



WEEK 8		Sunday, 16 February 2025	Saturday, 22 February 2025	ALL MARKETS												
Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
2025-02-16	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-16	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Υ		
2025-02-16	0530	News - Överseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-16	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-16	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-16	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-16	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	v INDIA	English-100	2022		NC		Υ		
2025-02-16	0900	Cooking	Cook Up With Adam Liaw Bitesize	Chicken Paprika	01	7	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-16	0905	Entertainment	Love Your Home And Garden	Love Your Home And Garden Series 1	^{Ep} 01	1	For the first time, Alan Titchmarsh will be transforming not just a garden but a house as well. He heads to Banbur to surprise two young carers Claudia (12) and Leonie (9) who look after their mother Donna (44), who suffered a heart attack which lies ther without 70% of her sight. To transform both zones into bright usable spaces is an enormous challenge for Alan and the team.	UNITED KINGDOM	English-100	2017	RPT	PG		Υ		Y
2025-02-16	1000	Football	FIFA World Cup Classic Matches	Korea Republic V Mexico (1998)	2024	44	FIFA World Cup Classic Match: Korea Republic v Mexico 1998			2024		NC		Υ		
2025-02-16	1130	Nature & Environment	Britain's Great Outdoors	Cheshire	02	4	North-West England's most popular mid-distance walk, the Sandstone Trail offers a vast array of attractions en route - from celebrity wedding favourite - Peckforton Castle, to the medieval fortification of Beeston Castle, Julia takes in the rolling countryside pastures and panoramic views over the Cheshire plains and Inverpool. It's a popular route for dog- walking and posts - from the local Tough-Fean mace, to one of the op local and high let tracks in the country, not to mention the intregid 4x4 off road experience at Peckforton - Julia packs it all in.	IT UNITED KINGDOM	English-100	2018	RPT	G		Y		Y
2025-02-16	1200	News - Domestic	APAC Weekly	APAC Weekly 2025 Ep 2	2025	2	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA	English-100	2025				Υ		
2025-02-16	1230	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Υ		
2025-02-16	1255	Culture & Society	Para-Badminton	Para-Badminton		0	Caltlin lives with cerebral paley, She has always been very sporty and has joined in many mainstream sports throughout the years. As soon as Caltin found para-badminton she was brooked. Within WA, Caltin's the only a	a- AUSTRALIA	English-100	2021	RPT	PG		Υ		
2025-02-16	1300	Motorsport	Speedweek	Speedweek 2025. Ep 7	2025	7	Speedweek is a comprehensive motorsport show that covers many forms of Australian and International motorsport -made specifically for speed enthusiasts.			2025		NC		Υ		

2025-02-16	1500	Surf Life Saving	Surf Life Saving Next Gen Series 2025 1	Surf Life Saving Next Gen Series 2025	2025 0	Surf Life Saving Next Gen Series 2025	AUSTRALIA		2025				Y		
2025-02-16	1600	Yacht Racing	Sail GP Highlights, Round 3, Sydney	Sail Gp Highlights, Round 3, Sydney	2025 3	Sall GP Highlights, Round 3, Sydney.			2024				Y		
2025-02-16	1700	Culture & Society	Grand Tours Of Scotland's Rivers	Highland River, A	03 6	Paul explores the River Oykel in Sutherland from its source in Assynt, to the Dornoch Firth and the sea. He learns about the lonellest and highest war grave in Scotland.	UNITED KINGDOM	English-100	2023		PG		Υ		Υ
2025-02-16	1735	History	Churchill's Forgotten War	Churchill's Forgotten War	0 0	When Churchill came to power at the beginning of World War II, he gave the instruction to 'collar the lot' - meaning the arrest of 30,000 Germans, Austrians and Italians who were residents in the UK.	UNITED KINGDOM	English-100	2024		PG		Y		Y
2025-02-16	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 47	2025 47	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-16	1930	Culture & Society	Mysteries Of Sink Holes	Ticking Time Bombs	01 1	This episode delves into the mysterious origins of sinkholes, both through the testimony of the survivors of their terrifying formation and via the experts trying to tackle this global menace.	UNITED KINGDOM	English-100	2024		PG	a	Y	Υ	Y
2025-02-16	2025	Culture & Society	Mysteries Of Sink Holes	Hidden Worlds	01 2	In this episode, we fillp the sinkhole narrative on its head, investigating the subterranean mysteries that sinkholes can actually help solve.	UNITED KINGDOM	English-100	2024		PG	av	Y	Y	Υ
2025-02-16	2120	Archaeology	Legends Of The Pharaohs	Amenhotep Iii, The Great Builder	02 3	Amenhotep III had inherited a prosperous kingdom and turned it into an immensely powerful empire. From the Luxor Temple to the Colossi of Memnon, he constructed some of the most remarkable monuments and largest statuses of his time. Egypt reached the peak of its influence under his reign. Discover this exceptional pharaoh, who deserves to be better known as he was the greatest builder in Egyptian history.	FRANCE	English-85; French- 15	2022	RPT	PG	s v	Υ	Y	
2025-02-16	2220	Culture & Society	Great British Landmark Fixers	Royal Albert Hall	01 3	The world-renowned Royal Albert Hall opened its doors to the public in 1871. Brainchild of Prince Albert, this Central Lordon Concert Hall was intended to further his lifelong ambitton to popularise the arts and sciences.	UNITED KINGDOM	English-100	2023	RPT	G		Y		
2025-02-16	2315	History	The Art Of Dissent	Art Of Dissent, The	0 0	The Art of Dissent celebrates the power of artistic engagement in Czechoslovakia before and after the 1968 Soviet- led invasion.	USA	English-80; Czech- 20	2020				Y	Υ	
2025-02-16	2510	History	Photos That Changed The World	Hunting The President / The Hooded Man	01 5	As President Reagan waved, John Hinckley Jr. fired his gun, and photographer Ron Edmonds captured the vulnerability of political leaders for all the world to see. The most memorable image from the var in I raq was take not by a photographer, but by US Army staff segeant twon Frederick, one of several solidies who tortured Iraqi prisoners at Abu Chrash.	UNITED KINGDOM	English-100	2019		м	avw	Y	Υ	
2025-02-16	2600	History	Photos That Changed The World	Lady In The Mask / The Moors Murders The	^{5,} 01 6	The 7/7 bombings image of a commuter clutching a white burns mask to her face outside Edgware Road tube station brought home the very real threat of terrorism in the UK. The infamous mugshot of Myna Hindley taken upon her arrest in 1965 is a chilling photograph and for many, one that is the embodiment of evil.	UNITED KINGDOM	English-100	2019		М	avw	Y	Y	
2025-02-16	2645	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 1	09 1	This week, in one of the most personal projects he and the team have ever taken on, Alan heads to Hucknall near Nottingham to surprise fellow landscape gardener Daniel Bradbury and his young family.	UNITED KINGDOM	English-100	2019	RPT	PG	a	Υ		
2025-02-16	2740	Culture & Society	Living With The Boss	Go Rentals	01 4	Go Rentals boss James Dalgish leaves the comfort of his family home to live in the lounge of one of his young employees. Will living and working with IT specialist Ali inspire James to make changes that will benefit everyone in the workforce?	NEW ZEALAND	English-100	2020	RPT	PG		Υ		Υ
2025-02-16	2830	Biography	Peer To Peer	Christine Legarde	01 85	European Central Bank President Christine Lagarde talks about the EU's recovery from Covid-19, Bitcoin, Brexit, getting back to the office and discrimination against women.	UNITED KINGDOM	English-100	2018	RPT	G		Y		

