



**WEEK 30: Sunday, July 23 - Saturday, 29 July 2023 - Eastern (NSW, ACT, VIC, TAS, QLD) & Central (SA, NT)**

Date	Start Time	Genre	Title	Episode Title	Series	Episode	TV Guide Text	Country of Origin	Language	Year	Repeat	Classification	Consumer Advice	Closed Captions	Subtitles	Audio Description		
2023-07-23	0500	News - Overseas	Al Jazeera News Hour	Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC						
2023-07-23	0600	News - Overseas	TRT World News	Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC						
2023-07-23	0630	News - Overseas	France 24 Africa News	France 24 Africa News 2022		0	International and Africa news in English from France 24.	FRANCE	English-100	2022		NC						
2023-07-23	0650	News - Overseas	Indian Country Today News	Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC						
2023-07-23	0720	News - Overseas	Fiji One News	Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC						
2023-07-23	0750	News - Overseas	France 24 Feature	France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC						
2023-07-23	0810	News - Overseas	ABC America Nightline	Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC						
2023-07-23	0840	News - Overseas	CBC The National	CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC						
2023-07-23	0930	Business & Economics	Small Business Secrets	Small Business Secrets Series 1 Ep 15	01	15	This episode checks out the sustainable small businesses looking after the environment, including the father-daughter team making recyclable and sustainable furniture. Grab some dessert with Serendipity, an ice cream company who cut 80 percent of their carbon emissions by switching to 100 percent green energy, and visit a cafe trading fresh fruit and vegetables to pickle. Ricardo also speaks to Ronnie Khan, founder of one of Australia's most successful social enterprises Oz Harvest, and heads to Canberra to explore how some homes are buying and selling spare energy. (S.1 Ep.15) (An SBS Production) (Documentary Series) (Class. tba) CC	AUSTRALIA	English-100	2016	RPT	NC					Y	
2023-07-23	1000	Cooking	The Chefs' Line	Greek	02	42	Watch station chef Sean from top Melbourne Greek restaurant, Elyros, go up against three passionate home cooks in the ultimate Savoury Greek Pastry challenge. Witness the competition, camaraderie, and skills of these talented cooks and chefs. Who will make it to the end of the chefs' line?	AUSTRALIA	English-100	2018	RPT	G						Y
2023-07-23	1030	Cooking	The Chefs' Line	Greek	02	43	Watch sous chef Hamish from top Melbourne Greek restaurant, Elyros, go up against two passionate home cooks in a bid to make the best classic Yoghurt Dessert. Witness the competition, camaraderie, and skills of these talented cooks and chefs. Who will make it to the end of the chefs' line?	AUSTRALIA	English-100	2018	RPT	G						Y
2023-07-23	1100	Cooking	The Chefs' Line	Greek	02	44	Watch Head Chef Jarrod Smith from top Melbourne Greek restaurant, Elyros, face off against this week's final home cook, Yanni, in the ultimate David vs Goliath battle. Can the passion of a home cook's Greek Seafood dish beat a professional chef at the top of his game?	AUSTRALIA	English-100	2018	RPT	G						Y
2023-07-23	1130	Cooking	The Chefs' Line	Greek	02	45	Judge Melissa Leong takes us inside the kitchen of top Melbourne Greek restaurant, Elyros. Melissa and the chefs' line will reminisce about the week and delve into some delicious new dishes prepared by the line; Fava, Spanakorizo, Boureki and Bougatsa.	AUSTRALIA	English-100	2018	RPT	G						Y
2023-07-23	1200	History	The Curse Of Oak Island	Fortified	07	23	Following the devastation of Hurricane Dorian, the Oak Island team works desperately to get their search efforts back on track while Rick Lagina investigates a mysterious connection between Oak Island and an 18th century French military fort.	USA	English-100	2020	RPT	PG		a I				
2023-07-23	1245	Quiz	Jeopardy!	Jeopardy Series 34 Ep 109	34	109	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G						
2023-07-23	1310	Quiz	Jeopardy!	Jeopardy Series 34 Ep 110	34	110	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	PG						
2023-07-23	1335	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC						Y
2023-07-23	1400	Cycling	Tour De France 2023 Bonjour Le Tour	Bonjour Le Tour 2023 Ep 19	2023	19	All the best moments and highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC						Y

2023-07-23	1500	Cycling	<b>Tour De France 2023: Daily Highlights</b>	<b>SPORT</b>	Tour De France 2023 Daily Highlights Stage 20	2023	20	Daily race highlights from the Tour De France 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC				Y	
2023-07-23	1600	Nature & Environment	<b>Bamay</b>		Murrumbidgee River - Ngunawal, Wiradjuri & Ngarigo Country	02	2	A slow TV showcase of the stunning landscapes found in Ngunawal, Wiradjuri and Ngarigo Country along the waters of the Murrumbidgee River.	AUSTRALIA	English-100	2020	RPT	G					
2023-07-23	1620	Entertainment	<b>Alone</b>		Million Dollar Mistake	07	1	Ten new participants confront the most gruelling challenge in Alone history - last 100 days in the Arctic in order to win one million dollars. Facing a variety of predators is the first hurdle they must overcome.	USA	English-100	2020	RPT	PG	a l w		Y	Y	
2023-07-23	1730	Entertainment	<b>Alone</b>		Rock House, The	07	2	In order to endure the Arctic for 100 days, the participants get to work building shelters. One person chooses the security of stone, while another can't find the right place to call home. Others turn their attention to procuring food, inadvertently drawing the attention of dangerous predators.	USA	English-100	2020	RPT	PG	a l w		Y	Y	
2023-07-23	1840	History	<b>Nazi Megastructures</b>		Japan's Death Railway	06	4	As Japan advances into Burma, it builds a 258-mile railway through the toughest terrain known to man to protect its South East Asian empire.	USA	English-100	2020	RPT	PG	a v		Y		
