Program Guide

Sunday, 16 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am Space Nova

(CC,Repeat,G)

6:00am Odd Squad

(Repeat,G)

6:10am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:25am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:35am The Strange Chores

(CC,AD,Repeat,PG,Parental Guidance Recommended)

6:45am Scooby-Doo and Guess Who?

(Repeat,G)

7:10am We Bare Bears

(Repeat,G)

7:20am My Little Pony: Friendship Is Magic

New Episode (CC,G)

7:40am My Little Pony: Friendship Is Magic

New Episode (CC,G)

8:05am Total DramaRama

(CC,Repeat,G)

8:15am Total DramaRama

(CC,Repeat,G)

8:25am Super Happy Magic Forest

(CC,AD,Repeat,G)

8:35am Super Happy Magic Forest

(CC,AD,Repeat,G)

8:50am Super Happy Magic Forest

(CC,AD,Repeat,G)

9:00am Odd Squad UK

New Episode (CC,G)
9:20am Hardball

(CC,Repeat,PG,Parental Guidance Recommended)

9:45am Popularity Papers

(CC,Repeat,PG,Parental Guidance Recommended)

10:10am Malory Towers

New Episode

(CC,G)

10:35am Gangnam Project

(Repeat,G)

11:00am You Can't Ask That: Centenarians

(CC,Repeat,G)

We all get old, but how old is too old? In this episode, we ask Centenarians to tell us what it's really like to live to 100 or more.

11:30am Ghosts: The Hardest Word

(CC,AD,Repeat,M,Adult Themes)

Can the Ghosts find a way back into Alison's good books after she gives them the biggest telling off of their lives? Alison and Mike discover that trying to relax can be a stressful endeavour.

12:00pm Heartbreak High

(CC,Repeat,PG)

After learning of his past relationship with a student, Miss Milano breaks things off with Mr North, leading to his resignation from his position at Hartley High.

12:45pm ER: Lights Out

(CC, Repeat, M, Adult Themes, Medical Procedures)

Luka rushes to take care of a surplus of cases before the ER is closed for renovations. Sam renews her friendship with Diana the photographer, who is terminally ill. Tension between Gates and his father reaches boiling point.

1:30pm Superman

(CC,Repeat,1978,PG,Parental Guidance Recommended)

A child from the doomed planet of Krypton is sent to Earth, where he grows up to become mild-mannered reporter Clark Kent. With powers and abilities far beyond those of mortal men, he fights for truth and justice as Superman.

3:50pm Doctor Who: The Fires Of Pompeii

(CC,Repeat,PG,Parental Guidance Recommended)

The Doctor and Donna travel back to Pompeii in AD 79 and face their greatest challenge yet on the eve of the catastrophic eruption of Mount Vesuvius. Can established history be changed, or must the Doctor let everyone die?

4:40pm MythBusters: Hindenburg Skin

(CC, Repeat, PG, Adult Themes)

Adam and Jamie turn dirigible detectives to try and solve one of aeronautics biggest puzzles. Plus Kari, Tory and Grant come face-to-face, and have to flee from some of Nature's natural-born killers.

5:30pm Heartbreak High

(CC,Repeat,PG)

Rose and Jack's friends try to pair them up together for the school dance after they both admit to liking each other.

6:15pm Heartbreak High

(CC,Repeat,PG)

Stella's daughter Katerina shows up at the Poulos household and immediately starts causing trouble for Nick.

7:00pm Spicks And Specks: Dan Sultan, Dave O'Neil, Nina Korbe & Lou Wall

(CC,Repeat,PG)

Dan Sultan, Lou Wall, Nina Korbe and Dave O'Neil join Adam, Myf and Alan in a who-knows-what of music trivia. There will be bangers, smashes, blinders and delights, with a healthy dose of Cover Versions and weird collabs.

7:30pm QI: Not Nearly

(CC,Repeat,PG)

Gyles Brandreth, Victoria Coren Mitchell & Jimmy Carr join regular panellist Alan Davies & host Sandi Toksvig to contemplate the theme of 'not nearly'. As usual, correctness & intelligence go out of the window in this quiz.

8:00pm Louis Theroux: Drinking To Oblivion

(CC,Repeat,M,Adult Themes, Coarse Language,This program contains content that may concern some viewers.)

Louis Theroux heads to Europe's largest liver transplant centre where he sees the physical side effects of alcoholism and learns about the challenges doctors, patients and their families face in treating it.

9:00pm Planet America: Weekend Edition

(CC,Repeat)

Join John Barron and Chas Licciardello as they take a deeper look at the people, issues and politics driving America this week. Plus longer interviews and in-depth discussions on the second Trump presidency.

9:50pm ER: Great Expectations

(CC, Repeat, M, Adult Themes, Medical Procedures)

Mark rushes away from Thanksgiving dinner to assist when Carol goes into labour, leaving Elizabeth alone with his father and daughter. Dr. Dave stuns the staff by coming up with a plan to treat a patient that actually works.

10:30pm Ghosts: The Hardest Word

(CC,AD,Repeat,M,Adult Themes)

Can the Ghosts find a way back into Alison's good books after she gives them the biggest telling off of their lives? Alison and Mike discover that trying to relax can be a

stressful endeavour.

11:00pm rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:05am Heartbreak High

(CC,Repeat,PG,Adult Themes)

Mr Brown becomes the target of homophobic abuse after he is falsely accused of sexual harassment.

12:50am QI: Saints and Sinners

(CC, Repeat, M, Coarse Language, Sexual References)

Sandi Toksvig, Alan Davies, Bridget Christie, Mark Watson and Johnny Vegas look at saints and sinners.