2025-02-17	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-02-17	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024 0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Υ		
2025-02-17	0530	News - Overseas	Al Jazeera News	Al Jazeera News	0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-02-17	0600	News - Overseas	DW English News	DW English News Morning 2024	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-17	0630	News - Overseas	ABC America This Week	ABC America This Week With George Stephanopoulos	0	ABC America's pre-eminent weekly public affairs program with George Stephanopolous from New York, USA.	USA	English-100	2024		NC		Υ		
2025-02-17	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-17	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-02-17	0900	Cooking	Destination Flavour Singapore Bitesize	Singapore Chilli Crab 01	4	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	PG	a w	Υ		
2025-02-17	0910	Cooking	Destination Flavour Singapore Bitesize	Fish Head Curry 01	5	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	PG		Υ		
2025-02-17	0920	Culture & Society	Paul O'Grady For The Love Of Animals	Paul O'grady For The Love Of Animals: 01 India Series 1 Ep 2	2	Paul introduces us to Assam - it's the home of tea but really important for wildlife - and home to Kaziranga National Park. He's working at CWRC - an animal rescue centre - and today he's helping look after no less than eight elephant calves. he helps with some important medical reals. One-year-old lutte has an injured toot, and Paul helps distract her while it get treated. 6-month-old Burhi needs to be rubbed in coconut oil - it helps prepare her skin for winter.	UNITED KINGDOM	English-100	2017	RPT	PG	a w	Υ	Y	Y
2025-02-17	1015	History	Ireland's Historic Gardens	Ireland's Historic Gardens Series 1 Ep 2 01	2	It begins at Powerscourt, Co Wicklow, perhaps the most famous garden in Ireland, and the foremost example of the kind of elaborate, formal style so popular in Ireland in the middle of the 19th century, in this episode, we see Ireland's largest collection of euclaphus, and fascinating horticultural environments, along with the regenerative agriculture of a formerly barren rocky island.	IRELAND	English-100	2021	RPT	G		Υ		
2025-02-17	1115	Culture & Society	Great Canal Journeys	Grand Union And Stratford Canal, The 08	3	Sheila and Gyles journey the Grand Union and Stratford Canal, to Stratford upon Avon - where Shella has performed at the Royal Shakespeare Theatre and where Gyles used to live with his family. They will learn about brewing ale, traditionally the big industry in the area, and late brave the 150-metre-long Edistone Aqueduct, no small feat when Sheila and Gyles both have a fear of heights.	UNITED KINGDOM	English-100	2019	RPT	PG	s	Υ		Y
2025-02-17	1210	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-17	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Unsey Davis Sunday edition.	USA	English-100	2024		NC		Y		
2025-02-17	1300	News - Overseas	PBS News Weekend	PBS News Weekend	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance. Hosted by John Yang for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
2025-02-17	1330	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition 0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-17	1400	History	The Abyss: Rise And Fall Of The Nazis	Deceit And Delusion 01	2	In 1923, the NSDAP had grown to 55,000 members, and Hitler was portraying himself as a powerful man in the right-wing extremist movement. But what is he up to? The journalist teo Lania risks something unbelievable. He takes advantage of Hitler's admiration for the Halian fascist leader Bento Mussolini, poses as a party supporter of the Italian, and spends several days with the Nazis in Colorbe 1923. During his research, he met Hitler and discovered that preparations were being made for an armed coup attempt.	GERMANY	English-70; German- 30	2019	RPT	PG	a	Υ	Y	

2025-02-17	1500	History	Great British Railway Journeys	Great British Railway Journeys Series 1: Ep 10	3 ₁₃	10	Michael Portillo's rail journey through the interwar capital follows Harry Beck's radical map for the London Underground, embraced by Londoners since its launch in 1932. Michael finds out how persistence paid off for Beck after his design was initially rejected. At the Acton Depot of the London Transport Museum, Michael traces the map's origins among the 320,000 exhibits of the urban transport collection.	UNITED KINGDOM	English-100	2021	RPT	G		Υ		Υ
2025-02-17	1535	Food Lifestyle	Plat Du Tour	Tarte Fine With Basque Sauce And Ossa Iraty Cheese	³⁻ 04	3	Guillaume meets Eric Ospital, the most famous ham man in France. Eric creates ham for the top restaurants around the world. He introduces Guillaume to the secrets of curing top quality meat.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Y	Υ	
2025-02-17	1540	Cooking	The Cook Up With Adam Llaw	Dressy Dinner Party, The	07	85	Tonight's Easy Entertaining is a celebration of sauce, as Myra Karakelle from MLK Dell and chef Jean-Paul El Tom join Adam for a dressy dinner party.	AUSTRALIA	English-100	2024	RPT	G		Υ		
2025-02-17	1610	History	Lighthouses: Building The Impossible	Wolf Rock, The	02	1	Rob Bell heads out to perhaps the most feared offshore lighthouse for keepers and mariners alike - the Wolf Rock. He sees for himself why Cornwall's beautiful coastline is so deadly, and why building a tower eight miles from shore was seemingly impossible, at the mercy of the North Atlantic. Following Rob's journey, we hear tales from the keepers who risked life and limb living and working in this inhospitable environment and see how technology keeps a 160-year-old structure running now. Diving into the past, Rob turns week hunter to discover incredible artefacts that reveal the fate of one of the thousands of ships lost on the Cornish coast.	UNITED KINGDOM	English-100	2022	RPT	PG		Υ		Υ
2025-02-17	1705	Quiz	leopardy!	Jeopardy Series 40 Ep 216	40	216	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-17	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 24	01	24	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-02-17	1800	Quiz	Mastermind	Mastermind Series 5 Ep 66	05	66	In this round, the specialty subjects are NSW Road Rules, Voyager 1 and 2, The Works of Stanley Kubrick, and Sydney FC 2004-Present.	AUSTRALIA	English-100	2023	RPT	PG		Υ		
2025-02-17	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 48	2025	48	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-17	1935	Culture & Society	Madrid with Michael Portillo	Madrid 3	01	3	Michael ends his long weekend on a high as he dines at the oldest restaurant in the world and he takes a peek backstage at the city's celebrated opera house.	UNITED KINGDOM	English-100	2024		PG		Υ	Υ	Y
2025-02-17	2025	Nature & Environment	Wilderness With Simon Reeve	Coral Triangle	01	3	Simon Reeve voyages across the Coral Triangle, a huge willderness of tropical seas and jungle clad islands in the southwest corner of the Pacific.	UNITED KINGDOM	English-100	2024		PG	a w	Υ	Υ	
2025-02-17	2135	Culture & Society	Inside Sydney Airport	Baggage	01	8	Sydney Airport's Baggage Manager Kevin is having a day from hell as he trouble-shoots a number of mechanical breakdowns that could bring operations to a standstill. Meanwhile, security screening discovers a passenger travelling with a gun and the Federal Police investigate a suspicious bag left at the terminal entrance.	AUSTRALIA	English-100	0	RPT	PG	a	Y	Υ	Y
2025-02-17	2230	News - Overseas	S8S World News Late	SBS World News Late 2025 Ep 33	2025	33	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-17	2300	Crime	Wisting	Wisting Series 3 Ep 3	03	3	Wisting is still without a good lead in the kidnapping case and is under pressure to produce results; a surveillance plan results in a chase with devastating consequences.	NORWAY	Norwegian-68; English-32	2023		М	alv	Υ	Υ	
2025-02-17	2350	Crime	Wisting	Wisting Series 3 Ep 4	03	4	A manhunt begins, but it is a race against time. Clifford's father, Andrew, also falls into the dutches of the kidnappers.	NORWAY	Norwegian-60; English-40	2023		м	alv	γ	Υ	
2025-02-17	2445	Thriller	A French Case	I Got My Revenge	01	1	October 16th 1984. The body of Gregory Villemin, aged 4, is found drowned near a village in France. As dozens of reporters flock, the police follow the trail of a mysterious letter-writer.	FRANCE	French-100	2021	RPT	М	al		Υ	
2025-02-17	2545	Thriller	A French Case	Pack, The	01	2	A suspect is arrested, under the eyes of crazed journalists. This arrest highlights existing family conflicts. Meanwhile, the police question the suspect's sister-in-law.	FRANCE	French-100	2021	RPT	м	alv		Υ	
2025-02-17	2645	Culture & Society	Barkley Manor	Barkley Manor Series 1 Ep 8	01	8	Krista attempts to crack Britney the Chihuahua's resting disdain-face. Nati throws a mega-party for Max the bulldog's birthday.	NEW ZEALAND	English-100	2021	RPT	PG		Y		Y

