



WEEK 5		Sunday, 26 January 2025		Saturday, 1 February 2025		EASTERN MARKETS (NSW, ACT, VIC, TAS)										
Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description
2025-01-26	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-01-26	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Y		
2025-01-26	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y		
2025-01-26	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y		
2025-01-26	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-26	0700	News - Domestic	APAC Weekly	APAC Weekly 2024 Ep 23	2024	23	Asia-Pacific's brightest minds at the forefront of charting a sustainable future for the world from APAC Network Brisbane, in English.	AUSTRALIA		2024	RPT	NC		Y		
2025-01-26	0730	General	Wugulora	LIVE Wugulora 2025	2025	0	WugulOra means "One Mob" in the local Gadigal language and is a celebration of the culture of the Gadigal people of the Eora Nation, told through dance, song, and storytelling. Featuring a smoking ceremony performed over countless generations, along with an opportunity to hear from community leaders, it is a chance to offer cleansing and healing for new beginnings and fresh inspiration for our future. Filmed live at Barangaroo Reserve, Sydney.	AUSTRALIA	English-100	2024	LIVE			Y		
2025-01-26	0830	News - Domestic	Garma Bunggul 2024	Garma Bunggul 2024	2024	1	As the sun sets on Gumatj country in northeast Arnhem Land, Yolngu clans gather for Bunggul (dance) - an important cultural ceremony held as part of the annual Garma festival.	AUSTRALIA	English-100	2024	RPT	NC	q	Y		
2025-01-26	0920	General	Dance Rites 2024	Dance Rites 2024	0	0	DanceRites, Australia's national First Nations dance competition, returns bigger and better than ever at Bennelong Point. Join us for a celebration of Aboriginal and Torres Strait Islander culture.	AUSTRALIA	English-100	2024	RPT	PG				
2025-01-26	1055	Culture & Society	Elder In Residence Oration 2024	Elder In Residence Oration 2024	0	0	The SBS Elder in Residence Oration returns, presented by Rhoda Roberts AO who this year is joined by special guest, proud Wiradjuri man and renowned journalist Stan Grant.	AUSTRALIA	English-80; Bundjalung-10; Wiradjuri-10	2024	RPT	PG		Y		
2025-01-26	1215	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y		
2025-01-26	1235	News - Overseas	PBS Washington Week With The Atlantic	PBS Washington Week With The Atlantic	0	0	PBS Washington Week with The Atlantic is the longest-running primetime news and public affairs program on television. The show features a group of journalists participating in a weekly roundtable discussion of major news events. Moderated by Jeffrey Goldberg, Editor-in-Chief of The Atlantic.	USA	English-100	2023		NC		Y		
2025-01-26	1300	Motorsport	Speedweek	Speedweek 2025. Ep 4	2025	4	Speedweek is a comprehensive motorsport show that covers many forms of Australian and International motorsport - made specifically for speed enthusiasts.			2025		NC		Y		
2025-01-26	1455	News - Domestic	NITV News Special: Day 26 2025	NITV News Update: Day 26 2025	2025	2	Ongoing reporting and insights into the day's events from every state and territory. January 26 coverage will be led by NITV News presenter and NITV Head of Indigenous News and Current Affairs, Natalie Ahmat, a proud Mudburra and Wagadagum woman, supported by NITV journalists across the country.	AUSTRALIA		2025	RPT					
2025-01-26	1500	Culture & Society	Grand Tours Of Scotland's Rivers	Lower Dee, The	02	2	From Royal Deeside, so beloved by Queen Elizabeth II, Paul continues his journey down the river Dee to Aberdeen on the North Sea coast.	UNITED KINGDOM	English-100	2022	RPT	G		Y		Y

2025-01-26	1530	News - Domestic	NITV News Special: Day 26 2025	NITV News Update: Day 26 2025	2025	3	Ongoing reporting and insights into the day's events from every state and territory. January 26 coverage will be led by NITV News presenter and NITV Head of Indigenous News and Current Affairs, Natalie Ahmat, a proud Mudburra and Wagadagum woman, supported by NITV journalists across the country.	AUSTRALIA		2025						
2025-01-26	1535	History	Black Anzac	Black Anzac		0	A street artist's journey to tell an untold story of Australia's history is seen through a mural depicting an Aboriginal soldier of colossal proportions and its impact on the wider community.	AUSTRALIA	English-100	2017	RPT	PG		Y		Y
2025-01-26	1630	News - Domestic	NITV News Special: Day 26 2025	NITV News Update: Day 26 2025	2025	4	Ongoing reporting and insights into the day's events from every state and territory. January 26 coverage will be led by NITV News presenter and NITV Head of Indigenous News and Current Affairs, Natalie Ahmat, a proud Mudburra and Wagadagum woman, supported by NITV journalists across the country.	AUSTRALIA		2025						
2025-01-26	1635	History	Auschwitz: Countdown To Liberation	Episode 2	01	2	A harrowing countdown of the major events leading up to Auschwitz's liberation, told through the testimonies of survivors, local residents, perpetrators, liberators and expert insights.	UNITED KINGDOM	English-50; Polish-50	2024		PG				
2025-01-26	1730	News - Domestic	NITV News Special: Day 26	NITV News Special: Day 26 2025	2025	0	Ongoing reporting and insights into the day's events from every state and territory. January 26 coverage will be led by NITV News presenter and NITV Head of Indigenous News and Current Affairs, Natalie Ahmat, a proud Mudburra and Wagadagum woman, supported by NITV journalists across the country.	AUSTRALIA	English-100	2025		NC		Y		
2025-01-26	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 26	2025	26	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-26	1930	Musical	Bran Nue Dae			0	In the Summer of 1965 a young man is filled with the life of the idyllic old pearling port Broome - fishing, hanging out with his mates and his girl. However his mother returns him to the religious mission for further schooling. After being punished for an act of youthful rebellion he runs away from the mission on a journey that ultimately leads him back home.	AUSTRALIA		2009	RPT	PG	I s v	Y		Y
2025-01-26	2105	Docu-Drama	The Lost City Of Melbourne	Lost City Of Melbourne, The	01	0	In the 1850s, Melbourne was the fastest growing city in the world. They dreamt big, they built big. However, the attempted modernisation of the city in the 1950s destroyed much of it. Featuring rare archival film and photography, this film is a revelatory work that allows its audience to reimagine the former glory of the lost city of Melbourne.	AUSTRALIA	English-100	2022	RPT	M	d	Y		Y
2025-01-26	2240	Archaeology	Bettany Hughes: Treasures Of Jordan	Treasures Of Jordan		0	Award-winning historian Professor Bettany Hughes OBE explores the artistic and cultural wonders of Jordan. A strategic crossing point for East and West, Jordan has been the centre of great civilisations throughout human history. In the rock-cut city of Petra, capital of the little-known Nabateans, Bettany uncovers wonders off the beaten track, including a luxury Nabatean mansion, exquisite 2000-year-old frescoes and a mysterious snake pyramid.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y		
2025-01-26	2335	Culture & Society	Splice Here: A Projected Odyssey	Splice Here: A Projected Odyssey	0	0	A 'Cineramic' roller-coaster ride through the rise, fall and re-birth of projected film. Film maker and projectionist Rob Murphy began filming what he thought was the end of the film era, something unforeseen had already begun to happen. Projected film was making a come back.	AUSTRALIA	English-100	2022				Y		
2025-01-26	2600	Culture & Society	Home Is Where The Art Is	Episode 6	01	6	Nick Knowles presents this series which challenges three talented artists to create beautiful artwork for people they've never met. In today's episode, the artists are in Oxfordshire, turning detective around a grade II listed cottage. It's an emotional story, the mystery buyers are looking for a joyous, uplifting piece in light of a recent illness.	UNITED KINGDOM	English-100	2019	RPT	G		Y		Y
2025-01-26	2655	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 3	08	3	This week Alan heads to Essex to surprise selfless retired Nurse Pat Wade - who was the first person in the UK to set up a Charity for young burn survivors - The Children's Burns Club.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Y		
2025-01-26	2750	Lifestyle	Make Me A Dealer	Nottingham: Melissa & Paolo	02	19	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Y		
2025-01-26	2840	Nature & Environment	Bamay	Arrente Country - Mparntwe Alice Springs	02	17	This episode of Bamay showcases beautiful Arrente and Warlpiri Country, with locations such as Mparntwe Alice Springs and the Ellery Creek Big Hole.	AUSTRALIA	English-100	2020	RPT	G				
2025-01-27	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y		
2025-01-27	0515	News - Overseas	France 24 Feature	France 24 Feature First Edition 2024	0	0	News feature in English from France 24, Paris.	FRANCE	English-100	2024		NC		Y		
2025-01-27	0530	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y		