1:20am TBA

2:20am ER: Lights Out

(CC, Repeat, M, Adult Themes, Medical Procedures)

Luka rushes to take care of a surplus of cases before the ER is closed for renovations. Sam renews her friendship with Diana the photographer, who is terminally ill.

Tension between Gates and his father reaches boiling point.

3:00am Penn And Teller: Fool Us: Penn And Tarot

(CC,Repeat,PG)

Featured magicians include Simon Coronel, John Morton, Alberto Giorgi and Makoto Halverson.

3:40am Doctor Who: The Fires Of Pompeii

(CC,Repeat,PG,Parental Guidance Recommended)

The Doctor and Donna travel back to Pompeii in AD 79 and face their greatest challenge yet on the eve of the catastrophic eruption of Mount Vesuvius. Can established history be changed, or must the Doctor let everyone die?

4:30am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across

Australia and around the world.

4:35am A Bite To Eat With Alice: Astrid Jorgensen

(CC,Repeat,G)

Astrid and Alice are a duet in perfect harmony, flipping, tossing and turning tempeh

into a hit!

Monday, 17 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am Space Nova

(CC,Repeat,G)

6:05am Odd Squad

(Repeat,G)

6:15am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:30am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:40am The Strange Chores

(CC,AD,Repeat,G)

6:50am Scooby-Doo and Guess Who?

(Repeat, PG, Parental Guidance Recommended)

7:15am We Bare Bears

(Repeat,G)

7:25am The Powerpuff Girls

(Repeat,G)

7:35am Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

8:00am Total DramaRama

(Repeat,G)

8:10am Teen Titans Go!

(Repeat,G)

8:20am Pokemon: Diamond And Pearl

New Episode (CC,G)

8:45am GG: Spawn Squad

(Repeat,G,This program may contain reviews of games that have PG material.)

9:00am Let's Dance

(Repeat,G)

9:05am Numberblocks

(CC,Repeat,G)

9:10am Odd Squad UK

New Episode (CC,G)

9:25am Gardening Australia Junior

(CC,AD,Repeat,G)

9:40am Operation Ouch!

(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical

procedures. In an emergency ring 000 for help)

10:05am Wow That's Amazing

New Episode (CC,PG,Parental Guidance Recommended)

10:20am Teenage Boss: Next Level

(CC,AD,Repeat,G)

10:50am Atom Bond

(CC,Repeat,G)

11:00am My Family

(CC,Repeat,PG)

11:30am Ghosts

(CC,AD,Repeat,PG)

12:00pm Absolutely Fabulous

(CC,Repeat,M,Sexual References)

12:30pm Heartbreak High

(CC,Repeat,PG)

1:15pm Heartbreak High

(CC,Repeat,PG)

2:00pm ER

(CC, Repeat, M, Adult Themes, Medical Procedures)

2:50pm Doctor Who

(CC,Repeat,PG,Parental Guidance Recommended)

3:35pm A Bite To Eat With Alice

(CC,Repeat,G)

4:05pm Would I Lie To You?

(CC,Repeat,G)

4:40pm MythBusters

(CC,Repeat,PG,Adult Themes)

5:30pm Heartbreak High

(CC,Repeat,PG)

6:15pm Heartbreak High

(CC,Repeat,PG)

Nick grapples with feelings of insecurity about Jodie while on work experience with

Danielle at a local nursey.

7:00pm My Family: The Wax Job

(CC,Repeat,PG)

In the grip of a mid-life crisis, Ben decides to sell his dental practice and take up a hobby, which he soon realises is incredibly boring. Meanwhile, Susan's move up the

art gallery ladder leads to more than one fall.

7:30pm QI: Potpourri

(CC, Repeat, M, Coarse Language)

Regulars Sandi Toksvig and Alan Davies are joined by guests Phill Jupitus, Cally Beaton

and Rhod Gilbert to discuss Pot Pourri.

8:00pm Would I Lie To You?: The Unseen Bits

(CC,Repeat,PG)

Host Rob Brydon and team captains David Mitchell and Lee Mack return with previously unseen material from the ninth series of this comedy panel show featuring a stellar cast of celebrity guests.

8:30pm Penn And Teller: Fool Us: Teller's Wonderland

(CC,Repeat,PG)

Featured magicians include Ryan and Johnny Hayashi, Nathaniel Segal, Jandro and Bill Goodwin.

9:10pm Whose Line Is It Anyway?: Tiffany Coyne

(CC)

New Episode Aisha Tyler helms an uproarious episode of the legendary improv show featuring

regulars Wayne Brady, Ryan Stiles and Colin Mochrie with guest performer Jonathan

Mangum and star guest Tiffany Coyne, from 'Let's Make a Deal'.

9:35pm Eat The Invaders: Cat

(CC,AD,Repeat,PG,This program contains animal treatment that may concern some

viewers)

Tony Armstrong ventures to the frontlines of the feral cat war, uncovering a complex truth. While cats are beloved pets, they also pose a significant environmental threat, killing three billion animals per year.

10:05pm MythBusters: Supernatural Shooters

(CC,Repeat,PG)

The MythBusters take aim at Hollywood's infallible hit men and their seemingly supernatural ability to take down a target.

10:55pm ER: How The Finch Stole Christmas

(CC, Repeat, PG, Adult Themes, Medical Procedures)

Lucy risks her career to arrange a heart transplant for a patient. Cleo makes an alcoholic teen attend a rehabilitation facility. Carter engages in a guns-for-toys exchange. Benton and Carla's custody battle comes to an end.

