie: Widows**
(CC,AD,Repeat,2018,MA,Coarse Language, Sex Scenes, Violence)
When four armed robbers are killed in a failed heist attempt, their widows - with nothing in common except a debt left by their dead husbands' criminal activities - take fate into their own hands.

- 2:35am** **Whose Line Is It Anyway?: Greg Proops**
(CC,Repeat,M,Coarse Language)
Aisha Tyler hosts another laugh-out-loud episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Greg Proops.
- 2:55am** **QI: Killers**
(CC,Repeat,M,Coarse Language, Sexual References)
QI Master Stephen Fry presents a killer edition of the quiz about quite interesting facts. Guest panellists include Alan Davies, Jason Manford, Trevor Noah and Sandi Toksvig.
- 3:25am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am** **Richard Osman's House Of Games**
(CC,Repeat,G)
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5:10am	Hardball (CC,Repeat,G)
5:35am	Spooky Files (CC,AD,Repeat,G)
6:00am	Slugterra Ascension (Repeat,PG,Parental Guidance Recommended)
6:10am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
6:20am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:30am	Open Season: Call of Nature (CC,Repeat,G)
6:45am	Summer Camp Island (Repeat,G)
6:55am	The Amazing World Of Gumball (Repeat,G)
7:05am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,G)
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8:10am	TBA
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Wonderblocks (G)
9:10am	Alphablocks
9:15am	Gardening Australia Junior (CC,AD,Repeat,G)
9:25am	Australia's Extinct Megafauna (CC,Repeat,G)

9:30am	History Hunters (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
9:55am	Horrible Histories (CC,G)
10:25am	BTN (CC,AD,Repeat)
10:50am	Expansion In The Modern World (CC,Repeat,G)
10:50am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,G)
11:50am	Portrait Artist Of The Year UK (CC,Repeat,PG)
12:35pm	Not Going Out (CC,Repeat,PG)
1:05pm	Elementary (CC,Repeat,M,Adult Themes)
1:45pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:30pm	A Bite To Eat With Alice (CC,Repeat,PG)
3:00pm	QI (CC,Repeat,PG)
3:30pm	Would I Lie To You? (CC,Repeat,PG)
4:05pm	MythBusters (CC,Repeat,PG,Adult Themes)
4:55pm	Car S.O.S (CC,Repeat,G)
5:40pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.
7:00pm	Spicks And Specks: Ali McGregor, Danny Bhoy, Alex Lloyd & Ross Noble (CC,Repeat,PG) Joining Adam, Myf and Alan tonight are Ali McGregor, Danny Bhoy, Alex Lloyd and Ross Noble.

7:30pm	QI: Uncle Sam (CC,Repeat,M,Coarse Language) Sandi Toksvig puts the UK-US Special Relationship under the microscope with: Kemah Bob, Alex Edelman, David Mitchell, and Alan Davies.
8:00pm	Would I Lie To You?: Prue Leith, Scarlett Moffatt, MC Big Narstie & Tomasz Schafernaker (CC,Repeat,PG) Guests joining Lee Mack and David Mitchell are restaurateur and broadcaster Prue Leith, reality TV star Scarlett Moffatt, rapper and MC Big Narstie and meteorologist Tomasz Schafernaker.
8:30pm	Tonight At The Museum (CC,Repeat) After hours at the museum, Alex Lee welcomes Luke McGregor, Geraldine Hickey, Sashi Pereira and Bjorn Stewart all chasing the ultimate honour: exhibition glory.
9:00pm	Gruen (CC,Repeat,PG) Telstra has a new ad, Crocs become cool, Telstra has a new ad, Extra puts gum to our heads, and Telstra has a lot of new ads. Plus a pitch to Buy Nothing. Joining Wil and Russel are Emily Taylor, Adam Ferrier and Dee Madigan.
9:40pm	The Weekly With Charlie Pickering (CC,Repeat) We are all depressed by the news, so if you still kind-of want to know what's happening but also have a laugh join Charlie Pickering for the best wrap of the week's news. We watch it all so you don't have to.
10:10pm	Planet America (CC,Repeat) The 2nd year of Trump's 2nd term brings new challenges and new storylines with Venezuela, Iran, Greenland, Mexico, Russia/Ukraine, China, the Middle East, security, the economy, tariffs, migration, ICE and midterm elections.
10:40pm	ER: The Crossing (CC,Repeat,M,Adult Themes, Medical Procedures) A train wreck has the doctors facing one of the bloodiest traumas of their careers. Carter performs a double leg amputation. Elizabeth begins to experience contractions. Kerry and Kim treat the girl who caused the accident.
11:25pm	Not Going Out: Whodunnit? (CC,Repeat,PG) Unable to convince Lucy that he didn't smash her precious heirloom, a blue and white antique vase that belonged to her grandmother, Lee summons the family to an emergency meeting to clear his name and flush out the culprit.

