

Program Guide

Sunday, 19 October 2025

4:00am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	Slugterra Ascension (Repeat,PG,Parental Guidance Recommended)
6:05am	The Strange Chores (CC,AD,Repeat,G)
6:20am	The Strange Chores (CC,AD,Repeat,G)
6:30am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:50am	Jade Armor (CC,Repeat,G)
7:15am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:35am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
8:00am	We Bare Bears (Repeat,G)
8:10am	We Bare Bears (Repeat,PG,Parental Guidance Recommended)
8:20am	Teen Titans Go! (CC,Repeat,PG,Parental Guidance Recommended)
8:30am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:45am	The Powerpuff Girls (CC,PG,Parental Guidance Recommended)
8:55am	The Powerpuff Girls (CC,PG,Parental Guidance Recommended)
9:05am	Super Happy Magic Forest (CC,AD,Repeat,G)
9:20am	Super Happy Magic Forest (CC,AD,Repeat,G)
9:30am	The Strange Chores (CC,AD,Repeat,G)

9:40am	Little Lunch Specials (Repeat,G)
10:10am	Gangnam Project (CC,AD,G)
10:35am	The Next Step (CC,G)
11:00am	George Clarke's Amazing Spaces (CC,AD,Repeat,G) George meets a couple converting four porta-cabins into their dream home, and a teacher transforming her garden into a holiday getaway. In Italy, George discovers a prefab house made of timber and triple glazing with a view.
11:50am	My Family: Luck Be A Lady Tonight (CC,Repeat,PG) Despite Ben's protests, Susan tries to find a date for Roger in order to make Abi jealous and awaken her interest in him. Michael gets the house valued and starts to show people around, much to his parents' disbelief.
12:20pm	Movie: Chef (CC,AD,Repeat,2014,M,Coarse Language) After Chef Carl Casper quits his job at a restaurant, he finds himself launching a food truck. Taking to the road, Chef Carl goes back to his roots to reignite his passion for the kitchen - and zest for life and love.
2:10pm	ER: Into That Good Night (CC,Repeat,PG,Adult Themes, Medical Procedures) ER staff tend to a dying heart transplant candidate. Carter worries that he may have contracted an STD from Liz. Ross admonishes a woman for not buying her daughter asthma medicine. Jenn Greene prepares to move to Milwaukee.
2:55pm	Heartbreak High (CC,Repeat,PG) Stassy thrills Bolton with her new-found mysticism but manages to enrage Katerina.
3:40pm	A Bite To Eat With Alice: Rachel Ward (CC,Repeat,G) Acting icon Rachel Ward joins Alice as they make a re-generative steak pie, while Rachel tries to move past her distaste for sauerkraut with Alice's help.
4:05pm	Would I Lie To You?: Tom Allen, Sarah Greene, Ugo Monye & Morgana Robinson (CC,Repeat,G) Rob Brydon is back in the host's chair, with Lee Mack and David Mitchell returning as team captains. Sorting the fact from the fiction this week are guests Tom Allen, Sarah Greene, Ugo Monye and Morgana Robinson.

4:35pm	MythBusters: Plywood Builder / Can't Beat the Speed Radar (CC,Repeat,PG,Adult Themes) The MythBusters are defying death in the quest for flight and, can we legally beat the police radar?
5:30pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G) George goes to Scotland to meet up with a farmer creating a flat pack, live in, caravan-shaped treehouse and visits a Macclesfield first-time builder hoping an old shed can be transformed into a Dr Who-inspired play-den.
6:15pm	Phil Spencer: Secret Agent: Uddingston (CC,Repeat,G) Phil goes undercover to view an outdated property in Uddingston on the outskirts of Glasgow. He meets Pamela and Ian, whose five-bed has only had 12 viewings in six months.
7:05pm	Spicks And Specks: Reuben Styles, Cal Wilson, Thando & Nath Valvo (CC,Repeat,PG,Drug references, Sexual references) Thando, Cal Wilson, Nath Valvo and Reuben Styles join Alan and Myf to try and solve the secret song clues. Will they all arrive at the correct answer? Features a fabulous performance by Ausecuma Beats to close the show.
7:35pm	QI: Spooky (CC,Repeat,PG) Sandi Toksvig hosts a specially spooky episode of QI with David Mitchell, Richard Osman, Zoe Lyons and Alan Davies.
8:10pm	Louis Theroux's Forbidden America: Extreme and Online (CC,AD,Repeat,MA,Adult Themes,This program contains content that may concern some viewers.) Louis Theroux meets the latest incarnation of the American far right: a political movement born out of the internet and increasingly making its presence felt on the political stage.
9:10pm	Planet America: Weekend Edition (CC,Repeat) Join John Barron and Chas Licciardello as they take a deeper look at the people, issues and politics driving America this week. Plus longer interviews and in-depth discussions on the second Trump presidency.
9:55pm	Offsiders (CC,Repeat) Abbey Gelmi and the panel cover the week in sport including the start of the A-League Men's season, the NBL, WNBL, AFLW, Women's ODI World Cup Cricket, Spring Racing Carnival and more.

