



WEEK 4

Sunday, 18 January 2026

Saturday, 24 January 2026

Date	Start Time	Genre	Title
18/01/2026	500	News - Overseas	NHK World English News Morning
18/01/2026	515	News - Overseas	Euronews
18/01/2026	530	News - Overseas	ANC Philippines The World Tonight
18/01/2026	600	News - Overseas	DW English News
18/01/2026	630	News - Overseas	Al Jazeera News
18/01/2026	700	News - Overseas	PBS Science Technology Health Show
18/01/2026	730	News - Overseas	France 24 English News
18/01/2026	800	News - Overseas	DD India News Hour
18/01/2026	900	Current Affairs	Point: Road To Referendum History Bites
18/01/2026	905	Travel	Destination Flavour Japan Bitesize
18/01/2026	915	Culture & Society	Matched
18/01/2026	1005	Culture & Society	The Eco Show
18/01/2026	1035	Culture & Society	The Eco Show
18/01/2026	1100	History	Phase III Odyssey
18/01/2026	1200	News - Overseas	PBS International Affairs Show
18/01/2026	1230	News - Overseas	PBS Washington Week With The Atlantic

EASTERN MARKETS (NSW, ACT, VIC, TAS)

Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025				Y		
ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		
Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
PBS Science Technology Health Show	0	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance.	USA	English-100	2025				Y		
France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y		
DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y		
Understanding The 1967 Referendum	2023	1	We look back on the historic 1967 referendum, where more than 90 per cent of Australians voted yes to amend the Constitution.	AUSTRALIA	English-100	2023	RPT	NC		Y		
Tohoku	1	2	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT	G		Y		
Reunion Dinner+ Ankit	2	8	Writer Ankit has a way with words but will that help him in the search for a bride, while a dinner party unites some of our arranged favourites to discuss the highs and lows of their arranged marriage experience.	NEW ZEALAND	English-100	2020	RPT	PG		Y	Y	Y
Dolphin Research Institute	1	7	Bridie Shepherd visits the Dolphin Research Institute in Hastings Victoria, the go-to for just about all-things dolphin related in Victoria. The organisation works across three areas; conservation research, community education, and environmental leadership. The Institute is celebrating its 30th anniversary in 2021.	AUSTRALIA	English-100	2021	RPT	G		Y		Y
Moonlit Wildlife Sanctuary	1	8	Bridie Shepherd visits the Moonlit Wildlife Sanctuary at Pearcedale, Victoria, which is dedicated to the recovery of the Australian native orange bellied parrot. Orange-bellied parrots are one of only three migratory parrots in the world and currently classified as critically endangered.	AUSTRALIA	English-100	2021	RPT	G		Y		Y
Episode 4	1	4	Starting in Kununurra and driving across deserts, beaches and gold mines in WA, through to SA. All part of this mesmerising journey of discovery; incredible fauna and flora, and the discovery of self.	AUSTRALIA	English-100	2022	RPT	M	I	Y		
PBS International Affairs Show	0	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance.	USA	English-100	2025				Y		
PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		

18/01/2026	1255	Current Affairs	Point: Road To Referendum History Bites	Looking Back At The Landmark Mabo Decision	2023	2	We reflect on the life and legacy of Eddie Koiki Mab who took up the fight for land rights, and won.	AUSTRALIA	English-100	2023	RPT	NC			Y	
18/01/2026	1300	Motorsport	Speedweek 2026	Episode 3	2026	3	Speedweek is a comprehensive motorsport show that covers many forms of Australian and International motorsport - made specifically for speed enthusiasts.			2026	RPT	NC			Y	
18/01/2026	1500	Cycling	Westbridge Funds Road Nats Highlights	Elite Men's Road Race Highlights	2026	2	Extended highlights of the Men's Elite Road Race from the 2026 Westbridge Funds Road National Championships in Perth, Western Australia.	AUSTRALIA		2026	RPT				Y	
18/01/2026	1600	Yacht Racing	Sail Gp 2026 Australia	live	Perth, Day 2	2026	2	All the action from Day 2 of the Oracle Perth Sail Grand Prix, as the first round of the 2026 Sail GP Championship gets underway from the waters of Fremantle in Perth, Western Australia.	AUSTRALIA		2026	LIVE			Y	
18/01/2026	1730	Motorsport	Dakar Rally 2026 Highlights	Stage 13	2026	15	It's the final stage of the 48th Dakar Rally and it's a short, sharp run to the finish line in Yanbu, where the champions will be crowned across all disciplines.	SAUDI ARABIA		2026		NC			Y	
18/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 18	2026	18	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC			Y	
18/01/2026	1930	History	Once Upon A Time In Space	America First	1	1	With the dawn of the Space Shuttle, the US gains ground on Cold War rivals. A pioneering class of astronauts takes flight, but when tragedy strikes NASA are left reeling.	USA	English-70; Russian-30	2025						
18/01/2026	2030	History	Once Upon A Time In Space	Russian Thing, The	1	2	When the Soviet Union falls, Russia welcomes US astronauts to their space station Mir. But co-operation between former cold war enemies is threatened by a run of disasters onboard.	USA	English-70; Russian-30	2025						
18/01/2026	2130	History	Pompeii: The Last Mysteries Revealed	Pompeii: The Last Mysteries Revealed Ep 1		1	Pompeii has fascinated the world since its discovery in the 18th century. Today over 4 million people visit each year. It is one of the most extraordinary archaeological sites in the world. Archaeologists have been revealing new secrets, yet a third of the city remains totally unexplored and the answers to many mysteries remain buried. With exclusive access to the latest excavation site, only opened in 2022, this film takes us on a journey back in time.	FRANCE	English-40; French-30; Italian-30	2023	RPT	M	a	Y	Y	
18/01/2026	2225	Politics & Current Affairs	Putin And The West: The Next Chapter	Invasion	2	1	Putin's invasion of Ukraine stuns the world. At the United Nations Security Council, the Russian Ambassador is in the chair when the news breaks, sparking an extraordinary exchange with his Ukrainian counterpart.	UNITED KINGDOM	English-100	2024	RPT	PG	a	Y	Y	
18/01/2026	2335	History	Watergate High Crimes In The White House	Watergate: High Crimes In The White House		0	Watergate: High Crimes In The White House, an original two-hour documentary to be broadcast 50 years after the break-in at the Watergate Hotel and office complex, takes viewers inside the extraordinary story of crime and scandal that took down President Richard Nixon. It was one of the most notorious political crimes in U.S. history.	USA	English-100	2022	RPT	M	a s	Y	Y	
18/01/2026	2515	Culture & Society	Building The Impossible: Hoover Dam	Hoover Dam	1	1	From stormy seas to the land locked Mojave Desert, Rob discovers the amazing story of how the mighty Colorado was tamed and the Hoover Dam built. He takes us behind the scenes to find out how the cutting-edge engineering was created and how it works today. He rolls up his shirtsleeves; abseiling down the canyon, helping maintain the turbines and getting his hands dirty with an alien species that threatens the Dam's future.	UNITED KINGDOM	English-100	2022	RPT	PG		Y		
18/01/2026	2610	Politics & Current Affairs	The World According To Kim Jong Un	World According To Kim Jong Un, The		0	On the eve of the 75th birthday of the Korean People's Army, Kim Jong-un is determined to make the country the world's leading nuclear power. Sweeping aside any possibility of disarmament, the leader rather strengthens his arsenal - by testing its 'monster missile' Hwasong-17. Never has the North Korean nuclear threat been so strong. Why such obsession with nuclear weapons? How seriously should we take this new threat?	FRANCE	English-90; Korean-10	2022	RPT	M	a v	Y	Y	Y
18/01/2026	2710	Culture & Society	The Eco Show	Reground	2	1	Bridie Shepherd kicks off season two of The Eco Show with a visit to her hometown of Melbourne. What's more Melbourne than coffee and in this episode, Bridie visits the team at Reground, whose goal is to understand Australia's waste output and facilitate the most effective circular solutions starting with, of course, coffee!	AUSTRALIA	English-100	2022	RPT	M	I	Y		Y
18/01/2026	2740	Culture & Society	The Eco Show	Agrarian Kitchen, The	2	2	Bridie heads to New Norfolk, just outside of Hobart in Tasmania, to visit the team from The Agrarian Kitchen. The Agrarian Kitchen is a sustainable farm that also teaches people how to cook with as minimal waste as possible.	AUSTRALIA	English-100	2022	RPT	G		Y		Y
18/01/2026	2810	Culture & Society	Designing Paradise With Bill Bensley	Antique Hunting - Chiang Mai	1	12	Bill Bensley designed this Asian classic hotel, Four Seasons Chiang Mai, in 1992 and since then has been employed as the visual policeman to maintain and renovate. This episode catches Bill planning the latest batch of renovations and he also visits his favourite local cache of antiquities. Can the old dame of Chiang Mai still wear her lipstick well? You decide.	USA	English-100	2018	RPT	G		Y		

