

# ABC Entertains Program Guide Week 10

**Sunday, 1 March 2026**

|                |                                                                                                                                                                                                                                                                                     |
|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>4:00am</b>  | <b>The Next Step</b><br>(CC,Repeat,G)                                                                                                                                                                                                                                               |
| <b>4:50am</b>  | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                                              |
| <b>5:00am</b>  | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                                                                                                                                                                                          |
| <b>5:10am</b>  | <b>Hardball</b><br>(CC,Repeat,G)                                                                                                                                                                                                                                                    |
| <b>5:35am</b>  | <b>Planet Lulin</b><br>(CC,AD,Repeat,G)                                                                                                                                                                                                                                             |
| <b>6:00am</b>  | <b>Total DramaRama</b><br>(Repeat,G)                                                                                                                                                                                                                                                |
| <b>6:10am</b>  | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                                          |
| <b>6:20am</b>  | <b>Ninjago Dragons Rising</b><br>(Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                                          |
| <b>6:40am</b>  | <b>Transformers: EarthSpark</b><br>(CC,AD,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                                  |
| <b>7:00am</b>  | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                                                                                                                                                                                   |
| <b>7:15am</b>  | <b>Summer Camp Island</b><br>(G)                                                                                                                                                                                                                                                    |
| <b>7:25am</b>  | <b>100% Wolf: Legend Of The Moonstone</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                           |
| <b>7:45am</b>  | <b>Do Not Watch This Show</b><br>(CC,AD,Repeat,G)                                                                                                                                                                                                                                   |
| <b>8:00am</b>  | <b>Space Nova</b><br>(CC,AD,Repeat,G)                                                                                                                                                                                                                                               |
| <b>8:20am</b>  | <b>My Adventures With Superman</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                                                  |
| <b>8:45am</b>  | <b>Shaun The Sheep: Farmageddon</b><br>(CC,Repeat,G)                                                                                                                                                                                                                                |
| <b>10:05am</b> | <b>Malory Towers</b><br>(CC,AD,G)                                                                                                                                                                                                                                                   |
| <b>10:35am</b> | <b>A Kind Of Spark</b><br>(CC,AD,Repeat,G)                                                                                                                                                                                                                                          |
| <b>11:05am</b> | <b>Car S.O.S: Austin 7 Chummy</b><br>(CC,Repeat,PG)<br>Tim and Fuzz take on a 1924 Austin 7 Chummy - that doesn't belong to its owner! A teenage Christopher bought the Austin back in the early 1960s - it was his first car and he was devastated when he had to sell it in 1968. |

- 11:50am**      **Not Going Out: Stolen**  
(CC,Repeat,M,Sexual References)  
When their son's toy keyring goes missing, Lee and Lucy blame Anna and Toby's son Jack, who denies the theft. Lee takes it upon himself to retrieve the keyring with truly embarrassing results.
- 12:20pm**      **Movie: Unknown**  
(CC,2011,M,Sex Scenes, Violence)  
Dr Martin Harris awakens after a car accident in Berlin to discover that his wife suddenly doesn't recognise him, and another man has assumed his identity.
- 2:10pm**      **ER: Mars Attacks**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Benton pays the price for challenging Dr. Romano. Malucci insists on finding out the father of Chen's baby. An unfortunate incident at a science fiction convention makes the ER look like scenes from the movie 'Mars Attacks'.
- 3:05pm**      **A Bite To Eat With Alice: Ruva Ngwenya**  
(CC,Repeat,G)  
Musical theatre leading lady Ruva Ngwenya joins Alice and together they cook a tray bake in harmony. Alice creates a comforting, creamy pasta dish without the cream which is sure to strike the right chord with Ruva.
- 3:35pm**      **QI: Birds**  
(CC,Repeat,PG)  
Lining up to tackle the tricky questions on birds, bills and brothers are Alan Davies, Jo Brand, Rich Hall and Phil Kay.
- 4:05pm**      **Would I Lie To You?: Ben Fogle, Craig Revel Horwood, Kate Silverton & Hugh Dennis**  
(CC,Repeat,PG)  
David Mitchell is joined by Ben Fogle and Craig Revel Horwood, while Lee Mack is joined by Kate Silverton and Hugh Dennis.
- 4:40pm**      **MythBusters: Flu Fiction**  
(CC,Repeat,PG,Adult Themes)  
It's hankies at the ready as Adam and Jamie test the velocity and spread of a sneeze. Also, the theory that tornadoes can turn everyday items into lethal projectiles is put to the test.
- 5:30pm**      **Car S.O.S: Cannon Goldfinger**  
(CC,Repeat,PG)  
Car trialling involves taking specially adapted cars up steep, slippery hills and through thick, mud courses. The boys take on probably their most obscure car to date - a rare Cannon Goldfinger trials competition car. (Final)

- 6:15pm**      **Portrait Artist Of The Year UK: Trevor Nelson, Noel Clarke and Ashley Roberts**  
(CC,G)  
Nine artists are challenged to create a portrait of either DJ and presenter Trevor Nelson, Pussycat Doll Ashley Roberts and actor and director Noel Clarke. Judges are Kathleen Soriano, Tai Shan Schierenberg and Kate Bryan.
- 7:00pm**      **Spicks And Specks: Jade McCrae, Jonathan Biggins, Johnny Young & Colin Lane**  
(CC,Repeat,PG)  
Joining Adam, Myf and Alan tonight are Jade McCrae, Jonathan Biggins, Johnny Young and Colin Lane.
- 7:30pm**      **QI: Pathological**  
(CC,Repeat,PG)  
Regulars Sandi Toksvig and Alan Davies are joined by guests Ed Byrne, Rhod Gilbert and Sindu Vee to discuss everything Pathological.
- 8:00pm**      **Would I Lie To You?: Clare Balding, Asim Chaudhry, Victoria Coren Mitchell & Greg James**  
(CC,Repeat,PG)  
Rob Brydon, Lee Mack and David Mitchell are joined by Clare Balding, Asim Chaudhry, Victoria Coren Mitchell and Greg James.
- 8:30pm**      **The Piano UK**  
(CC,G)  
With the big concert looming, the hard work starts. Mika, Jon Batiste and Claudia help prepare the amateur pianists to perform. But have they taken too big a risk with the line-up?
- 9:20pm**      **Muster Dogs**  
(CC,AD,Repeat,PG)  
Mentors Mick Hudson, Joe Spicer and Joni Hall provide guidance to our trainers during their ten month assessments. With just months remaining, the competition intensifies as everyone strives to perfect their skills.
- 10:20pm**      **ER: Benton Backwards**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Luka reacts with deadly effect when he and Abby are attacked by a mugger while on a date. A shooting in the ER interrupts Carter's first day of treating trauma patients. Benton searches for a new job at a different hospital.
- 11:05pm**      **Offsiders**  
(CC,Repeat)  
Abbey Gelmi and the panel discuss the week in sport including the start of the Matildas campaign to win the Women's Asian Cup at home, plus the Men's T20 World Cup, the NRL Vegas Round and the countdown to AFL Opening Round.

