



WEEK 6		Sunday, 2 February 2025	Saturday, 8 February 2025	EASTERN MARKETS (NSW, A	CT, VIC,	TAS)									
Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles Audi Descrip	
2025-02-02	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning	2024 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-02	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 202	4 0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Y		
2025-02-02	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-02-02	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-02	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-02	0700	News - Domestic	APAC Weekly	APAC Weekly 2024 Ep 32	2024	32	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA		2024	RPT	NC		Y		
2025-02-02	0730	News - Overseas	France 24 English News	France 24 English News Morning Fi Edition 2024	rst	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-02-02	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from Nev Delhi, in English.	INDIA	English-100	2022		NC		Y		
2025-02-02	0900	Nature & Environment	Britain's Great Outdoors	Peak District: The Kinder Scout Wal The	k, 01	1	Julia comes home to her Peak District roots, exploring the first five miles of The Pennine Way, where she began walking as a young girl. Her route takes in the spiritual home of popular walking as she heads up to Kinder Scout the moor-tops - the setting for the famous 1932 mass trespass.	n UNITED KINGDOM	English-100	2017	RPT	G		Υ	Y	
2025-02-02	0930	Nature & Environment	Britain's Great Outdoors	South Downs: The Seven Sisters Wa The	ilk, 01	2	Following in the footsteps of Sheriock Holmes, this classic English walls sees Julia take in the white cliffs of the Sevens Sisters, Beachy Head and the seaside charm of Birling Gap. Her walk ends at the Belle Tout lighthouse, with commanding views across the rolling Sussex Downs and the distinctive white English cliffs.	on UNITED KINGDOM	English-100	2017	RPT	G		Y	Y	
2025-02-02	1000	Football	FIFA World Cup Classic Matches	Italy V Brazil (1994)	2024	42	FIFA World Cup Classic Match: Italy v Brazil 1994			2024		NC				
2025-02-02	1200	News - Domestic	APAC Weekly	APAC Weekly 2024 Ep 32	2024	32	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA		2024	RPT	NC		Y		
2025-02-02	1230	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	AZU	English-100	2023		NC		Y		
2025-02-02	1255	Culture & Society	Nippers	Nippers		0	Starfish Nippers is surf life saving for kids who aren't made for ticking boxes on merit, milestone or behaviour. The program follows the individualised needs of each child and has a one-on-one structure between children and volunteers. Coopers is 10. He is a darederoil at the beach so his parents signed him up for the program to teach him about safety. He lives with selective mutism and other neurological challenges and finds it difficult to regulate his emotions. He has built a very strong bond with Anthony, his Nippers' volunteer.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-02	1300	Surf Life Saving	Shaw And Partners Iron Series LIVE	North Burleigh, Round 4	2024	6	2024/25 Shaw and Partners Iron Series, North Burleigh.	AUSTRALIA		2024	LIVE	NC		Y		

2025-02-02	1500	Motorsport	Best Of Dakar Rally Highlights	Best Of Dakar Rally Highlights	2025	0	Motor Sport: Dakar Rally 2025 Highlights	SAUDI ARABIA		2025		NC				
2025-02-02	1600	Culture & Society	Trampolining	Trampolining		0	Will and Rodney are both largely non verbal. Will is nearly 18 and lives with autism and Rodney is 50 and lives with cerebral paley. Peak Trampoline has a therapeautic trampolining program for people living with physical and neurological challenges and both Will and Rodney have enjoyed incredible benefits from the program for years.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-02	1605	Culture & Society	Beyond The Pitch			0	Students at Currawa Primary School worked together to plan, film and create a short film discussing their own cultural background.	AUSTRALIA	English-100	2022	RPT	G		Υ	Υ	
2025-02-02	1615	History	Inferno: Letters From Auschwitz	Inferno: Letters From Auschwitz	2021	0	Through caches of notes, we explore the confessions unearthed from the soil of Auschwitz, of those forced into lives of betrayal, in the shadows of the most massive atrocity in human history.	JAPAN	English-65; Greek- 15; Polish-15; German-5	2021	RPT	PG	avw	Υ	Υ	
2025-02-02	1715	History	Saving The Children	Saving The Children	2022	0	On September 11, 1942, nearly 600 Jews from northern France were rounded up and gathered in a freight station in Lille. More than forty people, mostly children, were rescued by railway workers.	FRANCE	English-65; French- 35	2022				Υ	Υ	
2025-02-02	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 33	2025	33	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-02	1930	Culture & Society	Mysteries Of Stonehenge	Secrets Of The Sun	01	1	In this opening episode, viewers are introduced to the awe-inspiring structure that is Stonehenge. Narrated with wonder and mystery, the series begins by exploring what visitors think of the sites.	UNITED KINGDOM	English-100	2024		М	a v			
2025-02-02	2025	Culture & Society	Mysteries Of Stonehenge	Secrets Of The Stones	01	2	We delve into the tumultuous modern history of this ancient monument. We begin by exploring the Stonehenge Free Festival of the 1970s, a countercultural gathering that grew to massive proportions.	UNITED KINGDOM	English-100	2024		М	a v			
2025-02-02	2120	Archaeology	Legends Of The Pharaohs	Birth Of The Tutankhamun Dynasty	02	1	Howard Carter had just discovered the tomb and stupendous treasure of Tutanihamun in 1922, a pharaoh forgotne by history for 3300 years. The last descendant of a family which ruled Egypt for eight generations, he was still just a child when he acceded to the thone. Among his macertos were some of the most fiscinating characters of all antiquity. The female pharaoh Hatshepsut, the sublime Nefertiti, and even the enigmatic Akhenaten.	FRANCE	English-90; French- 10	2022	RPT	м	a v	Υ	Υ	
2025-02-02	2220	Culture & Society	Great British Landmark Fixers	Canterbury Cathedral	01	1	Canterbury Cathedral is as old as England. Founded around AD 597 by the missionary St Augustine, in the wake of the Anglo-Saxon conquest of Britain, it was burned down during the Norman Conquest and rebuilt by its new Archbishop Lanfranc.	UNITED KINGDOM	English-100	2023	RPT	PG	a	Υ		
2025-02-02	2315	Culture & Society	Signed, Theo Schoon	Signed, Theo Schoon	0	0	Signed, Theo Schoon, grew from a popular biography of the artist Theo Schoon by Damian Skinner. The film explores Theo's art and his influence on some of New Zealand's major visual artists.	NEW ZEALAND	English-100	2021				Υ	Υ	
2025-02-02	2510	Biography	Radioactive			0	After the death of her beloved husband, Marie Curie's commitment to science remains strong as she tries to explain previously unknown radioactive elements. But it soon becomes terrifyingly evident that her work could lead to applications in medicine that could save thousands of lives - or applications in warfare that could destroy them by the billions.	UNITED KINGDOM	English-100	2019	RPT	м	avw	Υ		Y
2025-02-02	2705	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 5	08	5	Alan Titchmarsh's make-over bandwagon arrives in Cardiff this week to create a pretty but practical garden for dedicated fundraiser Irene Hicks. As well as regular bingo events, Irene has set up a virtual charity shop in her own home to raise money for her local Breast Cancer Unit.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Υ		
2025-02-02	2800	Biography	Peer To Peer	Charles Koch	01	72	Koch Industries Chairman & CEO, Charles Koch turned his father's small business into one of the most profitable private companies in the U.S., now he's heavily focused on philanthropy that empowers people. Koch and Brian thooks, the head of Koch's philanthropic endeavours, discuss their new book 'ellipse' in People' on the latest episode of The David Rubenstein Show: Peer-to-Peer Conversations. The interview was recorded on Dec. 8, 2020.	UNITED KINGDOM	English-100	2018	RPT	G		Y		
2025-02-02	2830	Nature & Environment	Bamay	K'gari, Butchulla Country Part 1	03	4	Slow TV is back with more beautiful Barnay. Barnay celebrates great Australian islands and saltwater country. Sit back and relax with the healing powers of country.	AUSTRALIA	English-100	2021	RPT	G				
2025-02-03	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-03	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Υ		
2025-02-03	0530	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-03	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		