2025-01-27	0600	News - Overseas	DW English News	DW English News Morning 2024	0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y			
2025-01-27	0630	News - Overseas	ABC America This Week	ABC America This Week With George Stephanopoulos	0	ABC America's pre-eminent weekly public affairs program with George Stephanopolous from New York, USA.	USA	English-100	2024		NC		Y			
2025-01-27	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024	0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y			
2025-01-27	0800	News - Overseas	DD India News Hour	DD India News Hour 2022	0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y			
2025-01-27	0900	Biography	Peer To Peer	Jean Liu	01	56	Didi Chuxing President Jean Liu talks about how the company is protecting drivers and passengers, why she left Goldman Sachs as a managing director, the future of autonomous driving and why empowering women is so important at Didi.	UNITED KINGDOM	English-100	2018	RPT	G		Y		
2025-01-27	0930	Culture & Society	Confucius Was A Foodie	Shandong	01	6	The oldest and, in fact, the cuisine of Confucius, Shandong leaves Chef Christine Cushing wondering until she plans a banquet with her mentor chefs and invites guest celebrity chefs to join her.	CANADA	English-100	2017	RPT	G		Y		Y
2025-01-27	1025	Culture & Society	Confucius Was A Foodie	Celebrations, Ceremonies And The Dumpling	02	1	Chef Christine connects with her Chinese chef mentors and this launches her on another journey of discovery. With the dumpling as her touchstone, she discovers how just about every festival on the Solar Lunar calendar can be celebrated with dumplings.	CANADA	English-100	2017	RPT	PG		Y		Y
2025-01-27	1115	Culture & Society	China On Stage	Songs Of China, The	01	1	China is a land of songs where for centuries they have been expressed in ways that are still with us today. But as China moves with the times, we discover how these changes are reflected in the songs it sings. Li Tong experiences the phenomenon that is Luo Tianyi, a "V-singer" - virtual singer - whose hit songs are written by her fans.	CHINA	English-50; Mandarin-50	2021						
2025-01-27	1210	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y			
2025-01-27	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y			
2025-01-27	1300	News - Overseas	PBS News Weekend	PBS News Weekend	0	Analysis of national and international news, as well as in-depth reporting on topics ranging from education and politics to technology and finance. Hosted by John Yang for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
2025-01-27	1330	News - Overseas	Al Jazeera News Hour	Al Jazeera News Second Edition	0	0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2024		NC		Y		
2025-01-27	1400	History	Such Was Life: Water Encore	Water Encore	02	6	The sequel to 'Starring Water', Water Encore explores life on the Goldfields when there was something more precious than gold - water. It is a story common to every community the Goldfields. The population explosion that followed the discovery of gold resulted in death, destruction, innovation and new industries.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-27	1410	Culture & Society	Amazing Railway Adventures Nick Knowles	Mexico	01	1	From Los Mochis in Sinaloa to Creel in Chihuahua, Nick Knowles' railway adventure across Mexico is jam-packed with incredible sights and people. Nick Knowles is on a railway journey of a lifetime across Mexico on a route from the Pacific coastline at Sinaloa through the incredible Copper Canyon to Creel in Chihuahua. Before boarding his train, Nick visits Topolobampo, a coastal port, where freight trains carrying goods to and from container ships join the railway line through the Copper Canyon.	UNITED KINGDOM	English-97; Aymara-2; Spanish-1	2022	RPT	G		Y		Y
2025-01-27	1500	Cooking	Plat Du Tour	Smorrebrod	03	2	Guillaume visits a chateau and winery in the south of France owned by the Danish royal family. And he shows us how to make three versions of smorrebrod, which are traditional Danish open-faced sandwiches.	AUSTRALIA		2022	RPT	G		Y		
2025-01-27	1505	Cooking	Destination Flavour China	Fujian	01	8	On his journey discovering China's history through its food, Adam comes to another one of the eight great regional cuisines - Fujian - a place with a long history of migration where the movement of people left an enduring mark that manifested in its food and culture. Adam starts his exploration in the ancient port city of Xiamen, where so many of the Fujian dishes and ingredients come from that have had huge influence abroad.		English-70; Mandarin-30	2018	RPT	G		Y		Y
2025-01-27	1535	Cooking	The Cook Up With Adam Liaw	Zest Dinner Party Ever, The	07	10	Grab your winter citrus for this Easy Entertaining, because the Australian Ballet's Artistic Director David Hallberg, baker Natalie Paul and Adam are here to help you host the zest dinner party ever.	AUSTRALIA	English-100	2024	RPT	PG		Y		

2025-01-27	1605	Culture & Society	Who The Bloody Hell Are We?	Who The Bloody Hell Are We? With John Safran	01	1	Filmmaker, author and provocateur John Safran embarks on an idiosyncratic quest to discover the role that Jews have played in modern Australia's story. It's a journey that takes him from a shoplifting single mum on the First Fleet to the remote part of the Outback that almost became Israel. Reveling in the parts of the Australian story that have been whitewashed or combed out, John discovers that Australia's acceptance of Jews often comes with terms and conditions attached.	AUSTRALIA	English-100	2022	RPT	PG	a q	Y	Y	
2025-01-27	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 201	40	201	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-01-27	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 9	01	9	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-01-27	1800	Quiz	Mastermind	Mastermind Series 5 Ep 51	05	51	In this round, the specialty subjects are BMW M Series, The Immortals After Dark Series, 13, and H2O Just Add Water.	AUSTRALIA	English-100	2023	RPT	PG		Y		
2025-01-27	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 27	2025	27	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-27	1930	Nature & Environment	Hunt for Truth: Tasmanian Tiger	Stripy Dog	01	2	Tim joins a team of scientists from the University of Tasmania (UTAS) as they launch the most comprehensive search in history for the legendary creature. Using thousands of camera traps, scientists have transformed the island's wilderness into a 'big brother' for wildlife.	AUSTRALIA	English-90; Tok Pisin-10	2024	RPT	M	I	Y	Y	Y
2025-01-27	2035	Quiz	Jimmy Carr's I Literally Just Told You	Episode 5	02	5	Jimmy Carr presents a new gameshow with a twist. Contestants must answer questions that have been written 'LIVE' during the show to win the cash prize. These questions are written by a team including The Sky At Night's Dr Maggie Aderin-Pocock.	UNITED KINGDOM	English-100	2022		M				
2025-01-27	2130	Culture & Society	Inside Sydney Airport	Vips	01	5	With the Prime Minister of Singapore due to arrive, security at the airport is on high alert. Meanwhile a passenger is detected in possession of a dangerous weapon and the search is on for a woman reported to have collapsed on the street. Duty manager Mel is excited to learn that he'll escort his favourite pop artist when they arrive at Sydney Airport.	AUSTRALIA	English-100	0	RPT	PG	a l	Y	Y	Y
2025-01-27	2230	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 18	2025	18	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-27	2300	Crime	Clean Sweep	Let It Go	01	5	Shelly manages to evade fingerprint detection, but when a new witness emerges with a description of a possible suspect, it could implicate her.	IRELAND	English-100	2022		MA	s	Y		Y
2025-01-27	2355	Crime	Wisting	Wisting Series 2 Ep 7	02	7	Maggie is forced to reveal information that she previously kept secret from Wisting. The investigation takes a new turn, leading the detectives across the border into Sweden.	NORWAY	Norwegian-100	2020	RPT	M	a d l v		Y	
2025-01-27	2450	Thriller	You Shall Not Lie	Ep 1	01	1	Night-time. A lifeless body lies at the bottom of a cliff in Belmonte. Watching from the top, alone and terrified, is Macarena. Only three days ago, her life was completely different.	SPAIN	Spanish-100	2021	RPT	MA	a l s		Y	
2025-01-27	2550	Thriller	You Shall Not Lie	Ep 2	01	2	Ivan makes a press statement to clarify whether he had sex with Macarena while he was still underage, which leaves no one indifferent. Meanwhile, Macarena tries to earn her family's forgiveness and comes clean with her husband, Nestor, and her daughter, Natalia.	SPAIN	Spanish-100	2021	RPT	MA	a l s		Y	
2025-01-27	2645	Culture & Society	Home Is Where The Art Is	Episode 7	01	7	Today's mystery buyers live in the trendy suburbs of Manchester. For three years they've had a space on their living room wall that they haven't been able to fill. Now with a 1000 pounds to spend, and three artists turning detective around their home, can they finally find a piece they like?	UNITED KINGDOM	English-100	2019	RPT	G		Y		Y
2025-01-27	2735	Lifestyle	Make Me A Dealer	Somerset: Keith & Paul	02	20	Paul Martin turns two raw recruits into antiques dealers. Pitted against each other, the wannabe dealers must use their hard-earned cash to buy and sell antiques for the most profit. Along the way, Paul teaches them the tricks of the trade, first at an antiques centre and later at the auction.	UNITED KINGDOM	English-100	2019	RPT	G		Y		
2025-01-27	2825	Biography	Peer To Peer	Klaus Schwab	01	69	Klaus Schwab, founder and executive chairman of the World Economic Forum, describes how he created the most high-profile gathering of global leaders more than fifty years ago and what he hopes his legacy will be.	UNITED KINGDOM	English-100	2018	RPT	G		Y		
2025-01-27	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 10	01	10	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y		