- 11:55pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:55am** **Mayfair Witches: Julien's Victrola**
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Violence)
Rowan demands Julien's help in finding Lasher. Moira probes Cortland's mind for important memories.
- 1:40am** **Mayfair Witches: Michaelmas**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
Rowan, Moira, Cortland, and Lark search for Lasher in Scotland. Sip is questioned by the Talamasca.
- 2:25am** **Luka Muller: Top 5 Smells I Smelled Before**
(CC,Repeat,MA,Coarse Language)
Luka is trying to go on his phone less so decided to write a comedy show about his favourite smells. Laugh at his jokes and please, smell his smells. Yes the audience was given a scratch and sniff card with the show.
- 3:25am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am** **Richard Osman's House Of Games**
(CC,Repeat,G)
Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.

Friday, 13 March 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Lagging (CC,Repeat,PG,Parental Guidance Recommended)
4:45am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
4:55am	The Strange Chores (CC,Repeat,G)
5:10am	Hardball (CC,Repeat,PG,Parental Guidance Recommended)
5:35am	Spooky Files (CC,AD,Repeat,G)
6:00am	Slugterra Ascension (Repeat,PG,Parental Guidance Recommended)
6:10am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
6:20am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:30am	Open Season: Call of Nature (CC,Repeat,G)
6:40am	Summer Camp Island (Repeat,G)
6:55am	The Amazing World Of Gumball (Repeat,PG,Parental Guidance Recommended)
7:05am	Miraculous: Tales Of Ladybug And Cat Noir (Repeat,PG,Parental Guidance Recommended)
7:30am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
7:40am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
7:50am	Iyanu (CC,Repeat,PG,Parental Guidance Recommended)
8:10am	TBA
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Wonderblocks (G)
9:10am	Alphablocks
9:15am	ABC Education Story Time (Auslan) (CC,Repeat,G)
9:15am	Stories From Magic Beach (CC,AD,Repeat,G)

9:25am	Bitesize Daily (CC,G)
9:50am	Your Paintings (CC,Repeat,G)
9:55am	Shaun Tan's Tales from Outer Suburbia (CC,AD,Repeat,G)
10:15am	Bringing Books to Life (CC,Repeat,G)
10:20am	BTN Specials (CC,AD,Repeat)
10:35am	Back In Time For The Corner Shop: Education Shorts (CC,Repeat,G)
10:45am	Know It Alls: History (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:15am	Car S.O.S (CC,Repeat,G)
12:00pm	Portrait Artist Of The Year UK (CC,Repeat,G)
12:50pm	Death In Paradise (CC,AD,Repeat,M,Violence)
1:50pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:35pm	Not Going Out (CC,Repeat,PG)
3:05pm	QI (CC,Repeat,PG)
3:35pm	Would I Lie To You? (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,G)
5:45pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.
7:00pm	Spicks And Specks: Stephanie Ashworth, Andy Lee, John Schumann & Mikey Robins (CC,Repeat,G) Joining Adam, Myf and Alan are Stephanie Ashworth from Something For Kate, Andy Lee, John Schumann and Mikey Robins.

- 7:30pm** **QI: Knowledge**
(CC,Repeat,PG)
Stephen Fry explains how many previous QI facts are no longer thought to be true. Guest panellists include Alan Davies, Jo Brand, Jimmy Carr and Graham Linehan.
- 8:00pm** **Would I Lie To You?: Rhod Gilbert, Kelly Hoppen, Carol Vorderman & Hal Cruttenden**
(CC,Repeat,PG)
Host Rob Brydon and regular team captains Lee Mack and David Mitchell are joined by Rhod Gilbert, Kelly Hoppen, Carol Vorderman and Hal Cruttenden.
- 8:30pm** **Movie: Tag**
(CC,2018,M,Adult Themes, Coarse Language, Drug Use, Sexual References)
For one month every year, five highly competitive friends hit the ground running in a no-holds-barred game of tag they've been playing since the first grade - risking their necks, their jobs and their relationships.
- 10:15pm** **ER: Witch Hunt**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Kerry fears for her own reputation when Kim is accused of sexual harassment by the girl who caused the train crash. A baby is stolen from under Abby's nose. Mark treats a boy using steroids who is frightened of his father.
- 11:00pm** **Not Going Out: Builder**
(CC,Repeat,PG)
Lucy takes the kids away to her parents while Lee stays home to oversee the building work in their kitchen. Unfortunately, the lazy builder forces Lee to confront his fear of confrontation - by avoiding it at all costs.
- 11:25pm** **triple j's Like A Version**
triple j's legendary Like A Version segment hosts the greatest local and international acts, performing a cover of a song they love, and one of their own.
- 11:30pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am** **Portrait Artist Of The Year UK**
(CC,Repeat,G)
In this second heat, nine artists are challenged to create a portrait of one of three celebrities: veteran current affairs journalist and presenter Sir Trevor McDonald, actor Mirren Mack and drag queen The Vivienne.