18/01/2026	2835	Nature & Environment	Bamay	Tharawal & Inningai Country	2	9	A slow TV showcase of the stunning landscapes found in Tharawal and Inningai Country.	AUSTRALIA	English-100	2020	RPT	G						
19/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025			NC				Y	
19/01/2026	515	News - Overseas	Euronews	Euronews	0	0	Headlines, Breaking News & Analysis from the Euronews news centre in Brussels, Belgium, in English.	BELGIUM	English-100	2025							Y	
19/01/2026	530	News - Overseas	PBS Science Technology Health Show	PBS Science Technology Health Show	0	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance.	USA	English-100	2025							Y	
19/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025			NC				Y	
19/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024			NC				Y	
19/01/2026	700	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023			NC				Y	
19/01/2026	725	Current Affairs	Point: Road To Referendum History Bites	Looking Back At The Landmark Mabo Decision	2023	2	We reflect on the life and legacy of Eddie Koiki Mab who took up the fight for land rights, and won.	AUSTRALIA	English-100	2023	RPT		NC				Y	
19/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025			NC				Y	
19/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025			NC				Y	
19/01/2026	900	Culture & Society	Designing Paradise With Bill Bensley	Shinta Mani - Cambodia	1	4	World renowned architect and interior designer Bill Bensley honours the Khmer king Jayavarman with the new Shinta Mani Angkor Bensley Collection, providing experiences and private gardens for the guests to enjoy while helping the local community.	USA	English-100	2018	RPT		G				Y	
19/01/2026	930	Culture & Society	Designing Paradise With Bill Bensley	Lamarck University - Vietnam	1	5	On the sparsely populated tropical island off the coast of Cambodia, Bensley has reconstructed and renovated the C19th Lamarck University grounds into Asia's most unique resort; JW Marriott Phuquoc. So It's back to school in Vietnam and a stunning hotel on the southern tip of the Island Phu Quoc themed as the Lamarck University.	USA	English-100	2018	RPT		G				Y	
19/01/2026	1000	Culture & Society	Paddington Station 24/7	Paddington Station 24/7 Series 1 Ep 1	1	1	This observational series takes a behind-the-scenes look at one of the UK's busiest transport hubs, Paddington station. It chronicles the typical and not-so-typical issues that face station staff, transport workers, emergency services, commuters, tourists and everyone in between. As each day unfolds, workers are met with a fresh set of problems, and must learn how best to handle it all.	UNITED KINGDOM	English-100	2017	RPT		PG	a			Y	Y
19/01/2026	1050	History	Mountain Vets	Episode 1	1	1	Vet Maurice is called to an extraordinarily rare birth, equine vet Inge tries to help a dangerous donkey and a bulldog that can't conceive is assisted by vet Cahir.	UNITED KINGDOM	English-100	2019	RPT		M	a			Y	Y
19/01/2026	1200	Travel	Destination Flavour Japan Bitesize	Tohoku	1	2	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Japan from its frozen north, to cherry-blossomed mainland and tropical sun-soaked south.	AUSTRALIA	English-75; Japanese-25	2013	RPT		G				Y	
19/01/2026	1210	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026			NC				Y	
19/01/2026	1230	News - Overseas	France 24 International SBS Midday	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024			NC				Y	

19/01/2026	1300	News - Overseas	PBS International Affairs Show	PBS International Affairs Show	0	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance.	USA	English-100	2025							Y
19/01/2026	1330	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition	0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024			NC				Y
19/01/2026	1400	Sport	Gods Of Tennis	Billie Jean King And Arthur Ashe	1	1	In 1975, Billie Jean King and Arthur Ashe are fighting to become Wimbledon champions - and away from the court they are also battling for social change on a global level.	UNITED KINGDOM	English-100	2023	RPT	M	I		Y	Y	
19/01/2026	1500	Nature & Environment	Going Places With Ernie Dingo	Murraylands	4	12	In the heart of the Murraylands, Ernie cruises on a historic paddle steamer, meets a keeper of African carnivores, learns the life of a Romani elder, and shares a special moment with David Dalaithngu.	AUSTRALIA	English-100	2020	RPT	G				Y	
19/01/2026	1535	Food Lifestyle	Plat Du Tour	Parmentier Of Braised Oxtail	4	15	The village of Saint Gervais is nestled at the foot of Mont Blanc. It is loaded with places for hikers and skiers. Guillaume uses favoured local ingredients to make one of his favourite hearty meals, parmentier of braised oxtail.	AUSTRALIA	English-100	2023	RPT	G				Y	
19/01/2026	1540	Food Lifestyle	Plat Du Tour	Crayfish Risotto	4	16	Guillaume creates a crayfish and saffron risotto. He co-opts the services of Giles Buissan and Roland Bel, two local fishermen to help him source the main ingredient.	AUSTRALIA	English-70; French-30	2023	RPT	G			Y	Y	
19/01/2026	1545	Cooking	The Cook Up With Adam Liaw	Crispy Snacks	7	49	What's better than snacks? Crispy snacks! Chef Mika Chae and food writer Mandy Hall join Adam for crunch time.	AUSTRALIA	English-100	2024	RPT	G				Y	
19/01/2026	1615	History	Ocean Wreck Investigation	Assassins Of The Deep	1	1	This episode explores three different German U-Boat wrecks from the WWI and WWII with marine archaeologist Dr Innes McCartney. In the story of UC66, we learn how it was the first German U-Boat to be sunk by a plane. In the story of U-Boat U87, we hear how it was sunk after it was rammed by an Allied ship. The final story follows the sinking of U-Boat U480, the world's first stealth sub.	UNITED KINGDOM	English-100	2021	RPT	PG				Y	
19/01/2026	1705	Quiz	Jeopardy!	Jeopardy Series 41 Ep 223	41	223	Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2024			G				
19/01/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 3 Ep 37	3	37	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G				Y	
19/01/2026	1800	Quiz	Mastermind	Episode 46	6	46	This week on Mastermind four families over four nights will battle it out to find out who is the smartest in their house. Tonight's specialty subjects are: The Novels of Ian McEwan, Australian Survivor Seasons 4 to 6, The Twilight Saga Films and the band Bauhaus.	AUSTRALIA	English-100	2024	RPT	G				Y	
19/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 19	2026	19	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC				Y	
19/01/2026	1930	Biography	Dolly Parton: Here I Am	Dolly Parton: Here I Am	0	0	A landmark film charting the extraordinary life and music of the Queen of Country with exclusive interviews and archive.	USA	English-100	2019							
19/01/2026	2115	Biography	Stock Aitken Waterman: Legends Of Pop	Episode 1	1	1	Dominating pop music the world over in the 80's and 90's, Stock Aitken Waterman sold countless millions of records and had more than one hundred UK top forty hits, launching the musical careers of Kylie Minogue, Rick Astley, Jason Donovan and many others. It's a story of incredible success but also fractured relationships and court cases. Featuring exclusive new interviews, rare and unseen footage, this is the definitive story of the real Kings of Pop.	UNITED KINGDOM	English-100	2023	RPT	PG				Y	
19/01/2026	2235	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 1	2026	1	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE					Y	
19/01/2026	2305	Romance	Like Water For Chocolate	Atole	1	4	While tending to a pregnant Rosaura, Tita learns of her sister's unforgivable betrayal. But when their confrontation devolves into a frightening medical crisis, Tita is forced to put aside her feelings to help her sister. Meanwhile, Pedro finds himself in tricky situations with federal agents and his father.	SPAIN	Spanish-100	2024		MA	v			Y	
19/01/2026	2355	Crime	Clean Sweep	Find Her	1	3	We learn of Shelly's dark history, as a teenager who was part of a drug ring in London 20 years earlier with Charlie Lynch, the man she shot. When Lynch's true identity is uncovered, a UK officer, DSI Crichtett, reopens an old murder case Shelly and Charlie were linked to.	IRELAND	English-100	2022	RPT	M	a d l s v		Y		Y