2025-01-28	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y	
2025-01-28	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
2025-01-28	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y	
2025-01-28	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
2025-01-28	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2025-01-28	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
2025-01-28	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y	
2025-01-28	0900	Cooking	Cook Up With Adam Liaw Bitesize	Periyaki Chicken	01	9	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	PG		Y	
2025-01-28	0905	Cooking	Destination Flavour China Bitesize	Bamboo Shoots And Cured Ham Stir Fry	01	3	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
2025-01-28	0915	Cooking	Destination Flavour China Bitesize	Li Hongzhang's Chop Suey	01	4	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
2025-01-28	0925	Culture & Society	Confucius Was A Foodie	Tea: Culture, Celebration, Commerce, And Cuisine	02	2	Chef Christine starts her tea adventure at Fortnum and Mason in London, England with celebrated British tea expert Jane Pettigrew. She experiences the ultimate in afternoon tea and learns why Westerners think of England when they think of tea, even though it's one of the most important Chinese exports and essential to all Chinese celebrations.	CANADA	English-100	2017	RPT	PG		Y	Y
2025-01-28	1015	Culture & Society	Confucius Was A Foodie	Noodles: Long For Life, Food Of Legends	02	3	Christine's adventure into the world of noodles with her mentor chefs who send her to a Confucian Birthday celebration to see how longevity noodles play a part. Her plans suddenly change on her way to Taipei as a typhoon sends her to another location. Christine is touched by the ceremony that is steeped in centuries of culture and custom, and culminates in Christine receiving traditional birthday, or longevity noodles. These noodles are just the start of her voyage!	CANADA	English-100	2017	RPT	PG		Y	Y
2025-01-28	1105	Culture & Society	China On Stage	Sounds Of China, The	01	2	From the traditional, to the global, and to the extraordinary, this programme discovers a new generation of musicians who are reinventing what we hear that fuses East and West, ancient and modern, to create sounds that speak to China today.	CHINA	English-50; Mandarin-50	2021					
2025-01-28	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2025-01-28	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y	
2025-01-28	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y	
2025-01-28	1400	History	Such Was Life: The Yanks Are Coming	Yanks Are Coming, The	02	7	In the Museum of the Great Southern, is a memento of the time in WW2 when the American submarine fleet was based in Albany. The US servicemen proved to be popular as true romances blossomed.	AUSTRALIA	English-100	2023	RPT	G		Y	
2025-01-28	1405	Culture & Society	Amazing Railway Adventures Nick Knowles	Norway	01	2	From the Viking capital of Trondheim, through tree-lined fjords and snow-capped mountain scenery, Nick Knowles travels north through pretty Mosjøen with its brightly painted wooden waterfront houses to the coastal city of Bodo. A statue of the famous Viking seafarer Lief Erikson overlooks the seafront at Trondheim where Nick starts his journey. Channelling his inner Viking, Nick boards a train bound north through Trondelag, making a brief diversion, like thousands of travellers a year in search of selfies, to the regional station at Hell.	UNITED KINGDOM	English-97; Aymara-2; Spanish-1	2022	RPT	PG	a s	Y	Y

2025-01-28	1500	Football	The Weekly Football Wrap	Episode 18	2024	18	Join Claudio Fabiano and the team every Monday night for the latest news, expert opinion and the best action from the World of Football.	AUSTRALIA		2024	RPT	NC		Y	
2025-01-28	1530	Cooking	Plat Du Tour	Escargots A La Cannelle (Danish Cinnamon Snails)	03	3	It's the final day of the tour in Denmark and Guillaume is making the Danish cinnamon snail. Guillaume visits Du Pain et des Idees, a bakery that produces the most popular Danish pastries in Paris.	AUSTRALIA		2022	RPT	G		Y	
2025-01-28	1535	Cooking	The Cook Up With Adam Liaw	Seafood Supper, The	07	15	It's Easy Entertaining this NAIDOC Week, and host Norrie Bero is joined by chef Mindy Woods and comedian Sean Choolburra to make a seafood supper.	AUSTRALIA	English-95; Bundjalung-5	2024	RPT	G		Y	
2025-01-28	1605	Culture & Society	Who The Bloody Hell Are We?	Who The Bloody Hell Are We? With Cal Wilson	01	2	Kiwis are one of the largest migrant groups in Australia, but how do we view them? As proper migrants or as visiting family who've overstayed their welcome? Comedian Cal Wilson is on a mission to find out how Kiwis like her fit into Australia's national story. It's a quest that takes Cal from the Maori seafarers who formed one of Sydney's first expat communities to the no-nonsense Kiwi engineer who accidentally created multicultural Australia.	AUSTRALIA	English-100	2022	RPT	PG	a q v	Y	Y
2025-01-28	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 202	40	202	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y	
2025-01-28	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 10	01	10	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y	
2025-01-28	1800	Quiz	Mastermind	Mastermind Series 5 Ep 52	05	52	In this round, the specialty subjects are The Early Short Films of Wallace and Gromit, Survivor US: Seasons 17-19, The Parthenon, and Lost: Seasons 1-2.	AUSTRALIA	English-100	2023	RPT	G		Y	
2025-01-28	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 28	2025	28	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y	
2025-01-28	1930	Biography	Who Do You Think You Are? Wayne Blair	Wayne Blair	15	4	Actor and director, Wayne Blair discovers his maternal Great Grandfather was one of the last survivors of the Woppaburra people from Queensland's Keppel Islands. And while searching for his paternal Great Grandfather, Wayne uncovers an extraordinary twist.	AUSTRALIA	English-100	2023	RPT	PG	a q	Y	Y
2025-01-28	2035	Biography	Stock Aitken Waterman: Legends Of Pop	Episode 2	01	2	It's 1987 and three separate performers were destined to become among the biggest acts of the decade. Rick Astley stormed both sides of the Atlantic with his first two singles. Australian soap stars Kylie Minogue and Jason Donovan captured the hearts of the nation and dominated the charts, their iconic images a constant presence on magazines and television before coming together for the duet the nation demanded. Disco legend Donna Summer becomes the latest superstar act to ask for the Stock Aitken Waterman magic. In this episode, Mike, Matt, and Pete reflect on the success they had during this time.	UNITED KINGDOM	English-100	2023	RPT	M	l	Y	
2025-01-28	2150	Culture & Society	The Artist's View: Duran Duran	Video Killed The Radio Star: Duran Duran		0	Simon Le Bon and Nick Rhodes discuss the creation and impact of Duran Duran's most iconic music videos, including 'Rio' and 'Girls on Film'.	UNITED KINGDOM	English-100	2012	RPT	M	l n s	Y	
2025-01-28	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 19	2025	19	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y	
2025-01-28	2250	Thriller	Beyond Signs	Ep 4	01	4	The police find burned pieces of Lily's dress, similar to what Diego revealed; Diego suffers from village gossip and his friends exclude him from the group.	FRANCE	French-100	2022		MA	a		Y
2025-01-28	2350	Thriller	Christian	Ep 4	02	4	Citta Palazzo becomes an utopian kingdom and Christian is its undisputed leader, but the peace is not destined to last.	ITALY	Italian-100	2023	RPT	M	a l v		Y
2025-01-28	2445	Thriller	Christian	Ep 5	02	5	The situation in Citta Palazzo is out of control; the Friends of Christian scour the streets and lock up wrongdoers; Rachele struggles with a new-found power.	ITALY	Italian-100	2023	RPT	MA	d v		Y
2025-01-28	2540	Thriller	Christian	Ep 6	02	6	When Christian's reign is seemingly coming to an end, Matteo makes a difficult choice that changes the game forever.	ITALY	Italian-100	2023	RPT	M	a l v		Y
2025-01-28	2650	Culture & Society	Home Is Where The Art Is	Episode 8	01	8	Nick Knowles presents this series, which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists are heading to an art-loving home in Cheshire. It's an emotional brief, the mystery buyers would like a work of art to reflect a beloved dad who they lost in 2011. Can the creative three help make them the perfect piece?	UNITED KINGDOM	English-100	2019	RPT	PG		Y	Y
2025-01-28	2740	Culture & Society	21 Kids And Counting	21 Kids And Counting		0	Britain's biggest family is about to get even bigger. In the lead-up to the birth of their 10th baby girl, the Radfords take the family for a holiday in the sun.	UNITED KINGDOM	English-100	2018	RPT	PG	a l	Y	Y