2025-02-03	0630	News - Overseas	ABC America This Week	ABC America This Week With George Stephanopoulos		0	ABC America's pre-eminent weekly public affairs program with George Stephanopolous from New York, USA.	USA	English-100	2024		NC		Y		
2025-02-03	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-02-03	0800	News - Overseas	DD India News Mour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y		
2025-02-03	0900	Cooking	Cook Up With Adam Liaw Bitesize	Wattleseed And Macadamia Ladoos	01	12	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-02-03	0905	Cooking	Destination Flavour China Bitesize	Tibetan Yak Belly Stew	01	12	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y	
2025-02-03	0915	Cooking	Destination Flavour China Bitesize	Chairman Mao's Pork	01	13	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Υ	
2025-02-03	0925	Biography	Реег То Реег	Dr. Jim Yong Kim	01	12	World Bank President Dr. Jim Yong Kim talks with David Rubenstein about how he landed his job from President Barack Obama, the sense of moral responsibility that led him to co-found a nonprofit health-care organization, and how he views his leadership at the World Bank.	UNITED KINGDOM	English-100	2018	RPT	PG		Υ		
2025-02-03	0955	Culture & Society	Confucius Was A Foodie	Sour	03	3	In South East Asia the intensity of sour is something new to Chef Christine and so is cooking with the famously over the top Malaysian celebrity, Chef Wan as well as the adorable Asian food TV celebrity II Sulaiman who both take Chef Cushing into a new realm of sour.	CANADA	English-100	2019	RPT	PG		Υ	Υ	
2025-02-03	1045	Blography	World's Most Amazing Festivals	Midsummer Festival, Sweden	01	11	The Midsommar Day is one of the most important holidays of the year in Sweden, and probably the most uniquely Swedsh in the way, it is celebrated. The main celebrations take place on the last Friday in June, and the traditional events include railing and datning around a huge maypole. Before the maypole is raised, greens and flowers are collected and used to cover the entire pole.	UNITED KINGDOM	English-93; Sinhala- 7	2021	RPT	PG		Υ	Υ	
2025-02-03	1115	Culture & Society	Great Canal Journeys	Best Of UK - Scotland	06	11	Over the years Timothy West and Prunella Scales have taken us on glorious canal and river journeys across Britain and the world. Now two special programmes will look back at two of their favourite locations: Scotland and the North of England.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Υ		Υ
2025-02-03	1210	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-03	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y		
2025-02-03	1300	News - Overseas	PBS News Weekend	PBS News Weekend		0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance. Hosted by John Yang for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-02-03	1325	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition	0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-02-03	1400	Culture & Society	Amazing Railway Adventures Nick Knowles	Peru	01	6	Nick Knowles is going on the railway journey of a lifetime across the extraordinary landscapes of Peru to magical Machu Picchu. Starting at Puno on Lake Titicaca, Nick's journey takes him to the highest point on this railway line (and the fourth highest train station in the world) at La Reya. Later Nick stops off for a stunning boat ride across the deep waters of Lake Titicaca to visit the floating islands of the Uros, a pre-inca tribe who still live in southern Peru.	UNITED KINGDOM	English-97; Aymara- 2; Spanish-1	2022	RPT	PG	a w	Y	Y	Y
2025-02-03	1455	History	Great British Railway Journeys	Great British Railway Journeys Series 1 Ep 4	.3 13	4	From the Kent Cinque Port of Deal, Michael Portillo heads to the splendid Walmer Castle, home during the 1920s to a Lord Warden of the Cinque Ports, Lord Beauchamp. Michael's guide is the Founder of the LGBTQIA+ working group for English Heritage. He tells Michael of the lavish parties Lord Beauchamp held at the castle and how his openly hedonistic lifestyle, at a time when homosexuality was illegal, resulted in his exile from the country.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ		Y
2025-02-03	1530	Cooking	Plat Du Tour	Madeleines	03	7	The Lorraine region gave birth to many regional specialties, including a delicate cake called a madeline. Guillaume will show you the tricks for making these delightful treats.	AUSTRALIA		2022	RPT	G		Y		
2025-02-03	1535	Cooking	Plat Du Tour	Saucisse De Morteau Aux Lentilles (Lentils And Smoked Sausage)	03	8	In the Franche-Comte region, a farming area that celebrates pork in all its glory, from hams and cutlets, to the famous morteau sausage, Guillaume makes a delectable stew.	AUSTRALIA		2022	RPT	G		Υ		