2025-02-17	2715	Culture & Society	Living With The Boss	Licensed Renovations	01	5	Licensed Renovations boss Russell Clark leaves his man cave for eco-friendly living with one of his young employees. Will living and working with building apprentice Sophie educate Russell on the challenges facing the industry?	NEW ZEALAND	English-100	2020	RPT	PG	Y	Υ
2025-02-17	2805	Biography	Peer To Peer	Stephen Breyer	01	86	Stephen Breyer, United States Supreme Court Associate Justice, discusses his relationship with the other Justices, his path from teaching at Harvard Law School to Capitol Hill, and why he thinks it's important for young Americans to get involved in politics.	UNITED KINGDOM	English-100	2018	RPT	PG	Υ	
2025-02-17	2835	Nature & Environment	Bamay	Murrumbidgee River - Wiradjuri Country Part 1	02	3	A slow TV showcase of the stunning landscapes found in Wiradjuri Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G		
2025-02-18	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	24 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC	Y	
2025-02-18	0530	News - Overseas	ANC Phillippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC	Υ	
2025-02-18	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC	Y	
2025-02-18	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Y	
2025-02-18	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Υ	
2025-02-18	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y	
2025-02-18	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC	Y	
2025-02-18	0900	Cooking	Destination Flavour Singapore Bitesize	Curry Puffs	01	6	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	
2025-02-18	0910	Cooking	Destination Flavour Singapore Bitesize	Fruit Stall	01	7	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	
2025-02-18	0920	Nature & Environment	Wonderful World Of Baby Animals	Wonderful World Of Baby Animals Series 1 Ep 1, The	01	1	A boisterous white rhino calf can't stop charging the other animals in his park and causing chaos. On the remote Norfolk coast, new born grey seal pups try to figure out the first step of survival—getting milk from their mothers. We witness the birth of a baby giraffe as he crashes onto the ground and struggles to stand up. Unruly baby meerkats try servity duty with only partial success. An adandoned sambar deer fawn is rescued from a meadow but is lame. And a rusty spotted cat follows his mother as he starts to learn how to stalk and hunt.	UNITED KINGDOM	English-100	2019	RPT	PG	Υ	Υ
2025-02-18	1010	History	Short History Of The English Garden	Short History Of The English Garden Series 1 Ep , A 1	01	1	This documentary beautifully illustrates this history visiting a range of gardens including the Elizabethan gardens at Hampton Court and Kenilworth Castle, the Stuart Garden at Ham House and Chiswick House in London. Contributions from experts provide a fascinating insight into how these gardens came to be and the personalities who made them possible.	UNITED KINGDOM	English-100	2021	RPT	G	Y	Υ
2025-02-18	1105	Culture & Society	Great Canal Journeys	Peak Forest Canal	08	4	Shella and Gyles boat the beautiful Peak Forest Canal Into Manchester. They will have a go at dry stone walling in the Peaks, discover the hatting history of Denton at a hand-made hat manufacturer, have a kick-about with a star of Manchester Giv Momen's Team, ending their journey in Burnage, where Shella will visit her late husband John Thaw's old childhood home and school.	UNITED KINGDOM	English-100	2019	RPT	G	Y	Y
2025-02-18	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Y	
2025-02-18	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC	Y	
2025-02-18	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC	Y	

2025-02-18	1400	History	The Abyss: Rise And Fall Of The Nazis	Democracy Without Democrats	01	3	At the end of the 1920s, Germany is a democratic and modern country. But the country is seething. With radical protests against social decline, Wilhelm Hamkens and his "Landwolkbewegung (Rural People's Movement)" gain rapid popularity among the peasants of northern Germany.	GERMANY	English-70; German- 30	2019	RPT	PG	a	Υ	Υ	
2025-02-18	1500	Football	The Weekly Football Wrap	Episode 21	2024	21	Join Claudio Fabiano and the team every Monday night for the latest news, expert opinion and the best action from the World of Football.	AUSTRALIA		2024	RPT	NC		Υ		
2025-02-18	1530	Food Lifestyle	Plat Du Tour	Guillaume Takes The White Asparagus And Makes A Simple Recipe That Captures The Essence Of Spring. G	04	4	Guillaume takes the white asparagus and makes a simple recipe that captures the essence of Spring. With butter, lemon, parsley and Jambon de Bayonne, Guillaume highlights the unique flavour of the favourite vegetable of King Louis XIV	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-02-18	1535	Food Lifestyle	Plat Du Tour	Garbure With Garlic Croutons	04	5	Local chef, Christian Etchebest shows his home town of Pau to Guillaume, culminating in lunch in Christian's restaurant ta Cantine. Inspired by Christian's enthusiasm for Bearnaisse cusine, Guillaume makes his own version of a local forocurine, Garbure – a chunky ham hock and vegetable stew.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Υ	Υ	
2025-02-18	1540	Cooking	The Cook Up With Adam Llaw	Cheese Please	03	26	Chef Jo Barrett and food writer Nida Degutiene Join Adam in The Cook Up kitchen to create their favourite recipes that feature cheese.	AUSTRALIA	English-100	2022	RPT	G		Y		
2025-02-18	1610	History	Lighthouses: Building The Impossible	Smalls, The	02	2	Rob Bell explores the bizarre history of the Smalls lighthouse - one of Britain's most remote offshore lighthouses. Twenty miles off Pembrokeshire, its isolated location has tested builders, architects and keepers to their limits for over 200 years, leaving it wreathed in dark tales and mystery.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Υ		Y
2025-02-18	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 217	40	217	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-02-18	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 25	01	25	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-18	1800	Quiz	Mastermind	Mastermind Series 5 Ep 67	05	67	In this round, the specialty subjects are international Space Station, Canterbury Bankstown Buildogs: 2015-2020, LeBron James' Career, and Cold Chisel.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-02-18	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 49	2025	49	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-18	1930	Biography	Who Do You Think You Are? Stephen Curry	Stephen Curry	15	7	Actor Stephen Curry discovers a paternal family connection to treasures from Bronze Age Britain and, on his mother's side, a courageous, whistle-blowing goldrush banker.	AUSTRALIA	English-100	2023	RPT	PG	a s	Υ		Υ
2025-02-18	2035	Biography	Pretty Baby: Brooke Shields	Part Two	01	2	After having her confidence shattered, Brooke finds her voice, but soon realises there are huge obstacles to using it.	USA	English-100	2023		м	alv	Υ		
2025-02-18	2150	Culture & Society	The Artist's View: Guns' W Roses	Video Killed The Radio Star: Guns N Roses		0	With classic albums like Appetite for Destruction and Use Your Illusion, Guns N' Roses has gone down as a legendary outfit. In this episode Matt Sorum and director Andy Morahan talk about the success of Guns N' Roses'	UNITED KINGDOM	English-100	2012	RPT	М	dl	Y		
2025-02-18	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 34	2025	34	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-18	2250	Crime	Prisoner	Welcome My Friend!	01	1	Sammi takes charge as a prison guard in a big, old prison called Huset, where the strong inmates dominate the weak; the prison guards receive a shocking message.	DENMARK	Danish-99; Arabic-1	2023		МА	alv		Υ	
2025-02-18	2355	Contemporary	Fargo	Tiger, The	05	5	Dot creates diversions, Roy meets his match and indira helps a new friend. Written by Noah Hawley; Directed by Dana Gonzales.	USA	English-100	2023	RPT	MA	v	Y		Y