2023-07-23	1935	Health, Science & Technology	<b>Abandoned Engineering</b>		Abandoned Engineering Series 3 Ep 5	03	5	A look at a structure covered in symbols and signs that spirals down into the depths of the unknown, a mountaintop hideout on Rhodes that's been ravaged by years of acts of revenge; the rust covered carcass of a vast industrial relic deep in the woods of West Virginia; and lone towers battling the might of the ocean at the ends of the earth.	UNITED KINGDOM	English-100	2019	RPT	PG	a				
2023-07-23	2030	Culture & Society	<b>The UnXplained With William Shatner</b>	<b>New Episode</b>	Acts Of God	03	3	A Great Flood that wiped out almost all of humanity, fire and brimstone that destroyed two ancient cities, and deadly plagues sent by a punishing God. Some of the events recorded in the Bible are so devastating and awe-inspiring that for the faithful they can only be described as acts of God. But are these tales of biblical disasters and miracles true? Or are they simply stories meant to teach moral lessons?	USA	English-100	2021		PG	a				
2023-07-23	2120	Culture & Society	<b>Dark Side Of The Ring</b>	<b>Season Premiere</b>	Tammy And Chris	04	1	One of wrestling's most captivating couples, Chris Candido and Tammy 'Sunny' Sytch's teenage romance turns sour after affairs, addiction and devastating career setbacks. With a skilled wrestling technician and his gorgeous 'love-to-hate-her' manager, Chris and Sunny were wrestling sweethearts whose highest highs were only matched by their unimaginable lows.	USA	English-100	2023							
2023-07-23	2210	Culture & Society	<b>Dark Side Of The Ring</b>	<b>New Episode</b>	Magnum Ta	04	2	Terry 'Magnum TA' Allen's fast rise as wrestling's newest heartthrob destined him for world-wide stardom but one rain-slick night altered his career and the future of wrestling forever.	USA	English-100	2023							
2023-07-23	2305	Health, Science & Technology	<b>How You Can Help Stop Suicide</b>		How You Can Help Stop Suicide		0	This film offers support and advice to anyone struggling with their mental health or concerned about a loved one's state of mind. It features expert voices from the charity sector as well as the National Health Service, each of them with extensive experience in the area of suicide. The program provides practical and accessible advice to anyone struggling, suggesting coping strategies as well as signposting individuals to relevant organisations.	UNITED KINGDOM	English-100	2019	RPT	M	a			Y	
2023-07-23	2335	Sport General	<b>Over The Black Dot</b>		Over The Black Dot 2023 Episode 20	2023	20	A weekly off-the-cuff footy chat with Rugby League great Dean Widders and Timana Tahu with regular recurring guest Bo De La Cruz. They discuss everything from the grass roots all the way to the NRL.	AUSTRALIA		2023	RPT	NC					
2023-07-23	2405	Period	<b>UFOs</b>		Ufos Series 1 Ep 8	01	8	Commandant Delbrosse has proof of Didier's collaboration with a KGB agent and bribes him to help her uncover the truth about the phenomenon. Elise and Didier start working together again, but Elise is worried when she realises that Didier is increasingly convinced UFOs do exist.	FRANCE	French-99; Inuktitut (Eastern Canadian)-1	2020	RPT	PG	a l		Y		
2023-07-23	2440	Period	<b>Vagrant Queen</b>		Temple Of Doom	01	5	The team arrive on Wix to unexpected revelations. Betrayal leads to a bloody showdown.	USA	English-100	2019	RPT	MA	a v		Y	Y	
2023-07-23	2530	Period	<b>Vagrant Queen</b>		Requiem For The Republic	01	6	The team must fix their ship while avoiding the dangers of Wix. Lazaro begins his ascent to power.	USA	English-100	2019	RPT	MA	v		Y	Y	
2023-07-23	2620	Sexuality	<b>Sex Right Now</b>		Sex Right Now Series 1 Ep 3	01	3	Cleo Stiller meets women on the cutting edge of sex tech, explores the truth behind the orgasm gap, takes an up-close look at period sex, and reveals why it's practically illegal to say the word 'vagina'.	USA	English-100	2017	RPT	PG	a l s				
2023-07-23	2645	Sexuality	<b>Sex Right Now</b>		Sex Right Now Series 1 Ep 4	01	4	Cleo looks at new ways of hooking up, having sex, and relating to bodies.	USA	English-100	2017	RPT	M	s				
2023-07-23	2710	Sexuality	<b>Sex Right Now</b>		Sex Right Now Series 1 Ep 5	01	5	Humans really have a thing for breasts, but not everyone loves them the same way. This episode looks at the wonderfully complicated world of boobs.	USA	English-100	2017	RPT	M	s				
2023-07-23	2740	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC					
2023-07-24	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC					
2023-07-24	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC					
2023-07-24	0630	News - Overseas	<b>France 24 Feature</b>		France 24 Feature Second Edition 2022		0	News feature in English from France 24, Paris.	FRANCE	English-100	2022		NC					



2023-07-24	2030	Quiz	Taskmaster		Rock 'n' Roll Ulmait	08	6	Alex Horne takes scrupulous notes as Paul Sinha squats in a telephone box and Iain Stirling stakes his claim for the Scottish national football team.	UNITED KINGDOM	English-100	2019	RPT	M	a l s	Y	Y
2023-07-24	2125	Quiz	Taskmaster		This Is Trevor	08	7	Joe Thomas grapples grumpily with some awkward hand-wear, Sian Gibson seems to find proof that she may be psychic, and Iain Stirling shows some tasty shortbread who's boss.	UNITED KINGDOM	English-100	2019	RPT	M	a l	Y	Y
2023-07-24	2220	Culture & Society	Most Expensivest	New Episode	Showstoppers	04	7	2 Chainz gets hype on some encore-worthy collections that feature everything it takes to put on a groundbreaking show. With special guests Mark Mothersbaugh and Savion Glover.	USA	English-100	2023		MA	a l		
2023-07-24	2315	Sport General	Yokayi Footy		Yokayi Footy 2023 Episode 19	2023	19	Yokayi is Victory! AFL is back. Yokayi Footy returns with more deadly AFL action, interviews, and analysis. Hosted by Megan Waters and Andrew Krakouer.	AUSTRALIA		2023	RPT	NC			