10:30pm ER: Chicago Heat
(CC,Repeat,PG,Adult Themes, Medical Procedures)
With the hospital air conditioning failing during a heatwave, Dr. Ross treats a six-year-old suffering from a cocaine overdose. Benton and Langworthy try to save a boy shot in self-defense. Susan's sister wreaks havoc.

11:10pm My Family: Luck Be A Lady Tonight
(CC,Repeat,PG)
Despite Ben's protests, Susan tries to find a date for Roger in order to make Abi jealous and awaken her interest in him. Michael gets the house valued and starts to show people around, much to his parents' disbelief.

11:45pm rage
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:45am Louis Theroux Interviews Yungblud
(CC,Repeat,M,Adult Themes, Coarse Language, Nudity)
In a Paris hotel, during the European leg of his tour, Louis and Yungblud sit down to discuss a range of topics - including his mental health, his sexuality and his response to outspoken critics.

1:30am Louis Theroux Interviews Bear Grylls
(CC,Repeat,M,Adult Themes)
Louis sits down with Bear, in an attempt to understand the real man beneath the tough-guy exterior. He learns about Bear being taken to see self-help gurus as a child and his experience of boarding school.

2:15am The Stand Up Sketch Show
(CC,Repeat,M,Coarse Language, Sexual References)
Breakneck comedy show packed with stand-up routines from top comics, brought to life in sketch form. Featuring Seann Walsh, Finlay Christie and Dee Allum.

2:40am QI: Random
(CC,Repeat,PG)
Sandi and Alan are joined by Bill Bailey, Sally Phillips, Daliso Chaponda and a virtual studio audience to look into a series of random questions.

3:10am ABC News Update
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:15am

Heartbreak High

(CC,Repeat,PG)

Stassy thrills Bolton with her new-found mysticism but manages to enrage Katerina.

Monday, 20 October 2025

4:00am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	The Strange Chores (CC,AD,Repeat,G)
6:10am	The Strange Chores (CC,AD,Repeat,G)
6:20am	The Inbestigators (CC,Repeat,G)
6:40am	Cloudy With A Chance Of Meatballs (Repeat,G)
7:00am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
7:10am	My Little Pony: Friendship Is Magic (G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
8:00am	Teen Titans Go! (Repeat,G)
8:10am	Teen Titans Go! (CC)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Odd Squad (Repeat,G)
9:15am	Gardening Australia Junior (CC,AD,Repeat,G)
9:25am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	Mini Lessons (CC,Repeat,G)
10:10am	BTN Specials (CC,AD)

10:30am	Dr Ann's Secret Lives (CC,AD,Repeat,G)
11:15am	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
12:05pm	Phil Spencer: Secret Agent (CC,Repeat,G)
12:55pm	My Family (CC,Repeat,PG)
1:25pm	Jonestown: Terror In The Jungle (CC,Repeat,M,Adult Themes,This program contains content that may disturb some viewers.)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG,Adult Themes)
3:35pm	A Bite To Eat With Alice (CC,Repeat,G)
4:05pm	Would I Lie To You? (CC,Repeat,G)
4:40pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:30pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Sittingborne (CC,Repeat,G) Neil and Jackie Harris are desperate for more space for them and their two boys. But Phil discovers a house with a spiral stairway hiding mounds of clutter, a garden full of rubble and a bathroom from the past.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
7:35pm	QI: Procrastination (CC,Repeat,M,Sexual References) Regulars Sandi Toksvig and Alan Davies are joined by guests Aisling Bea, Holly Walsh and Nikki Bedi to discuss Procrastination.
8:05pm	Would I Lie To You?: Joan Bakewell, Warwick Davis, Paul Hollywood & Jason Manford (CC,Repeat,G) Lee and David are joined by Joan Bakewell, Warwick Davis, Paul Hollywood and Jason Manford. Rob Brydon is host.