19/01/2026	2450	Crime	Clean Sweep	Deirdre	1	4	As the investigation gains momentum in both nations, Fiona becomes wary of Shelly, Jason's partner; the motives behind Shelly's name change begin to surface.	IRELAND	English-100	2022	RPT	M	a l s	Y	Y
19/01/2026	2550	Thriller	Pagan Peak	Ep 5	3	5	Another murder points to a pattern as the perpetrator profile fits the main suspect; at the Gossen construction site, activists and police fight each other; Gedeon comes across a legendary figure.	GERMANY	German-100	2023	RPT	MA	a v		Y
19/01/2026	2640	Thriller	Pagan Peak	Ep 6	3	6	A supposed motorcycle accident on the pass road leads Ellie and Gedeon to a ritual spot in the forest, where they learn more about the legend of the Schinder Jack; Turek makes a confession to Ellie.	GERMANY	German-99; Latin-1	2023	RPT	MA	a v		Y
19/01/2026	2740	Culture & Society	Designing Paradise With Bill Bensley	Shinta Mani Wild - Cambodia	1	13	The pressures of the growing population in the Cardamon National Park to continue poaching wildlife and log illegally may be the most challenging project of Bill Bensley's life. How does he find the compromise between hungry locals and the staunch conservationists?	USA	English-100	2018	RPT	PG		Y	Y
19/01/2026	2810	History	My Unique B&B	Michele And Tobin's Summerhouse	2	12	Simon and his team are in Devon to help create a unique B and B that's not just for people. After finally achieving their dream of buying a small holding and stables, Michele and Tobin realised that the tired summerhouse on the property could offer lodgings for people whilst the stables meant they could also bring their horses - or even alpacas.	UNITED KINGDOM	English-100	2022	RPT	G		Y	
19/01/2026	2845	Fillers	Destination Flavour Scandinavia Bitesize	Destination Flavour Scandinavia Bitesize Series 1 Ep 7	1	7	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	2015	RPT	G		Y	
19/01/2026	2850	Cooking	Destination Flavour China Bitesize	Black Sesame Tangyuan	1	1	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
20/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
20/01/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
20/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
20/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
20/01/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
20/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
20/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
20/01/2026	900	Culture & Society	Designing Paradise With Bill Bensley	Four Seasons - Koh Samui	1	6	Bensley is bonkers about saving each and every one of the 854 coconut trees that occupies this pristine bay in Koh Samui, Thailand.	USA	English-100	2018	RPT	PG		Y	
20/01/2026	930	Culture & Society	Designing Paradise With Bill Bensley	Elephant Camp - Chiang Rai, The	1	7	Located just off the Mekong in the Golden Triangle of opium fame, Bill Bensley has set up camp for the Four Seasons, a home to a maximum of 30 happy campers and 26 very lucky relocated street elephants, set free in the resort's wild country. Lauded three years in a row as the number one hotel in the world, Bensley explains why, and enjoys his favourite camp as much, and perhaps more than any of the other guests?	USA	English-100	2018	RPT	PG	a w	Y	
20/01/2026	1000	Culture & Society	Paddington Station 24/7	Paddington Station 24/7 Series 1 Ep 2	1	2	This observational series takes a behind-the-scenes look at one of the UK's busiest transport hubs, Paddington station. It chronicles the typical and not-so-typical issues that face station staff, transport workers, emergency services, commuters, tourists and everyone in between. As each day unfolds, workers are met with a fresh set of problems, and must learn how best to handle it all.	UNITED KINGDOM	English-100	2017	RPT	PG	a d	Y	Y
20/01/2026	1050	History	Mountain Vets	Episode 2	1	2	A pregnant sheep must undergo an emergency caesarean, while Flame the dachshund and Monty the fell pony present worrying symptoms that put the vets knowledge to the test.	UNITED KINGDOM	English-100	2019	RPT	M	a	Y	Y

20/01/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC			Y	
20/01/2026	1230	News - Overseas	France 24 International SBS Middy	France 24 International SBS Middy	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC			Y	
20/01/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC			Y	
20/01/2026	1400	Sport	Gods Of Tennis	Bjorn Borg And John McEnroe	1	2	Crowds flock to see two tennis superstars face off against each other in the 1981 Wimbledon Men's final. The rivalry between sex-symbol Bjorn Borg and tabloid bad-boy John McEnroe is the fiercest the men's game has ever seen.	UNITED KINGDOM	English-100	2023	RPT	M	I		Y	Y
20/01/2026	1500	Entertainment	Going Places With Ernie Dingo	Pemberton, Bamaga, Broken Hill	5	1	Ernie explores the ancient forests and shifting sand dunes of Pemberton, Bianca breaks into the drag queen scene of Broken Hill and Aaron's language and dance is put to the test back home in Bamaga.	AUSTRALIA	English-100	2023	RPT	PG	I		Y	Y
20/01/2026	1535	Food Lifestyle	Plat Du Tour	Fondant Au Chocolat	4	17	Guillaume visits a chocolatier in the town of Sallanches. He is put to work creating a local sweet specialty, while learning the secrets of fine chocolate. Guillaume makes a lush chocolate fondant to celebrate the importance of chocolate in the region.	AUSTRALIA	English-70; French-30	2023	RPT	G			Y	Y
20/01/2026	1540	Food Lifestyle	Plat Du Tour	Poulet De Bresse With Morels	4	18	Guillaume spends time with chef George Blanc, whose family won the first of three Michelin stars way back in 1929. George shares the coveted secrets of his Poulet De Bresse with Guillaume.	AUSTRALIA	English-70; French-30	2023	RPT	G			Y	Y
20/01/2026	1545	Cooking	The Cook Up With Adam Liaw	Thrifty Dinner Club, The	7	50	It's Easy Entertaining and easy on the budget, too, as cookbook author Chelsea Goodwin and Olympic diver Sam Fricker join Adam's thrifty dinner club.	AUSTRALIA	English-100	2024	RPT	G			Y	
20/01/2026	1615	History	Ocean Wreck Investigation	Danger Ahead	1	2	The sea is unpredictable. Critical decisions made in the face of danger make all the difference. What sank the ocean liner Empress of Ireland, causing Canada's worst maritime tragedy? And the enigma of the ship El Faro, lost with all hands. Armed with the latest undersea technology and personal testimony, we climb aboard these doomed ships to discover what set them on the path to catastrophe.	UNITED KINGDOM	English-100	2021	RPT	PG			Y	
20/01/2026	1705	Quiz	Jeopardy!	Jeopardy Series 41 Ep 224	41	224	Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2024		G				
20/01/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 3 Ep 38	3	38	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G			Y	
20/01/2026	1800	Quiz	Mastermind	Episode 47	6	47	Tonight's specialty subjects are: Wingspan the boardgame, The Greek Goddess Artemis, the Kokoda Campaign and From Blood and Ash by Jennifer L Armentrout.	AUSTRALIA	English-100	2024	RPT	G			Y	
20/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 20	2026	20	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC			Y	
20/01/2026	1930	Culture & Society	Who Do You Think You Are?	Mark Coles Smith	16	3	Mark Coles Smith solves a maternal family mystery, and travels to Poland and Germany where he makes a shocking discovery about his great grandfather.	AUSTRALIA	English-100	2024	RPT	M	a l q v		Y	Y
20/01/2026	2035	History	Portillo's 200 Years Of The Railways	Day That Changed The World, The	1	1	The first of two special episodes marking 200 years since the birth of the modern railway. Railway enthusiast and famously flamboyant dresser Michael Portillo follows the route of the pioneering Stockton and Darlington Railway in Northeast England - the world's first public railway to carry fee-paying passengers using steam locomotives.	UNITED KINGDOM	English-100	2025					Y	Y
20/01/2026	2145	Culture & Society	Aerial Australia	Far South, The	1	3	The far south of Australia is home to the rich cultural heritage of Melbourne, a sporting mecca called the 'G', a brutal island prison once known as 'Hell on Earth', and ancient rainforests, providing a living link to the past.	AUSTRALIA	English-100	2024	RPT	PG			Y	