2025-01-28	2835	Nature & Environment	Bamay	Arrennte Country - Tjoritja Macdonnell Ranges	02	16	Bamay is back with more slow TV. In this episode, we showcase beautiful Arrennte and Warlpiri country - with locations such as Mparntwe Alice Springs and the Ellery Creek Big Hole.	AUSTRALIA	English-100	2020	RPT	G				
2025-01-29	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC			Y	
2025-01-29	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC. The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC			Y	
2025-01-29	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC			Y	
2025-01-29	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC			Y	
2025-01-29	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y	
2025-01-29	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC			Y	
2025-01-29	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC			Y	
2025-01-29	0900	Cooking	Cook Up With Adam Liaw Bitesize	Chicken Sausage Poule Au Pot	01	10	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G			Y	
2025-01-29	0905	Travel	Destination Flavour China Bitesize	Longjing Prawns	01	5	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G			Y	Y
2025-01-29	0910	Cooking	Destination Flavour China Bitesize	Yangzhou Fried Rice	01	6	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G			Y	Y
2025-01-29	0920	Culture & Society	Confucius Was A Foodie	Origin Of The Beginnings, The	02	4	Everything has its origins somewhere and when it comes to food, roots are often Chinese. In this episode, Chef Christine looks for the culinary roots of ice cream, ketchup, pasta, phyllo, baklava, pizza, and more.	CANADA	English-100	2017	RPT	G			Y	Y
2025-01-29	1010	Culture & Society	Confucius Was A Foodie	Politics And The Origin Of Off Shoot Cuisines	02	5	Both during and after China's Cultural Revolution, traditional Chinese chefs, often seen as keepers of the cultural flame, were among the first to defect and their exodus has had a lasting effect on world cuisine, in particular in Taiwan.	CANADA	English-100	2017	RPT	PG	a w		Y	Y
2025-01-29	1100	Culture & Society	China On Stage	How China Moves	01	3	Dance is one of China's oldest forms of self-expression. Inspired by the landscape, rooted in celebrations and rituals, it dates back thousands of years. In this episode we see China's changing times is reflected in its dance with artists who are embracing their cultural history while also innovating international styles and making them their own.	CHINA	English-50; Mandarin-50	2021						
2025-01-29	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y	
2025-01-29	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC			Y	
2025-01-29	1300	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC			Y	
2025-01-29	1400	History	Such Was Life: Whale, Cockatoo, Moon	Whale, The Cockatoo And The Lunar Landing. The	02	8	Whaling has been associated with Albany, Western Australia, from the early days of European settlement. But did you know that, at the same time as the Frontier Wars were raging across Australia, Aboriginal men from the Albany area were employed at full wages on whaling ships working the waters of the Southern Ocean?	AUSTRALIA	English-100	2023	RPT	PG			Y	

2025-01-29	1410	Culture & Society	Amazing Railway Adventures Nick Knowles	Vietnam	01	3	From Lao Cai on the Chinese border, via the misty mountains around Sa Pa, Nick Knowles is heading south on a sleeper train to bustling Hanoi. From there he travels on to the port at Haiphong, gateway to beautiful Ha Long Bay.	UNITED KINGDOM	English-97; Aymara-2; Spanish-1	2022	RPT	PG	a v	Y	Y	Y
2025-01-29	1500	Cooking	Plat Du Tour	Le Welsh	03	4	Guillaume visits an artisan fromagerie in the town of Saint Omer to find the perfect cheese for his dish. He will make a meal they love in the breweries in this region - le welsh.	AUSTRALIA		2022	RPT	G		Y		
2025-01-29	1505	Cooking	Destination Flavour China	Hong Kong And Guandong	01	9	Hong Kong looms on the horizon, its glittering peaks towering over the lush foliage tumbling down the steep peaks that punctuate the city. Adam has arrived in a city where restaurant is king and the average Hong Kong resident eats out an astonishing 23 times a month. To help him find his way around, Adam meets up with his friend, Hong Kong based food writer Janice Leung.		English-70; Mandarin-30	2018	RPT	G		Y	Y	
2025-01-29	1535	Cooking	The Cook Up With Adam Liaw	Five Star Dinner, The	07	20	Cookbook author Helen Tzouganatos and performer Rob Mills help Adam plan an Easy Entertaining that's guaranteed to get rave reviews: The Five Star Dinner.	AUSTRALIA	English-100	2024	RPT	G		Y		
2025-01-29	1605	Culture & Society	Who The Bloody Hell Are We?	Who The Bloody Hell Are We? With Adam Liaw	01	3	Well over a million people in Australia now have Chinese ancestry. Cook, TV presenter and author Adam Liaw is one of them. Deftly sidestepping nearly 200 years of racial stereotyping, Adam embarks on a journey to find out how people of Chinese descent fit into Australia's story. It's a quest that takes him from the Chinese trade who created the bank that became Westpac to the Chinese Australian roo-shooter who became an Anzac legend.	AUSTRALIA	English-100	2022	RPT	PG	a q v	Y		Y
2025-01-29	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 203	40	203	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-01-29	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 11	01	11	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-01-29	1800	Quiz	Mastermind	Mastermind Series 5 Ep 53	05	53	In this round, the specialty subjects are Adventure Time: Seasons 1-5, The Life and Works of Walt Disney, French Pastry, and Hitchhikers Guide to the Galaxy.	AUSTRALIA	English-100	2023	RPT	PG		Y		
2025-01-29	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 29	2025	29	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-29	1935	History	The Real Crown: Inside House Of Windsor	Tomorrow's People		4	The Queen is facing the biggest crisis of her reign following the death of Princess Diana. With public opinion at an all-time low, The Queen must learn to adapt if she's to find her way in modern Britain. She sees in the Millennium with Prime Minister Tony Blair but her secret weapon turns out to be her two grandsons William and Harry who are now teenagers. Her son Prince Andrew is also struggling to find a place in the modern world and is given a job as Trade Envoy in the Middle East, while Prince Charles is facing a challenge of his own.	UNITED KINGDOM	English-100	2022	RPT	PG		Y	Y	
2025-01-29	2030	Health, Science & Technology	Wonders Of The Moon With Dara O Briain	Episode 1	01	1	Dara O Briain explores the ways in which the moon shapes just about everything around us, and why there's now a new race to get humans back to the surface of our satellite.	UNITED KINGDOM	English-100	2023		PG	a	Y		Y
2025-01-29	2125	Thriller	Playing Nice	Episode 1	01	1	Pete Riley and Maddie Wilson's lives are thrown into disarray when the hospital delivers the news that the son they've raised, Theo, isn't actually their son. He was switched at birth and their real son was sent home with another couple.	UNITED KINGDOM	English-100	2024		M		Y		Y
2025-01-29	2220	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 20	2025	20	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-29	2250	Thriller	Pagan Peak	Ep 4	03	4	While new evidence leads to a Reichsburger, Geddon continues to search for Koschlick and in the process, hallucinations increasingly plague him; Ellie and Rafael get into an argument.	GERMANY	German-94; English-5; Italian-1	2023		M	a v		Y	
2025-01-29	2340	Period	Rogue Heroes	Rogue Heroes Series 1 Ep 3	01	3	After a period of throwing themselves into the sand from scaffold towers and training in the blistering desert heat, the newly recruited members of the SAS are preparing to embark on their first ever operation to parachute into the desert.	UNITED KINGDOM	English-100	2022	RPT	MA	v	Y	Y	Y
2025-01-29	2450	Thriller	Agent Hamilton	Reset Part 1	02	1	During a NATO operation in the Mediterranean, a Swedish naval diver is murdered. Hamilton knows the victim and travels to the military base in Toulon to investigate.	GERMANY	Swedish-63; English-33; French-4	2020	RPT	M	a v	Y	Y	
2025-01-29	2540	Thriller	Agent Hamilton	Reset Part 2	02	2	Hamilton and Kristin put their lives at risk when they go undercover to find out more information about the background of the murder.	GERMANY	English-60; Swedish-35; French-5	2020	RPT	MA	v	Y	Y	