2025-02-18	2445	Contemporary	Fargo	Tender Trap, The	05 6	6	Lorraine calls things off, Gator asks questions, Wayne makes a surprising discovery and indira offers a new perspective. Written by Noah Hawley and Bob DeLaurentis, Directed by Dana Gonzales.	USA	English-100	2023	RPT	МА	v	Υ		Υ
2025-02-18	2540	Culture & Society	Barkley Manor	Barkley Manor Series 1 Ep 9	01 9	9	Rachel has a tiny dog with a very big problem. Meanwhile, Krista's house is overtaken by dogs for a sleepover, and Edina Monsoon fights for her life.	NEW ZEALAND	English-100	2021	RPT	PG		Υ		Υ
2025-02-18	2610	Culture & Society	Living With The Boss	Supercare Cleaning	01 6	6	Supercare Cleaning's new boss ian Kebbell gets down to the nitty gritty living with one of his cleaning crew. Will living and working with commercial cleaner Ben help lan understand the challenges facing his workforce?	NEW ZEALAND	English-100	2020	RPT	PG		Y	Y	Y
2025-02-18	2700	Culture & Society	Living With The Boss	Storm Fashion	01 7	7	Storm Fashion boss Deborah Caldwell leaves Auckland city life for tourist hotspot Queenstown to live with one of her employees. Will living and working with regional manager Kim encourage Deborah to create career pathways for her retail staff?	NEW ZEALAND	English-100	2020	RPT	PG		Y		Υ
2025-02-18	2750	Biography	Peer To Peer	Julie Sweet	01 8	87	Accenture Chair and CEO Julie Sweet talks about working remotely, hiring during the pandemic, and why the company has no world headquarters.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-02-18	2825	Nature & Environment	Bamay	Murrumbidgee River - Madi Madi, Dadi Dadi & Nganguruku Country	02 6	6	A slow TV showcase of the stunning landscapes found in Madi Madi, Dadi Dadi and Nganguruku Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G				
2025-02-19	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-19	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0 0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-19	0600	News - Overseas	DW English News	DW English News Morning 2024	C	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-19	0630	News - Overseas	Al Jazeera News	Al Jazeera News	c	0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-19	0700	News - Overseas	BBC News at Six	BBC News At Six 2023	C	0	The latest national and international news stories from the 88C News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-19	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024	c	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-19	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	c	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-02-19	0900	Cooking	Cook Up With Adam Liaw Bitesize	Gobi Manchurian	01 8	8	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-19	0905	Nature & Environment	Wonderful World Of Baby Animals	Wonderful World Of Baby Animals Series 1 Ep 2, The	01 2	2	A baby gorilla is desperate to escape the clutches of his protective mother so he can learn how to climb. We witness four baby American alligators, calling to each other from their eggs, and encouraging each other to hatch, then follow them as they lake their fixed for. A baby alpace copies everything that his mother does, including bizarre behaviour, like rolling around in the dirt. A seal pup is left stranded on the beach as her mother goes for a swim and discovers that her neighbours are anything but friendly. And Granville, the bosterous white rhino calf is growing a horn.	UNITED KINGDOM	English-100	2019	RPT	PG		Y		Y
2025-02-19	1000	History	Short History Of The English Garden	Short History Of The English Garden Series 1 Ep , A 2	01 2	2	The golden age of the English landscape garden can still be experienced today. We visit Victorian gardens at Whitley Court, craft gardens at Somerset and Kent, and new perennial gardens.	UNITED KINGDOM	English-100	2021	RPT	G		Y		Υ
2025-02-19	1100	Culture & Society	Estonia From Above	Estonia From Above	2023 0	0	Nestled on the coast of the Baltic Sea is Estonia, a small yet distinctive country. This is a place where cutting edge digital solutions stand side by side with intact nature.	UNITED KINGDOM	English-100	2023		G				

2025-02-19	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-19	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0		America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		γ		
2025-02-19	1300	News - Overseas	PBS Newshour	PBS Newshour	0		Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
2025-02-19	1400	History	The Abyss: Rise And Fall Of The Nazis	Racial State, The	01 4		Hardly in office, Hitler gets serious and tries to crush any opposition to the end. This episode demonstrates how Hitler and his NSDAP succeed in seizing complete power over Germany. The most striking thing is that the Nazis seem to act legally, creating decrees and laws for their measures. After the 1933 parliament fire, President Hindenburg signs a decree that suspends freedom of speech.	GERMANY	English-76; German- 21; Hebrew-3	2019	RPT	PG	a	Y	Y	
2025-02-19	1500	Culture & Society	Where Are You Really From?	Where Are You Really From? Series 1 E	^{Ep} 01 1		The Chinese migrated to regional Victoria in the late 1800s in search of gold. Instead they often found persecution and violence. Today, Bendigo is a city of contrasts and one that is trying to reconcile its past. The few descendants of those early Chinese settlers that remain in the town are each trying to rediscover a side of their history that was too often seen as shameful. For Michael Hing, the experience is a personal one.	AUSTRALIA	English-100	2018	RPT	PG		Y		Υ
2025-02-19	1530	Food Lifestyle	Plat Du Tour	Rack Of Lamb With Petits Pois A La Française	04 6		Guillaume discovers the secrets of haricot tarbes, the best white beans in the world. Verena Patacq, whose family have been growing white beans since the 1400s, hosts Guillaume at her farm. Using haricot tarbes, Guillaume creates a classic rack of lamb.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Y	Y	
2025-02-19	1535	Food Lifestyle	Plat Du Tour	Caneles	04 7		Today the tour finishes in Bordeaux, Guillaume introduces us to another of the city's secrets, caneles. Chef Leo Forget uncovers the history of this historic small cake and inspires Guillaume to recreate it in his kitchen.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Y	Y	
2025-02-19	1540	Cooking	The Cook Up With Adam Liaw	Steam	03 27	7	It's getting steamy in The Cook Up kitchen as Adam, presenter and comedian Alex Lee and head chef of China Doll Frank Shek employ the method of steaming for tonight's dishes.	AUSTRALIA	English-100	2022	RPT	PG		Υ		
2025-02-19	1610	History	Lighthouses: Building The Impossible	Longstone, The	02 3		Rob Bell explores the spiritual home of lifesaving - the Longstone lighthouse off Northumberland - scene of a legendary rescue attempt by the Victorian lighthouse keeper's daughter, Grace Darling, Rob sees for himself why the beautiful Farne islands are a deadly trap for mariners, and why the herculean effort of Grace's rescue attempt transformed her into a national heroine. He also joins the local RNLI crew for a dramatic rescue drill.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y		Y
2025-02-19	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 218	40 218	18	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-02-19	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 26	01 26		Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-19	1800	Quiz	Mastermind	Mastermind Series 5 Ep 68	05 68		In this round, the specialty subjects are Gravity Falls (TV Series), Community: Seasons 4-6, 30 Rock: Seasons 5-6, and Hairspray: 2007 film.	AUSTRALIA	English-100	2023	RPT	PG		Y		
2025-02-19	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 50	2025 50		Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-19	1935	History	Lord Lucan	Trail, The	01 2		On a 2012 research trip to Africa, Nell's colleague Glen finds a Lucan. Not the missing Lord, but his younger brother Hugh. After giving a rare interview, Hugh claims that the missing aristocrat did escape England and create a new life for himself.	UNITED KINGDOM	English-100	2024		М	alv	Y	Υ	Y
2025-02-19	2030	Health, Science & Technology	Wonders Of The Sun With Dara O Briain	Episode 2	01 2		Whilst the Sun is critical to life, looks can also be deceiving. In this episode Dara is going to explore how our solar system's star has a darker side.	UNITED KINGDOM	English-100	2024		PG		Y		Y
2025-02-19	2125	Thriller	Playing Nice	Episode 4	01 4		Maddle and Pete have a pre-meeting with Anika and discuss what they have against the Lamberts, which is nothing. With nothing else to lose, Maddle decides to try Tania one last time.	UNITED KINGDOM	English-100	2024		М	alv	Y		Υ
2025-02-19	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 35	2025 35	5	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		

