

Program Guide

Sunday, 21 September 2025

4:00am	Silverpoint (CC,Repeat,PG,Parental Guidance Recommended)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,G)
5:10am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:20am	TBA
6:45am	Scooby-Doo and Guess Who? (Repeat,PG,Parental Guidance Recommended)
7:05am	Do Not Watch This Show (CC,AD,Repeat,G)
7:15am	My Little Pony: Friendship Is Magic: Princess Twilight Sparkle (Repeat,G)
8:00am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	The Powerpuff Girls (CC,PG,Parental Guidance Recommended)
8:30am	The Powerpuff Girls (CC)
8:45am	Super Happy Magic Forest (CC,AD,Repeat,G)
8:55am	Super Happy Magic Forest (CC,AD,Repeat,G)
9:05am	Miraculous World: New York, United Heroez (CC,Repeat,PG,Parental Guidance Recommended)
10:10am	Gangnam Project (CC,AD,G)
10:35am	The Next Step (CC,G)
11:10am	George Clarke's Old House New Home: Maida Vale and Ormskirk (CC,Repeat,G) George returns to a grand Victorian Villa in Ormskirk to follow the next stage of the renovation. Plus, George visits a typical Victorian mansion block in London.

- 11:55am** **My Family: Of Mice And Ben**
(CC,Repeat,PG)
Abi's college assignment is to make a documentary about the everyday life of an everyday family. With the Harpers as the subject, home movies have a tendency to look more like horror films.
- 12:30pm** **Looking For Alibrandi**
(CC,AD,Repeat,M,Adult Themes, Coarse Language, Sexual References)
Josie Alibrandi is 17 and doesn't know where she belongs. This year, however, everything is going to change. Josie will face her fears, uncover secrets and even discover the true identity of her father.
- 2:10pm** **ER: The Chicago Way**
(CC,Repeat,M,Adult Themes, Medical Procedures)
A drunk and very mysterious patient comes into the ER, threatening the safety of everyone at County General. Luka is shocked when Moretti pays him a visit, and a doctor is critically injured in an ambulance explosion. (Final)
- 2:55pm** **Heartbreak High**
(CC,Repeat,PG,Discretion is advised for viewers with photosensitive epilepsy.)
Tensions rise between teachers when the students start putting all their focus towards the school play instead of their academic work.
- 3:40pm** **A Bite To Eat With Alice: Sammy J**
(CC,Repeat,G)
Alice helps radio host Sammy J break the lasagne curse that's been haunting him for years.
- 4:05pm** **Would I Lie To You?: Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson**
(CC,Repeat,G)
Rob Brydon is back in the host's chair, with Lee Mack and David Mitchell returning as team captains. Sorting the fact from the fiction this week are guests Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson.
- 4:35pm** **MythBusters: Pane In The Glass, Onions and You**
(CC,Repeat,PG,Adult Themes)
The MythBusters take on an incredibly dangerous, glass shattering movie myth and then put themselves and six volunteers through the rigours of finding a cure for "onion tears".
- 5:25pm** **George Clarke's Old House New Home: South Norwood and Plumstead**
(CC,Repeat,G)
George takes on a 1930s terraced home with a kitchen that's so tiny the fridge and oven have to live in another room. Plus, George revisits a Victorian home where he previously helped renovate the bottom two floors. (Final)

- 6:15pm Phil Spencer: Secret Agent: Pontyclun Cardiff**
(CC,Repeat,G)
It's an undercover operation of the Welsh-valley variety for Agent Spencer as he finds himself in Llanharan, Pontyclun, with a house for sale that's in need of a re-vamp.
- 7:05pm Spicks And Specks**
(CC,Repeat,PG)
Adam, Myf and Alan are joined by Missy Higgins, Dave O'Neil, Yeo and Judith Lucy.
- 7:35pm QI: Shady and Shaky**
(CC,Repeat,PG)
Sandi Toksvig looks at all things shaky and shady with Alan Davies, Eshaan Akbar, John Barrowman and Victoria Coren Mitchell.
- 8:05pm David Stratton's Stories Of Australian Cinema: Game Changers**
(CC,AD,Repeat,M,Adult Themes, Drug Use, Nudity, Sex Scenes, Violence,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
In this 3 part series, revered critic David Stratton tells the glorious story of Australian cinema, focusing on the films that capture the nation's true nature with candour, emotion and humour.
- 9:05pm Planet America: Weekend Edition**
(CC,Repeat)
Now twice a week on Monday and Friday nights, Chas and John take a closer look at the President's State Visit to the UK to meet with King Charles, the pursuit of peace in Ukraine and Gaza, plus the UN General Assembly.
- 9:55pm Offsiders**
(CC,Repeat)
The AFL Premiership race is down to the last two teams. Abbey Gelmi and the panel recap the Preliminary Finals and look ahead to next week's AFL Grand Final. Plus four sides remain in the NRL hunt after the semi finals.
- 10:25pm ER: Life After Death**
(CC,Repeat,M,Adult Themes, Medical Procedures)
The 15th and final season of ER begins with the devastating repercussions of the ambulance explosion. As Morris and Neela do everything they can to save a wounded colleague, Abby treats a young girl injured during the blast.
- 11:10pm rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