8:35pm **Penn And Teller: Fool Us: Waiter, There's Confetti in My Magic**
(CC,PG)
Featured magicians include Laurent Piron, Mark Clearview, Glenn West and Abby Segal.

9:20pm **Whose Line Is It Anyway?: Tinashe**
(CC,Repeat,M,Coarse Language)
Aisha Tyler hosts another episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Jeff Davis and star guest actress and singer Tinashe.

9:45pm **Spooks**
(CC,AD,Repeat,M,Sex Scenes, Violence)
Adam Carter and Ros go undercover - Adam as a passenger and Ros as an air stewardess - in a bid to stop nuclear triggers getting to Iran.

10:40pm **ER: Another Perfect Day**
(CC,Repeat,PG,Adult Themes, Medical Procedures)
Doug's hopes regarding Carol take a positive turn after the two of them kiss following a stressful trauma. Benton and Langworthy both interview for the Starzl fellowship. A drunk Chloe throws a tantrum in the hospital.

11:25pm **My Family: First Past The Post**
(CC,Repeat,PG)
With a mixture of civic pride and sense of community, Susan decides to run for council. As a result of this...and Michael's new pet, Ben is tempted to run for the hills.

11:55pm **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:55am **Movie: In The Heights**
(CC,Repeat,2021,PG)
In the Heights fuses Lin-Manuel Miranda's kinetic music and lyrics with director Jon M. Chu's lively and authentic eye for storytelling to capture a world very much of its place, but universal in its experience.

3:15am **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:20am **Heartbreak High**
(CC,Repeat,PG,Adult Themes)
Dyson announces that Allie has won the state literary fellowship, but Allie turns it down after finding out that she is pregnant.

Tuesday, 21 October 2025

4:00am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,G)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	The Strange Chores (CC,AD,Repeat,G)
6:10am	The Strange Chores (CC,AD,Repeat,G)
6:20am	The Inbestigators (CC,Repeat,G)
6:40am	Cloudy With A Chance Of Meatballs (Repeat,G)
7:00am	The Powerpuff Girls (CC,Repeat,G)
7:10am	My Little Pony: Friendship Is Magic (G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:55am	Teen Titans Go! (Repeat,G)
8:10am	Teen Titans Go! (CC)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:40am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Odd Squad (Repeat,G)
9:15am	Gardening Australia Junior (CC,AD,Repeat,G)
9:25am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
9:55am	BTN (CC,AD,Repeat)
10:20am	Plate Tectonics: Theory, Margins And Landforms (CC,G)

10:55am	BTN Newsbreak (CC,Repeat)
11:00am	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Sex Scenes, Violence)
2:05pm	ER (CC,Repeat,PG,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,G)
4:05pm	Would I Lie To You? (CC,Repeat,G)
4:40pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:30pm	George Clarke's Amazing Christmas Spaces (CC,AD,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Tunstall (CC,Repeat,G) Phil travels to Tunstall in Kent, to the country cottage of Sarah Sewells and Andrew Morris. The couple bought the house two years ago, but with marriage on the horizon, they'd love to move to a bigger family house.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
7:35pm	QI: Rock 'n' Roll (CC,Repeat,M,Sexual References) Sandi Toksvig asks questions about rocks, rolls and rock 'n' roll, leaving Bill Bailey, Katy Brand, Eshaan Akbar and Alan Davies trying to come up with interesting answers - while avoiding the most obvious ones. (Final)
8:05pm	Would I Lie To You?: The Unseen Bits (CC,Repeat,PG) Rob Brydon, Lee Mack and David Mitchell return for an episode of previously unseen material from the hit comedy panel show "Would I Lie To You?".

