

ABC Entertains Program Guide Week 6

Sunday, 1 February 2026

4:00am	The Next Step (Repeat,G)
4:20am	Popularity Papers (CC,Repeat,G)
4:40am	The Inbestigators (CC,Repeat,G)
5:00am	The Inbestigators (CC,Repeat,G)
5:10am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:25am	Horrible Histories Special (CC,Repeat,PG,Parental Guidance Recommended)
6:00am	Total DramaRama (Repeat,PG,Parental Guidance Recommended)
6:10am	The Powerpuff Girls (Repeat,G)
6:20am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:45am	Mystery Lane (CC,Repeat,PG,Parental Guidance Recommended)
7:05am	The Amazing World Of Gumball (Repeat)
7:15am	The Amazing World Of Gumball (Repeat)
7:30am	Do Not Watch This Show (CC,AD,Repeat,G)
7:40am	Space Nova (CC,AD,Repeat,G)
8:05am	My Adventures With Superman (CC,Repeat,PG,Parental Guidance Recommended)
8:25am	Pokemon Detective Pikachu (Repeat,PG,Parental Guidance Recommended)
10:10am	Malory Towers (CC,AD,G)
10:35am	A Kind Of Spark (CC,AD,Repeat,G)
11:05am	Car S.O.S: Mazda RX-7 (CC,Repeat,PG) Tim and Fuzz restore a Japanese sports car with an innovative, unusual rotary engine: a 1992 Mazda RX-7. Charity worker Conor's beloved sporty import has been standing idle and has fallen into disrepair... until now! (Final)

- 11:50am** **Not Going Out: Conference**
(CC,Repeat,PG,Sexual References)
Lee goes to extreme lengths to stop Lucy from flirting with the male delegates at a three-day Annual Trade Conference in order to get herself work.
- 12:20pm** **Movie: Rampage**
(CC,Repeat,2018,M,Adult Themes, Violence)
A primatologist shares an unshakable bond with a rare albino silverback gorilla. But a rogue genetic experiment gone awry mutates this gentle ape into a raging creature of enormous size.
- 2:05pm** **ER: Rites Of Spring**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Carter mentors a gifted teen from a very rough neighbourhood. Lucy impresses during her psychiatric rotation. Jeanie treats a reverend who offers healing prayers in return. Carol worries after a kid kicks her in the stomach.
- 2:50pm** **Heartbreak High**
(CC,Repeat,PG)
Gem agrees to go on a date with Lee but stands him up with a vague excuse.
- 3:35pm** **A Bite To Eat With Alice: Miah Madden**
(CC,Repeat,G)
Play School presenter and actress Miah Madden is in the kitchen and is keen to make something with her favourite herb, sage, and Alice takes on the challenge of reinventing the humble apple pie!
- 4:05pm** **Would I Lie To You?: The Best Bits**
(CC,Repeat,PG)
Rob Brydon, Lee Mack and David Mitchell return in an episode packed with some of the best bits from the series. Guests include Richard Osman, Claudia Winkleman, Samantha Morton and AJ Odudu. (Final)
- 4:40pm** **MythBusters: Car Vs. Rain**
(CC,Repeat,PG,Adult Themes)
Adam and Jamie test out theories surrounding driving in the rain. Is it possible to stay dry simply by putting pedal to the metal?
- 5:30pm** **Car S.O.S: Lancia Delta Integrale**
(CC,Repeat,PG)
Tim and Fuzz take on petrolhead Gary's much-loved 1994 Lancia Delta Integrale Evo II, which was fit only for the scrapyard. Sadly, before the car is restored and returned, tragedy strikes when Gary unexpectedly passes away.

- 6:15pm** **Portrait Artist Of The Year UK: Chiles, Davis, Phillips**
(CC,G)
The last batch of artists will paint the likeness of broadcaster Adrian Chiles, actor Trevor Eve, Parminda Nagra and novelist Ben Okri in a bid to impress judges Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano.
- 7:00pm** **Spicks And Specks: Beccy Cole, Greedy Smith, Scott Edgar & Simon Tedeschi**
(CC,Repeat,PG)
Joining Adam, Myf and Alan this episode are Beccy Cole, Greedy Smith, Scott Edgar and Simon Tedeschi.
- 7:30pm** **QI: Pain and Punishment**
(CC,Repeat,PG)
Regulars Sandi Toksvig and Alan Davies are joined by guests Jimmy Carr, Lee Mack and Alice Levine to discuss Pain and Punishment.
- 8:00pm** **Would I Lie To You?: Frank Skinner, Bill Oddie, Jon Richardson, Sarah Millican**
(CC,Repeat,G)
Frank Skinner, Bill Oddie, Jon Richardson and Sarah Millican join team captains David Mitchell and Lee Mack to bluff about their deepest secrets.
- 8:30pm** **The Piano**
(CC)
It's off to the seaside as Claudia, Mika and Jon Batiste's continuing search for more amazing amateur pianists takes in some boogie-woogie and a song about a tapeworm.
- 9:20pm** **Muster Dogs**
(CC,AD,Repeat,PG)
This time, it's not just the puppies being put to the test - it's the participants. Six participants with limited dog and stock handling experience raise and train a working dog from puppy to paddock-ready in just 12 months.
- 10:20pm** **ER: Power**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
The staff work frantically to keep patients alive after the backup generators fail during a terrible storm. A comatose female patient is beaten, sexually assaulted and left at the ER. Carter breaks up with Roxanne.
- 11:05pm** **Offsiders**
(CC,Repeat)
Host Abbey Gelmi and a panel of leading sportswriters, commentators and athletes examine the big issues and major results in sport. Offsiders unpacks all the action, both on and off the field.
- 11:35pm** **Not Going Out: Conference**
(CC,Repeat,PG,Sexual References)
Lee goes to extreme lengths to stop Lucy from flirting with the male delegates at a three-day Annual Trade Conference in order to get herself work.