2025-02-19	2255	Thriller	Pagan Peak	Ep 7	03	7	During an operation in the forest, a mysterious man confronts the police; Gedeon gathers his last strength to find Koschlick.	GERMANY	German-100	2023		MA	a v		Y	
2025-02-19	2345	Period	Rogue Heroes	Rogue Heroes Series 1 Ep 6	01	6	Stirling attends a glittering cocktail party at the British Embassy in Calro held in honour of the visiting Prime Minister, Winston Churchill. Churchill confides to Stirling that the SAS new brand of warfare is now needed more than ever. Malta is under siege and Churchill needs to ensure his relief convoys make it through or Malter will fall and Affica will be lost. Churchill extends the SAS remit to include the Mediterranean south coast right across to Greece and instructs String to do whatever it takes.	UNITED KINGDOM	English-100	2022	RPT	м	alv	Υ	Y	Y
2025-02-19	2450	Thriller	Agent Hamilton	Reckoning Part 1, The	02	7	Hamilton is self destructive after the dramatic consequences of his previous assignment. He is assigned a new mission where he is sent to Poland to bring home a Swedish businessman with information.	GERMANY	Swedish-65; English- 33; Polish-2	2020	RPT	МА	v	Y	Υ	
2025-02-19	2545	Thriller	Agent Hamilton	Reckoning Part 2, The	02	8	Hamilton meets a woman who turns out to belong to a group of militant environmental activists. When Hamilton realises that the activists are telling the truth, he breaks with OPS and Joins the group.	GERMANY	English-80; Swedish- 19; Polish-1	2020	RPT	MA	v	Υ	Y	
2025-02-19	2635	Culture & Society	Barkley Manor	Barkley Manor Series 1 Ep 10	01	10	It's the end of the school year at Barkley Manor, and there's mayhem at the end-of-year office party.	NEW ZEALAND	English-100	2021	RPT	G		Υ		Υ
2025-02-19	2705	Culture & Society	Living With The Boss	Haven Falls Funeral Home	01	8	Haven Falls Funeral Home boss Allen Pukepuke heads to the provinces to live with one of his employees. Will living with administrator Ani remind Allen of the emotional toil this 24/7 job can take on his frontline staff?	NEW ZEALAND	English-100	2020	RPT	PG		Υ	Y	Y
2025-02-19	2755	Culture & Society	Employable Me (USA)	Employable Me (Usa) Series 1 Ep 1	01	1	Matt, 27, has a severe form of Tourette Syndrome, while Nathan, 31, has high-functioning autism. Both Matt and Nathan have found their conditions to be a barrier to meaningful employment. But when experts Dr Nancy Doyle and Dr Ali Mattu reveal their strengths, they gain much needed confidence to explore the job market.	USA	English-100	2018	RPT	м	a	Y	Υ	Y
2025-02-19	2845	Travel	Destination Flavour China Bitesize	Longjing Prawns	01	5	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Y	
2025-02-19	2850	Cooking	Destination Flavour China Bitesize	Yangzhou Fried Rice	01	6	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	
2025-02-20	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-20	0530	News - Overseas	ANC Phillippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-20	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-20	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-20	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-02-20	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-20	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-02-20	0900	Cooking	Destination Flavour Singapore Bitesize	Janice Wong	01	8	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Υ		

2025-02-20	0910	Nature & Environment	Wonderful World Of Baby Animals	Wonderful World Of Baby Animals Series 1 Ep 3, The	01	3	I was value slacknoode lamos are both on a new vorest arm, but one is rejected by na moment and moves into the farmhouse. A bay African elephant raughes to get corror of his turnit. Adventurous grey sale pugs go exploring away from the beach and get into scrapes in the unless and at use. American alligator hatchings get their first tract away from the beach and get into scrapes in the unless and at use. American alligator hatchings get their first tract And for wittens. For the A Lucitario to begin his training to be come a champion in the discipline of dressing. And for wittens from the arrows are considered as the property of the sale of t	UNITED KINGDOM	English-100	2019	RPT	PG	a w	Υ		Υ
2025-02-20	1000	Culture & Society	Puppy Secrets: The First Six Months	Episode 1	2022	1	Everyone loves pupples. They are cute, cuddly, and clumsy - a joy to watch, and even more of a joy to have in the home. But pupples aren't just adorable. In the crucial first 6 months of their lives, a puppy changes more than you could imagner. From squiming newbown—blind, deaf and a but helpless - to a fully developed dog that is acclimatised to the modern world, and standing on the verge of adulthood.	UNITED KINGDOM	English-100	2022	RPT	G		Υ		Y
2025-02-20	1100	Culture & Society	Finland From Above	Finland From Above	2022	0	This film is about an unforgettable trip from above over the territory of Finland. This northern European country will appear in all its diversity and stunning natural landscapes.	UNITED KINGDOM	English-100	2022		G				
2025-02-20	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-02-20	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ		
2025-02-20	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
2025-02-20	1400	History	The Abyss: Rise And Fall Of The Nazis	Hidden In Plain Sight	01	5	In October 1934, around one million people are drawn to the Buckeberg in northern Germany. Hitler welcomes his 'National Community' for a celebration known as the Reichserntedanktes (National Thanksgiving festival). In the meantime, Hitler's government was firmy' in the saddle - the dismay of foreign circls. The American sociologist Theodore Abel wants to find out what motivates NSDAP supporters and collects around 700 biographies of party members in Germany. They reveal that many shared a deeply rooted hatred towards Jews.	GERMANY	English-75; German- 20; Hebrew-5	2019	RPT	PG	a	Y	Y	
2025-02-20	1500	Culture & Society	Where Are You Really From?	Where Are You Really From? Series 1 E 2	p ₀₁	2	Hing travels to the town of Woolgoolga, a town with a oppulation of around 4500 people, but it is homes to the largest regional settlement of Sists in Australia. Woolgoolga's Sister community are now blueberry barroors. 75 per cent of Australia blueberries are grown here. The community that was founded before Federation by a handful of nigrant barrans farmers from India has now grown to half the population.	AUSTRALIA		2018	RPT	PG		Υ	Υ	Υ
2025-02-20	1530	Food Lifestyle	Plat Du Tour	Pear Clafoutis With Salted Caramel Sauce	04	8	Libourne, on the Dordogne River is famous for its diverse produce and Guillaume takes the opportunity to visit their famous farmer's market to gather the ingredients for one of his favourite desserts —pear clafouti.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Υ	Υ	
2025-02-20	1535	Food Lifestyle	Plat Du Tour	Truffade	04	9	Massif Central region is sculpted by an ancient chain of volcanoes and its rugged topography and climate have inspired many hearty dishes. In a tribute to the changeable French mountain weather, Guillaume makes a fine dining version of a rich, warming potato dish from the region, la truffade.	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-02-20	1540	Cooking	The Cook Up With Adam Liaw	Shoots & Leaves	03	28	Adam, executive chef Jacqui Challinor and winner of the Australian Professional Chef of the Year Andrew Ballard are in The Cook Up kitchen to create dishes featuring shoots and leaves.	AUSTRALIA	English-100	2022	RPT	G		Y		
2025-02-20	1610	History	Secrets Of The Royal Gardens	Palaces	01	1	Hugh Bonneville guides us on a rare tour of the amazing Royal Palace gardens, from Buckingham Palace's glorious 39-acre garden and the intimate, personal spaces found at Kensington Palace to the world-record holding plants found at Hampton Court Palace. These palace garders are a sancturary for wildling, with Buckingham Palace being home to rare bats and specially chosen Italian honeybees, who produce up to 200 jars of Royal honey each year.	UNITED KINGDOM	English-100	2022	RPT	G		Y		
2025-02-20	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 219	40	219	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-20	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 27	01	27	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with matths whitz Lily Serna and wordsmith David Astie.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-20	1800	Quiz	Mastermind	Mastermind Series 5 Ep 69	05	69	In this round, the specially subjects are Queen (The Band), Knives out (Films), Tyrannosaurus Rex, and Casino Royale: 2006 Film.	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-02-20	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 51	2025	51	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-20	1930	Biography	Finding Your Roots	Buried Secrets	10	4	Henry Louis Gates, Jr. helps singer Sammy Hagar and actor Ed O'Neill uncover their roots, revealing secrets their ancestors went to great lengths to conceal.	USA	English-100	2024		PG		Υ		
2025-02-20	2030	Culture & Society	Scotland's Poshest Train: Alan Cumming	Episode 3	01	3	Alan's lawurious trip continues as he joins the train in Edinburgh. He is given an exclusive tour of its plush cabins, each a sanctuary of indulgence and comfort.	UNITED KINGDOM		2023		PG		Υ		Y