- 11:35pm**      **Not Going Out: Stolen**  
(CC,Repeat,M,Sexual References)  
When their son's toy keyring goes missing, Lee and Lucy blame Anna and Toby's son Jack, who denies the theft. Lee takes it upon himself to retrieve the keyring with truly embarrassing results.
- 12:05am**      **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:10am**      **The North Water**  
(CC,AD,Repeat,MA,Coarse Language)  
A discovery by Sumner sends Drax into a murderous rage. Cavendish proves crucial in Baxter and Brownlee's plan. An arctic storm rages and threatens the safety of the ship's crew.
- 2:10am**      **The North Water**  
(CC,AD,Repeat,MA,Coarse Language, Violence)  
Drax has a daring opportunity to escape but must convince Cavendish to help him. Otto's vision coming to life, Sumner hunts a bear, but strays too far into icy oblivion.
- 3:05am**      **ABC News Update**  
(Repeat)  
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:10am**      **Portrait Artist Of The Year UK: Asa Butterfield, Micky Flanagan and Anjali Mohindra**  
(CC,Repeat,PG)  
Stephen Mangan and Joan Bakewell co-present Portrait Artist of the Year from The Grand Hall of Battersea Arts Centre in London, which is transformed into an art studio in a quest to find the best creative talent.

## Monday, 2 March 2026

|        |                                                                                                                                                 |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| 4:00am | <b>The Next Step</b><br>(CC,Repeat,G)                                                                                                           |
| 4:20am | <b>Operation Ouch!</b><br>(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)                                |
| 4:50am | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| 5:00am | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                                                      |
| 5:10am | <b>Hardball</b><br>(CC,Repeat,G)                                                                                                                |
| 5:35am | <b>Planet Lulin</b><br>(CC,AD,Repeat,G)                                                                                                         |
| 6:00am | <b>Total DramaRama</b><br>(Repeat,PG,Parental Guidance Recommended)                                                                             |
| 6:10am | <b>The Powerpuff Girls</b><br>(CC,Repeat,G)                                                                                                     |
| 6:25am | <b>My Little Pony: Friendship Is Magic</b><br>(CC,G)                                                                                            |
| 6:45am | <b>Super Happy Magic Forest</b><br>(CC,AD,Repeat,G)                                                                                             |
| 6:55am | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                                               |
| 7:10am | <b>Miraculous: Tales Of Ladybug And Cat Noir</b><br>(CC,Repeat,G)                                                                               |
| 7:30am | <b>Teen Titans Go!</b><br>(CC,PG,Parental Guidance Recommended)                                                                                 |
| 7:45am | <b>Teen Titans Go!</b><br>(CC,Repeat,G)                                                                                                         |
| 7:55am | <b>Iyanu</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                    |
| 8:15am | <b>TBA</b>                                                                                                                                      |
| 9:00am | <b>Andy's Wild Workouts</b><br>(CC,Repeat,G)                                                                                                    |
| 9:05am | <b>Numberblocks</b><br>(G)                                                                                                                      |
| 9:15am | <b>Odd Squad</b><br>(Repeat,G)                                                                                                                  |
| 9:25am | <b>Maddie's Do You Know?</b><br>(CC,Repeat,G)                                                                                                   |
| 9:30am | <b>Operation Ouch!</b><br>(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help) |

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|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10:05am</b> | <b>Bitesize Daily</b><br>(CC,Repeat,G)                                                                                                                                                                                                                    |
| <b>10:25am</b> | <b>My Five Cents</b><br>(CC,Repeat,G)                                                                                                                                                                                                                     |
| <b>10:25am</b> | <b>Teenage Boss: Next Level</b><br>(CC,AD,Repeat,G)                                                                                                                                                                                                       |
| <b>10:55am</b> | <b>Elevator Pitch</b><br>(Repeat,G)                                                                                                                                                                                                                       |
| <b>11:00am</b> | <b>Car S.O.S</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                        |
| <b>11:45am</b> | <b>Portrait Artist Of The Year UK</b><br>(CC,Repeat,G)                                                                                                                                                                                                    |
| <b>12:30pm</b> | <b>Not Going Out</b><br>(CC,Repeat,M,Sexual References)                                                                                                                                                                                                   |
| <b>1:00pm</b>  | <b>The Piano UK</b><br>(CC,Repeat,G)                                                                                                                                                                                                                      |
| <b>1:50pm</b>  | <b>ER</b><br>(CC,Repeat,M,Adult Themes, Medical Procedures)                                                                                                                                                                                               |
| <b>2:35pm</b>  | <b>A Bite To Eat With Alice</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>3:05pm</b>  | <b>QI</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                               |
| <b>3:35pm</b>  | <b>Would I Lie To You?</b><br>(CC,Repeat,PG)                                                                                                                                                                                                              |
| <b>4:05pm</b>  | <b>MythBusters</b><br>(CC,Repeat,PG,Adult Themes)                                                                                                                                                                                                         |
| <b>4:55pm</b>  | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                                         |
| <b>5:45pm</b>  | <b>Portrait Artist Of The Year UK</b><br>(CC,G)                                                                                                                                                                                                           |
| <b>6:30pm</b>  | <b>Richard Osman's House Of Games</b><br>(CC,Repeat,G)<br>Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.                |
| <b>7:00pm</b>  | <b>Spicks And Specks: Fiona O'Loughlin, Harry James Angus, Daryl Braithwaite &amp; Dave O'Neil</b><br>(CC,Repeat,G)<br>Joining Adam, Myf and Alan tonight are Fiona O'Loughlin, Daryl Braithwaite, Dave O'Neil and Harry James Angus from The Cat Empire. |
| <b>7:30pm</b>  | <b>QI: Levity</b><br>(CC,Repeat,PG)<br>Stephen Fry takes a light-hearted look at levity, levitation and lights with Josh Widdicombe, Sue Perkins, Frank Skinner and Alan Davies.                                                                          |