2025-02-03	1540	Cooking	The Cook Up With Adam Uaw	Bring A Plate Night, The	07	35	It's easy with Easy Entertaining, because Adam's getting his guests, relationship expert Chantelle Otten and comedian Lizzy Hoo to bring a plate.	AUSTRALIA	English-100	2024	RPT	PG		Y		
2025-02-03	1610	History	Secrets Of The Imperial War Museum	Belfast	01	1	We're aboard the 83-year-old warship, HMS Belfast as the team races to get her ready for reogening. We follow conservation manager, Andy Curan, as he struggles to crane a historic fast motor faunch over the side of the ship onto a floating crane to the transported away for restoration. Meanwhile the ship's mighty 10-emitter gurs are being restored by a team of volunteers and for one of them, David Day, the work is a way of honouring the memory of his father who served aboard HMS Belfast when she was still in active service.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Υ	Υ	Υ
2025-02-03	1705	Quiz	Jeopardyl	Jeopardy Series 40 Ep 206	40	206	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-03	1730	Quíz	Letters And Numbers	Letters And Numbers Series 1 Ep 14	01	14	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-03	1800	Quiz	Mastermind	Mastermind Series 5 Ep 56	05	56	In this round, the specialty subjects are Live Aid 1985: Wembley and Philadelphia, ONE PIECE (anime) - East Blue series, ONE PIECE (anime) - Sky Island series, and Eddie Vedder.	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-02-03	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 34	2025	34	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-03	1935	Culture & Society	Madrid with Michael Portillo	Madrid 1	01	1	Michael kicks off his long weekend with tales of espionage, creating a much-loved Spanish sweet treat, soaking up the energy of street dancing and travelling back in time to Spair's golden age.	UNITED KINGDOM	English-100	2024		PG		Υ	Y	Y
2025-02-03	2025	Nature & Environment	Wilderness With Simon Reeve	Congo	01	1	Simon Reeve travels through the Congo, the second greatest rainforest on earth. In one of the toughest journeys he's ever undertaken, Simon travels five hundred miles across dense tropical jungle, heading for the region of Salonga, where he searches for one of the rarest and most konic creatures on the continent.	UNITED KINGDOM	English-100	2024		PG	a w			
2025-02-03	2135	Culture & Society	Inside Sydney Airport	Training	01	6	Sydney Airport's baggage manager Kevin is having a day from hell as he troubleshoots a rumber of mechanical breakdowns that could bring operations to a standstill. Meanwhile, security screening discovers a passenger travelling with a gun, and the Federal Police investigate a suspicious bag left at the terminal entrance.	AUSTRALIA	English-100	0	RPT	PG	a d	Υ	Υ	Υ
2025-02-03	2235	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 23	2025	23	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-03	2305	Crime	Clean Sweep	Silent Mouth	01	6	Shelly faces mounting pressure after being identified as the mysterious woman at the crime scene. She contemplates escape, but her love for her children prevails and she decides to stay put.	IRELAND	English-100	2022		м	alsv	Y		Y
2025-02-03	2405	Crime	Wisting	Wisting Series 2 Ep 8	02	8	In Sweden, Maggie and Wisting finds a previous victim hiding under a false name. Together with the Swedish police they are dragged into a major police operation, but the case ends up back where it started, in Larvik. The final showdown becomes both intense and surprising. Can Maggie and Wisting still trust each other?	NORWAY	Norwegian-100	2020	RPT	MA	v		Y	
2025-02-03	2500	Thriller	You Shall Not Lie	Ep 3	01	3	Ivan visits Macarena with a proposal. Ana has followed her son and sees Macarena face-to-face for the first time since the video was circulated. Yolanda discovers her husband's secret.	SPAIN	Spanish-100	2021	RPT	MA	als		Y	
2025-02-03	2555	Thriller	You Shall Not Lie	Ep 4	01	4	Macarena arrives at Maile's boat looking for a friend, but she runs into Ivan. Ivan and Macarena recall different versions of what happened.	SPAIN	Spanish-100	2021	RPT	МА	als		Υ	
2025-02-03	2645	Culture & Society	Home is Where The Art is	Episode 13	01	13	Nick knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists are heading to central Manchester. The mystery buyers are on the move and want a new piece of art for their new apartment in an old cotton mill.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		Υ
2025-02-03	2735	Culture & Society	22 Kids And Counting	22 Kids And Counting Series 1 Ep 4	01	4	The Radford kids are growing up! With ten teenagers now living in the Radford house, their laziness is driving Sue to distraction and, even worse, the DIY project is dragging on and on which means the house is in chaos. To make matters worse hole and Sue take the younger ones away for a night leaving the teens to have a party at home. What could possibly go wrong?	UNITED KINGDOM	English-100	2020	RPT	PG	al	Y		
2025-02-03	2825	Biography	Peer To Peer	Jose Andres	01	73	Jose Andres, ThinkfoodSroup chef and owner, and World Central Kitchen founder, talks about his transition from chef to humanitarian, how his organization is freeding people around the world, and policies he hopes the Biden administration will adopt to end the hunger crisis in America.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-02-03	2855	Cooking	Destination Flavour Singapore Bitesize	Fish Head Curry	01	5	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	PG		Υ		

2025-02-04	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	24 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ			
2025-02-04	0530	News - Overseas	ANC Phillippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ			
2025-02-04	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ			
2025-02-04	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ			
2025-02-04	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ			
2025-02-04	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ			
2025-02-04	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across india and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ			
2025-02-04	0900	Cooking	Cook Up With Adam Liaw Bitesize	Tonkatsku Ribs	01	13	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Υ			
2025-02-04	0905	Cooking	Destination Flavour China Bitesize	Mapo Tofu	01	14	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ		
2025-02-04	0915	Culture & Society	Confucius Was A Foodie	Bitter	03	4	Who wants something bitter? Chinese cuisines do, all the time in every meal the use of bitter provides balance and as Chef Christine discovers there is something to love in the flavour in drinks in Hong Kong and Bangkok but she reserves Judgment on the bitter fruit durian in Malaysia.	CANADA	English-100	2019	RPT	G		Υ			
2025-02-04	1005	History	Great Lighthouses Of Ireland	Nation Surrounded, A	01	1	Ireland's lighthouses are vital to the nation's survival. As an island nation, almost everything we consume from food, to electronics, fuel and vehicles arrive by sea. Lighthouses aid the safe passage of ships around our dangerous coastal waters. The story beggins at Hook Head, a treacherous peninsula known locally as "The graveyard of a thousand ships'. Hook Head is home to a 800-year-old lighthouse - the oldest working lighthouse in the world.	IRELAND	English-100	2018	RPT	PG	a	Y		Y	
2025-02-04	1105	Culture & Society	Great Canal Journeys	Best Of UK - Scandinavia	06	12	Over the years, Timothy West and Prunella Scales have taken us on glorious canal and river journeys across Britain and around the world. This special program looks back at their travels in Sweden where, in their ninth decade, they finally fulfilled their lifetime's ambition of crossing the country coast to coast by boat.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Υ	Υ	Υ	
2025-02-04	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y			
2025-02-04	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ			
2025-02-04	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ			
2025-02-04	1400	History	Tony Robinson's History Of Britain	Tudors	01	1	Tony Robinson takes a bottom-up view of the history of Britain by exploring the everyday lives of ordinary people. In this episode, Tony takes us back 500 years, to life under Tudor king, Henry VIII. Tudor towns were evil-smelling places, but amongst the smelliest homes would have been that of the local *Inacker'. Tony introduces knacker Thomas Grimes, who chopped up dead animals to make clothes, shoes, or glue.	UNITED KINGDOM	English-100	2019	RPT	м	a	Υ			
2025-02-04	1455	History	Such Was Life: Tom Doyle	Tom Doyle: Publican, Mayor, Rioter	02	3	Irishman, Tom Doyle, was a prospector who realised there was more money to be made by selling beer than fossicking for gold. He was to lose his fortune, his political standing and his wife.	AUSTRALIA	English-100	2023	RPT	G		Υ			
2025-02-04	1505	Football	The Weekly Football Wrap	Episode 19	2024	19	Join Claudio Fabiano and the team every Monday night for the latest news, expert opinion and the best action from the World of Football.	AUSTRALIA		2024	RPT	NC		Υ			