20/01/2026	2235	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 2	2026	2	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE					Y	
20/01/2026	2305	Thriller	Exit	Ep 3	1	3	Hermine's positive fertility test sends Adam scrambling, leading him to deceive her by using Henrik's sperm for his clinic appointment. William survives a horrific suicide attempt, the friends indulge in drugs even at his bedside, and Hermine grows uneasy. That night, Adam's reckless feud with his neighbour flares again.	NORWAY	English-50; Norwegian-50	2019		MA	a d s			Y	
20/01/2026	2400	Contemporary	Dopesick	Black Box Warning	1	7	Richard Sackler and Purdue work the system to prevent their drug from being reigned in, Bridget has a breakthrough in her mission, Betsy has hit rock-bottom while Finnix explores new avenues, and Rick and Randy ready their criminal case.	USA	English-100	2021	RPT	MA	a d s	Y			Y
20/01/2026	2510	Contemporary	Dopesick	People VS. Purdue Pharma, The	1	8	Rick and Randy's criminal investigation now threatens Richard Sacker's empire, activists take action against Purdue, and Finnix tries to heal his beloved community that's been ravaged by addiction.	USA	English-100	2021	RPT	MA	a d	Y			Y
20/01/2026	2625	Culture & Society	The Eco Show	Great Eastern Ranges	2	3	Bridie heads to the Great Eastern Ranges along the north coast of NSW to meet the people (and canines) helping to restore the native ecology.	AUSTRALIA	English-100	2022	RPT	PG		Y			Y
20/01/2026	2655	Culture & Society	The Eco Show	Coffs Harbour Eco Tourism	2	4	Bridie visits Coffs Harbour to find out how it became the first certified 'Eco Destination' in NSW, and samples some of the many activities on offer there.	AUSTRALIA	English-100	2022	RPT	G		Y			Y
20/01/2026	2725	Culture & Society	My Name Is Reeva	My Name Is Reeva Series 1 Ep 1	1	1	In the A-Story we are introduced to the VOD process as Barry and June prepare to meet with Oscar. We follow their meetings with the psychologist as the Department of Correctional Services try to determine whether Barry and June will be able to safely engage with Oscar. In the B-Story we relive the sensational crime by presenting Oscar's version of the night of the murder while Calvin Mollett asks a simple question challenging the veracity of Oscar's testimony.	USA	English-100	2022	RPT	M	a l v	Y			Y
20/01/2026	2820	History	My Unique B&B	Stacey's Bus	2	13	In Monmouthshire in South Wales, Simon and his team are seeing double when they take on a 1980s bus conversion. When Stacey came across a bus for sale, she knew it could become a mobile B and B!	UNITED KINGDOM	English-100	2022	RPT	G		Y			
20/01/2026	2855	Cooking	Destination Flavour China Bitesize	Zhajiangmian	1	2	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y		Y	
21/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y			
21/01/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y			
21/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y			
21/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y			
21/01/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y			
21/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y			
21/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y			
21/01/2026	900	Culture & Society	Designing Paradise With Bill Bensley	Yen Tu - Vietnam	1	8	Yen Tu mountain in Vietnam attracts millions of Buddhist pilgrims yearly wishing for better fortune, and which has resulted in chaotic building practices. Architect Bill Bensley took charge, cleared the slate and the chaos, and actually implemented a huge master plan that resulted in the visual harmony and simplicity that works for all parties.	USA	English-100	2018	RPT	G		Y			

21/01/2026	930	Culture & Society	Designing Paradise With Bill Bensley	Rajasthan Palace - India	1	9	Rajasthan is not the easiest place in India to build a five star palace. Architect Bill Bensley struggles, but sticks to his unique DNA methods and works with the strengths of the local craftsmen to create one of the worlds most treasured accommodations. But will you love the results?	USA	English-100	2018	RPT	G		Y	
21/01/2026	1000	Culture & Society	Paddington Station 24/7	Paddington Station 24/7 Series 1 Ep 3	1	3	This observational series takes a behind-the-scenes look at one of the UK's busiest transport hubs, Paddington station. It chronicles the typical and not-so-typical issues that face station staff, transport workers, emergency services, commuters, tourists and everyone in between. As each day unfolds, workers are met with a fresh set of problems, and must learn how best to handle it all.	UNITED KINGDOM	English-100	2017	RPT	PG	a	Y	Y
21/01/2026	1050	History	Mountain Vets	Episode 3	1	3	Rachael attends to a cow with a potentially fatal displaced stomach and vet Martin operates on a valuable sheepdog to try and save it's injured leg.	UNITED KINGDOM	English-100	2019	RPT	M	a	Y	Y
21/01/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
21/01/2026	1230	News - Overseas	France 24 International SBS Middy	France 24 International SBS Middy	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
21/01/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
21/01/2026	1400	Sport	Gods Of Tennis	Martina Navratilova And Chris Evert	1	3	Cold War suspicions surround Martina Navratilova as she dominates Wimbledon but struggles to be as adored as her rival Chris Evert. This episode tells the story of an intense rivalry that pivots between mutual respect and hostility. But at the heart of this story is Navratilova's search for acceptance - which culminates in an ambition to become the greatest player to ever grace centre court.	UNITED KINGDOM	English-100	2023	RPT	M	I	Y	Y
21/01/2026	1500	Entertainment	Going Places With Ernie Dingo	Bay Of Fires, Fremantle, Healesville	5	2	Rae sets out on foot to traverse Tasmania's Bay of Fires, Ernie catches up with the founder of Freo's famed cappuccino strip and Narelda meets a Sapphire empowering Aboriginal youth.	AUSTRALIA	English-100	2023	RPT	PG		Y	Y
21/01/2026	1535	Food Lifestyle	Plat Du Tour	Croque Monsieur	4	19	Poligny, the home of comte cheese. Comte is a favourite of Guillaume's too, so he cannot resist using it to create his luscious version of France's cheese toastie, the croque monsieur.	AUSTRALIA	English-100	2023	RPT	G		Y	
21/01/2026	1540	Food Lifestyle	Plat Du Tour	Tarte Aux Brimbelle	4	20	In the Vosges Mountains, foraging for berries is a popular mid-summer activity. Guillaume uses wild blueberries to create his twist on a local specialty le tarte aux brimbelles.	AUSTRALIA	English-100	2023	RPT	G		Y	
21/01/2026	1545	Cooking	The Cook Up With Adam Liaw	Cabbage & Friends	7	51	It's time to make friends with cabbage. Adam and his guests, chef Kane Pollard and comedian Jenny Tian have a ball with brassicas.	AUSTRALIA	English-100	2024	RPT	G		Y	
21/01/2026	1615	History	Ocean Wreck Investigation	Last Days Of The Battleship	1	3	Survivors' stories and world-leading shipwreck investigators uncover how the most powerful warships in history had their weaknesses and paid a fatal price. We witness the catastrophic damage on HMS Hood in one of the deadliest naval engagements in history. The story of the USS Arizona at Pearl Harbor shows us how vulnerable a heavily-armoured battleship could be - now a war grave for over 1100 men.	UNITED KINGDOM	English-100	2021	RPT	PG		Y	
21/01/2026	1705	Quiz	Jeopardy!	Jeopardy Series 41 Ep 225	41	225	Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2024		G			
21/01/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 3 Ep 39	3	39	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y	
21/01/2026	1800	Quiz	Mastermind	Episode 48	6	48	Tonight's specialty subjects are: Alexander the Great, NBA, Chuck Yeager's Test Pilot Years and British Navy Warships.	AUSTRALIA	English-100	2024	RPT	G		Y	
21/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 21	2026	21	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	