- 12:05am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:10am** **MythBusters: Pirate Special**
(CC,Repeat,PG,Adult Themes)
Argggghh me hearties... Jamie and Adam have plundered the seven seas in search of pirate parables and maritime myths. With four stories of hi-jinks on the high seas the action is thick and fast.
- 2:45am** **QI: Queens**
(CC,Repeat,PG)
Sandi Toksvig looks at some 'Queens', inviting Sarah Millican, David Mitchell and Colin Lane to join regular panellist Alan Davies to face her fiendish questions.
- 3:15am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:20am** **Heartbreak High**
(CC,Repeat,PG)
Gem agrees to go on a date with Lee but stands him up with a vague excuse.

Monday, 2 February 2026

4:00am	The Next Step (Repeat,G)
4:20am	Popularity Papers (CC,Repeat,G)
4:45am	The Inbestigators (CC,Repeat,G)
5:00am	The Inbestigators (CC,Repeat,G)
5:15am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:30am	Horrible Histories Special (CC,Repeat,PG,Parental Guidance Recommended)
6:00am	Shaun The Sheep (CC,Repeat,G)
6:05am	Total DramaRama (Repeat,G)
6:15am	The Powerpuff Girls (Repeat,G)
6:30am	My Little Pony: Friendship Is Magic (CC,G)
6:50am	Super Happy Magic Forest (CC,AD,Repeat,G)
7:00am	The Amazing World Of Gumball
7:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:35am	Teen Titans Go! (CC)
7:50am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
8:10am	Pokemon: Ruby And Sapphire (CC,Repeat,G)
8:30am	Ninjago (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Odd Squad (Repeat,G)
9:20am	Maddie, The Zoo And You (Repeat,G)

9:40am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:10am	Wow That's Amazing (CC,Repeat,PG,Parental Guidance Recommended,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
10:25am	Teenage Boss: Next Level (CC,AD,Repeat,G)
10:55am	MathXplosion (CC,Repeat,G)
11:15am	Car S.O.S (CC,Repeat,PG)
12:00pm	Portrait Artist Of The Year UK (CC,Repeat,G)
12:45pm	Not Going Out (CC,Repeat,PG,Sexual References)
1:15pm	The Piano (CC,Repeat)
2:05pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:40pm	Would I Lie To You? (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,PG)
5:45pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Angela Scanlon, Clive Myrie, Sara Pascoe and Rick Edwards test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Toni Lamond, Terri Psiakis, Murray Cook & Andy Lee (CC,Repeat,PG) Joining Adam, Myf and Alan tonight are Toni Lamond, Terri Psiakis, Murray Cook and Andy Lee.
7:30pm	QI: Objects And Ornaments (CC,Repeat,PG) Sandi Toksvig looks into some objects and ornaments, with special guests Alice Levine, Carriad Lloyd, Sarah Millican and Alan Davies.

- 8:00pm** **Would I Lie To You?: Ade Edmondson, Claude Littner, Cariad Lloyd & Jordan Stephens**
(CC,Repeat,PG)
Rob Brydon is joined by lightning-quick captains David Mitchell and Lee Mack plus Ade Edmondson, Claude Littner, Cariad Lloyd and Jordan Stephens as they reveal amazing stories about themselves, some of which are true.
- 8:30pm** **Penn And Teller: Fool Us: A Magical Punch in the Face**
(CC,Repeat,PG)
Magicians Sanjeev Vinodh, Mortenn Christiansen, Giancarlo Bernini, and Jeffrey Wang try to fool the veteran duo with their illusions.
- 9:15pm** **Whose Line Is It Anyway?: Tiffany Coyne**
(CC,Repeat,M,Coarse Language)
Aisha Tyler helms an uproarious episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie with guest performer Jonathan Mangum and star guest Tiffany Coyne, from 'Let's Make a Deal'.
- 9:35pm** **Elementary**
(CC,PG,Adult Themes)
Sherlock is called in to investigate when a supposedly uncrackable bank vault is breached. Meanwhile, Joan is pleasantly surprised when Sherlock meets her family and defends her choice to become a sober companion.
- 10:20pm** **ER: Responsible Parties**
(CC,Repeat,M,Adult Themes, Medical Procedures)
The ER deals with a stripper and her over-the-top security team. A terrible car accident ruins the lives of three students who were en route to their prom. Carter removes a live cockroach from a patient's ear and freaks out.
- 11:05pm** **Not Going Out: Rachel**
(CC,Repeat,PG,Sexual References)
After some dubious advice from Daisy, Lee decides that the best way to get Lucy to notice him is to make her jealous, and the best way to do that is to get himself a girlfriend. Now all he has to do is find the right girl...
- 11:35pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am** **Gavin And Stacey**
(CC,Repeat,M,Sexual References)
Gavin and Stacey decide to meet for the first time in London after talking on the phone for some time, bringing along their best friends, Smithy and Nessa for support. The two pairs end up in a hotel together for the night.