2025-01-29	2630	Culture & Society	Home Is Where The Art Is	Episode 9	01	9	Nick Knowles presents this series, which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists are heading to North Wales. The mystery buyers have lived all over the world but now want a work of art to celebrate putting down roots and buying their Llandudno forever home.	UNITED KINGDOM	English-100	2019	RPT	G			Y	Y
2025-01-29	2720	Culture & Society	22 Kids And Counting	22 Kids And Counting Series 1 Ep 1	01	1	Imagine living though lockdown with 22 kids. Month after month of home schooling on top of the cooking, the cleaning and bored children. But that's not all. Sue had baby number twenty-two and then Noel had to shut the family bakery and with it went their sole source of income.	UNITED KINGDOM	English-100	2020	RPT	G			Y	
2025-01-29	2815	Nature & Environment	Bamay	Ngarrindjeri Country	02	7	A slow TV showcase of the stunning landscapes found in Ngarrindjeri Country.	AUSTRALIA	English-100	2020	RPT	G				
2025-01-29	2855	Cooking	Destination Flavour Singapore Bitesize	Hainanese Chicken	01	1	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G			Y	
2025-01-30	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC			Y	
2025-01-30	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC			Y	
2025-01-30	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC			Y	
2025-01-30	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC			Y	
2025-01-30	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y	
2025-01-30	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC			Y	
2025-01-30	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC			Y	
2025-01-30	0900	Cooking	Cook Up With Adam Liaw Bitesize	Japanese Mushroom And Spinach Spaghetti	01	11	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.	AUSTRALIA	English-100	2021	RPT	G			Y	
2025-01-30	0905	Cooking	Destination Flavour China Bitesize	Lion Head Meatballs	01	7	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG	a w		Y	Y
2025-01-30	0915	Cooking	Destination Flavour China Bitesize	Shanghai Style Wonton Soup	01	8	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G			Y	
2025-01-30	0925	Culture & Society	Confucius Was A Foodie	Confucius And The Origin Of Food Philosophy	02	6	Was it Confucius or Hippocrates who first said, 'let food be your medicine and medicine be your food'? Chef Christine sets off to compare the thoughts and beliefs of foodie writers and philosophers.	CANADA	English-100	2017	RPT	G			Y	Y
2025-01-30	1015	Culture & Society	Confucius Was A Foodie	Origin Of 'cuisine', The	02	7	When did cooking become cuisine? Was it in the Confucius Mansion 2,500 years ago and is Chinese cuisine really the biggest, the most expressive and the most complex cuisine on the planet?	CANADA	English-100	2017	RPT	G			Y	Y
2025-01-30	1105	Culture & Society	China On Stage	Stories Of China, The	01	4	Chinese theatre has its roots deep in the past, from shadow plays dating back millennia to historic Kunju opera performed in an ancient garden. In this programme, we're discovering why theatre's many forms are still central to Chinese cultural life.	CHINA	English-50; Mandarin-50	2021						
2025-01-30	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC			Y	

2025-01-30	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y			
2025-01-30	1300	News - Overseas	PBS Newshour	PBS Newshour	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
2025-01-30	1400	Comedy	Hold Up		0	A shy uni student gets caught up in a robbery at an Asian grocery store as he attempts to ask out his crush.	AUSTRALIA	English-50; Vietnamese-50	2021	RPT	M	v	Y	Y		
2025-01-30	1410	Culture & Society	Amazing Railway Adventures Nick Knowles	Malaysia	01	4	In Malaysia, Nick Knowles takes three train journeys: first a short hop to the Batu Caves with their famous rainbow-painted steps, then the jungle train from Mentakab to Gua Musang, taking in an elephant sanctuary, and finally the high-speed mainline from arty Ipoh to cosmopolitan Penang.	UNITED KINGDOM	English-97; Aymara-2; Spanish-1	2022	RPT	PG	a w	Y	Y	Y
2025-01-30	1500	Cooking	Plat Du Tour	Tarte Au Maroilles	03	5	In Lille, Guillaume will learn how they make a world-famous vanilla waffle. He will also show us how to make a light fluffy tarte au maroilles - a regional specialty featuring local cheese.	AUSTRALIA		2022	RPT	G		Y		
2025-01-30	1505	Cooking	Destination Flavour China	Hainan Island	01	10	Adam arrives in Hainan, ready for the Liaw family reunion. After months apart, he's meeting his wife and two kids here in Hailkou, to join him at the family reunion, but before they arrive, he's keen to check out the islands food and culture. Hainan Island is known as 'Oriental Hawaii', and it enjoys the same palm-fringed golden beaches and tropical climate. Over the years though many Hainanese left the island migrating to South East Asia in search of a better life, along with the Liaw branch of the family that begat Adam and this history has also influenced the islands food and culture.		English-70; Mandarin-30	2018	RPT			Y	Y	
2025-01-30	1535	Cooking	The Cook Up With Adam Liaw	Bon Appetit	07	25	Adam is joined by French food legend Damien Pignolet and swimming champion Lisa Curry for a very Frenchy Easy Entertaining.	AUSTRALIA	English-95; French-5	2024	RPT	G		Y		
2025-01-30	1605	Culture & Society	Our African Roots: Australia Uncovered	Our African Roots	01	0	At a time when African Australians are increasingly made to feel that they don't belong in this country, journalist and author Santilla Chingalpe unearths Australia's forgotten African history and reveals the central role people of African ancestry have played in events that shaped our nation - from the First Fleet to the Eureka Rebellion and beyond. An act of historical truth-telling, Our African Roots interrogates the myths of Australia's white foundation narratives, colours in our nation's history, and reveals modern Australia's origin story to be a complex, multicultural and multiracial affair.	AUSTRALIA	English-100	2021	RPT	PG	a q	Y		Y
2025-01-30	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 204	40	204	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-01-30	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 12	01	12	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-01-30	1800	Quiz	Mastermind	Mastermind Series 5 Ep 54	05	54	In this round, the specialty subjects are The Music of Eric Clapton, Sex and the City: Seasons 1-6, Career of Simon Whitlock, and South Park: Seasons 1-3.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-30	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 30	2025	30	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-30	1930	Biography	Finding Your Roots	Born To Sing	10	1	Henry Louis Gates, Jr. explores the remarkable roots of singers Alanis Morissette and Ciara, using DNA analysis and genealogical detective work to travel back centuries, revealing his guests' hidden connections to history—and to music.	USA	English-100	2024						
2025-01-30	2030	History	Silk Road From Above	Episode 3		3	As the journey continues beyond China's borders, meet the resilient Kyrgyz nomads who still play an ancient game on horseback, uncover surprising archaeological finds in Uzbekistan, explore Turkey's intricate underground cities and ancient caravan rest-stops, and encounter the bustling Greek port of Piraeus and Italy's Como region, where the luxurious product that gave the Silk Road its name still thrives today.	SINGAPORE	English-60; Mandarin-40	2023	RPT	PG		Y	Y	Y
2025-01-30	2130	Thriller	The Darkness	Through Me The Way Into The Suffering City	01	4	Bjartur arrives home from work and moments later an intruder comes in and kidnaps him. Bjartur wakes up in the middle of nowhere and is confronted by Misha, who punishes him for talking to the cops.	ICELAND	English-100	2024		MA	a	Y	Y	Y
2025-01-30	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 21	2025	21	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-30	2255	Crime	Divided We Stand	Searching For Clues	01	3	Reiko Bottcher is arrested as a suspect in the arms theft and the explosion at the NVA site. Reiko makes a startling confession, which helps Simon and Karo get a step closer to the truth, but he also ends up risking his life in the process.	GERMANY	German-100	2022		M	a l		Y	
2025-01-30	2355	Crime	Divided We Stand	Culprits From The Past	01	4	Bottcher's death confirms that Simon and Karo are on the right path. At his funeral, they identify a person of interest known as 'KoKo-Wutzke', Garster's former boss, and a man from Karo's complicated past.	GERMANY	German-100	2022		M	l v w		Y	