2023-07-24	2410	Health, Science & Technology	Suicidal: In Our Own Words		Suicidal: In Our Own Words		0	In this compelling and heartfelt documentary, six men, who have 20 suicide attempts between them, tell their stories in a unique moment - the hours, days and weeks of their unfolding suicidal episodes. Men in the UK, aged 20 to 49, are more likely to die from suicide than any other cause of death and this complex and misunderstood mental health condition kills three times as many British men as women - and nothing adequately explains why.	UNITED KINGDOM	English-100	2019	RPT	MA	a w	Y	Y
2023-07-24	2530	Culture & Society	Wet Markets Exposed		Indonesia	01	1	What's for dinner? Dogs, snakes, and bats are for sale at Indonesia's wet markets.	USA	English-100	2020	RPT	MA	a w		Y
2023-07-24	2620	News - Overseas	NHK World English News		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC			
2023-07-25	0500	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-25	0600	News - Overseas	TRT World News		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-25	0650	News - Overseas	APT National News		Aptn National News Weekend Edition Series 01 162	2020	162	News week in review from Canada's Indigenous broadcaster APTN.	CANADA		2020		NC			
2023-07-25	0720	News - Overseas	Fiji One News		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC			
2023-07-25	0810	News - Overseas	DW English News		DW English News Morning 2022		0	News and analysis of the top international and European news and current affairs from Berlin, in English.	GERMANY	English-100	2022		NC		Y	
2023-07-25	0840	News - Overseas	CBC The National		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-07-25	0930	News - Overseas	BBC News at Six		BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-25	1000	Cooking	The Chefs' Line		Spanish	02	48	Watch sous chef Bella from top Melbourne Spanish restaurant, Añada, go up against three remaining home cooks in a bid to make the best Lamb dish. Witness the competition, camaraderie, and skills of these talented cooks and chefs. Who will make it to the end of the chefs' line?	AUSTRALIA	English-100	2018	RPT	G		Y	
2023-07-25	1030	Cooking	The Chefs' Line		Spanish	02	49	Watch Head Chef Maria from top Melbourne Spanish restaurant, Añada, face off against this week's final home cook, in the ultimate Paella challenge. Can the passion of a home cook beat a professional chef at the top of her game?	AUSTRALIA	English-100	2018	RPT	G		Y	
2023-07-25	1100	Cooking	The Chefs' Line		Spanish	02	50	Judge Melissa Leong takes us inside the kitchen of top Melbourne Spanish restaurant, Añada. Melissa and the chefs' line will reminisce about the week and delve into some delicious new dishes - Smoked Egg Yolk with Purple Congo, Pickled Mussel and Chicharron. Raw Goat with Pine Nuts and Smoked Mullet Roe, Smoked Duck Heart Torrija with Guanciale and Fig Glaze, Baby Snapper with Smoked Bone Pilpil, and Horchata de Chufa Ice cream.	AUSTRALIA	English-100	2018	RPT	G		Y	
2023-07-25	1130	Culture & Society	The UnExplained With William Shatner		Oak Island Curse, The	01	1	For more than a decade, brothers Rick and Marty Laguna have invested millions of dollars and thousands of man hours searching for a treasure they can't be certain even exists. But they are not the first. Going back to at least 1795, scores of men have come to Oak Island convinced there must be treasure buried there, and like Rick and Marty, they believed they would be the ones who could find it.	USA	English-100	2020	RPT	M	a h v		
2023-07-25	1220	Culture & Society	Secret History Of Comics		Color Of Comics, The	01	5	The rise and fall of Milestone Comics, an African-American owned comic book imprint which came to life in early 1990's New York.	USA	English-100	2019	RPT	M	a		
2023-07-25	1305	News - Overseas	BBC News at Ten		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-25	1335	News - Overseas	ABC World News Tonight with David Muir		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-25	1400	Cycling	Tour De France Femmes: Bonjour Le Tour	SPORT	Bonjour Le Tour Stage 1	2023	1	All the best moments and highlights from the Tour De France Femmes avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC		Y	
2023-07-25	1500	Cycling	Daily Highlights	SPORT	Tour De France Femmes 2023 Highlights Stage 2	2023	2	Daily race highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-25	1600	News - Overseas	PBS Newshour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Anna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	

2023-07-25	1700	Culture & Society	<b>Forged In Fire</b>		Branch Battle: Air Force	06	5	In Round Two of the Battle of the Branches Tournament, four airmen from the US Air Force must forge a Bolu knife using the San Mai technique to combine high carbon steel with helicopter parts.	USA	English-100	2019	RPT	PG	a	
2023-07-25	1750	Culture & Society	<b>Forged In Fire</b>		Headhunter's Revenge	08	9	Four bladesmiths get to choose their forging method and materials. But there's a catch. Each technique comes with its own clock for the round. After a brutal round of testing, the two surviving smiths are tasked with creating the Headhunter Axe in only three days.	USA	English-100	2020	RPT	PG	a	Y
2023-07-25	1840	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 93	35	93	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-07-25	1905	Quiz	<b>Jeopardy!</b>		Jeopardy Series 35 Ep 94	35	94	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-07-25	1930	News - Domestic	<b>NITV News Update</b>	<b>NITV Encore</b>	Nitv News Update 2023 Viceland Version Ep 141	2023	141	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC		
2023-07-25	1935	Quiz	<b>8 Out Of 10 Cats Does Countdown</b>		8 Out Of 10 Cats Does Countdown Series 12 Ep 1	12	1	A hilarious take on Countdown and Letters & Numbers, this hybrid game show hosted by Jimmy Carr is packed with comic appearances, funny mascots, and visual gags.	UNITED KINGDOM	English-100	2017	RPT	M	l s	Y