- 12:10am** **Louis Theroux's LA Stories: Among The Sex Offenders**
(CC,Repeat,M,Adult Themes, Coarse Language, Sexual References)
Louis Theroux lifts the lid on the underbelly of Los Angeles. This time Louis examines how California deals with sex offenders after they are released from prison. (Final)
- 1:10am** **Movie: In The Heights**
(CC,Repeat,2021,PG)
In the Heights fuses Lin-Manuel Miranda's kinetic music and lyrics with director Jon M. Chu's lively and authentic eye for storytelling to capture a world very much of its place, but universal in its experience.
- 3:25am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:30am** **QI: Rest and Recreation**
(CC,Repeat,PG)
Sandi Toksvig indulges in a bit of well-earned R&R alongside Alan Davies, Stephen K Amos, Susan Calman and Lou Sanders.

Monday, 22 September 2025

4:00am	Silverpoint (CC,Repeat,PG,Parental Guidance Recommended)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:10am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:35am	Badjelly (CC,AD,Repeat,G)
7:00am	My Little Pony: Friendship Is Magic (G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,G)
7:45am	Mechamato (CC,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Odd Squad UK (CC,Repeat,G)
9:20am	Gardening Australia Junior (CC,AD,Repeat,G)
9:30am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	Bitesize Daily (CC,G)
10:20am	Mini Lessons (CC,Repeat,G)
10:30am	Look Kool (CC,Repeat,G,For some of these craft projects you need an adult's help. Do not try making them on your own.)

10:50am	Atom Bond (CC,Repeat,G)
11:00am	George Clarke's Old House New Home (CC,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:35pm	My Family (CC,Repeat,PG)
1:05pm	David Stratton's Stories Of Australian Cinema (CC,AD,Repeat,M,Adult Themes, Drug Use, Nudity, Sex Scenes, Violence,Aboriginal and Torres Strait Islander viewers are advised that the following program contains images and voices of people who have died)
2:10pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:40pm	A Bite To Eat With Alice (CC,Repeat,G)
4:05pm	Would I Lie To You? (CC,Repeat,PG)
4:35pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:25pm	George Clarke's Old House New Home (CC,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Pinner (CC,Repeat,G) Phil's Secret Agent mission takes him to the affluent area of Pinner in Harrow and the five-bed family home of Vaseem, Ayesha and their two children.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.
7:35pm	QI: Picnics (CC,Repeat,PG) Regulars Sandi Toksvig and Alan Davies are joined by guests Romesh Ranganathan, Rachel Parris and Richard Osman to discuss Picnics.
8:05pm	Would I Lie To You?: Trinny Woodall, Reece Shearsmith, Michael Ball, Charlie Brooker (CC,Repeat,PG) Trinny Woodall, Reece Shearsmith, Michael Ball and Charlie Brooker join team captains David Mitchell and Lee Mack to hoodwink their opponents with absurd facts and plausible lies about themselves.