8:35pm	Austin (CC,AD,Repeat,PG) Austin thinks he's on a date. Greta thinks it's a meeting. Julian goes rogue at the publisher's office, and Ingrid quietly edges toward a Big Bear deal without him.
9:05pm	Austin (CC,AD,Repeat,PG) Austin fakes pop culture tastes to sell books. Ingrid starts her job as creative director of the new show and is confronted by the star, Rodger Corser wanting to change things. Julian bonds with Rodger and ruins everything.
9:35pm	Spooks (CC,AD,Repeat,M,Violence) Secret diplomacy leads to a new peace pact that would avert a catastrophic war, but armed infiltrators threaten to disrupt a television broadcast designed to allay fears of a military confrontation.
10:30pm	ER: 9 1/2 Hours (CC,Repeat,M,Adult Themes, Medical Procedures) Dr. Ross tries to maintain order at the ER on Greene's day off. Hathaway treats a rape victim who is afraid to cooperate with police. Carter works on a high school wrestler who starved himself to make weight.
11:10pm	My Family: My Will Be Done (CC,Repeat,PG) Following the death of Susan's best friend Linda, Ben starts thinking about his will, Susan thinks about his funeral and Nick returns from riding the Circle Line to take a job as an Official Mourner at a local funeral home.
11:45pm	rage (MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence) Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
12:45am	Movie: L.A. Confidential (CC,AD,Repeat,1997,MA,Violence) Los Angeles, 1953. Beneath the glamorous veneer of Hollywood lies a crime-ridden city corrupt to its core. While investigating a brutal murder, three very different detectives will rediscover a common bond of integrity.
3:00am	ABC News Update (Repeat) The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:05am

Heartbreak High

(CC,Repeat,PG)

Bolton surprises everyone when he wins the Henry Lawson poetry contest.

Wednesday, 22 October 2025

4:00am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,PG,Parental Guidance Recommended)
4:50am	Be Cool, Scooby-Doo! (Repeat,G)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	The Strange Chores (CC,AD,Repeat,G)
6:10am	The Strange Chores (CC,AD,Repeat,G)
6:20am	The Inbestigators (CC,Repeat,G)
6:35am	Cloudy With A Chance Of Meatballs (Repeat,G)
7:00am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
7:10am	My Little Pony: Friendship Is Magic (G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:55am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC)
8:20am	Pokemon: Diamond And Pearl (CC,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,PG,Parental Guidance Recommended,This program may contain reviews of games that have M classified material.)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Odd Squad (Repeat,G)
9:15am	Gardening Australia Junior (CC,AD,Repeat,G)
9:25am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
9:55am	Show Me The Honey! (CC,Repeat,G)

10:25am	TBA
10:50am	ScienceXplosion (CC,Repeat,G,For some of these activities you need to ask for an adult's permission. Do not try doing them on your own.)
10:55am	BTN Newsbreak (CC,Repeat)
11:05am	George Clarke's Amazing Christmas Spaces (CC,AD,Repeat,G)
11:55am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Violence)
2:10pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,G)
4:05pm	Would I Lie To You? (CC,Repeat,PG)
4:40pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:30pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Folkestone (CC,Repeat,G) Phil comes to the rescue of grandmother Elaine Care, whose four bedroom semi in Folkestone has been on the market for a whopping two years.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
7:35pm	QI: Television (CC,Repeat,M,Coarse Language) Sandi Toksvig celebrates the hundredth birthday of the BBC with a special edition of QI all about television - featuring panellists Zoe Lyons, Greg James, Richard Osman and Alan Davies.

8:05pm Would I Lie To You?: The Best Bits
(CC,Repeat,PG)
Rob Brydon, Lee Mack and David Mitchell return for an episode packed with some of the best bits from the series. Among the guests are Jo Brand, Emma Bunton, Daisy May Cooper, Stacey Dooley, Rhod Gilbert and others.

8:35pm Unforgotten
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Sex Scenes)
The Bishop Street team investigate Gerry Cooper's life and criminal record, making contact with his widow, Juliet. Darker layers to the suspects' lives are revealed.

9:25pm Spooks
(CC,AD,Repeat,M,Coarse Language, Violence)
Steely spy Ros Myers must redeem herself by getting information on the latest operation by Yalta, the shadowy anti-American organisation.