- 1:05am** **Louis Theroux: The Most Hated Family in America**
(CC,Repeat,M,Adult Themes, Coarse Language)
Louis Theroux is back and he uncovers the inside story of America's most controversial family - the Phelps from the Westboro Baptist Church.
- 2:05am** **QI: Shady and Shaky**
(CC,Repeat,PG)
Sandi Toksvig looks at all things shaky and shady with Alan Davies, Eshaan Akbar, John Barrowman and Victoria Coren Mitchell.
- 2:40am** **Richard Osman's House Of Games**
(CC,Repeat,G)
Angela Scanlon, Clive Myrie, Sara Pascoe and Rick Edwards test their general knowledge skills on this week's House of Games.
- 3:10am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:15am** **Heartbreak High**
(CC,Repeat,PG)
Despo opens up a cafe on school grounds.

Tuesday, 3 February 2026

4:00am	The Next Step (CC,Repeat,G)
4:25am	Popularity Papers (CC,Repeat,G)
4:45am	The Inbestigators (CC,Repeat,G)
5:00am	The Inbestigators (CC,Repeat,G)
5:15am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:25am	Horrible Histories (CC,AD,Repeat,PG,Parental Guidance Recommended)
6:00am	Shaun The Sheep (CC,Repeat,G)
6:05am	Total DramaRama (Repeat,G)
6:15am	The Powerpuff Girls (Repeat,G)
6:30am	My Little Pony: Friendship Is Magic (CC,G)
6:50am	Super Happy Magic Forest (CC,AD,Repeat,G)
7:00am	The Amazing World Of Gumball
7:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:35am	Teen Titans Go! (CC)
7:50am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
8:10am	Pokemon: Ruby And Sapphire (CC,Repeat)
8:30am	Ninjago (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,G,This program may contain reviews of games that have PG material.)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Odd Squad (Repeat,G)
9:20am	Maddie, The Zoo And You (Repeat,G)

9:40am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:10am	BTN (CC,AD)
10:30am	Science Max! Experiments At Large (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
10:55am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,PG)
11:45am	Portrait Artist Of The Year UK (CC,Repeat,G)
12:30pm	Not Going Out (CC,Repeat,PG,Sexual References)
1:00pm	Elementary (CC,Repeat PG,Adult Themes)
1:40pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:25pm	Heartbreak High (CC,Repeat,PG)
3:10pm	A Bite To Eat With Alice (CC,Repeat,G)
3:40pm	Would I Lie To You? (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,PG)
5:45pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Angela Scanlon, Clive Myrie, Sara Pascoe and Rick Edwards test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Emma Pask, Barry Crocker, Cal Wilson & Jeff Green (CC,Repeat,PG) Joining Adam, Myf and Alan tonight are Emma Pask, Barry Crocker, Cal Wilson and Jeff Green.
7:30pm	QI: Quantity and Quality (CC,Repeat,PG) Sandi Toksvig looks at 'Quantity' and 'Quality', inviting Bridget Christie, Joe Lycett and James Acaster to join regular panellist Alan Davies to face her fiendish questions.

- 8:00pm** **Would I Lie To You?: Sanjeev Bhaskar, Fern Britton, Martin Clunes & Richard E. Grant**
(CC,Repeat,PG)
Rob Brydon and team captains David Mitchell and Lee Mack are joined by Sanjeev Bhaskar, Fern Britton, Martin Clunes and Richard E. Grant.
- 8:30pm** **Fisk: Bees in the Hive**
(CC,AD,Repeat,M,Coarse Language)
Now that Helen is a name partner, the stakes are much higher when things go haywire at Gruber & Fisk. When Ray is distracted by love and Roz suffers a crisis of confidence, Helen must step up and right the ship.
- 9:00pm** **Dog Park: You And Me And The Dog Makes Three**
(CC,AD,Repeat,M,Coarse Language)
With his wife overseas for work, Roland is left to take care of the dog he never wanted and soon finds himself adopted by an eclectic pack of dog-tragics.
- 9:30pm** **Elementary**
(CC,PG,Adult Themes)
Sherlock and Joan investigate the murder of the general manager of a high-end Manhattan hotel whose body is found inside an industrial laundry machine. Meanwhile, Sherlock offers Joan an apprenticeship.
- 10:15pm** **ER: Getting To Know You**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
The staff discover that Carol is pregnant with twins. Benton begins a custody battle for his son. Kerry rescues an abandoned toddler. Carter's protege is mugged and beaten up. Mark and Elizabeth get closer. (Final)
- 11:00pm** **Not Going Out: Play**
(CC,Repeat,PG,Sexual References)
Lee is forced to stage some amateur dramatics in a fight for Lucy's attention after her pretentious first love reappears on the scene and wants Lucy to star in a romantic play that he's written especially for her.
- 11:30pm** **rage**
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- 12:30am** **Breeders: No Exit**
(CC,AD,Repeat,M,Coarse Language)
Luke is responsible for taking Lenny, the class bear, on an adventure. Lenny has been to Italy, Peru and beyond, but Paul can't even manage to get the family and the godforsaken bear out of the house to the local park.