- 1:20am** **Movie: Flashdance**
(CC,Repeat,1983,MA,Coarse Language)
Alex Owens is a beautiful young woman who works a day job in a steel mill and dances in a bar at night. She aspires to get accepted into a prestigious dance conservatory.
- 2:50am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 2:55am** **Penn And Teller: Fool Us: Dan Quayle Gets Shot by a T-Shirt Cannon**
(CC,Repeat,G)
Magicians Kimoon Do, Matt The Mind Noodler, Brielle, and Bruno Tarnecci try to fool the veteran duo with their illusions.
- 3:35am** **Richard Osman's House Of Games**
(CC,Repeat,G)
Richard Osman hosts as actress Beattie Edmondson, journalist Amol Rajan, presenter Gaby Roslin and comedian Hugh Dennis test their general knowledge skills.

Saturday, 14 March 2026

4:00am	The Next Step (CC,Repeat,G)
4:20am	Lagging (CC,Repeat,PG,Parental Guidance Recommended)
4:45am	Teen Titans Go! (CC,Repeat,G)
5:00am	The Strange Chores (CC,Repeat,PG,Parental Guidance Recommended)
5:10am	Hardball (CC,Repeat,PG,Parental Guidance Recommended)
5:35am	Spooky Files (CC,AD,Repeat,G)
6:00am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
6:10am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
6:20am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:40am	Transformers: EarthSpark (CC,Repeat,PG,Parental Guidance Recommended)
7:05am	The Amazing World Of Gumball (Repeat,G)
7:15am	Summer Camp Island (G)
7:30am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
7:50am	My Little Pony: Friendship Is Magic (CC,Repeat,G)
8:10am	Be Cool, Scooby-Doo! (PG,Parental Guidance Recommended)
8:35am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
8:55am	GG: Spawn Squad (CC,Repeat,G,This program may contain reviews of games that have PG material.)
9:10am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:20am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:35am	Mechamato (CC,Repeat,PG,Parental Guidance Recommended)
9:55am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
10:20am	Pokemon: Ruby And Sapphire (CC,G)

10:40am	Pokemon: Ruby And Sapphire (CC,G)
11:00am	Car S.O.S: Fiat Uno Turbo (CC,Repeat,G) Tim and Fuzz recruit David Beckham as they hatch a plan to restore car salesman Gerry's 1988 Fiat Uno Turbo, one of the fastest hatchbacks of its time, but which is now rotting away on his driveway due to Gerry's ill-health.
11:45am	Not Going Out: Halloween (CC,Repeat,PG) It's Halloween and the family are out Trick or Treating, but the night soon turns disastrous for Lee when he accidentally drops his phone in the porch of a spooky house and makes the mistake of going back to retrieve it.
12:25pm	Movie: Caddyshack (CC,Repeat,1980,M,Coarse Language, Drug Use, Nudity, Sex Scenes) While caddying at a snooty country club, ambitious young Danny goes for a college scholarship. But first he has to impress elitist Judge Smails and win the big golf tournament.
2:00pm	ER: Witch Hunt (CC,Repeat,M,Adult Themes, Medical Procedures) Kerry fears for her own reputation when Kim is accused of sexual harassment by the girl who caused the train crash. A baby is stolen from under Abby's nose. Mark treats a boy using steroids who is frightened of his father.
3:00pm	Nigella's Cook, Eat, Repeat (CC,Repeat,G) Nigella delves into a historical cookbook with a recipe made from one of her favourite ingredients, shakes up a lemon blossom cocktail and creates a pasta dish of spaghetti with colourful chard and chilli.
3:35pm	QI: Atoms (CC,Repeat,PG) Members of the happy band of panellists in this episode are Jo Brand, Alan Davies, Howard Goodall and Jeremy Hardy.
4:05pm	Would I Lie To You?: Joan Bakewell, Warwick Davis, Paul Hollywood & Jason Manford (CC,Repeat,G) Lee and David are joined by Joan Bakewell, Warwick Davis, Paul Hollywood and Jason Manford. Rob Brydon is host.