10:20pm ER: ER Confidential
(CC,Repeat,M,Adult Themes, Medical Procedures)
It's Thanksgiving and the ER treat an animal rights activist who was attacked by the turkey he was trying to save. Doctors help a suicidal transgender woman and try to save two boys who killed a girl in a car accident.

11:05pm My Family: My Fair Charlady
(CC,Repeat,PG)
Susan hires a cleaner, who turns out to be so efficient that she takes over the cooking too - much to the family's delight. Michael gets keen on football to impress a girl and Abi learns the dictionary to get a library job.

11:35pm rage
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:40am Documentary Now!: Juan Likes Rice and Chicken
(CC,Repeat,G)
The story of 83-year-old Juan, his son Arturo, and his award winning restaurant "Juan's Rice & Chicken."

1:00am Movie: Payback
(CC,Repeat,1998,MA,Coarse Language, Violence)
They took his money. They took his wife. And they tried to take his life. Now it's time for payback as one man starts his own personal war against the syndicate in this hard-edged thriller.

2:40am QI: Naming Names
(CC,Repeat,M,Sexual References)
Joining host Sandi Toksvig on the QI panel are comedians Alan Davies, Cariad Lloyd, Romesh Ranganathan and Phill Jupitus.

3:10am ABC News Update
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:15am Heartbreak High
(CC,Repeat,PG)
Bolton tries to prevent the closing of his uncle's bowling alley but receives little help from his friends.

Thursday, 23 October 2025

4:00am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	The Strange Chores (CC,AD,Repeat,G)
6:10am	The Strange Chores (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:40am	Cloudy With A Chance Of Meatballs (Repeat,G)
7:00am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
7:10am	My Little Pony: Friendship Is Magic (CC,Repeat,G)
7:35am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,PG,Parental Guidance Recommended)
7:55am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC)
8:20am	Pokemon: Diamond And Pearl (CC,PG,Parental Guidance Recommended)
8:40am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Numberblocks (CC,Repeat,G)
9:05am	Alphablocks (CC,Repeat,G)
9:10am	Wordsville (Repeat,G)
9:15am	Know It Alls: History (CC,Repeat,G)
9:25am	Horrible Histories (CC,Repeat,G)
9:40am	Back In Time For The Corner Shop: Education Shorts (CC,Repeat,G)

9:50am	History Hunters (CC,Repeat,G)
10:15am	The Ancient World Greece (CC,G)
10:25am	BTN (CC,AD,Repeat)
10:50am	The Ancient World (Repeat,G)
10:50am	The Ancient World (Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:05am	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Coarse Language, Violence)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,G)
4:05pm	QI (CC,Repeat,PG)
4:40pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:30pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: West Worthing (CC,Repeat,G) Phil is tasked with helping Victoria and Michael shift the grand Victorian house they've called home for the past 30 years. The property is wearing them out but the trouble is, the interior is as tired as they are.
7:05pm	Richard Osman's House Of Games (CC,PG) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
7:35pm	QI: Rude (CC,Repeat,M,Coarse Language, Sexual References) QI has now reached the letter R and a rather Rude encounter. Joining Sandi Toksvig are John Barrowman, Phill Jupitus, Aisling Bea and regular panellist Alan Davies.