- 8:35pm Penn And Teller: Fool Us: The Eight Stooges**
(CC)
Featured magicians include Jack Kelly, Mortenn Christiansen, Robin Sheikh and Magic Samk.
- 9:20pm Whose Line Is It Anyway?: Candice Patton**
(CC,Repeat,M,Coarse Language, Sexual References)
Aisha Tyler hosts regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Jeff Davis and celebrity guest Candice Patton from hit TV shows The Flash and The Game.
- 9:45pm Spooks**
(CC,AD,Repeat,M,Violence)
An assassination threat and an arms deal endanger the World Trade Organisation conference being held in the UK.
- 10:35pm ER: Another Thursday at County**
(CC,Repeat,M,Adult Themes, Medical Procedures)
While a new chief puts emergency room staff on the defensive, Neela finds an ally as she fights to get Dr. Dubenko back on the surgery staff and Gates treats a bio terrorist who has a lethal secret that endangers everyone.
- 11:20pm My Family: Imperfect Strangers**
(CC,Repeat,PG)
Having been turned away from Janey's door when they try to visit her at university, Ben and Susan book into a hotel under assumed names. But it soon becomes apparent that this is not the only false assumption being made.
- 11:50pm rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:55am Changing Ends: Baby Face**
(CC,AD,Repeat,PG)
The Cobblers are riding high, but the bullies are still making Alan's life a misery. Peer pressure forces him to accept a challenge, leading him into the murky world of fake IDs.
- 1:15am Changing Ends: The Party and the Pervert**
(CC,AD,Repeat,PG)
Knickers are being snatched and windows are being peeped in - it seems the Close has a pervert. Alan eagerly decides to play detective, even if it clashes with his 12th birthday.

- 1:40am Frankly: Sandi Toksvig, Adam Goodes, David Hardy and Big Freedia**
(CC,Repeat,PG)
Fran Kelly speaks with comedian and host of QI Sandi Toksvig, AFL Legend and Australian of the Year Adam Goodes, Illustrator David Hardy plus music superstar Big Freedia.
Frankly there's no better way to spend Friday Night.
- 2:10am MythBusters: The Search: Exploding Grand Finale**
(CC,Repeat,PG,Adult Themes)**Final**
The Search for the next generation of MythBusters concludes when our fearsome foursome tackles the two most technically challenging myths yet and the winners will be announced from the Liberty Science Centre. (Final)
- 3:00am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:05am Heartbreak High**
(CC,Repeat,PG)
Trying to prove a point to Jodie, Matt works overtime on a science project that could end up having ramifications that reach far beyond Hartley High.

Tuesday, 23 September 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:35am	Badjelly (CC,AD,Repeat,G)
7:00am	My Little Pony: Friendship Is Magic (G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,G)
7:45am	Mechamato (CC,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G,This program may contain reviews of games that have PG material.)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Odd Squad UK (CC,Repeat,G)
9:20am	Gardening Australia Junior (CC,AD,Repeat,G)
9:30am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	Know It Alls: Science (CC,Repeat,G)
10:10am	BTN Specials (CC,Repeat)

10:25am	Science Max! Experiments At Large (CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without the help of an adult.)
10:50am	ScienceXplosion (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:05am	George Clarke's Old House New Home (CC,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Violence)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,G)
4:05pm	Would I Lie To You? (CC,Repeat,PG)
4:35pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:25pm	George Clarke's Old House New Home (CC,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: North Cardiff (CC,Repeat,G) Phil visits the Welsh capital of Cardiff and a 1940s bachelor pad that's a bacteria fest of unclean surfaces, grimy floors and manky carpets.
7:05pm	Richard Osman's House Of Games (CC,PG) Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.
7:35pm	QI: Roaming (CC,Repeat,PG) Sandi Toksvig asks questions on the theme of roaming this week, with Sara Pascoe, Josh Widdicombe, Benjamin Zephaniah and Alan Davies trying to come up with interesting answers - while avoiding the most obvious ones.

- 8:05pm Would I Lie To You?: Munya Chawawa, Bob Mortimer, Professor Alice Roberts and Snoochie Shy**
(CC,Repeat,G)
Rob Brydon is back in the host's chair, with Lee Mack and David Mitchell returning as team captains. Sorting the fact from the fiction are guests Munya Chawawa, Bob Mortimer, Professor Alice Roberts and Snoochie Shy.
- 8:35pm Austin**
(CC,AD,Repeat,PG)
On a bonding tour with Austin, Julian starts filming a documentary about "father and neurodivergent son quality time" to spring-clean his image. But Ingrid and Austin get wise to his Machiavellian ways.
- 9:05pm Austin**
(CC,AD,Repeat,PG)
Julian's documentary capturing his growing relationship with Austin is now out in the open and Julian engages an award-winning filmmaker to finish the job. Is bringing Austin to London the perfect treat for him or for Julian?
- 9:35pm Spooks**
(CC,AD,Repeat,M,Adult Themes, Violence)
Ruth sees a man kill himself, setting off a chain of events that threaten her future.
- 10:30pm ER: The Book of Abby**
(CC,Repeat,M,Adult Themes, Medical Procedures)
The new chief and Abby butt heads on how to treat a gunshot wound victim. Then, before leaving for Boston with Luka and her son, Abby comes to Sam's defence when she goes before a nurses' disciplinary board.
- 11:10pm My Family: Second Greatest Story**
(CC,Repeat,PG)
Ben deals with toothache while preparing to make a speech at the Dentist Association conference. Susan is peeved about her role as shepherd number two in the nativity play. But how Nick landed the role of Jesus is a mystery.
- 12:45am Movie: The Pianist**
(CC,AD,Repeat,2002,MA,Adult Themes, Violence)
During WWII, pianist and composer Wladyslaw Szpilman becomes separated from his family. As the situation worsens, he must hide in the ruins of Warsaw and put his trust in a sympathetic German officer in order to survive.
- 3:05am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:10am