11:40pm Ghosts: Gone Gone

(CC,AD,Repeat,PG)

A booking mix-up sees Mike and Alison forced to host a last minute children's party, armed with all the wrong ingredients. And shocking news sends the Ghosts into a tailspin.

12:10am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual

References, Violence)

New Episode Australia's longest running music TV show, rage is home to the biggest vault of music

videos from a diverse range of artists, genres and eras. We curate the best clips of all

time to surprise and entertain you for hours.

1:10am MythBusters: The Search: Painting with Explosives Revisited

(CC,Repeat,PG,Adult Themes)

Nine hopeful hosts compete to become the next generation of MythBusters testing if

you can paint with explosives, and if alcohol makes you more creative?

2:00am Penn And Teller: Fool Us: It Takes Balls to be a Magician

(CC,Repeat,PG)

Featured magicians include Javi Rufo, Emma Olson, Sean Ridgeway and Jim Vines.

2:40am ER: I Don't

(CC,Repeat,M,Adult Themes, Medical Procedures)

Arriving for the department dinner, the staff learns that a surprise wedding is about to take place. Neela finds herself the centre of attention between Gates and Ray,

leading to a drunken fight and a shocking conclusion.

3:30am ER: How The Finch Stole Christmas

(CC, Repeat, PG, Adult Themes, Medical Procedures)

Lucy risks her career to arrange a heart transplant for a patient. Cleo makes an alcoholic teen attend a rehabilitation facility. Carter engages in a guns-for-toys

exchange. Benton and Carla's custody battle comes to an end.

4:15am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across

Australia and around the world.

4:20am Guy Montgomery's Guy Mont Spelling Bee (NZ): Don't Be Funny, Just Win

(CC,Repeat,PG)Final

Bubbah Olo, Paul Williams, Dai Henwood and our winning player from Episode 7 fight

to the very spelling death to be named Winner of Guy Mont's Spelling Bee!

Tuesday, 18 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am Space Nova

(CC,Repeat,G)

6:05am Odd Squad

(Repeat,G)

6:15am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:30am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:40am The Strange Chores

(CC,AD,Repeat,PG,Parental Guidance Recommended)

6:55am Scooby-Doo and Guess Who?

(Repeat,G)

7:15am We Bare Bears

(Repeat,G)

7:25am The Powerpuff Girls

(Repeat, PG, Parental Guidance Recommended)

7:40am Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

8:00am Total DramaRama

(Repeat, PG, Parental Guidance Recommended)

8:10am Teen Titans Go!

(Repeat,G)

8:20am Pokemon: Diamond And Pearl

New Episode (CC)

8:45am GG: Spawn Squad

(Repeat,G,This program may contain reviews of games that have PG material.)

9:00am Let's Dance

(Repeat,G)

9:05am Numberblocks

(CC,Repeat,G)

9:10am Odd Squad UK

New Episode (CC,G)

9:25am Gardening Australia Junior

(CC,AD,Repeat,G)

9:35am Operation Ouch!

(CC,Repeat,G,This program shows medical procedures. In an emergency ring 000 for

help)

10:05am BTN *New Episode* (CC)

10:30am Science Max! Experiments At Large

(CC,Repeat,G,Some of these experiments can be dangerous. Do not try them without

the help of an adult.)

10:50am BTN Newsbreak

(CC,Repeat)

11:05am My Family

(CC,Repeat,PG)

11:35am Ghosts

(CC,AD,Repeat,PG)

12:05pm Absolutely Fabulous

(CC,Repeat,PG)

12:35pm Heartbreak High

(CC,Repeat,PG)

1:20pm Heartbreak High

(CC,Repeat,PG)

2:05pm ER

(CC,Repeat,M,Adult Themes, Medical Procedures)

2:50pm Doctor Who

(CC,Repeat,PG,Parental Guidance Recommended)

3:35pm A Bite To Eat With Alice

(CC,Repeat,G)

4:10pm Would I Lie To You?

(CC,Repeat,PG)

4:40pm MythBusters

(CC,Repeat,PG,Adult Themes)

5:30pm Heartbreak High

(CC,Repeat,PG)

6:10pm Heartbreak High

(CC,Repeat,PG)

Mr Southgate becomes the acting principal of Hartley High and institutes some strict

policy changes to prevent the closure of the school.

7:00pm My Family: Neighbour Wars

(CC,Repeat,PG)

Having run over Mr Casey's dog some years ago, Ben now compounds the

misdemeanour by running over Mr Casey himself. Casey plays the sympathy card for

all its worth - and it seems that it may be worth quite a lot.

7:30pm QI: Silly Season

(CC, Repeat, M, Sexual References)

Join Sandi Toksvig and panellists Stephen K Amos, Ivo Graham, Holly Walsh and Alan

Davies for silly season.

8:00pm Would I Lie To You?: Gareth Malone, Amanda Abbington, Richard Osman &

Phill Jupitus

(CC,Repeat,G)

Host Rob Brydon, David Mitchell and guest team captain Greg Davies are joined by

Gareth Malone, Amanda Abbington, Richard Osman and Phill Jupitus.

8:30pm TBA

9:00pm TBA

9:20pm Fisk: Burning Up

(CC,AD,Repeat,M,Coarse Language)

Helen finds herself obligated to 'return the favour' when a pushy member of the networking group keeps sending her clients. George's Grandma takes over the Conch reception desk and helps George with a presentation.

9:50pm ER: Family Matters

(CC,Repeat,M,Adult Themes, Medical Procedures)

Mark flies to San Diego when his father runs away from his retirement home.

Elizabeth tries to coax a confession out of a murderer. Former med student Deb Chen

returns to the ER and tries to assist a gay female runaway.