2023-07-25	2030	Entertainment	<b>Alone</b>	<b>New Episode</b>	Ice Up, The	09	9	The river begins its freeze, and the participants suffer from major setbacks as they try to survive. A missed opportunity pushes one survivalist to the edge, just as another continues their track record of success. A participant doubles down on a daring strategy as their options shrink, while another reaches their absolute limit.	USA	English-100	2022		PG	a l w	Y
2023-07-25	2140	Sexuality	<b>Couples Therapy</b>	<b>New Episode</b>	Couples Therapy Series 3 Ep 15	03	15	Brook & Kristi struggle to get on the same page. Orna helps Josh to make a connection between his past and present. Nadine comes clean about her feelings for another lover.	USA	English-100	2022	RPT	M		
2023-07-25	2210	Sexuality	<b>Couples Therapy</b>	<b>New Episode</b>	Couples Therapy Series 3 Ep 16	03	16	Brook and Kristi return from a blissful vacation only to be crushed by reality. Orna has a breakthrough with Sean. Josh and Natasha make a surprising turn.	USA	English-100	2022		M		
2023-07-25	2240	Culture & Society	<b>Super Maximum Retro Show</b>	<b>New Episode</b>	Captain Planned Parenthood	01	7	Chris Distefano and the panel explore kidnapping, streaking, and old school smut. Guests include Adam Pally, Cipa Sounds, and Ian Lara.	USA	English-100	2023		M		Y
2023-07-25	2310	Culture & Society	<b>Hoarders</b>		Sandra Part 1	09	6	Former famed interior designer, Sandra, has hoarded out every square inch of the historic mansion she lost to foreclosure. However, she refuses to leave the manor in spite of the fact the bank has sold it to a new couple. The new owners are now facing a crisis of conscience trying to figure out how to compassionately evict Sandra from the property and dispose of her hoard.	USA	English-100	2017	RPT	PG	a l	Y
2023-07-25	2400	Culture & Society	<b>Hoarders</b>		Sandra Part 2	09	7	Former famed interior designer, Sandra, has hoarded out every square inch of the historic mansion she lost to foreclosure. However, she refuses to leave the manor in spite of the fact the bank has sold it to a new couple. The new owners are now facing a crisis of conscience trying to figure out how to compassionately evict Sandra from the property and dispose of her hoard.	USA	English-100	2017	RPT	M	a l	Y
2023-07-25	2450	Culture & Society	<b>Hoarders</b>		Debra / Patty	07	1	Debra forms up \$50,000 in credit card debt as she fills her home with mountains of unnecessary clothing, while Patty's collection of cardboard boxes threatens to force her out of her own house.	USA	English-100	2015	RPT	M	a l	Y
2023-07-25	2540	Culture & Society	<b>Cocaine: Britain's Epidemic</b>		Cocaine: Can't Stop Using	01	3	This series looks at those responsible for marketing cocaine as an everyday drug. It explores the users, the dealers, and the addicts, as well as those who are trying to stop its distribution. It also examines how it affects all facets of UK society, spanning the rich, poor, old, and young.	UNITED KINGDOM	English-100	2017	RPT	MA	a d	Y
2023-07-25	2635	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		
2023-07-26	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-07-26	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-07-26	0650	News - Overseas	<b>Indian Country Today News</b>		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC		
2023-07-26	0720	News - Overseas	<b>Fiji One News</b>		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC		
2023-07-26	0810	News - Overseas	<b>ABC America Nightline</b>		Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC		
2023-07-26	0840	News - Overseas	<b>CBC The National</b>		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC		
2023-07-26	0930	News - Overseas	<b>BBC News at Six</b>		BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y
2023-07-26	1000	Travel	<b>Beerland</b>		Northern California	01	1	Meg Gill travels to Northern California to meet with the local LGBTQ home brewing community, and two best friends who are bonded by the beer they brew in the mountains of Santa Cruz.	USA	English-100	2017	RPT	M	l	Y

2023-07-26	1030	Travel	Beerland	New York	01	2	Meg Gill travels to New York City to meet Dailey, who brews with a log he found in the park, Ashley who has an Everything Bagel flavoured beer, and Chuck and Pope, who brew for their hockey team.	USA	English-100	2017	RPT	M	I	Y	
2023-07-26	1100	Travel	Beerland	Colorado	01	3	Meg Gill travels to Colorado and meets with Derek, a home brewer who lives with his parents; tastes Eric and Chelsea's ale called 'the Naughty Elf'; and meets Jessica, who uses tamarind in her brew.	USA	English-100	2017	RPT	M	I	Y	
2023-07-26	1130	Culture & Society	The UnXplained With William Shatner	Dark Prophecies	01	2	In 2015, modern-day prophet Craig Hamilton-Parker made a series of astounding predictions. Many of them came true. He claims that he was using a combination of research and ritual very similar to Nostradamus. Is it really possible that there are people who can somehow see into the future? And if so, how?	USA	English-100	2020	RPT	M	a		
2023-07-26	1220	Culture & Society	Secret History Of Comics	Image Comics Declaration Of Independents	01	6	Seven renegade artists shock the comic-book industry by starting their own company, Image Comics, to rival giants Marvel and DC.	USA	English-100	2019	RPT	PG	a l v	Y	
2023-07-26	1305	News - Overseas	BBC News at Ten	BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-26	1335	News - Overseas	ABC World News Tonight with David Muir	ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-26	1400	Cycling	Tour De France Femmes: Bonjour Le Tour	Bonjour Le Tour Stage 2	2023	2	All the best moments and highlights from the Tour De France Femmes avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC		Y	