21/01/2026	1935	Culture & Society	Michael Palin: Into Iraq	Michael Palin: Into Iraq Series 1 Ep 3	1	3	As he starts the final part of his journey deep into Iraq, Michael finds a local school in Baghdad where he talks to the children about life in Iraq and what they hope to do in the future, and how they see the rest of the world. Michael then visits the ancient site of Babylon, a place he used to read about when he was studying the Bible at school.	UNITED KINGDOM	English-100	2022	RPT	M	s	Y	Y	Y
21/01/2026	2030	Culture & Society	The Jury: Murder Trial UK	Prosecution, The	2	3	The prosecution challenge the defendant over her lies, and seek to prove she committed murder. Rifts deepen among the jurors.	UNITED KINGDOM	English-100	2025		M				
21/01/2026	2125	Crime	Crime	Episode 6	2	6	Lennox makes a shocking discovery that turns the case on its head - all is not as it seems and the truth behind these murders lies closer to home. With his own life in danger and his family at risk, Lennox will have to confront some difficult truths and make seismic choices about his future if he is to solve this case and survive.	UNITED KINGDOM	English-100	2024		MA		Y		Y
21/01/2026	2225	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 3	2026	3	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE			Y		
21/01/2026	2255	Thriller	Face To Face	Face To Face Series 1 Ep 5	1	5	The arrow points in the direction of Bjorns former partner and personal friend in the police. A shady and corrupt cop who has cooked up several lies, but Bjorn knows he met with his daughter on the night of her death. Bjorn cuts through his lies and manages to get the name of the expected spider in the web.	DENMARK	Danish-100	2019		M	a l		Y	
21/01/2026	2320	Thriller	Face To Face	Face To Face Series 1 Ep 6	1	6	Bjorn interrogates the mysterious mastermind at gun point only to realise that the man was a father figure to his own daughter. Bjorn must face that the life of his daughter's wild lifestyle, depression and crime was because of Bjorns neglect and absence. Bjorn understands that he himself is guilty of his daughter's suicide.	DENMARK	Danish-100	2019		M	a l		Y	
21/01/2026	2345	Crime	Darkness: Those Who Kill	Ep 5	1	5	Jan and Louise find a dress from the first victim - Natasha - that Anders Kjeldsen has hidden. That same night Anders tries to kidnap a woman. Jan launches a decoy mission. The mission fails and when Louise is on her way home Anders Kjeldsen kidnaps her. Stine Velin attends her big brother Mikkel's 40th birthday party and reveals in a speech that he raped her when she was 14.	DENMARK	Danish-100	2019		MA	a v		Y	
21/01/2026	2440	Crime	Darkness: Those Who Kill	Ep 6	1	6	Louise survives Anders' attack as police identify his victims and grow suspicious of Stine. A raid on Stine's home follows, but the basement is empty and Emma has disappeared, deepening the mystery and heightening the urgency of the search.	DENMARK	Danish-100	2019		MA	a v		Y	
21/01/2026	2530	Thriller	Golden Boy	Golden Boy Series 1 Ep 1	1	1	A football manager under contract with a foreign club discovers Denis, an exceptional player. He gambles his money away and leaves Denis as collateral to gangsters.	MONTENEGRO	Serbian-95; English-5	2022	RPT	MA	d s		Y	
21/01/2026	2625	Culture & Society	The Eco Show	Eastern Bristlebird	2	5	Bridie visits the Currumbin Wildlife Sanctuary on the Gold Coast to look into the effort underway to protect the Eastern Bristlebird and then heads down to Victoria's Wilson's Promontory where Parks Victoria lead a response and recovery program for the bird.	AUSTRALIA	English-100	2022	RPT	G		Y		Y
21/01/2026	2650	Culture & Society	The Eco Show	Cape, The	2	6	Bridie visits Cape Paterson on the Bass Coast of Victoria to explore one of Australia's most sustainable housing estates.	AUSTRALIA	English-100	2022	RPT	G		Y		Y
21/01/2026	2720	Culture & Society	My Name Is Reevea	My Name Is Reevea Series 1 Ep 2	1	2	The A-Story picks up with Barry and June trying to come to terms with the demands of the VOD process. The B-Story follows a detailed account of how the Mollett's debunked Oscar's version of events in their book 'Oscar versus The Truth' while slowly revealing a far darker version of events. The C-Story follows Reevea's recovery after a traumatic accident and her first steps into the professional modelling circuit in Johannesburg.	USA	English-100	2022	RPT	M	a v	Y	Y	Y
21/01/2026	2815	History	My Unique B&B	Tara's Tin Shed	2	14	Tara wants to create a tiny off-grid eco shed that will be a truly unique place to stay. However, her desire to only use upcycled or recycled materials provides a challenge for Simon and his team.	UNITED KINGDOM	English-100	2022	RPT	G		Y		
21/01/2026	2850	Cooking	Destination Flavour China Bitesize	Bamboo Shoots And Cured Ham Stir Fry	1	3	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
22/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y		
22/01/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
22/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y		

22/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News	0		News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
22/01/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
22/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
22/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
22/01/2026	900	Culture & Society	Designing Paradise With Bill Bensley	Hotel De La Coupole - Vietnam	1	10	Shrouded in clouds and perched in one of the highest colonial hill stations in Indochina, architect Bill Bensley has designed from scratch the Hotel de la Coupole of Sapa, Vietnam. Bill explores how the relationship of the fashions of the Indigenous hill tribes are juxtaposed with those of the haute couture in 1900's Paris.	USA	English-100	2018	RPT	PG		Y	
22/01/2026	930	Culture & Society	Designing Paradise With Bill Bensley	Slate - Phuket, The	1	11	Aptly named as The Slate, one of Bill Bensley's first creations is a beach resort like no other. This Tin Mine themed resort offers brutal iron and concrete decor along with cutlery that looks more like a box of spanners. Does that put guests off? Quite the opposite it seems, especially as the hotel offers fine dining with a difference, including a torchlight raft ride across its lake!	USA	English-100	2018	RPT	PG		Y	
22/01/2026	1000	Culture & Society	Paddington Station 24/7	Paddington Station 24/7 Series 1 Ep 4	1	4	This observational series takes a behind-the-scenes look at one of the UK's busiest transport hubs, Paddington station. It chronicles the typical and not-so-typical issues that face station staff, transport workers, emergency services, commuters, tourists and everyone in between. As each day unfolds, workers are met with a fresh set of problems, and must learn how best to handle it all.	UNITED KINGDOM	English-100	2017	RPT	PG	a	Y	
22/01/2026	1050	History	Mountain Vets	Episode 4	1	4	Maurice delivers a valuable litter of 11 sniffer-dogs, Rachel operates on a therapy dog with possible cancerous skin growths and a woman with Asperger's adopts a wild bird.	UNITED KINGDOM	English-100	2019	RPT	PG		Y	Y
22/01/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
22/01/2026	1230	News - Overseas	France 24 International SBS Midday	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
22/01/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
22/01/2026	1400	Current Affairs	Living Black 50 Years of SBS Indigenous	Living Black SBS 50 Interstitials Ep 1	2025	1	Yuwibara and South Sea Island woman Lola Forester, speaks to Karla Grant about her start in Journalism on the Australia's first primetime Indigenous produced current affairs program 'First In Line'.	AUSTRALIA	English-100	2025	RPT	NC		Y	
22/01/2026	1405	Culture & Society	New Zealand From A Train	New Zealand From A Train Series 1 Ep 1	1	1	The Northern Explorer starts in New Zealand's largest city, Auckland, home to just over one and a half million of New Zealand's five million inhabitants. Constructed on a field of more than fifty volcanoes, the field is closely monitored so residents can be warned if there is an impending eruption. The twelve-hour journey passes through some of the most spectacular scenery in New Zealand and is the longest passenger service route in the country.	NEW ZEALAND	English-100	2022	RPT	G		Y	Y
22/01/2026	1500	Entertainment	Going Places With Ernie Dingo	Fitzroy Crossing, Bellenden Ker, Inverloch	5	3	Ernie cruises the ancient waterways of Danggu Gorge, Aaron catches up with a talented woodcarver in QLD's sugarcane country and Narelda tries her hand at natural horsemanship in regional Victoria.	AUSTRALIA	English-100	2023	RPT	PG	a	Y	Y
22/01/2026	1530	Food Lifestyle	Plat Du Tour	Steak Au Poivre With Pomme Frites	4	21	Guillaume shares a meal with Bertrand Auboyneau. Together, they discuss the heritage and evolution of the French bistro tradition and share one of Guillaume's favourite dishes, steak au poivre.	AUSTRALIA	English-70; French-30	2023	RPT	G		Y	Y
22/01/2026	1535	Cooking	Plat Du Tour	Bistecca Alla Fiorentina	5	1	Guillaume meets Florentine tour guide Francesca Sabatini, who takes him on a short tour of the historic centre. Guillaume makes the iconic dish of the city, Bistecca Alla Fiorentina.	AUSTRALIA	English-70; French-29; Italian-1	2024	RPT	G		Y	