Heartbreak High

(CC,Repeat,PG)

Rivers' dad returns, clearly struggling with his life as a fugitive. Jodie and Matt break up, but Jodie is surprised to find Matt has moved on quickly.

3:55am

Classic Countdown Extras: Extended Interview: Paul McCartney

(CC,Repeat,G)

Molly Meldrum interviews Paul McCartney in 1980.

Wednesday, 24 September 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:40am	Badjelly (CC,AD,Repeat,G)
7:00am	My Little Pony: Friendship Is Magic (G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:45am	Mechamato (CC,PG)
8:10am	Teen Titans Go! (CC,G)
8:20am	Pokemon: Diamond And Pearl (CC,PG,Parental Guidance Recommended)
8:45am	GG: Spawn Squad (CC,Repeat,PG,Parental Guidance Recommended)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Numberblocks (CC,Repeat,G)
9:10am	Odd Squad UK (CC,Repeat,G)
9:20am	Gardening Australia Junior (CC,AD,Repeat,G)
9:30am	Operation Ouch! (CC,Repeat,PG,Parental Guidance Recommended,This program shows medical procedures. In an emergency ring 000 for help)
10:00am	Bitesize Daily (CC,Repeat,G)
10:20am	Body Systems (CC,Repeat,G)
10:25am	BTN High Specials

10:50am	What's The Point (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:05am	George Clarke's Old House New Home (CC,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Adult Themes, Violence)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,PG)
4:05pm	Would I Lie To You? (CC,Repeat,G)
4:35pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:25pm	George Clarke's Old House New Home (CC,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: Watford (CC,Repeat,G) Phil's latest secret assignment takes him to Watford and the four-bed detached house of John and Mirasol Lockwood, and Emma Green and Steve Wright and their dog Bruno.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.
7:35pm	QI: Veggies (CC,Repeat,PG,Sexual References) Join Sandi Toksvig for a QI look at Veggies with Jason Manford, Ahir Shah, Holly Walsh, and Alan Davies.
8:05pm	Would I Lie To You?: Daisy May Cooper, Diane Morgan, Richard Osman & Rory Reid (CC,Repeat,PG) Guests joining Lee Mack and David Mitchell are actor Daisy May Cooper, comedian Diane Morgan, TV presenter Richard Osman and motoring broadcaster Rory Reid.

- 8:35pm** **Unforgotten**
(CC,AD,Repeat,M,Adult Themes, Coarse Language)
Sunny and Jess's personal lives go from bad to worse while they struggle to keep focused on the case. Meanwhile, the suspect list grows and the victim's mother and son are put under the microscope.
- 9:25pm** **Spooks**
(CC,AD,Repeat,M,Violence)
The Government is brokering a secret deal with the Saudis. When the Saudi Embassy is stormed, Ros is caught up in the siege.
- 10:20pm** **ER: Parental Guidance**
(CC,Repeat,M,Adult Themes, Medical Procedures)
A family member is suspected of hurting a young gymnast whose leg has been broken after having a fall. Gates is upset when he finds out that Sarah got a tongue piercing, and Banfield is forced to defend herself from a mugger.
- 11:00pm** **My Family: Waiting To Inhale**
(CC,Repeat,PG)
Susan is worried when Michael takes a shine to Becky. While Ben doesn't see this as a problem, they're both surprised when Michael comes home with something rather more ominous than a love bite.
- 11:30pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:35am** **Documentary Now!: The Bunker**
(CC,Repeat,PG)
A fascinating fly on the wall look at the 1992 Ohio Gubernatorial campaign.
- 12:55am** **QI: Trundling**
(CC,Repeat,PG)
Join Sandi Toksvig as she goes trundling along with Ciaran Lloyd and Jamie MacDonald.
- 1:30am** **Movie: A Perfect Murder**
(CC,Repeat,1998,MA,Violence)
A wealthy woman becomes the target for murder when her husband, an investor with financial difficulties, discovers her affair with an artist and blackmails her lover into killing her.
- 3:10am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

3:15am

Heartbreak High

(CC,Repeat,PG)

Andrew and Sam's new relationship is at risk when Andrew learns about Sam's history with Rivers.