2023-07-26	1500	Cycling	Daily Highlights	Tour De France Femmes 2023 Highlights Stage 3	2023	3	Daily race highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-26	1600	News - Overseas	PBS NewsHour	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-07-26	1700	Culture & Society	Forged In Fire	Branch Battle: Marines	06	6	In the third round of the Battle of the Branches, four Marines are tasked with forging one of the most versatile, and iconic combat knives in history - the KA-BAR.	USA	English-100	2019	RPT	PG	a	Y	
2023-07-26	1750	Culture & Society	Forged In Fire	Russian Special Forces Spetsnaz	08	10	Four bladesmiths are in for a hands-on challenge when they are tasked with forging pry bar knives. Given a variety of tools to make their blades, will the smiths be able to figure out the right tool for the job? Then after a grueling round of testing, two smiths return home to forge a pair of Spetsnaz shovels, famously wielded by Russian Special Forces.	USA	English-100	2020	RPT	PG	a w		
2023-07-26	1840	Quiz	Jeopardy!	Jeopardy Series 35 Ep 95	35	95	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-07-26	1905	Quiz	Jeopardy!	Jeopardy Series 35 Ep 96	35	96	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y	
2023-07-26	1930	News - Domestic	NITV News Update	Nitv News Update 2023 Viceland Version Ep 142	2023	142	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC			
2023-07-26	1935	Quiz	8 Out Of 10 Cats Does Countdown	8 Out Of 10 Cats Does Countdown Series 12 Ep 2	12	2	A hilarious take on Countdown and Letters & Numbers, this hybrid game show hosted by Jimmy Carr is packed with comic appearances, funny mascots, and visual gags.	UNITED KINGDOM	English-100	2017	RPT	M	a l s	Y	
2023-07-26	2030	Quiz	Patriot Brains	Patriot Brains Series 2 Ep 7	02	7	In this episode the teams are tested on their knowledge about Food Reviews, UFO Sightings, Amazing Survival Stories and Becky shares how a McFlurry almost ended her relationship. Featuring Urzila Carlson, Chris Parker and Guy Montgomery for New Zealand and Nazeem Hussain, Heath Franklin and Becky Lucas for Australia.	NEW ZEALAND	English-100	2022		M			
2023-07-26	2125	Culture & Society	The Most Dangerous Man In America	Most Dangerous Man In America, The		0	In 1971, Daniel Ellsberg, a high-level Pentagon official and Vietnam War strategist, concludes that the war is based on decades of lies and leaks 7,000 pages of top secret documents to The New York Times, making headlines around the world. Hailed as a hero, vilified as a traitor, and ostracised by even his closest colleagues, Ellsberg risks life in prison to stop a war he helped plan.	USA	English-100	2010	RPT	M	a l v	Y	Y
2023-07-26	2310	Action Adventure	Silverado			0	Silverado stars Kevin Kline as Paden, a sweet-faced cowboy who teams up with three strangers while seeking his fortune in the American West. Loner Emmett (Scott Glenn) first saves Paden from death in the desert, then together they spring Emmett's brother Jake (Kevin Costner) from jail. Joining forces with Mal (Danny Glover), a black cowboy battling to save his family homestead, the four ride into Silverado, a little frontier town dominated by a corrupt sheriff (Brian Dennehy) with a gambling saloon run by a formidable woman named Stella (Linda Hunt).	USA	English-100	1985		PG		Y	Y
2023-07-26	2540	Narrative	Letterkenny	Letterkenny Christmas: Three Wise Men, A	04	7	The Hicks get into the holiday spirit and hold a get together, throwing a Christmas party they hope will be the best ever.	CANADA	English-100	2018	RPT	M	a l s	Y	
2023-07-26	2610	Narrative	Letterkenny	Crack N Ag	04	8	The Hicks take to the airwaves and create an agricultural call-in show, offering their wisdom to others.	CANADA	English-100	2018	RPT	M	a l s	Y	



2023-07-27	2035	History	<b>Battle Of Alcatraz</b>		Battle Of Alcatraz Series 1 Ep 2	01	2	The Battle of Alcatraz tells the story of one of the greatest jailbreaks of all time. The year is 1946, and five desperate convicts launch a brilliant escape plan. That is until mayhem erupts, and the Rock becomes the site of a dramatic and violent stand-off.	USA	English-100	2020	RPT	M	a v	Y	Y
2023-07-27	2125	Culture & Society	<b>(Re)Solved</b>	<b>New Episode</b>	Heath Ledger	01	6	Heath Ledger's death at 28 was officially ruled an accidental overdose, but theories linger about whether it was actually accidental or part of a larger sinister plot.	USA	English-100	2022		MA	a	Y	
2023-07-27	2215	Culture & Society	<b>(Re)Solved</b>	<b>New Episode</b>	Ronni Chasen	01	11	Hollywood publicist Ronni Chasen was shockingly shot to death in the middle of Beverly Hills. Police claim robbery gone wrong, but the internet disagrees.	USA	English-100	2022		MA	a	Y	
2023-07-27	2310	Quiz	<b>Taskmaster</b>		Roadkill Doused In Syrup	06	7	Tim Vine encounters a wet bra, Alice Levine barely attempts cricket, and Russell Howard makes a convincing liger.	UNITED KINGDOM	English-100	2018	RPT	M	l s	Y	Y
2023-07-27	2405	Quiz	<b>Taskmaster</b>		What Kind Of Pictures?	06	8	Russell Howard uses ear wax to charm a nice lady called Carol, Asim Chaudhry goes digging for invertebrates, and Liza Tarbuck makes a puzzle for children - that should not be seen by children.	UNITED KINGDOM	English-100	2018	RPT	M	l s	Y	Y
2023-07-27	2500	Entertainment	<b>King Of The Road</b>		Feel The Splat Baby	02	5	Deathwish explores secret tunnels in AZ while Creature gets their minds blown at an impromptu rave with Jaws. Enjo's heavy metal makeover ends with the grossest challenge yet.	USA	English-100	2016	RPT	MA	a l		Y
2023-07-27	2550	Culture & Society	<b>Tales From The Territories</b>		Crockett: Evil Heels Of The Carolinas	01	9	Jim Crockett Promotions was the cornerstone Territory of the National Wrestling Alliance and the second largest wrestling promotion in the United States.	USA	English-100	2022	RPT	MA	v	Y	
2023-07-27	2640	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC			
2023-07-28	0500	News - Overseas	<b>Al Jazeera News Hour</b>		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC			
2023-07-28	0600	News - Overseas	<b>TRT World News</b>		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC			