- 12:55am Breeders: No Honeymoon**
(CC,AD,Repeat,M,Coarse Language)
Paul attempts to focus on his upcoming wedding but is constantly thwarted by his family; Ally is distracted by work, Luke is misbehaving at school and Leah doesn't understand why they are even bothering to get married.
- 1:20am The School That Tried To End Racism**
(CC,Repeat,PG)
Hosted by Marc Fennell, this bold three-part series explores a ground-breaking pilot program designed to provide school children aged 9 to 11 with the tools to identify racial bias and make positive change.
- 2:20am QI: Rogue**
(CC,Repeat,PG)
Bill Bailey, Jack Carroll and Olga Koch join regular panellist Alan Davies as Sandi Toksvig hosts the quiz with a difference, asking questions on the theme of rogue.
- 2:50am If You're Listening: The truth about China's social credit scores**
(CC,Repeat)
For the last decade or so, there's been a lot of talk about how the Chinese government uses technology to issue social credit scores to its citizens. But does this dystopian AI powered surveillance system actually even exist?
- 3:15am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:20am Heartbreak High**
(CC,Repeat,PG)
Thania gives Drazic a pet pig in an effort to cheer him up.

Wednesday, 4 February 2026

4:00am	The Next Step (CC,Repeat,G)
4:25am	Popularity Papers (CC,Repeat,G)
4:45am	The Inbestigators (CC,Repeat,G)
5:00am	The Inbestigators (CC,Repeat,G)
5:15am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
5:25am	Horrible Histories Special (CC,Repeat,PG,Parental Guidance Recommended)
6:05am	Total DramaRama (Repeat,G)
6:15am	The Powerpuff Girls (Repeat,PG,Parental Guidance Recommended)
6:30am	My Little Pony: Friendship Is Magic (CC)
6:50am	Super Happy Magic Forest (CC,AD,Repeat,G)
7:00am	The Amazing World Of Gumball
7:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:35am	Teen Titans Go! (CC)
7:50am	Ninjago Dragons Rising (Repeat,PG)
8:10am	Pokemon: Ruby And Sapphire (CC)
8:30am	Ninjago (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Numberblocks (CC,Repeat,G)
9:05am	Odd Squad (Repeat,G)
9:15am	Maddie, The Zoo And You (Repeat,G)
9:35am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:05am	Horrible Science (CC,AD,Repeat,PG,Parental Guidance Recommended)

10:30am	Horrible Science (CC,AD,Repeat,PG,Parental Guidance Recommended)
10:55am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,PG)
11:45am	Portrait Artist Of The Year UK (CC,Repeat,G)
12:30pm	Not Going Out (CC,Repeat,PG)
1:00pm	Elementary (CC,Repeat PG,Adult Themes)
1:45pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:30pm	Heartbreak High (CC,Repeat,PG)
3:15pm	A Bite To Eat With Alice (CC,Repeat,G)
3:40pm	Would I Lie To You? (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,PG)
5:45pm	Portrait Artist Of The Year UK (CC,PG,Nudity)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Angela Scanlon, Clive Myrie, Sara Pascoe and Rick Edwards test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: Geraldine Turner, Frank Woodley, Lucky Oceans and Bill Bailey (CC,Repeat,G) Joining Adam, Myf and Alan tonight are Geraldine Turner, Frank Woodley, Lucky Oceans (Reuben Gosfield) and Bill Bailey.
7:30pm	QI: Sideshows, Stunts and Scavenger Hunts (CC,Repeat,PG) Sandi Toksvig looks at sideshows, stunts and scavenger hunts with Alan Davies, Gyles Brandreth, Rosie Jones and Nish Kumar.
8:00pm	Would I Lie To You?: Danny Dyer, Jon Richardson, Joe Lycett & Moira Stuart (CC,Repeat,PG) Hosted by Rob Brydon, David Mitchell and Lee Mack lead two teams and try to hoodwink each other with absurd facts and plausible lies. This week's guests are Danny Dyer, Jon Richardson, Joe Lycett and Moira Stuart.