8:05pm	Would I Lie To You?: Rhod Gilbert, Sally Phillips, Des O'Connor, Tess Daly (CC,Repeat,G) Rhod Gilbert, Sally Phillips, Des O'Connor and Tess Daly join team captains Lee Mack and David Mitchell. Which team can best fool the opposition into mistaking fact for fiction and fiction for fact?
8:35pm	Hard Quiz (CC,Repeat,PG) Tom Gleeson and his Big Brass Mug are besieged by another four contestants with eclectic expert subjects: lawn bowls lover Andrew, hyaenas expert Alex, Aunty Donna fan Geordie, and Jye, who's really into The O.C.!
9:05pm	Gruen (CC,Repeat,M,Adult Themes) How the servo pumps us full of ads. The Pitch asks if it's okay to lie to kids. Plus a look at the latest campaign to stop violence against women. Wil and Russel are joined by Adam Ferrier, Annie O'Rourke, and Camey O'Keefe.
9:45pm	Planet America (CC,Repeat) Donald Trump has invited Australia's Prime Minister Anthony Albanese to Washington DC for their first one-on-one meeting in person. Chas and John discuss what it all means for trade, AUKUS, defence and US-Australia relations.
10:15pm	Shaun Micallef's MAD AS HELL (CC,Repeat,M,Coarse Language, Sexual References) Chandler and Monica, tired of sneaking around, each make up an excuse to leave town and then go away for a weekend together but then both forget to turn up.
10:50pm	ER: Blizzard (CC,Repeat,M,Adult Themes, Medical Procedures) The ER goes from completely empty to jammed beyond capacity during a chaotic snowstorm that caused a 32-car expressway pileup. Ross and Linda return from the Caribbean just as Carol makes a surprise announcement.
11:35pm	rage (CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence) Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
12:35am	Movie: The Pianist (CC,AD,Repeat,2002,MA,Adult Themes, Violence) During WWII, pianist and composer Wladyslaw Szpilman becomes separated from his family. As the situation worsens, he must hide in the ruins of Warsaw and put his trust in a sympathetic German officer in order to survive.

3:00am ABC News Update
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:05am Heartbreak High
(CC,Repeat,PG)
With his parents getting divorced, Charlie's behaviour grows more erratic as he falls into the clutches of a cult.

Friday, 24 October 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:30am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	The Strange Chores (CC,AD,Repeat,PG,Parental Guidance Recommended)
6:10am	The Strange Chores (CC,AD,Repeat,G)
6:20am	The Inbestigators (CC,Repeat,G)
6:40am	Cloudy With A Chance Of Meatballs (Repeat,G)
6:50am	The Powerpuff Girls (CC,Repeat,PG,Parental Guidance Recommended)
7:00am	My Little Pony: Friendship Is Magic (CC,Repeat,G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,Repeat,G)
7:45am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
8:00am	Teen Titans Go! (Repeat,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Numberblocks (CC,Repeat,G)
9:05am	Alphablocks (CC,Repeat,G)
9:10am	Let's Sing! (CC,G)
9:20am	Stories From Magic Beach (CC,AD,Repeat,G)
9:25am	Bitesize Daily (CC,Repeat,G)

9:45am	Bitesize Daily (CC,Repeat,G)
10:05am	BTN: Media Literacy (CC,Repeat,PG,Parental Guidance Recommended)
10:20am	Media Stamped (CC,PG,Parental Guidance Recommended)
10:30am	Move It Mob Style (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:15am	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
12:00pm	Phil Spencer: Secret Agent (CC,Repeat,G)
12:50pm	My Family (CC,Repeat,PG)
1:20pm	The Assembly (CC,Repeat,PG)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,PG)
4:05pm	Would I Lie To You? (CC,Repeat,G)
4:40pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:30pm	George Clarke's Amazing Spaces (CC,AD,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Edinburgh (CC,Repeat,G) In Edinburgh, Phil meets retiree Patricia Cameron, who is desperate to sell her inherited childhood home in the upmarket Braidhill area of the city.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
7:35pm	QI: North Norse (CC,Repeat,M,Sexual References) Sandi Toksvig invites panellists Lucy Beaumont, Jason Manford, Rhod Gilbert and Alan Davies to answer questions on subjects associated with the North and the Norse.

8:05pm Would I Lie To You?: Gareth Malone, Amanda Abbington, Richard Osman & Phill Jupitus
(CC,Repeat,G)
Host Rob Brydon, David Mitchell and guest team captain Greg Davies are joined by Gareth Malone, Amanda Abbington, Richard Osman and Phill Jupitus.

8:40pm Movie: Mulholland Drive
(CC,AD,Repeat,2001,M,Adult Themes, Coarse Language, Nudity, Sex Scenes, Violence)
Betty Elms has only just arrived in Hollywood to become a movie star when she meets Rita - an enigmatic brunette with amnesia. The two set off to find clues related to Rita's accident and ascertain her true identity.

11:00pm ER: The Gift
(CC,Repeat,M,Adult Themes, Medical Procedures)
It's Christmas Eve, and Benton makes a critical error when he announces the availability of a dying man's organs before obtaining the next-of-kin's permission. Ross shows up at Hathaway's engagement party uninvited.