2023-07-28	0650	News - Overseas	<b>Indian Country Today News</b>		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC			
2023-07-28	0720	News - Overseas	<b>Fiji One News</b>		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC			
2023-07-28	0810	News - Overseas	<b>ABC America Nightline</b>		Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC			
2023-07-28	0840	News - Overseas	<b>CBC The National</b>		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC			
2023-07-28	0930	News - Overseas	<b>BBC News at Six</b>		BBC News At Six 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-28	1000	Travel	<b>Beerland</b>		Alabama	02	1	Meg heads to Alabama, one of the last states to legalise homebrewing. There, she finds brewers Willy Bob, Miki, and Clay who are making the most of the state's new laws.	USA	English-100	2017	RPT	M	l		
2023-07-28	1030	Travel	<b>Beerland</b>		Detroit	02	2	In Detroit, Meg encounters a father-and-son duo intent on turning the Motor City into the Beer City. Plus, a team of coffee roasters turning coffee waste into sour beer.	USA	English-100	2017	RPT	PG			Y
2023-07-28	1100	Travel	<b>Beerland</b>		Portland	02	3	Meg travels to 'Beervana' aka Portland, Oregon to check out the flourishing beer scene - an inspiring brewer with ALS and outdoorsy transplants that came for the beer.	USA	English-100	2017	RPT	M	l		Y
2023-07-28	1130	Culture & Society	<b>The UnXplained With William Shatner</b>		Extreme Weather Mysteries	01	5	A house that narrowly dodges the path of a tornado. Rain that falls from the sky like blood. And lightning that follows you ... into your home. Our world is full of strange and mysterious weather phenomenon that we still have no explanation for. Is it a result of just simple scientific anomalies, or could there be a stranger, more spiritual force at work.	USA	English-100	2020	RPT	PG	a w		
2023-07-28	1220	History	<b>The Curse Of Oak Island</b>		Bromancing The Stones	07	24	The discovery of a paved stone area in the Oak Island swamp has reinvigorated Rick Lagina and the Oak Island team while a mysterious wood sample indicates they may be just inches away from the original Money Pit treasure shaft.	USA	English-100	2020	RPT	PG	a l		Y
2023-07-28	1305	News - Overseas	<b>BBC News at Ten</b>		BBC News at Ten 2023		0	The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-28	1335	News - Overseas	<b>ABC World News Tonight with David Muir</b>		ABC World News Tonight with David Muir 2023		0	America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-28	1400	Cycling	<b>Tour De France Femmes: Bonjour Le Tour</b>	<b>SPORT</b>	Bonjour Le Tour Stage 4	2023	4	All the best moments and highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC		Y	



2023-07-28	1500	Cycling	Daily Highlights	SPORT	Tour De France Femmes 2023 Highlights Stage 5	2023	5	Daily race highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y
2023-07-28	1600	News - Overseas	PBS Newshour	NEWS	PBS Newshour 2022		0	Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y
2023-07-28	1700	Culture & Society	Forged In Fire		Branch Battle: Finals	06	8	In the final round of the Battle of the Branches the winning Soldier, Airman, Marine and Sailor return to the forge for the ultimate showdown.	USA	English-100	2019	RPT	PG	a l	Y
2023-07-28	1750	Culture & Society	Forged In Fire		San Mai Mystery	08	12	Four bladesmiths are blindsided when they must choose from a selection of mystery steel to create San Mai blades. However, that isn't the only unknown. The clock will be off, leaving the smiths to rely solely on time calls for guidance. After a surprising round of tests, the last smiths standing will select between two weapons to forge at home.	USA	English-100	2020	RPT	PG		Y
2023-07-28	1840	Quiz	Jeopardy!		Jeopardy Series 35 Ep 99	35	99	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-07-28	1905	Quiz	Jeopardy!		Jeopardy Series 35 Ep 100	35	100	The late Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions.	USA	English-100	2018	RPT	G		Y
2023-07-28	1930	News - Domestic	NITV News Update	NITV Encore	Nitv News Update 2023 Viceland Version Ep 144	2023	144	The latest news from the oldest living culture. Join Natalie Ahmat and the team of NITV journalists for stories from an Indigenous perspective.	AUSTRALIA		2023		NC		
2023-07-28	1935	Quiz	8 Out Of 10 Cats Does Countdown		8 Out Of 10 Cats Does Countdown Series 12 Ep 4	12	4	A hilarious take on Countdown and Letters & Numbers, this hybrid game show hosted by Jimmy Carr is packed with comic appearances, funny mascots, and visual gags.	UNITED KINGDOM	English-100	2017	RPT	M	a l s	Y
2023-07-28	2030	Culture & Society	Hoarders	New Episode	Meryl Part 1	12	9	Struggling with disability and with time on her hands, Meryl chases a shopping high. This has led to massive debt and a falling out with Meryl's brother and his family. The City of Worcester found out about Meryl's extremely cluttered living condition and are seriously threatening eviction and forced cleanup.	USA	English-100	2020		M	a	
2023-07-28	2125	Sexuality	My Granny The Escort		My Granny The Escort		0	Granny Escorts is a frank, intimate, and revealing portrait of three of Britain's mature escorts - older women who choose to sell sex from hotel rooms and their homes - completely legally. The film questions how such a lifestyle can co-exist with their family lives and their roles as mothers and grandparents.	UNITED KINGDOM	English-100	2014	RPT	M	a l s	Y
2023-07-28	2225	Sexuality	Ina Loves Porno		Finland	01	6	Ina Mikkola returns home, to Finland, to the cradle of nudity. She watches a Finnish classic porn movie with a professor of media research, Susanna Paasonen, and learns about the history of the industry.	FINLAND	Finnish-100	2018	RPT	MA	a s w	Y
2023-07-28	2320	Contemporary	The Good Fight		End Of Str Laurie, The	06	7	The firm learns major funds are being held by the government due to Russian sanctions, which ultimately leads to a discovery of the FBI's interest in the firm; Parents sue a college for tuition refunds.	USA	English-100	2022	RPT	M	a l	Y