- 8:30pm** **Death In Paradise**
(CC,AD,Repeat,PG)
The team join Naomi in Saint Barnabas when her best friend's father is murdered at a wedding. Meanwhile, Marlon tries to prepare for his sergeant exams but is easily distracted.
- 9:30pm** **Elementary**
(CC,M,Adult Themes,Violence)
Sherlock is reunited with "M", a British criminal who appears to have followed Sherlock to New York. Meanwhile, Joan has reservations about leaving Sherlock and taking on a new client.
- 10:15pm** **ER: Leave It To Weaver**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Multiple traumas come to the ER after a truck crashes into a coffee bar, narrowly missing a very pregnant Carol. Mark's scheme to prevent Dr. Romano from becoming chief of staff hits a snag. Two new faces join the ER team.
- 11:00pm** **Not Going Out: Magic**
(CC,Repeat,PG)
Lucy's goddaughter is dumped on them on the eve of the girl's birthday party, and it's left up to Lee to choose an appropriate entertainment for fourteen 9-year-olds. Could a magic show with Wiggly Bob the clown do the trick?
- 11:30pm** **rage**
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Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:30am** **Documentary Now!: How They Threw Rocks**
(CC,Repeat,M,Coarse Language, Violence)
A chronicle of the iconic 1974 Craig Maes (Field Rock) showdown dubbed 'The Melon vs. The Felon.'
- 12:55am** **Documentary Now!: My Monkey Grifter**
(CC,Repeat,M,Coarse Language)
A filmmaker forms a deep, emotional, and financially taxing relationship with a monkey.
- 1:15am** **QI: Knees & Knockers**
(CC,Repeat,PG)
Stephen Fry and guests look at knees, knockers and other things starting with 'K'.

- 1:50am** **Live At The Apollo**
(CC,Repeat,M,Coarse Language, Sexual References)
The hilarious Loyiso Gola introduces comedians Scott Bennett and Helen Bauer to the stage.
- 2:35am** **Gavin And Stacey**
(CC,Repeat,PG)
Gavin and Stacey have a misunderstanding on the phone and Gavin sets it right with a drive to Barry Island. When Stacey visits his home in Billericay, Gavin's mother Pamela goes into a cleaning frenzy.
- 3:05am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:10am** **Heartbreak High**
(CC,Repeat,PG)
Sophie tries to slim down for Dennis.

Thursday, 5 February 2026

4:00am	Malory Towers (CC,AD,Repeat,G)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	We Bare Bears (Repeat,G)
5:00am	We Bare Bears (Repeat,PG,Parental Guidance Recommended)
5:10am	We Bare Bears (Repeat,G)
5:25am	Total DramaRama (CC,Repeat,G)
5:35am	The Next Step (CC,Repeat,G)
6:00am	Shaun The Sheep (CC,Repeat,G)
6:05am	Total DramaRama (Repeat,PG,Parental Guidance Recommended)
6:15am	The Powerpuff Girls (Repeat,PG,Parental Guidance Recommended)
6:30am	My Little Pony: Friendship Is Magic (CC)
6:50am	Super Happy Magic Forest (CC,AD,Repeat,G)
7:00am	The Amazing World Of Gumball
7:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:35am	Teen Titans Go! (CC)
7:50am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
8:10am	Pokemon: Ruby And Sapphire (CC)
8:30am	Ninjago (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,PG,Parental Guidance Recommended)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Alphablocks (Repeat,G)
9:15am	Gardening Australia Junior (CC,AD,Repeat,G)

9:25am	Our Animals (CC,Repeat,G)
9:30am	History Hunters (CC,Repeat,G)
9:55am	Horrible Histories (CC,Repeat,G)
10:20am	BTN (CC,AD,Repeat)
10:45am	Annabel Crabb's Civic Duty Education Shorts (CC,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,PG)
11:45am	Portrait Artist Of The Year UK (CC,Repeat,PG,Nudity)
12:30pm	Not Going Out (CC,Repeat,PG)
1:00pm	Elementary (CC,Repeat PG,Adult Themes)
1:45pm	Documentary Now! (CC,Repeat,M,Coarse Language, Violence)
2:05pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:40pm	Would I Lie To You? (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,PG)
5:45pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Angela Scanlon, Clive Myrie, Sara Pascoe and Rick Edwards test their general knowledge skills on this week's House of Games.
7:00pm	Spicks And Specks: David Hirschfelder, Terri Psiakis, Loene Carmen & Ross Noble (CC,Repeat,G) Joining Adam, Myf and Alan tonight are David Hirschfelder, Terri Psiakis, Loene Carmen and Ross Noble.