10:35pm Friday Night Dinner: The Sofabed

(CC,Repeat,PG)

Mum and Dad are having a clear-out, and Dad's been ordered to chuck away all his tatty, old magazines. Dad has forgotten that he asked a man from online shopping to come and pick up their old sofabed.

11:00pm Ghosts: Poached Guests

(CC,AD,Repeat,PG)

Alison and Mike's neighbour spots a business opportunity which prompts all out war between them. The Ghosts make a surprising new friend, while Mike secretly invests in some unorthodox entertainment for the guesthouse.

11:25pm rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:30am QI: This, That and The Other

(CC,Repeat,PG)

Sandi Toksvig talks through a tantalising trunkful of 'T' topics with Jo Brand, Guz Khan, Sally Phillips and Alan Davies.

1:00am Louis Theroux: Drinking To Oblivion

(CC,Repeat,M,Adult Themes, Coarse Language,This program contains content that may concern some viewers.)

Louis Theroux heads to Europe's largest liver transplant centre where he sees the physical side effects of alcoholism and learns about the challenges doctors, patients and their families face in treating it.

2:00am ER: Sea Change

(CC, Repeat, M, Adult Themes, Medical Procedures)

While Luka and Abby adjust to being husband and wife, Pratt attempts to win over a new woman, Morris and Hope take things to the next level, and Ray goes missing. Plus, a new doctor in the ER means serious business.

2:40am ER: Family Matters

(CC,Repeat,M,Adult Themes, Medical Procedures)

Mark flies to San Diego when his father runs away from his retirement home.

Elizabeth tries to coax a confession out of a murderer. Former med student Deb Chen returns to the ER and tries to assist a gay female runaway.

3:25am Doctor Who: The Sontaran Stratagem

(CC,Repeat,PG,Parental Guidance Recommended)

Martha Jones summons the Doctor back to modern-day Earth, but an old enemy lies in wait. With the mysterious ATMOS devices spreading across the world, Donna learns that even her own family is not safe from the alien threat.

4:10am A Bite To Eat With Alice: Dilruk Jayasinha

(CC,Repeat,G)

Alice has some treats in store for funnyman Dilruk Jayasinha.

4:40am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

Wednesday, 19 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am Space Nova

(CC,Repeat,G)

6:05am Odd Squad

(Repeat,G)

6:20am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:30am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:40am The Strange Chores

(CC,AD,Repeat,G)

6:55am Scooby-Doo and Guess Who?

(Repeat, PG, Parental Guidance Recommended)

7:15am We Bare Bears

(Repeat, PG, Parental Guidance Recommended)

7:25am The Powerpuff Girls

(Repeat,G)

7:40am Miraculous: Tales Of Ladybug And Cat Noir

(CC,Repeat,G)

8:00am Total DramaRama

(Repeat, PG, Parental Guidance Recommended)

8:10am Teen Titans Go!

(Repeat,G)

8:20am Pokemon: Diamond And Pearl

New Episode (CC)

8:45am GG: Spawn Squad

(Repeat,G,This program may contain reviews of games that have PG material.)

9:00am Let's Dance

(Repeat,G)

9:05am Numberblocks

(CC,Repeat,G)

9:10am Odd Squad UK

New Episode (CC,G)

9:25am Gardening Australia Junior

(CC,AD,Repeat,G)

9:35am Maddie, The Zoo And You

(Repeat,G)

9:55am Operation Ouch!

(CC,Repeat,PG,Parental Guidance Recommended,This program shows medical

procedures. In an emergency ring 000 for help)

10:20am The Dengineers

(Repeat,G)

10:50am BTN Newsbreak

(CC, Repeat)

11:00am My Family

(CC,Repeat,PG)

11:30am Ghosts

(CC,AD,Repeat,PG)

12:00pm Absolutely Fabulous Christmas Special

(CC,Repeat,PG)

12:45pm Heartbreak High

(CC,Repeat,PG)

1:25pm Heartbreak High

(CC,Repeat,PG)

2:10pm ER

(CC,Repeat,M,Adult Themes, Medical Procedures)

2:55pm Doctor Who

(CC,Repeat,PG,Parental Guidance Recommended)

3:40pm A Bite To Eat With Alice

(CC,Repeat,G)

4:05pm Would I Lie To You?

(CC,Repeat,PG)

4:35pm MythBusters

(CC,Repeat,PG,Adult Themes)

5:25pm Heartbreak High

(CC,Repeat,PG)

6:10pm Heartbreak High

(CC,Repeat,PG)

When Rose announces to the class that she is pregnant with Jack's baby, she ends up

staying with the Poulos family after her dad kicks her out of the house.

7:00pm My Family: Can't Get No Satisfaction

(CC,Repeat,PG)

Michael and Alfie's internet-dating does not go quite according to plan. Kenzo's piano-playing may leave a lot to be desired, but will Ben's attempt to get his old band

back together prove a bigger hit?

7:30pm QI: Quills

(CC,Repeat,PG)

Sandi Toksvig looks at 'Quills' with her guests Alan Davies, Tom Allen, Jimmy Carr and

Lou Sanders.

8:00pm Would I Lie To You?: The Unseen Bits

(CC,Repeat,PG)

Rob Brydon, Lee Mack and David Mitchell return for an episode of previously unseen material from the hit comedy panel show "Would I Lie To You?".

8:30pm TBA

9:30pm Queen Of Oz: Emu Meat

(CC,AD,Repeat,M,Coarse Language)

At an official dinner, Georgie fails miserably in her attempt to drum up business for Australia, leading to scathing criticism from both the media and the public.