Thursday, 25 September 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers: The Peaches (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,G)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:40am	Badjelly (CC,AD,Repeat,G)
7:00am	My Little Pony: Friendship Is Magic (G)
7:25am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:45am	Mechamato (CC,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G,This program may contain reviews of games that have PG material.)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Alphablocks (CC,Repeat,G)
9:10am	Odd Squad UK (CC,Repeat,G)
9:20am	Gardening Australia Junior (CC,AD,Repeat,G)
9:30am	Horrible Histories Special: The Grisly Great Fire Of London (2016) (CC,Repeat,PG,Parental Guidance Recommended)
10:00am	History Hunters (CC,G)
10:25am	Know It Alls: History (CC,Repeat,G)
10:35am	BTN Specials (CC,Repeat)

10:45am	Australia's Extinct Megafauna (CC,Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:05am	George Clarke's Old House New Home (CC,Repeat,G)
11:50am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:40pm	My Family (CC,Repeat,PG)
1:10pm	Spooks (CC,AD,Repeat,M,Violence)
2:05pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:50pm	Heartbreak High (CC,Repeat,PG)
3:35pm	Richard Osman's House Of Games (CC,Repeat,G)
4:05pm	QI (CC,Repeat,PG)
4:35pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:25pm	George Clarke's Old House New Home (CC,Repeat,G)
6:15pm	Phil Spencer: Secret Agent: New Malden (CC,Repeat,G) It's a secret mission to challenge the very best of them as Phil heads to New Malden in Surrey, and a semi-detached family home which has the busy A3 in the front garden.
7:05pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.
7:35pm	QI: Omnishambles (CC,Repeat,M,Sexual References) Josh Widdicombe, Stephen K Amos and Cally Beaton join regular panellist Alan Davies to answer host Sandi Toksvig's questions on the theme of 'Omnishambles'.
8:05pm	Would I Lie To You?: The Unseen Bits (CC,Repeat,PG) Host Rob Brydon and team captains David Mitchell and Lee Mack return with previously unseen material from the ninth series of this comedy panel show featuring a stellar cast of celebrity guests.

- 8:35pm** **Hard Quiz**
(CC,Repeat,PG)
Four experts match wits and dodge witticisms from host Tom Gleeson. This week's topics: The Muppets, Pearl Jam, technology company Meta and fireproof asbestos! It's a dangerous episode of Hard Quiz.
- 9:05pm** **Gruen**
(CC,Repeat,M,Coarse Language)
'Tis the season for rampant consumerism! Gruen unwraps Christmas campaigns, dissects disturbing novelty flavours, plus a Pitch to reinvent the working week. Wil, Todd and Russel are joined by Karen Ferry and Carolyn Miller.
- 9:45pm** **Planet America**
(CC,Repeat)
Chas and John cover a monumental week in global affairs as world leaders descend on New York for the UN General Assembly, with Palestinian statehood and wars in Gaza and Ukraine high on the agenda.
- 10:15pm** **Shaun Micallef's MAD AS HELL**
(CC,Repeat,M,Coarse Language)
Despite the fact that Ross said "Rachel" in his vows instead of "Emily", they go through with the wedding anyway. [GRAPHIC VIOLENCE]
- 10:45pm** **ER: Haunted**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Brenner digs for the truth when a teenager comes into the ER after being stabbed with a fork in a school fight. Meanwhile, a man gets shot by a cop at a Halloween party, and Morris surprises Neela with an unexpected guest.
- 11:30pm** **My Family: Misery**
(CC,Repeat,PG)
Susan relives her student days when she pays a visit to Janey at university. Back at home, Ben's plans for a profitable round of golf are thwarted by the absent-minded Abi, and Nick considers work as a female impersonator.
- 12:00am** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:00am** **Guy Montgomery's Guy Mont Spelling Bee (NZ): I Before E, Except After F**
(CC,Repeat,PG)
Jono Pryor, Paul Douglas, Kalyani Nagarajan and our episode five champion answer Guy Montgomery's spelling tasks. Games include: Money, Shut Up and Spell and Wifi Round.