- 7:30pm** **QI: Random**
(CC,Repeat,PG)
Sandi and Alan are joined by Bill Bailey, Sally Phillips, Daliso Chaponda and a virtual studio audience to look into a series of random questions.
- 8:00pm** **Would I Lie To You?: Maggie Aderin-Pocock, Phil Wang, Jason Watkins & Adam Woodyatt**
(CC,Repeat,PG)
Host Rob Brydon and team captains David Mitchell and Lee Mack are joined by space scientist Dr Maggie Aderin-Pocock, comedian Phil Wang, actor Jason Watkins and Adam Woodyatt to try and deceive their opponents.
- 8:30pm** **Hard Quiz**
(CC,Repeat,PG,Adult Themes)
What do noodles, tennis legend Stefanos Tsitsipas, the Somerton Man, and US drama House MD have in common? They're all topics on tonight's Hard Quiz, where four big fans match wits with the hilarious Tom Gleeson!
- 9:00pm** **Gruen**
(CC,Repeat,PG)
On an unmissable final episode, we round up the best and worst ads we've seen this year, stun them and put them out to pasture. Wil is joined by Russel Howcroft, Karen Ferry, Camey O'Keefe and Todd Sampson. (Season Final)
- 9:40pm** **The Weekly With Charlie Pickering**
(CC,Repeat)
Charlie Pickering is ready for 2026 as The Weekly returns with TV's best wrap of the week's news. We watch it all, so you don't have to.
- 10:10pm** **Planet America**
(CC,Repeat)
Coming to you from the Situation Room, John Barron and Chas Licciardello cut through the spin as they discuss the people, policies and politics from the week in Donald Trump's second term in the White House.
- 10:40pm** **ER: Last Rites**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Mark returns from his mother's funeral and argues with Weaver over the wishes of a dying teenager. A brash new resident, Dave Malucci, arrives and manages to annoy just about everyone. Jeanie's adoption plans fall through.
- 11:25pm** **Not Going Out: Boat**
(CC,Repeat,PG)
Lee's dad buys himself a boat and invites Lee down for a long weekend with Lucy and Daisy. Despite Lucy being terrified of water, Lee persuades her to come along in the hope that he can manipulate her into sharing a bed.

11:55pm	<p>rage (MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence) Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.</p>
1:00am	<p>Mayfair Witches: Transference (CC,AD,Repeat,M,Adult Themes, Violence) Desperate to relinquish Lasher, Rowan reaches out to her extended Mayfair family for help. She must trust their unique process, a sacred ritual. Sip's search for answers takes him back to the Talamasca.</p>
1:40am	<p>Mayfair Witches: Tessa (CC,AD,Repeat,M,Adult Themes, Coarse Language, Violence) Rowan makes a shocking discovery, but has to deal with it alone. A tragic event brings her closer to the Mayfairs - and Lasher. Sip falls deeper down the rabbit hole of the key necklace.</p>
2:20am	<p>WTFAQ (CC,Repeat,M,Coarse Language) What is a mirage? Does Centrelink deliberately choose bad hold music to make people hang up? If dolphins are mammals, where are their boobies? Do indoor plants really purify the air? What does the power symbol mean? And more.</p>
2:50am	<p>Starstruck (CC,AD,Repeat,M,Coarse Language) Tom comes clean about a secret he's been hiding from Clem. Ian tries to make amends with Jessie, who is having a crisis of confidence when her 33rd birthday celebrations don't go as planned.</p>
3:10am	<p>ABC News Update (Repeat) The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.</p>
3:15am	<p>Heartbreak High (CC,Repeat,PG) A deaf student has arrived at Hartley and has the students talking.</p>

Friday, 6 February 2026

4:00am	Malory Towers (CC,AD,Repeat,G)
4:25am	Malory Towers (CC,AD,Repeat,PG,Parental Guidance Recommended)
4:50am	The Powerpuff Girls (Repeat,PG,Parental Guidance Recommended)
5:00am	The Powerpuff Girls (Repeat,PG,Parental Guidance Recommended)
5:10am	The Powerpuff Girls (Repeat,G)
5:20am	Total DramaRama (CC,Repeat,G)
5:35am	The Next Step (CC,Repeat,G)
6:00am	Shaun The Sheep (CC,Repeat,G)
6:05am	Total DramaRama (Repeat,PG,Parental Guidance Recommended)
6:15am	The Powerpuff Girls (Repeat,PG,Parental Guidance Recommended)
6:30am	My Little Pony: Friendship Is Magic (CC)
6:50am	Super Happy Magic Forest (CC,AD,Repeat,G)
7:00am	The Amazing World Of Gumball
7:15am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:35am	Teen Titans Go! (CC)
7:50am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
8:10am	Pokemon: Ruby And Sapphire (CC,G)
8:30am	Ninjago (Repeat,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Numberblocks (CC,Repeat,G)
9:05am	Alphablocks (Repeat,G)
9:10am	Stories From Magic Beach (CC,AD,Repeat,G)
9:15am	Bitesize Daily (CC,Repeat,G)

9:35am	Elements Of Art (CC,Repeat,G)
9:40am	Portrait Artist Of The Year: Education Shorts (CC,G)
9:45am	Shaun Tan's Tales from Outer Suburbia (CC,AD,Repeat,G)
10:10am	Bringing Books to Life (CC,Repeat,G)
10:15am	Media Stamped (CC,Repeat,PG,Parental Guidance Recommended)
10:30am	Move It Mob Style (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:00am	Car S.O.S (CC,Repeat,PG)
11:45am	Portrait Artist Of The Year UK (CC,Repeat,G)
12:30pm	Not Going Out (CC,Repeat,M,Sexual References)
1:15pm	Death In Paradise (CC,AD,Repeat,PG)
2:15pm	Whose Line Is It Anyway? (CC,Repeat,M,Coarse Language)
2:40pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
3:25pm	Heartbreak High (CC,Repeat,PG)
4:10pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:00pm	Car S.O.S (CC,Repeat,PG)
5:45pm	Portrait Artist Of The Year UK (CC,G)
6:30pm	Richard Osman's House Of Games (CC,Repeat,G) Who will be taking home the coveted House of Games trophy at the end of the show - Angela Scanlon, Clive Myrie, Sara Pascoe or Rick Edwards?
7:00pm	Spicks And Specks: Ella Hooper, James Morrison, Colin Lane & Scott Edgar (CC,Repeat,G) Joining Adam, Myf and Alan tonight are Killing Heidi lead singer turned Spicks and Specks regular Ella Hooper, James Morrison, Colin Lane and Scott Edgar.