2025-02-04	1535	Cooking	Plat Du Tour	Raclette Savoyarde	03	9	Guillaume will be showing us another traditional melted cheese dish that is perfect after a day of sking. The raclette savoyarde is French comfort food at its best.	AUSTRALIA		2022	RPT	G		Y		
2025-02-04	1540	Cooking	The Cook Up With Adam Liaw	Supper Club, The	07	40	It's Easy Entertaining with cosy but expertly curated food, as Adam starts a supper club with his guests, Wok Bol Aldwin Hidajat and The Lucky Dragon Supper Club's Stephanie Feher.	AUSTRALIA	English-100	2024	RPT	G		Υ		
2025-02-04	1610	History	Secrets Of The Imperial War Museum	Kitty	01	2	At IWM's flagship site in Lambeth Road, a team of curators, conservators and contractors are racing to complete an set of new galleries dedicated to telling the story of the Second World War.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ		Υ
2025-02-04	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 207	40	207	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-04	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 15	01	15	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Aside.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-04	1800	Quiz	Mastermind	Mastermind Series 5 Ep 57	05	57	In this round, the specialty subjects are King Crimson: 1981 - 1984 (BAND), The Films of John Hughes, Powderfinger (BAND), and The Hunger Games Films.	AUSTRALIA	English-100	2023	RPT	G		Υ		
2025-02-04	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 35	2025	35	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-04	1930	Biography	Who Do You Think You Are? Pat Rafter	Pat Rafter	15	5	Former world number one tennis champion, Pat Rafter, looks into a story of scandal on his mother's side and uncovers a surprising family fortune. Fearing something contentious is buried in his paternal ancestry, Pat is confronted by his two times Great Grandather's violent pass.	AUSTRALIA	English-100	2023	RPT	PG	a	Υ		Y
2025-02-04	2035	Health, Science & Technology	Irresistible: Why We Can't Stop Eating	Irresistible: Why We Can't Stop Eating	0	0	A documentary which explores why ultra-processed foods are so irresistible and how they have come to dominate our food culture. It is authored by medical doctor and academic Dr Chris van Tulleken.	UNITED KINGDOM	English-100	2024		PG		Υ		Y
2025-02-04	2205	Culture & Society	The Artist's View: U2	Video Killed The Radio Star: U2		0	Bono and The Edge discuss U2's most stunning music videos, including "The Sweetest Thing" and 'Numb'.	UNITED KINGDOM	English-100	2012	RPT	М	Is	Y		
2025-02-04	2235	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 24	2025	24	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-04	2305	Thriller	Beyond Signs	Ep S	01	5	Romain gets a clear understanding that Diego's visions are linked to unsolved crime scenes. The dead turn to him to help deliver the message of finding them.	FRANCE	French-100	2022		МА	a		Υ	
2025-02-04	2405	Contemporary	Fargo	Tragedy Of Commons	05	1	A series of unexpected events land Dot in hot water and she is plunged back into a life she thought she left behind. Written and directed by Noah Hawley, stars Juno Temple, Jon Hamm, Jennifer Jason Leigh.	USA	English-100	2023	RPT	М	lv	Υ		Υ
2025-02-04	2505	Contemporary	Fargo	Trials And Tribulations	05	2	Roy attempts to reset the 'natural order of things' and Lorraine becomes increasingly suspicious. Written and directed by Noah Hawley, stars Juno Temple, Jon Hamm, Jennifer Jason Leigh.	USA	English-100	2023	RPT	MA	v	Y		Υ
2025-02-04	2600	Culture & Society	Home is Where The Art is	Episode 14	01	14	Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. Today's mystery buyers want a bespoke piece of art to mark their ruby wedding anniversary. However, as they've recently moved from Essex to Cheshire, their style may differ from that of the previous occupants.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		Y
2025-02-04	2650	Culture & Society	Inside The Modelling Agency	September	01	1	September is one of the busists months on the world's fashion calends and the start of season in Cape Town. We meet the models who have been selected by Twenty Model Management to work in the Life (for three months). An	UNITED KINGDOM A	English-98; frikaans-1; French- 1	2020	RPT	G		Y	Υ	Υ

2025-02-04	2745	Biography	Peer To Peer	David Malpass	01	74	World Bank President David Malpass says inequality is getting worse. Malpass talks about how his organization is helping the poorest countries through the pandemic.	UNITED KINGDOM	English-100	2018	RPT	G	Y	
2025-02-04	2815	Nature & Environment	Bamay	Ngarrindjeri Country	02	7	A slow TV showcase of the stunning landscapes found in Ngarrindjeri Country.	AUSTRALIA	English-100	2020	RPT	G		
2025-02-04	2855	Cooking	Destination Flavour Singapore Bitesize	Curry Puffs	01	6	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	
2025-02-05	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC	Y	
2025-02-05	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC	Υ	
2025-02-05	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC	Υ	
2025-02-05	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from AJ Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Υ	
2025-02-05	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Υ	
2025-02-05	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y	
2025-02-05	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC	Y	
2025-02-05	0900	Cooking	Cook Up With Adam Llaw Bitesize	Hokkaido Salmon Chanchan	01	14	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G	Y	
2025-02-05	0905	Cooking	Destination Flavour China Bitesize	Hokkien Noodles	01	15	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G	Y	Y
2025-02-05	0915	Culture & Society	Confucius Was A Foodle	Spicy	03	5	Chef Christine explores the spicy evolution of Chinese based culsines in South East Asia.	CANADA	English-100	2019	RPT	G	Y	Y
2025-02-05	1005	History	Great Lighthouses Of Ireland	Feats Of Engineering	01	2	In the second episode, we discover how Ireland became a world leader in lighthouse engineering. Often working in hostile and treacherous natural locations, Ireland's lighthouse engineers and builders used great ingenuity to achieve what seemed impossible.	IRELAND	English-100	2018	RPT	G	Y	Y
2025-02-05	1105	Culture & Society	Great Canal Journeys	Best Of UK - Wales And The West	06	13	Over the years, Timothy West and Prunella Scales have taken us on glorious canal and river journeys across Britain and around the world. This special program looks back at their adventures in a part of the world they hold closest to their hearts.	UNITED KINGDOM	English-100	2018	RPT	G	Υ	Y
2025-02-05	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Y	
2025-02-05	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC	Υ	
2025-02-05	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC	Υ	

2025-02-05	1400	Current Affairs	Point: Road To Referendum History Bites	Remembering A Trailblazer	2023	11	A tribute to Neville Bonner, the first Indigenous Australian to enter Federal Parliament.	AUSTRALIA	English-100	2023	RPT	NC		Υ		
2025-02-05	1405	History	Tony Robinson's History Of Britain	Victorians	01	2	Tony travels back to the 1800s, to Victorian times. In London's East End, Tony encounters thirteen-year-old Sarah Chapman, a 'Match Girl', who worked fourteen-hour shifts, six days a week in the 'Bryant & May factory. But the worst thing was constant exposure to the chemical phosphorous.	UNITED KINGDOM	English-100	2019	RPT	PG	an	Υ		
2025-02-05	1455	History	Great British Rallway Journeys	Great British Railway Journeys Series 1 Ep S	13 13	5	Armed with his interwar copy of Bradshaw's Guide to the railways, Michael Portillo reaches the Kent seaside resort of Henne Bay, where he discovers a pioneering aviatrix, who began her working life as a typist in Hull but whose epic achievements made her an international celebrity.	UNITED KINGDOM	English-100	2021	RPT	PG		Y		Y
2025-02-05	1530	Cooking	Plat Du Tour	Tartiflette	03	10	Today the race finishes in Megeve, the gourmet capital of the Alps. Guillaume visits a nearby Reblochon cheese farm high in the mountains, and he shows us how to make a tartifiette.	AUSTRALIA		2022	RPT	G		Y	Y	
2025-02-05	1535	Cooking	Plat Du Tour	Soupe Paysanne Aux Diots De Savole	03	11	The race today begins in Albertville, a beautiful city where you can find many regional specialties. Guillaume visits a local butcher to buy some Savole sausages know as 'diots', to feature in the invigorating hearty vegetable soup he will make over an open fire at his mountain chalet.	AUSTRALIA		2022	RPT	G		Y		
2025-02-05	1540	Cooking	The Cook Up With Adam Llaw	Dinner Of Champions, The	07	45	It's BYO medals for an Easy Entertaining dinner of champions, and both of Adam's guests, Paralympic swimmers Ellie Cole and Col Pearse, have stacks of silverware.	AUSTRALIA	English-100	2024	RPT	PG		Υ		
2025-02-05	1610	History	Secrets Of The Imperial War Museum	Husky	01	3	At IMM Duxford in Cambridgeshire, a Husky armoured vehicle which was blown up by an IED attack in Afghanistan in 2012 is carefully being littled into piace under an aircraft in the main hangar. Incredibly, the solider sitting in the front seat of the vehicle when it was hit survived without injury and he's brought his daughter to the museum to see the vehicle that saved her Dad's life.	UNITED KINGDOM	English-100	2021	RPT	PG		Υ		Y
2025-02-05	1705	Quiz	leopardy!	Jeopardy Series 40 Ep 208	40	208	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-05	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 16	01	16	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-02-05	1800	Quiz	Mastermind	Mastermind Series 5 Ep 58	05	58	In this round, the specialty subjects are The Works of Ricky Gervals, Mad Men: Seasons 1 - 2, Taylor Swift Discography, and Dragon Ball Z: Seasons 1 and 2.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-02-05	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 36	2025	36	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-05	1935	History	The Real Crown: Inside House Of Windsor	Heirs And Spares		5	When Prince Harry Joins the military, alongside Prince William, The Queen faces a difficult decision - should she send her grandsons into battle? It's decided that as Heir, life on the frontlines is too dangerous for William, but Harry is sent to war. The military is the making of Harry who becomes a war hero whilst his brother William stays home to perform oncyal duffee. Just a Britana becomes divided over the britary feelendum, a find pageats between home to perform oncyal duffee. Such as Britana becamed keep. The Britana Starts unraveiling the Harry and Meghan decide to step back as working royals and former Spare, Prince Andrew, faces serious allegations as his association with Epstein becomes undeniable.	UNITED KINGDOM	English-100	2022	RPT	PG		Υ	Y	
2025-02-05	2030	Health, Science & Technology	Wonders Of The Moon With Dara O Briain	Episode 2	01	2	Dara tells the story of how the first photograph of the far side of the moon left scientists baffled. And he tries a virtual reality headset to take his very own giant leap on the 'moon's' surface.	UNITED KINGDOM	English-100	2023		G		Υ		Υ
2025-02-05	2125	Thriller	Playing Nice	Episode 2	01	2	Pete and Maddile visit a lawyer who informs them that the Lamberts have obtained DNA and changed Theo's birth certificate. The legal papers were filed right after their first meeting with the Lamberts.	UNITED KINGDOM	English-100	2024		М	al	Y		Y
2025-02-05	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 25	2025	25	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-05	2250	Thriller	Pagan Peak	Ep 5	03	5	Another murder points to a pattern as the perpetrator profile fits the main suspect; at the Gossen construction site, activists and police fight each other; Gedeon comes across a legendary figure.	GERMANY	German-100	2023		MA	a v		Υ	