9:55pm ER: The Domino Heart

(CC,Repeat,PG,Adult Themes, Medical Procedures)

A water shortage causes complications in the ER. Lucy fights to get her patient a new heart. Mark interferes in a gay domestic situation. Malucci seeks a way to close an illegal pharmacy. Carol suffers postpartum depression.

10:40pm Ghosts: Not Again

(CC,AD,Repeat,PG)

Mike and Alison reach boiling point over the guesthouse. Julian tries to prove he is far more selfless than everybody thinks. A new addition to the breakfast room triggers frightening flashbacks for Robin.

11:10pm rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:15am QI: Omnishambles

(CC, Repeat, M, Sexual References)

Josh Widdicombe, Stephen K Amos and Cally Beaton join regular panellist Alan Davies to answer host Sandi Toksvig's questions on the theme of `Omnishambles'.

12:45am Holding The Man

(CC,AD,Repeat,MA,Adult Themes, Nudity, Sex Scenes.)

Holding the Man is the warm, funny and extraordinarily moving story of the 15 year long love affair between Timothy Conigrave and the boy he fell in love with at high school, John Caleo.

2:50am ER: The Honeymoon Is Over

(CC, Repeat, M, Adult Themes, Medical Procedures)

While Moretti's changes upset ER staff, Luka postpones his honeymoon to be with his ailing father in Croatia, Gates tries to stop Sarah from being taken away, and Neela finds her life in peril at an anti-war rally.

3:30am ER: The Domino Heart

(CC,Repeat,PG,Adult Themes, Medical Procedures)

A water shortage causes complications in the ER. Lucy fights to get her patient a new heart. Mark interferes in a gay domestic situation. Malucci seeks a way to close an illegal pharmacy. Carol suffers postpartum depression.

4:15am A Bite To Eat With Alice: Anthony Callea

(CC,Repeat,G)

Anthony Callea stops by with a food challenge for Alice - taking on his family's famous meatball recipe.

4:40am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

Thursday, 20 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am Space Nova

(CC,Repeat,G)

6:05am Odd Squad

(Repeat,G)

6:15am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:30am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:40am The Strange Chores

(CC,AD,Repeat,G)

6:50am Scooby-Doo and Guess Who?

(Repeat,G)

7:15am We Bare Bears

(Repeat, PG, Parental Guidance Recommended)

7:25am The Powerpuff Girls

(Repeat, PG, Parental Guidance Recommended)

7:35am Miraculous: Tales Of Ladybug And Cat Noir

(Repeat, PG, Parental Guidance Recommended)

8:00am Total DramaRama

(Repeat,G)

8:10am Teen Titans Go!

(Repeat, PG, Parental Guidance Recommended)

8:20am Pokemon: Diamond And Pearl

New Episode (CC)

8:45am GG: Spawn Squad

(Repeat,G,This program may contain reviews of games that have PG material.)

9:00am Let's Dance

(Repeat,G)

9:05am Numberblocks

(CC,Repeat,G)

9:10am Wordsville *New Episode* (Repeat,G)

9:20am Gardening Australia Junior

(CC,AD,Repeat,G)

9:30am Know It Alls: History

(CC,Repeat,G)

9:40am Horrible Histories

(CC,Repeat,PG,Parental Guidance Recommended)

10:10am Further Back In Time For Dinner: The Development Of A Nation

(Repeat, PG, Parental Guidance Recommended)

10:25am BTN

(CC,Repeat)

10:50am BTN Newsbreak

(CC,Repeat)

11:00am My Family

(CC,Repeat,PG)

11:30am Ghosts

(CC,AD,Repeat,PG)

12:00pm Heartbreak High

(CC,Repeat,PG)

12:45pm Heartbreak High

(CC,Repeat,PG)

1:30pm QI

(CC,Repeat,PG)

2:05pm ER

(CC, Repeat, M, Adult Themes, Medical Procedures)

2:45pm Doctor Who

(CC,Repeat,PG,Parental Guidance Recommended)

3:35pm A Bite To Eat With Alice

(CC,Repeat,G)

4:05pm Would I Lie To You?

(CC,Repeat,G)

4:35pm MythBusters

(CC,Repeat,PG,Adult Themes)

5:25pm Heartbreak High

(CC,Repeat,PG)

6:10pm Heartbreak High

(CC,Repeat,PG,Adult Themes)

Nick and Southgate end up butting heads after the former is elected class captain and

has to begin calling out his friends for violating school policies.

7:00pm My Family: The Abi Habit

(CC,Repeat,PG)

According to Susan, abstinence makes the heart grow fonder. While Janey looks like having it thrust upon her, for Abi it seems like being a longer-term commitment.

7:30pm QI: Tubular

(CC,Repeat,PG)

Sandi Toksvig takes a look at tubes and tubas in a totally tubular show with Bridget

Christie, Sara Pascoe, Deborah Frances White and Alan Davies.

8:00pm Would I Lie To You?: Liz Carr, Miles Jupp, Samson Kayo & Anneka Rice

(CC,Repeat,PG)

The guests joining Lee Mack and David Mitchell are Liz Carr, Miles Jupp, Samson Kayo and Anneka Rice.

8:30pm Hard Quiz

(CC,Repeat)

Four experts, four topics, one Big Brass Mug. Tom Gleeson puts hard-hitting questions to experts in TV series Community, nail polish, octopuses, and The Sound of Music. It's the game show where stealing is how you win!

9:00pm The Weekly With Charlie Pickering

(CC, Repeat)

Returning for its 11th Season, The Weekly is the one show that knows the world is far too serious to be taken too seriously. You give us thirty minutes - we'll give you the week.