22/01/2026	1540	Cooking	The Cook Up With Adam Liaw	Speed Date Dinners	7	52	Tonight, you'll fall in love with Adam's, comedian Lizzy Hoo's and relationship expert Chantelle Otten's speed date dinners.	AUSTRALIA	English-100	2024	RPT	PG	s	Y			
22/01/2026	1615	History	Ocean Wreck Investigation	Nuclear Wrecks	1	4	We uncover the remains of warships from the remote Pacific to the deep Atlantic revealing new insights into how the atom bomb changed our world forever. In the Pacific, a marine science team conduct the first ever 3D sonar scan of ships sunk in nuclear blasts in 1946. Examination of their wrecks and witness testimony now provide new insights into the terrifying effects of the atomic explosions.	UNITED KINGDOM	English-100	2021	RPT	PG	a v	Y			
22/01/2026	1705	Quiz	Jeopardy!	Jeopardy Series 41 Ep 226	41	226	Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2024		G					
22/01/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 3 Ep 40	3	40	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y			
22/01/2026	1800	Quiz	Mastermind	Episode 49	6	49	Tonight's specialty subjects are: The films of Harry Belafonte, FireFly and Serenity, The Indiana Jones Films and Alanis Morissette.	AUSTRALIA	English-100	2024	RPT	G		Y			
22/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 22	2026	22	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y			
22/01/2026	1935	Culture & Society	Toronto Airport Uncovered	Crash, The	1	3	Emergency at Toronto Pearson International Airport when Delta Flight 4819 carrying 80 passengers and crew crashes on landing on runway 23. As the airport goes into an immediate ground stop, cancelling all outbound flights and diverting incoming, the teams on the ground are pushed to their limit, trying to manage the chaos that ensues when you close Canada's busiest airport.	UNITED KINGDOM	English-100	2025							
22/01/2026	2025	Culture & Society	Robson Green: World's Most Amazing Walks	Scotland	1	3	Robson Green is in Scotland, a walkers' paradise, hiking the staggering rift valley that is the Great Glen Way.	UNITED KINGDOM	English-100	2025							
22/01/2026	2120	Thriller	In Flight	Episode 3	1	3	Jo rushes to Sofia when Sonny is stabbed. Whilst keeping vigil by his bedside, she gets caught up in a second attempt on Sonny's life and struggles to trust Cormac when he insists he had nothing to do with it. Having enlisted the help of former police partner, Shana, Dom is told that the Met have zero intel on Cormac. Dom deduces that Cormac must be a small-time bully, with no real connections.	UNITED KINGDOM	English-100	2022				Y	Y	Y	
22/01/2026	2215	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 4	2026	4	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE			Y			
22/01/2026	2245	Thriller	Before We Die	Ep 2	2	2	Dubravka's daughter Bianca is unceremoniously shipped back to the UK like a piece of cargo. As punishment for her desertion, she is imprisoned in the family home. Meanwhile, having escaped her first attempt to kill him, Nicky is back on the hunt for Christian but she soon discovers that Christian is already one step ahead of her.	UNITED KINGDOM	English-100	2023		M	a l v	Y	Y	Y	
22/01/2026	2340	Period	This Town	This Town Series 1 Ep 1	1	1	1981 and Birmingham explodes. Dante, in love, wanders into a riot. He finds himself in a new world, surprising, dangerous, but full of opportunity.	UNITED KINGDOM	English-100	2024	RPT	M	a l v	Y		Y	
22/01/2026	2450	Period	This Town	This Town Series 1 Ep 2	1	2	The funeral brings together different sides of Dante's family - Irish rebels, Jamaicans - and it reunites him with his cousin, Bardon - who can sing.	UNITED KINGDOM	English-100	2024	RPT	M	a l v	Y		Y	
22/01/2026	2555	Culture & Society	The Eco Show	Hydro Tasmania	2	7	This week on the Eco Show, Bridie Shepherd is in Tasmania to learn how hydro systems are powering the nation.	AUSTRALIA	English-100	2022	RPT	PG	a w	Y		Y	
22/01/2026	2625	Culture & Society	The Eco Show	Tasmanian Devil Facial Tumour, The	2	8	Bridie visits Hobart's Bonorong Wildlife Sanctuary and The University of Tasmania to learn about the disease that threatens the Tasmanian Devil species, and the vaccine that's working to saving them.	AUSTRALIA	English-100	2022	RPT	PG	l	Y		Y	
22/01/2026	2655	Culture & Society	My Name Is Reevea	My Name Is Reevea Series 1 Ep 3	1	3	The A-Story follows Barry and June in the build up to their VOD meeting with Oscar. Will they oppose Oscar's bid for freedom? In the B-Story Calvin Mollett shares the most probable version of events based on the findings of their investigation. Barry Bateman also shares a startling discovery which could suggest why Oscar and Reevea argued. The C-Story follows Gina's personal account of Reevea's journey to meeting Oscar.	USA	English-100	2022	RPT	M	a	Y		Y	
22/01/2026	2745	History	My Unique B&B	Rebecca And Ralph's Bender	2	15	In Dorset, musicians Ralph and Dizzy live on a farm with extended family and run woodland workshops in their bender, a simple shelter made from hazel sticks. They want to make the existing structure more attractive to paying customers and have asked Simon and his team to help build it.	UNITED KINGDOM	English-100	2022	RPT	G		Y			

22/01/2026	2820	Nature & Environment	Bamay	Ngarrindjeri Country	2	7	A slow TV showcase of the stunning landscapes found in Ngarrindjeri Country.	AUSTRALIA	English-100	2020	RPT	G						
23/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC						Y
23/01/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC						Y
23/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC						Y
23/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC						Y
23/01/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC						Y
23/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC						Y
23/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC						Y
23/01/2026	900	Culture & Society	Designing Paradise With Bill Bensley	Antique Hunting - Chiang Mai	1	12	Bill Bensley designed this Asian classic hotel, Four Seasons Chiang Mai, in 1992 and since then has been employed as the visual policeman to maintain and renovate. This episode catches Bill planning the latest batch of renovations and he also visits his favourite local cache of antiques. Can the old dame of Chiang Mai still wear her lipstick well? You decide.	USA	English-100	2018	RPT	G						Y
23/01/2026	930	Culture & Society	Designing Paradise With Bill Bensley	Shinta Mani Wild - Cambodia	1	13	The pressures of the growing population in the Cardamon National Park to continue poaching wildlife and log illegally may be the most challenging project of Bill Bensley's life. How does he find the compromise between hungry locals and the staunch conservationists?	USA	English-100	2018	RPT	PG				Y		Y
23/01/2026	1000	Culture & Society	Paddington Station 24/7	Paddington Station 24/7 Series 1 Ep 5	1	5	This observational series takes a behind-the-scenes look at one of the UK's busiest transport hubs, Paddington station. It chronicles the typical and not-so-typical issues that face station staff, transport workers, emergency services, commuters, tourists and everyone in between. As each day unfolds, workers are met with a fresh set of problems, and must learn how best to handle it all.	UNITED KINGDOM	English-100	2017	RPT	PG	a			Y		Y
23/01/2026	1050	History	Mountain Vets	Episode 5	1	5	The vets care for animals with all kinds of value - from high worth racehorses to pedigree bulls and irreplaceable family pets.	UNITED KINGDOM	English-100	2019	RPT	PG				Y		Y
23/01/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC						Y
23/01/2026	1230	News - Overseas	France 24 International SBS Midday	France 24 International SBS Midday	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC						Y
23/01/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC						Y
23/01/2026	1400	Current Affairs	Living Black 50 Years of SBS Indigenous	Living Black SBS 50 Interstitials Ep 2	2025	2	Comedian Sean Choolburra's aunt once lived down the road from SBS. Starstruck by the broadcaster, he wondered if he'd ever work there. Little did he know he'd find himself hosting his own show inside.	AUSTRALIA	English-100	2025	RPT	NC						Y