Twin Valais Blacknose lambs are born on a New Forest farm, but one is rejected by his mother and moves into the

2025-02-20	2130	Drama	Boiling Point			0	On the busiest night of the year, charismatic head chef Andy Jones balances along a knife's edge as multiple personal and professional crises threaten to destroy everything he's worked for.	UNITED KINGDOM	English-100	2021	RPT	MA	dI	Υ		Υ
2025-02-20	2315	News - Overseas	S8S World News Late	SBS World News Late 2025 Ep 36	2025	36	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025		NC				
2025-02-20	2345	Thriller	Golden Boy	Golden Boy Series 1 Ep 2	01	2	With a new trainer, Denis tries to get his career back on track, but his personal life also spirals when he cheats on his girlfriend. Meanwhile, Chucky tries to keep the mob at bay.	MONTENEGRO S	erbian-95; English- 5	2022		м	dIn		Υ	
2025-02-20	2435	Crime	The Allegation	Allegation Series 1, The Ep 5	01	5	Fuelled by social media, public indignation rages, calling for the resurrection of the death penalty; a psychology expert testifies that the children's statements are credible, but Schlesinger isn't convinced.	GERMANY	German-99; Mandarin-1	2021	RPT	МА	av		Υ	
2025-02-20	2510	Crime	The Allegation	Allegation Series 1, The Ep 6	01	6	At the trial, Schlesinger reveals inconsistencies in the paediatrician's findings and the children's statements about the alleged abuse.	GERMANY	German-99; Mandarin-1	2021	RPT	MA	ā		Y	
2025-02-20	2550	Crime	The Allegation	Allegation Series 1, The Ep 7	01	7	As the case reaches its climactic conclusion, Schlesinger receives an anonymous cryptic tip that threatens to tear apart the prosecution's case. Schlesinger receives shocking news about his client and a close ally.	GERMANY	German-99; Mandarin-1	2021	RPT	МА	av		Υ	
2025-02-20	2630	Health, Science & Technology	Earth's Natural Wonders	Extreme Wonders	01	1	Across our planet there are a handful of places that truly astonish - Mount Everest, the Grand Canyon and Victoria Falls. These Wonders seem to have little in common other than - literally - taking your breath away. But they share one other thing: they pose extraordinary challenges for their inhabitants. This landmark series combines stunning photography and compelling human drama as it reveals believe remarkable places, and discovers the stories of people fighting to survive, and even triumph, in Earth's Natural Wonders.	UNITED KINGDOM		2015	RPT	PG	a	Y	Y	
2025-02-20	2725	Culture & Society	Employable Me (USA)	Employable Me (Usa) Series 1 Ep 2	01	2	Angela, 31, has Tourette Syndrome and near-constant high energy tics that often include swearing, while Michael, 23, is autistic and finds it nearly impossible to communicate his thoughts werbally. They meet with experts Dr Nancy Doyle and Dr Jamie McPartland, who discover areas of expertise that guide both job seekers toward dream opportunities.	USA	English-100	2018	RPT	м	a	Y	Υ	Y
2025-02-20	2815	Biography	Peer To Peer	Ken Burns	01	88	Ken Burns, award winning documentary filmmaker, talks about why he made his new movie 'Muhammad All,' why he likes working with PBS so much and why he finally got a 'big boy' halrcut.	UNITED KINGDOM	English-100	2018	RPT	PG		Υ		
2025-02-20	2845	Cooking	Destination Flavour China Bitesize	Lion Head Meatballs	01	7	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG	a w	Y	Y	
2025-02-20	2855	Cooking	Destination Flavour China Bitesize	Shanghai Style Wonton Soup	01	8	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ		
2025-02-21	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-21	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-21	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y		
2025-02-21	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-02-21	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-21	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		