2025-01-30	2450	Crime	Blanca	Spots Part 1	1	9	Nanni tries to poison Blanca; at the police station, the focus is on the death of a young female student, whose body was found only in lingerie.	ITALY	Italian-100	2021	RPT	M	a l v	Y	
2025-01-30	2550	Crime	Blanca	Spots Part 2	1	10	After Blanca's testimony, Liguori treats her coldly. She and Bacigalupo discover that Caterina had found evidence about the shipwreck.	ITALY	Italian-100	2021	RPT	MA	a	Y	
2025-01-30	2645	Culture & Society	Home Is Where The Art Is	Episode 10	01	10	Nick Knowles presents this series, which challenges three talented artists to create beautiful artwork for people they've never met. Today's artists travel to South Manchester. It's a snoop with a difference as the mystery buyer's house is not what it seems - the owner has lost nearly all their possessions in a house fire. They'd like a piece of art to mark the end of a difficult journey.	UNITED KINGDOM	English-100	2019	RPT	G	Y	Y	
2025-01-30	2735	Culture & Society	22 Kids And Counting	22 Kids And Counting Series 1 Ep 2	01	2	After months off it's back to school for the Radford kids. Theirs is the world biggest home-schooling class and the annual trip to buy school uniforms takes its toll on the bank balance. Noel adopts a radical approach to device addiction and takes the older kids on an adventure while Sue gets some quiet time at home with the little ones.	UNITED KINGDOM	English-100	2020	RPT	PG	I	Y	
2025-01-30	2830	Biography	Peer To Peer	McHael Pompeo	01	70	Secretary of State Michael Pompeo told David Rubenstein he regrets the U.S. didn't solve some 'hard issues' with China, while saying the Trump administration made the world a safer place.	UNITED KINGDOM	English-100	2018	RPT	PG	Y		
2025-01-31	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC	Y		
2025-01-31	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC	Y		
2025-01-31	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC	Y		
2025-01-31	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC	Y		
2025-01-31	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC	Y		
2025-01-31	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC	Y		
2025-01-31	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC	Y		
2025-01-31	0900	Cooking	Destination Flavour China Bitesize	Cattail Milk Soup	01	9	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	PG	Y	Y	
2025-01-31	0910	Cooking	Destination Flavour China Bitesize	Shandong Roast Chicken	01	10	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G	Y	Y	
2025-01-31	0920	Culture & Society	Confucius Was A Foodie	Salty	03	1	Salty is one of the Chinese five flavours and Chef Cushing gains a new appreciation as she not only cooks with it but harvests it from the sea in a setting of stunning beauty in Thailand.	CANADA	English-100	2019	RPT	G	Y	Y	
2025-01-31	1010	Culture & Society	Confucius Was A Foodie	Sweet	03	2	Chef Christine Cushing explores the great big flavour of sweet in Chinese immigrant communities in Thailand, Singapore, and Malaysia.	CANADA	English-100	2019	RPT	G	Y	Y	
2025-01-31	1100	History	The Story Of Tea	Story Of Tea, The	01	5	Ever wondered how for thousands of years the simple cup of tea has become the world's most consumed beverage after water? In this informative and entertaining episode, Rosie Lovell uncovers how tea spread from China to capture the taste of the world. Together with fellow travellers from around the world, Rosie ventures on a voyage to discover the phenomena behind tea and tea drinking. Tea is grown and produced in more than 40 countries worldwide, but back in the 17th century tea had to be imported at great cost and effort from China.	UNITED KINGDOM	English-100	2019	RPT	PG	d	Y	Y

2025-01-31	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023	0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y			
2025-01-31	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir	0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y			
2025-01-31	1300	News - Overseas	PBS Newshour	PBS Newshour	0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y			
2025-01-31	1400	History	Such Was Life: GW Hall	G.W. Hall	02	9	Virtually unknown today, Welsh entrepreneur and amateur geologist, GW Hall was a true 'movers-and-shaker' in the early years of the WA Goldfields. But matters turned sour for Hall. Mining accidents, falling share prices and his wife's scandalous affair resulted in making Hall virtually penniless.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-31	1410	Culture & Society	Amazing Railway Adventures Nick Knowles	Alaska	01	5	Nick Knowles' journey begins at dawn in snowy Anchorage and takes him due north to the USA's coldest city, Fairbanks, taking in the mighty Matanuska Glacier on the way. Arriving with the first snowfall of winter, Nick sets off on his 12-hour trip as dawn is breaking, giving sun-tinged views of the snow-capped mountain lining the track. His first stop is in Wasilla where he travels by snowmobile to the Matanuska Glacier. There he tramps through the snow to find a tunnel inside the glacier.	UNITED KINGDOM	English-97; Aymara-2; Spanish-1	2022	RPT	PG	I	Y	Y	Y
2025-01-31	1500	News - Domestic	NITV News: Nula	NITV News: Nula 2025 Ep 1	2025	1	The latest news from the oldest living culture, join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-31	1530	Cooking	Plat Du Tour	Carbonade Flamande	03	6	Today, the tour races between Belgium and France. In this region the people love their craft beer, so Guillaume is making a Belgian beef stew called Carbonade Flamande, which involves a good splash of local beer. It's a heart-warming stew loved by both countries and a perfect dish for this stage of the tour.	AUSTRALIA		2022	RPT	G		Y		
2025-01-31	1535	Cooking	The Cook Up With Adam Liaw	Sustainable Soiree, The	07	30	It's Easy Entertaining, and Adam and his guests, End Food Waste Campaign Director Mandy Hall and Doju Head Chef Mika Chae are here to fight food waste with a fancy dinner party.	AUSTRALIA	English-100	2024	RPT	G		Y		
2025-01-31	1605	Biography	Scotland In Search Of Sir Walter Scott	In Search Of Sir Walter Scott		0	To mark the 250th anniversary of the birth of Sir Walter Scott, author Damian Barr goes in search of the legacy and lasting influence of one of Scotland's great historical figures, novelists, and poets.	SCOTLAND	English-100	2021	RPT	PG		Y		Y
2025-01-31	1705	Quiz	Jeopardy!	Jeopardy Series 40 Ep 205	40	205	Ken Jennings hosts Jeopardy! Test your knowledge alongside the contestants in this brand new season.	USA	English-100	2023	RPT	G		Y		
2025-01-31	1730	Quiz	Letters And Numbers	Letters And Numbers Series 1 Ep 13	01	13	Two contestants pit their linguistic and numerical skills against each other and the clock in this entertaining quiz show. Join host Richard Morecroft along with maths whiz Lily Serna and wordsmith David Astle.	AUSTRALIA	English-100	2010	RPT	G		Y		
2025-01-31	1800	Quiz	Mastermind	Mastermind Series 5 Ep 55	05	55	In this final round, the four reigning champions from this cycle battle it out to progress to the semi-finals.	AUSTRALIA	English-100	2023	RPT	G		Y		
2025-01-31	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 31	2025	31	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-01-31	1930	Drama	Argo			0	Ben Affleck directs and stars in this real-life political intelligence dramedy based on a true story. Acting under the cover of a Hollywood producer scouting a location for a science fiction film, a CIA agent launches a dangerous operation to rescue six Americans in Tehran during the U.S. hostage crisis in Iran in 1979.	USA	Arabic-25; English-25; Farsi-25; German-25	2012		M	I v	Y	Y	Y
2025-01-31	2155	Biography	Rock Legends: David Bowie	Rock Legends: David Bowie		0	Exploring the life and career of musician and actor David Bowie, who returned to the top of the charts in 2013 with The Next Day, his first album in a decade. Music critics and DJs offer their thoughts on the London-born artist's colourful career and enduring success.	UNITED KINGDOM	English-100	2013	RPT	PG		Y		
2025-01-31	2225	News - Overseas	SBS World News Late	SBS World News Late 2025 Ep 22	2025	22	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025		NC				
2025-01-31	2255	Period	Bonn	Bonn Series 1 Ep 1	01	1	Toni meets Otto, the president of the Federal Office for the Protection of the Constitution; In Germany, Otto pursues war criminals, especially the elusive Alois Brunner; Toni yearns for independence and joins Reinhard Gehlen's organisation.	GERMANY	German-98; English-2	2022		M	a v		Y	
2025-01-31	2350	Crime	Kin	Episode 7	02	7	Bren's chaos reaches an apex, and the family is driven to mayhem. Michael and Viking both suffer heartbreak, while Frank seeks a change. The Turks sew their own discord, and Anthony does the unthinkable.	IRELAND	English-100	2023	RPT	MA	I v	Y	Y	Y
2025-01-31	2450	Crime	Kin	Episode 8	02	8	Conflict is put into overdrive as Michael and Jimmy find common ground. Amanda proposes an unexpected partnership for mutual survival. Frank puts an end to the root of the Kinsella problems. Anthony and Nikita try to come to terms with the consequences of their actions.	IRELAND	English-100	2023	RPT	MA	a I v	Y	Y	Y