23/01/2026	1405	Culture & Society	New Zealand From A Train	New Zealand From A Train Series 1 Ep 2	1	2	This episode follows the iconic journeys of two scenic trains in New Zealand's South Island - the Coastal Pacific and the TranzAlpine. The stories of the protagonists alternate with aerial photography featuring the spectacular landscapes of the Kaikoura coastline, Canterbury, Southern Alps, and the dramatic West Coast.	NEW ZEALAND	English-100	2022	RPT	PG	a w	Y	Y
23/01/2026	1500	Entertainment	Going Places With Ernie Dingo	Augusta, Eden, Seisia	5	4	Ernie takes in 360-views of Augusta from an iconic lighthouse, Narelda learns the fascinating history of whaling in Eden and Aaron connects with a Cape York local making an impact in her community.	AUSTRALIA	English-100	2023	RPT	G		Y	Y
23/01/2026	1530	Cooking	Plat Du Tour	Panini With Mortadella And Burrata	5	2	Guillaume visits the deli of Davide Simoni. Together Guillaume and Davide create the ultimate Italian sandwich featuring mortadella, pesto, and burrata cheese.	AUSTRALIA	English-70; French-29; Italian-1	2024	RPT	G		Y	
23/01/2026	1535	Cooking	Plat Du Tour	Silverbeet And Ricotta Agnolotti	5	3	The Piedmont region is famous for some wonderful pastas. Guillaume meets Rosanna, an 83 year old Nonna shares her secrets for making authentic agnolotti filled with silverbeet and ricotta.	AUSTRALIA	English-70; Italian-30	2024	RPT	G		Y	Y
23/01/2026	1540	Cooking	The Cook Up With Adam Liaw	Cookies	7	53	Shh! Nobody tell the Cookie Monster that Adam and his guests, baker Natalie Paull and ballet star David Hallberg, are making cookies.	AUSTRALIA	English-100	2024	RPT	G		Y	
23/01/2026	1615	History	Ocean Wreck Investigation	Savage Revenge	1	5	This episode tells the stories of two shocking revenge attacks in WWII. In 1944, in retaliation for Pearl Harbor, the Americans launched a massive aerial bombardment of the Japanese fleet in the Pacific - and in the Baltic, the most shocking attack in Maritime history. The German liner Wilhelm Gustloff was torpedoed by a Russian submarine, with the loss of some 10,000 people.	UNITED KINGDOM	English-100	2021	RPT	PG	a v	Y	
23/01/2026	1705	Quiz	Jeopardy!	Jeopardy Series 41 Ep 227	41	227	Ken Jennings hosts Jeopardy! Where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2024		G			
23/01/2026	1730	Quiz	Letters And Numbers	Letters And Numbers Series 3 Ep 41	3	41	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2012	RPT	G		Y	
23/01/2026	1800	Quiz	Mastermind	Episode 50	6	50	Our weekly family winners are back with two minutes of general knowledge, plus the dreaded slow burn round. Tonight's slow burn topics are: an annual event, a person, a book and an animal.	AUSTRALIA	English-100	2024	RPT	G		Y	
23/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 23	2026	23	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y	
23/01/2026	1930	Culture & Society	The Great House Revival	Rockhouse	5	5	Secondary school teacher Grace Cotter and her landscape gardener husband John are restoring what they think is a modest Georgian farmhouse in the hills of Kilmacsimon for them and their soon to be three children in West Cork. When John and Grace purchase their home, it's hard to see past the dire condition the house is in.	IRELAND	English-100	2025					
23/01/2026	2030	Culture & Society	The Great House Revival	Rathmullan	5	6	When recently returned Asset Manager Eoghan O'Riain wanted to set up roots in his native Rathmullan after working all over the world, he stumbled upon this quaint terrace house with a stunning sea view. What could have easily become a holiday home, left vacant for most of the year, Eoghan hopes to transform into a cosy home for himself and his dog Charlie.	IRELAND	English-100	2025					
23/01/2026	2130	Culture & Society	Isle Of Wight: Jewel of the South	Ep 3	1	3	The High Sheriff attends the steam fair where she joins in all-female Morris dancing.	UNITED KINGDOM	English-100	2023	RPT	G		Y	Y
23/01/2026	2220	News - Overseas	SBS World News Late	SBS World News Late 2026 Ep 5	2026	5	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE			Y	
23/01/2026	2250	Period	Sisi	Episode 2	3	2	Sisi picks up Rudolf and leaves Vienna, giving Franz an ultimatum that she will only return if she can decide how her son will be raised; Franz tries to reduce the unrest among the workers.	GERMANY	German-100	2023	RPT	M	a n s		Y
23/01/2026	2345	Crime	Babylon Berlin	Babylon Berlin Series 1 Episode 5	1	5	When Kardakow wakes up in Svetlana's bed, he sees Fallin and Selinsky out on the street approaching the house. He wants to warn his girlfriend, but she comes to him disguised as Lukasz Nikoros.	GERMANY	German-50; Russian-50	2017	RPT	MA	a n s v		Y