- 1:50am** **The Stand Up Sketch Show**
(CC,Repeat,M,Adult Themes, Coarse Language)
Some of the best loved stand-ups and a raft of the next generation of comedians, featuring Glenn Moore, Dan Tiernan, Toussaint Douglass, Laura Smyth, Travis Jay, Ivo Graham, Sharon Wanjohi and Rhys James.
- 2:10am** **The Stand Up Sketch Show**
(CC,Repeat,M,Coarse Language, Drug Use)
Some of the best loved stand-ups and a raft of the next generation of comedians, featuring Finlay Christie, Suzi Ruffell, Ray Bradshaw, Axel Blake, Glenn Moore, Jessie Cave and Huge Davies.
- 2:35am** **Kevin Can F*** Himself: Ghost**
(CC,AD,Repeat,M,Adult Themes)
At the Mortuary, Allison and Patty search for a new identity, and Allison reflects on how she got here. Neil is having trouble sleeping. Kevin hosts a super scary "Pal-o-ween".
- 3:10am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:15am** **Heartbreak High**
(CC,Repeat,PG)
The students at Hartley High start preparing for life after school. Jodie signs with a record label, potentially leaving Con in the rearview mirror.

Friday, 26 September 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,G)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	The Inbestigators (CC,Repeat,G)
6:35am	Badjelly (CC,AD,Repeat,G)
7:00am	My Little Pony: Friendship Is Magic (G)
7:20am	Miraculous: Tales Of Ladybug And Cat Noir (CC,AD,Repeat,PG,Parental Guidance Recommended)
7:45am	Mechamato (CC,PG,Parental Guidance Recommended)
8:10am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:20am	Pokemon: Diamond And Pearl (CC,G)
8:45am	GG: Spawn Squad (CC,Repeat,G)
9:00am	Shaun The Sheep: Brain Breaks (Repeat,G)
9:05am	Alphablocks (CC,Repeat,G)
9:10am	Odd Squad UK (CC,Repeat,G)
9:20am	Art Blast (CC,Repeat,G)
9:25am	Bitesize Daily (CC,G)
9:45am	BTN Specials (CC,Repeat)
9:55am	Renaissance Italy (CC,Repeat,PG,Parental Guidance Recommended)
10:20am	Let's Dance (Repeat,G)

10:25am	Move It Mob Style (CC,Repeat,G)
10:50am	Learn Mandarin (Repeat,G)
10:55am	BTN Newsbreak (CC,Repeat)
11:10am	George Clarke's Old House New Home (CC,Repeat,G)
11:55am	Phil Spencer: Secret Agent (CC,Repeat,G)
12:45pm	My Family (CC,Repeat,PG)
1:15pm	The Assembly (CC,Repeat,PG)
2:00pm	ER (CC,Repeat,M,Adult Themes, Medical Procedures)
2:45pm	Heartbreak High (CC,Repeat,PG)
3:30pm	Richard Osman's House Of Games (CC,Repeat,G)
4:00pm	Would I Lie To You? (CC,Repeat,PG)
4:30pm	MythBusters (CC,Repeat,PG,Adult Themes)
5:25pm	George Clarke's Old House New Home (CC,Repeat,G)
6:10pm	Phil Spencer: Secret Agent: Bristol (CC,Repeat,G) Phil heads west to Bristol where he gives home selling advice to the owners of three different properties: a three bedroom terraced house, a double bay Victorian terrace, and an elevated period terrace.
7:00pm	Richard Osman's House Of Games (CC,G) Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.
7:30pm	QI: This, That and The Other (CC,Repeat,PG) Sandi Toksvig talks through a tantalising trunkful of 'T' topics with Jo Brand, Guz Khan, Sally Phillips and Alan Davies.

- 8:00pm Would I Lie To You?: Bruno Tonioli, Adam Buxton, Kirsty Wark & Rob Beckett**
(CC,Repeat,G)
Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This week's guests are Bruno Tonioli, Adam Buxton, Kirsty Wark and Rob Beckett.
- 8:30pm Movie: Gone Girl**
(CC,AD,Repeat,2014,MA,Adult Themes, Coarse Language, Sex Scenes, Violence)
On his fifth wedding anniversary, Nick Dunne reports that his beautiful wife, Amy, has gone missing. Under pressure from the police and a growing media frenzy, Nick's portrait of a blissful union begins to crumble.
- 10:55pm ER: Oh, Brother**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Morris takes Chaz under his wing and treats a young boxer whose father wishes him to quit. Neela gets upset when Dr. Banfield undermines her authority with her intern, and Gates oversteps his bounds with Sam.
- 11:40pm My Family: Auto Erotica**
(CC,Repeat,PG)
Nick arrives home with a vintage car he won in a game of poker. Unfortunately for Ben, his plan to help renovate it doesn't quite fit in with Susan's idea of a romantic weekend away to mark their 26 years of matrimony.
- 12:10am rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 1:10am Movie: The Commuter**
(CC,AD,Repeat,2018,M,Adult Themes, Coarse Language, Violence)
A man gets caught up in a deadly criminal conspiracy while on his daily commute. With time running out, he must identify a hidden passenger on the train if he is to save his fellow commuters and get out alive.
- 2:55am ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:00am Heartbreak High**
(CC,Repeat,PG)
Con throws a party when his parents are away but it quickly turns into the party from hell.