- 7:30pm** **QI: Kit & Kaboodle**
(CC,Repeat,PG)
Stephen Fry hosts the quiz with a difference, looking at a whole 'Kit & Kaboodle' of K topics. Panellists include Australian comedian Colin Lane.
- 8:00pm** **Would I Lie To You?: The Best Bits**
(CC,Repeat,G)
Rob Brydon, Lee Mack and David Mitchell return in an episode packed with the best bits from the season featuring a stellar cast of celebrity guests. (Final)
- 8:30pm** **Movie: V For Vendetta**
(CC,2006,MA,Coarse Language, Violence)
Great Britain has become a fascist state. Now, a shadowy freedom fighter known only as "V" (Hugo Weaving- The Matrix trilogy) begins a violent guerrilla campaign to destroy those who have embraced totalitarianism.
- 10:40pm** **ER: Greene With Envy**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Mark clashes with new attending physician, the legendary Dr. Lawrence. Lucy and Luka try to convince a woman that her husband is dangerous. Jeanie and Reggie get married. Mark and Elizabeth spend their first night together.
- 11:25pm** **Not Going Out: House**
(CC,Repeat,M,Sexual References)
Lucy's parents join Lee, Lucy and Daisy for Christmas in a cozy country cottage which used to belong to Lee's dear dead aunt. But the old house hasn't been lived in for years and there appears to be a spooky presence. (Final)
- 12:10am** **triple j's Like A Version**
triple j's legendary Like A Version segment hosts the greatest local and international acts, performing a cover of a song they love, and one of their own.
- 12:15am** **rage**
(CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:15am** **Portrait Artist Of The Year UK: Noel Fielding, Reggie Yates and Daphne Selfe**
(CC,Repeat,G)
Nine new artists tackle the portraits of television presents Noel Fielding and Reggie Yeats and the world's oldest supermodel Daphne Self, in a bid to impress judges Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano.

- 2:00am** **QI: Pain and Punishment**
(CC,Repeat,PG)
Regulars Sandi Toksvig and Alan Davies are joined by guests Jimmy Carr, Lee Mack and Alice Levine to discuss Pain and Punishment.
- 2:35am** **Would I Lie To You?: Frank Skinner, Bill Oddie, Jon Richardson, Sarah Millican**
(CC,Repeat,G)
Frank Skinner, Bill Oddie, Jon Richardson and Sarah Millican join team captains David Mitchell and Lee Mack to bluff about their deepest secrets.
- 3:05am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:10am** **Heartbreak High**
(CC,Repeat,PG)
A posh exchange student arrives at Hartley and immediately attracts ridicule.

Saturday, 7 February 2026

4:00am	Malory Towers (CC,AD,Repeat,G)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
5:00am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
5:10am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
5:20am	Total DramaRama (CC,Repeat,PG,Parental Guidance Recommended)
5:35am	The Next Step (CC,Repeat,G)
6:00am	Total DramaRama (Repeat,PG,Parental Guidance Recommended)
6:15am	The Powerpuff Girls (Repeat,G)
6:25am	The Powerpuff Girls (Repeat,G)
6:35am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
7:00am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:20am	The Amazing World Of Gumball
7:30am	Summer Camp Island
7:45am	100% Wolf: Legend Of The Moonstone (CC,Repeat,G)
8:05am	Badjelly (CC,AD,Repeat,G)
8:30am	Shaun Tan's Tales from Outer Suburbia (CC,AD,Repeat,G)
8:50am	GG: Spawn Squad (CC,Repeat,G,This program may contain reviews of games that have PG material.)
9:10am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:20am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
9:30am	Mechamato (CC,PG,Parental Guidance Recommended)
9:55am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
10:15am	Pokemon: Ruby And Sapphire (CC,Repeat)