9:30pm Gruen

(CC,Repeat,M,Coarse Language)

Garnier shouts a round for your hair, influencers are going grey, Suzuki trip through time and one ad challenges our assumptions. Wil is joined by Todd Sampson, Kiranpreet Kaur Dhillon, Karen Ferry and Russel Howcroft.

10:10pm Shaun Micallef's MAD AS HELL

(CC, Repeat, M, Coarse Language, Sexual References)

As part of "Francis' Big Road Show", Francis plays a calliope pulled by Emily. They later perform a rendition of 'Doop' on the xylophone and piano using each others' teeth as keyboards.

10:40pm Planet America

(CC,Repeat)

Two months into Donald Trump's second term in the White House, John and Chas bring you insights, analysis and discussion on the issues and events in the US. (Planet America returns Wednesday 9 April after a two week break)

11:15pm ER: Abby Road

(CC, Repeat, M, Adult Themes, Medical Procedures)

New medical student Abby has a tough first day as a flu epidemic overwhelms the ER. Carter helps a patient with muscular dystrophy, while Cleo treats a kid who's been injecting hormones. Elizabeth's mother arrives in Chicago.

11:55pm rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual

References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

1:00am Ghosts: Christmas Episode

(CC,AD,Repeat,PG)

A festive trip down memory lane prompts Pat to question his whole identity. The Ghosts come up with a surprise Christmas present for Alison, while Mike and Alison's Christmas day does not go to plan.

1:30am QI: Upbringing

(CC,Repeat,M,Coarse Language)

Join Sandi Toksvig for a look at "Upbringing" with Sally Phillips, Josh Pugh, Aaron Simmonds, and Alan Davies.

2:00am ER: The War Comes Home

(CC,Repeat,M,Adult Themes, Medical Procedures)

Abby, Pratt and Morris struggle with Moretti's strict new methods as casualties arrive from the peace rally stampede - including Neela. Gates manhandles a patient he suspects set off the explosion that disrupted the protest.

2:45am ER: Abby Road

(CC,Repeat,M,Adult Themes, Medical Procedures)

New medical student Abby has a tough first day as a flu epidemic overwhelms the ER. Carter helps a patient with muscular dystrophy, while Cleo treats a kid who's been injecting hormones. Elizabeth's mother arrives in Chicago.

3:30am This Is Going To Hurt

(CC,AD,Repeat,MA,Coarse Language)

It's the day of Adam's engagement party, but his work stress is becoming increasingly overwhelming. Shruti tries a new tack, but doesn't get the outcome she hoped.

4:15am A Bite To Eat With Alice: Mark Olive

(CC,Repeat,G)

"The Black Olive", Mark Olive is in the house to hero native ingredients with a roo bolognese, and Alice goes with a salad featuring native ingredients.

4:45am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

Friday, 21 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am 100% Wolf: Legend Of The Moonstone

(CC,Repeat,G)

6:05am Odd Squad

(Repeat,G)

6:15am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:30am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:40am The Strange Chores

(CC,AD,Repeat,G)

6:50am Scooby-Doo and Guess Who?

(Repeat, PG, Parental Guidance Recommended)

7:15am We Bare Bears

(Repeat,G)

7:25am The Powerpuff Girls

(Repeat,G)

7:35am Miraculous: Tales Of Ladybug And Cat Noir

(Repeat,G)

8:00am Total DramaRama

(Repeat,G)

8:10am Teen Titans Go!

(Repeat, PG, Parental Guidance Recommended)

8:20am Pokemon: Diamond And Pearl

New Episode (CC)

8:40am GG: Spawn Squad

(Repeat,G,This program may contain reviews of games that have PG material.)

9:00am Let's Dance

(Repeat,G)

9:05am Numberblocks

(CC,Repeat,G)

9:10am Wordsville *New Episode* (Repeat,G) 9:20am Draw With Will

(Repeat,G)

9:30am Art Blast

(CC,Repeat,G)

9:35am Art With Mati And Dada

(CC,Repeat,G)

9:40am Art With Mati And Dada

(CC,Repeat,G)

9:50am Your Paintings

(CC,Repeat,G)

10:00am BTN Specials

(CC,Repeat)

10:15am Ultimate Video Skills

(Repeat,G)

10:20am Bringing Books to Life

(CC,Repeat,G)

10:25am Bertram Poppingstock: Problem Solver

(CC,Repeat,G)

10:40am What's Your Problem?

(CC,Repeat,G,For some of these activities you need to ask for an adult's permission.

Do not try doing them on your own.)

10:50am What's Your Problem? DIY Tutorials

(Repeat,G,For some of these craft projects you need an adult's help. Do not try

making them on your own.)

10:50am BTN Newsbreak

(CC,Repeat)

11:05am My Family: Have A Unhappy Christmas

(CC,Repeat,PG)

12:05pm Ghosts

(CC,AD,Repeat,PG,Adult Themes)

12:35pm Heartbreak High

(CC,Repeat,PG)

1:20pm Heartbreak High

(CC, Repeat, PG, Adult Themes)

2:05pm ER

(CC,Repeat,M,Adult Themes, Medical Procedures)

2:50pm Doctor Who

(CC,Repeat,PG,Parental Guidance Recommended)

3:35pm Would I Lie To You?