2023-07-28	2415	Contemporary	The Good Fight		End Of Playing Games, The	06	8	While STR Laurie is investigated by the FBI, Liz and R'Chard attempt to take their clients as they fight to extricate themselves from STR Laurie, R'Chard and Liz must decide who is head of the firm.	USA	English-100	2022	RPT	M	a l	Y
2023-07-28	2510	Animation	South Park		Erection Day	09	7	All the kids are getting ready for the big South Park Elementary Talent Show and Jimmy can't wait to perform his new comedy routines. But lately, just like generations of little boys before him, Jimmy's noticed that one of his body parts has a mind of its own. Knowing he can't get up in front of the entire school in an excited state, Jimmy must find a way to gain control of his raging hormones in time to perform in the show.	USA	English-100	2005	RPT	M	a s v w	Y
2023-07-28	2540	Animation	South Park		Two Days Before The Day After Tomorrow	09	8	A global warming state of emergency is declared in South Park. The world's largest beaver dam breaks and floods the adjacent town of Beaverton. As the victims wait for help to arrive, everyone in South Park tackles priority number one: who is to blame? Only Stan and Cartman know who's really at fault.	USA	English-100	2005	RPT	M	a w	Y
2023-07-28	2610	Animation	South Park		Marjorine	09	9	The fourth grade girls are having a sleepover and it's imperative that the boys find out what goes on behind those closed doors. Butters is picked to be the boy who must fake his death, become a girl and infiltrate this age-old feminine tradition.	USA	English-100	2005	RPT	M	a w	Y
2023-07-28	2640	News - Overseas	NHK World English News		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023		NC		
2023-07-29	0500	News - Overseas	Al Jazeera News Hour		Al Jazeera News Hour First Edition 2022		0	In-depth global news from Al Jazeera Satellite Network, Doha, Qatar, in English.	QATAR	English-100	2022		NC		
2023-07-29	0600	News - Overseas	TRT World News		Trt World News		0	The latest news from around the globe from TRT World, Istanbul, Turkiye, in English.	TURKEY	English-100	2022		NC		
2023-07-29	0650	News - Overseas	Indian Country Today News		Indian Country Today News 2022		0	Indian Country Today News is an independent news channel that serves Indigenous communities with news, entertainment, and opinion.	USA	English-100	2022		NC		
2023-07-29	0720	News - Overseas	Fiji One News		Fiji One News 2022		0	Local, world, sport and entertainment news in English from Fiji TV, Suva, via satellite.	FIJI	English-100	2022		NC		
2023-07-29	0810	News - Overseas	ABC America Nightline		Abc America Nightline 2023		0	ABC America's late-night television news program for in-depth reporting on today's major news stories.	USA	English-100	2023		NC		
2023-07-29	0840	News - Overseas	CBC The National		CBC The National 2022		0	CBC's flagship nightly news with hosts Adrienne Arseneault and Andrew Chang from Toronto, Canada, via satellite in English.	CANADA	English-100	2022		NC		

2023-07-29	0930	News - Overseas	<b>BBC News at Six</b>		BBC News At Six 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-29	1000	Travel	<b>Beerland</b>		Florida	02	4	Just outside of Orlando, two lifeguards do the unsealable and turn ocean water into beer. Unexpected news of Hurricane Irma takes Meg's trip off course.	USA	English-100	2017	RPT	M	I		
2023-07-29	1030	Travel	<b>Beerland</b>		Finale	02	5	In the season finale, the winning home brewers travel to LA for the final decision. The grand prize recipient will win the opportunity to get their beer distributed by Golden Road.	USA	English-100	2017	RPT	M	I		
2023-07-29	1100	Travel	<b>Beerland</b>		San Diego	03	1	In San Diego, a virtual mecca for craft beer, Meg meets with homebrewers and locals alike who explore how important beer is to the city - especially the double IPA.	USA	English-100	2018	RPT	M	I	Y	
2023-07-29	1130	Travel	<b>Beerland</b>		Canada	03	2	In Beerland's first international episode, Meg tastes four different homebrews and learns how important homebrewing is in Toronto and Muskoka.	USA	English-100	2018	RPT	M	I	Y	
2023-07-29	1200	History	<b>The Curse Of Oak Island</b>		Drilling Down: William Shatner Meets Oak Island	07	25	On September 30, 2019, William Shatner travelled to Nova Scotia to meet with brothers Rick and Marty Lagina and the other members of their Oak Island team to see first-hand just how this obscure island had become a global phenomenon courtesy of a 225-year-old treasure mystery.	USA	English-100	2020	RPT	PG	a I		
2023-07-29	1245	Quiz	<b>Jeopardy!</b>		Jeopardy Series 34 Ep 111	34	111	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G			
2023-07-29	1310	Quiz	<b>Jeopardy!</b>		Jeopardy Series 34 Ep 112	34	112	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G			
2023-07-29	1335	Quiz	<b>Jeopardy!</b>		Jeopardy Series 34 Ep 113	34	113	Alex Trebek hosts Jeopardy!, where the answers are revealed and the contestants must guess the appropriate questions. The answers appear on a computerised grid in various trivia categories, and are sorted by degrees of difficulty matched by increasing dollar values.	USA		2018	RPT	G			
2023-07-29	1400	Cycling	<b>Tour De France Femmes: Bonjour Le Tour</b>	<b>SPORT</b>	Bonjour Le Tour Stage 5	2023	5	All the best moments and highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT	NC		Y	
2023-07-29	1500	Cycling	<b>Daily Highlights</b>	<b>SPORT</b>	Tour De France Femmes 2023 Highlights Stage 6	2023	6	Daily race highlights from the Tour De France Femmes Avec Zwift 2023 tour stages. International Cycling 2023.	FRANCE		2023	RPT			Y	
2023-07-29	1600	Cooking	<b>Cook Up With Adam Liaw Bitesize</b>		Cook Up With Adam Liaw Bitesize Series 1 Ep 12, The	01	12	Join host Adam Liaw and all your favourite chefs, cooks and celebrities for the best bits from The Cook Up kitchen.		English-100	0	RPT	G		Y	