- 8:00pm**      **Would I Lie To You?: Gok Wan, Charles Dance, Isy Suttie & Stephen Mangan**  
(CC,Repeat,G)  
Lee Mack is joined by Gok Wan and Charles Dance and David Mitchell has Isy Suttie and Stephen Mangan on his team. As always, Rob Brydon is in the host's chair.
- 8:30pm**      **Penn And Teller: Fool Us: Brought to You by the Letter P**  
(CC,Repeat,PG)  
Magicians Jacob Schenstrom, Ondrej Psenicka, John Lewit and Chris Capeheart try to fool the veteran duo with their illusions.
- 9:15pm**      **Whose Line Is It Anyway?: Chris Lee**  
(CC,Repeat,M,Coarse Language)  
Aisha Tyler hosts another magnificent episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Greg Proops and celebrity guest Chris Lee.
- 9:35pm**      **Elementary: Risk Management**  
(CC,M,Violence)  
Sherlock agrees to take a case from a man claiming to be Moriarty, hoping it will bring him closer to finding his nemesis. Meanwhile, Gregson encourages Joan to give up the dangerous line of work she has chosen.
- 10:20pm**      **ER: Flight Of Fancy**  
(CC,Repeat,PG,Adult Themes, Medical Procedures)  
Mark's helicopter develops problems while on a rescue mission in a remote area of Indiana. Abby comforts Luka, who is plagued by the death of the mugger. Carter treats a teenage boy who is unaware that he is HIV positive.
- 11:05pm**      **Not Going Out: Pets**  
(CC,Repeat,M,Sexual References)  
To teach the children to be more responsible, Lee reluctantly agrees to them having a pet rabbit from a rescue centre, but instead they opt for an ugly hairless rat who turns out to be constipated and needs regular attention.
- 11:35pm**      **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am**      **Gavin And Stacey**  
(CC,Repeat,PG)  
Stacey is dejected she cannot find a job and Smithy breaks up with his girlfriend over Nessa's pregnancy. But the first scan of their baby is a reality check for him and Nessa.

- 1:05am**      **Gavin And Stacey**  
(CC,Repeat,M,Sexual References)  
Excitement among the Welsh and Essex clans about watching Mick on the telly fades when he is not the star they thought. Stacey is bored and sick of living with Gavin's parents and being out of a job.
- 1:35am**      **The North Water**  
(CC,AD,Repeat,MA,Adult Themes, Coarse Language, Violence)**Final**  
After healing in a missionary cabin, Sumner returns to Hull to demand money from Baxter to start a new life. Can he outrun his demons, and has he really seen the last of Henry Drax? (Final)
- 2:35am**      **QI: Spooky**  
(CC,Repeat,PG)  
Sandi Toksvig hosts a specially spooky episode of QI with David Mitchell, Richard Osman, Zoe Lyons and Alan Davies.
- 3:05am**      **If You're Listening: Is China's plan to invade Taiwan inevitable?**  
(CC,Repeat)  
Many of Taiwan's allies are concerned that Beijing may invade and force a reunification of China. Xi Jinping has said that while he won't rule out force, he'd prefer a peaceful reunification. But what exactly does that mean?
- 3:30am**      **ABC News Update**  
(Repeat)  
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am**      **Richard Osman's House Of Games**  
(CC,Repeat,G)  
Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

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| <b>4:50am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
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| <b>5:10am</b> | <b>Hardball</b><br>(CC,Repeat,G)                                                                                                                |
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| <b>6:00am</b> | <b>Total DramaRama</b><br>(Repeat,PG,Parental Guidance Recommended)                                                                             |
| <b>6:10am</b> | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                      |
| <b>6:25am</b> | <b>My Little Pony: Friendship Is Magic</b><br>(CC,G)                                                                                            |
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| <b>9:00am</b> | <b>Andy's Wild Workouts</b><br>(CC,Repeat,G)                                                                                                    |
| <b>9:05am</b> | <b>Numberblocks</b><br>(G)                                                                                                                      |
| <b>9:10am</b> | <b>Odd Squad</b><br>(Repeat,G)                                                                                                                  |
| <b>9:20am</b> | <b>Maddie's Do You Know?</b><br>(CC,Repeat,G)                                                                                                   |
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|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10:00am</b> | <b>BTN</b><br>(CC,AD)                                                                                                                                                                                                                       |
| <b>10:25am</b> | <b>Science Max! Experiments At Large</b><br>(CC,Repeat,PG,Parental Guidance Recommended,Some of these experiments can be dangerous. Do not try them without the help of an adult.)                                                          |
| <b>10:45am</b> | <b>Collisions</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                                                                                                           |
| <b>10:55am</b> | <b>BTN Newsbreak</b><br>(CC,Repeat)                                                                                                                                                                                                         |
| <b>11:00am</b> | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                           |
| <b>11:45am</b> | <b>Portrait Artist Of The Year UK</b><br>(CC,Repeat,G)                                                                                                                                                                                      |
| <b>12:35pm</b> | <b>Not Going Out</b><br>(CC,Repeat,PG)                                                                                                                                                                                                      |
| <b>1:05pm</b>  | <b>Elementary</b><br>(CC,Repeat,M,Violence)                                                                                                                                                                                                 |
| <b>1:50pm</b>  | <b>ER</b><br>(CC,Repeat,PG,Adult Themes, Medical Procedures)                                                                                                                                                                                |
| <b>2:35pm</b>  | <b>A Bite To Eat With Alice</b><br>(CC,Repeat,G)                                                                                                                                                                                            |
| <b>3:05pm</b>  | <b>QI</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                 |
| <b>3:35pm</b>  | <b>Would I Lie To You?</b><br>(CC,Repeat,PG)                                                                                                                                                                                                |
| <b>4:05pm</b>  | <b>MythBusters</b><br>(CC,Repeat,PG,Adult Themes)                                                                                                                                                                                           |
| <b>4:55pm</b>  | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                           |
| <b>5:45pm</b>  | <b>Portrait Artist Of The Year UK</b><br>(CC,G)                                                                                                                                                                                             |
| <b>6:30pm</b>  | <b>Richard Osman's House Of Games</b><br>(CC,Repeat,PG)<br>Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills. |
| <b>7:00pm</b>  | <b>Spicks And Specks: Geraldine Turner, Pete Smith, Stu McLeod &amp; Dave O'Neil</b><br>(CC,Repeat,PG)<br>Joining Adam, Myf and Alan tonight are Geraldine Turner, Pete Smith, Dave O'Neil and Stu McLeod from Eskimo Joe.                  |
| <b>7:30pm</b>  | <b>QI: M-Places</b><br>(CC,Repeat,PG)<br>Stephen Fry presents the quiz show with a difference. Tonight's guests are David Mitchell, Sami Shah and Sue Perkins, joining regular panellist Alan Davies.                                       |