(CC,Repeat,PG)

4:05pm MythBusters

(CC,Repeat,PG,Adult Themes)

5:00pm Heartbreak High

(CC,Repeat,PG,Adult Themes)

5:40pm Heartbreak High

(CC,Repeat,PG)

6:30pm My Family: Have A Unhappy Christmas: Have A Unhappy Christmas

(CC,Repeat,PG)

Ben's efforts to buy Susan's Christmas present get him into trouble, a risque photo from Ben and Susan's wedding night gets printed on some presents, and a letter from The Palace means a change of holiday plans for everyone.

7:30pm QI: Oddballs

(CC, Repeat, M, Adult Themes, Sexual References)

Jason Manford, Jimmy Carr and Victoria Coren Mitchell join regular panellist Alan Davies to answer host Sandi Toksvig's questions on the theme of 'Oddballs'.

8:00pm Would I Lie To You?: Rhod Gilbert, Vernon Kay, Dara O'Briain & Denise Van

Outen

(CC,Repeat,G)

Rob Brydon is back in the host's chair alongside lightning-quick team captains David Mitchell and Lee Mack. This episode's guests are Rhod Gilbert, Vernon Kay, Dara O'Briain and Denise Van Outen.

8:30pm L.A. Confidential

(CC,AD,Repeat,1997,MA,Violence)

Los Angeles, 1953. Beneath the glamorous veneer of Hollywood lies a crime-ridden city corrupt to its core. While investigating a brutal murder, three very different detectives will rediscover a common bond of integrity.

10:45pm ER: Be Still My Heart

(CC, Repeat, M, Adult Themes, Medical Procedures)

Kovac tells two children that their parents did not survive a car accident. Elizabeth helps Romano operate on his dog. Lucy cares for a law student who may be schizophrenic before Valentine's Day in the ER ends tragically.

11:30pm rage

(CC,MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

12:30am TBA

1:00am TBA

1:20am Ghosts

(CC,AD,Repeat,PG,Adult Themes)

With the gatehouse destroyed, Alison and Mike are forced to start again.

1:50am QI: Not Nearly

(CC,Repeat,PG)

Gyles Brandreth, Victoria Coren Mitchell & Jimmy Carr join regular panellist Alan Davies & host Sandi Toksvig to contemplate the theme of 'not nearly'. As usual, correctness & intelligence go out of the window in this quiz.

2:20am ER: In a Different Light

(CC,Repeat,M,Adult Themes, Medical Procedures)

Patients admitted to the ER include a pregnant teacher whose student/lover was critically injured while driving, a man who is hiding a gunshot wound, and a young boy who knows he is dying but is hiding it from his mother.

3:00am ER: Be Still My Heart

(CC,Repeat,M,Adult Themes, Medical Procedures)

Kovac tells two children that their parents did not survive a car accident. Elizabeth helps Romano operate on his dog. Lucy cares for a law student who may be schizophrenic before Valentine's Day in the ER ends tragically.

3:45am Doctor Who: The Unicorn And The Wasp

(CC,Repeat,PG,Parental Guidance Recommended)

A 1926 dinner party turns into a murder mystery as the Doctor and Donna team up with the world's most famous crime novelist, Agatha Christie, to find a body in the library, poisoned cocktails and a Vespiform seeking revenge.

4:30am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

4:35am A Bite To Eat With Alice: Colin Lane

(CC,Repeat,G)

Comedian Colin Lane goes rogue in his quest to learn a simple Asian dish.

Saturday, 22 March 2025

5:00am Dragon Ball Super

(Repeat, PG, Parental Guidance Recommended)

5:25am Coop Troop

(CC,Repeat,G)

5:35am 100% Wolf: Legend Of The Moonstone

(CC,Repeat,G)

6:00am Odd Squad

(Repeat,G)

6:10am Star Wars: Young Jedi Adventures

(CC,AD,Repeat,G)

6:25am Cloudy With A Chance Of Meatballs

(Repeat,G)

6:35am The Strange Chores

(CC,AD,Repeat,G)

6:45am Scooby-Doo and Guess Who?

(Repeat,G)

7:10am We Bare Bears

(Repeat,G)

7:20am My Little Pony: Friendship Is Magic

New Episode (C

(CC,G)

7:45am My Little Pony: Friendship Is Magic

New Episode (CC,G)

8:05am Total Drama Island

(CC, Repeat, PG, Parental Guidance Recommended)

8:30am Teen Titans Go!

(Repeat, PG, Parental Guidance Recommended)

8:40am Teen Titans Go!

(Repeat,G)

8:50am Good Game Spawn Point

(CC,Repeat,G,This program may contain reviews of games that have M classified

material.)

9:15am GG: Spawn Squad

(CC,Repeat,G)

9:30am Pokemon: Diamond And Pearl

(CC,Repeat,G)

9:50am Transformers: EarthSpark

(CC,Repeat,PG,Parental Guidance Recommended)

10:10am Be Cool, Scooby-Doo!

(Repeat, PG, Parental Guidance Recommended)

10:35am We Bare Bears

(Repeat, PG, Parental Guidance Recommended)

10:45am We Bare Bears

(Repeat, PG, Parental Guidance Recommended)

11:05am Ghosts

(CC,AD,Repeat,PG)

Mike's anxiety about the future grows. Thomas spots Lady Button's talents.

11:35am Heartbreak High

(CC,Repeat,PG,Adult Themes)

Danielle's first modelling gig takes a dark turn when the photographer manipulates her into posing nude.

12:20pm Tracks

(CC,AD,Repeat,M,Adult Themes, Coarse Language,Aboriginal and Torres Strait Islander viewers are advised that the following program may contain images and voices of people who have died)

The remarkable true story of Robyn Davidson, a young woman who leaves her life in the city to make a solo trek through almost 2,700km of sprawling Australian desert.