2025-01-31	2545	Culture & Society	Home Is Where The Art Is	Episode 11	01	11	Nick Knowles presents this series, which challenges three talented artists to create beautiful artwork for people they've never met. Today's mystery buyers live in the Lake District. Having uprooted the family from the other side of the country, they want a piece of art to celebrate their move, and in particular to thank their children.	UNITED KINGDOM	English-100	2019	RPT	G		Y	Y
2025-01-31	2635	Culture & Society	22 Kids And Counting	22 Kids And Counting Series 1 Ep 3	01	3	There's another baby on the way! For once it's not Sue who is pregnant, it's 18-year-old daughter Millie. Millie faces up to being a single mum and Chloe organises the baby shower. A cake crisis threatens to upset everything but in true Radford style Noel saves the day and three generations of Radford women all gather to celebrate the imminent arrival of Noel and Sue's sixth grandchild.	UNITED KINGDOM	English-100	2020	RPT	PG	a	Y	
2025-01-31	2730	Culture & Society	Death On The Common My Mother's Murderer	Death On The Common: My Mother's Murderer	0	0	Rachel Nickell's murder on Wimbledon Common in 1992 was a frenzied attack on a young mother carried out in broad daylight with only one witness - her 2-year-old son, Alex. The tragedy gripped the British public and placed Rachel's family at the centre of a tabloid hurricane, forcing them to flee the country. Nearly 30 years later, Alex returns to the UK with his father Andre to explore his mother's murder and the events that followed, visiting the scene of the crime and meeting professionals involved in the case, in this powerful authored documentary.	UNITED KINGDOM	English-100	2021	RPT	M	a	Y	Y
2025-01-31	2825	Nature & Environment	Ngarrindjeri & Yuin Country	Ngarrindjeri & Yuin Country	02	8	A slow TV showcase of the stunning landscapes found in Ngarrindjeri and Yuin Country.	AUSTRALIA	English-100	2020	RPT	G			
2025-01-31	2855	Cooking	Destination Flavour Down Under Bitesize	Destination Flavour Down Under Bitesize Series 1 Ep 7	01	7	Some of your favourite moments and recipes from Adam Liaw's culinary and cultural journey through Australia and New Zealand.	AUSTRALIA	English-100	2014	RPT	G		Y	
2025-02-01	0500	News - Overseas	NHK World English News Morning	NHK World English News Morning 2024	0	0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2024		NC		Y	
2025-02-01	0530	News - Overseas	ANC Philippines The World Tonight	ANC Philippines The World Tonight	0	0	Multi-award winning newscast on ABS-CBN and ANC, The World Tonight delivers the top stories of the day, covering political, economic, and social sectors on both local and global fronts.	PHILIPPINES	English-100	2024		NC		Y	
2025-02-01	0600	News - Overseas	DW English News	DW English News Morning 2024		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2024		NC		Y	
2025-02-01	0630	News - Overseas	Al Jazeera News	Al Jazeera News		0	News via satellite from Al Jazeera Satellite Network, Qatar, in English.	QATAR	English-100	2024		NC		Y	
2025-02-01	0700	News - Overseas	BBC News at Six	BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2025-02-01	0730	News - Overseas	France 24 English News	France 24 English News Morning First Edition 2024		0	International news and current affairs television from Paris, offering a French perspective on world events, in English.	FRANCE	English-100	2024		NC		Y	
2025-02-01	0800	News - Overseas	DD India News Hour	DD India News Hour 2022		0	The most recent political, sports, entertainment and socio-economic updates across India and the world from New Delhi, in English.	INDIA	English-100	2022		NC		Y	
2025-02-01	0900	Cooking	Destination Flavour China Bitesize	Bai-Style Grilled Pork	01	11	All the best moments and bits from Destination Flavour China, led by famed chef and author Adam Liaw.	AUSTRALIA	English-100	2018	RPT	G		Y	Y
2025-02-01	0910	Culture & Society	The World From Above	World From Above Series 10 Ep 13, The	10	13	This journey begins on the Great Plains by the Gates of the Mountains, where the Missouri River flows through a spectacular gorge. To the south is Helena the capital of Montana with a fine cathedral and state house built at the end of the 19th century. Huge numbers of visitors head for Montana for the beautiful and varied landscape, and the city of Bozeman stands surrounded by mountains, rivers and forests.	UNITED KINGDOM	English-100	2018	RPT	PG	a w	Y	Y
2025-02-01	0940	Culture & Society	The World From Above	World From Above Series 10 Ep 14, The	10	14	This journey begins at Raleigh, the capital city of North Carolina, and the second largest in the state. The Blue Ridge Mountains are part of the Appalachian Mountain Range, which runs for over 1,500 kilometres up the eastern side of America. In the 1880s, George Vanderbilt II constructed the enormous Biltmore Mansion, which he called his 'little mountain escape'.	UNITED KINGDOM	English-100	2018	RPT	G		Y	Y
2025-02-01	1010	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 5	09	5	Alan Titchmarsh and the team come to Folkstone to surprise Isla - a five-year-old who lives with a form of severe epilepsy. The team create a sensory wonderland packed with fun garden features that she loves. Isla and her whole family are enchanted by the new garden.	UNITED KINGDOM	English-100	2019	RPT	PG	a	Y	