- 8:00pm**      **Would I Lie To You?: John Bishop, Joanna Page, Chris Addison & Patsy Palmer**  
(CC,Repeat,PG)  
David Mitchell is joined by John Bishop and Joanna Page, while Lee Mack is joined by Chris Addison and Patsy Palmer.
- 8:30pm**      **Fisk: Red Wine and Evanescence**  
(CC,AD,Repeat,M,Coarse Language)  
Ray has an announcement and Helen is busier than ever. But when the Gruber siblings begin to unravel, she finds herself managing their emotional problems.
- 9:00pm**      **Dog Park: Goodbye Good Boy**  
(CC,AD,Repeat,M,Coarse Language)  
When Penny announces Farty Marty has to be put down, Roland and the Divas do their best to make his last day a special one.
- 9:30pm**      **Elementary: The Woman**  
(CC,M,Violence)  
As Sherlock reels at the reappearance of his former lover, Irene Adler, a series of flashbacks unravel the tumultuous events that led to his downfall into addiction.
- 10:15pm**     **ER: The Visit**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Abby deals with a visit from her estranged mother, who isn't taking her meds. Benton's nephew dies from a gunshot wound. Chen decides that she will give her baby up for adoption, and Elizabeth makes a poor surgical decision.
- 11:00pm**     **Not Going Out: Pants on Fire**  
(CC,Repeat,PG)  
Lee and Lucy are invited to dinner by Anna and Toby, but Lee is desperate to watch a Norwegian crime series on TV and opens up a can of worms when he gets Lucy to lie that their daughter Molly is ill and they can't make it.
- 11:30pm**     **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:30am**     **Breeders: No Connection**  
(CC,AD,Repeat,M,Coarse Language)  
Paul fears his culturally fragmented family have lost a vital connection. Gentrification impacts Jim and Jackie as the last of their old neighbours move out and more young professionals move in.

- 12:55am Breeders: No Faith**  
(CC,AD,Repeat,M,Coarse Language)  
As a sudden death impacts the older generation of the Worsley family, Ava struggles to keep a profound secret from Paul, and Ally finds it equally difficult to hide her true feelings from Luke.
- 1:20am MythBusters: The Search: Fast And Furious Ejector Seat**  
(CC,Repeat,PG,Adult Themes)  
Ten hopeful hosts begin their quest by testing two tall tales: the Fast & Furious sideways ejector seat and the most infamous football fable of all-time, Deflategate.
- 2:05am MythBusters: The Search: Painting with Explosives Revisited**  
(CC,Repeat,PG,Adult Themes)  
Nine hopeful hosts compete to become the next generation of MythBusters testing if you can paint with explosives, and if alcohol makes you more creative?
- 2:55am QI: United**  
(CC,Repeat,PG)  
Sandi Toksvig's guests are all in it together for this United episode of QI with: Nabil Abdulrashid, Bill Bailey, Victoria Coren Mitchell, and Alan Davies.
- 3:30am ABC News Update**  
(Repeat)  
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:35am Richard Osman's House Of Games**  
(CC,Repeat,PG)  
Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

## Wednesday, 4 March 2026

|         |                                                                                                                                                 |
|---------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| 4:00am  | <b>The Next Step</b><br>(CC,Repeat,G)                                                                                                           |
| 4:20am  | <b>Operation Ouch!</b><br>(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help) |
| 4:50am  | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| 5:00am  | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                                                      |
| 5:10am  | <b>Hardball</b><br>(CC,Repeat,G)                                                                                                                |
| 5:35am  | <b>Planet Lulin</b><br>(CC,AD,Repeat,G)                                                                                                         |
| 6:00am  | <b>Total DramaRama</b><br>(Repeat,G)                                                                                                            |
| 6:10am  | <b>The Powerpuff Girls</b><br>(CC,Repeat,G)                                                                                                     |
| 6:25am  | <b>My Little Pony: Friendship Is Magic</b><br>(CC,G)                                                                                            |
| 6:45am  | <b>Super Happy Magic Forest</b><br>(CC,AD,Repeat,G)                                                                                             |
| 6:55am  | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                                               |
| 7:10am  | <b>Miraculous: Tales Of Ladybug And Cat Noir</b><br>(CC,Repeat,G)                                                                               |
| 7:30am  | <b>Teen Titans Go!</b><br>(CC,PG,Parental Guidance Recommended)                                                                                 |
| 7:45am  | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| 7:55am  | <b>Iyanu</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                    |
| 8:15am  | <b>TBA</b>                                                                                                                                      |
| 9:00am  | <b>Andy's Wild Workouts</b><br>(CC,Repeat,G)                                                                                                    |
| 9:05am  | <b>Numberblocks</b><br>(G)                                                                                                                      |
| 9:10am  | <b>Odd Squad</b><br>(Repeat,G)                                                                                                                  |
| 9:25am  | <b>Maddie's Do You Know?</b><br>(CC,Repeat,G)                                                                                                   |
| 9:30am  | <b>Operation Ouch!</b><br>(CC,Repeat,PG)                                                                                                        |
| 10:00am | <b>Horrible Science</b><br>(CC,AD,G)                                                                                                            |

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|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10:25am</b> | <b>Show Me The Honey!</b><br>(CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)                                                                                      |
| <b>10:55am</b> | <b>BTN Newsbreak</b><br>(CC,Repeat)                                                                                                                                                                                                        |
| <b>11:05am</b> | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>11:50am</b> | <b>Portrait Artist Of The Year UK</b><br>(CC,Repeat,G)                                                                                                                                                                                     |
| <b>12:35pm</b> | <b>Not Going Out</b><br>(CC,Repeat,PG)                                                                                                                                                                                                     |
| <b>1:05pm</b>  | <b>Elementary</b><br>(CC,Repeat,M,Violence)                                                                                                                                                                                                |
| <b>1:50pm</b>  | <b>ER</b><br>(CC,Repeat,M,Adult Themes, Medical Procedures)                                                                                                                                                                                |
| <b>2:35pm</b>  | <b>A Bite To Eat With Alice</b><br>(CC,Repeat,G)                                                                                                                                                                                           |
| <b>3:05pm</b>  | <b>QI</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                |
| <b>3:35pm</b>  | <b>Would I Lie To You?</b><br>(CC,Repeat,PG)                                                                                                                                                                                               |
| <b>4:05pm</b>  | <b>MythBusters</b><br>(CC,Repeat,PG,Adult Themes)                                                                                                                                                                                          |
| <b>4:55pm</b>  | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>5:45pm</b>  | <b>Portrait Artist Of The Year UK</b><br>(CC,G)                                                                                                                                                                                            |
| <b>6:30pm</b>  | <b>Richard Osman's House Of Games</b><br>(CC,Repeat,G)<br>Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills. |
| <b>7:00pm</b>  | <b>Spicks And Specks: Jenny Morris, Murray Cook, Simon Tedeschi &amp; Hamish Blake</b><br>(CC,Repeat,PG)<br>Joining Adam, Myf and Alan tonight are Jenny Morris, Murray Cook from The Wiggles, Simon Tedeschi and Hamish Blake.            |
| <b>7:30pm</b>  | <b>QI: 'S' Animals</b><br>(CC,Repeat,M,Sexual References)<br>Join Sandi Toksvig, Alan Davies, Cally Beaton, Jamali Maddix and Josh Widdicombe for a look at animals which begin with the letter S.                                         |