11:45pm My Family: While You Weren't Sleeping
(CC,Repeat,PG)
There are problems in the bedroom which threaten to drive Ben and Susan apart. Abi thinks this may be her fault but she develops her own problems as Janey becomes her personal shopper.

12:15am rage
(CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

1:15am Penn And Teller: Fool Us: Waiter, There's Confetti in My Magic
(CC,Repeat,PG)
Featured magicians include Laurent Piron, Mark Clearview, Glenn West and Abby Segal.

2:00am Whose Line Is It Anyway?: Tinashe
(CC,Repeat,M,Coarse Language)
Aisha Tyler hosts another episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Jeff Davis and star guest actress and singer Tinashe.

2:25am Unforgotten
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Sex Scenes)
The Bishop Street team investigate Gerry Cooper's life and criminal record, making contact with his widow, Juliet. Darker layers to the suspects' lives are revealed.

3:10am ABC News Update
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:15am Heartbreak High
(CC,Repeat,PG)
With the HSC exams just days away, Bolton rallies his classmates to make their Muck-Up Day an event to remember. (Final)

Saturday, 25 October 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,AD,Repeat,G)
6:00am	Slugterra Ascension (Repeat,PG,Parental Guidance Recommended)
6:05am	The Strange Chores (CC,AD,Repeat,PG,Parental Guidance Recommended)
6:15am	The Strange Chores (CC,AD,Repeat,G)
6:30am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
6:50am	Jade Armor (CC,Repeat,G)
7:15am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:35am	Transformers: EarthSpark (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:55am	We Bare Bears (Repeat,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:30am	The Powerpuff Girls (CC,PG,Parental Guidance Recommended)
8:40am	The Powerpuff Girls (CC,PG,Parental Guidance Recommended)
8:55am	GG: Spawn Squad (CC,PG,Parental Guidance Recommended)
9:10am	Lagging (CC,G)
9:35am	Mechamato (CC,Repeat,PG,Parental Guidance Recommended)
9:55am	Ninjago Dragons Rising (Repeat,PG,Parental Guidance Recommended)
10:20am	Pokemon: Diamond And Pearl (CC,Repeat,G)

10:40am	Pokemon: Diamond And Pearl (CC,Repeat,G)
11:00am	George Clarke's Amazing Spaces (CC,AD,Repeat,G) In a series that proves taking the big risks can mean big rewards, George meets airline enthusiast Vince, who bought a cockpit from a passenger jet for a bargain of 750 pounds.
11:50am	My Family: Dentist To The Stars (CC,Repeat,PG) One of Britain's best-loved Hollywood heartthrobs visits Ben's surgery and although the mere mention of his name sends Susan weak at the knees, Ben is singularly unimpressed - at first.
12:20pm	Movie: Snitch (CC,AD,Repeat,2013,M,Drug References, Violence) A desperate father tries to save his teenage son from an unjust prison sentence by infiltrating a dangerous drug cartel.
2:05pm	ER: The Gift (CC,Repeat,M,Adult Themes, Medical Procedures) It's Christmas Eve, and Benton makes a critical error when he announces the availability of a dying man's organs before obtaining the next-of-kin's permission. Ross shows up at Hathaway's engagement party uninvited.
2:50pm	Heartbreak High (CC,Repeat,PG) While everyone is learning to cope without their computer room, Bolton is feeling betrayed when he finds out that Hartley's principal has decided to leave.
3:35pm	A Bite To Eat With Alice: Mark Humphries (CC,Repeat,PG) Satirist Mark Humphries joins Alice in the kitchen to talk up the virtues of anchovies before Alice tries to impress Mark with beetroot - not the easiest task!
4:05pm	Richard Osman's House Of Games (CC,Repeat,G) Richard Osman hosts as comedian Lolly Adefope, journalist and presenter Dan Walker, presenter Sarah Greene and comedian Miles Jupp test their general knowledge skills.
4:35pm	MythBusters: Ming Dynasty Astronaut / Free Energy / Killer Ceiling Fan (CC,Repeat,PG,Adult Themes) Buster takes the hot seat in the desert for the myth of the Ming Dynasty Astronaut, plus the quest for free energy and, will Adam's stunt double lose its head at the hands of the killer fan?