2025-02-05	2340	Period	Rogue Heroes	Rogue Heroes Series 1 Ep 4	01	4	Fresh from the success of their first airstrip assaults but frustrated at his own personal failure to destroy any enemy targets. Stirling arranges a rematch. They will return once more to the same airbases for a second strike. Stirling is determined not to personally return empty-handed this time, especially faced with Paddy Mayne's success and the growing sense of competitiveness between the two men.	UNITED KINGDOM	English-100	2022	RPT	МА	Isv	Y	Y	Υ
2025-02-05	2450	Thriller	Agent Hamilton	Need To Know Part 1	02	3	Hamilton heads north look into suspicions of research espionage on the Kiruna Space Project, a trailer crosses into Sweden via Finland.	GERMANY	Swedish-70; English- 17; Croatian-13	2020	RPT	МА	v	Y	Y	
2025-02-05	2540	Thriller	Agent Hamilton	Need To Know Part 2	02	4	Hamilton travels to Brussels as a bodyguard for the minister of defence, a group of rebels plan a violent action in connection with the EU summit.	GERMANY	Swedish-68; English- 20; Croatian-12	2020	RPT	МА	v	Y	Y	
2025-02-05	2630	Culture & Society	Home is Where The Art is	Episode 15	01	15	Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists are heading to Lancashire. The mystery buyer wants a piece of art to mark a new time in their life, having changed career at 50, lost their mum and ended their marriage.	UNITED KINGDOM	English-100	2019	RPT	G		Υ		Υ
2025-02-05	2720	Culture & Society	Inside The Modelling Agency	Test, The	01	2	The agency organises a 'test' for the models with sought after Cape Town photographer Marrus Meyer. Ben takes advantage of the situation by bringing along some of his own designs for the shoot, but not everyone appears to be at their best on the day, later the group have their first social outing together as they watch Michael walk the runway at Shimmy Beach nightclub.	UNITED KINGDOM	English-98; Afrikaans-1; French- 1	2020	RPT	М	I	Y	Y	Y
2025-02-05	2815	Biography	Peer To Peer	Leonard Lauder	01	75	Leonard Lauder, Estee Lauder chairman emeritus and former CEO, talks about how the business started, the art of spraying perfume on customers, and why he's glad he didn't get into the Harvard Business School.	UNITED KINGDOM	English-100	2018	RPT	G		Υ		
2025-02-05	2845	Cooking	Destination Flavour Singapore Bitesize	Lamb Kebabs	01	3	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Y		
2025-02-05	2855	Cooking	Destination Flavour Singapore Bitesize	Fruit Stall	01	7	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Y		
2025-02-06	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	4 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-02-06	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-02-06	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-06	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Υ		
2025-02-06	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-06	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-06	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		
2025-02-06	0900	Cooking	Cook Up With Adam Llaw Bitesize	Lemongrass Pork Belly Rice	01	1	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-06	0905	Cooking	Destination Flavour China Bitesize	Steamed Radish With Dried Scallop	01	16	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	