- 8:00pm**      **Would I Lie To You?: Clare Balding, Rhod Gilbert, Nick Grimshaw & Rob Delaney**  
(CC,Repeat,PG)  
Rob Brydon hosts the award-winning comedy panel show with David Mitchell and Lee Mack as the lightning-quick team captains. Tonight's guests are Clare Balding, Rhod Gilbert, Nick Grimshaw and Rob Delaney.
- 8:30pm**      **Death In Paradise**  
(CC,AD,Repeat,PG)  
The team investigate the murder of a renowned calypso singer's husband. Meanwhile, Neville struggles with Sophie's revelations and contemplates his future in Saint Marie. (Final)
- 9:30pm**      **Elementary: Heroine**  
(CC,M,Drug References, Violence)  
Sherlock and Joan once again find themselves in the crosshairs of the enigmatic Moriarty. (Final)
- 10:15pm**     **ER: Rescue Me**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Mark learns he has a brain tumour, just as Elizabeth reveals that she is pregnant. Carter tries to find a drug addict who has left the hospital. Abby brings her mother home for Thanksgiving. An explosion rocks Exam Room 3.
- 11:00pm**     **Not Going Out: Lollipop Man**  
(CC,Repeat,PG)  
Lucy finds that Fred the school lollipop man has been giving the children actual lollipops, so she puts the family on a healthy eating kick (much to Lee's disdain) and complains anonymously to council about Fred's actions.
- 11:30pm**     **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:30am**     **Movie: The Pianist**  
(CC,AD,Repeat,2002,MA,Adult Themes, Violence)  
During WWII, pianist and composer Wladyslaw Szpilman becomes separated from his family. As the situation worsens, he must hide in the ruins of Warsaw and put his trust in a sympathetic German officer in order to survive.
- 2:55am**      **QI: Levity**  
(CC,Repeat,PG)  
Stephen Fry takes a light-hearted look at levity, levitation and lights with Josh Widdicombe, Sue Perkins, Frank Skinner and Alan Davies.

**3:25am**

**ABC News Update**

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

**3:30am**

**Richard Osman's House Of Games**

(CC,Repeat,G)

Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

|               |                                                                                                                                                 |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>4:00am</b> | <b>The Next Step</b><br>(CC,Repeat,G)                                                                                                           |
| <b>4:20am</b> | <b>Operation Ouch!</b><br>(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help) |
| <b>4:50am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| <b>5:00am</b> | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                                                      |
| <b>5:10am</b> | <b>Hardball</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                 |
| <b>5:35am</b> | <b>Planet Lulin</b><br>(CC,AD,Repeat,G)                                                                                                         |
| <b>6:00am</b> | <b>Total DramaRama</b><br>(Repeat,G)                                                                                                            |
| <b>6:10am</b> | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                      |
| <b>6:25am</b> | <b>My Little Pony: Friendship Is Magic</b><br>(CC,G)                                                                                            |
| <b>6:45am</b> | <b>Super Happy Magic Forest</b><br>(CC,AD,Repeat,G)                                                                                             |
| <b>7:00am</b> | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                                               |
| <b>7:10am</b> | <b>Miraculous: Tales Of Ladybug And Cat Noir</b><br>(CC,Repeat,G)                                                                               |
| <b>7:35am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,G)                                                                                                         |
| <b>7:45am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| <b>7:55am</b> | <b>Iyanu</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                    |
| <b>8:15am</b> | <b>TBA</b>                                                                                                                                      |
| <b>9:00am</b> | <b>Andy's Wild Workouts</b><br>(CC,Repeat,G)                                                                                                    |
| <b>9:05am</b> | <b>Wonderblocks</b><br>(G)                                                                                                                      |
| <b>9:10am</b> | <b>Gardening Australia Junior</b><br>(CC,AD,Repeat,G)                                                                                           |
| <b>9:25am</b> | <b>Australia's Extinct Megafauna</b><br>(CC,Repeat,G)                                                                                           |
| <b>9:30am</b> | <b>History Hunters</b><br>(CC,Repeat,G)                                                                                                         |
| <b>9:55am</b> | <b>Horrible Histories</b><br>(CC,PG,Parental Guidance Recommended)                                                                              |

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|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10:20am</b> | <b>BTN</b><br>(CC,AD,Repeat)                                                                                                                                                                                                               |
| <b>10:45am</b> | <b>The Ancient To Modern World</b><br>(Repeat,PG,Parental Guidance Recommended)                                                                                                                                                            |
| <b>10:50am</b> | <b>Expansion In The Modern World</b><br>(CC,Repeat,G)                                                                                                                                                                                      |
| <b>10:55am</b> | <b>BTN Newsbreak</b><br>(CC,Repeat)                                                                                                                                                                                                        |
| <b>11:00am</b> | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>11:50am</b> | <b>Portrait Artist Of The Year UK</b><br>(CC,Repeat,G)                                                                                                                                                                                     |
| <b>12:35pm</b> | <b>Not Going Out</b><br>(CC,Repeat,M,Sexual References)                                                                                                                                                                                    |
| <b>1:05pm</b>  | <b>Elementary</b><br>(CC,Repeat,M,Drug References, Violence)                                                                                                                                                                               |
| <b>1:50pm</b>  | <b>ER</b><br>(CC,Repeat,M,Adult Themes, Medical Procedures)                                                                                                                                                                                |
| <b>2:35pm</b>  | <b>A Bite To Eat With Alice</b><br>(CC,Repeat,G)                                                                                                                                                                                           |
| <b>3:05pm</b>  | <b>QI</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                |
| <b>3:35pm</b>  | <b>Would I Lie To You?</b><br>(CC,Repeat,PG)                                                                                                                                                                                               |
| <b>4:05pm</b>  | <b>MythBusters</b><br>(CC,Repeat,PG,Adult Themes)                                                                                                                                                                                          |
| <b>4:55pm</b>  | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>5:45pm</b>  | <b>Portrait Artist Of The Year UK</b><br>(CC,G)                                                                                                                                                                                            |
| <b>6:30pm</b>  | <b>Richard Osman's House Of Games</b><br>(CC,Repeat,G)<br>Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills. |
| <b>7:00pm</b>  | <b>Spicks And Specks: Russell Morris, Scott Edgar, Todd McKenney &amp; Meshel Laurie</b><br>(CC,Repeat,PG)<br>Joining Adam, Myf and Alan are Russell Morris, Scott Edgar, Todd McKenney and Meshel Laurie.                                 |
| <b>7:30pm</b>  | <b>QI: Unsavoury</b><br>(CC,Repeat,M,Coarse Language)<br>Join Sandi Toksvig for a thoroughly Unsavoury episode of QI with Gyles Brandreth, Judi Love, Kiri Pritchard-McClean, and Alan Davies.                                             |