2025-02-01	1105	Entertainment	Love Your Garden	Love Your Garden Series 9 Ep 6	09	6	This week Alan Titchmarsh heads to Swindon to surprise Lorraine, a retired RAF service woman and devoted charity volunteer. Because of a spinal injury, Lorraine struggles with mobility issues and lives with her assistance dogs, Poppy and Doris. The team create a fabulous low-maintenance garden - as a calming retreat for both Lorraine and her canine family.	UNITED KINGDOM	English-100	2019	RPT	PG	a	Y		
2025-02-01	1200	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y		
2025-02-01	1230	News - Overseas	ABC World News Tonight With David Muir	ABC World News Tonight With David Muir		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2024		NC		Y		
2025-02-01	1300	Surf Life Saving	Shaw And Partners Iron Series	LIVE North Burleigh, Round 3	2024	5	2024/25 Shaw and Partners Iron Series, North Burleigh.	AUSTRALIA		2024	LIVE	NC		Y		
2025-02-01	1500	News - Overseas	PBS Newshour	PBS Newshour		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2023		NC		Y		
2025-02-01	1555	Dance	Dance In Focus: Still Life	Dance In Focus: Still Life		0	Director Ryan Renshaw from Kiosk Films talks about the creation of IDFF 2022 Award Winning film Still Life, created in collaboration with the Australasian Dance Collective and choreographer by Jack Lister. Ryan reveals the secrets behind some of the visual effects within the film, how the collaboration came to be, and process of taking this work, originally created for stage, onto the screen for this stunning dance film.	AUSTRALIA	English-100	2021	RPT	G		Y		
2025-02-01	1620	Dance	Best Australian Dance Short Films 2021	Best Australian Dance Short Films 2021		0	This curated selection of five short dance films from the Inspired Dance Film Festival's 2021 season showcases the amazing work that is being created in Australia, by both world-renowned dance companies and independent filmmakers.	AUSTRALIA	English-100	2021	RPT	PG		Y		
2025-02-01	1725	History	999 The Forgotten Girls Of The Holocaust	999: The Forgotten Girls Of The Holocaust	0	0	This documentary chronicles the untold story of 999 mostly teenage girls betrayed by their government. Under the cloak of deceit, they were transported on a one-way ticket to Auschwitz. The few who survived endured more than three years in the death camp.	ISRAEL	English-100	2023						
2025-02-01	1830	News - Overseas	SBS World News	SBS World News 2025 Ep 32	2025	32	Latest reports and analysis of major national and international news of the day from Australia's only world news service.	AUSTRALIA	English-100	2025	LIVE	NC		Y		
2025-02-01	1930	Culture & Society	Magical Train Journeys in Switzerland	From Lucerne Via Interlaken To Jungfrauoch	01	8	The breathtaking view of glaciers and the Alps crowns a captivating train journey. Starting the journey in picturesque Lucerne, the train passes numerous lakes and waterfalls on its way to Interlaken. From there, the highest cog train line 'Jungfrau Railway' takes the travellers high up: past the north face of the Eiger up to the Jungfrauoch at 3545 meters.	GERMANY	English-75; German-24; French-1	2021		M	n	Y	Y	Y
2025-02-01	2030	Culture & Society	Cotswolds And Beyond With Pam Ayres	Le Manoir Aux Quats	02	6	Pam's journey begins with a gastronomic treat in the Oxfordshire countryside. She's visiting Le Manoir Aux Quats Saisons - the hotel and Michelin starred restaurant owned by famous chef Raymond Blanc.	UNITED KINGDOM	English-100	2022	RPT	PG	a	Y		
2025-02-01	2120	History	Great Australian Walks With Julia Zemiro	Blue Mountains	01	6	This episode is set in the rugged Blue Mountains in NSW. Arriving by train, Julia wanders through the streets of Katoomba, the wonderful mountain town formerly known as the honeymoon capital of Australia; she speaks to an Indigenous elder who has helped nature reclaim an iconic spot; takes a ride in the scenic cable car to view the iconic Three Sisters; and meets the undervalued and under-paid people keeping this precious trail alive and kicking.	AUSTRALIA	English-100	2022	RPT	PG	q	Y		Y
2025-02-01	2215	Health, Science & Technology	Ruby Wax: Castaway	Episode 2	1	2	It's Day Three of complete isolation and Ruby is greeted by a torturous tropical storm. As the skies finally clear, she's able to forage for much needed calories in the form of coconuts, but when the deadly silence creeps in on her, she makes friends with a hermit crab named Spartacus.	UNITED KINGDOM	English-100	2023	RPT	M	a l	Y	Y	Y
2025-02-01	2310	Contemporary	Everything You Love	Who is Jonas?	1	1	Past childhood sweethearts, Sara and Jonas coincidentally run into each other on the subway. After Jonas hurts his arm due to an evacuation, Sara takes him to the emergency room. And their feelings towards each other re-ignite.	NORWAY	Norwegian-100	2022	RPT	M	a l s		Y	
2025-02-01	2335	Contemporary	Everything You Love	Fresh Start	1	2	Despite his dystopian thoughts, Jonas very much wants to see Sara again. He helps her move. They go out together and have a good time, but Jonas gets performance anxiety when it comes to sex. Sara struggles with her friends and an ongoing argument with them.	NORWAY	Norwegian-100	2022	RPT	MA	s		Y	

2025-02-01	2405	Contemporary	Everything You Love	I Actually Have A Girlfriend, Too	1	3	Jonas gets into a conflict with the right-wing extremist group Nordic Gathering and becomes even closer to Sara when the two of them go on a cabin trip together. Sara and Jonas do MDMA and some of Jonas' uncomfortable opinions slip out.	NORWAY	Norwegian-100	2022	RPT	M	a l w	Y
2025-02-01	2435	Contemporary	Everything You Love	Who The F*** Are You?	1	4	Jonas finds it lonely not to have anyone to share his political thoughts with. Carefully, he tries to talk to Sara about his view on the world, but without success. Sara bonds with her roommate Hina.	NORWAY	Norwegian-100	2022	RPT	M	a l s	Y
2025-02-01	2505	Contemporary	Everything You Love	We Are The New Order	1	5	Jonas quits his job and meets Dennis and some other friends from the Internet at the Viking ship museum. They then go to the forest to take propaganda pictures, but the trip does not quite meet his expectations.	NORWAY	Norwegian-100	2022	RPT	M	a l	Y
2025-02-01	2535	Contemporary	Everything You Love	Did You Know He Was Like That?	1	6	Jonas misses Sara and begins to doubt his own ideology. Sara and Jonas agree to grab a coffee to talk about things, but a picture from the meeting with the Telefax group creates new challenges for Jonas.	NORWAY	Norwegian-100	2022	RPT	M	a l	Y
2025-02-01	2600	Contemporary	Everything You Love	Bastard	1	7	Hina offers a listening ear, while Sara tries to process what happened. She explains why she did not tell Hina everything, while Jonas is questioned by the police and struggles with the attention he now gets from those around him.	NORWAY	Norwegian-100	2022	RPT	M	a l	Y
2025-02-01	2635	Culture & Society	Home Is Where The Art Is	Episode 12	01	12	Nick Knowles presents this series, which challenges three talented artists to create beautiful artwork for people they've never met. Today the artists are in Cheshire. The mystery buyer wants to mark a new time in their life, being recently single and moving home.	UNITED KINGDOM	English-100	2019	RPT	G	Y	Y
2025-02-01	2725	Entertainment	Love Your Garden	Love Your Garden Series 8 Ep 4	08	4	This week Alan Titchmarsh heads to Preston in Lancashire to surprise a young family facing an uncertain future. With the support of fiancé Michael Brown (33), mum to Ivy (4), Roisin Pelan (36) is facing stage 3C cancer. Despite enduring challenging treatment, Roisin is determined to see her young daughter grow up. Alan and his team of experts turn their dangerous sloping garden into a stunning music festival inspired haven.	UNITED KINGDOM	English-100	2018	RPT	PG	a	Y
2025-02-01	2820	Biography	Peer To Peer	Larry Hogan	01	71	Maryland Governor Larry Hogan, a Republican, says he won't rule out a White House run in 2024, but for now he's focused on helping the state. Hogan discusses his success in working across the aisle and how his state is responding to the Covid-19 pandemic.	UNITED KINGDOM	English-100	2018	RPT	PG	Y	
2025-02-01	2850	Cooking	Destination Flavour Singapore Bitesize	Hari Kaya	01	2	The best bits of Adam Liaw's travels in Singapore, as he explores its vibrant food scene.	AUSTRALIA	English-100	2017	RPT	G	Y	