Saturday, 27 September 2025

4:00am	Operation Ouch! (CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for help)
4:25am	Malory Towers (CC,AD,Repeat,G)
4:50am	Be Cool, Scooby-Doo! (Repeat,PG,Parental Guidance Recommended)
5:15am	Dragon Ball Super (Repeat,PG,Parental Guidance Recommended)
5:35am	The Deep (CC,Repeat,G)
6:00am	Space Nova (CC,AD,Repeat,G)
6:25am	TBA
6:45am	Jade Armor (CC,Repeat,G)
7:10am	Do Not Watch This Show (CC,AD,Repeat,G)
7:20am	Mystery Lane (CC,Repeat,G)
7:45am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
7:55am	Teen Titans Go! (CC,PG,Parental Guidance Recommended)
8:05am	The Powerpuff Girls (CC)
8:15am	The Powerpuff Girls (CC)
8:30am	Good Game Spawn Point (CC,Repeat,G,This program may contain reviews of games that have PG material.)
8:55am	GG: Spawn Squad (CC)
9:10am	Lagging (CC)
9:35am	Mechamato (CC,Repeat,PG,Parental Guidance Recommended)
9:55am	Mechamato (CC,Repeat,PG,Parental Guidance Recommended)
10:20am	Pokemon: Diamond And Pearl (CC,Repeat,G)
10:40am	Pokemon: Diamond And Pearl (CC,Repeat,G)

- 11:10am** **George Clarke's Old House New Home: Lighthorne**
(CC,Repeat,G)
George takes on a 17th century, Grade II listed thatched cottage in Warwickshire. Anthony, a builder, and Emily, a physiotherapist, are determined to turn this rather ramshackle build into their family home. (Final)
- 11:55am** **My Family: Handful Of Dust**
(CC,Repeat,PG)
It's Ben's birthday and everyone is taking his request for no fuss literally, neglecting to buy him any presents. Plus, Janey is home for the weekend with a new friend, but nobody is sure of the nature of their relationship.
- 12:30pm** **Mountain**
(CC,Repeat,PG)
An exploration of our obsessions with high places and how they have come to capture our imagination, with an original score from the Australian Chamber Orchestra.
- 1:40pm** **Whose Line Is It Anyway?: Candice Patton**
(CC,Repeat,M,Coarse Language, Sexual References)
Aisha Tyler hosts regulars Wayne Brady, Ryan Stiles and Colin Mochrie along with guest performer Jeff Davis and celebrity guest Candice Patton from hit TV shows The Flash and The Game.
- 2:05pm** **ER: Oh, Brother**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Morris takes Chaz under his wing and treats a young boxer whose father wishes him to quit. Neela gets upset when Dr. Banfield undermines her authority with her intern, and Gates oversteps his bounds with Sam.
- 2:45pm** **Heartbreak High**
(CC,Repeat,PG)
Con gets a spot as a DJ on the school radio and incorporates his own advertisements into the broadcast, much to the chagrin of Deloraine.
- 3:35pm** **A Bite To Eat With Alice: Colin Lane**
(CC,Repeat,G)
Comedian Colin Lane goes rogue in his quest to learn a simple Asian dish.
- 4:00pm** **Richard Osman's House Of Games**
(CC,Repeat,G)
Richard Osman hosts as comedian Shappi Khorsandi, journalist and newsreader Michael Buerk, actress Amanda Abbington and comedian Elis James test their general knowledge skills.