- 8:00pm**      **Would I Lie To You?: Olivia Colman, Aston Merrygold, Jon Richardson & Michaela Strachan**  
(CC,Repeat,PG)  
Joining team captains Lee Mack and David Mitchell are "The Crown" actress Olivia Colman, singer Aston Merrygold, comedian Jon Richardson and TV presenter Michaela Strachan.
- 8:30pm**      **Tonight At The Museum**  
(CC,Repeat)  
The museum is closed... but Alex Lee is just getting started, joined by Alan Davies, Tegan Higginbotham, Zoe Coombs Marr and Brett Blake.
- 9:00pm**      **Gruen**  
(CC,Repeat,PG)  
Twisties wants you to vote in a cheesy by-election, Virgin's TikToks are making you late and LG launches a knock knock fridge. Wil is joined by Camey O'Keefe, Christina Aventi, Jasmin Bedir and Russel Howcroft.
- 9:40pm**      **The Weekly With Charlie Pickering**  
(CC,Repeat)  
The news has never been more of a mess, but one man loves it more than any other. Charlie Pickering is back to helm the 12th season of The Weekly - the best, and only, satirical news show on the ABC.
- 10:10pm**      **Planet America**  
(CC,Repeat)  
Trump's presidency steamrolls into its second year and a deeply divided America celebrates its 250th birthday. US voters will go to the polls for the midterm elections - will Republicans hold on to their majority in Congress?
- 10:40pm**      **ER: The Dance We Do**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Maggie's emotional instability worsens and she flees the hospital. Elizabeth lies under oath to save herself during a malpractice suit deposition. Mark is told his tumour is inoperable and he only has eight weeks to live.
- 11:25pm**      **Not Going Out: Bust Up**  
(CC,Repeat,M,Sexual References)  
Lucy expresses her unhappiness with her sagging breasts. Encouraged by Anna, Lucy considers breast augmentation, hoping it will restore the femininity she felt when younger.

- 11:55pm**      **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:00am**      **Mayfair Witches: Cover the Mirrors**  
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Violence)  
Rowan desperately partners with Cortland to try to stop Lasher. Moira assists Sip in capturing him.
- 1:40am**      **Mayfair Witches: Double Helix**  
(CC,AD,Repeat,M,Coarse Language)  
Rowan must find Lasher in order to right her wrongs. But even Sip doesn't know where Lasher is.
- 2:25am**      **QI: Volatile**  
(CC,Repeat,PG)  
Join Sandi Toksvig for a Volatile episode of QI with Aisling Bea, Mark Watson, Michelle Wolf, and Alan Davies.
- 2:55am**      **QI: Kings**  
(CC,Repeat,M,Coarse Language)  
QI Master Stephen Fry is joined by guest panellists Alan Davies, Bill Bailey, Jimmy Carr and Jeremy Clarkson as they consider the subject of kings.
- 3:25am**      **ABC News Update**  
(Repeat)  
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am**      **Richard Osman's House Of Games**  
(CC,Repeat,G)  
Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

## Friday, 6 March 2026

|        |                                                                                                                                                 |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| 4:00am | <b>The Next Step</b><br>(CC,Repeat,G)                                                                                                           |
| 4:20am | <b>Operation Ouch!</b><br>(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help) |
| 4:50am | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                                                      |
| 5:00am | <b>Hardball</b><br>(CC,Repeat,G)                                                                                                                |
| 5:25am | <b>Planet Lulin</b><br>(CC,AD,Repeat,G)                                                                                                         |
| 5:50am | <b>Shaun The Sheep</b><br>(AD,Repeat,G)                                                                                                         |
| 6:00am | <b>Total DramaRama</b><br>(Repeat,G)                                                                                                            |
| 6:10am | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                      |
| 6:25am | <b>My Little Pony: Friendship Is Magic</b><br>(CC,G)                                                                                            |
| 6:45am | <b>Super Happy Magic Forest</b><br>(CC,AD,Repeat,G)                                                                                             |
| 7:00am | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                                               |
| 7:10am | <b>Miraculous: Tales Of Ladybug And Cat Noir</b><br>(CC,Repeat,G)                                                                               |
| 7:30am | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| 7:45am | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                          |
| 7:55am | <b>Iyanu</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                                                                    |
| 8:15am | <b>TBA</b>                                                                                                                                      |
| 9:00am | <b>Andy's Wild Workouts</b><br>(CC,Repeat,G)                                                                                                    |
| 9:05am | <b>Wonderblocks</b><br>(G)                                                                                                                      |
| 9:10am | <b>Alphablocks</b><br>(Repeat,G)                                                                                                                |
| 9:15am | <b>Stories From Magic Beach</b><br>(CC,AD,Repeat,G)                                                                                             |
| 9:25am | <b>Bitesize Daily</b><br>(CC,Repeat,G)                                                                                                          |
| 9:45am | <b>Elements Of Art</b><br>(CC,Repeat,G)                                                                                                         |