23/01/2026	2440	Crime	Babylon Berlin	Babylon Berlin Series 1 Episode 6	1	6	The journalist Katelbach wakes up Rath with the request to supply him with details about the injured police officer Dorr.	GERMANY	German-50; Russian-50	2017	RPT	MA	a d n s		Y
23/01/2026	2535	Thriller	Silent Road	Family Affair	1	7	Despite shocking twists in the investigation, police have yet to make an arrest regarding the kidnapped children; Thalia delves deeper into the clue left for her by the orchestrator.	GREECE	Greek-100	2022	RPT	M	a v		Y
23/01/2026	2635	Thriller	Silent Road	Old Stories	1	8	The parents of the kidnapped children and the police wonder about a connection between a deadly accident from 25 years ago and the current abduction.	GREECE	Greek-100	2022	RPT	M	a s v		Y
23/01/2026	2730	History	Sinking The German Fleet	Dreadnought Destruction: Sinking The German Fleet		0	A chronicle of the greatest loss of warships in history and the last casualties of World War One. As the Treaty of Versailles was still being negotiated, German High Seas Fleet admiral Ludwig von Reuter secretly ordered the deliberate sinking of his entire fleet of 74 ships in Orkney, Scotland. This program uses dramatic reconstructions, rare archive and expert interviews to recount the scuttling at Scapa Flow, and in doing so illustrates the wider tensions unfolding in Europe at the end of the war.	GERMANY	English-82; German-15; French-3	2020	RPT	PG	a v	Y	Y
23/01/2026	2830	Culture & Society	Bamay	Kalkadoon Country, Mt Isa Pt 1	5	10	Over three-parts, we venture to Kalkadoon Country in Mount Isa, QLD. Known for rugged landscapes and rich Indigenous heritage, this region offers a unique glimpse into the heart of the Aussie outback.	AUSTRALIA	English-50; Larrakia-50	2024	RPT	G			
24/01/2026	500	News - Overseas	NHK World English News Morning	NHK World English News Morning	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2025		NC		Y	
24/01/2026	530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
24/01/2026	600	News - Overseas	DW English News	DW English News Morning	2025	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2025		NC		Y	
24/01/2026	630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
24/01/2026	700	News - Overseas	BBC News At Six	BBC News At Six	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y	
24/01/2026	730	News - Overseas	France 24 English News	France 24 English News Morning First Edition	2025	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2025		NC		Y	
24/01/2026	800	News - Overseas	DD India News Hour	DD India News Hour	0	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2025		NC		Y	
24/01/2026	900	Culture & Society	The Eco Show	Reground	2	1	Bridie Shepherd kicks off season two of The Eco Show with a visit to her hometown of Melbourne. What's more Melbourne than coffee and in this episode, Bridie visits the team at Reground, whose goal is to understand Australia's waste output and facilitate the most effective circular solutions starting with, of course, coffee!	AUSTRALIA	English-100	2022	RPT	PG	a w	Y	Y
24/01/2026	930	Culture & Society	The Eco Show	Agrarian Kitchen, The	2	2	Bridie heads to New Norfolk, just outside of Hobart in Tasmania, to visit the team from The Agrarian Kitchen. The Agrarian Kitchen is a sustainable farm that also teaches people how to cook with as minimal waste as possible.	AUSTRALIA	English-100	2022	RPT	G		Y	Y
24/01/2026	1000	Culture & Society	The Eco Show	Great Eastern Ranges	2	3	Bridie heads to the Great Eastern Ranges along the north coast of NSW to meet the people (and canines) helping to restore the native ecology.	AUSTRALIA	English-100	2022	RPT	PG		Y	Y
24/01/2026	1030	Culture & Society	The Eco Show	Coffs Harbour Eco Tourism	2	4	Bridie visits Coffs Harbour to find out how it became the first certified 'Eco Destination' in NSW, and samples some of the many activities on offer there.	AUSTRALIA	English-100	2022	RPT	G		Y	Y
24/01/2026	1055	Culture & Society	Puppy Secrets: The First Six Months	Episode 1	2022	1	Everyone loves puppies. They are cute, cuddly, and clumsy - a joy to watch, and even more of a joy to have in the home. But puppies aren't just adorable. In the crucial first 6 months of their lives, a puppy changes more than you could imagine: from squirming newborn - blind, deaf and all but helpless - to a fully developed dog that is acclimatised to the modern world, and standing on the verge of adulthood.	UNITED KINGDOM	English-100	2022	RPT	G		Y	Y

24/01/2026	1200	News - Overseas	BBC News At Ten	BBC News At Ten	2026	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2026		NC		Y		
24/01/2026	1230	News - Overseas	France 24 International SBS Middy	France 24 International SBS Middy	2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
24/01/2026	1300	News - Overseas	PBS Newshour	PBS Newshour	2023	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
24/01/2026	1400	Figure Skating	Isu Figure Skating 2025/26 Highlights	European Championships, United Kingdom, Part 1	2025	6	All the best moments from the 2026 ISU Figure Skating European Championships from Sheffield, United Kingdom - Part 1.			2025		NC		Y		
24/01/2026	1600	Yacht Racing	Sail GP 2026 Highlights	Round 1, Perth	2026	1	Highlights from Round 1 of the Oracle Perth Sail Grand Prix.			2026				Y		
24/01/2026	1700	Cooking	Plat Du Tour	Tagine Of Lamb With Prunes And Couscous	5	13	Plums were introduced to Europe by Benedictine Monks returning from the Crusades. Guillaume visits a local plum orchard to discover what makes the prunes of Agen so special and uses them in a delicious lamb tagine.	AUSTRALIA	English-80; French-20	2024	RPT	G		Y	Y	
24/01/2026	1705	Entertainment	Going Places With Ernie Dingo	Bungle Bungles, Coranderrk, Cairns	5	5	Ernie experiences the breathtaking Bungle Bungles in the heart of the Kimberley, Narelda visits Coranderrk with a Wurundjeri elder and Aaron steps into the studio with didge-legend Dave Hudson.	AUSTRALIA	English-100	2023	RPT	G		Y	Y	
24/01/2026	1735	Culture & Society	Our Tiny Islands	Episode 1	1	1	In this episode we travel the length of the UK, from Fair Isle off the coast of Scotland in the far north, via the uninhabited Cockle Island in Northern Ireland and down to the Isles of Scilly off the South West coast.	UNITED KINGDOM	English-100	2025						
24/01/2026	1830	News - Overseas	SBS World News 2026	SBS World News 2026 Ep 24	2026	24	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2026	LIVE	NC		Y		
24/01/2026	1930	History	Secrets Of Britain's Historic Houses	Peacocks And Elephants	3	3	Kedleston Hall's Peacock Dress, a symbol of the British Raj in India, gets a makeover and a rare but damaged painting from Dyrham Park reveals a controversial colonial past.	UNITED KINGDOM	English-100	2024						
24/01/2026	2040	Culture & Society	Swiss Alpine Rail Journeys	Adaptable Arosa Line, The	1	2	For 110 years, the Arosa Railway has been a vital lifeline from Chur, the capital of Graubunden, to the renowned winter resort of Arosa, chugging along at a modest 30 km per hr. The journey begins as a tram gliding through the historic streets of Chur, before transforming into a mountain railway. It travels over breathtaking viaducts, past cascading waterfalls and wild streams, steadily climbing toward the snow-clad peaks of Arosa.	GERMANY	English-70; German-30	2024	RPT	PG	n	Y	Y	
24/01/2026	2140	Culture & Society	The Secret DNA of Us	Surry Hills	1	2	Join Marc Fennell and his team in the eclectic Sydney suburb of Surry Hills, where they tell two strangers, Tim and Narelle, how they're related, give local Donna a family legacy to cherish, and show Sasha previously sealed documents while revealing the people of Surry Hills share more in common than they realise.	AUSTRALIA	English-100	2024	RPT	PG	a	Y	Y	Y
24/01/2026	2250	Culture & Society	Scottish Islands With Ben Fogle	Isle Of Mist - Skye	2	4	On the breath-taking Isle of Skye, Ben Fogle investigate how spiritual and religious power still survives in the face of so many visitors and sets off to discover sacred places.	UNITED KINGDOM	English-100	2023	RPT	PG		Y	Y	
24/01/2026	2355	Contemporary	House Of Promises	Ep 5	1	5	Vicky is standing in line at the employment office, but as a pregnant woman there is no work for her. She scours through the newspapers and walks desperately through the streets in the Scheunenvierte.	GERMANY	German-100	2022	RPT	M	a	Y	Y	
24/01/2026	2450	Contemporary	House Of Promises	Ep 6	1	6	Harry and Vicky are enjoying their re-found love in Harry's apartment when his father suddenly appears at the door and makes a monumental request to Harry.	GERMANY	German-100	2022	RPT	M	a s		Y	

24/01/2026	2545	Period	House Of Promises	Ep 1	2	1	Berlin 1932 Vicky has become department manager for women's clothing at Jonass and is very proud. She looks chic in her Marlene Dietrich outfit at the presentation of the latest Parisian fashions.	GERMANY	German-100	2022	RPT	M	s	Y	
24/01/2026	2635	Period	House Of Promises	Ep 2	2	2	Vicky decides to marry Wilhelm and is overjoyed to inform Elsie. Unfortunately she doesn't notice that Harry is in the apartment and is listening to everything.	GERMANY	German-100	2022	RPT	M	s	Y	
24/01/2026	2730	History	Gestapo: Hitler's Secret Police	Gestapo: Hitler's Secret Police		0	How did Hitler's small militia become such a relentless and efficient state apparatus in just a few years? How did it manage to create a climate of fear and doubt by adapting to the various times and countries? Why was the Gestapo put in charge of the Final Solution and death camps, becoming the ultimate extermination tool?	FRANCE	English-60; French-20; German-20	2022	RPT	M	a	Y	Y
24/01/2026	2830	Culture & Society	Bamay	Kalkadoon Country, Mt Isa Pt 2	5	11	Over three-parts, we venture to Kalkadoon Country in Mount Isa, QLD. Known for rugged landscapes and rich Indigenous heritage, this region offers a unique glimpse into the heart of the Aussie outback.	AUSTRALIA	English-50; Larrakia-50	2024	RPT	G			