- 4:35pm MythBusters: Mission Impossible Face Off**
(CC,Repeat,PG,Adult Themes)
Adam and Jamie face-off with a myth of misdirection and Kari, Grant and Tory go ballistic with two filmic firearms fables.
- 5:25pm Car S.O.S: VW Corrado**
(CC,Repeat,G)
Tim and Fuzz are off to rescue a 1992 VW Karmann Corrado, whose dyed-in-the-wool petrolhead owner even went as far as changing his surname to match the car. Can a restored Clarice put a smile back on Ashley Karmann's face?
- 6:15pm Portrait Artist Of The Year UK**
(CC,G)
In this third heat, nine artists are challenged to create a portrait of one of three celebrities: author and campaigner Deborah James, actor Eamonn Walker and model and presenter Melanie Sykes.
- 7:00pm Spicks And Specks: Antoinette Halloran, Denise Scott, Steve Mallinder & Anthony Morgan**
(CC,Repeat,G)
Joining Adam, Myf and Alan are Antoinette Halloran, Denise Scott, Steve Mallinder, and Anthony Morgan.
- 7:30pm QI: Viral**
(CC,Repeat,M,Coarse Language)
Join Sandi Toksvig as QI goes Viral with Rhod Gilbert, Ignacio Lopez, Zoe Lyons, and Alan Davies.
- 8:00pm Would I Lie To You?: Jamelia, Marcus Brigstocke, Jimmy Carr & Terry Christian**
(CC,Repeat,PG)
Jimmy Carr and Marcus Brigstocke, TV presenter Terry Christian and singer Jamelia join team captains David Mitchell and Lee Mack to hoodwink their opponents with absurd facts and plausible lies about themselves.
- 8:30pm Richard Osman's House Of Games Night**
(CC,Repeat,G)
Ed Balls, Janette Manrara, Steph McGovern and Ben Miller test their general knowledge skills on Richard Osman's House of Games Night.
- 9:00pm Live At The Apollo**
(CC,Repeat,M,Coarse Language, Sexual References)
The magnificent Zoe Lyons introduces comedians Ria Lina and Tom Ward to the stage.
- 9:45pm Gavin And Stacey**
(CC,Repeat,M,Adult Themes, Coarse Language)
Stacey returns to Essex and Gavin's arms, and all looks perfect until Pam and Mick offer them the deposit on a house. Meanwhile Nessa goes into labour. (Final)

10:15pm	Gavin And Stacey (CC,Repeat,PG) Gavin starts his new job in Cardiff and Stacey is thrilled to be at home again. Smithy comes to terms with life in Essex without his best mate, whilst Nessa is adjusting to life in Dave's caravan in Sully.
10:45pm	ER: Survival Of The Fittest (CC,Repeat,M,Adult Themes, Medical Procedures) An old woman with dementia is shot and killed in the ER by a police officer. Mark treats three students who have been huffing carpet cleaner. Luka tends a pregnant teen who is only having the child to collect welfare checks.
11:30pm	Not Going Out: Halloween (CC,Repeat,PG) It's Halloween and the family are out Trick or Treating, but the night soon turns disastrous for Lee when he accidentally drops his phone in the porch of a spooky house and makes the mistake of going back to retrieve it.
12:10am	rage (MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence) Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
1:10am	Louis Theroux: Twilight Of The Porn Stars (CC,AD,Repeat,M,Adult Themes, Coarse Language, Nudity, Sexual References, Sex Scenes) Louis Theroux travels to California, home of America's adult entertainment industry, to meet the porn stars and find out how the growth of the internet has changed the industry.
2:10am	Portrait Artist Of The Year UK (CC,Repeat,G) In this third heat, nine artists are challenged to create a portrait of one of three celebrities: author and campaigner Deborah James, actor Eamonn Walker and model and presenter Melanie Sykes.
3:00am	QI: Lenses (CC,Repeat,PG) Stephen Fry considers lenses, lungs, legs and other parts of the body beginning with L, with Jo Brand, Josh Widdicombe, Phill Jupitus and Alan Davies.
3:25am	ABC News Update (Repeat) The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:30am

Nigella's Cook, Eat, Repeat

(CC, Repeat, G)

Nigella delves into a historical cookbook with a recipe made from one of her favourite ingredients, shakes up a lemon blossom cocktail and creates a pasta dish of spaghetti with colourful chard and chilli.