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|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>9:45am</b>  | <b>Portrait Artist Of The Year: Education Shorts</b><br>(CC,G)                                                                                                                                                                             |
| <b>9:55am</b>  | <b>Shaun Tan's Tales from Outer Suburbia</b><br>(CC,AD,Repeat,G)                                                                                                                                                                           |
| <b>10:15am</b> | <b>Bringing Books to Life</b><br>(CC,Repeat,G)                                                                                                                                                                                             |
| <b>10:25am</b> | <b>Move It Mob Style</b><br>(CC,Repeat,G)                                                                                                                                                                                                  |
| <b>10:45am</b> | <b>Let's Dance</b><br>(Repeat,G)                                                                                                                                                                                                           |
| <b>10:55am</b> | <b>BTN Newsbreak</b><br>(CC,Repeat)                                                                                                                                                                                                        |
| <b>11:00am</b> | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>11:45am</b> | <b>Portrait Artist Of The Year UK</b><br>(CC,Repeat,G)                                                                                                                                                                                     |
| <b>12:30pm</b> | <b>Not Going Out</b><br>(CC,Repeat,PG)                                                                                                                                                                                                     |
| <b>1:00pm</b>  | <b>Death In Paradise</b><br>(CC,AD,Repeat,PG)                                                                                                                                                                                              |
| <b>2:00pm</b>  | <b>ER</b><br>(CC,Repeat,M,Adult Themes, Medical Procedures)                                                                                                                                                                                |
| <b>2:45pm</b>  | <b>You Can't Ask That</b><br>(Repeat,PG)                                                                                                                                                                                                   |
| <b>3:05pm</b>  | <b>QI</b><br>(CC,Repeat,PG)                                                                                                                                                                                                                |
| <b>3:35pm</b>  | <b>Would I Lie To You?</b><br>(CC,Repeat,PG)                                                                                                                                                                                               |
| <b>4:05pm</b>  | <b>MythBusters</b><br>(CC,Repeat,PG,Adult Themes)                                                                                                                                                                                          |
| <b>4:55pm</b>  | <b>Car S.O.S</b><br>(CC,Repeat,G)                                                                                                                                                                                                          |
| <b>5:45pm</b>  | <b>Portrait Artist Of The Year UK</b><br>(CC,G)                                                                                                                                                                                            |
| <b>6:30pm</b>  | <b>Richard Osman's House Of Games</b><br>(CC,Repeat,G)<br>Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills. |
| <b>7:00pm</b>  | <b>Spicks And Specks: Clare Bowditch, Adam Rozenbachs, Glenn Shorrock &amp; Hamish Blake</b><br>(CC,Repeat,PG)<br>Joining Adam, Myf and Alan tonight are Clare Bowditch, Adam Rozenbachs, Glenn Shorrock and Hamish Blake.                 |

- 7:30pm**      **QI: Killers**  
(CC,Repeat,M,Coarse Language, Sexual References)  
QI Master Stephen Fry presents a killer edition of the quiz about quite interesting facts. Guest panellists include Alan Davies, Jason Manford, Trevor Noah and Sandi Toksvig.
- 8:00pm**      **Would I Lie To You?: Miles Jupp, Heston Blumenthal, Emilia Fox & Ed Byrne**  
(CC,Repeat,PG)  
Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This week's guest panellists are Miles Jupp, Heston Blumenthal, Emilia Fox and Ed Byrne.
- 8:30pm**      **Movie: The Perfect Storm**  
(CC,2000,M,Adult Themes, Coarse Language)  
A veteran skipper of a fishing boat is on a collision course with fate in this best selling book based on a true story.
- 10:40pm**      **ER: The Greatest of Gifts**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Chen has second thoughts about giving her baby up for adoption. Mark and Elizabeth consult a brain specialist who believes the tumour can be safely removed. Benton comforts a little girl who is feeling used by her parents.
- 11:25pm**      **Not Going Out: Ding Dong Merrily on Live**  
(CC,Repeat,PG)  
Roped into organising a Christmas variety show to raise money for their children's school, Lee and Lucy find quality acts thin on the ground. Will Toby and Anna help out? What could possibly go wrong? (Final)
- 11:55pm**      **triple j's Like A Version**  
triple j's legendary Like A Version segment hosts the greatest local and international acts, performing a cover of a song they love, and one of their own.
- 12:00am**      **rage**  
(CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:05am**      **triple j Live at the Wireless: 3%**  
(CC,Repeat,MA,Coarse Language)Final  
triple j's best new music concerts will keep the live music going all summer long and beyond. Hosted by triple j's brilliant presenters - you don't need to get to the gig, the gig is coming to you.

- 1:45am**      **QI: Pathological**  
(CC,Repeat,PG)  
Regulars Sandi Toksvig and Alan Davies are joined by guests Ed Byrne, Rhod Gilbert and Sindu Vee to discuss everything Pathological.
- 2:15am**      **Whose Line Is It Anyway?: Chris Lee**  
(CC,Repeat,M,Coarse Language)  
Aisha Tyler hosts another magnificent episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Greg Proops and celebrity guest Chris Lee.
- 2:40am**      **Penn And Teller: Fool Us: Brought to You by the Letter P**  
(CC,Repeat,PG)  
Magicians Jacob Schenstrom, Ondrej Psenicka, John Lewit and Chris Capeheart try to fool the veteran duo with their illusions.
- 3:20am**      **ABC News Update**  
(Repeat)  
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:25am**      **Richard Osman's House Of Games**  
(CC,Repeat,G)  
Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

|               |                                                                                                                  |
|---------------|------------------------------------------------------------------------------------------------------------------|
| <b>4:00am</b> | <b>The Next Step</b><br>(CC,Repeat,G)                                                                            |
| <b>4:20am</b> | <b>Operation Ouch!</b><br>(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help) |
| <b>4:50am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                           |
| <b>5:00am</b> | <b>The Strange Chores</b><br>(CC,Repeat,G)                                                                       |
| <b>5:10am</b> | <b>Hardball</b><br>(CC,Repeat,G)                                                                                 |
| <b>5:35am</b> | <b>Spooky Files</b><br>(CC,AD,Repeat,G)                                                                          |
| <b>6:00am</b> | <b>Shaun The Sheep</b><br>(AD,Repeat,G)                                                                          |
| <b>6:05am</b> | <b>Total DramaRama</b><br>(Repeat,G)                                                                             |
| <b>6:15am</b> | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                       |
| <b>6:30am</b> | <b>The Powerpuff Girls</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                       |
| <b>6:40am</b> | <b>Ninjago Dragons Rising</b><br>(Repeat,PG,Parental Guidance Recommended)                                       |
| <b>7:00am</b> | <b>Transformers: EarthSpark</b><br>(CC,AD,Repeat,PG,Parental Guidance Recommended)                               |
| <b>7:25am</b> | <b>The Amazing World Of Gumball</b><br>(Repeat,G)                                                                |
| <b>7:35am</b> | <b>Summer Camp Island</b><br>(PG,Parental Guidance Recommended)                                                  |
| <b>7:45am</b> | <b>100% Wolf: Legend Of The Moonstone</b><br>(CC,Repeat,G)                                                       |
| <b>8:10am</b> | <b>Badjelly</b><br>(CC,AD,Repeat,G)                                                                              |
| <b>8:30am</b> | <b>Shaun Tan's Tales from Outer Suburbia</b><br>(CC,AD,Repeat,G)                                                 |
| <b>8:55am</b> | <b>GG: Spawn Squad</b><br>(CC,Repeat,G,This program may contain reviews of games that have PG material.)         |
| <b>9:10am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                           |
| <b>9:25am</b> | <b>Teen Titans Go!</b><br>(CC,Repeat,PG,Parental Guidance Recommended)                                           |
| <b>9:35am</b> | <b>Mechamoto</b><br>(CC,Repeat,G)                                                                                |
| <b>9:55am</b> | <b>Ninjago Dragons Rising</b><br>(Repeat,PG,Parental Guidance Recommended)                                       |