2025-02-06	0915	Culture & Society	Confucius Was A Foodle	Xian	03	6	A bit of a mystery and yet at the heart of all Chinese cuisines - the real flavour of Xian is fresh and inviting but Chef Cushing discovers that its synthetic counterpart was responsible for the mythical Chinese Restaurant Syndrome.	CANADA	English-100	2019	RPT	G		Y	
2025-02-06	1005	History	Great Lighthouses Of Ireland	Witnesses To History	01	3	In the third episode we discover the surprising roles that lighthouse keepers played in both World Wars. As the First World War raged around reland's coast, our lighthouse keepers acted as unofficial coastguards, keeping detailed logs of their observations. From sightings of German submarines, to the horror of ships being torpedoed and attacked by other vessels, and even saving shipwrecked sailors, our lighthouse keepers were on the spot witnesses.	IRELAND	English-100	2018	RPT	PG	a	Υ	Y
2025-02-06	1105	Culture & Society	Great Canal Journeys	Best Of UK - Northern England	06	14	For Tim and Pru, the casels of the North of England are some of the best examples of the golden age of canals, where industry and man-made waterways went hand in hand. This program looks back at some of their best moments on the casels of Lancabire and Yorkshire where the beauty of nature sits alongside the empty factories and milks of the industrial age.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Υ	Y
2025-02-06	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ	
2025-02-06	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y	
2025-02-06	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
2025-02-06	1400	Current Affairs	Point: Road To Referendum History Bites	Mutawintji Festival - Celebrating Cultu	e 2023	12	The Mutawintji National Park in far west NSW has been a significant meeting place for thousands of years.	AUSTRALIA	English-100	2023	RPT	NC		Y	
2025-02-06	1405	History	Tony Robinson's History Of Britain	Georgians	01	3	Tony Robinson takes us back 200 years to Georgian times, a period as nasty and cruel as any in history. Tony meets Jack Rann, a poor peodler in the Jusurious tourest hub of Sath, who wangled a Job as a coach driver. Georgians carried their money with them, and Jack couldn't believe how wealthy his clients were.	UNITED KINGDOM	English-100	2019	RPT	PG	a v	Υ	
2025-02-06	1455	History	Great British Railway Journeys	Great British Railway Journeys Series 1 Ep 6	3 13	6	Beginning on its south-eastern fringe in the leafy and historic village of Chislehurst, Michael Portillo finds surprising imperial connections and a dark labyrinth beneath. He discovers that during the years between the wars a mushroom farm thrived in the 35 kilometres of man-made passages and tunnels.	UNITED KINGDOM	English-100	2021	RPT	G		Υ	Y
2025-02-06	1530	Cooking	Plat Du Tour	Mont Blanc	03	12	Today the race starts in Briançon, the highest village in France - so Guillaume is inspired to make a desert named after the highest peak of the Alps.	AUSTRALIA		2022	RPT	G		Υ	
2025-02-06	1535	Cooking	Plat Du Tour	Pate De La Batteuse	03	13	Today's stage finishes in Saint Etienne, an industrial city with spectacular architecture and some delicious regional pastries, where Guillaume visits local bakeries.	AUSTRALIA		2022	RPT	G		Y Y	
2025-02-06	1540	Cooking	The Cook Up With Adam Llaw	Thrifty Dinner Club, The	07	50	It's Easy Entertaining and easy on the budget, too, as cookbook author Chelsea Goodwin and Olympic diver Sam Fricker Join Adam's thrifty dinner club.	AUSTRALIA	English-100	2024	RPT	G		Υ	
2025-02-06	1610	History	Secrets Of The Imperial War Museum	Malerbi	01	4	From Sheffield, to Dudord's airfield, the Churchill War Rooms and the Imperial War Museum in North Manchester, we meet amateurs, historians and curators uncovering incredible artefacts and stories. Whether it's a secret office with a telephone hottle between Churchill and Roosevelr, or surprisingly modern objects like Saddam Hussein themed toilet paper, the imperial War Museum has much to offer.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Υ	Υ
2025-02-06	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 209	40	209	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ	
2025-02-06	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 17	01	17	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ	
2025-02-06	1800	Quiz	Mastermind	Mastermind Series 5 Ep 59	05	59	In this round, the specialty subjects are The Life of Truman Capote, Murder in Successville, The TV Career of Lano and Woodley, and The Godfather.	AUSTRALIA	English-100	2023	RPT	G		Υ	
2025-02-06	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 37	2025	37	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ	
2025-02-06	1930	Biography	Finding Your Roots	Forever Young	10	2	Henry Louis Gates, Jr. meets Valerie Bertinelli and Brendan Fraser who learn their roots. Each discovers ancestors who paved the way for their success.	USA	English-100	2024					

2025-02-06	2030	Culture & Society	Scotland's Poshest Train: Alan Cumming	Episode 1	01	1	Alan Cumming steps aboard The Royal Scotsman for a luxurious, VIP train adventure through the heart of Scotland. It is a trip like no other, on one of the world's most breathtaking rail journeys.	UNITED KINGDOM		2023		PG		Υ		Υ
2025-02-06	2130	Thriller	The Darkness	All That Is Hidden	01	5	Lukas and Hulda's investigation progresses as they begin to delve into corruption.	ICELAND	English-100	2024		м	alsv	Υ		Υ
2025-02-06	2220	News - Overseas	S8S World News Late	SBS World News Late 2025 Ep 26	2025	26	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-06	2250	Crime	Divided We Stand	Seven Bridges	01	5	Bottcher's death forces a disraught Garster to turn himself in. Simon makes an unauthorised deal with Garster without the knowledge of his boss; Karo makes a shocking discovery about her father.	GERMANY	German-100	2022		М	I		Υ	
2025-02-06	2345	Crime	Divided We Stand	Across Borders	01	6	Frauke Beckmann identifies the mole within the ZERV, Karo is in Wolfsburg meeting her father, who gives her an important lead into the case.	GERMANY	German-100	2022		м	asv		Y	
2025-02-06	2440	Crime	Blanca	Going Back Home Part 1	1	11	Carmine is found dead in his apartment. Bacigalupo is sure it was suicide, but Blanca realises that that night someone was with the victim.	ITALY	Italian-100	2021	RPT	м	alv		Υ	
2025-02-06	2535	Crime	Blanca	Going Back Home Part 2	1	12	Blanca does not appear at Lucia's audition, which alarms Liguori; the police discover the true identity of Nanni, who is holding Blanca prisoner.	ITALY	Italian-100	2021	RPT	MA	v		Y	
2025-02-06	2640	Culture & Society	Barkley Manor	Barkley Manor Series 1 Ep 1	01	1	Frank the rescue dog works through some teenage anxiety, Max the building is off school after jumping off a wharf with no water, and Sarah composes songs for her schnoodles.	NEW ZEALAND	English-100	2021	RPT	PG		Υ	Υ	Υ
2025-02-06	2705	Culture & Society	Inside The Modelling Agency	Money	01	3	Michael reveals the real reason he's brought an 'assistant' with him for the trip. Ben finally has his moment to cast for GQ magazine while the girls have their first meetings with Elle, Marie Claire and Glamour. It becomes clear that each model has their own reasons for coming to Cape Town and one model suddenly realises that the stakes have become much higher than they had previously thought.	UNITED KINGDOM A	English-98; frikaans-1; French- 1	2020	RPT	М	ı	Y	Y	Y
2025-02-06	2805	Biography	Реег То Реег	Wes Moore	01	76	Robin Hood Foundation Chief Executive Officer Wes Moore says the country needs to have honest conversations about rackim. Moore discusses the struggle for racial equality in America, his organization's Covid relef work and why he may un for governor in Mayland in 2022. He appears on the latest epicode of The David Rubenstein Show: Peer-to-Peer Conversations.	UNITED KINGDOM	English-100	2018	RPT	G	a	Υ		
2025-02-06	2835	Nature & Environment	Bamay	Maleny, Jinibarra Country Part 1	03	6	Slow TV is back with more beautiful Bamay. Bamay III celebrates great Australian islands and saltwater country. Sit back and relax with the healing powers of country.	AUSTRALIA	English-100	2021	RPT	G				
2025-02-07	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 202	1 0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-07	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-07	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-07	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-02-07	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-07	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		
2025-02-07	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Υ		