2025-02-21	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC				
2025-02-21	0900	Fillers	Destination Flavour Scandinavia Bitesize	Destination Flavour Scandinavia Bitesize Series 1 Ep 1	01 1	Join Adam Liaw as he revisits the highlights from his Scandinavian food adventures.	AUSTRALIA	English-100	2015	RPT	G		,		
2025-02-21	0910	Nature & Environment	Wonderful World Of Baby Animals	Wonderful World Of Baby Animals Series 1 Ep 4, The	01 4	A rejected Valais Blacknose lamb twin learns to make friends with the other farmyard animals, in preparation for being reintroduced to his own kind. The baby armadillo who is too shy to come out of her shell. Fat grey seal pups can't stop liching as they shed their white baby fur. Ostrich chicks give a demonstration of their bizarre whirling dance routine. A baby gelada baboon gets in training to be a tough alpha male, like his father.	UNITED KINGDOM	English-100	2019	RPT	PG		,	Y	
2025-02-21	1000	Culture & Society	Puppy Secrets: The First Six Months	Episode 2	2022 2	Our pupples arrive at their new homes. It's a big step, and there are always some tears at first. But soon they bond with their new owners, and maybe new animal friends too as, through a mix of play and diverse experiences, they learn how to be dogs in the busy world of 21st century life.	UNITED KINGDOM	English-100	2022	RPT	G		,	Υ	
2025-02-21	1100	Culture & Society	Georgia From Above	Georgia From Above	2020 0	Sitting at the crossroads between Europe and Asia, Georgia is a country of diverse cultures, historic ruins and staggering natural beauty.	UNITED KINGDOM	English-100	2020		PG				
2025-02-21	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC				
2025-02-21	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Unsey Davis Sunday edition.	USA	English-100	2024		NC		,		
2025-02-21	1300	News - Overseas	PBS Newshour	PBS Newshour	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		ı		
2025-02-21	1400	History	The Abyss: Rise And Fall Of The Nazis	Up In Flames	01 6	At the end of 1939, the German Wehrmacht' has invaded Poland. The army is followed closely by the SS. [Schutzstafel] task forces, which have only one mission - to murder the Polish intelligence to fulfill Hitler's idea of a "hard national struggle without legal bindings". Thousands of people fell victim to them. Was it possible to prevent WWIP?	GERMANY	English-75; German- 20; Hebrew-5	2019	RPT	PG	av	, ,	Y	
2025-02-21	1500	News - Domestic	NITV News: Nula	NITV News: Nula 2025 Ep 4	2025 4	The latest news from the oldest living culture, join Natalle Ahmat and the team of NITV journalists for stories from an indigenous perspective.	AUSTRALIA	English-100	2025	LIVE	NC		,		
2025-02-21	1530	Food Lifestyle	Plat Du Tour	Potato And Leek Chilled Vichyssoise With Horseradish Cream	04 10	Chaine des Puys, an area made up of around 80 dormant volcances that borders the city of Vichy. Guillaume creates his upscale version of Vichyssoies, with horseradish cream and a touch of caviar.	AUSTRALIA	English-100	2023	RPT	G		•		
2025-02-21	1535	Food Lifestyle	Plat Du Tour	Trout With Lemon Olvies Almonds And Herbs	04 11	With the tour in the Auvergne region today, Guillaume takes the opportunity to go fishing with local trout farmer Alexandre Viale. He learns about the fish only the best restaurants choose and proves his skills as a fisherman as well.	AUSTRALIA	English-70; French- 30	2023	RPT	PG		,	Y	
2025-02-21	1540	Cooking	The Cook Up With Adam Llaw	Quick Curries	03 29	Adam, chef Mark Olive and comedian Shiralee Hood are in The Cook Up kitchen feeling the need for speed and spice as they make some quick curries.	AUSTRALIA	English-100	2022	RPT	G		,		
2025-02-21	1610	History	Secrets Of The Royal Gardens	Parks	01 2	Hugh Bonneville takes us behind the scenes of the spectacular Royal Parks found across London. These stunning green spaces stretch from Greenwich Park, south of the Thames, across the Capital stretching to the vast Richmond Park in West London.	UNITED KINGDOM	English-100	2022	RPT	G				
2025-02-21	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 220	40 220	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		,		
2025-02-21	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 28	01 28	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G				
2025-02-21	1800	Quiz	Mastermind	Mastermind Series 5 Ep 70	05 70	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2023	RPT	G		,		

2025-02-21	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 52	2025	52	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-21	1930	Culture & Society	James May: Our Man in Italy	God's Apology	02	1	James' Journey begins with him exploring Sicily, an island where cultures collide under the shadow of Mount Etna. James explores the simple pleasures that have sustained people for generations.	UNITED KINGDOM	English-100	2022		м	ı	Υ	Υ	Υ
2025-02-21	2030	History	Tony Robinson's Marvellous Machines	Mighty Machines	01	2	Tony Robinson meets the mighty machines that do the real heavy lifting. From a vehicle that snatches super yachts out of the water, to a bridge building mechanical monster, these are the Gollaths that put us mere mortals to shame.	UNITED KINGDOM	English-100	2023	RPT	G		Υ	Υ	
2025-02-21	2125	Archaeology	Mysteries Of The Ancient Dead	Zoroastrians, Mongolia, The Bo	01	2	A well filled with bones reveals a strange practice in ancient Persia. Why were these ancients laid bare atop desert towers, their bodies picked by vultures before being consigned to the grave?	UNITED KINGDOM		2023						
2025-02-21	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 37	2025	37	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-21	2250	Period	Bonn	Bonn Series 1 Ep 4	01	4	Toni doesn't know whom she can still trust, she even has to be careful with her own sister. Secretly, she searches Gehlen's office for clues. And she finds them.	GERMANY	German-98; English- 2	2022		м	sv		Y	
2025-02-21	2345	Period	Sisi	Ep 1	02	1	With the birth of the long-awaited heir to the throne, happiness seems complete the couple, but Ssi's free spirit is sufficiated by life at court. A new threat of war forces them to travel to France, where they are also met with an unexpected reunion.	GERMANY	German-100	2022	RPT	МА	s		Y	
2025-02-21	2445	Period	Sisi	Ep 2	02	2	At Count Andrassy's country estate, Sisi is reminded of the carefree freedom of her childhood days. As the courtly constraints slowly fall away from her, Sisi realizes that the Hungarian people need her help now more than ever.	GERMANY	German-100	2022	RPT	м	a		Y	
2025-02-21	2540	Period	Sial	Ep 3	02	3	The Hungarian rebel Odon Kortek intends to kidnap Sisi to achieve his goals against Franz. In joint captivity with Count Andrassy, Sis is faced with the question of how long she can remain steadfast. Meanwhile, Franz is confronted not only with his father-in-law, but also with Sisi's sister.	GERMANY	German-100	2022	RPT	м	a v		Υ	
2025-02-21	2630	Health, Science & Technology	Earth's Natural Wonders	Wonders Of Water	01	2	Exploring how Earth's natural wonders created by the awesome and unpredictable power of water and how these places test their inhabitants to the limit. Above Victoria Falls in Zambia, a fisherman and his brothers brave crocodiles, elephants and the risk of being swept to their deaths, to reach fishing pools at the edge of the Falls.	UNITED KINGDOM		2015	RPT	PG	a	Υ	Y	
2025-02-21	2730	Culture & Society	Employable Me (USA)	Employable Me (Usa) Series 1 Ep 3	01	3	James, 35, has Tourette Syndrome, which causes a multitude of unespected tics and a maniscal laugh, while Jeff, 30, has high-functioning autism and a stutter. They meet with experts who give them much needed tools to redirect their job search and guide them towards opportunities that will help them find meaningful employment.	USA	English-100	2018	RPT	М	a	Y	Υ	Υ
2025-02-21	2820	Biography	Peer To Peer	Mark Milley	01	89	General Mark Milley, chairman of the Joint Chiefs of Staff, talks about the threats we face from China, North Korea and Russia, cyber security, the withdrawal from Afghanistan, and why he Joined the military.	UNITED KINGDOM	English-100	2018	RPT	PG		Υ		
2025-02-21	2850	Cooking	Destination Flavour China Bitesize	Cattail Milk Soup	01	9	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG		Υ	Υ	
2025-02-22	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-22	0530	News - Overseas	ANC Phillippines The World Tonight	ANC Phillippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-02-22	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-22	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-22	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-22	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		