- 10:20am**      **Pokemon: Ruby And Sapphire**  
(CC,G)
- 10:40am**      **Pokemon: Ruby And Sapphire**  
(CC,G)
- 11:05am**      **Car S.O.S: Jensen Interceptor**  
(CC,Repeat,G)  
Tim and Fuzz are off to Hampshire to take on a classic British Muscle Car: a 1969 Mark I Jensen Interceptor. Owner Nick cherished his dream car until he got extreme arthritis and could no longer keep the car on the road.
- 11:50am**      **Not Going Out: Parachute**  
(CC,Repeat,PG)  
Toby organises a sponsored parachute jump to raise money for a Children's Ward in his hospital. Lee, Lucy, Anna and the grandparents all agree to take part, but once airborne will everyone pluck up the courage to jump?
- 12:20pm**      **Movie: The Post**  
(CC,AD,Repeat,2017,M,Coarse Language)  
A thrilling drama about the unlikely partnership between the first female publisher of The Washington Post, and its driven editor as they race to catch up with The New York Times to expose a massive government cover-up.
- 2:15pm**        **ER: The Greatest of Gifts**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Chen has second thoughts about giving her baby up for adoption. Mark and Elizabeth consult a brain specialist who believes the tumour can be safely removed. Benton comforts a little girl who is feeling used by her parents.
- 3:00pm**        **Nigella's Cook, Eat, Repeat**  
(CC,Repeat,G)  
Nigella shows us to how make her go-to celebratory cake a chocolate peanut butter layered creation that is her children's cake of dreams, dark, damp and divinely chocolatey.
- 3:30pm**        **QI: Aquatic Animals**  
(CC,Repeat,PG)  
Lining up to tackle the tricky questions on this episode are Clive Anderson, Bill Bailey, Alan Davies, Meera Syal.
- 4:05pm**        **Would I Lie To You?: Gok Wan, Charles Dance, Isy Suttie & Stephen Mangan**  
(CC,Repeat,G)  
Lee Mack is joined by Gok Wan and Charles Dance and David Mitchell has Isy Suttie and Stephen Mangan on his team. As always, Rob Brydon is in the host's chair.

- 4:35pm**      **MythBusters: Tablecloth Chaos**  
(CC,Repeat,PG,Adult Themes)  
Is it possible to whip a tablecloth off a 24-foot table using a motorbike, leaving the glasses and plates in place? Adam and Jamie rev up to find out.
- 5:30pm**      **Car S.O.S: Rolls Royce 1929 Doctor's Coupe**  
(CC,Repeat,G)  
Tim and Fuzz take on the embodiment of a once luxurious era: a 1929 Rolls Royce Doctor's Coupe. Handed down to mother of five, Emily, she didn't know what to do with this leviathan and it ended up rotting away in her garage.
- 6:15pm**      **Portrait Artist Of The Year UK: Deborah Findlay, Wunmi Mosaku and Omid Djalili**  
(CC,G)  
Nine artists are challenged to create a portrait of either actors Deborah Findlay, Wunmi Mosaku or actor and comedian Omid Djalili. Artists will need to impress judges Kathleen Soriano, Tai Shan Schierenberg and Kate Bryan.
- 7:00pm**      **Spicks And Specks: Debra Byrne, Andy Lee, David Hirschfelder & Frank Woodley**  
(CC,Repeat,PG)  
Joining Adam, Myf and Alan tonight are Debra Byrne, Andy Lee, David Hirschfelder & Frank Woodley.
- 7:30pm**      **QI: Visionaries**  
(CC,Repeat,M,Coarse Language)  
Join Sandi Toksvig for a QI look at some Visionaries with Cally Beaton, Nish Kumar, Laura Smyth, and Alan Davies.
- 8:00pm**      **Would I Lie To You?: Fern Britton, Reginald D Hunter, Ken Livingstone & Stephen Mangan**  
(CC,Repeat,PG)  
Fern Britton, Stephen Mangan, Ken Livingstone and Reginald D Hunter join team captains David Mitchell and Lee Mack to hoodwink their opponents with absurd facts and plausible lies about themselves.
- 8:30pm**      **Richard Osman's House Of Games Night**  
(CC,G)  
Ed Balls, Janette Manrara, Steph McGovern and Ben Miller test their general knowledge skills on Richard Osman's House of Games Night.
- 9:00pm**      **Luka Muller: 5 Top Smells I Smelled Before**  
(CC,MA,Coarse Language)  
Luka is trying to go on his phone less so decided to write a comedy show about his favourite smells. Laugh at his jokes and please, smell his smells. Yes the audience was given a scratch and sniff card with the show.

- 10:05pm**      **Gavin And Stacey**  
(CC,Repeat,PG)  
Gavin and Stacey fight over where they should live, with Gavin not even considering Barry, and Bryn is panicking over a surprise birthday party he is planning for Gwen.
- 10:30pm**      **Gavin And Stacey**  
(CC,Repeat,M,Coarse Language)  
Gavin and Stacey are still living apart after falling out at Gwen's surprise birthday party, and Smithy organises some relationship therapy.
- 11:00pm**      **ER: Piece Of Mind**  
(CC,Repeat,M,Adult Themes, Medical Procedures)  
Mark undergoes experimental brain surgery in New York with Elizabeth by his side. A father injured in a car crash is more worried about his son's health than his own. The gang members who killed Benton's nephew are sentenced.
- 11:45pm**      **rage**  
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)  
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:50am**      **Movie: Chef**  
(CC,AD,Repeat,2014,M,Coarse Language)  
After Chef Carl Casper quits his job at a restaurant, he finds himself launching a food truck. Taking to the road, Chef Carl goes back to his roots to reignite his passion for the kitchen - and zest for life and love.
- 2:40am**      **Portrait Artist Of The Year UK: Deborah Findlay, Wunmi Mosaku and Omid Djalili**  
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