2025-02-07	0900	Cooking	Cook Up With Adam Llaw Bitesize	Bacon And Egg Salad	01	2	Join host Adam Llaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G		Υ		
2025-02-07	0905	Cooking	Destination Flavour China Bitesize	Sweet Potato And White Fungus Soup	01	17	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	
2025-02-07	0915	Culture & Society	Paul O'Grady For The Love Of Dogs	Paul O'grady For The Love Of Dogs: What Happened Next? S1 Ep 1	01	1	Paul O'Grady catches up with the most memorable dogs from his eight years at Battersea Dogs and Cats Home. As Paul is about to discover, leaving Battersea is just the start of the adventure for these amazing dogs.	UNITED KINGDOM	English-100	2020	RPT	PG	a	Υ		Υ
2025-02-07	1010	History	Great Lighthouses Of Ireland	Bright Future, A	01	4	In the final episode of the series, former lighthouse keeper Richard Foran makes a poignant return trip to the Skelligs lighthouse which was his final posting before the lighthouse was automated. Having worked for Irish Lights for fifty-two years in total, Richard reflects on his time at the Skelligs. Automation was truly the end of an era for lighthouse keepers: keepers were no longer required and centuries of tradition ended.	IRELAND	English-100	2018	RPT	G		Υ		Υ
2025-02-07	1105	Culture & Society	Great Canal Journeys	Upper Thames	07	1	After many years on the canals, 11m and Pru have decided to pass the tiller on to two brand new boaters - actor Shella Hancock, 87, and broadcaster Gyles Brandreth, 71. After learning the ropes with Tim, Shella and Gyles set out alone along the upper reaches of the Thames. It's the same river that roars past their homes in London, but 80 km upstream it's an Arcadan paradise.	UNITED KINGDOM	English-100	2020	RPT	G		Υ		Y
2025-02-07	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-02-07	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ		
2025-02-07	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-02-07	1400	History	Such Was Life And Such Was Death	And Such Was Death	02	10	The early years of the gold boom in WA were a time of epidemics, riots, and murders. And almost 1,500 miners have died in accidents since 1892. Such was life? For many in the remote Western Australian Goldfields it was And Such Was Death.	AUSTRALIA	English-100	2023	RPT	PG	a	Y		
2025-02-07	1410	History	Tony Robinson's History Of Britain	Second World War	01	4	Tony Robinson takes us back to the Second World War. This was a people's war, fought by bakers, office workers, delivery drivers and housewise. Tony meets Sentender, Babs Clark, who was just eight when the war began. Like thousands of others, Babs depended ne newly built settlemal Green tube station as an air raid shelter. It was like an underground town, with a library, doctor and community hall.	UNITED KINGDOM	English-100	2019	RPT	PG	a	Υ		
2025-02-07	1500	News - Domestic	NITV News: Nula	NITV News: Nula 2025 Ep 2	2025	2	The latest news from the oldest living culture, join Natalie Ahmat and the team of NTV journalists for stories from an Indigenous perspective.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-07	1530	Cooking	Plat Du Tour	L'aligot	03	14	Today the race finishes in Mende, just 30 mins from the beautiful Aubrac Mountains. Here in the popular town of Laguiole, Guillaume visits an artisan knife forge dating back to 1828.	AUSTRALIA		2022	RPT	G		Υ		
2025-02-07	1535	Cooking	Plat Du Tour	Cote De Boeuf With Roquefort Sauce	03	15	The race start of Rodez is just 1 hour from one of Guillaume's favourite places in France - Roquefort-Sur-Soulzon, a small city Nestled underneath the dramatic rock of Combalou.	AUSTRALIA		2022	RPT	G		Y	Υ	
2025-02-07	1540	Cooking	The Cook Up With Adam Liaw	Springtime Feast, The	07	55	It's Easy Entertaining and a springtime feast as Adam is joined in the kitchen by fitness legend Michelle Bridges and chef Wesley Cooper Jones.	AUSTRALIA	English-100	2024	RPT	G		Υ		
2025-02-07	1610	History	Secrets Of The Imperial War Museum	Holocaust	01	5	At the Imperial War Museum in London, a huge team of experts are racing to complete the £30 million Second World War and Holocaust gallery in time for the public opening in a few months. Curator James Bulgin meets the granddaughter of a man who was mirred eat al. Auschieut to understand more about his life and to discuss the museum's ambitious plan to honour his memory as part of their new gallery.	UNITED KINGDOM	English-100	2021	RPT	PG	a	Y		Υ
2025-02-07	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 210	40	210	Ken Jennings hosts Jeopardyl Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Υ		
2025-02-07	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 18	01	18	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Υ		
2025-02-07	1800	Quiz	Mastermind	Mastermind Series 5 Ep 60	05	60	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2023	RPT	G		Υ		

2025-02-07	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 38	2025	38	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-07	1935	History	Costa Concordia: Why She Sank	Costa Concordia: Why She Sank Series : Ep 1	01	1	The Costa Concordia was one of the biggest and most luxurious cruise ships ever built. With more than 4,000 passengers and crew on board, it was the length of almost three football pitches, but on Friday 13th January 2012, just hours after length port, dissets exists. Survivors decrebe creaming and sense of chass, as they are considered to the control of the contr	UNITED KINGDOM	english-50; Italian- 50	2021	RPT	м	al	Y	Υ	
2025-02-07	2030	Culture & Society	Ray Martin: Mysteries Of The Outback	Ray Martin: Mysteries Of The Outback	01	0	TV legend Ray Martin embarks on an exhiliarating quest to find a mysterious Outback rock formation he spotted and photographed from an airliner 37,000 feet in the air. Net's diabled what appears to be a Dreamtime figure as The Running Man Rock. Martin is joined on his odysety by renowned landscape photographer Ken Duncan as they traverse 5000km of stunning landscapes, exocuntering fascinisting characters and exploring the unique mysteries of this ancient and mesmerising land.	AUSTRALIA	English-100	2022	RPT	м	ı	Y		
2025-02-07	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 27	2025	27	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-07	2250	Period	Bonn	Bonn Series 1 Ep 2	01	2	Toni witnesses a war criminal's acquittal, deepening her mistrust of boss Gehlen; Toni is drawn closer to agent Wolfgang, who unveils secrets and recruits her; Toni's mother's past resurfaces.	GERMANY	ierman-98; English- 2	2022		MA	s		Υ	
2025-02-07	2345	Period	Sisi	Sisi Series 1 Ep 1	01	1	Duchess Elisabeth of Bavaria, Sisi, is preparing to join her older sister in Upper Austria where she is due to announce her engagement to Emperor Franz Joseph for Austria. During an adventure-filled pursuit, it happens that Sisi and her sister's intended find themselves caught together in a perillous ambush.	GERMANY	German-97; Hungarian-2; French-1	2021	RPT	МА	a v		Υ	
2025-02-07	2450	Period	Sisi	Sisi Series 1 Ep 2	01	2	Her engagement to Franz turns Ski's life upside down, as her future is now mapped out and she must quickly prepare for her next role. She also finds an unexpected confidante and friend.	GERMANY	German-97; Hungarian-2; French-1	2021	RPT	MA	Š		Υ	
2025-02-07	2550	Period	Sisi	Sisi Series 1 Ep 3	01	3	The wedding night ends in failure, but Franz decides to uphold Sisi's honour. Sisi seeks out Fanny's advice. In the couple's first official reception, Franz needs to appease the rebelling Hungarians.	GERMANY	German-97; Hungarian-2; French-1	2021	RPT	м	ansv		Υ	
2025-02-07	2650	Culture & Society	Barkley Manor	Barkley Manor Series 1 Ep 2	01	2	In the puppy nursery Princess Daisy reigns over chaos. A DNA test reveals Frank the rescue dog's true lineage. Kim and Mary debate whether wheeling a rottweller around in a pram should be the done-thing.	NEW ZEALAND	English-100	2021	RPT	G		Y		Υ
2025-02-07	2720	Culture & Society	Inside The Modelling Agency	Friends	01	4	Anna shoots for Maric Claire with Brazillan models turned-photographer Hight Battos. Michael tris our his acroattic callin on a scam shoot. Memorabile Bochan analysis a connection while a naile model while hooting Women's health on Clifton Beach. Ben gett good news after a modi natiopated first surf-lesson while Michael lets her emotions run away with her as she wonders if it's her height or her sense of loneliness that may be holding her back.	UNITED KINGDOM A	English-98; frikaans-1; French- 1	2020	RPT	м	I	Υ	Y	Υ
2025-02-07	2815	Biography	Peer To Peer	Jerome Powell	01	77	Federal Reserve Chairman Jerome Powell talks about when interest rates may rise, racial linequality and Bitcoin. He appears on the latest epicode of The David Rubenctein Show. Peer-to-Peer Conversations. The Interview was recorded April 14 for an Economic Club of Washington virtual event.	UNITED KINGDOM	English-100	2018	RPT	G	a	Υ		
2025-02-07	2845	Cooking	Destination Flavour Singapore Bitesize	Singapore Chilli Crab	01	4	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	PG	a w	Υ		
2025-02-07	2855	Cooking	Destination Flavour Singapore Bitesize	Janice Wong	01	8	The best bits of Adam Llaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G		Υ		
2025-02-08	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Υ		
2025-02-08	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Υ		
2025-02-08	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Υ		
2025-02-08	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-02-08	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-02-08	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Υ		