2025-02-22	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ	
2025-02-22	0900	Cooking	Cook Up With Adam Liaw Bitesize	Periyaki Chicken	01	9	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	PG		Υ	
2025-02-22	0910	Entertainment	Love Your Home And Garden	Love Your Home And Garden Series 1 E 2	P 01	2	For only the second time ever, Alan Titchmarsh will be transforming not just a garden but a house as well. He meets the Seesurun family who live in Elthan in South East London. Son Aryan (9) has dystonic quadifplegic cerebral palsy and requires full time are. Alan ropes in a team of architects, along with builder Kunle Barker and garden designer Katle Rushworth to help transform their house – inside and out.	JNITED KINGDOM	English-100	2017	RPT	PG	a	Υ	Y
2025-02-22	1000	Culture & Society	The World From Above	Penafiel Castle To Barcelona	11	1	This journey begins at Penaliel Castle, built in the 10th century during the Christian re-conquest of Spain. To the east is Zaragoza and its striking 18th century cathedral with four high towers. To the north is Loarre Castle, one of Europe's greatest Romanesque fortresses, and said to be the oldest fortified one in Spain.	JNITED KINGDOM	English-100	2019	RPT	G		Υ	Y
2025-02-22	1030	Culture & Society	The World From Above	Molfetta To Portofino	11	2	This journey begins at the ancient town of Molfetta, which has a history stretching back to the 10th century, At Alberobello are hundreds of remarkable domed buildings called Trull, which are examples of trails in folk architecture. Across the foot of Italy is the dramatic Sila National Park, which was established in 1997.	JNITED KINGDOM	English-100	2019	RPT	G		Υ	Y
2025-02-22	1105	History	Ageless Gardens	Healing Plants	01	1	A renowned writer attributes her health and longevity to gardening. A medicine woman finds remedies for her people in 'nature's pharmacy.' A sculptor who has gardened for over 70 years gains inspiration. A controversial healing plant, in cookle form, is used as a natural sleeping pill.	JNITED KINGDOM	English-100	2019	RPT	М	d	Υ	Y
2025-02-22	1130	History	Ageless Gardens	Therapeutic Gardens	01	2	Hospice patients use gardening as therapy, for the aging body. An engineer practices bonsal gardening to restore his mind. A 93 year-old retired nurse uses gardening as a quiet time to remember loved ones. A therapist creates a Lospital garden that gives patients a place to relax and restore.	JNITED KINGDOM	English-100	2019	RPT	PG		Y	Υ
2025-02-22	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	JNITED KINGDOM	English-100	2023		NC		Y	
2025-02-22	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ	
2025-02-22	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ	
2025-02-22	1400	Figure Skating	ISU Figure Skating Highlights	European Championships, Estonia, Pari 1	2024	8	ISU Figure Skating Highlights: European Championships, Estonia, Part 1.			2024		NC		Υ	
2025-02-22	1630	Food Lifestyle	Plat Du Tour	Coq Au Vin With Orrecchiette	04	12	Guillaume catches up with wine-making siblings Matthieu and Camille Laplerre, who share the secrets of Beaujolais Nouveau. Guillaume creates the classic French dish le coq au vin.	AUSTRALIA	English-70; French- 30	2023	RPT	G		Y Y	
2025-02-22	1635	Culture & Society	Wonders Of Scotland	Best Of Hayman's Way	01	7	This special episode explores the best of David Hayman's travels across Scotland, featuring spectacular scenery, fascinating facts, rich mythology and some extraordinary characters.	SCOTLAND	English-100	2021	RPT	PG	a w	Υ	Y
2025-02-22	1730	History	The Graveyard Of Truk Lagoon	Graveyard Of Truk Lagoon, The	2022	0	1944, the U.S. Navy commenced Operation Hallstone, a 48 hours combined air and ground attack that devastated the Japanese position at Truk Lagoon, an atoll From Micronesia State.	USA	English-100	2022				Υ	
2025-02-22	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 53	2025	53	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ	
2025-02-22	1930	Culture & Society	Sandi Toksvig's Woodland Restoration	Episode 3	01	3	After a stressful spring that saw Sandi Toksvig and her wife Debbie dealing with fly tipping and illegal off-roading through their woods, things are looking up. They head to the local parish council meeting to ask for help managing the woods.	JNITED KINGDOM	English-100	2023				γ γ	
2025-02-22	2025	Culture & Society	Scotland The New Wild	Lowlands	01	3	The Lowlands are home to more than 80% of Scotland's population and wildlife has often been pushed to the fringes here. But some species like the beaver have recently returned from extinction and are bringing changes to this land.	GERMANY	English-100	2023		PG		Υ	Υ
2025-02-22	2125	History	Great Australian Walks With Julia Zemiro	Main Yarra Trail	01	9	Arriving by bike to a place where she once lived, Julia walks 14.5km of the Main Yarra Trail in the city of Melbourne. Along the way she takes in the early morning exercise crew, visits an amphitheater rescued by the Greek Community, meets a definit group of wimmers - the Yarra Yabbels; plans about the indigenous significance of the river to First Nations peoples; dips into Melbourne's comedy scene; and ends up arriving into the city by water.	AUSTRALIA	English-100	2022	RPT	PG	q	Υ	Y

2025-02-22	2220	Culture & Society	Great Coastal Railway Journeys	Dunbar To Edinburgh	01	1	around the British Isles. Siccar Point, close to Dunbar on the Firth of Forth, was the site of an extraordinary 18th century discovery and is today a place of piligrimage for earth scientists from across the world. From North Berwick, Michael takes a boat out into the Firth to visit Bass Rock, a breeding ground for 150,000 Northern Gannets.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y	Y	
2025-02-22	2255	Culture & Society	Great Coastal Railway Journeys	Leith To Culross	01	2	Michael Portillo continues his 500-kilometre Scottish coastal journey along the Firth of forth at the railway engineering icon for which it is tamous throughout the world- the Forth Bridge. A highlight for rail travellers, Michael remembers its delight in the crossing as a child visiting his Scottish grandparents. On the firth's southern bank, Michael stops in the port of Leith to tour the Royal Yacht Britannia. How decommissioned, she is moored as an attraction.	UNITED KINGDOM	English-100	2021	RPT	G		Y	Y	
2025-02-22	2330	Thriller	Home Jacking	Ep 5	01	5	Back 25 years earlier, Isabelle and Richard move into their house, full of desire and ambition, but time passes and their unequal professional success creates an imbalance that is difficult to fill.	FRANCE	French-100	2024		ма	av		Υ	
2025-02-22	2420	Thriller	Home Jacking	Ep 6	01	6	The moment of truth is approaching. A clue confirms Yasmine's Intuition: Nassima had discovered the truth about Mohamed's disappearance and chosen to hide it from her children to protect them.	FRANCE	French-100	2024		ма	v		Y	
2025-02-22	2515	Contemporary	The Man Who Died	Heart Of The Forest	01	5	Jaakko's relationship with Sanni reaches a new stage as his health worsens. His plans to thwart a company take- over work -too well.	FINLAND	Finnish-98; English- 1; Japanese-1	2022	RPT	М	als	Υ	Υ	
2025-02-22	2605	Contemporary	The Man Who Died	Enlightenment	01	6	Jaakko races the grim reaper to uncover a murderer and to secure his life, love and legacy against the plots and plans of his foes.	FINLAND	Finnish-98; English- 1; Japanese-1	2022	RPT	м	asv	Y	Y	
2025-02-22	2700	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 2	09	2	Alan Titchmarsh wists Grantham to surprise Rob and Margaret Isdale who, now in their 70s, have over the last 45 years fostered over 150 vulnerable children in the UK. The team turn their boring backyard into spectacular garden inspired by the famous book and film, The Secret Garden.	UNITED KINGDOM	English-100	2019	RPT	G		Y		
2025-02-22	2755	Culture & Society	Employable Me (USA)	Employable Me (Usa) Series 1 Ep 4	01	4	Erik, 29, has high-functioning autism which can sometimes mean he has trouble communicating his thoughts. Jalessa, 20, has Tourette Syndrome which causes a variety of involuntary tics. We follow £rik and Jalessa through their journey as they meet with experts who help them on their quest to find their dream jobs.	USA	English-100	2018	RPT	м	al	Υ	Υ	Υ
2025-02-22	2845	Cooking	Destination Flavour China Bitesize	Shandong Roast Chicken	01	10	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	
2025-02-22	2855	Cooking	Destination Flavour China Bitesize	Bai-Style Grilled Pork	01	11	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	

An epic stretch of Scottish coastline is the first stop for Michael Portillo on his new series of coastal railway journeys