2:10pm ER: Officer Down

(CC,Repeat,M,Adult Themes, Medical Procedures)

Pratt treats a teen wrestler with severe vomiting, but the problem is more serious than first thought. Gates cares for a young boy with a deadly disease. Two volunteer cops arrive with gunshot wounds and Morris gets bad news.

2:55pm Doctor Who: Silence In The Library

(CC, Repeat, PG, Parental Guidance Recommended)

The Doctor meets River Song for the first time as he and Donna visit a planet-sized library that is devoid of life. As the horrifying mystery behind the library unfolds, they are given only one warning - 'count the shadows'.

3:55pm Penn And Teller: Fool Us: Magic Is for the Birds

(CC,Repeat,G)

Featured magicians include Emily Robinson-Hardy, C.Y., Nick Diffatte and Cody Stone.

4:35pm MythBusters: Birds in a Truck

(CC, Repeat, PG, Adult Themes)

It's the ultimate brainteaser. If a truck carrying a full load of birds hits a bump in the road, and all the birds take flight, is that truck now lighter?

5:25pm Heartbreak High

(CC,Repeat,PG)

Hurt by the revelation that he was adopted and unable to process his feelings, Steve begins to act out at work.

6:10pm **Heartbreak High**

(CC, Repeat, PG)

Steve befriends a stray dog and wants to adopt him, but runs into trouble when he

brings it to school.

7:00pm Spicks And Specks: Montaigne, Greg Larsen, Nooky & Zoe Coombs Marr

(CC,Repeat,PG,Aboriginal and Torres Strait Islander viewers are advised that the

following program contains images and voices of people who have died)

Adam, Myf and Alan are joined by Montaigne, Nooky, Zoe Coombs-Marr and Greg Larson. They will listen to some music, watch some videos and play some bells, but can

they guess the secret song before Lime Cordiale plays it?

7:30pm QI: Underground and Underwater

(CC,Repeat,PG)

Join Sandi Toksvig for a look at "Underground and Underwater" with Zoe Lyons, Dan

Tiernan, Josh Widdicombe, and Alan Davies.

8:00pm Live At The Apollo

(CC)

New Episode The brilliant Joel Dommett is your host for this episode of the award winning Live at

the Apollo as he introduces comedians Fatiha El-Ghorri and Jamie MacDonald to the

stage.

8:45pm Rhys Nicholson: Live At The Athenaeum

(CC)

*Aust. TV

Rapid-paced, refined rawness and ever so real realness, Rhys Nicholson's Live at the Premiere*

Athenaeum talks about managing relations, growing up in Australia and dealing with

his favourite fan.

Absolutely Fabulous: Exploitin' 9:55pm

(CC, Repeat, M, Sexual References)

Eddy and Patsy take the baby to her first modelling job - a photo shoot at the zoo. Jean-Paul Gaultier is on location, much to their delight, but will they manage to return

baby Jane home safely?

10:25pm **Absolutely Fabulous: Cold Turkey**

(CC,Repeat,PG)

It's been a big year in the Monsoon household and Christmas is guaranteed party time. The Christmas spirit proves too much for Patsy who has to be rushed to hospital - is this the end for Patsy?

Absolutely Fabulous Christmas Special 10:50pm

(CC,Repeat,PG)

It's Christmas time and Eddy has been bitten by the home-makeover bug. Meanwhile, Saffy is doing her best to get Patsy to move out and Bubble continues to sneer at

anyone less posh than her.

11:40pm ER: All In The Family

(CC, Repeat, M, Adult Themes, Medical Procedures)

Carter and Lucy are found almost bleeding to death from multiple stab wounds. The staff work valiantly to save their colleagues while police set up a crime scene and search for their schizophrenic assailant in the hospital.

12:20am rage

(MA,Adult Themes, Coarse Language, Drug Use, Horror, Nudity, Sex Scenes, Sexual References, Violence)

New Episode

Australia's longest running music TV show, rage is home to the biggest vault of music videos from a diverse range of artists, genres and eras. We curate the best clips of all time to surprise and entertain you for hours.

1:25am Heartbreak High

(CC,Repeat,PG)

Steve resorts to sleeping at Hartley when his parents get divorced and neither of them take him in.

2:10am Ghosts

(CC,AD,Repeat,PG)

Mike's anxiety about the future grows. Thomas spots Lady Button's talents.

2:40am QI: Potpourri

(CC, Repeat, M, Coarse Language)

Regulars Sandi Toksvig and Alan Davies are joined by guests Phill Jupitus, Cally Beaton and Rhod Gilbert to discuss Pot Pourri.

3:10am ER: Officer Down

(CC, Repeat, M, Adult Themes, Medical Procedures)

Pratt treats a teen wrestler with severe vomiting, but the problem is more serious than first thought. Gates cares for a young boy with a deadly disease. Two volunteer cops arrive with gunshot wounds and Morris gets bad news.

3:50am ER: All In The Family

(CC,Repeat,M,Adult Themes, Medical Procedures)

Carter and Lucy are found almost bleeding to death from multiple stab wounds. The staff work valiantly to save their colleagues while police set up a crime scene and search for their schizophrenic assailant in the hospital.

4:35am ABC News Update

(Repeat)

The headlines from ABC News, updating you on the day's top stories from across Australia and around the world.

4:40am Whose Line Is It Anyway?: Tiffany Coyne

(CC,Repeat)

Aisha Tyler helms an uproarious episode of the legendary improv show featuring regulars Wayne Brady, Ryan Stiles and Colin Mochrie with guest performer Jonathan Mangum and star guest Tiffany Coyne, from 'Let's Make a Deal'.