2023-07-29	1605	News - Overseas	<b>BBC News at Ten</b>		BBC News at Ten 2023	0		The latest national and international news stories from the BBC News team from London, UK, in English.	UNITED KINGDOM	English-100	2023		NC		Y	
2023-07-29	1635	News - Overseas	<b>ABC World News Tonight with David Muir</b>		ABC World News Tonight with David Muir 2023	0		America's number one network news bulletin with anchors David Muir weekdays, Whit Johnson Saturday edition and Linsey Davis Sunday edition.	USA	English-100	2023		NC		Y	
2023-07-29	1705	News - Overseas	<b>PBS NewsHour</b>	<b>NEWS</b>	PBS Newshour 2022	0		Reviews and analysis of the day's news, presented by Amna Nawaz and Geoff Bennett for the Public Broadcasting Service (PBS) in the United States.	USA	English-100	2022		NC		Y	
2023-07-29	1805	Situation / Sketch	<b>Monty Python's Flying Circus</b>		Monty Pythons Flying Circus Series 2 Ep 8	02	8	One of the most imaginative and ingenious comedy shows ever, this is the original, surreal sketch series from the Monty Python team. This episode features the 'Cross-dressing court judges' and 'Beethoven's Mynah Bird' sketches.	UNITED KINGDOM	English-100	1972	RPT	PG	a		
2023-07-29	1840	Culture & Society	<b>Sold Out</b>	<b>Premiere</b>	Sold Out	0		Swift. Bruce Springsteen. BTS. Blink-182. Harry Styles. The story is always the same: every time a major artist announces a tour, millions of fans gear up to buy their tickets on Ticketmaster, and, every time, a huge portion of them are furious when tickets sell out instantly. We go behind-the-scenes to show how a small group of shadowy ticket brokers game Ticketmaster's system to buy up the best seats in the house and sell them at a huge profit - and how the Live Nation/Ticketmaster monopoly enables them.	USA	English-100	2023					
2023-07-29	1935	Health, Science & Technology	<b>Impossible Engineering</b>		Three Gorges Dam	02	1	The Three Gorges Dam produces more power than any hydro-electric dam ever built. Using 28 million cubic metres of concrete, it is the largest and heaviest concrete structure on earth. At 2.3km long, holding back a reservoir stretching 660km, it has redefined the Yangtze River.	UNITED KINGDOM	English-100	2016	RPT	G		Y	
2023-07-29	2035	History	<b>Smoke &amp; Steel: Secrets Of Modern World</b>	<b>Final Episode</b>	Scaling New Heights	01	6	We visit locations across the globe to reveal the dramatic and surprising histories behind unique sites, and we discover the legacies they have left behind. An old mill in Shrewsbury that was the world's first iron-framed building. The longest continuously running paper mill in the USA, which still relies on some of the old machines that helped transform the industry. And the story of the race to complete the final and most complex section of the Trans-Siberian Railway.	UNITED KINGDOM	English-100	2022		PG	Y	Y	Y
2023-07-29	2130	Culture & Society	<b>Stay Tooned</b>	<b>Series Premiere</b>	Masterminds, Goons, & Henchmen	01	1	Cartoon Villains! We love to hate them, but do we also love...to love them? Ben Schwartz, Angelo Murodis and Lake Bell discuss our love affair with villains in M.O.D.O.K., Batman and Harley Quinn.	USA	English-100	2023					

2023-07-29	2200	Culture & Society	<b>Stay Tooned</b>	<b>New Episode</b>	After These Messages	01	2	Cartoons have tried to sell us stuff since the beginning. Russell Peters, Selma Purac and Lauren Faust discuss how consumerism in shows like Transformers and My Little Pony shaped our childhoods.	USA	English-100	2023						
2023-07-29	2230	Culture & Society	<b>The Real True Detective</b>		Real True Detective, The	00	0	Ten years ago, the town of Ponchatoula, Louisiana, was traumatised when a local church's secret Satan worship, ritualised child abuse, and animal sacrifices came to light. Gianna Toboni heads to Ponchatoula to meet Stuart Murphy and Tom Tedder, two law enforcement officials who helped put these terrible, true events in Ponchatoula's rear view mirror.	USA	English-100	2017	RPT	MA	a	Y		Y
2023-07-29	2300	Contemporary	<b>Fargo</b>		Layaway	04	7	Josto makes a bold move, Loy battles his demons, and Oraetta silences her critics.	USA	English-95; Italian-5	2019	RPT	M	l v	Y	Y	Y
2023-07-29	2350	Contemporary	<b>Fargo</b>		Nadir, The	04	8	Loy plays with fire, Josto wears his heart on his sleeve, Oraetta makes a surprising discovery, and Deafy closes in on Zelmare and Swanee.	USA	English-95; Italian-5	2019	RPT	MA	v	Y	Y	Y
2023-07-29	2445	Contemporary	<b>The Salisbury Poisonings</b>		Salisbury Poisonings Series 1 Ep 3	01	3	At a town meeting Tracy is heckled despite her tireless work. The people of Salisbury want to know the truth. Afterwards, Tracy secretly has a fully blown panic attack as her own anxiety begins to express itself. When Nick and Sarah return home they find it gutted, all their belongings are to be incinerated, but at least he is alive.	UNITED KINGDOM	English-100	2020	RPT	M	a l	Y		Y
2023-07-29	2535	Contemporary	<b>The Salisbury Poisonings</b>		Salisbury Poisonings Series 1 Ep 4	01	4	Nick may be with his family, but part of him is still reeling from the illness. He has nightmares and struggles to adjust to life post-Novichok. He and his wife Sarah now hear that not only have they lost their home and everything in it, but that they will not be receiving a pay-out from the insurance company - acts of international terrorism are not included in the policy.	UNITED KINGDOM	English-100	2020	RPT	PG	a	Y		Y
2023-07-29	2630	Culture & Society	<b>Sex Before The Internet</b>		Sex On TV	01	5	The creators and producers of HBO's Real Sex discuss how they broke all the rules and showed REAL sex on TV, highlighting aspects of sexuality that many were unwilling to discuss.	USA	English-100	2022	RPT	MA	a n s			Y
2023-07-29	2725	News - Overseas	<b>NHK World English News</b>		Nhk World English News 2023		0	English news from Japan's Broadcasting Corporation, NHK, delivering the latest in business, technology, health, environmental and world news.	JAPAN	English-100	2023						NC