- 4:30pm** **MythBusters: Man Vs Car, Electric Escape**
(CC,Repeat,PG,Adult Themes)
The MythBusters tackle two serious car accident scenarios in search of a way to survive both a mid-speed pedestrian impact and fleeing a car that's surrounded by high-voltage, downed power lines.
- 5:20pm** **George Clarke's Old House New Home: Southwick and Southport**
(CC,Repeat,G)
George visits an 18th century barn containing some very dodgy decor including a purple '80s kitchen. Plus, George takes on a Victorian gothic pile in the seaside resort of Southport.
- 6:10pm** **Phil Spencer: Secret Agent: Croydon**
(CC,Repeat,G)
Phil's destination is Croydon, where he looks at properties on sale including a three bedroom end of terrace property and an extended and well presented three bedroom terraced house.
- 7:00pm** **Spicks And Specks: Casey Donovan, Rhys Nicholson, Novak & Bec Charlwood**
(CC,Repeat,PG)
Adam, Alan and Myf are joined by Casey Donovan, Rhys Nicholson, Bec Charlwood and Polish Club's Novak. Can you guess the secret song? Some of the clues can be real sticky!
- 7:30pm** **QI: Next**
(CC,Repeat,M,Sexual References)
Host Sandi Toksvig is joined by special guests Lucy Porter, Frankie Boyle, Ross Noble and regular panellist Alan Davies to contemplate the theme 'next'.
- 8:00pm** **Guy Montgomery's Guy Mont Spelling Bee (NZ): You Lost Me At, "I Like You"**
(CC,Repeat,PG)
Ben Hurley, Rhiannon McCall, Jacquie Brown and our reigning champ from episode four try to take each other down with their varied spelling knowledge. Guy throws at them games like: Flags, A Decent Proposal and Social Media.
- 8:45pm** **The Stand Up Sketch Show**
(CC,Repeat,M,Adult Themes, Coarse Language)
Some of the best loved stand-ups and a raft of the next generation of comedians, featuring Glenn Moore, Dan Tiernan, Toussaint Douglass, Laura Smyth, Travis Jay, Ivo Graham, Sharon Wanjohi and Rhys James.
- 9:10pm** **The Stand Up Sketch Show**
(CC,Repeat,M,Coarse Language, Drug Use)
Some of the best loved stand-ups and a raft of the next generation of comedians, featuring Finlay Christie, Suzi Ruffell, Ray Bradshaw, Axel Blake, Glenn Moore, Jessie Cave and Huge Davies.

- 9:35pm** **Changing Ends: Mad Dogs and English Nans**
(CC,AD,Repeat,PG)
A vicious Alsatian on the loose forces the Carrs and Nanna Joyce to have some unexpected quality time together, while Alan's little white lie turns the place into a pressure cooker.
- 9:55pm** **Changing Ends: Kissing Presumed Dead**
(CC,AD,Repeat,PG)
A Sex-Ed lesson and the impending school disco strike fear into Alan's heart... why is everyone talking about kissing girls?! Graham has girl trouble of his own with a female linewoman.
- 10:20pm** **ER: Heal Thyself**
(CC,Repeat,M,Adult Themes, Medical Procedures)
Dr. Banfield tries to rescue a three-year-old girl from drowning in a lake, leading her to remember an experience at County when Dr. Greene was treating her son. Gates tries to pull some strings to help a homeless war hero.
- 11:05pm** **My Family: Handful Of Dust**
(CC,Repeat,PG)
It's Ben's birthday and everyone is taking his request for no fuss literally, neglecting to buy him any presents. Plus, Janey is home for the weekend with a new friend, but nobody is sure of the nature of their relationship.
- 11:40pm** **rage**
(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)
Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.
- 12:40am** **QI: Picnics**
(CC,Repeat,PG)
Regulars Sandi Toksvig and Alan Davies are joined by guests Romesh Ranganathan, Rachel Parris and Richard Osman to discuss Picnics.
- 1:10am** **Documentary Now!: The Bunker**
(CC,Repeat,PG)
A fascinating fly on the wall look at the 1992 Ohio Gubernatorial campaign.
- 1:35am** **Phil Spencer: Secret Agent: Croydon**
(CC,Repeat,G)
Phil's destination is Croydon, where he looks at properties on sale including a three bedroom end of terrace property and an extended and well presented three bedroom terraced house.

- 2:25am** **Penn And Teller: Fool Us: The Eight Stooges**
(CC,Repeat)
Featured magicians include Jack Kelly, Mortenn Christiansen, Robin Sheikh and Magic Samk.
- 3:05am** **ABC News Update**
(Repeat)
The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.
- 3:10am** **Heartbreak High**
(CC,Repeat,PG)
Con gets a spot as a DJ on the school radio and incorporates his own advertisements into the broadcast, much to the chagrin of Deloraine.