- 10:35am** **Pokemon: Ruby And Sapphire**
(CC,Repeat)
- 11:05am** **Car S.O.S: Triumph GT6**
(CC,Repeat,PG)
Petrolhead Andrew's restoration of his beloved 1971 Triumph GT6 ground to a halt when Marfan's Syndrome put him in hospital. Tim and Fuzz whisk the sleek British coupe off to the garage before an emotional reveal.
- 11:50am** **Not Going Out: Mugging**
(CC,Repeat,PG)
When Lucy has her handbag stolen from right under Lee's nose, he feels the need to prove his manliness over and over and over again. He joins a gym to learn boxing but is in for a rude surprise in his very first fight.
- 12:20pm** **Movie: John Q**
(CC,2002,M,Adult Themes, Coarse Language, Violence)
John Quincy Archibald takes a hospital emergency room hostage when his insurance won't cover his son's heart transplant.
- 2:15pm** **ER: Greene With Envy**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Mark clashes with new attending physician, the legendary Dr. Lawrence. Lucy and Luka try to convince a woman that her husband is dangerous. Jeanie and Reggie get married. Mark and Elizabeth spend their first night together.
- 2:55pm** **Heartbreak High**
(CC,Repeat,PG)
Marc's interest in Jackie is reaching new heights but some believe he's getting too close.
- 3:45pm** **Documentary Now!: Trouver Frisson**
(CC,Repeat,PG)
Celebrated French filmmaker Ida Leos searches for why she no longer experiences "frisson" - the goosebumps that have always been her guide. (Final)
- 4:05pm** **Would I Lie To You?: Ade Edmondson, Claude Littner, Cariad Lloyd & Jordan Stephens**
(CC,Repeat,PG)
Rob Brydon is joined by lightning-quick captains David Mitchell and Lee Mack plus Ade Edmondson, Claude Littner, Cariad Lloyd and Jordan Stephens as they reveal amazing stories about themselves, some of which are true.
- 4:40pm** **MythBusters: Bullet Fired vs. Bullet Dropped**
(CC,Repeat,PG,Adult Themes)
Adam and Jamie use gravity to test whether a bullet dropped from a height can catch up with one fired from a gun; experimenting to see whether it's possible to knock someone's socks off.

- 5:30pm** **Car S.O.S: Toyota FJ40 Land Cruiser**
(CC,Repeat,PG)
Tim and Fuzz are off to Wales to rescue a 1984 Toyota FJ40 LandCruiser. The mighty Japanese off-roader has been laid up in a dusty garage since the 4x4 owner's deteriorating health forced him to give up his dream restoration.
- 6:15pm** **Portrait Artist Of The Year UK: Ross Kemp, Freddie Fox and Vicky McClure**
(CC,PG)
Nine new artists tackle the portraits of actors Freddie Fox, Vicky McClure and Ross Kemp as they try and win over Judges Tai Shan Schierenberg, Kate Bryan and Kathleen Soriano.
- 7:00pm** **Spicks And Specks: Brian Cadd, Scott Edgar, Slava Grigoryan & Ross Noble**
(CC,Repeat,PG)
Joining Adam, Myf and Alan tonight are Brian Cadd, Scott Edgar, Slava Grigoryan and Ross Noble.
- 7:30pm** **QI: Very Varied**
(CC,Repeat,PG,Sexual References)
Join Sandi Toksvig for a Very Varied episode of QI with Ross Noble, Sara Pascoe, Sally Phillips, and Alan Davies.
- 8:00pm** **Would I Lie To You?: Richard Osman, Greg Davies, Bob Mortimer, Patsy Kensit**
(CC,Repeat,PG)
Richard Osman, Greg Davies, Bob Mortimer and Patsy Kensit join Lee Mack and David Mitchell. Which team can best fool the opposition into mistaking fact for fiction and fiction for fact?
- 8:30pm** **Richard Osman's House Of Games Night**
(CC,G)
Roisin Conaty, Jermaine Jenas, Jason Manford and Jennifer Saunders test their general knowledge skills on a brand new prime time series, Richard Osman's House of Games Night.
- 9:00pm** **triple j Live at the Wireless**
(CC)
triple j's best new music concerts will keep the live music going all summer long and beyond. Hosted by triple j's brilliant presenters - you don't need to get to the gig, the gig is coming to you.
- 9:50pm** **Gavin And Stacey**
(CC,Repeat,PG)
Gavin and Stacey meet with a mixed reception to the news of their engagement. Gavin's family is delighted, but Stacey's have some very big concerns. The celebration party however is a winner for all.

- 10:20pm** **Gavin And Stacey**
(CC,Repeat,M,Sexual References)
With six weeks to go until the wedding, the nerves and excitement are beginning to show. The Shipman family and friends travel to a wedding fair where Smithy is mesmerised by the ultimate stag do organiser.
- 10:50pm** **ER: Sins Of The Fathers**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Mark deals with the fallout from his dad's car accident. Carol treats a pregnant waitress with no insurance. Lucy notices that Dr. Lawrence's memory is failing. Cleo misdiagnoses a four-year-old, with tragic consequences.
- 11:35pm** **Not Going Out: Mugging**
(CC,Repeat,PG)
When Lucy has her handbag stolen from right under Lee's nose, he feels the need to prove his manliness over and over and over again. He joins a gym to learn boxing but is in for a rude surprise in his very first fight.
- 12:05am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:05am** **The Control Room**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
Gabe is blackmailed into further criminal behaviour by Anthony. In order to escape the nightmare of the present, Gabe has to confront his past.
- 2:05am** **The Control Room**
(CC,AD,Repeat,M,Coarse Language)
Gabe has to think fast, the police are closing in, as are the criminals after their money.
(Final)
- 3:00am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:05am** **Heartbreak High**
(CC,Repeat,PG)
Marc's interest in Jackie is reaching new heights but some believe he's getting too close.