5:25pm George Clarke's Amazing Spaces
(CC,AD,Repeat,G)
Many people dream of living a life on the road, and that's exactly what Ellie has done. Having ditched London, she bought herself a 1970s double-decker bus, and her heart is set on turning it into a luxury mobile home.

6:15pm Phil Spencer: Secret Agent: Biddulph
(CC,Repeat,PG)
In Staffordshire, Phil hopes to help Mark and Denise James find a buyer for their three bed semi. But Phil discovers a house full of clutter, a bathroom that's seen better days and a huge garden complete with cows. (Final)

7:00pm Spicks And Specks: Dylan Alcott, Gabbi Bolt, Mama Alto & Pete Helliar
(CC,Repeat,PG)
Prepare for a big warm hug, in the form of a music trivia show. Adam, Myf and Alan are joined by Dylan Alcott, Gabbi Bolt, Mama Alto, Pete Hellier and experimental harp ensemble, Perolas. Not to be missed.

7:35pm QI: Unsavoury
(CC,Repeat,M,Coarse Language)
Join Sandi Toksvig for a thoroughly Unsavoury episode of QI with Gyles Brandreth, Judi Love, Kiri Pritchard-McLean, and Alan Davies.

8:05pm Live At The Apollo: Guz Khan, Kiri Pritchard-Mclean and Rhys James
(CC,Repeat,M,Coarse Language, Sexual References)
Man Like Mobeen star Guz Khan hosts the stand-up showcase recorded before a packed house at London's Hammersmith Apollo. On the bill are Kiri Pritchard-McLean and Rhys James.

8:50pm The Stand Up Sketch Show
(CC,M,Coarse Language, Sexual References)
Breakneck comedy show packed with stand-up routines from top comics, brought to life in sketch form. Featuring Rhys James, Helen Bauer, Gbemi Oladipo, Paddy Young and Esther Manito.

9:15pm Absolutely Fabulous: Hospital
(CC,Repeat,PG)
"Goodbye ageing obscurity and Hello! magazine", Patsy's got a week to look 35 for the photos - cue a trip to hospital for a face peel and eye rejuvenation.

9:45pm Absolutely Fabulous: Death
(CC,Repeat,PG)
Edina's father is dead. But is it art?

10:15pm Absolutely Fabulous: Morocco
(CC,Repeat,PG)
Sex, drugs and shopping - Marrakesh proves to be a busman's holiday for Edina and Patsy.

10:45pm ER: Happy New Year
(CC,Repeat,M,Adult Themes, Medical Procedures)
Carter struggles through his first surgery. Dr. Kayson makes Susan's New Year's Day decidedly unpleasant. Ross teaches a teen mother how to nurse her baby. Benton's sister insists they place their mother in a nursing home.

11:30pm My Family: Dentist To The Stars
(CC,Repeat,PG)
One of Britain's best-loved Hollywood heartthrobs visits Ben's surgery and although the mere mention of his name sends Susan weak at the knees, Ben is singularly unimpressed - at first.

12:00am rage
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

1:00am QI: Procrastination
(CC,Repeat,M,Sexual References)
Regulars Sandi Toksvig and Alan Davies are joined by guests Aisling Bea, Holly Walsh and Nikki Bedi to discuss Procrastination.

1:35am Jonestown: Terror In The Jungle: Making of a Madman
(CC,Repeat,M,Adult Themes,This program contains content that may disturb some viewers.)
Sadistic preacher Jim Jones forms The Peoples Temple after an unusual childhood. Members are captivated; his lust for power becomes unstoppable.

2:15am Phil Spencer: Secret Agent: Biddulph
(CC,Repeat,PG)
In Staffordshire, Phil hopes to help Mark and Denise James find a buyer for their three bed semi. But Phil discovers a house full of clutter, a bathroom that's seen better days and a huge garden complete with cows. (Final)

3:05am ABC News Update
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:10am Heartbreak High
(CC,Repeat,PG)
While everyone is learning to cope without their computer room, Bolton is feeling betrayed when he finds out that Hartley's principal has decided to leave.