2025-02-08	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y		
2025-02-08	0900	Nature & Environment	Britain's Great Outdoors	Cumbria: The High Cup Walk	01 3	Hidden beneath the hulking great Pennines, Julia sets off from the ancient village of Dufton in search of one of Britain's best kept secrets - the Grand Canyon of the North, a magnificent hanging glaciated valley, that's been 500 million years in the making. A true highlight of the Pennine Way, it was described by walking legend, Alfred Wainwright, as a 'natural wonder' and 'unforgettable sight'.	UNITED KINGDOM	English-100	2017	RPT	G		Υ	Y	
2025-02-08	0930	Nature & Environment	Britain's Great Outdoors	Dorset: The Golden Cap Walk	01 4	Julia heads to West Dorset, near the home of hit ITV series Broadchurch, for a three-hill walk that starts with the iconic Colmer's Hill and ends with spectacular views of the Jurassic Coast from the top of Golden Cap - the highest point on England's South Coast.	UNITED KINGDOM	English-100	2017	RPT	G		Υ	Y	
2025-02-08	1000	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Υ		
2025-02-08	1030	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	d o	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Υ		
2025-02-08	1100	News - Overseas	PBS Newshour	PBS Newshour	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Υ		
2025-02-08	1200	Cycling	Live Cycling: 2025 ProVelo Super League	Round 2, Melbourne To Warrnambo Men's Race	ol 2025 2	Live coverage of Round 2 of the 2025 ProVelo Super League.	AUSTRALIA		2025	LIVE	NC		Υ		
2025-02-08	1500	Yacht Racing	Yachting: Sail GP 2025, Sydney, Day 1	Sailgp Sydney, Day 1	2025 1	Yachting: Sail GP 2025, Sydney, Day 1.	AUSTRALIA		2025	LIVE					
2025-02-08	1630	Cycling	Cycling: Alula Tour Highlights	Alula Tour Highlights	2025 1	Cycling: Alula Tour Highlights.	SAUDI ARABIA		2025						
2025-02-08	1730	History	Auschwitz: The Inside Man	Auschwitz: The Inside Man	0	Auschwitz: The Inside Man tells the incredible untold story of Witold Pliecki, a Polish officer who managed to infiltrate the Auschwitz death camp to smuggle information.	FRANCE	English-60; Polish- 25; French-15	2021	RPT	PG	a v	Υ	Υ	
2025-02-08	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 39	2025 39	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Υ		
2025-02-08	1930	Culture & Society	Sandi Toksvig's Woodland Restoration	Episode 1	01 1	Sandi Toksvig, alongside her wife Debbie, is on a mission to restore a patch of ancient woodland. Faced with a dark, overgrown jungle, she steps into a world unknown to her, and begins to make a plan to help save this crucial part of the Great British landscape.	, UNITED KINGDOM	English-100	2023		М	1	Y	Y	
2025-02-08	2025	Culture & Society	Scotland The New Wild	Highlands	01 1	The Highlands is a vast landscape dominated by hills, forests and glens. But it's a place that's been heavily altered by proople and climate. Yet still it's home to some of Scotland's most sconic species; some are faring better than others, but it's hoped that the restoration of habitats here will help more to return.	GERMANY	English-100	2023		PG		Υ	Y	
2025-02-08	2125	History	Great Australian Walks With Julia Zemiro	Mount Wellington	01 7	Arriving by ferry in Hobart, Tasmania, Julia's 22km walk takes her on the ultimate city to wilderness tour. In Hobart, she learns about the city's rich First Nation's history, wists Australia's oldest synagogue where Jewish prisoners of the colony were allowed to pray, meets an inspirational pioneer in Australian walking; and heads to the top of the mountain with a real life rockstar, Brian Ritchiel	AUSTRALIA	English-100	2022	RPT	PG	aq	Y	Y	
2025-02-08	2225	Culture & Society	Beautiful Lakes Of Northern Italy	From Lake Magglore To Lake Como	01 1	The journey begins at Lago Maggiore in the far west and then continues to Lake Como. As early as the 1950s, Germans rediscovered the northern Italian lakes as a travel destination. And yet, there are small paradises here, adventures, the unusual in the midst of a classic European cultural landscape.	GERMANY	English-75; Italian- 25	2022	RPT	G		Y	Y	
2025-02-08	2315	Thriller	Home Jacking	Ep 1	01 1	One morning, a bourgeois couple, isabelle and Richard Deloye, are the victims of an intrusion. An attacker with unknown intentions, wearing a pink balaclava, arrives and violently sequesters them.	FRANCE	French-100	2024		м	lv		Υ	
2025-02-08	2350	Thriller	Home Jacking	Ep 2	01 2	Bilal and Yasmine Arrighe watch over their mother, who is hospitalised. In her delirium, when she mentions their missing father, Yasmine begins to hope that he may not be dead.	FRANCE	French-100	2024		М	Iv		Υ	
2025-02-08	2435	Contemporary	The Man Who Died	Good News, Bad News	01 1	A visit to his mushroom customers in Japan goes well for Jaakko. A visit to the doctor in Hamina doesn't. His business, love and life are all under threat.	FINLAND	Finnish-98; English- 1; Japanese-1	2022	RPT	MA	a s		Υ	
2025-02-08	2530	Contemporary	The Man Who Died	New Friends	01 2	Jaakko tries to cover his own tracks while uncovering which of the many suspects in his life are trying to finish him off.	FINLAND	Finnish-98; English- 1; Japanese-1	2022	RPT	MA	a s		Y	

2025-02-08	2625	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 6	08 6	parent and mother of two, Flona Kirlew (36). Despite her age, Flona has fostered over 40 teenage children and keeps in touch with all of them. Alan and the team turn this bubbly super-mum's dismal paved-over yard into a lush Caribbean haven.	UNITED KINGDOM	English-100	2018	RPT	G		Y		
2025-02-08	2720	Culture & Society	Inside The Modelling Agency	Newcomer, The	01 5	The group have their first experiences with commercial castings - with varying degrees of success. Meanwhile Michelle isn't happy about the appearance of a newcomer in the girl's model apartment. Michael gets a job that could change his financial situation, but may affect his relationship.	UNITED KINGDOM	English-98; Afrikaans-1; French- 1	2020	RPT	м	I	Υ	Y	Υ
2025-02-08	2815	Biography	Peer To Peer	Gina Raimondo	01 78	U.S. Commerce Secretary Gina Raimondo talks about President Joe Biden's infrastructure bill, trade with China and Europe and the Uture of working at home. She's on the latest episode of The David Ruberistein Show: Peer-to-Peer Conversations.		English-100	2018	RPT	G	a	Y		
2025-02-08	2845	Cooking	Destination Flavour China Bitesize	Black Sesame Tangyuan	01 1	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	
2025-02-08	2855	Cooking	Destination Flavour China Bitesize	Zhajiangmian	01 2	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Llaw.	AUSTRALIA	English-100	2018	RPT	G		Υ	Υ	

This week Alan Titchmarsh heads to Nottingham and gets the best reaction ever when he surprises young Foster